

# Research Article

# **Proposal of Two Prognostic Models for the Prediction of** 10-Year Survival after Liver Resection for Colorectal Metastases

Ulf Kulik ,<sup>1</sup> Mareike Plohmann-Meyer,<sup>2</sup> Jill Gwiasda,<sup>2</sup> Joline Kolb,<sup>1</sup> Daniel Meyer,<sup>2</sup> Alexander Kaltenborn ,<sup>2</sup> Frank Lehner ,<sup>1</sup> Jürgen Klempnauer ,<sup>1</sup> and Harald Schrem ,<sup>1</sup>,<sup>2</sup>

 <sup>1</sup>General, Visceral and Transplantation Surgery, Hannover Medical School, Germany
<sup>2</sup>Core Facility Quality Management & Health Technology Assessment in Transplantation, Integrated Research and Treatment Center Transplantation (IFB-Tx), Hannover Medical School, Germany

Correspondence should be addressed to Ulf Kulik; kulik.ulf@mh-hannover.de

Received 18 July 2018; Accepted 1 October 2018; Published 21 October 2018

Academic Editor: Attila Olah

Copyright © 2018 Ulf Kulik et al. This is an open access article distributed under the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

*Background*. One-third of 5-year survivors after liver resection for colorectal liver metastases (CLM) develop recurrence or tumorrelated death. Therefore 10-year survival appears more adequate in defining permanent cure. The aim of this study was to develop prognostic models for the prediction of 10-year survival after liver resection for colorectal liver metastases. *Methods*. N=965 cases of liver resection for CLM were retrospectively analyzed using univariable and multivariable regression analyses. Receiver operating curve analyses were used to assess the sensitivity and specificity of developed prognostic models and their potential clinical usefulness. *Results*. The 10-year survival rate was 15.2%. Age at liver resection, application of chemotherapies of the primary tumor, preoperative Quick's value, hemoglobin level, and grading of the primary colorectal tumor were independent significant predictors for 10-year patient survival. The generated formula to predict 10-year survival based on these preoperative factors displayed an area under the receiver operating curve (AUROC) of 0.716. In regard to perioperative variables, the distance of resection margins and performance of right segmental liver resection were additional independent predictors for 10-year survival. The logit link formula generated with pre- and perioperative variables showed an AUROC of 0.761. *Conclusion*. Both prognostic models are potentially clinically useful (AUROCs >0.700) for the prediction of 10-year survival. External validation is required prior to the introduction of these models in clinical patient counselling.

### 1. Introduction

Colorectal liver metastases (CLM) are one of the most common indications for hepatic surgery worldwide. In contrast to interventional treatment methods like radiofrequency ablation (RFA) the surgical treatment remains the only therapeutic option providing histological proven complete resection and mean 5-year survival rates of up to 50% [1– 3]. Despite these encouraging results 5-year survival does not equate a permanent cure of the disease; several studies report that one-third of 5-year survivors appear to experience recurrence or tumor-related death [4–6]. Therefore, it seems more likely that 10-year survival after hepatic resection for CLM appears more qualified to be associated with permanent cure. A meta-analysis by Abbas et al. in 2011 reported 12-36% for 10-year survival rate; another study described a 10-year survival rate of 24% [7, 8]. In those reports, presence of positive resection margins clearly excluded patients from 10-year long-term survival. Furthermore extrahepatic disease and a high clinical risk score (CRS) derived from factors like carcinoembryonic antigen (CEA) levels, number and size of hepatic lesions, and the primary lymph node status were associated with reduced probability of long-term survival [7, 8]. Nevertheless, the estimation of individual prediction of long-term survival and especially a possible permanent cure is difficult and not well described in recent literature.

However, throughout the last decades several prognostic factors that influence overall survival (OS) after liver resection for CLM were reported. Size of CLM >50 mm, >1 lesion, age >70 years at liver resection, preoperative anemia, and

other factors have been reported to be associated with negative impact on OS [9]. Some variables have been associated with a beneficial effect on OS, i.e., clear resection margins and the performance of only minor hepatic resections [10]. Additionally, the resection-severity-index (RSI) was recently introduced by our group as a new independent prognostic factor for survival after liver resection for CLM [11]. All those factors have usually been analyzed as regards the overall outcome after hepatic surgery for CLM while it remains unclear whether long-term survival of more than 10 years can be predicted with a prognostic model. Therefore the aim of this study was to analyze cases after hepatic surgery for CLM in a large German tertiary referral center for hepatobiliary surgery to determine patterns of pre- and perioperative factors that enable the prediction of long-term survival of  $\geq 10$ years.

#### 2. Patients and Methods

2.1. Data Collection. This is a single center retrospective analysis. The setting of this study is a German tertiary referral center for hepatobiliary surgery and liver transplantation. The postoperative observational period ended on 27.07.2015. Descriptive statistics comparing patients with survival <10 years and survival  $\geq$ 10 years are summarized in Supplementary Table 1 for preoperative variables and in Supplementary Table 2 for perioperative variables.

