Research Article

Thymosin β4 Protects against Cardiac Damage and Subsequent Cardiac Fibrosis in Mice with Myocardial Infarction

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Background. Inflammation is a critical factor in the development and progression of myocardial infarction and cardiac ﬁbrosis. Thymosin β4 (Tβ4) alleviates the disease process via protective antioxidant and anti-inﬂammatory mechanisms. Although Tβ4 has been shown to have a protective effect in myocardial infarction, its impact on cardiac ﬁbrosis has not been well reported. In this study, we evaluated the inﬂuence of exogenous Tβ4 on myocardial infarction and cardiac ﬁbrosis and explored the possible underlying mechanism. Methods. Real-time quantitative reverse-transcription PCR (qRT-PCR), immunohistochemistry (IHC), and Western blot were used to analyze Tβ4 expression in acute myocardial infarction (AMI) cardiac tissues. The effects of intraperitoneal adeno-associated virus-Tβ4 (AAV-Tβ4) on ligation-induced AMI in mice were studied using cardiac function parameters, and RT-PCR, Western blot, HE staining, Masson staining, and IHC were used to assess the degree of myocardial ﬁbrosis. The effects of Tβ4 were conﬁrmed in vitro using mouse cardiac myocytes and myoﬁbroblasts. Results. Tβ4 was shown to be signiﬁcantly elevated in mice AMI cardiac tissues. In mice, AAV-Tβ4 induced exogenous expression of Tβ4 signiﬁcantly reduced oxidative damage, inﬂammation, cardiac dysfunction, and ﬁbrosis. H2O2 inhibited mitophagy and increased inﬂammation in mouse cardiac myocytes via oxidative stress, and Tβ4 substantially reduced mitophagy inhibition and inﬂammosome activation in myocytes caused by H2O2. Furthermore, Tβ4 decreased cardiac myoﬁbroblast growth and reduced TGF-β1-induced activation. Conclusions. AAV-Tβ4 induced expression of Tβ4 reduced inﬂammation, heart damage, and eventual ﬁbrosis in vivo. Tβ4 helped to reduce oxidative stress, promote mitophagy, and alleviate inﬂammation and ﬁbrosis. Exogenous supplementation of Tβ4 might be a promising therapeutic agent for treating myocardial infarction as well as cardiac ﬁbrosis.

1. Introduction

Myocardial ﬁbrosis is characterized by a signiﬁcant accumulation of extracellular matrix (ECM) in the myocardium [1]. Alterations of the cardiac ECM and cardiac remodeling play major roles in the development of cardiac ﬁbrosis [2]. At the site of acute myocardial infarction (AMI), the sudden loss of a large number of cardiomyocytes triggers an inﬂammatory reaction, ultimately leading to the replacement of necrotic myocardium with a collagen-based network [3, 4].

The etiology of cardiac ﬁbrosis has been linked to uncontrolled oxidative stress and the consequent release of proinﬂammatory and profibrotic cytokines [5]. This causes cardiac myocyte injury, which is followed by cardiac myoﬁbroblast proliferation, ECM protein deposition, and interstitial remodeling [6]. Therapy for myocardial infarction and cardiac ﬁbrosis frequently employs antioxidant, anti-inﬂammatory, and antiﬁbrotic medicines. However, no therapeutic strategy has been developed that ensures damaged tissue reversal [7–9].

Thymosin 4 (Tβ4) is a 43-amino acid protein that belongs to the β-thymosin family, which is highly conserved [10]. It is released into body ﬂuids such as tears, saliva, and plasma to regulate cell functions [11, 12]. Tβ4 has been associated with wound healing, inﬂammation, ﬁbrosis, and tissue regeneration, with recent studies suggesting that Tβ4 can help prevent inﬂammation and ﬁbrosis in the eye, skin, lung, and liver [12–15]. Tβ4 is a potent protective factor that can
protect against myocyte damage, promote myocyte regeneration, and inhibit heart inflammation [16, 17]. Heart injury and inflammation are the precursors of myocardial infarction and cardiac fibrosis. Therefore, we propose that Tβ4 might have an anti-apoptotic function in the heart.

