

REVIEW ARTICLE

CHOLECYSTITIS WITHOUT GALLSTONES

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(Received 29 May 1989)

INTRODUCTION

Some degree of cholecystitis is inevitably found in gallbladders that contain calculi. Yet both acute and chronic inflammation of the gallbladder can arise in the absence of stones. Acute acalculous cholecystitis is a dangerous disease that is sometimes encountered among seriously ill patients who are kept alive in a surgical intensive therapy unit. Chronic acalculous cholecystitis is a rather shadowy entity, but it certainly accounts for some patients with "typical" biliary pain in whom investigations are repeatedly negative for gallstones. Identification of such patients is difficult but worthwhile, because cholecystectomy is as likely to be curative as it is in calculous disease. Occasionally there is a clear-cut cause for acalculous inflammation of the gallbladder, such as a specific bacteraemia or mechanical obstruction of the cystic duct. This review will consider the acute and chronic types of acalculous cholecystitis plus these secondary forms of the disease, terminating with a brief discussion of cholecystitis without gallstones in paediatric practice.

ACUTE ACALCULOUS CHOLEYCYSTITIS

Epidemiology

Approximately 10 per cent of all cases of acute cholecystitis develop in the absence of gallstones¹, precise figures ranging from 6-17 per cent in different series²⁻⁵. Acute acalculous cholecystitis (AAC) particularly affects patients who have undergone recent trauma or major surgical operations: in 3 large series between 12-49 per cent of cases of AAC belonged to one or other of these two categories^{2, 6, 7}. Amongst the remainder, underlying conditions of possible aetiological significance include cardiovascular disease, liver disease, systemic infections, diabetes mellitus, lupus erythematosus and polyarteritis nodosa^{2, 7}. In Lygidakis' experience of 80 patients, three other causative factors loomed large in AAC⁷. Papillitis was present in 25 per cent of patients, as demonstrated by histological examination and manometry, 6 per cent had had previous truncal vagotomy (presumably causing biliary stasis) and in 18 per

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cent the cystic duct was described as long and tortuous (difficult criteria to define) and thus a potential cause of outflow obstruction from the gallbladder. According to Glenn², however, up to half the cases of AAC are idiopathic, i.e. they develop spontaneously in the absence of concomitant disease.

Increasingly AAC is recognised as a disease of surgical patients in hospital. Among postoperative patients or those with recent trauma, between 33 and 100 per cent of attacks of acute cholecystitis are acalculous⁸⁻¹⁶ compared to 10 per cent of attacks complicating medical illnesses or developing overall¹². The actual prevalence of post-traumatic or postoperative AAC depends upon the clinical setting. It affects 1 in 25,000 patients if all surgical procedures are considered⁸ or 0.1-1.6 per cent of those requiring intensive care following major operations in general or cardiac surgery¹⁷⁻¹⁹. AAC developed in 0.3% of patients undergoing elective repair of an aortic aneurysm compared to 13.6% of patients requiring emergency operation for ruptured aneurysm²⁰. Among war casualties AAC occurs in 0.5 per cent of cases⁹, while in victims of major burn injuries the proportion rises to 3.5 per cent²¹.

Gallstones and thus calculous cholecystitis are commoner in women, but there is a slight male preponderance (up to 1.5:1) for AAC overall^{2,6}. The male/female ratio rises to 7:1 for postoperative cases and reaches 20:1 for post-traumatic patients²². By contrast, the sex ratios for acute calculous cholecystitis approach unity in those with recent operations or trauma²². This discrepancy could indicate that acute calculous cholecystitis in these settings is coincidental and unrelated to the recent injury¹³. Alternatively, factors that promote the development of AAC also provoke acute cholecystitis in gallbladders with pre-existing stones, the calculi being incidental²³. Patients with post-traumatic AAC tend to be younger than patients with postoperative AAC²², probably because trauma victims tend to be young men¹³.

AAC can occur from a few days to several months after the operation or injury but usually within 2-4 weeks¹⁶. Postoperative AAC is especially likely after gastrointestinal surgery¹⁶, in those with surgical complications²⁴ and in those with parenteral nutrition³.

There is evidence that AAC is becoming more frequent in recent years. In 1982 Glenn and Becker reported an increase over a 30-year period in both the number of cases of AAC as well as the proportion of acalculous cases amongst patients with acute cholecystitis²³. Petersen and Sheldon also found an increase in the frequency of AAC over a 6-year period in their institution³; this increase paralleled the growing use of parenteral nutrition. Likewise Gutman reported an increase in the frequency of acalculous cholecystitis, both acute and chronic, over a fifteen-year period²⁵.

