

Research Article

Long Memory and Fractality in the Universe of Volatility Indices

Bikramaditya Ghosh ¹ and **Elie Bouri**²

¹*SIBM, Symbiosis International University, Bangalore, India*

²*School of Business, Lebanese American University, Beirut, Lebanon*

Correspondence should be addressed to Bikramaditya Ghosh; b.ghosh@sibm.edu.in

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Unlike previous studies that consider the Chicago Board of Options Exchange (CBOE) implied volatility index (VIX), we examine long memory and fractality in the universe of nine CBOE volatility indices. Using daily data from October 5, 2007, to October 5, 2020, covering calm and crisis periods, we find evidence of long memory and fractality in all indices and a change in the degree of volatility persistence, which points to inefficiency. The long memory of the SKEW index is strong before the onset of three crisis periods, but eases afterwards. The findings provide new insights that matter to investment decisions and trading strategies.

1. Introduction

Within the basis of the efficient market hypothesis (EMH) of Malkiel and Fama [1], the weak form efficiency hypothesis points to the inability of investors to exploit information from historical prices to earn consistent abnormal profits. However, the presence of long-term memory is often shown in financial asset returns [2–4], indicating that prices do not respond immediately to the flow of information and that shocks to the volatility process tend to persist. Accordingly, past returns can be used to predict current returns, which challenges the weak form efficiency hypothesis. Furthermore, evidence suggests that biases driven by investor heuristics often cause stock markets to drift from being efficient [5, 6]. Such biases become prominent when investors and fund managers behave irrationally, regardless of their knowledge and expertise, which suggests the importance of mass psychology in driving market inconsistency [5, 6]. Interestingly, implied volatility indices are established to reflect investor psychology, and, thus, the volatility tracking and the pattern identification become quite pertinent. In this regard, the fractal market hypothesis (FMH), developed by Peters [7], relies upon investor behaviour contrary to the EMH that considers investors to be rational (previous studies consider the presence of long-term

memory properties to make inferences in favour of the FMH and thus the possibility of predicting stock prices). In this regard [8], the Hurst exponent is widely used to measure long-term memory properties through its ability to quantify the degree of persistence of similar price change patterns. The FMH was considered during the dot-com bubble of 2001 and the global financial crisis in 2008 (Karp and Van Vuuren, 2019). Studies examining the presence of long memory and efficiency in the wide universe of volatility indices are very limited. For example, Caporale et al. [9] have showed the persistence in the Chicago Board Options Exchange (CBOE) VIX. Bogdan et al. [10] have studied the efficiency of the VIX index and provided evidence of substantial change in its efficiency during 2020. However, understanding the dynamics of volatility is important for decisions regarding equity valuation, hedging, and risk management, especially given the wide universe of volatility indices that has been extended to include not only the well-established Chicago Board Options Exchange CBOE VIX but also other important indices for leading US equity indices (the VXN for the NASDAQ 100, the VXO for the S&P 100, the VXD for the Dow Jones Industrial average, the RVX for the Russell 2000, and the OVX for the crude oil price) as well as the volatility of the VIX (VVIX), the Premium Strategy Index (VPD), and the SKEW index. While volatility

indices are time-varying, a key question concerns the persistence of their levels and the evolution of their efficiency. Our goal is to extend the scarce literature by Hurst exponent using the autoregressive fractionally integrated moving average (ARFIMA) model considering the wide universe of volatility indices covering VIX, VXN, VXO, VXD, RVX, VPD, OVX, VVIX, and SKEW. We do that for various defined samples of daily data covering the period October 5, 2007, to October 5, 2020, which includes tranquil and crisis periods. Methodologically, we employ the Hurst exponent based on the autoregressive fractionally integrated moving average (ARFIMA) model and the fractal dimension as an additional confirmatory tool.

