

TABLE 6: Structural Equation Model M6 Factor Loadings, Λ .

Fatty Acids	Men			Women		
	PUFA	SAT	TRANS	PUFA	SAT	TRANS
Ln(C18:3n3)	-0.251	0.142	0.069	-0.364	0.154	0.113
Ln(C20:5n3)	-0.838	0	0	-0.834	0	0
C22:6n3	-0.812	-0.382	0	-0.803	-0.347	0
C20:4n6	0.631	-0.286	-0.209	0.661	-0.284	-0.197
C22:4n6	0.846	0	0	0.822	0	0
C22:5n6	0.815	0	0	0.797	0	0
C14:0	0	0.635	0.055	0	0.782	0.106
C16:0	0	0.736	-0.227	0	0.792	-0.288
C18:0	0	-0.495	-0.016	0	-0.654	0.063
C16:1	0	0.718	0	0	0.805	0
C16:1t	0	0	0.496	0	0	0.538
C18:1t	0	-0.121	0.890	0	-0.178	0.846
C18:2t	0	0.243	0.723	0	0.232	0.736
Factor	Factor Correlations, Ψ					
SAT	-0.186	1	...	-0.255	1	...
TRANS	0.317	-0.151	1	0.380	0.013	1