Aetiology

Relevant aetiological factors in AAC are summarised in Table 1. Many of these factors are interrelated, and they may summate in patients who are critically ill. Animal experiments indicate that cystic duct obstruction, concentrated bile and impaired blood supply are each important in the development of acute cholecystitis²⁶. In the rabbit, bile acids themselves can damage the gallbladder mucosa, this effect being prevented by lecithin²⁷. When compared to normal, patients with cholecystitis have more deoxycholic acid and less lecithin in the bile²⁷. Bacterial invasion is generally superimposed on injured tissue²⁸. In the absence of calculi, bile stasis is believed to cause functional obstruction of the cystic duct. With reduced bile flow, the bile becomes increasingly concentrated in the gallbladder and bile viscosity

rises. Viscid stagnant gallbladder contents may not readily pass through the cystic duct. In the postoperative or traumatised patient, fasting would be an important cause of bile stasis since it removes the physiological stimulus to gallbladder contraction. Gallbladder stasis is greater after intra-abdominal operations than extra-abdominal operations²⁹. This finding is probably related to delayed resumption of oral intake after laparotomy and fits in well with the observation that AAC tends to complicate gastrointestinal operations^{10,16,22}. Truncal vagotomy impairs biliary motility in some but not all patients^{30,31} and has been incriminated as another aetiological factor in AAC^{7,15}.

Table 1 – Possible aetiological factors for acute acalculous cholecystitis

Bile stasis

- postoperative or post-trauma state
- fasting and dehydration
- sustained fever
- prolonged opiate therapy
- mechanical ventilation
- parenteral nutrition
- truncal vagotomy
- papillitis
- resumption of feeding (in the face of functional obstruction)

Alteration in bile composition

- multiple blood transfusions
- resorption of sequestered blood and haematomas

Ischaemia

- arteriosclerosis
- hypotensive episodes
- vasomotor drugs
- sympathetic activity

Infection

- specific (see Table 4)
- non-specific

Mechanical obstruction

(see Table 4)

Others

- activation of factor XII-dependent pathway
- increase in prostaglandin E levels in gallbladder mucosa

Several other factors contribute to bile stasis in surgical patients. Fever and dehydration will increase bile viscosity. Opiate drugs have a spasmogenic effect on the sphincter of Oddi and will thus further promote biliary stasis³²⁻³⁴. Assisted ventilation with positive end-expiratory pressure will also reduce bile flow into the duodenum³⁵ and may therefore help to cause AAC. Parenteral nutrition has recently been found to be a risk factor for the development of both calculous and acalculous cholecystitis^{3,19,36}. Absence of oral intake and thus impaired Cholecystokinin (CCK) secretion is probably the dominant factor leading to bile stasis in this situation. Glenn and Wantz had previously described a temporal relationship between resumption of feeding, when the gallbladder presumably tries to evacuate its contents, and the onset of AAC³⁷. Although Levin reported similar findings³⁸, sub-

sequent authors have been unable to confirm this relationship^{11,12,16,39}. Patients in an intensive therapy unit often receive both ventilation, parenteral nutrition and regular opiates and are thus good candidates for AAC.

Gallbladder stasis in postoperative or otherwise acutely ill patients can theoretically be prevented or treated by resumption of food intake or by administration of a cholecystagogue. In the dog model, daily infusions of cholecystokinin octapeptide prevented the gallbladder stasis resulting from total parenteral nutrition⁴⁰. In a group of patients who had undergone oesophagectomy, enteral feeding via an enterostomy as early as the fifth postoperative day prevented or reduced biliary stasis and development of debris in the gallbladder⁴¹.

In some series of AAC many patients had received large-volume blood transfusions^{9,34}. It was suggested that the increased bile pigment load secondary to transfusion may injure the gallbladder. A similar effect may occur in the resorption of sequestered blood from fracture sites and haematomas in trauma patients. However, Long found no differences in the amount of blood transfused in patients with AAC compared to control subjects¹⁹.

Once biliary stasis and functional obstruction have developed, either progressive distension of the gallbladder or forceful contraction could start a vicious cycle whereby venous and lymphatic channels in the wall are compressed. Even the arterial supply might be compromised by mural oedema. Ischaemia would increase the susceptibility of the gallbladder to noxious agents such as toxins, enzymes, chemical agents and bacteria. Ischaemia could be a major risk factor for AAC in elderly patients with arteriosclerosis and in critically ill patients with episodes of hypotension, especially if vasoactive drugs are administered. Sympathetic overactivity during shock may further constrict gallbladder blood vessels. Sympathectomy protects against experimental acute cholecystitis in dogs⁴², while hypotensive shock can cause focal necrosis of the gallbladder wall⁴³.

