

Internal Medicine Resident Resiliency Survey

This is an anonymous survey characterizing the resilience of Internal Medicine Residents. No personal data will be collected in this survey and all participation is voluntary. The data collected from this survey may be used in future research and/or publications.

Residency Track:	Preliminary	Categorical		
Age:	20-24	25-29	30-34	35+
Sex:	Male	Female		

Connor-Davidson Resilience scale (CD-25)¹ was asked in its entirety

Please state how often each has occurred over the PAST 3 MONTHS (mark one):

	Never (less than once a month)	Rarely (no more than once a month)	Sometimes (several times a month)	Often (several times a week)	Always (Daily)
How often do you feel burned out from your work?					
How often do you feel you've become more callous toward people since you started your residency?					
How often has stress from work interfered with your relationships outside of work?					
How often has stress from work interfered with your relationships or hobbies outside of work?					
How often has stress at work made you feel inferior or inadequate compared to your peers?					
How often has stress from work interfered with patient care?					

Please state how often the following have occurred in the PAST 3 MONTHS (mark one):

	Never	Rarely (1-2 times)	Sometimes (3-5 times)	Often (6-10 times)	Very Often (>10 times)
I have witnessed medical errors or near miss events that I was not directly involved in.					
I have been directly involved in medical errors or near miss events.					
I have reported medical errors or near miss events that I witnessed, but was not directly involved in.					
I have reported medical errors or near miss events that I was directly involved in.					

Please state how strongly you agree or disagree with the following statements (mark one):

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
Stress and burnout are important issues during residency.					
I received training on how to manage stress and burnout during medical school and/or residency.					
I have the skills necessary to manage stress and prevent burnout.					
I have an outlet within my residency program for discussing feelings of stress and burnout.					
I would be interested in small group sessions to discuss ways to manage stress and improve resiliency.					

¹Connor, K.M., and Davidson, J.R. 2003. Development of a new resilience scale: the Connor-Davidson Resilience Scale (CD-RISC). *Depress Anxiety* 18:76-82.

I have thought about reporting medical errors that I witnessed and/or was involved in, but did not due to feelings of frustration with the hospital and/or reporting system.					
I have thought about reporting medical errors that I witnessed and/or was involved in, but did not due to time constraints at work.					
I have thought about reporting medical errors that I have witnessed and/or was involved in, but did not due to feelings of guilt or fear of being found out.					
I am familiar with our hospital's reporting system for medical errors and near miss events.					

Thanks for your time!!

¹Connor, K.M., and Davidson, J.R. 2003. Development of a new resilience scale: the Connor-Davidson Resilience Scale (CD-RISC). *Depress Anxiety* 18:76-82.