Research Article

Eco-Friendly Detoxification of Congo Red Dye from Water by Citric Acid Activated Biosorbents Consisting of Watermelon and Water Chestnuts Peels Collected from Indigenous Resources

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Received 9 May 2022; Revised 6 July 2022; Accepted 20 July 2022; Published 8 August 2022

Academic Editor: Stefano Salvestrini

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The native peels of two cheap, locally available adsorbents, watermelon (PWM) and water chestnuts (PWC), were chemically processed with different chemicals as modifying agents for the determination and assessment of their adsorption ability for the removal and clearance of harmful, venomous, and pernicious Congo red (CGR), as an acidic nature anionic dye, from the aqueous system. In successive batch experiments, the citric acid-treated peels CPWM and CPWC have shown more promising adsorption performance than their raw and untreated peel counterparts due to the availability of additional adsorption active binding sites evidenced through FT-IR and SEM characterizations. In the Langmuir and Temkin models, the correlation coefficients ($R^2$) for the adsorptive removal of CGR on CPWM, PWM, CPWC, and PWC are very close to unity, 0.99 for each case of adsorption performance. Furthermore, the $q_{\text{max}}$ nonlinear statistical results for the elimination of CGR on citric acid-treated adsorbents (CPWM and CPWC) are 8.3 and 7.95 mg/g whereas for their unmodified forms (PWM and PWC) are 2.23 and 4.32 mg/g, respectively, reflecting homogenous and monolayer adsorption mechanism. The greater values of $B_T$ 1.4 and 1.3 J/mole, for adsorptive removal of dye on CPWM and CPWC, respectively, as compared to their unmodified forms PWM and PWC which are 0.53 and 0.55 J/mole, respectively, indicate the stronger adsorbate-adsorbent associations. The mechanism follows the pseudo second order in the better mode, while thermodynamic statics for $\Delta H^0$, $\Delta G^0$, $\Delta S^0$, and $\Delta E^0$, indicate spontaneous and exothermic behavior of adsorption. This study tends to suggest that citric acid-modified adsorbents CPWM and CPWC may indeed be exploited efficiently to eliminate Congo red dye from wastewater.

1. Introduction

Water, as a universal solvent, is able to dissolve more substances than any other liquid on earth and is unsafe and solely vulnerable to pollution. Toxic substances from agriculture, the domestic sector, and factories readily dissolve into and mix with it, which makes it more difficult for people to access safe drinking water and increases the risks of waterborne diseases. In Pakistan, gastrointestinal illness accounts for 45 percent of newborn mortality, whereas overall, 90 percent of infections are due to waterborne diseases [1–3]. The dye industry has expanded dramatically globally in recent years. As per the “Color Rankings” of the USA, commercial dyestuffs have approached tens of thousands. Every year, about $6 \times 10^7$ kg of dyes are released into the environment in the form of effluents, 80% of those areazo...
2. Materials and Methods

2.1. Chemicals and Equipment. The chemicals utilized in this investigation include organic compounds such as Congo red dye ($\lambda_{(max)} = 498$ nm), tartaric acid, lactic acid, citric acid, EDTA, urea, thiourea, methyl orange, phenolphthalein, methyl and ethyl alcohols, 2-propanol, and propanone. The other substances used are caustic soda, soda ash, sodium bicarbonate, sodium chloride, potassium chloride, potassium iodide, and solid iodine, whereas hydrochloric acid, sulfuric acid, and nitric acid were also used to provide acidic media. Pyrex glassware was used for the experiments conducted. Erlenmeyer flasks (100 mL and 500 mL), measuring flasks (100 mL, 500 mL, and 1000 mL), funnels, china dishes, pipette, burette, and beakers were included (100 mL, 200 mL, 500 mL, and 1000 mL). The equipment was washed with an H$_2$CrO$_4$/H$_2$O solution and sterilized in an electric oven at 70°C for half an hour before use.

2.2. Preparation and Characterizations of Adsorbents. Both selected adsorbent peels of watermelon and water chestnuts were obtained locally and dried in sunlight for ten days. After that, they were ground by an electrical grinder and sieved to 70 mesh, washed with distilled water to remove entrapped dust particles as impurities, and dried in an electrical oven at 80°C for 72 hours [15–17]. These prepared peels of adsorbents were labeled "PWM" for peels of watermelon and "PWC" for peels of water chestnuts. These were stored in bulk in polythene bags for further use in experimental work. These are also characterized and evaluated by performing Boehm titration to find the adsorbent sites' behavior (acidic or basic) [18], $I_2$, titration, moisture and ash content, elemental analysis, volatile matters, measurements of porosity and bulk density ratio, and pH of their raw forms [19–21] and are tabulated in Table 2. To measure the pH, 1 g of each PWM and PWC was placed in 40 mL of deionized water in 200-mL flasks separately and stirred for one hour continuously. The pH was measured by using pH meter after stabilization of sample mixtures [22]. Acid-base titrations have been performed to calculate the net surface charge of adsorbent materials using the point of zero charge ($\text{pH}_{\text{pzc}}$). To determine the point of zero charge, 0.8 g of each PWM and PWC was separately added to 200 mL of 25 ppm sodium chloride solution in two sets of ten Erlenmeyer flasks labeled pH (1 to 10). The initial pH of each solution was adjusted by using NaOH and HCl solutions by using a pH meter. After 10 hours, the final pH of each sample was measured at 30C. Afterward, the difference in change in pH between the initial and final was determined to measure the point of zero charge graphically. If $\text{pH}_{\text{adsorbent}} > \text{pH}_{\text{pzc}}$, then, the adsorbent surface is even more negatively charged, and the basic dye cations are more preferentially coupled to negatively charged adsorbent interfaces and vice versa [23, 24].

To determine the bulk density of PWM and PWC, a density bottle with a lid was weighed (Wi), then filled with distilled water, and weighed again (Wf). By subtracting the (Wi) from the (Wf), the mass of water was calculated. The volume of a density bottle was calculated from Equation (1), where $d$ is the density of water and $W$ is the mass of...
water. Then, a specific amount of each sample was taken in a density bottle and reweighed to measure the volume of the sample. By using Equation (2), the bulk density of both PWM and PWC was determined \[25\].

\[ V = d \times W, \]

Bulk density of PWM and PWC = \[ \frac{\text{Mass of wet sample peels}}{\text{Volume of sample peels}}, \]

where \( V_s \) is the volume of sample adsorbent and \( d_w \) is the density of water, whereas the porosity of each adsorbent sample was determined using the following equation:

\[ \text{Porosity} = \frac{\text{Volume of voids (Vv)}}{\text{Total volume of cylinder (Vt)}}, \]

where the void volume was calculated by the difference between total volume of cylinder for dry density and volume of the each sample adsorbent from Equation (3).