As in acute calculous cholecystitis⁴⁴, infection is probably not a direct cause of AAC but rather a secondary phenomenon^{14,45}. Certainly, a proportion of bile cultures in every series turns out to be sterile. However, the presence of open wounds is said to predispose to AAC¹⁹. In two other series, 8 of 9 patients with AAC had had bacteraemia in the preceding week,³⁹ and 6 of 9 patients with positive bile cultures had previous wound infections with the same organism⁹. Therefore infection could have a primary role in the causation of AAC in some cases.

Becker suggested the involvement of Factor XII-dependent pathways in the pathogenesis of AAC⁴⁶. These pathways may be activated by the transfusion of blood products or by gram-negative bacterial toxins. He demonstrated intense injury to blood vessels in the muscularis and serosa of dog gallbladders by the systemic injection of Factor XII activators. Other abdominal viscera were affected to a lesser degree or not at all.

Concentrations of prostaglandin E but not prostaglandin F in the gallbladder were noted to be higher in AAC when compared to controls or patients with calculous disease^{47,48}. These levels correlated with the severity of histological inflammation, so prostaglandins could mediate the inflammatory response⁴⁹.

Clinical Features

The symptoms and signs of AAC are essentially the same as those of acute calculous cholecystitis, except perhaps that constitutional upset tends to be greater^{6,16,24,34}. However, the typical features may be overshadowed by the concomitant illness or

be masked in injured postoperative patients who are heavily sedated and mechanically ventilated. Abdominal pain, commonly in the right upper quadrant, fever and vomiting are the symptoms most frequently reported. Physical signs include abdominal tenderness, distension, loss of bowel sounds and occasionally jaundice. It is important to remember that AAC may present purely as a persistent unexplained fever or as a sudden deterioration in general health. Leucocytosis, hyperamylasaemia and abnormal liver function tests may occur, but they are neither constant nor specific features^{6,34}. A high index of clinical suspicion is therefore needed if this potentially lethal condition is to be diagnosed before the onset of complications.

Diagnostic Tests

The plain abdominal film is unhelpful in the diagnosis of AAC, while oral cholecystography is inappropriate in acutely ill patients who may be nauseated and vomiting. Ultrasonography is non-invasive and safe. It can also be performed at the bedside using a portable machine. Thickening of the gallbladder wall, gallbladder distension, subserosal oedema, pericholecystic abscess, biliary sludge and wall fragmentation are all helpful clues^{50,51}. Individual signs vary in sensitivity and specificity. Wall thickening, for example, occurs in 81–90 per cent of cases of AAC^{50,51} but is also found in non-biliary conditions including hepatitis, hypoproteinaemia, heart failure, renal disease and myeloma⁵². Experienced operators may be able to differentiate between the mural oedema of a hypoproteinaemic state and the inflammatory thickening of cholecystitis⁵³. Serial scans allow luminal distension and wall thickening to be closely monitored.

Cholescintigraphy involves the intravenous injection of a technetium-labelled derivative of iminoacetic acid. Non-visualisation of the gallbladder despite good hepatic uptake and isotope entry into the intestine indicates gallbladder disease. Free intraperitoneal spill of isotope suggests perforation^{5,54,55}. Impaired hepatic function may vitiate the test.

The sensitivity and specificity of both ultrasonography and scintigraphy have been assessed by several groups. Mirvis reported a sensitivity of 92 per cent and a specificity of 96 per cent in the ultrasonic diagnosis of AAC⁵⁶, but other workers using different criteria reported lower sensitivities varying from 36–89 per cent^{6,57–60}. By contrast, the sensitivity of scintigraphy in the diagnosis of AAC is consistently high, figures of 83–100 per cent being reported^{57–60}. Yet, specificity seems to be a problem, with up to 54 per cent of abnormal scans being false positive⁵⁶. The specificity of scintigraphy in the diagnosis of acute calculous cholecystitis is much better (81–96%)^{61,62}.

In a small series of 15 patients, computerised axial tomography was found to be 100 per cent sensitive and specific in the diagnosis of AAC⁵⁶, but these results obviously need confirmation. Other techniques of potential value in the diagnosis of AAC include percutaneous aspiration of bile from the gallbladder and indium-labelled leucocyte scanning^{56,63,64}.