Autophagy is a highly conserved mechanism that maintains homeostasis by catabolizing cytoplasmic components, such as defective proteins and organelles [18]. Autophagy contributes to the end of NLRP3 inflammasome activation by targeting reactive oxygen species ROS-producing mitochondria. The process by which mitochondria are degraded by autophagy is called mitophagy [19, 20]. Tβ4 has been found in recent research to reduce inflammation by promoting autophagosome formation and membrane remodeling during autophagy [21], and Tβ4 may potentially protect against oxidative stress by increasing the activity of the antioxidant enzyme Cu-Zn superoxide dismutase (SOD) [22]. However, no research has investigated whether mitophagy contributes to the end of NLRP3 inflammasome in mouse hearts following ligation.

In this study, we first determined the expression of Tβ4 in infarcted mouse heart tissues. Next, the effects of adenovirus (AAV-) mediated ectopic Tβ4 expression on ligation-induced AMI were observed. Moreover, the underlying mechanisms for the anti-fibrotic effects of Tβ4 were explored by in vivo and in vitro experiments.

2. Materials and Methods

2.1. Preparation of Recombinant AAV. An AAV Helper-Free System (Cell Biolabs, San Diego, CA, USA) was used to create self-complementary recombinant adenovirus-associated virus.

The pscAAV-Tβ4 plasmid was created by inserting the coding DNA of human Tβ4 (GenBank NM_021109.3) into pscAAV-MCS, pscAAV-Tβ4, pHelper, and pAAVRC5 were cotransfected into AAV-293 cells using polyethyleneimine (PEI) to produce recombinant AAV carrying Tβ4 (AAV-Tβ4). As a control virus, recombinant AAV containing LacZ (AAV-LacZ) was created. The cells were then collected 72 hours after transfection for viral particle separation, purification, and quantitative examination.

The titers and abundance of recombinant AAV (rAAV) in the heart were determined using TaqMan Universal PCR Master Mix (Applied Biosystems, Foster City, CA, USA). The following primers were used to target the CMV promoter region: 5′-GCTATTAGTCAATCGGTATACATGGT-3′ (forward) and 5′-AGACCTTGAAATCCCCTGGATG-3′ (reverse). 5′-6FAM-AACCGCTATCCAGCCCCATTGATG-TAMRA-3′ was the probe’s sequence. The standard curve approach was used to examine the acquired data.

2.2. Animals. Specific pathogen-free, 6-week-old male C57BL/6J mice, weighing 25–30 g was obtained from the Experimental Animal Center, School of Medicine, Xi’an Jiaotong University. The mice were kept in pathogen free environments with a 12/12 h light/dark cycle, consistent temperature (23 ± 2°C), and humidity, as well as free access to water and normal laboratory food. Before beginning the tests, all of the mice were acclimatized to the abovementioned circumstances for one week. All attempts were made to keep the mice as comfortable as possible.

To investigate the transduction effectiveness of repeated intraperitoneal (IP) rAAV injections, 24 mice were separated into three groups: PBS, AAV-LacZ, and AAV-Tβ4. On day 0, mice in the PBS group received PBS, mice in the AAV-LacZ group received AAV-LacZ (4 × 10¹⁰ viral genome (vg)), and mice in the AAV-Tβ4 group received AAV-Tβ4 (4 × 10¹⁰ vg). On days 14 and 28, two mice from each group were selected at random and euthanized. On day 28, the remaining mice were injected again with AAV-LacZ or AAV-Tβ4, and on day 42, they were euthanized. The hearts of the euthanized mice were excised for further examination (Figure 1(a)).