2.2. Inclusion and Exclusion Criteria. All consecutive primary liver resections for colorectal metastases performed at our institution between 01.01.1994 and 31.12.2014 (n=1155) were included. Excluded were all cases with lack of sufficient follow-up data (n=23). Furthermore all survivors with less than 10 years of follow-up (n=167) were excluded. Compliant with the STARD guidelines the analytical flow chart of the analyzed study cohort is illustrated in Figure 1 [12].

2.3. Ethical Considerations. The Ethics Committee of Hannover Medical School approved of this retrospective study (approval decision number 3233-2016). Patients provided informed consent that their data may be used for scientific purposes at the time of hospital admission which is the general policy of our institution. Patient records and patient data were anonymized and deidentified prior to analysis.

2.4. Study End-Points. The primary study end-point was observed as 10-year patient survival after liver resection (Figure 1). Patients with survival but follow-up less than 10 years cannot be included in this analysis, because we do not know whether they actually survived for 10 years or less.

2.5. *Statistical Methods.* Risk factors for patients' mortality within ten years after liver resection were analyzed with univariable and multivariable regression analyses.

Two risk-adjusted multivariable logistic regression models were developed using purposeful selection of preoperative covariates and pre-, intra-, and early postoperative covariates with p values in univariable regression  $\leq 0.200$  with the goal of avoiding overfitting and facilitating the detection of potential factor interactions based on the recommendations as published by Hosmer et al. [13]. Principal component analysis was used to identify two-sided variable correlations  $\geq |0.500|$  to trigger a clinically informed decision on the exclusion of one of two highly correlated variables from multivariable regression in order to avoid collinearity in regression.

For all statistical tests a p value <0.05 was defined as significant. Binary variables and their influence on 10-year survival (yes/no) were analyzed with  $\text{Chi}^2$  tests while the influence of continuous variables on 10-year survival (yes/no) was analyzed with the Wilcoxon test.

Receiver operating characteristic curve (ROC-curve) analyses were used to assess the sensitivity and specificity of predictions derived from the final multivariable regression models and their potential usefulness as prognostic models.

The software package JMP Pro 13.0.0 (SAS Institute, Cary, NC, USA) was used to perform all statistical analyses.

# 3. Results

3.1. 10-Year Survival. Out of the N=965 cases finally included in the study, N=147 cases experienced long-term survival of  $\geq$ 10 years (15.2%).

3.2. Preoperative Risk Factors for 10-Year Survival after Liver Resection. Univariable logistic regression analysis revealed that the age at operation of the primary colorectal tumor, the age at liver resection in years, the localization of the primary tumor in the colon sigmoideum (yes/no), the pT staging of the primary tumor, the pN staging of the primary tumor, the grading of the primary tumor, UICC staging of the primary tumor, chemotherapy and/or radiotherapy of the primary tumor prior to liver resection (yes/no), and the preoperative Quick's value in % all had a significant influence on 10-year survival after liver resection (Table 1).

3.3. Intra- and Early Postoperative Risk Factors for 10-Year Survival after Liver Resection. Univariable logistic regression analysis demonstrated that bilateral atypical liver resection, right segmental liver resection, the duration of Pringle's procedure in min, postoperative complications during hospital stay (yes/no), the size of largest metastases in mm, and the distance of the resection margin in mm to the tumor all had a significant influence on 10-year survival after liver resection (Table 2).

3.4. Results of Principal Component Analysis. Principal component analysis of variables with p values <0.200 in univariable logistic regression analysis demonstrated two-sided factor correlations R > |0.500| for age at operation of the primary colorectal tumor and age at liver resection in years (R=0.979), localization of the primary tumor in the colon sigmoideum (yes/no) and the rectum (yes/no) (R=0.522), UICC staging of the primary tumor and pN staging of the primary tumor (R=0.592), UICC staging of the primary tumor and the M1 stage of the primary tumor (yes/no) (R=0.761), the weight of resected liver specimen in kg, and the size of the largest metastasis in mm (R=0.584). All other