Preoperative diagnosis is certainly more difficult in AAC than it is in calculous disease, and this difficulty must contribute to the high prevalence of complications. In one large series, for example, 48 per cent of patients showed areas of gangrene while perforation occurred in 8 per cent and empyema in 6 per cent²⁴. In another large series, 50 per cent of patients with AAC had gangrenous gallbladders⁶, and 40 per cent of 35 gallbladders perforating during the course of acute cholecystitis had inflammation in the absence of stones⁶⁵. Johnson recently reported that perforation occurred

five times more frequently if operation was delayed until 48 hours after the onset of symptoms than if no delay in surgical treatment occurred⁶⁶.

Treatment

Although patients with AAC are sometimes given a trial of medical treatment, the attendant toxicity and the risk of complications mean that early laparotomy is essential unless there is rapid clinical improvement. Because gangrene is so common, except in children, cholecystectomy is usually a better option than cholecystostomy. Subtotal cholecystectomy, leaving the adherent posterior wall of the gallbladder, is a reasonable alternative in the presence of gross inflammation⁶⁷. Nevertheless, some patients have been successfully treated by conservative measures alone^{12,68}. Ultrasound-guided percutaneous drainage of the gallbladder can be performed under local anaesthesia as a bedside procedure. In a small experience all 6 patients thus treated improved without complications, so this technique deserves further evaluation⁶³. Some patients may recover after cholecystostomy without the need for subsequent cholecystectomy^{19,21}. In most series, cholecystectomy ensures a better survival rate than cholecystostomy^{2,19,34}, probably because the lesser procedure is chosen for the gravely ill.

The overall mortality rate of AAC is 15 per cent (91 of 594 cases) in 33 series, rising to 27 per cent (66 of 245 cases) when only post-traumatic or postoperative cases are considered^{2,3,6-9,12-15,17-24,34,37-39,43,55,63,66,68-74}. Postoperatively, more than twice as many patients with AAC die than those with calculous acute cholecystitis⁸.

CHRONIC ACALCULOUS CHOLECYSTITIS

Definition and Clinical Features

Chronic acalculous cholecystitis (CAC) is a poorly defined clinical entity. Strictly speaking, the term should only be applied when there is chronic inflammation of the gallbladder on histological examination. But sometimes the term CAC is loosely taken to include other ill-defined acalculous conditions of the gallbladder, such as motility disorders, cholesterosis or adenomyosis, in which inflammatory changes are trivial or absent^{44,75}. Unfortunately chronic biliary tract symptoms correlate poorly with the macroscopic and microscopic appearances of the gallbladder.

Although biliary colic is a symptom that clearly implicates the gallbladder, the same may not be true for dyspepsia. Price found that dyspepsia was just as common in women with normal cholecystograms as it was in those with gallstones⁷⁶. By contrast, Rhind described good symptomatic relief of dyspepsia following cholecystectomy⁷⁷. Although most authors suggest that CAC can cause dyspeptic symptoms⁷⁸⁻⁸⁰, patients with biliary colic are more likely than others to benefit from cholecystectomy⁸¹.

From historical reports it appears that cholecystitis is frequently asymptomatic. In a series of macroscopically normal gallbladders resected in patients with non-biliary disorders, many neutrophils were observed histologically in 48 per cent⁸². Likewise, in an autopsy series in which only 8 per cent of deaths were attributable to gallbladder disease, 62 per cent of gallbladders were macroscopically diseased while a

further 13 per cent were macroscopically normal but histologically inflamed⁸³. Conversely a healthy gallbladder can theoretically cause pain if there is obstruction to bile flow. Grossly thick-walled gallbladders may turn out to be histologically normal⁸⁴, though criteria for the histological diagnosis of chronic cholecystitis seem to vary between observers⁷⁸. The pathological appearances of cholecystectomy specimens cannot be distinguished between patients with and without persistent symptoms⁸⁴.

The symptoms of CAC overlap with those of cholelithiasis⁸⁴; physical examination and laboratory tests are similarly unhelpful in differentiating between the two conditions. The oral cholecystogram in CAC may be normal or show impaired opacification or filling defects⁸⁴. The findings on ultrasonography and scintigraphy are equally non-specific. Ultrasound examination, for example, is only 29 to 62 per cent sensitive for CAC^{58,59,79,85}, while scintigraphy can be normal in as many as 60 per cent of cases^{79,86}.

Irrespective of whether clinical or histological criteria are used (and in contrast to AAC), most series of CAC show a marked female preponderance with a sex ratio varying from 2.5:1 to 10:1^{79,80,87}.

Provocative Testing and Cholecystectomy

Since preoperative diagnosis of CAC is difficult and the symptomatic response to cholecystectomy unpredictable, provocative tests have been devised to try and identify patients who will benefit from operation. A provocative agent is administered, and one or more of the following are taken to imply gallbladder abnormality:

1) reproduction of abdominal pain, 2) impaired contraction of the gallbladder demonstrable by oral cholecystography, scintigraphy or ultrasonography, or 3) absence of gallbladder bile on duodenal aspiration or demonstration of pus cells, cholesterol or bilirubin crystals in the bile.