Our current study is related to studies considering market persistence and efficiency in stock market indices [2–4, 11], cryptocurrencies [12], and economic uncertainties [13]. For implied volatility indices, Caporale et al. [9] have shown first empirical evidence on the persistence in the CBOE VIX. Our paper is more comprehensive given its inclusion of more CBOE volatility indices such as the VXN, VXO, VXD, RVX, VPD, OVX, VVIX, and SKEW, as well as its coverage of the COVID-19 outbreak period. It extends our limited knowledge of the behaviour of implied volatility indices by considering the persistence of a large set of volatility indices using long-memory methods. This is informative for policymakers and practitioners regarding market efficiency and predictability. In fact, evidence of predictability reflects evidence of market inefficiency [9], which can be exploited by crafting trading strategies to earn abnormal profits in CBOE volatility indices that are mostly tradeable. Furthermore, evidence of long-memory properties matters to derivative traders and risk managers [14].

2. Data and Methodology

2.1. The Dataset of Volatility Indices. The CBOE followed the market clues back in 1973 and introduced its first implied volatility index (VIX) for S&P 500 in 1993. The VIX was perfected in the next decade, with a change in its methodology. Known as the market fear gauge, the VIX has predictive power over stock returns (e.g., [15, 16]). Subsequently, the CBOE launched NASDAQ-100 based VXN at the onset of the dot-com bubble back in 2001, and later on it developed the RVX as a near term implied volatility index for the Russell 2000 in 2004 and the VXD for the Dow Jones Industrial Average in 2005. The VXO followed soon, reflecting the implied volatility of the S&P 100. Interestingly, the CBOE developed the SKEW or Black Swan Index from the tail risk of the S&P 500. VVIX measures the volatility in VIX itself. OVX was developed in 2007 to predict volatility related to crude oil. VPD, or the Premium Strategy Index with a modified VIX (auto-account sell on every 1 month), was also introduced in 2007. Thus, this basket of volatility measures covers virtually all the known volatility universe. Hence, long-memory investigation of such a universe could lead to persistence.

Daily closing levels of nine volatility indices (VIX, VXN, VXO, VXD, RVX, VPD, OVX, VVIX, and SKEW) are

extracted from the CBOE (<http://www.cboe.com>). The sample period is October 5, 2007, to October 5, 2020, determined by data availability, yielding 3,354 data points for each index. The rationale behind the selection of these nine volatility indices is the difference not only in their underlying assets (e.g., Russell 2000, DJIA, S&P 500, S&P 100, NASDAQ, Crude Oil ETF, Premium Strategy, Tail Risk Index, and volatility of volatility index) but also in their construction, for example, the Premium Strategy index and the Tail Risk Index.

Figure 1 depicts the time plot of the nine volatility indices under study. Notably, there is a large spike in the levels of VIX, VXN, VXO, VXD, RVX, OVX, and VVIX around the COVID-19 outbreak in early 2020, whereas a drop is shown for the Capped VIX Premium Strategy Index (VPD) around that time, which reflects the performance of a strategy that overlays a sequence of short, one-month VIX futures. The SKEW index, which generally fluctuates between 100 and 150 points, reached the 150 level a few times around the COVID-19 outbreak, reflecting the overall fear in the US market and thus the fact that the implied volatilities for the out-of-the-money (OTM) puts were much higher than those of the OTM calls.

In our empirical analysis, we consider the pre-COVID-19 outbreak period covering March 1, 2019, to December 31, 2019 (212 daily observations) and the during COVID-19 outbreak period covering January 1, 2020, to November 2, 2020 (212 daily observations). Accordingly, two windows of equal length of 212 daily observations in the pre-COVID-19 and during COVID-19 periods are put to test, which help unravel the degree of long memory during the pandemic.