For the determination of porosity, appropriate quantities of each sample PWM and PWC were weighed \( (G_s) \), then dried in oven for 3 hours at 100°C to remove the entrapped moisture, and reweighed and labeled as \( (M_s) \). The volumes and porosity of each adsorbent were calculated by as follows \[26, 27\]:

\[ V_s \ (cm^3) = \frac{M_s}{G_s} d_w, \]

\[ \text{Porosity} = \frac{\text{Volume of voids (Vv)}}{\text{Total volume of cylinder (Vt)}}, \]

where \( V_s \) is the volume of each sample PWM and PWC and \( d_w \) is density of water. The void volume was determined by the difference between total volume of cylinder for dry density and volume of the each sample adsorbent from the following equation:

\[ \text{Volume of Void (Vv)} \ (cm^3) = V_t - V_s, \]

To determine the ash contents 1 gram of each PWM and PWC was placed in crucible and ignited at 500°C for three hours and then cooled and reweighed. The following equations were used to determine the percentage ash content \[28, 29\] and the volatile organic components, respectively \[30\].

\[ \text{Ash content percent} = \left( \frac{\text{Weight of ash (g)}}{\text{Weight of sample (g)}} \right) \times 100, \]

\[ \text{Volatile organic contents (%) } = \left( \frac{W_2 (g) - W_1 (g)}{W_2 (g)} \right) \times 100, \]

where \( W_1 \) is the ash weight and \( W_2 \) is the dry weight of each adsorbent.

To determine the iodine number of PWM and PWC, 1.35 g of iodine crystals and 2.05 g of potassium iodide were dissolved to prepare a stock solution. 0.5 g of each adsorbent,

| Table 1: A comparison of the adsorption capacity of adsorbents with previous reported research work. |
|-----------------------------------------------|-----------------|-----------------|
| Adsorbents utilized                     | Adsorption capacity (mg/g) | References |
| *Pinus roxburghii* sawdust               | 5.8              | [88] |
| *Solanum tuberosum* peels                | 6.9              | [89] |
| *Euroamerican* poplar biomass            | 8.0              | [90] |
| Activated carbon from palm tree fiber    | 9.79             | [91] |
| Carbon from water *hyacinth* leaf        | 13.9             | [92] |
| Kaolinite                                | 5.0              | [93] |
| *Liagora farinose*                       | 7.0              | [93] |
| Kaolinite modified by *Liagora farinose* | 10               | [93] |
| *Roots of Eichhornia crassipes*          | 1.58             | [94] |
| Citric acid-activated peels of watermelon (CPWM) | 8.3             | *This investigation* |
| Citric acid-activated peels of water chestnuts (CPWC) | 7.95            | *This investigation* |
| Unactivated raw peels of watermelon (PWM) | 2.23             | *This investigation* |
| Unactivated raw peels of water chestnuts (PWC) | 4.32            | *This investigation* |

| Table 2: Physicochemical characteristics of raw adsorbents. |
|-----------------------------------------------|-----------------|-----------------|
| Parameters assessment | PWM | PWC |
| pH                                | 5.9  | 5.5   |
| Porosity (%)                      | 0.19 | 0.09  |
| Moisture contents (%)             | 8.36 | 7.72  |
| Ash contents (%)                  | 3.33 | 1.92  |
| Bulk density (g cm\(^{-3}\))      | 1.24 | 0.48  |
| Particle density (g cm\(^{-3}\))  | 0.49 | 0.6   |
| Volatile organic components (%)   | 17.8 | 25.6  |
| Iodine number (mg. g\(^{-1}\))    | 13   | 15    |
| Carboxylic acids (milli moles)    | 1.9  | 1.4   |
| Surface basic sites (milli moles) | 0.98 | 0.51  |
PWM and PWC, was placed in 10 mL of HCl with conc. 5% (V/V) in two separate Erlenmeyer flasks and stirred for 60 minutes along with the addition of iodine solution and filtered. Afterward, 10 mL of each filtrate was titrated by using 0.1 M Na₂S₂O₃ as a standard solution, and the following equation was used to calculate the adsorbed iodine by each sample, PWM, and PWC:

\[
\text{Iodine number (mg} \cdot \text{g}^{-1}) = \frac{(B - S)}{B} \times \frac{V_1 M_1}{W} \times 253.81,
\]

where the molar mass of \( I_2 \) is 253.81 gmol⁻¹, \( W \) is the mass of adsorbent, and \( B \) is the volume of iodine solution without adsorbent sample, while \( S \) is the sample solution. \( V \) and \( M \) are volumes of filtrate and molar volume of \( I_2 \) solution, respectively [31, 32].

**Boehm titration** was conducted to determine the various types of functional groups on the interfaces of both adsorbents. 0.4 gram of each PWM and PWC was placed separately in 30 mL solutions of 0.1 M HCl, 0.1 M sodium hydroxide, 0.1 M sodium carbonate, and 0.1 M sodium hydrogen carbonate, respectively, and each sample was sealed with aluminum foil and placed at 30°C for 10 hours and then filtered. For filtrates containing excess un_consumed washing soda, baking soda, or caustic soda, 10 mL of each filtrate was titrated against a standard solution of 0.1 M HCl to determine the number of carboxylic, phenolic, and lactone groups, and 0.1 M NaOH to assess the number of basic groups such as \(-\text{NH}_2\) groups on each PWM and PWC [33, 34].

Therefore, the adsorption of anionic dye molecules like Congo red dye (CGR) is highly dependent upon the pH of the solution due to the protonation and deprotonation of COOH moieties on the interfaces of adsorbents [35, 36]. The chemical structure of Congo red dye is depicted in Figure 1 [37].

### 2.3. Optimization of Adsorbent Performance by Processing with Various Modifying Agents

The adsorbents’ performance and efficiency were tested by using different chemicals, as depicted in Section 2.1. For this purpose, the solid phase modification is carried out by using an adsorbent/chemical ratio of 9:1 and is elaborated schematically below in Figure 2(a) [38].