The most commonly used provocative agent is cholecystokinin (CCK). By stimulating contraction of the gallbladder and relaxation of the sphincter of Oddi, this hormone produces gallbladder emptying in healthy individuals^{88,89}. Ivy first noted that CCK administration could produce biliary colic in some patients and might therefore facilitate the diagnosis of acalculous biliary disease³². The pain typically occurred during emptying of the gallbladder and presumably arose from contraction of an inflamed viscus. Subsequently it was suggested that CCK also induced biliary pain in some patients with normal gallbladders in whom bile flow was impeded by pathological narrowing of the cystic duct, the so-called cystic duct syndrome⁹⁰⁻⁹³.

Some authorities report that patients with acalculous biliary disease have reduced gallbladder emptying in response to CCK when compared to healthy subjects⁹⁴⁻⁹⁶, but others do not^{97,98}. This finding has been taken to imply gallbladder disease even if abdominal pain is not reproduced^{91,99,100}. It has been suggested that patients with a decreased gallbladder response to CCK are more likely to develop gallstones at a later stage¹⁰¹. An alternative mechanism for biliary pain after CCK administration is through spasm of the sphincter of Oddi^{102,103}. Yet even in healthy subjects CCK can produce hypertonicity of the gallbladder infundibulum, with consequent delay in gallbladder evacuation and associated pain, especially if the hormone is administered too rapidly^{89,104}. CCK has extra-biliary effects too, increasing motility in both small and large intestine^{105,106}.

A typical provocation test involves the intravenous administration of 1 Ivy dog

unit/Kg body weight of CCK over a period of 30 seconds to three minutes while the occurrence of abdominal pain is noted. Gallbladder emptying can be assessed by means of cholecystography^{107,108}, ultrasonography¹⁰⁹ or scintigraphy^{92,110}. The test can be refined by using a duodenal tube to aspirate bile for microscopic examination^{99,111}.

Preparations of CCK produced by KabiVitrum and Boots have been used by most investigators. More recently, sincalide (an octapeptide of CCK) or ceruletide (a structurally similar decapeptide) have also been used; each agent produces gallbladder contraction^{104,112-116}. Sincalide is more convenient and more effective by the intramuscular route than the intravenous route^{112,117}. A fatty meal has also been used to produce CCK release and hence gallbladder contraction^{118,119}. Hopman and co-workers found fatty meals to be of equivalent potency to exogenous CCK in causing gallbladder contraction¹²⁰, but Park found fatty meals to be less effective¹²¹. Certainly, the rate of gastric emptying is variable and different fatty meals have different potencies¹²².

It is generally accepted that these provocative tests are useful in selecting patients with suspected biliary pain but without demonstrable calculi for cholecystectomy. In most series 80 per cent or more of patients with positive CCK provocation tests have been improved by cholecystectomy (Table 2). This result compares well with that of cholecystectomy for gallstone disease. At laparotomy the gallbladder could be either normal or inflamed on gross examination; the cystic duct was sometimes found to be narrow or tortuous. Microscopic examination of the gallbladder commonly showed chronic cholecystitis, but some patients have had normal gallbladders and a few others have had cholecystoses or calculous disease. Surprisingly the symptomatic response is independent of the appearance of the gallbladder, whether operative or histological^{97,123-127}.

There are several drawbacks to the use of the CCK provocation test. Several authors have questioned its specificity, since CCK causes pain in some healthy individuals possibly as a result of infundibular spasm^{97,98}. In particular, Dunn and colleagues provoked biliary-type pain in 27 per cent of healthy controls¹²³. Both Dunn and Nathan gave CCK over 15-45 seconds^{98,123}, and such rapid injection may lead to spasm of the gallbladder neck in normal individuals⁹⁴. Further, CCK is known to increase intestinal motility and cause abdominal pain in patients with irritable bowel syndrome¹²⁸. Since irritable bowel syndrome is an important differential diagnosis to CAC in patients with otherwise unexplained abdominal pain, biliary pain might conceivably be confused with intestinal pain. Lastly, a positive CCK test is not always reproducible on repeat testing⁹⁷, and radiological interpretation of impaired gallbladder emptying is subject to considerable observer bias¹²³.