The summary statistics of the level series for the nine volatility indices are presented in Table 1. Apparently, the most (least) volatile index is the VPD (VIX). All indices are non-normally distributed as evidenced by the Jarque–Bera statistics, which points to the suitability of applying the Hurst exponent. However, SKEW tends to be mesokurtic in nature. Skewness and kurtosis values are largest for the OVX, which might be due to its unprecedented spike when crude oil prices collapsed to negative territories during the COVID-19 outbreak and the oil price war between Saudi Arabia and Russia. Except for VPD, all volatility series are stationary as shown by the augmented Dickey–Fuller (ADF) test. Therefore, we conduct the analysis of the VPD based on its first difference to ensure stationarity (unreported results from the ADF test show that the first differences of the VPD index are stationary at the 1% level of significance), whereas for the rest of indices the analysis is conducted with level series.

2.2. Methodology. The ARFIMA model is a parametric method used to examine the long-memory trait in time series [14, 17]. In the ARFIMA (p, d, q) model, p represents the lag of autoregression, q represents the lag of moving average, and d is the fractional integrating parameter. The ARFIMA (p, d, q) model can be expressed as a generalization of the ARIMA model as follows: $\varepsilon_t = m_t \sigma_t$, where $m_t \sim N(0, 1)$

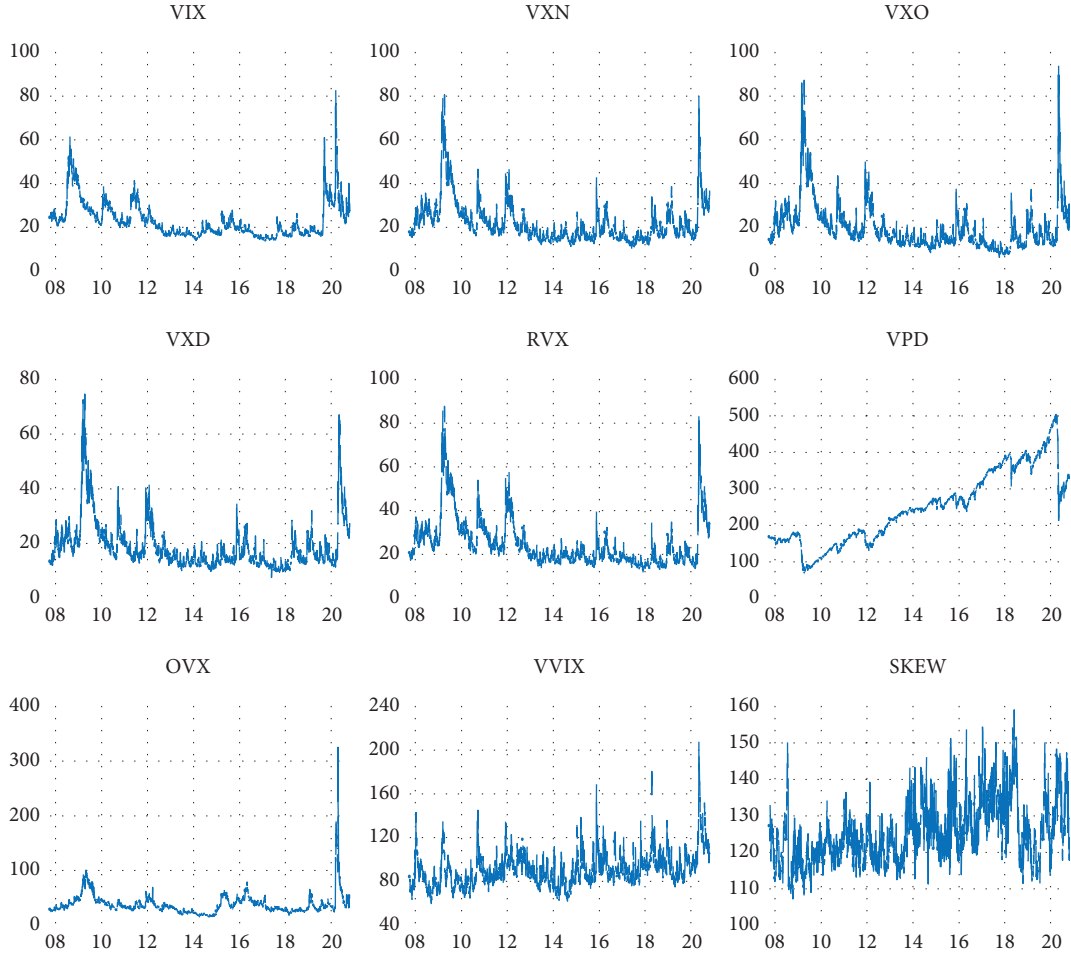


FIGURE 1: Levels of the nine volatility indices from October 5, 2007, to October 5, 2020.