The soaking of each adsorbent (50 g) in various organic solvents (200 mL) for 24 hours at room temperature was also conducted, as well as solutions of alkali and inorganic acids, which were also utilized for the chemical processing of PWM and PWC. Thus, chemically modified PWM and PWC were prepared and tested for their adsorption performance by maintaining the optimized operational conditions for CGR as the model dye in this research approach [39]. The most suitable optimized modifying agent for chemical modification of PWM and PWC was selected by performing repeated adsorption experiments. The chemically treated adsorbents were washed with distilled and deionized water to remove entrapped unreactive modifying agent and dried at 80°C in an electrical oven for twenty-four hours and sealed in plastic jars for further adsorption experimental study. The modified adsorbents were characterized by FT-IR and SEM to find the amendments to their surface morphology. Tricarboxylic organic acid-treated adsorbents have shown the highest adsorption of CGR from aqueous solution. Their schematic illustration and the evaluation after chemical treatment with citric acid are shown in Figure 2(b) [40].

### 2.4. Batch Experimentation on the Adsorption Mechanism

To investigate adsorption mechanism and for optimizing operational parameters, CGR removal with raw PWM and PWC was monitored. Chemically treated watermelon peels (CPWM) and water chestnut peels (CPWC) were used. Experiments on each operational parameter were carried out in four sets of Erlenmeyer flasks, with each set containing 10 to 12 flasks depending on the requirement. All the experiments were highly specific and dependent on operational conditions: adsorbent dose in ten equal divisions was utilized from 0.2 to 2.0 g, time of contact was examined from 5 to 60 minutes, with a gap of five minutes, temperature exploration in eight equal intervals between (10–80°C), impact of the initial as well as final pH between 1–10 and concentration of CGR solution, and speed of agitation (25–250 rpm) with ten equal intervals. Isothermal and kinetic modeling experiments are also performed by considering the optimized operational conditions, and the results are compared with the previous reported investigations listed in Table 1 on the adsorption of Congo red dye on different adsorbents from the aqueous environment. For further evaluation and interpretation of the validity of equilibrium data and performance of adsorption, the thermodynamic parameters like variation in enthalpy, entropy, energy of activation, and Gibbs free energy of each adsorption experiment were determined.

### 3. Results and Discussions

#### 3.1. Assessment of Chemically Modified Adsorbents Using Various Modifying Agents

The performance of both chemically modified (PWM and PWC) adsorbents in terms of adsorption capability is assessed using a variety of modifying agents, as shown graphically in Figure 3.

After a series of experiments, it was found that citric acid-treated cellulosic biomass (PWM and PWC) performed better, with the highest CGR adsorption results, and their schematically surface amendment with an increase in COOH through different associations on their surface interfaces is elaborated in Figures 2(a) and 2(b). The chemically modified peels of adsorbents (CPWM and CPWC) were prepared as described in Section 2.3 and stored in plastic jars. It was significant to note that throughout the experimentation, chemically modified adsorbents developed quick adsorption equilibrium at low pH (4-6) due to an increase in protonation on the adsorbent-interface, resulting in more electrostatic associations with anionic dye molecules [CGR'] in the aqueous environment.

#### 3.2. FTIR Analysis

Results of FTIR analysis for all adsorbents before and after removal of dye are presented in Figures 4–6.
3.2.1. FT-IR Screening of Raw Adsorbents. Figures 4(a) and 4(b) illustrate the FT-IR spectra of raw and unmodified adsorbents PWM and PWC, respectively. The moieties for alcoholic functional groups (OH) are depicted in Figure 4(a) by the frequencies at 3775–3600 cm\(^{-1}\) and 2900 cm\(^{-1}\) [41] and Figure 4(b) by the wavenumbers at 3685–3550 cm\(^{-1}\) and 3870 cm\(^{-1}\), respectively. The wavenumbers at 3300 cm\(^{-1}\) and at 1720 cm\(^{-1}\) in Figure 4(a) and at 3285.5 cm\(^{-1}\) and 1685 cm\(^{-1}\) in Figure 4(b) represent the OH for carboxylic acid groups, respectively. The peaks at 1720 cm\(^{-1}\) and at 1685 cm\(^{-1}\) are the signals for C=O groups for COOH moieties [42] in PWM and PWC, respectively. During the study of literature, it was observed that these groups are responsible for the electrostatic associations of the dye molecules during the adsorption mechanism [43].

3.2.2. FT-IR Assessment of Acid-Modified Adsorbents. Figures 5(c) and 5(d) elaborate FT-IR analysis of the citric acid-chelated PWM and PWC adsorbents. The wavenumbers 3860–3720 cm\(^{-1}\) and 3890–3700 cm\(^{-1}\) correspond to the chemical interactions of citric acid molecules with OH groups via chelation on the interfaces of

![Chemical structure of Congo red dye.](image1)

**Figure 1:** Chemical structure of Congo red dye.

![Chemical modification scheme of adsorbents.](image2)

**Figure 2:** (a) Chemical modification scheme of adsorbents. (b) Illustration of chemically treated adsorbent.
CPWM and CPWC, as indicated in Figures 5(c) and 5(d), respectively, providing additional adsorption active sites to interfere with CGR molecules during the adsorption process. The peaks at 3300 and 3250 cm\(^{-1}\) depicted OH groups for COOH moieties, while at 2915 cm\(^{-1}\) and 2880 cm\(^{-1}\) were signals for the presence OH groups of alcohols in CPWM and CPWC, respectively. The strong peaks at 1705 and 1660 cm\(^{-1}\) evidenced the carbonyl groups of COOH on the interfaces of CPWM and CPWC [44], which might be responsible for dye molecule affiliations due to their polarity, whereas signals at 1350 and 1325 cm\(^{-1}\) indicated OH (bending) for alcohols on the surfaces of CPWM and CPWC, respectively [45, 46].

