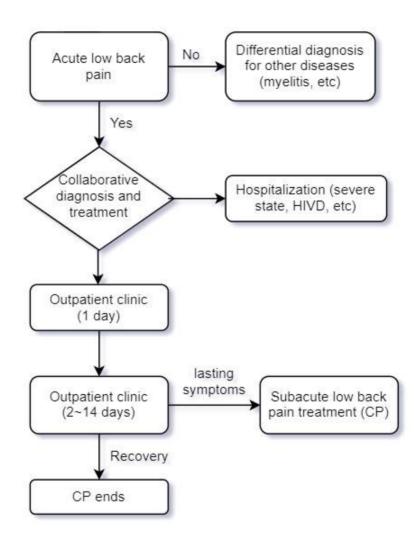
# Clinical Pathway for collaborative treatment between Korean medicine and Western medicine

1. Clinical pathway for collaborative treatment of low back pain

-Suwon Mokhuri Korean Medicine Hospital

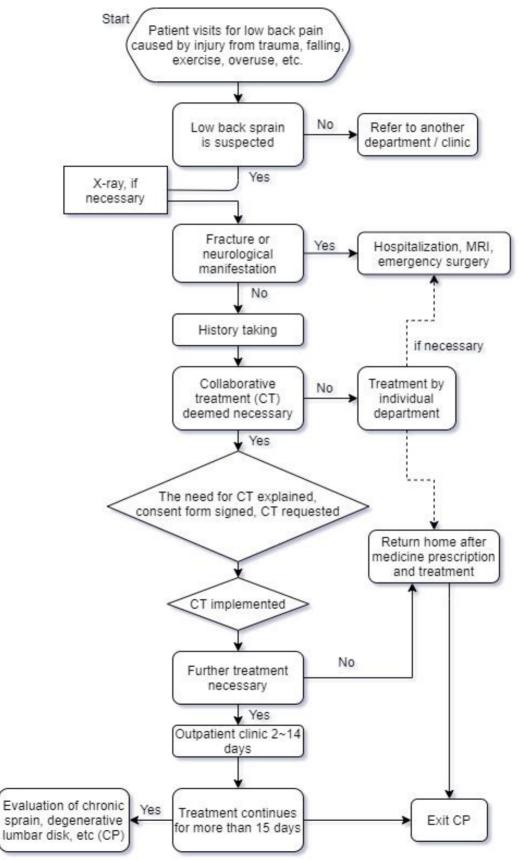


# <Treatment Plan>

	Day 1	Day 2~7	Day 8~14
1. Evaluation & observation	<ol> <li>Past medical history, treatment history</li> <li>Evaluation of the severity of pain</li> <li>Evaluation of daily function (ODI)</li> </ol>	<ol> <li>Evulation of the severity of pain (VAS)</li> <li>Evaluation of daily fundtion (ODI)</li> </ol>	<ol> <li>Evulation of the severity of pain (VAS)</li> <li>Evaluation of daily fundtion (ODI)</li> </ol>
2. Diet	Ordinary diet (no drinking or smoking)	Ordinary diet (no drinking or smoking)	Ordinary diet (no drinking or smoking)
3. Examination	1. X-ray 2. L-spine MRI		
4. Prescription	<ol> <li>1. WM : analgesic, antiphlogistic</li> <li>2. KM : herbal medicine</li> </ol>	<ol> <li>WM : analgesic, antiphlogistic</li> <li>KM : herbal medicine</li> </ol>	<ol> <li>WM : analgesic, antiphlogistic</li> <li>KM : herbal medicine</li> </ol>
5. Treatment	<ol> <li>WM : physical therapy (electric stimulation), kinesitherapy</li> <li>KM : acupuncture, KM physiatrics</li> </ol>	<ol> <li>WM : physical therapy (electric stimulation), kinesitherapy</li> <li>KM : acupuncture, KM physiatrics</li> </ol>	<ol> <li>WM : physical therapy (electric stimulation), kinesitherapy</li> <li>KM : acupuncture, KM physiatrics</li> </ol>
6. Education and explanation	<ol> <li>Explain treatment and prognosis</li> <li>Lower back stretching education</li> <li>Lower back muscle strengthening education</li> </ol>	<ol> <li>Explain treatment and prognosis</li> <li>Lower back stretching education</li> <li>Lower back muscle strengthening education</li> </ol>	<ol> <li>Explain treatment and prognosis</li> <li>Lower back stretching education</li> <li>Lower back muscle strengthening education</li> </ol>