2.3. AAV-Mediated Tβ4 Expression upon Ligation-Induced AMI. Permanent closure of the left coronary artery of mice was performed as previously reported to generate the ligation-induced AMI mouse model [23]. To examine the expression of Tβ4 in mouse hearts following ligation, 35 mice were divided into normal sham (NS, n = 5) and AMI (n = 30) groups. Five AMI mice were euthanized on days 7, 14, 21, 28, 35, and 42, whereas all NS mice were euthanized on day 7 (Figure 1(b)). Hematoxylin and eosin (HE) and Masson staining, Western blot, and other assays were performed on mouse hearts.

To evaluate the effects of Tβ4 on myocardial infarction and fibrosis, 56 mice were divided equally into four groups: NS, AMI, AMI + AAV-LacZ, and AMI + AAV-Tβ4. The AAV groups received a single IP injection of AAV (AAV-LacZ or AAV-Tβ4, 4 × 10¹⁰vg) for the first time, whereas the other two groups received an equal quantity of normal saline. The animals received sham or permanent closure of the left coronary artery two days later (day 0). Seven mice from each group were euthanized on the seventh day. The remaining mice received a second IP injection of AAV or normal saline on day 26 (four weeks after the first viral delivery) and were euthanized on day 42, with the hearts excised and serum collected for further investigation (Figure 1(c)).

2.4. Measurement of Malondialdehyde (MDA) and Myeloperoxidase (MPO). Commercially available kits (Nanjing Jiancheng Bioengineering Institute, Nanjing, China) were used to detect MDA content and MPO activity in mouse cardiac tissue in line with the manufacturer’s instructions.

2.5. Measurement of Hydroxyproline Content. Commercially available kits (Nanjing Jiancheng Bioengineering Institute, Nanjing, China) were used to determine cardiac hydroxyproline content, which was done according to the manufacturer’s instructions.

2.6. Mouse Cardiac Myocyte and Myofibroblast Isolation

2.6.1. Cardiac Myocyte Isolation. Kasten’s approach was modified to isolate mouse ventricular myocytes, as previously described [24]. The hearts were extracted from 8-week-old mice that had been sedated with ether and then
decapitated. Ventricular tissues were digested overnight in Hanks’ balanced salt solution (HBSS) (Ca²⁺ free; GIBCO BRL, Gaithersburg, MD) with 0.1 percent trypsin (Worthington Biochemical Corp., Freehold, NJ) at 4°C. Repeated digestions of the tissue in 10 mL of 0.1% collagenase in HBSS were used to recover the ventricular cells. Following each digestion, the supernatants were centrifuged for 3 min at 100 g (4°C). The pellets were resuspended in ice-cold HBSS, pooled, and centrifuged for 4 min at 100 g (4°C). To enrich myocytes and reduce contamination by nonmuscle cells, cells were resuspended in Dulbecco’s modified Eagle medium (DMEM) containing 7% heat-inactivated fetal bovine serum (FBS) and preplated twice in T80 flasks (Nunc, Inc., Naperville, IL) for 75 min.

2.6.2. Cardiac Myofibroblast Isolation. Collagenase digestion was used to isolate cardiac fibroblasts, as previously described [25]. In brief, 8-week-old mouse ventricles were chopped into pieces and digested with 0.1% collagenase I for 10 min at 37°C with steady stirring. The supernatants were collected, and the digestion cycle was repeated 6–10 times until all of the tissue was completely dissolved. The cells were pelleted and grown in DMEM supplemented with penicillin and streptomycin and 10% inactivated FBS. The adherent fibroblasts were grown to confluence after the unattached cells were removed 2 h later.

2.7. Measurement of JC-1 Staining and CellROX Evaluation. The JC-1 staining (Thermo Fisher Scientific, Waltham, MA,
USA) method was utilized, which reveals red fluorescence in normal mitochondrial potential and green fluorescence in damaged mitochondrial potential. In 6-well plates, mouse cardiac myocytes were seeded and treated with 400 μM H₂O₂ for up to one hour. JC-1 was added to each well at a concentration of 10 μg/mL and incubated in the dark for 10 minutes at 37°C. The cells were collected and analyzed using a flow cytometer.

