

Table 1S: Result of univariable linear regression analysis with CAP as an outcome and sleeping variable as a predictor using a spline term at 6 hours sleep

	Estimate	St. Error	t value	Pr(> t)
(Intercept)	248.0928	12.337	20.111	<0.01
Sleep	3.749	2.369	1.582	0.1396
Sleep-spline1	-15.253	5.901	-2.59	0.024*
Sleep: sleep-spline1	0.7140	0.431	1.66	0.123