	Variables		Odds Ratio	95%-Confidence interval	p-value
	Female gender (yes/no)	/es/no)	0.986	0.687 - 1.416	0.941
	Male gender (yes/no)	ss/no)	1.014	0.706 - 1.455	0.941
	Age at operation of primary tumor (years)	ry tumor (years)	1.029	1.013 - 1.046	<0.001
	Age at liver resection (years)	on (years)	1.028	1.012 - 1.045	<0.001
	Time between resection of primary tumor and resection of metastases (days)	und resection of metastases (days)	1.000	0.999 - 1.000	0.900
		Coecum (yes/no)	2.119	0.902 - 4.980	0.058
		Colon ascendens (Yes/no)	0.895	0.528 - 1.517	0.683
	T and instant and and and instant to be a	Colon transversum (yes/no)	1.061	0.438 - 2.570	0.895
	Locanzation of primary tumor	Colon descendens (yes/no)	1.136	0.568 - 2.269	0.715
		Colon sigmoideum (yes/no)	0.659	0.462 - 0.941	0.023
		Rectum (yes/no)	1.314	0.891 - 1.939	0.162
		pTl-4 (ordinal scale)		not determined	0.004
		pT1 vs. pT2	0.965	0.375 - 2.478	0.940
		pTl vs. pT3	0.610	0.255 - 1.454	0.264
		pT1 vs. pT4	0.214	0.069 - 0.670	0.008
		pN0-2b (ordinal scale)		not determined	0.034
		pN0 vs. pN1	0.587	0.380 - 0.906	0.016
		pN0 vs. pN2a	0.551	0.335 - 0.907	0.019
		pN0 vs. pN2b	0.912	0.385 - 2.158	0.834
<b>Pre-operative variables</b>		MI (yes/no)	1.489	1.017 - 2.181	0.038
	Stage and grading of primary tumor	Grading G1-3 (ordinal scale)		not determined	0.012
		Grading G1 vs. G2	0.324	0.140 - 0.750	0.009
		Grading Gl vs. G3	0.162	0.054 - 0.481	0.001
		UICC I-IV (ordinal scale)		not determined	0.016
		UICC I vs. IIa	0.438	0.227 - 0.844	0.014
		UICC I vs. IIb	0.206	0.025 - 1.687	0.141
		UICC I vs. IIIa	0.452	0.166 - 1.235	0.122
		UICC I vs. IIIb	0.312	0.154 - 0.633	0.001
		UICC I vs. IIIc	0.422	0.207 - 0.862	0.018
		UICC I vs. IV	0.318	0.178 - 0.567	<0.001
	Chemotherapy of primary tumor (yes/no)	r tumor (yes/no)	1.831	1.281 - 2.618	<0.001
	Radiotherapy of primary tumor (yes/no)	tumor (yes/no)	1.847	0.991 - 3.444	0.039
	Local recurrence of primary tumor (yes/no)	y tumor (yes/no)	1.229	0.617 - 2.447	0.549
	Simultaneous resection of primary tumor and liver metastases (yes/no)	r and liver metastases (yes/no)	0.979	0.502 - 1.909	0.950
	Multiple resection of metastases (yes/no)	astases (yes/no)	1.131	0.624 - 2.048	0.682
	Leukocytes Tsd/ $\mu$ l	d/µl	1.035	0.954 - 1.124	0.397
	Platelets Tsd/ $\mu$ l	/µ]	0.999	0.997 - 1.000	0.155
	Hemoglobin g/dl	g/dl	0.891	0.789 - 1.007	0.062
	Quick's value %	%	0.979	0.966 - 0.992	0.002

TABLE 1: Shown are the results of univariable binary logistic regression to determine the influence of each preoperative variable on 10-year survival after liver resection. Odds ratios greater

	Variables	Odds Ratio		95%-Confidence interval	p-value
	Left atypical liver resection	1	1.155	0.537 - 2.488	0.708
	Right atypical liver resection	1 pullt	0.947	0.621 - 1.444	0.801
	Bilateral atypical liver resection		2.448	1.165 - 5.142	0.008
	Left segmental liver resection	2 points	0.764	0.397 - 1.468	0.430
	Right segmental liver resection	I	0.352	0.192 - 0.645	0.002
	Left hemihepatectomy	3 points	2.477	0.883 - 6.951	0.512
	Right hemihepatectomy	4 points	0.781	0.521 - 1.171	0.238
	Extended left hepatectomy	5 points	1.114	0.645 - 1.922	0.696
	Left hepatectomy and right atypical liver resection	6 points		- 110	- C
			C+1.1	60.72 - 0.4.0	0./00
	Right hepatectomy and left atypical liver resection	7 points	1.034	0.352 - 3.035	0.951
	Extent of resection (ordinal scale)		not determined	rmined	0.455
	Extent of resection 1 point vs. 2 points	1.084		0.668 - 1.760	0.745
	Extent of resection 1 point vs. 3 points	0.418		0.143 - 1.217	0.110
Intra-operative variables	Extent of resection 1 point vs. 4 points	1.202		0.741 - 1.949	0.455
	Extent of resection 1 point vs. 5 points	0.905		0.491 - 1.668	0.749
	Extent of resection 1 point vs. 6 points	0.707		0.284 - 1.760	0.456
	Extent of resection 1 point vs. 7 points	0.963		0.316 - 2.930	0.947
	Operative duration in min	1.001		0.999 - 1.002	0.568
	Duration of Pringle's procedure in min	0.983		0.973 - 0.994	0.003
	Complications yes/no	1.734		1.028 - 2.925	0.030
	Intraoperative transfusion of units of packed red blood cells	1.078		1.001 - 1.161	0.031
	Size of largest metastasis in mm	1.005		1.000 - 1.011	0.039
	Weight of liver specimen in kg	1.297		0.868 - 1.939	0.188
	Distance to resection margin in mm	0.972		0.960 - 0.986	<0.001
	Grading G1-G3 (ordinal scale)		not determined	rmined	0.173
	Grading Gl vs. G2	1.873		0.238 - 14.749	0.551
	Grading Gl vs. G3	0.732		0.069 - 7.799	0.796
	R-status R0 (yes/no)	0.363		0.086 - 1.537	0.111