The CellROX deep red oxidative stress reagent (Thermo Fisher Scientific, Waltham, MA, USA) was utilized, which is nonfluorescent in a reduced state but produces a strong fluorescent signal when oxidized. In 6-well plates, mouse cardiac myocytes were seeded and treated with 100 μM H₂O₂ for up to 2 hours. Each well received 10 μg/mL Cell-ROX deep red and was incubated for 15 minutes. The cells were collected and analyzed using a flow cytometer.

2.8. Measurement of IL-1β, IL-6, and TNF-α. The levels of IL-1β, IL-6, and TNF-α were determined by enzyme-linked immunosorbent assay (ELISA) using commercially available kits (eBioscience, San Diego, CA, USA) and following the manufacturer’s instructions.

2.9. Cell Culture, Proliferation Assay, and Reagent Treatment. The cardiac myocytes and myobroblasts of mice were grown at 37°C in a 95% air, 5% CO₂-humidified environment. The cells were trypsinized, and 5 × 10^5 cells/well were seeded onto 6-well plastic plates with H₂O₂ (0, 100, 200, and 400 μM), NAC (10 mM), FCCP (10 mM), oligomycin (10 mM), or TGF-1 (5 ng/mL).

The cells were seeded at 500 cells/well onto 96-well plates and allowed to adhere for 24 h. After that, the cells were treated with Tβ4 at various doses (0, 75, or 150 nM) and incubated for another 72 h. The viability of the cells was determined using the cell counting kit-8 (CCK-8) (Dojindo, Kyushu, Japan) test at 24, 48, and 72 h, according to the manufacturer’s instructions. There were three groups in the experiment: blank group, 75 nM Tβ4, and 150 nM Tβ4. Cells from different treatment groups were adjusted to a concentration of 1 × 10⁵ cells/mL and seeded in a 96-well plate at 100 μL/well. Cells were seeded in triplicates for each treatment group. The cells were incubated at 37°C in a 95% air, 5% CO₂-humidified environment for the appropriate duration. 10 μL CCK-8 solution was added to each well, and the cells were incubated for 1–4 h. The absorbance at 450 nm was measured using a plate reader.

2.10. Western Blot. RIPA Lysis Buffer supplemented with complete EDTA-free protease inhibitor cocktail tablets (Roche Applied Science, Basel, Switzerland) and phosphatase inhibitor cocktail tablets (Sigma-Aldrich) were used to extract proteins from cells and mice kidney tissues. SDS-PAGE gels were used to load protein samples, which were then transferred to PVDF membranes. After blocking for 2 h at room temperature in 5% evaporated milk in TBS + 0.1% Tween 20, the membranes were incubated overnight at 4°C with the appropriate primary antibodies in 5% evaporated milk in TBS + 0.1% Tween 20. The principal antibodies utilized were as follows: anti-Thymosin β4 (ab167650, Abcam, Cambridge, UK), anti-α-smooth muscle actin (SMA) (#56856, Cell Signaling Technology, Danvers, MA, USA), IL-1β (#12703, Cell Signaling), PINK1 (#6946, Cell Signaling), anti-Tom40 (H-300, Santa Cruz Biotechnology, Santa Cruz, CA), and β-actin as a loading control (#4970, Cell Signaling). A chemiluminescent substrate was used to create the signals, which were then viewed using X-ray films.

2.11. Immunohistochemistry. On chosen heart sections, immunoreactions were conducted. Antigens were identified by the appropriate primary antibodies: anti-Thymosin β4 (ab167650, Abcam, Cambridge, UK) and anti-α-SMA (#56856, Cell Signaling Technology, Danvers, MA, USA), which were then detected by secondary antibodies. After that, the slides were examined using a Nikon Eclipse microscope (Tokyo, Japan) and coupled to a digital camera.

2.12. Statistical Analysis. The data is presented as a mean ± standard deviation. The SPSS software 13.0 (SPSS, Inc., Chicago, IL, USA) was used for statistical analysis. The normality and homogeneity of the variance were assessed using the Shapiro-Wilk test and the Levene statistic, respectively. Mann–Whitney U tests or t-tests were employed to assess differences between two groups on this basis. Pearson or Spearman correlation tests were used to examine correlations between two quantitative groups. For comparisons between two groups, the χ² test was utilized. P values < 0.05 were considered statistically significant.