TABLE 1: Descriptive statistics for the levels of the nine CBOE volatility indices.

Volatility index	Mean	Max	Min	SD	Skewness	Kurtosis	Jarque-Bera	ADF test
VIX	23.148	82.690	13.750	8.199	1.934	8.360	6106.486*	-4.468*
VXN	22.046	80.640	10.310	9.324	2.318	10.449	10758.400*	-5.022*
VXO	19.790	93.850	6.320	10.650	2.498	11.674	14004.380*	-5.067*
VXD	18.877	74.600	7.580	8.867	2.442	10.562	11323.660*	-4.212*
RVX	24.975	87.620	11.830	10.965	2.037	8.020	5842.102*	-4.355*
VPD	248.506	500.010	69.260	99.828	0.367	2.246	154.767*	-1.232
OVX	37.975	325.150	14.500	19.209	4.463	39.260	194874.000*	-5.333*
VVIX	90.860	207.590	59.740	15.508	1.527	8.245	5147.311*	-9.48*
SKEW	125.401	159.030	107.230	8.285	0.702	3.146	278.5628	-8.681*

Note: the sample period is October 5, 2007, to October 5, 2020, yielding 3,354 daily observations. * denotes significance at the 5% level. ADF test is conducted with intercept.

$$\phi(B)(1-B)^d Y_t = \theta(B)\varepsilon_t, \quad (1)$$

where Y_t is the state output represented by the time series, $\Phi(B)$ and $\Theta(B)$, respectively, represent autoregressive and moving average operators, with B being the lag operator; d is the fractional parameter that varies between -0.5 and $+0.5$, which is also called the memory parameter because it regulates the long-memory property of the time series; and ε_t represents the white noise term. According to Hosking [17],

whenever $-0.5 < d < 0.5$, then Y_t is mean reverting. We use a fixed window method (calendar year) to calculate the long-memory parameter with the local Whittle estimator of Robinson [18]. The strength of the long-range dependence is calculated by the fractional integration parameter d .

Furthermore, we calculate the Hurst exponent $H \approx d + 0.5$ [19] (as argued by Torre et al. (2007), "ARFIMA modelling provides an interesting method for estimating fractal exponents") to evaluate the long-memory intensity. H varies

TABLE 2: Hurst exponent and fractal dimension values for the nine CBOE volatility indices.