3.2.3. FT-IR Analysis after Adsorption of CGR on Acid-Modified Adsorbents. Figure 6 illustrates the FT-IR evaluation after the adsorption of CGR on chemically treated adsorbents. The frequency range at 3840-3690 cm\(^{-1}\) and 3900-3670 cm\(^{-1}\) represents hydrogen bonds between (\(>\text{C}=\text{O}\)) of carboxylic acid and (\(>\text{NH}_2\)) of CGR, as well as (OH) of tri-carboxylic acid and lone pairs on (\(\text{NH}_2\)) of CGR, respectively [47], under the influence of the low initial pH range between 5 and 6, depicted in Figures 6(f) and 6(h) for CPWM and CPWC, respectively, whereas in Figures 6(e) and 6(g) for PWM and PWC, respectively. This has obviously shown good adsorption performance of CPWM and CPWC due to amendment of surface morphology as compared to their native adsorbents (PWM and PWC) as demonstrated in Figures 3 and 4.
raw and unmodified forms. The adsorption performance of CGR was directly linked to the influence of interactions due to the protonation of COOH on the interfaces of each CPWM and CPWC. The intermolecular associations between CGR and -OH of COOH moieties are also depicted at the wave-numbers 2880 and 2820 cm\(^{-1}\) in Figure 6(f) and 2800 and 2700 cm\(^{-1}\) in Figure 6(h), respectively. Peaks at 1680 cm\(^{-1}\) in Figure 6(f) and 1650 cm\(^{-1}\) in Figure 6(h) indicate the possibility of oxime formation between \((>\text{C}=\text{O})\) of COOH on adsorbent surfaces and \(\text{NH}_2\) of CGR molecules from aqueous solution. As a result, the citric acid modification of both adsorbents performed more efficient and faster adsorption processes than their raw and native forms [48, 49].

3.3. SEM Analysis. Figure 7(a) represents the screening electron micrograph of native, unprocessed PWM. This includes empty spaces, relatively small, imbedded bouts of depression, and thick spiral clusters, while Figure 7(b) demonstrates its citric acid-treated modified form (CPWM), which has been transformed into flannel, flossy, blocky, wavy, and fluffy objects with varying increased numbers of adsorption binding sites for effective and quicker removal of acid dye (CGR) from aqueous solution. As a result, the citric acid modification of both adsorbents performed more efficient and faster adsorption processes than their raw and native forms [48, 49].

3.4. Optimization of Operating Factors. Operational parameters for the assessment of adsorption efficiency of CGR on each PWM, PWC, CPWM, and CPWC were optimized experimentally as under.

3.4.1. Optimization of Biosorbents Dosage. Biosorbent dosage has a significant impact on the efficiency of the adsorption mechanism. The experiments were conducted in four sets of 250-mL Erlenmeyer flasks, and each set included ten flasks containing 25 ppm CGR with a volume of 25 mL.

The biosorbent dosage range of 0.2-2 g was studied with an increase of 0.2 g for each PWM, CPWM, PWC, and CPWC at 40°C, initial pH 4, and 125 rpm agitation speed. The maximal adsorptive removal rate of acid dye was established experimentally as follows: 71.4% removal of CGR on 0.8 g of PWM and 95% removal of CGR on 0.8 g of its acid-treated form, CPWM, whereas 75.7% eradication of CGR on 0.8 g of PWC and 95% on 1.0 g of CPWC illustrated in Figure 8. The decrease in adsorption performance with an increase in adsorbent dosage is due to the rapid establishment of equilibrium between CGR and at the interfaces of each adsorbent due to the many unoccupied adsorption sites as depicted in Figure 8 [50]. The optimized 0.8 g adsorbent dosage for each adsorption case was selected in this investigation.

Figure 5: Comparative FT-IR characterization of citric acid-treated adsorbents ((c) CPWM and (d) CPWC).
3.4.2. Optimization of Contact Time Duration. The effectiveness of the adsorption process is equivalent to the number of accessible binding sites on the interfaces of each PWM, CPWM, PWC, and CPWC.

Figure 9 reveals the determination of 84.3% adsorptive elimination of CGR on PWM at 30 minutes and 95% on its acid modification and CPWM at 25 minutes, whereas 75.7% on PWC at 40 minutes and 97.2% on CPWC at 20 minutes after batch mode experiments. The experiments were conducted by using 25 ppm solutions with a volume of 25 mL on 0.8 g of each adsorbent at 40°C, 125 rpm, and an initial pH of 4. Adsorption declines with time by the unit mass of each adsorbent after a specific frequency owing to equilibrium, leaving numerous empty adsorption binding sites unoccupied [51], as shown in Figure 9.

3.4.3. Agitation Rate Optimization. Another important operational parameter that controlled the adsorption rate for the elimination of CGR from water on PWM, CPWM, PWC, and CPWC was the agitation rate (rpm). This factor was investigated at speeds ranging from 25 to 200 rpm, with a 25 rpm variation at 40°C temperature, and an initial pH of 4 on 0.8 g of each adsorbent dosage.

Figure 10 displays the biosorption removal of CGR as follows: 73.5% on PWM at 125 rpm and 97.2% on its citric acid-modified form CPWM at 125 rpm, whereas 75.7% on native PWC at 125 rpm and 92.9% on its amended formulation at CPWC at 125 rpm, indicating the effective adsorption performance of chemically treated adsorbents as compared to their untreated forms. During the experiments, it was found that fast agitation speeds generated a thin layer of
CGR molecules from the bulk on the surface interface of each adsorbent, which directly decreased the adsorption performance and increased the desorption of CGR [32]. The decrease in percentage adsorption of CGR at high agitation speeds of 125 rpm on CPWM and CPWC and 150 rpm on unmodified adsorbents PWM and PWC is also due to the fast and increased number of collisions of dye molecules on the adsorbent surfaces. The resulting repulsive forces become more operative and significant between free anionic [CGR] molecules in an aqueous system and adsorbed CGR molecules on the interfaces of adsorbents [52]. Furthermore, the negatively charged binding sites on the surfaces of adsorbents also repelled the anionic dye molecules during the high agitation rate. Thus, increased agitation rates quantitatively increase desorption of CGR from the interfaces of adsorbents under the influence of the ion exchange mechanism.

Figure 7: SEM comparison of adsorbents before and after chemical modification as well as dye loading ((a) PWM, (b) CPWM, (c) PWC, (d) CPWC, (e) CGR+ CPWM, and (f) CGR+CPWC).
Therefore, an optimized agitation rate of 125 rpm is determined after repeated experiments for further investigation, as depicted in Figure 10.

3.4.4. Optimization of Temperature for Adsorption Mechanism. Kinetic energy is directly linked with the variation of temperature of the CGR solution and ultimately influences the thermodynamic parameters, resulting in adsorption performance of biosorbents. The biosorption performance was investigated for a temperature range of 10–80°C with a difference of 10°C for 25 ppm CGR solution with a volume of 25 mL on 0.8 g of each biosorbent at 125 rpm and at initial pH 5. A temperature-controlled water bath was employed to keep the temperature stable during the experiment. This experiment was carried out to better understand the physical changes that occur on adsorbents when temperatures rise. To prevent evaporation, the experimental flasks were sealed with Al-foil. The experiment was carried out to better understand the physical changes that occur on adsorbents when temperatures rise.

