

**Supplementary Material**

**Questions about headaches**

25) On how many **days** per month are you perceiving **headaches**?

On about \_\_\_\_\_ days/month

26) Which **pain medication** are you taking because of your headaches?

Primary medication (1): \_\_\_\_\_

Secondary medication (2): \_\_\_\_\_

27) On **how many days per month** are you taking these medications?

medication **1** on about \_\_\_\_ days/month

medication **2** on about \_\_\_\_ days/month

**Questions about the relationship between tinnitus and headache**

28 ) Is your headache on one or predominantly one-sided ?

Yes  No

If so, which side :  right  left

Is your tinnitus unilateral or predominantly one-sided ?

Yes  No

If so, which side :  right  left

29 ) Did your headaches start earlier than the tinnitus

Yes  No ( If no, go to question 30 )

In which year did headache and tinnitus start?

Onset of headaches : \_\_\_\_\_

Onset of tinnitus : \_\_\_\_\_

With the onset of tinnitus headaches  got worse  got better  remained unchanged

29 ) Did your tinnitus start earlier than your headaches

Yes  No ( If no, go to question 32 )

In which year did tinnitus and headache start ?

Onset of tinnitus : \_\_\_\_\_

Onset of headaches : \_\_\_\_\_

With the onset of headaches tinnitus  got worse  got better  remained unchanged

31) Is there a relationship between headaches and tinnitus over time?

when the tinnitus is stronger, the headaches are worse ( and vice versa )

when the tinnitus is stronger , the headaches are better ( and vice versa )

no relationship

another relationship