TABLE 2: Shown are the results of univariable binary logistic regression to determine the influence of each *intraoperative* variable on 10-year survival after liver resection. Odds ratios greater than 1 with a significant p value (p<0.05) indicate variables that increase the risk of mortality within 10 years significantly whereas odds ratios smaller than 1 with a significant p value indicate

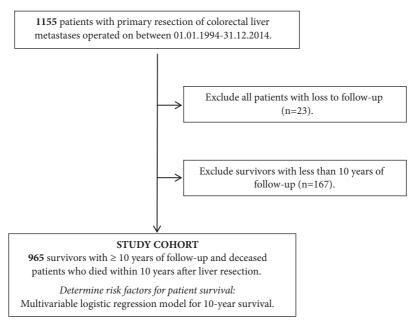


FIGURE 1: Depicted is the study flow chart of analyzed patients.

variables demonstrated low two-sided factor correlations R < |0.500|.

These results lead to the decision to include the variables age at resection of liver metastases, localization of the primary tumor in the colon sigmoideum (yes/no), UICC staging of the primary tumor, and the size of the largest metastasis in mm into multivariable logistic regression analysis and to exclude the variables age at resection of primary tumor, localization of the primary tumor in the rectum, pN staging of the primary tumor, M1 stage of the primary tumor (yes/no), and the weight of resected liver specimen (kg).

3.5. Independent Preoperative Risk Factors for 10-Year Survival after Liver Resection. The finally determined logistic regression model demonstrated that age at liver resection (years), chemotherapy of the primary tumor, preoperative Quick's value in %, and hemoglobin in g/dl as well as the grading of the primary colorectal tumor were independent significant risk factors for 10-year patient survival (Table 3(a)). This model exhibited an area under the receiver operating curve (AUROC) >0.700 indicating a potential prognostic model for the prediction of 10-year survival (AUROC = 0.716) (Figure 2(a)).

This model with preoperative variables resulted in the following logit link formula:

y = 2.893 + (0.038 \* age at resection of metastases in years) + (0.755 \* grading of the primary tumor, G1-3) + (-0.444, if no chemotherapy of the primary tumor was given—otherwise 0) + (0.444, if chemotherapy of the primary tumor was given—otherwise 0) + (-0.209 \* preoperative hemoglobin in g/dl) + (-0.022 \* preoperative Quick's value in %)

The formula for the calculation of the predicted 10-year mortality risk in % after liver resection using the logit link

formula described above for preoperative variables is as follows:

10-year mortality risk (%) =  $1/(1 + Exp_{(-y)})$ 

3.6. Independent Pre-, Intra-, and Early Postoperative Risk Factors for 10-Year Survival after Liver Resection. The finally determined logistic regression model demonstrated that the age at liver resection in years, the distance of the tumor to resection margin in mm, chemotherapy of the primary tumor, right segmental liver resection (yes/no), preoperative Quick's value in % and hemoglobin in g/dl, grading of the primary colorectal tumor (G1-3), and pT1-4 stage of the primary colorectal carcinoma were independent significant risk factors for 10-year patient survival (Table 3(b)). This model exhibited an area under the receiver operating curve (AUROC) >0.700 indicating a potential prognostic model for the prediction of 10-year survival (AUROC = 0.761) (Figure 2(b)).

This model with pre-, intra-, and early postoperative variables resulted in the following logit link formula:

y = 1.391 + (0.043 \* age at resection of metastases in years) + (0.3502 \* pT stage of the primary tumor, pTI-4) + (0.723 \* grading of the primary tumor, GI-3) + (-0.387, if no chemotherapy of the primary tumor was given—otherwise 0) + (0.387, if chemotherapy of the primary tumor was given—otherwise 0) + (-0.204 \* preoperative hemoglobin in g/dl) + (-0.021 \* preoperative Quick's value in %) + (0.575, if no right segmental liver resection was performed—otherwise 0) + (-0.575, if right segmental liver resection was performed—otherwise 0) + (-0.033 \* distance of liver metastasis to resection margin in mm)

#### TABLE 3

(a) Shown is the final multivariable model with *preoperative* risk factors only for 10-year survival after liver resection. Odds ratios greater than 1 with a significant p value (p<0.05) indicate variables that increase the risk of mortality within 10 years independently and significantly whereas odds ratios smaller than 1 with a significant p value indicate variables that decrease the risk of mortality within 10 years independently and significantly

Variables	Odds Ratio	95%-Confidence interval	p-value
Chemotherapy of primary tumor (yes/no)	2.432	1.570 - 3.770	<0.001
Age at liver resection (years)	1.039	1.019 – 1.060	<0.001
Quick's value %	0.979	0.964 - 0.993	0.005
Hemoglobin g/dl	0.811	0.698 - 0.943	0.006
Grading of primary tumor G1-3 (ordinal scale)	2.127	1.108 – 4.081	0.019