Figure 11 graphically represents the biosorption results, which are as follows: PWM eliminated 75.7% of CGR at 40°C, and its acid-modified form, CPWM, eliminated 95% of CGR at 30°C, whereas PWC and its acid modification, CPWC, eliminated 80 and 92.9% of CGR, respectively, at 40°C. The adsorption performance decreases after 40°C in each of the cases which can be analyzed in Figure 11. This might be due to devastation, decimation, and disintegration of the structure lignocellulosic biomass of each adsorbent [53]. This behavior can be analyzed for PWM at 60°C which has been shown to have an 80% eradication of CGR, and for PWC, which has shown a decrease in adsorption at 40 to 50°C from 80% to 73.5%, with an afterward increase in adsorption to 80% again at 50 to 60°C. As a result, a temperature of 40°C was determined to be optimal for future adsorption experiments.

3.4.5. Optimization of pH for Adsorption Performance. The adsorption process is specifically correlated to the initial pH of the dye solution [54]. The biosorption potential was examined for a pH range of 1–10, for a 25 ppm CGR solution with a volume of 25 mL on 0.8 g of each biosorbent at optimal temperature, contacting duration, and agitation speed. 0.1 molar of each NaOH or HCl solution was used to regulate pH during the adsorption experiments. Low pH favored protonation at the interface surfaces of each adsorbent PWM, PWC, CPWM, and CPWC, resulting in anions [CGR-] flowing quickly towards adsorbents, overcoming repulsive forces [55, 56].

The amino groups of CGR get chelated with the COOH moieties on the adsorbent surfaces. During batch experiments, it was discovered that at pH 4-6, the adsorption of CGR molecules was quick and promising, but that with a unit one increase in pH 6-10, the results were unfavorable, which could be due to an increase in deprotonation of COOH moieties on adsorbents providing anionic binding sites, resulting in an increase in repulsion against [CGR-] ions in the aqueous system. Figure 12 illustrates graphically the maximum adsorption elimination of CGR on PWM 82% at pH = 4, on CPWM 95% at pH = 4, on PWC 75.7% at pH 4, and on CPWC 93% at pH 4. As a result, the optimal pH value 4 was chosen for future investigations.
3.5. Adsorption Isothermal and Kinetics Investigations. The adsorption of CGR on modified and unmodified adsorbents was investigated by applying Langmuir, Freundlich, and Temkin as well as kinetics models of equilibrium under optimized operational conditions as follows: adsorbent dosage of 0.8 g, initial pH of 4, and 25 ppm CGR solutions with a volume of 100 mL at 40°C and 125 rpm shaking speed.

3.5.1. Interpretation of the Langmuir Adsorption Model. A nonlinear Langmuir isothermal plot ($Q_e$ vs $C_e$) is expressed in Figure 13. The following equation represents nonlinear form of the Langmuir model \[57, 58\], while significant Langmuir parameters are tabulated in Table 3.

\[
q_e = \frac{b \cdot C_e \cdot q_{\text{max}}}{1 + (b \cdot C_e)} \quad \text{(nonlinear),} \tag{8}
\]

\[
q_e = \frac{(C_o - C_e)V}{m}, \tag{9}
\]

\[
R(\%) = \frac{(C_o - C_e)}{C_o} \times 100. \tag{10}
\]

The adsorption capacity and percentage removal ($R\%$) of CGR are calculated from Equations (9) and (10), respectively, where $q_e$ is the adsorbed quantity of CGR and $C_e$ is the quantity of CGR left after adsorption, while $q_{\text{max}}$ (mg g\(^{-1}\)) is the highest adsorption capacity, and $b$ (L g\(^{-1}\)) for adsorption energy, whereas in equation (9), $V$ is the volume of adsorbate in dm\(^3\), while (m) is related to the mass of each adsorbent used in experimental work \[59\]. The correlation coefficients ($R^2$) for the adsorption of CGR on CPWM, PWM, CPWC, and PWC are 0.999, 0.998, 0.997, and 0.988, respectively, and are closer to unity, while the maximum adsorption capacities ($Q_{\text{max}}$) of both citric acid processed adsorbents CPWM and CPWC are 8.3 and 7.95, respectively, compared to their unmodified forms, PWM and PWC, which are 2.23 and 4.32 mg/g, respectively, reflecting the suitability and fitness of this isothermal model for the adsorptive eradication of CGR from aqueous solutions. The $q_{\text{max}}$ of present study is compared with the previous reported data in Table 1. The Langmuir constants "$b$" (adsorption energy) for acid-treated adsorbents CPWM and CPWC are 0.42 and 0.53, which are sufficiently high as compared to unmodified adsorbents PWM and PWC at 0.27 and 0.24 (L g\(^{-1}\)), respectively. These Langmuir constants "$b$" are calculated from the nonlinear mode of Langmuir isotherm Equation (8), reflecting the more adsorption energy and comparatively stronger forces between dye molecules and interfaces of citric acid-treated adsorbents due to the availability of additional COOH moieties. The nonlinear regression analysis results of this isotherm tabulated in Table 3 express the suitability and fitness of this model on equilibrium data.

These statistics and findings relate to monolayer homogeneous adsorption due to a set number of equivalent binding adsorption sites spread on adsorbents surfaces. The standard deviations for PWM, CPWM, PWC, and CPWC are 0.46, 1.003, 0.765, and 1.011, respectively, and are expressed in Figure 14.
3.5.2. Interpretation of the Freundlich Isotherm. The nonlinear form of Freundlich isotherm is shown in Equation (11) and is graphically represented in Figure 15. This isothermal model correlates with the surface heterogeneity and potency of biomass towards adsorption of CGR from aqueous solutions [60, 61].

\[ q_e = K_F C_e^{1/n}, \]  

where Freundlich adsorption constants \( K_F \) (mg. L\(^{-1} \)) \times (L.mg\(^{-1} \))\(^{1/n} \) are associated with adsorption capacity and \( n \) with adsorption intensity. The significant calculated parameters of this isotherm are tabulated in Table 3. The correlation coefficients \( R^2 \) for the adsorptive removal of CGR on PWM and CPWM are 0.99 and 0.99, respectively, while on PWC and CPWC are also 0.99 and 0.99. The higher values of \( K_F \) for citric acid processed adsorbents CPWM and CPWC are 2.4 and 2.5 (mg. L\(^{-1} \)) \times (L.mg\(^{-1} \))\(^{1/n} \), respectively, as compared to their unmodified PWM and PWC, which are 0.6 and 1.0 (mg. L\(^{-1} \)) \times (L.mg\(^{-1} \)), respectively, indicating the more surface heterogeneity. The significant parameters are tabulated in Table 3.