Year	H_{VIX}		H_{VXXN}		H_{VXXO}		H_{VXD}		H_{RVX}		H_{VPD}		H_{OVX}		H_{VVIX}		H_{SKEW}	
	Hurst	Fractal	Hurst	Fractal	Hurst	Fractal	Hurst	Fractal	Hurst	Fractal	Hurst	Fractal	Hurst	Fractal	Hurst	Fractal	Hurst	Fractal
2007	0.9913	1.0087	0.9015	1.0985	0.8794	1.1206	0.8998	1.1002	0.9049	1.0951	0.5643	1.4357	0.8516	1.1484	0.9549	1.0451	0.9073	1.0927
	0.0002	1.0008	0.0550	1.0127	0.0539	1.0132	0.0545	1.0112	0.0554	1.0117	0.0796	1.0269	0.0688	1.0117	0.0437	1.0528	0.0543	1.2051
2008	0.9992	1.0000	0.9873	1.0127	0.9868	1.0132	0.9888	1.0112	0.9883	1.0117	0.9732	1.0269	0.9883	1.0117	0.9472	1.0528	0.7949	1.2051
	0.0000	1.0051	0.0169	1.0054	0.0175	1.0064	0.0150	1.0010	0.0157	1.0049	0.0169	1.0000	0.0155	1.0095	0.0406	1.0780	0.0492	1.1563
2009	0.9949	1.0051	0.9946	1.0054	0.9937	1.0064	0.9990	1.0010	0.9951	1.0049	1.0000	1.0000	0.9906	1.0095	0.9221	1.0780	0.8438	1.1563
	0.0069	1.0291	0.0073	1.0514	0.0086	1.0841	0.0000	1.0585	0.0065	1.0331	0.0322	1.0070	0.0128	1.0685	0.0468	1.1396	0.0475	1.0712
2010	0.9709	1.0291	0.9486	1.0514	0.9159	1.0841	0.9415	1.0585	0.9669	1.0331	0.9930	1.0070	0.9315	1.0685	0.8604	1.1396	0.9289	1.0712
	0.0329	1.0383	0.0423	1.0324	0.0473	1.0863	0.0439	1.0852	0.0473	1.0236	0.0210	1.0108	0.0446	1.1856	0.0503	1.0305	0.0471	1.1232
2011	0.9920	1.0080	0.9995	1.0006	0.9872	1.0129	0.9892	1.0108	0.9889	1.0112	0.9847	1.0153	0.9240	1.0760	0.8340	1.1276	0.9053	1.0947
	0.0110	1.0383	0.0000	1.0324	0.0172	1.0863	0.0146	1.0852	0.0151	1.0236	0.0337	1.0108	0.0464	1.1856	0.0500	1.0305	0.0494	1.1232
2012	0.9617	1.0383	0.9676	1.0324	0.9138	1.0863	0.9148	1.0852	0.9764	1.0236	0.9892	1.0108	0.8144	1.1856	0.9695	1.0305	0.8768	1.1232
	0.0378	1.1634	0.0344	1.1676	0.0481	1.1649	0.0477	1.1795	0.0283	1.0836	0.0342	1.0163	0.0463	1.0440	0.0347	1.1276	0.0500	1.0010
2013	0.8366	1.1634	0.8324	1.1676	0.8351	1.1649	0.8205	1.1795	0.9164	1.0836	0.9837	1.0163	0.9560	1.0440	0.8724	1.1276	0.9990	1.0010
	0.0504	1.0174	0.0533	1.0627	0.0498	1.1002	0.0528	1.0774	0.0500	1.1405	0.0891	1.0142	0.0381	1.0057	0.0471	1.0433	0.0000	1.2006
2014	0.9826	1.0174	0.9373	1.0627	0.8998	1.1002	0.9226	1.0774	0.8595	1.1405	0.9859	1.0142	0.9943	1.0057	0.9567	1.0433	0.7994	1.2006
	0.0221	1.0700	0.0445	1.0219	0.0485	1.0475	0.0477	1.0352	0.0494	1.0195	0.0097	1.0323	0.0077	1.0212	0.0401	1.0685	0.0500	1.1393
2015	0.9301	1.0700	0.9781	1.0219	0.9526	1.0475	0.9648	1.0352	0.9805	1.0195	0.9677	1.0323	0.9788	1.0212	0.9315	1.0685	0.8607	1.1393
	0.0468	1.0160	0.0268	1.0207	0.0411	1.0368	0.0362	1.0333	0.0245	1.0471	0.0396	1.0146	0.0261	1.0088	0.0472	1.0696	0.0513	1.1652
2016	0.9840	1.0160	0.9793	1.0207	0.9632	1.0368	0.9667	1.0333	0.9529	1.0471	0.9854	1.0146	0.9912	1.0088	0.9304	1.0696	0.8348	1.1652
	0.0208	1.0419	0.0258	1.1184	0.0379	1.0510	0.0357	1.1440	0.0423	1.0184	0.0100	1.0047	0.0119	1.0376	0.0461	1.0709	0.0468	1.0474
2017	0.9581	1.0419	0.8817	1.1184	0.9490	1.0510	0.8560	1.1440	0.9816	1.0184	0.9954	1.0047	0.9625	1.0376	0.9292	1.0709	0.9526	1.0474
	0.0412	1.1125	0.0535	1.1365	0.0446	1.1298	0.0526	1.1468	0.0233	1.0649	0.0068	1.0655	0.0358	1.0006	0.0470	1.2693	0.0439	1.0453
2018	0.8875	1.1125	0.8635	1.1365	0.8702	1.1298	0.8532	1.1468	0.9352	1.0649	0.9345	1.0655	0.9995	1.0006	0.7307	1.2693	0.9547	1.0453
	0.0443	1.1925	0.0442	1.1758	0.0451	1.1968	0.0451	1.1605	0.0430	1.1568	0.0231	1.0101	0.0000	1.1792	0.0549	1.1044	0.0420	1.0005
2019	0.8075	1.1925	0.8242	1.1758	0.8032	1.1968	0.8395	1.1605	0.8432	1.1568	0.9899	1.0101	0.8208	1.1792	0.8956	1.1044	0.9955	1.0005
	0.0484	1.0462	0.0443	1.1059	0.0445	1.0993	0.0436	1.0867	0.0441	1.0537	0.0233	1.0189	0.0464	1.0175	0.0458	1.0485	0.0000	1.0499
2020	0.9538	1.0462	0.8941	1.1059	0.9008	1.0993	0.9133	1.0867	0.9463	1.0537	0.9811	1.0189	0.9825	1.0175	0.9515	1.0485	0.9501	1.0499
	0.0447	1.0540	0.0540	1.0550	0.0550	1.0548	0.0548	1.0548	0.0482	1.0548	0.0162	1.0162	0.0229	1.0162	0.0448	1.0448	0.0489	1.0448

