



	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
Chen Rongban 2015	?	?	+	+	-	+	+
Chen Shengmei 2015	+	?	+	+	+	+	+
Chen Yuji 2015	?	?	+	+	+	+	+
Cui Yunxia 2015	+	?	+	+	+	+	+
Francesco Zaja 2010	?	?	+	+	+	+	+
Liu Kaige 2012	?	?	+	+	+	+	+
Meng Jingye 2017	?	?	+	+	?	-	+
Sif Gudbrandsdottir 2013	+	+	+	+	?	+	+
Yang Huijuan 2010	?	?	+	+	+	+	+
Zhang Xiaojuan 2015	?	?	+	+	+	+	+
Zhenyu Li 2011	?	?	+	+	+	+	+

S1_Fig. Risk of bias summary and risk of bias graph according to Cochrane Risk of Bias assessment tool.