(b) Shown is the final multivariable model with *preoperative and perioperative* risk factors for 10-year survival after liver resection. Odds ratios greater than 1 with a significant p value (p<0.05) indicate variables that increase the risk of mortality within 10 years independently and significantly whereas odds ratios smaller than 1 with a significant p value indicate variables that decrease the risk of mortality within 10 years independently and significantly

Variables	Odds Ratio	95%-Confidence interval	p-value
Age at liver resection (years)	1.044	1.022 – 1.066	<0.001
Distance to resection margin in mm	0.968	0.950 - 0.986	<0.001
Chemotherapy of primary tumor (yes/no)	2.168	1.368 - 3.435	<0.001
Right segmental liver resection	0.317	0.152 - 0.661	0.003
Quick's value %	0.980	0.964 - 0.994	0.006
Hemoglobin g/dl	0.815	0.700 - 0.955	0.010
Grading of primary tumor G1-3 (ordinal scale)	2.060	1.050 - 4.037	0.031
pT1-4 primary tumor (ordinal scale)	1.420	1.013 – 1.990	0.044

Calculation of the predicted 10-year mortality risk in % after liver resection using the logit link formula described above for pre-, intra-, and early postoperative variables is as follows:

10-year mortality risk (%) =  $1/(1 + Exp_{(-y)})$ 

#### 4. Discussion

This study identified factors with an independent significant influence on long-term survival of ≥10 years after hepatic surgery for CLM in a large collective including 147 patients who survived at least 10 years. Two prognostic models for the prediction of the probability of experiencing that longterm survival are proposed. The proposed models are specific to estimate 10-year survival after liver resection. The first model is based on preoperative factors and offers the chance to estimate possible 10-year survival before performance of the liver surgery, for example, when meeting a patient in the outpatient clinic (Figure 2(a)). The second model includes factors from the surgery and the early postoperative course and opens a more detailed view based on the specific liver surgery that was performed and the results of the histopathology (Figure 2(b)). That model might enable a more elaborated design of the medical aftercare. Up to now, no prognostic model was available to estimate the odds for long-term survival of  $\geq 10$  years after liver resection for CLM. Most recently published studies only aimed for the assessment of long-term survival rates and risk factors that generally influence long-term or overall survival. The 10-years survival rate of 15.2% found in our study matches the range of long-term survival reported in that current literature [7, 8].

Based on the first preoperative model the odds for 10-year survival are better when the patients are younger, showed a low primary tumor grading, did not receive a chemotherapy of the primary tumor, and displayed higher Hb-values and Quick values preoperatively (Table 3(a)). We believe that an as accurate as possible prediction of the likelihood of 10year survival before liver surgery may play a role for many patients to understand the chances of cure after surgery. The influence of the patients' age on overall survival is well described; various studies reported limited overall survival in elderly patients. Nevertheless outcome is still far better than without surgical treatment of CLM [9, 14, 15]. Similar findings were repeatedly published as regards the primary tumor grading; a G3-grading is usually associated with decreased survival [16, 17]. Likewise, a lower Hb-value was recently reported by our center as negative predictor for survival [18]. Furthermore, a lower Hb-value might cause an increased need for perioperative blood transfusion, lately reported to impair disease-free and overall survival [19, 20]. The Quick's value in % was not described previously as prognostic factor in liver resection for colorectal liver metastases but it appears logical that a higher value correlates with a better synthetic function of the organ and a more stable function of the liver remnant after resection.

The negative influence of chemotherapies applied in the context of the primary tumor appears more surprising. It can be speculated that patients who received chemotherapies showed an initially higher UICC-stage and displayed synchronous, possibly nonresectable liver metastases. Hence, the chemotherapy might be considered as a surrogate parameter for a more advanced disease with corresponding impaired

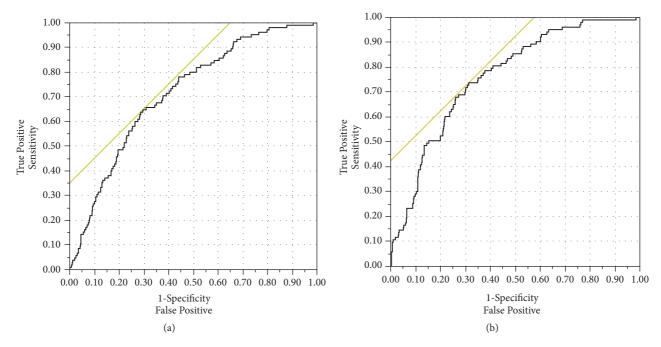


FIGURE 2: (a) Shown is the result of ROC-curve analysis of the final multivariable regression model with *preoperative* risk factors for 10-year survival (AUROC = 0.716). (b) Shown is the result of ROC-curve analysis of the final multivariable regression model with *preoperative* and *perioperative* risk factors for 10-year survival (AUROC = 0.761).

outcome. In contrast to this notion, the correlation of chemotherapy for the primary tumor with more advanced disease stages of the primary tumor was low in this study (R < |0.500|). Unfortunately, the heterogeneity of chemotherapy protocols given over the study period and the different approaches (neoadjuvant, adjuvant, or initially palliative as regards synchronous nonresectable CLM) limits the statistically convincing analysis; therefore a deeper analysis in our cohort was disregarded. Of note, chemotherapy of primary tumor in this study defines chemotherapy with any purpose that was delivered before liver resection. This may have created to some degree a bias in the results of this investigation.