Notes: the overall sample period is from October 5, 2007, to October 5, 2020. This table presents the Hurst exponent and fractal dimension for the nine volatility indices, with a fixed window (one calendar year: 1 January to 31 December) using the ARFIMA model and classical box-count estimator of D . Numbers in bold are standard error of the Hurst value.

TABLE 3: Hurst exponent calculation for rolling COVID-19 window.

Period	H _{VIX}		H _{VXN}		H _{VXO}		H _{VXD}		H _{RVX}		H _{VPD}		H _{OVX}		H _{VVIX}		H _{SKEW}	
	Hurst	Fractal	Hurst	Fractal	Hurst	Fractal	Hurst	Fractal	Hurst	Fractal	Hurst	Fractal	Hurst	Fractal	Hurst	Fractal	Hurst	Fractal
Pre-COVID-19	0.8480	1.1520	0.8693	1.1307	0.8822	1.1178	0.8595	1.1405	0.8671	1.1329	0.9933	1.0067	0.8316	1.1684	0.8923	1.1077	0.9434	1.0566
During COVID-19	0.9600	1.0400	0.9518	1.0482	0.9451	1.0549	0.9377	1.0623	0.9587	1.0413	0.9946	1.0054	0.9737	1.0263	0.9568	1.0432	0.9069	1.0931

Notes: the pre-COVID-19 period is March 1, 2019, to December 31, 2019 (time window 212 observations); the COVID-19 period ranges from January 1, 2020, to November 2, 2020 (time window 212 observations). Notably, in Table 2, Year 2019 is from January 1, 2019, to December 31, 2019, and year 2020 is from January 1, 2020, to October 5, 2020.

between 0 and 1 and thus the Hurst exponent can have four conditions as follows:

If $0.5 < H \leq 1$, then the time series is persistent and shows evidence of long memory, which contradicts the EMH. The higher the H value, the higher the persistence and long memory.

If $0 < H < 0.5$, then the time series is anti-persistent (i.e., has a short memory). Such a condition indicates fast changes in the direction of movements of the series.

If $H = 0$, then the time series exhibits no long-range dependence.