3.5.3. Interpretation of the Temkin Isotherm. The heat of adsorption \( B_T \) of CGR on untreated and chemically treated adsorbent surfaces was linearly reduced as dye molecules \([\text{CGR-}]\) progressively covered their interfaces due to their association with active sites [62, 63].

\[ q_e = B_T \ln (K_T C_e), \]  

where Temkin constants \( B_T \) (J/mole) \times (mg.g\(^{-1} \))\(^{-1} \) and \( K_T \) (L.g\(^{-1} \)) are calculated by using the nonlinear relation shown in Equation (12) [64] and by plotting \( (q_e \text{ vs } C_e) \) as illustrated in Figure 16.
where $B_T = RT/b$ (kJ/mol$^{-1}$) shows the heat of adsorption, while $K_T$ is the equilibrium binding constant. The heat of adsorption ($B_T$) values calculated from nonlinear Equation (12) are tabulated in Table 3, which determine the nature of the interactions of dye on the surfaces of each modified and unmodified adsorbent [65]. The greater values of $B_T$ of 1.4 and 1.3 J/mole for modified adsorbents CPWM and CPWC, respectively, indicate the stronger adsorbate-adsorbent associations as compared to their unmodified forms PWM and PWC, which are 0.53 and 0.55 J/mole tabulated in Table 3. Furthermore, the nonlinear regression analysis correlation coefficients ($R^2$) for all adsorbents CPWM, CPWC, PWM, and PWC are very close to unity, indicating the suitability and fitness of the Temkin isotherm.

Heat of adsorption ($B_T<8$) values for the adsorption during the adsorbate-adsorbent interactions indicating physio-sorption rather than chemisorption [66, 67]. The equilibrium binding constant $K_T$ value corresponding to maximum binding energies for adsorption of CGR on CPWM is 6.2 L/g and on PWM is 2.2 L/g, while 8.0 L/g on CPWC and 11.3 L/g on PWC, as tabulated in Table 3, also reflecting suitability and fitting of Temkin isothermal model along with the Langmuir isotherm.

### 3.5.4. Adsorption Kinetic Investigation

(1) **Pseudo First Order.** Lagergren nonlinear equation of pseudo first order is displayed in Equation (13), while its graphical plot is shown in Figure 17 [68, 69], and the significant parameters are listed in Table 4.

$$q_t = q_e \left(1 - e^{-k_1 t}\right),$$

(13)

where $q_e$ is the equilibrium adsorption capacity (mg/g) and $q_t$ is the adsorption capacity (mg/g) at time $(t)$ min$^{-1}$ and $k_1$ indicates the rate constant (g.mg$^{-1}$.min$^{-1}$) [70].

Figure 16 graphically exhibits a nonlinear plot between $q_t$ vs $t$, and the resulting calculated parameters are tabulated in Table 4. The correlation coefficients ($R^2$) are close to unity and the rate of reaction (K1) for each CPWM, CPWC, PWM, and PWC which are 0.353, 0.0802, 0.078, and 0.160 (per minute). The calculated equilibrium adsorption capacity ($q_e$, mg/g) differs from the experimental ($q_e$, mg/g) in all acid-modified (CPWM, CPWC) and unmodified (PWM, and PWC) adsorbents, indicating that this kinetic model on equilibrium data is unsuitable for adsorptive removal of CGR.

(2) **Pseudo Second Order.** Nonlinear relation of pseudo second order proposed by HO and McKay is depicted in the equation as follows [71, 72] and graphically in Figure 18. The effective parameters are tabulated in Table 4.

$$q_t = \left[\frac{(k_2.q_e^2.t)}{(1+k_2.q_e.t)}\right],$$

(14)

where $q_e$ is the equilibrium adsorption capacity (mg/g) and $q_t$ is the adsorption capacity (mg/g) at time $(t)$ min$^{-1}$ and $K_2$ (g.mg$^{-1}$.min$^{-1}$) indicates the rate constant of experimental outcomes.

The calculated equilibrium adsorption capacity ($q_e$) is nearly close to the experimental equilibrium adsorption capacity ($q_e$), for the adsorption of CGR on CPWM, PWM, CPWC, and PWC, and is 0.84, 0.452, 0.61, and 0.43 mg/g, respectively, reflecting the fitness of pseudo second-order kinetics on equilibrium data of adsorption [73]. Furthermore, the correlation coefficients ($R^2$) for adsorptive removal of dye molecules on all acid-modified and non-modified adsorbents are 0.99 close to unity and are listed in Table 4, indicating the well fitness of pseudo second order than the pseudo first-order kinetics mechanism.

To assess the validity of equilibrium data, the root mean square errors for all cases of CGR adsorptive removal are determined using Equation (15) [74], and the percent relative deviation ($P$) values are calculated using Equation (16) [75] to assess the reliability of the adsorption findings.
ΔC to authenticate and validate equilibrium data [77]. The enthalpy change, entropy change, Gibbs free energy, and graphical representation of thermodynamic parameters such as enthalpy change, entropy change, Gibbs free energy, and activation energy were also investigated during experiments for second-order kinetics support its appropriateness and fitness over first-order kinetics [76].

\[
\text{RMSE} = \sqrt{\frac{1}{N} \sum_{i=1}^{N} (q_{i,\text{cal}} - q_{i,\text{exp}})^2},
\]

\[
P = \frac{100}{N} \sum_{i=1}^{N} \left( \frac{q_{i,\text{exp}} - q_{i,\text{cal}}}{q_{i,\text{exp}}} \right).
\]

