

Appendix 1: Interview guide for IDI and FGD

Background characteristics of participants

1. Demographics: age, sex, marital status, current occupation, level of education completed, religious affiliation etc.

B. Parent-adolescent communication

Tell me whether you have a child or ward who is between 12 and 17 years?

1. Please tell me how close you (knowing them and liking them) are you with your child/children? Explain
2. Tell me whether you are able to converse or talk with your child about social issues?
3. In your opinion do you allow your child to express his/her view about what you talk about with him/her?
4. Is the conversation with your child/children mutual and open?
5. Do you talk about sexual issues with your child? Why?
6. In your opinion do think you are prepared enough to discuss sexual topics with your child? E.g. knowledge?
7. Do you think you have the necessary information to discuss sexual topics with your child? Explain
8. How is the discussion on sexual topics initiated between you and your child?
9. Which sexual topics do you discuss with your child? Name them? Explain why?
10. Which topics do you find difficult to talk with your child? Why?
11. If you have a son and a daughter with whom are you more likely to talk about sexual issues? Why?
12. Do you feel comfortable discussing sexual issues with your child? Explain
13. Do you think you feel embarrassed discussing sexual topics with your child? Explain
14. Do you think you need help to discuss your adolescent's sexuality with him/her? Explain?

15. Do you think educating children about their sexuality will rather lead them into sex?
How?
16. What difficulties do you face as you educate your child about his/her sexuality?
17. Do you think if your parents had educated you on sexuality when you are young it would have been easier for you to educate your children on their sexuality?
18. Would you encourage educating adolescents on their sexuality? Why? How? At what age?
19. How can we improve parent-adolescent communication about sexuality?
20. Do you think training parents on how to talk to adolescents about their sexuality will help them to talk to their adolescents about their sexuality easily? How?