

Research Article

Prediction of Plastic Shrinkage Cracking of Self-Compacting Concrete

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Concrete exposed to hot climatic conditions is prone to plastic shrinkage after casting within the first few hours due to the water evaporation and restraining conditions of concrete. This cracking is more commonly observed in concrete elements with a large surface area exposed to drying. In this research, plastic shrinkage of 13 self-compacting concrete samples with different cement paste volumes and various coarse to total aggregate ratios was studied. Test specimens of fresh concrete were subjected to a wind tunnel, which simulated hot dry environmental condition immediately after casting. It can be observed from the test results that the relationship between free plastic shrinkage and the difference between bleeding and evaporation is direct and linear. Finally, a model for plastic shrinkage estimation was suggested by considering the effect of free plastic shrinkage strain, restraining factor, and tensile strain capacity of self-compacting concrete.

1. Introduction

Self-compacting concrete (SCC) is an innovative flowable type of concrete that does not need any kind of vibration for compaction. This ability comes from special mix design including superplasticizers and viscosity modifier, and mineral fillers. SCC moves using its weight through any tiny spaces without segregation, meanwhile maintains all concrete's durability and characteristics. However, SCC with a large surface to volume ratio is prone to the plastic shrinkage cracking within the first few hours after casting due to the moisture loss, high amount of fine particles, and restraining conditions [1]. Although concrete bleeding may recover some of the water loss, it can develop negative capillary pressure that causes internal compressive strain in the concrete. In the case of the restrained condition, these compressive strains may result in considerable tensile stresses and consequently causes plastic shrinkage. This problem remains a serious concern, particularly in a large surface area, such as ground

slabs exposed to hot and/or windy conditions. In these cases, the exposed surface area per unit volume of placed concrete is significantly higher than conventional concrete, and the base surface provides a high degree of restraint [2]. Based on these evidences, it is clear that the estimation of plastic cracking is crucial to enhance the durability of concrete.

In recent years, self-compacting concrete has been studied by several researchers. Loukili and Turcry [3] have studied plastic shrinkage cracking of self-compacting concrete. They found that when the rate of evaporation is equal to the rate of bleeding, negative pore pressure is created. Subsequently, this negative pore pressure that is the main reason for plastic shrinkage in concrete will further develop.

In a study on plastic shrinkage cracking of the concrete, Qi et al. [4] understood that by increasing the amount of difference between the rate of bleeding and evaporation, the amount of negative pore pressure would increase. They also found that as fibers cause the long track of water emission, the bleeding process period of fiber concrete is elongated. Wang et al. [5] revealed that by using fiber and fly ash for increasing pore diameters in concrete, it is possible to decrease the tension forces of pore walls and as a result, the plastic shrinkage of concrete will be decreased. Moreover, Erten et al. [6] recently showed that plastic shrinkage cracks could reduce the corrosion resistance of high performance concretes, and fibers can limit the crack width.

Abbasnia et al. [7] and Leung et al. [8] by individual research showed that restraining factors may be calculated by these equations:

$$\Delta \xi = \xi_{\rm f} - \xi_{\rm R},\tag{1}$$

$$R = \frac{\Delta\xi}{\xi_{\rm f}} \times 100,\tag{2}$$

where ξ_f = free plastic shrinkage strain, ξ_R = restraint plastic shrinkage strain, and *R* = restraining factor (%).

Leemann et al. [9] investigated the impact of different admixtures on the occurrence and extent of plastic shrinkage cracking of SCC. Plastic shrinkage cracking was measured according to ASTM C1579-06 in a climate chamber at a temperature of 30°C and relative humidity of 60%. The tests began immediately after casting and parameters, such as settlement, capillary pressure, and mass loss, were recorded. The mechanism for crack prevention was identified from the results.

Boshoff and Combrinck [10] proposed a model to predict the degree of plastic shrinkage cracking. The model was based on the volume of water that evaporates from the concrete between the placing and the initial setting time of the concrete. This model was verified by using a large number of test results. Moreover, many studies conducted on the effect of synthetic microfibers on plastic shrinkage cracking and the durability of concrete structures [11, 12]. The results show that the presence of fibers effectively reduces plastic shrinkage cracking.

Y. Li and J. Li [13] developed a prediction method of early plastic shrinkage of self-compacting concrete based on the capillary tension theory and microstructure pores. Selfcompacting concrete specimens with different strength grades were prepared. The negative pressure of the capillary and plastic shrinkage was determined, and the results showed that predicted values derived from this model were consistent with the measured values.