Nevertheless, another group reported an inferior outcome after resection for CLM in these cases with chemotherapeutical treatment prior to liver resection. In this study a chemotherapy was significantly more often applied when synchronous liver metastases or more than three liver lesions were diagnosed [21]. Furthermore, over the last years chemotherapies are more frequently used as regards downsizing liver lesions and to converse initially nonresectable into resectable CLM (conversion chemotherapy). For instance, following the use of fluorouracil, leucovorin, oxaliplatin, and irinotecan regimes (FOLFOXIRI) a secondary resectability of CLM of 36% was described [22]. Reasonable outcome was reported with 2-year survival of 83% and 5-year survival rate of 33-50% after a conversion therapy and secondary liver resection [23-25]. In all these studies the majority of patients displayed synchronous liver metastases; therefore those chemotherapies might be considered as adjuvant or with initial palliative intent as regards the primary tumor.

Furthermore, the negative impact of chemotherapies on longterm survival might be related to chemotherapy associated liver damage (CALI). Various agents drive several mechanisms of hepatic injury; e.g., oxaliplatin is associated with the sinusoidal obstruction syndrome (SOS), 5-fluorouracil is known to cause steatosis, and irinotecan may induce steatohepatitis [26]. Those toxicities might be linked to increased postoperative morbidity after liver resection [27, 28]. Taken together, the association of chemotherapy with inferior odds for 10-year survival is most likely related to advanced primary disease and may be a possible consequence of chemotherapy induced liver damage. However, it can be assumed that such cases with advanced diseases would be most likely associated with an even worse prognosis without chemotherapy of the primary tumor.

The second model is expanded by parameters of the surgical resection and the histopathology. Basically in addition to the preoperative model the odds for 10-year survival are better in case of a right segmental resection and wider distance of liver metastasis to the resection margin (Table 3(b)). As preluded, positive resection margins were previously identified as risk factor with negative influence on longterm survival [7]. The same effect was repeatedly reported regarding the overall survival: A positive resection margin or a distance of <1 mm to the metastasis was associated with inferior 5-year survival or overall outcome [29-31]. In our cohort no definite benefit of a R0 resection in comparison to R1 resection was observed in the univariable analyses but in the multivariable model wider distance of metastasis to the resection margins is clearly associated with better outcome. Further research to define possible cut-off values of margin width that are associated with poorer outcome or no more benefit on survival is needed. Nevertheless, the strong effect on long-term survival is presumably related to higher rates of tumor recurrence limiting subsequent treatment options.

As regards the beneficial effect of right segmental resections the interpretation is more difficult. It has been previously described that minor liver resections are associated with a better outcome, possibly because of a larger liver remnant with more stable liver function and the technical possibility of future resections in case of recurrence [10, 32]. On the other hand, what favors a right segmental resection in contrast to other minor resections, like nonanatomic right/left or a left segmental resection, is unclear. In that context, one older study showed no influence on overall survival in comparison of nonanatomical and anatomical minor liver resections [33]. Nevertheless, the right liver appears to be more commonly affected by CLM than the left liver, probably due to the more right oriented portal vein flow [34]. Speculatively, in case of a right segmental resection the chances that the metastasis there is truly the only lesion and no other occult nodes are present in the left lobe and that possible subdetectable lesions in the same segment are also removed might be better than in case of a nonanatomical resection with subsequent higher odds for long-term survival of >10 years.

In summary, this work proposes prognostic models for the prediction of the likelihood of long-term survival of >10 years after liver resection for CLM based on easy to access pre- and perioperative factors. Of course the retrospective approach and the single-center nature of this study limit the generalizability of the findings. Therefore the results need to be reevaluated by others to exclude a center-bias. The proposed prognostic models warrant external model validation.

#### **Data Availability**

The clinical data used to support the findings of this study are included within the article and the supplementary information.

# **Conflicts of Interest**

The authors declare that there are no conflicts of interest regarding the publication of this paper.

#### **Authors' Contributions**

Both the authors Ulf Kulik and Mareike Plohmann-Meyer contributed equally.

#### Acknowledgments

This work was supported by a grant from the German Federal Ministry of Education and Research (reference number: 01EO1302).