3. Results

3.1. The Expression of Tβ4 Is Increased in Mouse Cardiac Tissues. In AMI mice, RT-PCR and Western blot consistently demonstrated that Tβ4 was markedly elevated starting from day 7 after ligation and increased thereafter (Figures 2(a) and 2(b)). The increased expression of Tβ4 was also confirmed by IHC (Figure 2(c)), resulting in a significant increase in the average integrated optical density compared to that of normal tissues.

3.2. Intraperitoneal Injection of Adeno-Associated Virus Transduces Cardiac Heart Tissue. To assess the transduction effectiveness of recombinant adeno-associated virus, we used qRT-PCR to determine the quantity of vector DNA in mouse cardiac tissue. qRT-PCR revealed the expression of vector DNA in AAV-LacZ and AAV-Tβ4 mice compared to NS mice, as shown in Figure 3(a). Western blot revealed higher expression of Tβ4 on days 14 and 42, 14 d after the injection of recombinant adeno-associated virus days 0 and 28. Moreover, the expression of Tβ4 on day 42 was comparable to the expression observed on day 14, indicating that repeated injection of the recombinant adeno-associated virus could be used to achieve prolonged ectopic expression (Figure 3(b)).

3.3. AAV-Tβ4 Protects Mice from Ligation-Induced Infarction, Oxidative Stress, and the Inflammatory Responses. Exogenous Tβ4 reduced the ligation-induced death rate; as all mice survived in the NS group, three mice
died in the AMI group, two mice died in the AMI + AAV-LacZ group, and one mouse died in the AMI + AAV-Tβ4 group by day 42 (Figure 4(a)).

Using echocardiography, a clinically relevant measurement, we demonstrated that AAV-Tβ4 improved the cardiac function of AMI mice. Compared with the AMI or AMI + AAV-LacZ groups, exogenous Tβ4 reduced AMI associated changes in echocardiographic measurements, including the left ventricular internal dimension (LVID) and left ventricular ejection fraction (LVEF) at day 42 (Figure 4(b) and Table 1).

On day 7 and day 42, we discovered that the AMI + AAV-Tβ4 group had lower tissue MDA content than the AMI or AMI + AAV-LacZ groups (Table 2). MPO activity in the tissues, a marker of oxidative stress and neutrophil infiltration, was higher in the AMI group but was reduced by AAV-Tβ4 (Table 2).

TNF-α, IL-1β, and IL-6 in serum were evaluated to further investigate the anti-inflammatory function of Tβ4 in AMI mice; the results revealed that AAV-Tβ4 considerably reduced the expression of these inflammatory mediators (Table 3).

**Figure 2**: Expression of Tβ4 in infarcted mouse heart tissues. The expression of Tβ4 in mouse heart tissues at both mRNA (a) and protein (b) levels. Immunohistochemistry of Tβ4 in normal and infarcted mouse heart tissue (c). Scare bars = 100 μm.

**Figure 3**: Expression of Tβ4 in mouse heart tissues after intraperitoneal (i.p.) administration of an adeno-associated virus containing Thymosin 4. qRT-PCR revealed the expression of vector DNA in NC, AAV-LacZ, and AAV-Tβ4 mice (a). Western blot revealed the expression of Tβ4 in the mouse heart tissues (b).
Exogenous Tβ4 alleviated oxidative stress and the inflammatory response in vivo during the pathogenesis of AMI.  