Altoubat et al. [14] in a study investigated the effect of fly ash (FA) on cracking and relaxation behavior of various SCC mixes. The experimental results revealed that adding FA can improve the cracking resistance and relaxation behavior of SCC mixes. Moreover, curing condition and degree of restraint play an important role in the effectiveness of FA on the cracking and relaxation behavior of SCC mixes. A recent experimental investigation on the feasibility of using SCC in retrofitting damaged structures by Valikhani et al. [15, 16] also indicated that adding steel fibers can improve the plastic cracking resistance of SCC mixes. The results showed that SCC mixes with steel fibers could be a practical option for retrofitting deteriorated structures compared to normal concrete. As discussed, some studies focused on SCC properties and plastic shrinkage; however, none of them evaluated the relationship between bleeding and evaporation in the SCC plastic shrinkage. The purpose of this paper is to investigate the plastic shrinkage properties of self-compacting concrete and develop a new equation for predicting the SCC plastic shrinkage based on the bleeding and evaporation rates.

2. Experimental Program

In this paper, a total of thirteen self-compacting concrete samples were studied to investigate the effect of different additives, water/cement ratio, cement paste volume, and the proportion of course aggregate to total aggregate on plastic shrinkage and bleeding behavior of SCC mixtures.

As a result, the effect of each parameter was investigated by keeping the other variables constant in the mixtures.

In the mixtures of 1–4, water/cement and course aggregate/total aggregate ratios were kept constant at the value of 0.4 and cement paste volume was varied from 289 lit/m³ to 359 lit/m³. Mixtures 2, 5, 6, and 7 were used to investigate the effect of water/cement ratio by keeping the other variables constant. Moreover, the effect of coarse aggregate/total aggregate ratio was studied through mixes 8, 11, 12, and 13 by keeping the water/cement ratio and cement paste volume constant at the value of 0.04 and 325 lit/m³, respectively. Finally, coarse aggregate/total aggregate ratio was varied from 0.3 to 0.45 in the mixes 2, 9, and 10.

In general, the desired viscosity of SCC concrete is provided by adding mineral additives or Viscosity Modifier Admixtures (VMA), which increase the consistency of concrete paste. In this research, prepacked VMA admixtures and two different sizes of sand were used to achieve appropriate, workable self-compacting concrete without using an extra mineral additive, such as limestone powder or fly ash. It should be noted that combination of fine and course aggregate improves the workability of self-compacting concrete without affecting strength characteristics.

2.1. Materials. The cement used in all mixes was Type I Portland cement, which corresponds to ASTM Type I with the specific gravity of 3150 kg/m^3 and the coarse aggregate was made of crushed limestone with a nominal maximum size of 19 mm and a specific gravity of 2550 kg/m^3 .

Based on ACI 304.2R-96 [17], for concrete with moving ability, particular attention should be given to those portions passing the finer screen sizes. As a result, it is required to have at least 15 to 30 percent passing No. 50 screen and 5 to 10 percent passing No. 100 screen. Fine aggregates that are deficient in either of these two sizes should be blended with selected fine sands, mineral admixtures, or other materials to produce these desired percentages. In this study, two different sand sizes are used to meet ACI 304.2R-96 requirements. Sand Type I is local natural sand (uncrushed river sand), and Sand Type II is the crushed version of Sand Type I with more percent of passing the finer screen sizes. Blending these two different sand sizes improves the flowability of SCC concrete without using mineral admixtures.



Upper limit of ASTM

FIGURE 1: Grading curve of coarse aggregates.



TABLE 1: Chemical properties of cement.

Percent by weight (%)										
C_3A	C_2S	C_3S	SO_3	CaO	MgO	Fe ₂ O ₃	Al_2O_3	SiO ₂		
6.50	24.70	49.70	1.87	62.61	3.76	3.19	4.51	21.70		

Figures 1 and 2 present grading curves of coarse and fine aggregates (sand), respectively, and Table 1 shows the result of the chemical analysis of cement.

To achieve SCC mixtures with high flow and passing abilities and at the same time avoiding segregation and bleeding in the molds, a poly carboxylic High Range Water Reducing Admixture (HRWR) and Viscosity Modifying Admixture (VMA) as chemical admixtures were used. HRWR increases the slump of concrete without increasing water content [18], and VMA can increase the cohesion and adhesion of concrete. Table 2 summarizes the properties of mix designs.

2.2. Test Procedure. The Slump Flow, J-Ring, V-Funnel, and L-Box tests [19] were used to determine the filling and passing ability of self-compacting concrete immediately after

TABLE 2: Mixture proportions.