# **Supplementary Materials**

Supplementary information regarding the distribution of *preoperative* data between patients who died within 10 years

after resection and those who survived more than 10 years is provided in Supplementary Table 1. Supplementary Table 2 displays the distribution of *intraoperative* variables between patients who died within 10 years after resection and those who survived more than 10 years. In both tables data is summarized showing the frequencies n (%) for positive binary data and the median (mean, min. - max.) for continuous data. (*Supplementary Materials*)

#### References

- J. N. Primrose, "Treatment of colorectal metastases: Surgery, cryotherapy, or radiofrequency ablation," *Gut*, vol. 50, no. 1, pp. 1–5, 2002.
- [2] P. C. Simmonds, J. N. Primrose, J. L. Colquitt, O. J. Garden, G. J. Poston, and M. Rees, "Surgical resection of hepatic metastases from colorectal cancer: A systematic review of published studies," *British Journal of Cancer*, vol. 94, no. 7, pp. 982–999, 2006.
- [3] H. Z. Malik, K. R. Prasad, K. J. Halazun et al., "Preoperative prognostic score for predicting survival after hepatic resection for colorectal liver metastases," *Annals of Surgery*, vol. 246, no. 5, pp. 806–814, 2007.
- [4] C. Pulitanó, F. Castillo, L. Aldrighetti et al., "What defines 'cure' after liver resection for colorectal metastases? Results after 10 years of follow-up," *HPB*, vol. 12, no. 4, pp. 244–249, 2010.
- [5] K. J. Roberts, A. White, A. Cockbain et al., "Performance of prognostic scores in predicting long-term outcome following resection of colorectal liver metastases," *British Journal of Surgery*, vol. 101, no. 7, pp. 856–866, 2014.
- [6] N. Bouviez, Z. Lakkis, J. Lubrano et al., "Liver resection for colorectal metastases: results and prognostic factors with 10year follow-up," *Langenbeck's Archives of Surgery*, vol. 399, no. 8, pp. 1031–1038, 2014.
- [7] S. Abbas, V. Lam, and M. Hollands, "Ten-year survival after liver resection for colorectalmetastases: systematic review and metaanalysis," *ISRN Oncology*, vol. 2011, Article ID 763245, 11 pages, 2011.
- [8] J. M. Creasy, E. Sadot, B. G. Koerkamp et al., "Actual 10-year survival after hepatic resection of colorectal liver metastases: What factors preclude cure?" *Surgery*, 2018.
- [9] U. Kulik, T. Framke, A. Grosshennig et al., "Liver resection of colorectal liver metastases in elderly patients," *World Journal of Surgery*, vol. 35, no. 9, pp. 2063–2072, 2011.
- [10] U. Kulik, H. Bektas, J. Klempnauer, and F. Lehner, "Repeat liver resection for colorectal metastases," *British Journal of Surgery*, vol. 100, no. 7, pp. 926–932, 2013.
- [11] J. Gwiasda, H. Schrem, A. Kaltenborn et al., "Introduction of the resection severity index as independent risk factor limiting survival after resection of colorectal liver metastases," *Surgical Oncology*, vol. 26, no. 4, pp. 382–388, 2017.
- [12] P. M. Bossuyt, J. F. Cohen, C. A. Gatsonis, and D. A. Korevaar, "STARD 2015: Updated reporting guidelines for all diagnostic accuracy studies," *Annals of Translational Medicine*, vol. 4, no. 85, 2016.
- [13] D. W. Hosmer, S. Lemeshow, and R. X. Sturdivant, Applied Logistic Regression, Wiley, Hoboken, NJ, USA, 3rd edition, 2013.
- [14] R. Adam, A. Frilling, D. Elias et al., "Liver resection of colorectal metastases in elderly patients," *British Journal of Surgery*, vol. 97, no. 3, pp. 366–376, 2010.

