

Table 8S: Adjusted comparisons between people more than the age of 50 and those equal or less than 50 years-old in different variables (Liver stiffness, liver steatosis, serum triglyceride values, hemoglobin A1c, serum LDL, weekly metabolic energy expenditure (METs), platelet counts, systolic and diastolic blood pressure)

Covariate	Age>50(mean, CI)	Age<=50 (mean, CI)	P-value
Liver stiffness values	6Kpa (5.7-6.3)	5.48Kpa (5.15-5.8)	0.16
Liver steatosis (mean)(SE)	277dB/m (271-283)	253dB/m (249-258)	0.13
Triglyceride	113mg/dL (105-121)	99mg/dL (94-105)	0.73
Hemoglobin A1c	5.9% (5.8-6)	5.38% (5.445-5.3)	<0.01
LDL	114 mg/dL (109-119)	108mg/dL (105-111)	0.14
METs	3456 Kcal/week (2927-3985)	6339Kcal/week (5610-7068)	<0.01
Platelet	232 (223-242)	245 (239-251)	0.04
Systolic blood pressure	131 mmHg (129-133)	116 mmHg (115-117)	<0.01
Diastolic blood pressure	73 mmHg (72-74)	72 mmHg (71-73)	<0.01