Proper evaluation of the CCK test would involve comparison of operative and conservative treatment in both positive and negative patients. Most authors, but not all, report that positive responders to the CCK test fare better with operation than prolonged conservative therapy (Table 2)^{91-95, 97,99,100,111,123,125-127,129-139}. Among the fewer negative responders submitted to cholecystectomy, overall results have been slightly inferior to those of cholecystectomy for positive responders, yet symptomatic benefit has still been reported in 80 per cent or more of such patients (Table 3)^{97,111,123,125,126,131,134,135,137-142}. Moreover, even negative responders to CCK seem to fare better after cholecystectomy than on conservative management alone. It may be that cholecystectomy has a non-specific effect on abdominal pain irrespective of the results of the CCK test. We therefore agree with Sunderland and Carter¹⁴³ and Berk¹⁴⁴ that routine use of the CCK test for

selection of patients with suspected biliary pain for cholecystectomy is of unproven value, although no better test is currently available.

Non-surgical Treatment of CAC

Hypertonicity of the gallbladder neck induced by CCK can be ameliorated by the use of amyl nitrite or glyceryl trinitrate^{32,89}. These antispasmodics, together with a low fat diet, have been used in patients with CAC with generally unsatisfactory results^{93,94,127,129}. It has recently been suggested that precipitation of cholesterol crystals in CAC may represent an early stage of calculous disease^{130,145}. If this hypothesis were to be confirmed, dissolution therapy could in theory be an attractive proposition.

SECONDARY ACALCULOUS CHOLECYSTITIS

While most cases of acalculous cholecystitis are idiopathic, a small proportion can be clearly attributed to an underlying illness or agent (Table 4).

Specific infections and infestations

These are important causes of acalculous cholecystitis in certain clinical settings. In one report from India ascariasis was the aetiological agent in 40 of 87 patients with biliary tract disease¹⁴⁶. Most of these patients presented with recurrent pyogenic cholangitis, but 9 had acalculous cholecystitis; calculous disease was only seen in 38 patients. Other uncommon infectious causes of acalculous cholecystitis in previously healthy individuals include *Salmonella typhi*^{147,148}, *Staphylococcus aureus*¹⁴⁹, haemolytic streptococcus¹⁴⁸, *Leptospira icterohaemorrhagiae*¹⁵⁰ and *Schistosoma mansoni*¹⁵¹. Tuberculous cholecystitis can also result from cystic duct obstruction by necrotic material¹⁵². Ultrasonic features of acalculous cholecystitis were reported in a patient with hepatitis A who recovered uneventfully¹⁵³. Emphysematous cholecystitis, in which the infecting organisms (e.g. clostridia, coliforms) produce gas, is occasionally seen in the absence of gallstones^{154,155}.

The biliary tract can be involved by opportunistic infections in the acquired immunodeficiency syndrome. Presentation can be with abdominal pain, fever, jaundice, or merely with abnormal liver function tests. Both *Candida albicans* and cytomegalovirus have been reported to cause acalculous cholecystitis in this setting¹⁵⁶⁻¹⁵⁸. Acalculous cholangitis demonstrable radiologically has also been attributed to superinfection with *Cryptosporidium*^{159,160}.

Mechanical Obstruction

Rarely, acalculous cholecystitis can result from cystic duct obstruction by tumour. Primary carcinoma of the gallbladder¹⁶¹ or cystic duct¹⁶², as well as secondary breast carcinoma¹⁶³, can each present as AAC. Obstruction by secondary melanoma¹⁶⁴ and Hodgkin's disease¹⁶⁵ can cause CAC. Another patient with acquired immunodeficiency syndrome developed fever and jaundice owing to obstruction of the cystic duct by Kaposi's sarcoma¹⁵⁷.

Torsion of the gallbladder is a rare cause of necrotizing AAC. It typically occurs in elderly women, but any age group can be affected^{166,167}. The age at presentation may be related to the underlying anatomy. Thus two anomalies that

Table 2 – Response to therapy in patients with positive cholecystokinin provocation tests