### Table 4: Nonlinear comparative study of kinetic parameters for detoxification of CGR.

<table>
<thead>
<tr>
<th>Kinetic adsorption</th>
<th>CGR on CPWM</th>
<th>CGR on PWM</th>
<th>CGR on CPWC</th>
<th>CGR on PWC</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Pseudo first order</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(R^2)</td>
<td>0.99</td>
<td>0.99</td>
<td>0.99</td>
<td>0.99</td>
</tr>
<tr>
<td>(q_e) (mg g(^{-1})) (exp.)</td>
<td>0.688</td>
<td>0.513</td>
<td>0.624</td>
<td>0.438</td>
</tr>
<tr>
<td>(q_e) (mg g(^{-1})) (cal.)</td>
<td>0.613</td>
<td>0.417</td>
<td>0.428</td>
<td>0.356</td>
</tr>
<tr>
<td>(k_1) (per min.)</td>
<td>0.353</td>
<td>0.078</td>
<td>0.0802</td>
<td>0.160</td>
</tr>
<tr>
<td>RMSE</td>
<td>0.0014</td>
<td>0.0012</td>
<td>0.0014</td>
<td>0.0014</td>
</tr>
<tr>
<td>(P)</td>
<td>0.823</td>
<td>1.422</td>
<td>0.817</td>
<td>1.76</td>
</tr>
<tr>
<td><strong>Pseudo second order</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(R^2)</td>
<td>0.99</td>
<td>0.99</td>
<td>0.99</td>
<td>0.99</td>
</tr>
<tr>
<td>(K_2) (g mg(^{-1}).Min(^{-1}))</td>
<td>0.071</td>
<td>0.038</td>
<td>0.051</td>
<td>0.036</td>
</tr>
<tr>
<td>(q_e) (mg g(^{-1})) (exp.)</td>
<td>0.688</td>
<td>0.513</td>
<td>0.624</td>
<td>0.438</td>
</tr>
<tr>
<td>(q_e) (mg g(^{-1})) (cal.)</td>
<td>0.844</td>
<td>0.452</td>
<td>0.605</td>
<td>0.427</td>
</tr>
<tr>
<td>RMSE</td>
<td>1.391</td>
<td>0.003</td>
<td>0.004</td>
<td>0.006</td>
</tr>
<tr>
<td>(P)</td>
<td>-0.0002</td>
<td>0.911</td>
<td>0.228</td>
<td>0.184</td>
</tr>
</tbody>
</table>

3.6. Adsorption Thermodynamic Investigations. Nonlinear graphical representation of thermodynamic parameters such as enthalpy change, entropy change, Gibbs free energy, and activation energy was also investigated during experiments to authenticate and validate equilibrium data [77]. Temperature changes correlate with the diffusion, kinetic energy, and angular velocity of CGR in the aqueous phase. This property influences the efficiency of the adsorbents for the adsorption removal mechanism of Congo red dye molecules because of the pervious and rubbery, squishy, and porous surface of hemicellulose and adsorbent peels. The statistical results of the calculated thermodynamic parameters \(\Delta G^0\), \(\Delta H^0\), \(\Delta S^0\), and \(\Delta E_p\) by using Equations (17), (18), (19), and (20) are listed in Table 5 and are graphically represented in Figure 19.

The Gibbs free energy calculated from Equation (17) [53], for the adsorption of CGR on chemically modified biosorbents CPWM (-13.7, -6.67, and -4.95 kJ mol\(^{-1}\)) and CPWC (-8.95, -5.9, and -4.5 kJ mol\(^{-1}\)), as compared to their unmodified forms, PWM (-7.4, -5.3, and -4.1 kJ mol\(^{-1}\)) and PWC (-6.5, -4.8, and -3.7 kJ mol\(^{-1}\)) at 298, 308, and 318 kelvin temperatures, respectively, suggests that the process is spontaneous in standard conditions. [67].

\[
\Delta G^0 = -RT \ln K_D,
\]

\[
\ln K_D = \frac{\Delta S^0}{R} - \frac{\Delta H^0}{RT},
\]

\[
K_D = \frac{C_o - C_e}{C_e}.
\]

The distribution coefficient \((K_D)\) was determined from the relation shown in Equation (19), where \(C_o\) and \(C_e\) are the initial and equilibrium concentrations of CGR solutions, respectively, whereas \(R\) is the universal gas constant and \(T\) is the temperature in kelvin in Equation (17). The change in enthalpy \((\Delta H^0)\) varied between 2.1 and 20.9 kJ mol\(^{-1}\), exhibiting physio-sorption, and from 80 to 200 kJ mol\(^{-1}\), exhibiting chemisorption [78]. Therefore, exothermic enthalpy changes calculated from Equation (18), for adsorptive eradication of CGR on citric acid-processed biosorbents CPWM (-145 kJ mol\(^{-1}\)) and on unprocessed PWM is (-57 kJ mol\(^{-1}\)), whereas on CPWC is (-76 kJ mol\(^{-1}\)) and on its raw form is (-48 kJ mol\(^{-1}\)) indicating the chemisorption adsorption mechanism. The higher the \(\Delta H^0\) value for citric acid treated biosorbents in comparison to their raw peels reflecting the
tighter adsorbate-adsorbent interactions at their surface interfaces, resulting in the efficient eradication of CGR from the water system. The contortion and deformation at the adsorbate-adsorbent interface associated with entropy change ($\Delta S^0$) is also calculated from Equation (25) [79, 80]. High calculated $\Delta S^0$ for adsorptive removal of CGR by CPWM and CPWC is 443 and 225 Jmol $^{-1}$ K$^{-1}$, respectively, as compared to 168 Jmol $^{-1}$ K$^{-1}$ for PWM and 138 Jmol $^{-1}$ K$^{-1}$ for PWC, respectively, listed in Table 5.

The increased energies of activation ($\Delta E_a$) calculated from Arrhenius Equation (20), for the removal of CGR from the aqueous environment on acid-treated CPWM and CPWC, are 145 and 76 kJmol$^{-1}$, respectively, whereas on PWM and PWC are 57 and 48 kJmol$^{-1}$, respectively, indicating the fast and efficient adsorptive removal of CGR on citric acid-treated adsorbents [81]. The adsorption capacity $q_{\text{max}}$ of present investigation is compared with the previous reported data in Table 1.

\[
\ln K = \ln A - \frac{E_a}{RT}
\]  

3.7. Adsorption Mechanism. Various new additionally provided functional groups including, -OH, -COOH, >C=O, NH$_2$ on the surfaces interfaces of chemically modified adsorbents have been contributed a vital and central role in the adsorptive eradication of CGR from aqueous solutions [82, 83]. CGR, being an acidic as well as an anionic dye, was repelled by the anionic adsorption sites on adsorbents relatively at the high initial pH of the solutions. Protonation of adsorbents at pH 4-5 favors and influences the anionic molecules [CGR$^-$] of dye propelled towards the active adsorbent sites of adsorbents, resulting in an increased rate of adsorption performance as schematically shown in Figure 20.

After the assessment and evaluation of numerous experimental results, it was concluded that the adsorption mechanism is primarily linked with both chemisorption and physio-sorption. Chemisorption is associated with chelation reactions between the amino groups (NH$_2$) of CGR molecules and excessive as well as additionally provided carboxylic acid groups (COOH) to citric acid-treated adsorbents [84], whereas physio-sorption is linked with electrostatic interactions such as hydrogen bonding between >C=O of carboxylic acid moieties on adsorbents and partially positively charged hydrogen atoms (H-N-H) of CGR in aqueous solutions [85], as illustrated in the proposed mechanism in Figure 20.