	G	S1	S2	С	W	Н	V
ID		(L/	(L/m^3)				
1	674	674	337	403	161	2.5	3.6
2	648	648	324	435	174	2.6	3.9
3	622	622	311	467	187	2.6	4.2
4	595	595	297	500	200	2.8	4.5
5	655	655	327	403	181	1.8	3.8
6	635	635	318	403	201	1.1	4.0
7	694	694	347	403	141	3.2	3.4
8	802	642	160	450	180	2.3	3.6
9	734	653	245	434	174	2.7	4.0
10	488	732	407	433	173	2.7	4.0
11	724	644	242	456	183	2.7	4.0
12	481	722	401	456	183	2.7	4.0
13	642	642	321	457	183	2.7	4.0

Note: G = gravel; S1 = Sand Type I; S2 = Sand Type II; C = cement weight; W = free water content; H = volume of HRWRA; V = volume of VMA; water-to-cement ratio (w/cm) = 0.4.



FIGURE 3: Test setup.

mixing. The specimens, which were placed in a specific slab formwork, were subjected to a wind tunnel that simulates the hot dry environmental condition of $37 \pm 2^{\circ}$ C



FIGURE 4: Formwork of restraint plastic shrinkage.

temperature, $43 \pm 7\%$ relative humidity, and 1.6 ± 0.3 m/s wind velocity to evaluate the constraint plastic shrinkage, as illustrated in Figure 3. The evaporation rate from the surface of the concrete was determined by measuring the weight of a $100 \times 100 \times 75$ mm cubic mold at the same time intervals with a high-precision (±0.1 g) balance, as shown in Figure 3. This mold was located within the wind tunnel and was positioned in the same environment as the concrete molds. Moreover, bleeding was obtained using the ASTM C232 [20]. In this way, the amount of bleeding was calculated by measuring the changes of concrete height in standard specimen specified in ASTM C232.

In the initial tests using ASTM C1579 [21] specimen, only longitudinal cracks were observed due to the relative high height of central restraint and different mixture designs had negligible effect on the test results. Therefore, for getting better results, some modifications were made on the standard specimen mentioned in ASTM C1579, by providing two perpendicular constraints with equal height and increasing the height of mid restraint. These modifications cause concrete to crack on the weakest section due to plastic settlement. The formwork of restrained plastic shrinkage was fabricated from wood, with triangular woody prisms installed in the bottom to restrain fresh concrete as illustrated in Figure 4.

Since contraction strain measurement for fresh concrete is an arduous process, and advanced devices like Vibrating Wire Strain Gauges [22, 23] (VWSG) were not available during this project due to their high costs, a new innovative method was utilized for the strain measurement. In this method, a laser generator, two indicators located on the fresh concrete, and one mounting support (Figure 5) were developed to project the short distance between two indicators to a more significant measurable length on a wall (L) every 15 minutes until the first crack was observed as shown in Figure 6.

The tensile strain of the concrete can be calculated by using the following equation:

$$\Delta C = \frac{1 - L'}{L},\tag{3}$$

where L = initial distance between two images of indicators and L' = distance between two images of indicators before finding the first crack.

The tensile strain of free concrete (ΔF) was measured simultaneously with the same process by a 75 mm cube glass mold in which all the internal surfaces were covered with grease, as illustrated in Figure 7.

Finally, the tensile strain capacity (T) is calculated by the following equation:

$$T = \Delta F - \Delta C. \tag{4}$$

3. Test Results and Discussion

Two samples were used for each mixture, and the average results of fresh and hardened concrete are presented in Table 3. By comparing the result of mixtures No. 1 to 4, it is concluded that increasing the cement paste volume can increase the total cracking area and the maximum crack width. Moreover, results of mixtures No. 11 to 13 show that increasing the coarse to total aggregate ratio will decrease the total cracking area and the maximum crack width.

As identified by some researchers, when the total evaporation and total bleeding rates are equal, pore water pressure begins to decrease. Therefore, the difference between bleeding and evaporation was selected as the independent variable plotted against free plastic strains to investigate their relationship. The results of 4 out of 13 tests are shown in Figure 8. The results show that the relationship of the difference between bleeding and evaporation and free plastic shrinkage strain (by passing the time) is linear. The slope of this line for each mixture depends on the mixture specification.

Plastic shrinkage cracking depends on the amount of free plastic shrinkage strain, restraining factor, and the tensile strain capacity of concrete. As previously noted, the restraining factor can be calculated by equations (1) and (2). The restraining factor is a substantial property of formwork, and it is equal to 82% for this study. Equation (5) is suggested based on the best curve fitting the test results to predict the tensile strain capacity of self-compacting concrete:



FIGURE 5: Tensile strain measuring equipment. (a) Rotary laser generator. (b) Indicator.



FIGURE 6: Tensile strain measurement. (a) Initial distance. (b) Distance after observing first crack.