Author	CHOLECYSTECTOMY			CONSERVATIVE TREATMENT	
	No.	% abnormal gallbladder or cystic duct	No. followed up	% symptomatic improvement	No. % symptomatic improvement
Burnstein* 1982 ¹³¹	24	92	21	100	4 0
Byrne* 1985 ¹²⁵			21	43	11 45
Conte* 1971 ⁹¹	7	100			
Davis* 1982 ⁹⁷			7	86	
Dunn 1974 ¹²³			19	89	
Einarsson 1986 ¹³²	15	67**	15	93**	
Fink-Bennet* 1985 ⁹²	14	100	14	100	
Foss* 1977 ¹¹¹	26	100**			
Freeman* 1975 ⁸⁹	22	64	22	100	
Goldberg 1976 ¹³³			15	93	
Goldstein 1974 ⁹⁴	23	78	17	65	
Griffen* 1980 ¹⁰⁰	16	100	16	94	
McFarland* 1969 ⁹³	9	100	9	100	
Moskovitz* 1986 ¹³⁴			26	81**	10 40
Nathan* 1970 ¹³⁵	79	97**	70	96**	
Neschis 1978 ¹²⁹	19	74**	18	94	
Newman* 1983 ⁹⁵	7	86	7	100	
Nora* 1974 ¹³⁶	10	100	10	100	
Nora* 1984 ¹³⁰	30	100**	30	100	
Reid 1975 ¹²⁶	4	50	4	75	1 0
Rhodes 1988 ¹³⁷	80	71	81	91	
Sunderland 1987 ¹³⁸			5	80	
Sykes 1982 ¹³⁹	15	100**	15	93**	
Valberg 1971 ¹²⁷	12	75	12	100	

* pain or abnormal gallbladder emptying or abnormal duodenal bile taken to be a positive test

** some patients with calculi included

Table 3 – Response to therapy in patients in patients with negative cholecystokinin provocation tests

Author	CHOLECYSTECTOMY			CONSERVATIVE TREATMENT	
	No.	% abnormal gallbladder or cystic duct	No. followed up	% symptomatic improvement	No. % symptomatic improvement
Burnstein* 1982 ¹³¹	9	33	9	89	22
Byrne* 1985 ¹²⁵			3	33	13
Davis* 1982 ⁹⁷			2	50	
Dunn 1974 ¹²³			9	67	
Foss* 1977 ¹¹¹	5	0			
Madsen 1981 ¹⁴⁰			5	100	
Moskovitz* 1986 ¹³⁴			10	50**	27
Nathan 1970 ¹³⁵	8	75			
Reid 1975 ¹²⁶	4	100**	4	75**	3
Rhodes 1988 ¹³⁷			18	83	59
Sunderland 1987 ¹³⁸					1
Sykes 1982 ¹³⁹			6	83	
Thornell 1985 ¹⁴¹					7
Windsor 1982 ¹⁴²					57

* pain or abnormal gallbladder emptying or abnormal duodenal bile taken to be a positive test

** some patients with calculi included

permit gallbladder torsion have been described¹⁶⁸. In the first variety, presumably acquired, the gallbladder is suspended by a mesentery that is postulated to elongate because of visceroptosis in elderly subjects. In the second type, presumably congenital, the gallbladder is free-floating on the cystic duct and artery with no attachment to the liver. Exceptionally, torsion can be confined only to the fundus¹⁶⁸ or affects only one half of a double gallbladder¹⁶⁹. In another case a floating gallbladder became incarcerated within an epigastric hernia¹⁷⁰. Sudden onset of upper abdominal pain and vomiting are the typical features of torsion, pain often radiating to the back. A rare variant is that of partial recurrent torsion¹⁶⁶. Since torsion of the gallbladder presents like severe acute cholecystitis, precise preoperative diagnosis is almost never achieved. Sonographic and computed tomographic appearances are non-specific¹⁷¹. Gangrene and perforation are almost inevitable in torsion, so prompt operation is needed in any patient with presumed acute cholecystitis who fails to settle.

Table 4 – Causes of secondary acalculous cholecystitis

1. Specific infections and infestations

- bacterial e.g. typhoid, leptospira, streptococcus, staphylococcus
- viral eg. hepatitis A
- helminthic e.g. ascaris, schistosoma
- gas-forming e.g. clostridia, coliforms (in emphysematous cholecystitis)
- opportunistic e.g. cryptosporidium, cytomegalovirus, candida (in AIDS)

2. Systemic diseases

- collagen diseases e.g. polyarteritis nodosa, systemic lupus erythematosus, scleroderma
- mucocutaneous lymph node syndrome
- ulcerative colitis/sclerosing cholangitis
- Sjögren's disease

3. Obstructive

- mechanical e.g. torsion, stent, cystic duct stenosis
- primary tumour e.g. cystic duct, gall bladder
- secondary tumour e.g. Hodgkin's disease, melanoma, breast carcinoma, Kaposi's sarcoma

4. Toxic

- chemotherapy
- ceftriaxone
- lipiodol

We have encountered one case of acalculous cholecystitis associated with an indwelling endoprosthesis in a 67-year-old man with chronic pancreatitis. Following endoscopic papillotomy a stent had successfully been inserted to relieve jaundice caused by distal bile-duct stricture. At operation 6 weeks later patchy necrosis of the gallbladder wall was observed.