3.8. Desorption. Desorption of CGR from exhausted adsorbents was conducted by using different eluents which have capability to break the adsorbate-adsorbent interactions for their further use and to assess the change in their adsorption performance. The most appropriate and promising desorbing agent, 0.1 M NaOH, has been used for CGR desorption from the used adsorbents [86], whereas the high concentration has been avoided because it could damage and degrade the alignment and crystalline structure of cellulosic biomasses, causing a drop in their adsorption performance [87]. The maximum desorption CGR recorded in this

<table>
<thead>
<tr>
<th>Adsorption of CGR on adsorbents</th>
<th>T (K)</th>
<th>$K_D$</th>
<th>$\Delta G$ (kJ/Mol)</th>
<th>$\Delta H$ (kJ/Mol)</th>
<th>$\Delta S$ (J Mol$^{-1}$ K$^{-1}$)</th>
<th>$E_a$ (kJ/Mol)</th>
</tr>
</thead>
<tbody>
<tr>
<td>CGR on CPWM</td>
<td>298</td>
<td>0.004</td>
<td>-13.7</td>
<td>-145</td>
<td>443</td>
<td>145</td>
</tr>
<tr>
<td></td>
<td>308</td>
<td>0.074</td>
<td>-6.67</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>318</td>
<td>0.154</td>
<td>-4.95</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>CGR on PWM</td>
<td>298</td>
<td>0.05</td>
<td>-7.4</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>308</td>
<td>0.126</td>
<td>-5.3</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>318</td>
<td>0.214</td>
<td>-4.1</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>CGR on CPWC</td>
<td>298</td>
<td>0.027</td>
<td>-8.95</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>308</td>
<td>0.099</td>
<td>-5.9</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>318</td>
<td>0.183</td>
<td>-4.5</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>CGR on PWC</td>
<td>298</td>
<td>0.074</td>
<td>-6.5</td>
<td></td>
<td></td>
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</tr>
<tr>
<td></td>
<td>308</td>
<td>0.154</td>
<td>-4.8</td>
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<tr>
<td></td>
<td>318</td>
<td>0.247</td>
<td>-3.7</td>
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</tbody>
</table>

Figure 19: Nonlinear adsorption thermodynamic approach.
investigation was 87% for CPWM, 85% for CPWC, 80% for PWM, and 75% for PWC.

Figure 21 shows that the adsorptive performance of adsorbents decreased with an increase in the number of cycles for each adsorbent. Desorption of [CGR'] anions was greatly increased by the deprotonation of adsorbents in the pH range of 4–12, due to repulsion towards negatively binding sites of adsorbents by an ion exchange mechanism. The desorption capacity of both adsorbents and the percentage desorption of CGR were calculated from the following equations:

\[ q_{\text{desorption}} \left( \text{mg} \cdot \text{g}^{-1} \right) = \frac{V \times C_{\text{desorption}}}{\text{Mass}_{\text{adsorbent}}}, \]

\[ \text{Desorption(%) of dyes} = \frac{q_{\text{desorption}}(\text{mg} \cdot \text{g}^{-1})}{q_{\text{adsorbed}}(\text{mg} \cdot \text{g}^{-1})} \times 100. \] (21)

4. Conclusion

The peels of watermelon (PWM) and water Chestnuts (PWC) were dried, sieved, and chemically modified with citric acid containing tricarboxylic groups for the adsorption eradication of harmful, venomous, unfriendly, lethal, and tragic, Congo red dyestuffs from the aqueous environment. In this study, the surface orientation of various functional groups and the crystallinity of the peels were evaluated through FT-IR and SEM characterizations. In comparison to the Freundlich statistical data, the Langmuir and Temkin models seem to be more suited for the adsorptive elimination of CGR from aqueous solutions. The correlation coefficients for nonlinear Langmuir, Freundlich, and Temkin isothermal studies are close to unity, 0.99 for adsorptive removal of CGR on each CPWM, PWM, CPWC, and PWC. The \( q_{\text{max}} \) for nonlinear Langmuir isothermal studies for CPWM and CPWC are 8.3 and 7.95 mg/g, respectively, which are more effective as compared to 2.23 and 4.32 mg/g for their unmodified forms (PWM and PWC), respectively. However, more negative values for Gibbs free energy for acid-modified adsorbents reflect spontaneity, homogeneous, and monolayer adsorption mechanisms. The greater values of BT, 1.4 and 1.3 J/mole, for adsorptive removal of dye on CPWM and CPWC, respectively, as compared to their unmodified forms, PWM and PWC, which are 0.53 and 0.55 J/mole, respectively, indicate the stronger adsorbate-adsorbent associations. The adsorption mechanism follows...
pseudo-second-order kinetics as the differences between calculated and experimental \( q_e \) (mg/g) are negligible for the adsorptive removal of CGR on CPWM, CPWC, PWM, and PWC, indicating the better fitness of equilibrium data in pseudo second-order kinetics than in first-order mechanism. Moreover, the lowest values for both RMSE and \( P \) for second-order kinetics support its suitability and acceptability over first-order kinetics. The calculated \( \Delta H_0^r \) for CPWM and CPWC is -145 and -76 kJ/mole, respectively, as compared to PWM and PWC at -57 and -48 kJ/mole, reflecting the stronger adsorbate and adsorbent interactions as well as an exothermic adsorption mechanism. These findings suggest that the CPWM and CPWC adsorbents, which have been treated with citric acid, might be used effectively to remove Congo red dye from wastewater.

**Abbreviations**

CGR: Congo red dye  
PWM: Peels of watermelon  
PWC: Peels of water chestnuts  
CPWM: Citric acid-treated peels of watermelon  
CPWC: Citric acid-treated peels of water chestnuts  
\( \text{pH}_{\text{pzc}} \): Point of zero charge  
FT-IR: Fourier transform-infrared spectroscopy  
SEM: Scanning electron microscopy  
RMSE: Root mean square errors  
\( P \): Percent relative deviation.

**Data Availability**

All data related to this work is presented in results section along with references.

**Conflicts of Interest**

We have no conflicts of interest regarding the publication of this paper.

**Acknowledgments**

We are thankful to COMSAT, Lahore, and LUMS for analysis services.

**References**


