**Table 1: Clinical case formulation (Wykes & Reeder, 2005, p.226)**

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| --- | --- |
| Patient: Case A | Age (in years and months): 33 years and 7 months |
| Education: He had completed 13 years of education and had obtained a professional certificate in institutional plumbing. |
| Current and previous employment: he has worked as a plumber until 2008, and has been unemployed since 2008. |
| Current and previous interests: he loved cooking and reading. Now, he likes watching TV.  |
| **Cognitive Functions**  |
| Current estimated full-scale IQ: 88 |
| Current estimated verbal IQ: 88 |
| Current estimated performance IQ: 91 |
| *Difficulties:* | *Strengths:* |
| 1. Information processing speed  | 1. Visual working memory  |
| 2. Visual episodic memory/Organisation  | 2. Verbal episodic memory |
| 3. Verbal fluency  |  |
| 4. Inhibition  |  |
| 5. Perseveration  |  |
| 6. Verbal comprehension |  |
| **Cognitive behavioral style** |
| *Difficulties:* | *Strengths:* |
| 1. Sensitivity to interference  | 1. Good comprehension |
| 2. Word finding problem | 2. self-repetition, verbalization |
| 3. Attentionnal decline at the end of exercise (with high attentional coast) |  |
| **No cognitive factors** |
| *Difficulties:* | *Strengths:* |
| 1. Anxiety | 1. High motivation |
|  | 2. Watchfull and attentive |
|  | 3. Find strategies himself |
| **Coping and use of compensatory strategies**  |
| *Problem behavioral coping:* | *Effective coping and strategies:* |
| 1.  | 1. Verbalization, self-repetition |
| 2. | 2. Highlight/underline relevant information |
| 3. | 3. Use of his own strategies |
| **Problems** | **Goals** |
| 1. Lost of common thread | 1. Read the newspaper |
| 2. To have to be concentrated a long time, to retain information during a long time | 2. Watch a movie without the use of the “pause” or “rewind” buttons |
| 3.  | 3. Read a book |