3.4. AAV-Tβ4 Attenuated Myocardial Fibrosis in Mice. Exogenous Tβ4 reduced ligation-induced heart fibrogenesis in mice, as evidenced by a decreased cardiac hydroxyproline content (Figure 5(a)), milder heart structural damage (Figure 5(c)), reduced Masson-positive staining (Figure 5(d)), and a lower fibrosis score (Figure 5(b)) in the AAV-Tβ4 group compared with the AMI and AMI + AAV-LacZ groups, 42 d following ligation. In comparison to that of the AMI and AMI + AAV-LacZ groups, AAV-Tβ4 dramatically reduced ligation-induced excess expression of α-SMA in the mouse heart, as indicated by RT-PCR (Figure 5(e)), Western blot (Figure 5(f)), and IHC (Figure 5(g)), but AAV-LacZ had no effects.  

3.5. Oxidative Stress Promotes Inflammation and Inhibits Mitophagy in Myocytes. The effect of oxidative stress on myocytes was then investigated. Over one hour, H2O2 (0-
Recent research has found that mitophagy reduces inflammation by blocking the NLRP3 inflammasome. As a result, we investigated whether ROS could trigger inflammatory responses by blocking mitophagy. The use of oligomycin (10 μM), a mitophagy inhibitor, enhanced H$_2$O$_2$-induced IL-1β production; moreover, the use of FCCP (10 μM), a medication that dissipates MMP and induces mitophagy by activating PINK1, protected myocytes against H$_2$O$_2$-induced inflammatory responses (Figure 6(g)).

Because ROS-induced inflammatory responses in myocyte were modulated by mitophagic inhibitor and inducer, we further examined whether ROS regulated mitophagy in myocytes. As the initiator of mitophagy, PINK1 phosphorylates ubiquitin to activate Parkin, which builds ubiquitin chains on mitochondrial outer membrane proteins. Incubation with H$_2$O$_2$ (0-400 μM, 4h) decreased PINK1 expression in a dose-dependent manner, according to our findings. Generally, the amount of Tom40 protein rises when mitophagy is inhibited. Our results showed that Tom40 accumulation was enhanced by H$_2$O$_2$ in a dose-dependent manner (Figure 6(h)).

### 3.6. Tβ4 Attenuated H$_2$O$_2$-Induced Mitophagy Inhibition and Inflammasome Activation and Promoted Proliferation in Myocytes

We first looked at how Tβ4 influences mitophagy and inflammatory responses in myocytes; Tβ4 (150 nM, 4h) reversed the effects of H$_2$O$_2$ (400 μM) on the expression of PINK1 and the accumulation of Tom40 (Figure 7(a)). In myocytes, Tβ4 (150 nM, 4h) inhibited NLRP3 inflammasome activation and IL-1β secretion induced by H$_2$O$_2$ (400 μM) (Figures 7(b) and 7(c)). Tβ4 (75-150 nM, 12h) promoted the development of myocytes in a dose-dependent manner based on a CCK-8 assay (Figure 7(d)).

### 4. Discussion

In the present study, we first provided substantial evidence for the increased expression of Tβ4 in murine models of ligation-induced AMI and cardiac fibrosis. The role of Tβ4 in alleviating hepatic, renal, and cardiac injury and fibrosis has been confirmed in recent studies [16, 26]. The increased production of local Tβ4 in mice is an adaptive response to heart injury, but this increased expression of endogenous Tβ4 might not be sufficient to alleviate heart injury and fibrosis. In the present study, we observed the effects of adeno-associated virus-mediated Tβ4 ectopic expression on ligation-induced AMI and subsequent cardiac fibrosis. Our findings indicated a protective role of Tβ4 against oxidant damage and inflammasome activity, thereby alleviating myocardial infarction and cardiac fibrosis.