FIGURE 7: The glass mold for measuring free tensile strain.

$$T = 4090D_{\rm av} - 8730V_{\rm p} + 5320W + 1318, \tag{5}$$

where T = tensile strain capacity (microstrain), D_{av} = average diameter of total aggregate (cm), V_p = paste volume (m³/m³), and W = water-to-cement ratio.

Plastic shrinkage cracking area is calculated by the following equation:

$$PC = \frac{K_1 R K_2 (E - B)}{T},$$
(6)

where PC = plastic shrinkage cracking area in unit surface of concrete (cm²/m²), R = restraining factor (%), E = total evaporation from unit surface of concrete (g), B = total bleeding from unit surface of concrete (g), T = tensile strain

capacity (microstrain), $K_1 = 7.53$ (rational factor) (g⁻¹), and $K_2 = 4.48$ (average slope of free plastic shrinkage versus the difference between bleeding and evaporation)

In equation (6), K_2 depends on concrete characteristics; however, for simplifying the proposed equation, this parameter is assumed equal to the average of all the mixtures. Also, K_1 is calculated based on the best curve fitting the test results. By replacing the amount of K_1 , K_2 , and SC in equation (6), equation (7) is achieved. The proposed equation in this study is obtained based on the test results of 13 SCC mixtures. The predicted plastic shrinkage versus actual test results is plotted in Figure 9 to indicate the amount of error. The points located in line with 45 degrees shows that the error is zero, and proposed results are equal to the actual test results.

TABLE	3:	Test	result	ts.
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Mix	$f_{\rm c28d}$	$V_{\rm p}$	Max. crack width	PC	Tensile strain capacity	$D_{\rm av}$	Coarse/ aggregate	Slump flow	J- ring	V-funnel, V&M	L- box
no.	MPa	L/ m ³	mm	$\frac{cm^2}{m^2}$	mm/mm	mm	Ratio	mm	mm	sec	Ratio
1	58	329	0.2	1.9	2229	39	0.4	670	20	20	0.70
2	49	355	0.4	26.6	1974	39	0.4	700	10	7	0.75
3	44	381	0.5	38	1654	39	0.4	740	10	4	0.80
4	41	408	0.55	54.3	1568	39	0.4	760	5	4	0.85
5	40	349	0.2	0.7	2283	39	0.4	720	5	4	0.80
6	34	368	0	0	2506	39	0.4	750	0	3	0.85
7	43	310	0.2	7.8	2053	39	0.4	730	10	3	0.80
8	50	363	0.35	30.9	1897	46	0.5	780	20	12	0.82
9	43	351	0.45	18	2097	43	0.45	670	20	15	0.68
10	37	350	0	0	2473	33	0.3	655	30	52	0.73
11	45	359	0.35	33.4	1659	43	0.45	755	10	3	0.80
12	37	360	0.45	39.2	1329	33	0.3	675	10	5	0.72
13	40	361	0.4	35.3	1582	39	0.4	730	10	4	0.78

Note: $PC = plastic shrinkage cracking area in the unit surface of concrete; <math>D_{av} = average diameter of total aggregate.$



FIGURE 8: Free plastic shrinkage versus the difference between bleeding and evaporation.



FIGURE 9: Actual plastic shrinkage cracking area versus the predicted area.

Equation (7) shows that the average diameter of total aggregates, water-to-cement ratio, cement paste volume, evaporation rates, bleeding, and the restraining factor are the

effective parameters in plastic shrinkage cracking area of concrete:

$$PC = \frac{33.73R(E-B)}{\left(100\left(4090D_{av} - 8730V_{p} + 5320W + 1318\right)\right)}.$$
 (7)

4. Conclusion

Plastic shrinkage of 13 self-compacting concrete samples exposed to hot climatic conditions with different water/ cement ratios, cement paste volumes, and course aggregate/ total aggregate ratios was studied. The test results show that free plastic shrinkage strain depends on time and has a linear relationship with the difference between bleeding and evaporation. The slope of this linear relationship in each mixture is associated with concrete characteristics.

It can also be observed from the test results that the increase in time and amount of bleeding, the average diameter of total aggregates, water/cement ratio, and the decrease in the cement paste volume, concrete surface evaporation rate, and the restraining factor are major parameters that can decrease the plastic shrinkage cracking area of concrete. Based on the results of 13 SCC mixtures, a new equation is presented to predict the plastic shrinkage cracking area of self-compacting concrete. The proposed model can be used as an initial estimation for plastic shrinkage of SCC mixtures. However, more in-depth studies considering other related variables to plastic shrinkage are needed for modification of the model in the future works.

Data Availability

The authors confirm that the data supporting the findings of this study are included within the article.

Conflicts of Interest

The authors declare that they have no conflicts of interest.

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