Systemic Diseases

Acalculous cholecystitis can be associated with several collagen diseases. Polyarteritis nodosa may rarely present with AAC¹⁷², which can also complicate systemic lupus erythematosus^{7,173}. Acute hydrops of the gallbladder occurs in both the mucocutaneous lymph node syndrome¹⁷⁴ and Sjögren's syndrome¹⁷⁵. Abnormalities in

gallbladder histology have been reported in patients with sclerosing cholangitis¹⁷⁶ and scleroderma¹⁷⁷.

Chemical Causes

Hepatic artery infusion chemotherapy used in recent years for the treatment of hepatic metastases can damage those parts of the biliary tract directly supplied by this artery; the common bile duct is spared¹⁷⁸. Acute or chronic cholecystitis can present with upper abdominal pain exacerbated by drug infusions^{179,180}. In some patients sclerosis and narrowing of the proximal bile ducts is demonstrable radiologically and can cause jaundice^{178,181}. At operation the gallbladder is often shrunken and fibrotic, but it may be actively inflamed¹⁷⁸⁻¹⁸¹ and surrounding structures are often involved. Floxuridine (5 FUDR) is the agent most often implicated (perhaps related to frequency of use), but mitomycin C and cisplatin can also be injurious.

Biliary complications are uncommon with intermittent chemotherapy delivered via percutaneously inserted catheters¹⁷⁹. However, intensive regimes using implanted intra-arterial pump systems are thought to cause some degree of biliary damage in most patients undergoing prolonged therapy, as evidenced by elevation of serum alkaline phosphatase and transaminase levels¹⁸¹. In one series, all 6 patients with intact gallbladders required re-operation for acute cholecystitis or jaundice within nine months of pump implantation¹⁷⁸. Sometimes symptoms subside on cessation of chemotherapy, even with the gallbladder in situ¹⁷⁹. Nevertheless, it is wise to perform prophylactic cholecystectomy at the time of laparotomy for hepatic artery cannulation^{178,181}.

The use of ceftriaxone, a third generation cephalosporin, has recently been associated with the development of gallbladder sediments in up to 40 per cent of patients receiving high-dose therapy¹⁸². Biliary symptoms may or may not be present. Both symptoms and ultrasonographic appearances are reversible on cessation of therapy. We have lately seen AAC in one patient after injection of lipiodol into the hepatic artery to demonstrate liver tumour.

ACALCULOUS CHOLECYSTITIS IN INFANCY AND CHILDHOOD

Cholecystitis is much more commonly acalculous in young children than it is in adults. Thus 13 of 16 children (81%) with acute cholecystitis in one series had no gallstones¹⁸³. Literature reviews suggest that approximately 40 per cent of cases of acute cholecystitis in the paediatric age group are acalculous^{184,185}. By contrast, in another series gallstones were found in 87 per cent of patients, but these were mainly older children up to age 20¹⁸⁶. Young children with acalculous cholecystitis are predominantly male⁴⁵.

Sixty per cent of children with AAC have had a preceding systemic illness such as leptospirosis, scarlet fever or non-specific diarrhoea^{45,148}. Mucocutaneous lymph node syndrome is another recognised cause in this age group¹⁷⁴. In other cases cholecystitis could be related to congenital malformation of the bile ducts^{45,187}. As in adults, the aetiology is generally obscure. Bile stasis could follow dehydration or total parenteral nutrition. Mechanical blockage could result from congenital stenosis of the cystic duct or ductal occlusion by enlarged lymph nodes. The gallbladder can vary from being distended but non-inflamed (i.e. acute hydrops) to necrotizing cholecystitis^{188,189}, but gangrene and perforation are said to

be uncommon⁴⁵. Bile culture may either be sterile or yield one of a wide range of pathogens.

The clinical presentation of AAC in children is similar to the adult disease. Abdominal pain is present in almost all cases^{45,183} and can be localised or diffuse. Vomiting is frequent, and physical signs include tenderness, fever, mass and jaundice. Preoperative diagnosis is not always possible, but abdominal ultrasound examination is of particular value in this age group^{188,190,191}.

Although acute hydrops of the gallbladder may resolve spontaneously, perforation and biliary peritonitis can occur¹⁸⁷, so decompression is recommended. Simple percutaneous aspiration of the gallbladder may be sufficient treatment. Percutaneous cholecystostomy is another recommended approach⁴⁵ and should be followed by secondary cholecystectomy if indicated by cholangiographic findings; primary cholecystectomy also has its advocates^{45,190}. The mortality rate can reach 20 per cent in neonates¹⁹², but two larger series totalling 23 (mainly older) children included no deaths^{183,186}.

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(Accepted by S. Bengmark 29 May 1989)



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