Previous studies have revealed the role of oxidative stress in the pathogenesis of cardiac inflammatory responses; the generation of mitochondrial ROS is crucial for NLRP3 inflammasome activation, leading to the release of IL-1β [27]. Under inflammatory conditions, infiltrated and activated inflammatory cells, such as neutrophils, monocytes/macrophages, and eosinophils, can generate ROS via

### Table 3: AAV-Tβ4 alleviates upregulation of inflammatory factors in heart tissues.

<table>
<thead>
<tr>
<th>Day 7</th>
<th>n</th>
<th>IL-1β (pg/mL)</th>
<th>IL-6 (pg/mL)</th>
<th>TNF-α (pg/mL)</th>
</tr>
</thead>
<tbody>
<tr>
<td>NS</td>
<td>7</td>
<td>32.29 ± 2.92*</td>
<td>34.29 ± 3.29*</td>
<td>3.87 ± 0.38*</td>
</tr>
<tr>
<td>AMI</td>
<td>7</td>
<td>55.86 ± 5.16</td>
<td>59.29 ± 5.17</td>
<td>6.36 ± 0.50</td>
</tr>
<tr>
<td>AMI+AAV-LacZ</td>
<td>7</td>
<td>51.57 ± 5.69</td>
<td>58.71 ± 5.58</td>
<td>6.41 ± 0.56</td>
</tr>
<tr>
<td>AMI+AAV-Tβ4</td>
<td>7</td>
<td>38.71 ± 4.02*</td>
<td>40.71 ± 3.90*</td>
<td>3.39 ± 0.41*</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Day 42</th>
<th>n</th>
<th>IL-1β (pg/mL)</th>
<th>IL-6 (pg/mL)</th>
<th>TNF-α (pg/mL)</th>
</tr>
</thead>
<tbody>
<tr>
<td>NS</td>
<td>7</td>
<td>64.32 ± 3.24*</td>
<td>75.56 ± 2.45*</td>
<td>7.02 ± 2.21*</td>
</tr>
<tr>
<td>AMI</td>
<td>4</td>
<td>89.41 ± 3.98</td>
<td>95.43 ± 4.48</td>
<td>18.76 ± 1.96</td>
</tr>
<tr>
<td>AMI+AAV-LacZ</td>
<td>5</td>
<td>90.13 ± 4.65</td>
<td>89.33 ± 3.32</td>
<td>16.53 ± 3.94</td>
</tr>
<tr>
<td>AMI+AAV-Tβ4</td>
<td>6</td>
<td>66.41 ± 5.54*</td>
<td>78.89 ± 3.76*</td>
<td>9.09 ± 1.97*</td>
</tr>
</tbody>
</table>

* P<0.01 vs the AMI or AMI+AAV-LacZ group.
Figure 5: AAV-Tβ4 alleviates ligation-induced heart fibrosis in mice. Detection of cardiac hydroxyproline content (a), fibrosis score (b), HE staining (c), and Masson staining (d) in the NS, AMI, AMI + AAV-LacZ, and AMI + AAV-Tβ4 groups. Expression of α-SMA in the mouse heart tissues detected by rt-PCR (e), Western blot (f), and immunohistochemistry (g). Scare bars = 100 μm.
Figure 6: Continued.
multiple enzymes and reaction pathways, including nicotinamide adenine dinucleotide phosphate oxidases, eosinophil peroxidase, and especially MPO. MPO catalyzes the formation of potent cytotoxic oxidants. The relationship between myocytes, oxidative stress, and inflammation then creates a vicious cycle. Here, our in vitro data demonstrated that ROS promoted inflammation in myocytes, which is consistent with previous findings that myocyte injury leads to the secretion of IL-1β [28]. We also found that H₂O₂ treatment induced ROS generation in myocytes, thereby leading to the activation of the NLRP3 inflammasome, but this effect was alleviated by NAC, an antioxidant.
Although debates exist, inflammation is believed to contribute to the pathological progress of AMI and cardiac fibrosis, especially during the initial period. Infiltration of leukocytes into the heart leads to myocyte dysfunction and tissue damage, which trigger fibrogenic progression. Moreover, infiltrated leukocytes and damaged tissue cells can release proinflammatory cytokines, such as IL-1β, TNF-α, and IL-6, which also exert fibrogenic effects. Similarly, our present study demonstrated that Tβ4 alleviated ligation-induced heart inflammation as well as the production of proinflammatory cytokines, suggesting that the anti-inflammatory potency of Tβ4 contributed to its antifibrotic effect.