- [15] B. Nardo, S. Serafini, M. Ruggiero et al., "Liver resection for metastases from colorectal cancer in very elderly patients: New surgical horizons," *International Journal of Surgery*, vol. 33, pp. S135–S141, 2016.
- [16] M. Rees, P. P. Tekkis, F. K. S. Welsh, T. O'Rourke, and T. G. John, "Evaluation of long-term survival after hepatic resection for metastatic colorectal cancer: A multifactorial model of 929 patients," *Annals of Surgery*, vol. 247, no. 1, pp. 125–135, 2008.
- [17] J. Scheele, A. Altendorf-Hofmann, T. Grube, W. Hohenberger, R. Stangl, and K. Schmidt, "Resection of colorectal liver metastases. What prognostic factors determine patient selection?" *Der Chirurg*, vol. 72, no. 5, pp. 547–560, 2001.
- [18] U. Kulik, H. Schrem, H. Bektas, J. Klempnauer, and F. Lehner, "Prognostic relevance of hematological profile before resection for colorectal liver metastases," *Journal of Surgical Research*, vol. 206, no. 2, pp. 498–506, 2016.
- [19] X. Lyu, W. Qiao, D. Li, and Y. Leng, "Impact of perioperative blood transfusion on clinical outcomes in patients with colorectal liver metastasis after hepatectomy: A meta-analysis," *Oncotarget*, vol. 8, no. 25, pp. 41740–41748, 2017.
- [20] T. S. Schiergens, M. Rentsch, M. S. Kasparek, K. Frenes, K.-W. Jauch, and W. E. Thasler, "Impact of perioperative allogeneic red blood cell transfusion on recurrence and overall survival after resection of colorectal liver metastases," *Diseases of the Colon & Rectum*, vol. 58, no. 1, pp. 74–82, 2015.
- [21] U. Settmacher, Y. Dittmar, T. Knösel et al., "Predictors of longterm survival in patients with colorectal liver metastases: A single center study and review of the literature," *International Journal of Colorectal Disease*, vol. 26, no. 8, pp. 967–981, 2011.
- [22] A. Falcone, S. Ricci, and I. Brunetti, "Phase III trial of infusional fluorouracil, leucovorin, oxaliplatin, and irinotecan (FOL-FOXIRI) compared with infusional fluorouracil, leucovorin, and irinotecan (FOLFIRI) as first-line treatment for metastatic colorectal cancer: the Gruppo Oncologico Nor," *Journal of Clinical Oncology*, vol. 25, no. 13, pp. 1670–1676, 2007.
- [23] R. Adam, D. A. Wicherts, R. De Haas et al., "Patients with initially unresectable colorectal liver metastases: Is there a possibility of cure?" *Journal of Clinical Oncology*, vol. 27, no. 11, pp. 1829–1835, 2009.
- [24] S. Giacchetti, M. Itzhaki, G. Gruia et al., "Long-term survival of patients with unresectable colorectal cancer liver metastases following infusional chemotherapy with 5-fluorouracil, leucovorin, oxaliplatin and surgery," *Annals of Oncology*, vol. 10, no. 6, pp. 663–669, 1999.
- [25] M. Ychou, F. Viret, A. Kramar et al., "Tritherapy with fluorouracil/leucovorin, irinotecan and oxaliplatin (FOLFIRI-NOX): A phase II study in colorectal cancer patients with non-resectable liver metastases," *Cancer Chemotherapy and Pharmacology*, vol. 62, no. 2, pp. 195–201, 2008.
- [26] G. Duwe, S. Knitter, S. Pesthy et al., "Hepatotoxicity following systemic therapy for colorectal liver metastases and the impact of chemotherapy-associated liver injury on outcomes after curative liver resection," *European Journal of Surgical Oncology*, vol. 43, no. 9, pp. 1668–1681, 2017.
- [27] S. M. Robinson, C. H. Wilson, A. D. Burt, D. M. Manas, and S. A. White, "Chemotherapy-associated liver injury in patients with colorectal liver metastases: A systematic review and metaanalysis," *Annals of Surgical Oncology*, vol. 19, no. 13, pp. 4287– 4299, 2012.
- [28] J. Zhao, K. M. C. van Mierlo, J. Gómez-Ramírez et al., "Systematic review of the influence of chemotherapy-associated liver injury on outcome after partial hepatectomy for colorectal liver

metastases," British Journal of Surgery, vol. 104, no. 8, pp. 990-1002, 2017.

- [29] F. Makowiec, P. Bronsert, A. Klock, U. T. Hopt, and H. P. Neeff, "Prognostic influence of hepatic margin after resection of colorectal liver metastasis: role of modern preoperative chemotherapy," *International Journal of Colorectal Disease*, vol. 33, no. 1, pp. 71–78, 2018.
- [30] R. Mao, J. Zhao, X. Bi et al., "Interaction of margin status and tumour burden determines survival after resection of colorectal liver metastases: A retrospective cohort study," *International Journal of Surgery*, vol. 53, pp. 371–377, 2018.
- [31] J. Wang, G. A. Margonis, N. Amini et al., "The prognostic value of varying definitions of positive resection margin in patients with colorectal cancer liver metastases," *Journal of Gastrointestinal Surgery*, vol. 22, no. 8, pp. 1350–1357, 2018.
- [32] K. Tanaka, H. Shimada, C. Matsumoto et al., "Impact of the degree of liver resection on survival for patients with multiple liver metastases from colorectal cancer," *World Journal* of Surgery, vol. 32, no. 9, pp. 2057–2069, 2008.
- [33] E. Guzzetti, C. Pulitanò, M. Catena et al., "Impact of type of liver resection on the outcome of colorectal liver metastases: A casematched analysis," *Journal of Surgical Oncology*, vol. 97, no. 6, pp. 503–507, 2008.
- [34] R. F. Holbrook, M. A. Rodriguez-Bigas, K. Ramakrishnan, L. Blumenson, and N. J. Petrelli, "Patterns of colorectal liver metastases according to Couinaud's segments," *Diseases of the Colon & Rectum*, vol. 38, no. 3, pp. 245–248, 1995.



**The Scientific** World Journal

Journal of Immunology Research



Research and Practice











BioMed Research International



Journal of Ophthalmology



Computational and Mathematical Methods in Medicine



International



Behavioural Neurology



Evidence-Based Complementary and Alternative Medicine







Research and Treatment





Oxidative Medicine and Cellular Longevity



Submit your manuscripts at www.hindawi.com