If $H = 0.5$, then the time series follows a random walk, which supports the EMH. Notably, the Gaussian distribution is observed with the series having no memory. However, it is difficult for the process to achieve $H = 0.5$, which is merely a point rather than a range.

We have also calculated fractal dimension (D) as an additional confirmatory tool, widely accepted in long-memory research. Fractal dimension or Hausdorff dimension (D) is widely considered as an indicator for surface roughness. It functions as an estimator of the “short-range memory” or “local” memory. It has been well documented that, for any self-affine processes, the fractal dimension is linked to the long-range dependence or long memory of the underlying series. The relationship of Hurst exponent and fractal dimension is linear and represented by $D = 2 - H$. Furthermore, $D = 1.5$ is denoted as random walk or an indicator of market efficiency. Market efficiency gets violated if the condition is not satisfied. Moreover, $D = 1.5$ signifies no local trend as well. The classical box-count estimator of D has been put into use here. It has conditions such as the following: if $N(\varepsilon)$ denotes the number of boxes required at scale ε , the box-count estimator equals the slope in an OLS fit of $\log(N(\varepsilon))$ on $\log(\varepsilon)$ [20].

3. Empirical Results

We present in Table 2 the values of the Hurst exponent (H) and the standard errors (SE) of the nine volatility indices. They range from 0.56431 to 0.99999, showing that the extent of long-memory changes within a short range. Past levels in the volatility index have a significant impact on current levels, suggesting that correlations between levels decay very slowly. The results indicate the presence of the long-memory effect in all volatility indices (given that the estimates of the Hurst exponent are larger than 0.5). Persistence in the volatility indices is present over the years; however, the degree of persistence changes over time. Accordingly, the results indicate that none of the volatility indices follows a random walk (in fact, none of the nine volatility indices under study has an H value below 0.55 for the entire observation period from October 5, 2007, to October 5, 2020).

For the VPD, the Premium Strategy Index with auto adjustment remains the most persistent with an H value very close to 1 throughout the sample period 2008–2020. Another interesting observation is that almost all the volatility indices are above the extremely high persistence zone ($H > 0.9$) during the 2008 global financial crisis. The only exception is SKEW, called the Black Swan Index, which is based on the slope of implied volatility. A similar pattern is observed during the BREXIT

announcements and multiple bailouts of Greece during 2014–2016. This pattern however breaks in 2020 (amid the COVID-19 outbreak). Hence, the persistence and extent of long memory in SKEW is relatively less than the other volatility indices during financial crisis periods. The Hurst value for the SKEW clocks marginally below 0.8 on two occasions. Interestingly, both are during financial crisis periods (2008 and 2014). Another important observation is that the Hurst value of SKEW is in the extreme zone, clocking well above 0.9, just before a financial crisis on both occasions (2007 and 2013). Even before the COVID-19 pandemic, it clocked close to 1. This might imply that the long memory of SKEW holds the clue to future crisis periods. Usually, extremely high Hurst values coincide with the peaks of crises [9]. The SKEW index, which tracks the S&P 500 tail risk, computes the probability of a S&P 500 move of 2σ from its mean value 30 days in advance; for example, when the SKEW is 130, a 2σ deviation has a probability of 10.4%. The sudden drop of the Hurst exponent of the SKEW in various periods (the global crisis of 2008, BREXIT 2016, and the onset of the pandemic in 2020) indicates a sudden change in probability of 2σ deviation. The probability is either increasing or decreasing drastically. Results from other volatility indices indicate that their levels are positively correlated, generating persistence and long memory throughout the sample. As for the SE of the Hurst exponent, they are extremely low on all occasions, indicating the robustness of Hurst exponent measurements.

Table 2 also indicates a $D \neq 1.5$ for all one twenty-six outcomes over nine volatility indices (from October 5, 2007, to October 5, 2020), signifying that the idea of EMH is getting defenestrated entirely. In fact, the observations are quite similar even in COVID-19 subsamples (see Table 3) under consideration. Since volatility is fundamentally derived from various financial asset classes, hence, it can be said that financial market efficiency suffered during COVID-19 as well.