Excessive ROS production is a hallmark of many diseases; dysfunctional mitochondria have been implicated in these disorders, acting as both a source and a target of ROS [29]. Mitophagy is a kind of selective autophagy in which damaged or undesired mitochondria are degraded. In this study, myocyte mitophagy was discovered to be impaired, and NAC was found to alleviate this condition. Furthermore, we discovered that FCCP, a mitophagy inducer, inhibited H₂O₂-induced IL-1β production in myocytes, whereas oligomycin, a mitophagy inhibitor, enhanced production. Defective mitophagy leads to the buildup of damaged ROS-generating mitochondria and the activation of the NLRP3 inflammasome. Our data revealed for the first time that ROS promotes inflammation via mitophagy inhibition in myocytes.

Tβ4 has been shown to have antioxidant and anti-inflammatory properties [14, 22]. AAV-Tβ4 induced exogenous expression of Tβ4, which effectively reduced infarction-induced increases in mouse cardiac MPO activity, MDA levels, and proinflammatory cytokines in vivo, according to our findings. Inflammation is thought to have a role in the initial etiology of myocardial infarction and cardiac fibrosis; myocyte dysfunction and subsequent inflammation initiate the fibrogenic process, which results in matrix deposition and heart remodeling [30]. Our data demonstrated that exogenous Tβ4 reduced infarction-induced myocardial damage and cardiac fibrosis in mice and decreased the fibrogenic process in myofibroblasts. In addition to protecting the heart from oxidative injury, our study demonstrated that Tβ4 promoted myocyte growth but attenuated myofibroblast growth. Tβ4 is a key factor in cardiac development, growth, disease, epicardial integrity, and blood vessel formation and has cardioprotective properties. The proliferation-promoting effect of Tβ4 might facilitate the repair of damaged myocytes in a manner that avoids aberrant repair leading to fibrosis. In contrast to promoting the proliferation of myocytes, Tβ4 suppressed the growth of myofibroblasts, which should inhibit the accumulation of ECM and further alleviate fibrogenesis.
In conclusion, our study demonstrated that elevated expression of Tβ4 during heart injury and inflammation serves as a counteracting mechanism to protect against subsequent fibrogenesis. The protective effects of Tβ4 may include the reduction of oxidative stress, the upregulation of miophagy, and the reduction of inflammation. Supplementation of exogenous Tβ4 or enhancing its endogenous expression should be therapeutically beneficial not only to manage infarction-induced myocardial infarction but also to relieve cardiac fibrosis.

**Abbreviations**

ECM: Extracellular matrix  
AMI: Acute myocardial infarction  
Tβ4: Thymosin 4  
ROS: Reactive oxygen species  
SOD: Superoxide dismutase  
AAV: Adeno-associated virus  
NS: Normal sham  
MDA: Malondialdehyde  
MPO: Myeloperoxidase  
α-SMA: α-Smooth muscle actin  
MMP: Mitochondrial membrane potential.

**Data Availability**

On reasonable request, the corresponding author will provide the datasets used and/or analyzed during the current work.

**Ethical Approval**

The experimental procedure was developed in accordance with the Helsinki Declaration’s ethical criteria and was approved by the Human Ethics Committee of Xi’an Jiaotong University. The Local Ethics Committee for the Care and Use of Laboratory Animals of Xi’an Jiaotong University authorized this study, which followed the National Institutes of Health’s criteria and protocols.

**Consent**

Consent is not necessary.

**Disclosure**

The sponsors had no role in the study design and in the collection, analysis, and interpretation of data.

**Conflicts of Interest**

There are no conflicts of interest declared by the authors.

**Authors’ Contributions**

Zhen Tian helped to conceptualize and design the study. Fei Wang and Zhen Tian conducted the experiments. Yajuan He, Fei Wang, and Naijuan Yao were in charge of data analysis. Zhen Tian and Litaoyuan He wrote the initial draft of the manuscript. All writers provided feedback on prior drafts of the text and approved the final version. Fei Wang and Yajuan He contributed equally to this work.

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