In Table 3, we compute the Hurst exponent for the pre-COVID-19 and during COVID-19 periods using a rolling window approach that tends to provide more reliable results. The results show that, during the COVID-19 outbreak period, H_{SKEW} drifted marginally away from 1, whereas other Hurst values progressed towards 1. Otherwise, the major patterns remained consistent with the findings from Table 2. Notably, more than 70% of our selected sample period covers periods of turmoil that are diverse in nature. For example, it includes the build-up and crash period around the 2008 global financial crisis, the EU sovereign Debt crisis, and the COVID-19 outbreak. This can be shown in the Hurst values that exhibit high persistence during these crisis periods, intuitively indicating bubbles and anti-bubbles. Our results draw parallel with previous studies of repute though with only the VIX [9, 10].

4. Conclusion

While evidence for long-term memory in the US stock market is well recognized (e.g., [2]), much less is known about the various implied volatility indices. To address this gap, we examine the presence of long-memory properties in

nine CBOE volatility indices (VIX, VXN, VXO, VXD, RVX, VPD, OVX, VVIX, and SKEW) to make inferences regarding the FMH and the possibility of applying prediction models based upon past volatility. The main results are summarized as follows. Firstly, the consistent presence of long memory in various volatility indices supports the FMH. Past volatility certainly provides information about future prediction. Secondly, these empirical findings provide a theoretical premise for trading strategies. Evidence of the consistent presence of long memory points to the utility of applying trend-based trading strategies such as moving average convergence divergence (MACD). Thirdly, the SKEW might be used as a predictor of various probable crises (both financial and non-financial). Fourthly, the relative instability in long-memory traits is visible in all volatility indices. Hence, trading strategies might need to switch periodically for more consistent performance.

Our results supporting the presence of a degree of persistence are extremely useful to both investors and policy-makers for identifying herding, and to traders opting for generating abnormal returns using trend-based techniques such as the MACD. We found true long memory in all the cases (i.e., persistence coupled with mean reverting feature). This means permanent policy shocks are required rather than random policy shocks, as suggested by some eminent studies [21, 22]. Circuit filters, deployed in the stock markets, can be truncated for a reasonably long period of time, in order to contain volatility within specified limits. Option trading could be restricted for a long period as well.

Notably, the results show that long memory is persistent through all crisis phases such as the global financial crisis (2007–2008), BREXIT (2016), and lately COVID-19 (2020) in an extremely consistent manner. Hurst exponent did not decrease drastically across all nine volatility indices even during relatively calmer periods such as 2012 to 2014. This observation indicates towards embedded speculative bubble formation (of various degrees) on all occasions under consideration. Intuitively, if the near-term (e.g., last 15 days) Hurst exponent is larger than the comparatively midterm (e.g., last 30 days), then this indicates an increase in the degree of herd, which might be understood in the context of panic selling during crisis periods. If short selling is possible under regulations, it could be well the trader's call. Suppose the 15-day Hurst is lower than the 30-day Hurst; this indicates in a steady market with surging investor sentiment index that a trend reversal is around the corner and that bull market players have eased or ceased their constant buying. Given the emergence of the SKEW as a potent indicator of crisis prediction, it deserves further in-depth analysis via the application of suitable prediction models. SKEW essentially reflects the tail risk of S&P500 through implied volatility of OTM strikes. The higher the SKEW (closer to 150), the higher the chances of a probable Black Swan event. In fact, SKEW-Hurst enjoyed a strong negative correlation with VIX-Hurst (-0.74). A rising SKEW (persistent) coupled with a falling VIX (persistent) is considered bearish in equity markets, encouraging short selling (provided permitted by the regulators). Our results showed such trends, especially in 2009, 2017, and 2020. That issue of SKEW-VIX relationship is left to future studies [20].

Data Availability

Access to data is restricted.

Conflicts of Interest

The authors declare that they have no conflicts of interest.

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