### 2. Clinical pathway for collaborative treatment of low back sprain

- Kyung Hee University Korean Medicine Hospital at Gangdong

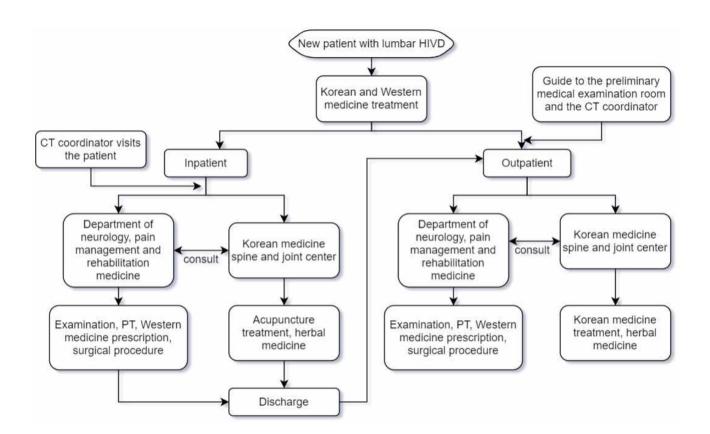


# <Treatment Plan>

	Day 1	Day 2~14	After Day 14
1. Evaluation & observation	1. Past medical history,		
	treatment history	1. Progress	1. Progress
	2. Inspection for damage	observation and	observation and
	from injury or trauma	clinical evaluation	clinical evaluation
	3. Physical examination		
2. Examination	1. X-ray	1. Lumbar MRI, if necessary	1. Examination for
	2. Lumbar MRI, if		differential diagnosis
	necessary	-	
3. CT	1. CT request / reply	1 000 1 / 1	1 000 1 1
	2. f/u 2 weeks after the	1. CT request / reply	1. CT request / reply
	first visit		1 WD ( the all realized
4. Prescription	1. WM : medication,	1. WM : medication,	1. WM : medication,
	injection	injection	injection
	2. KM : herbal medicine, herbal acupuncture	2. KM : herbal	2. KM : herbal
		medicine, herbal	medicine, herbal
		acupuncture	acupuncture
<ol> <li>5. Treatment</li> <li>6. Education and explanation</li> </ol>	1. WM : physical therapy, kinesitherapy	1. WM : physical	1. WM : physical
		therapy, kinesitherapy	therapy, kinesitherapy
	2. KM : acupuncture, KM	2. KM : acupuncture,	2. KM : acupuncture,
	physiatrics, Chuna	KM physiatrics,	KM physiatrics, Chuna
		Chuna	
	1. Explain treatment and	1. Explain treatment	1. Explain treatment
	prognosis	and prognosis	and prognosis
	2. Posture and exercise	2. Posture and	2. Posture and
	education	exercise education	exercise education

# 3. Clinical pathway for collaborative treatment of lumbar herniated intervertebral disc

- Dong-eui University Korean Medicine Hospital

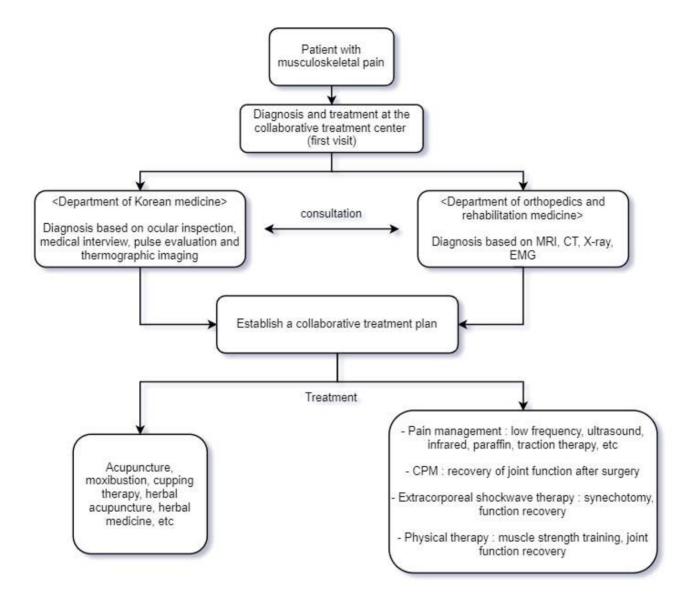


# <Treatment Plan>

	Day 1	Day 2~14	Day 15~30
<ol> <li>Evaluation</li> <li>observation</li> <li>Diet</li> </ol>	<ol> <li>Past medical history, treatment history</li> <li>Physical exmination</li> <li>Evaluation of the severity of pain and daily function</li> <li>V/S measurement</li> <li>Ordinary diet (no drinking or smoking)</li> <li>X-ray</li> </ol>	<ol> <li>Evaluation of the severity of pain and daily function</li> <li>V/S measurement</li> <li>Ordinary diet (no drinking or smoking)</li> </ol>	<ol> <li>Evaluation of the severity of pain and daily function</li> <li>V/S measurement</li> <li>Ordinary diet (no drinking or smoking)</li> </ol>
3. Examination	2 CT or MRI		
4. Prescription	<ol> <li>WM : medication, regional nerve block, etc</li> <li>KM : herbal medicine, powdered medicine</li> </ol>	<ol> <li>WM : medication, regional nerve block</li> <li>KM : herbal medicine, powdered medicine</li> </ol>	<ol> <li>WM : medication, regional nerve block</li> <li>KM : herbal medicine, powdered medicine</li> </ol>
5. Treatment	<ol> <li>WM : physical therapy (electric stimulation), kinesitherapy, manual therapy</li> <li>KM : acupuncture, moxibustion, cupping therapy, acupotomy, herbal acupuncture, embedding acupuncture, Chuna, KM physiatrics</li> </ol>	<ol> <li>WM : physical therapy (electric stimulation), kinesitherapy, manual therapy</li> <li>KM : acupuncture, moxibustion, cupping therapy, acupotomy, herbal acupuncture, embedding acupuncture, Chuna, KM physiatrics</li> </ol>	<ol> <li>WM : physical therapy (electric stimulation), kinesitherapy, manual therapy</li> <li>KM : acupuncture, moxibustion, cupping therapy, acupotomy, herbal acupuncture, embedding acupuncture, Chuna, KM physiatrics</li> </ol>
6. Education and explanation	<ol> <li>Explain treatment and prognosis</li> <li>Daily habit training and posture correction</li> <li>Exercise education</li> </ol>	<ol> <li>1. Explain treatment</li> <li>and prognosis</li> <li>2. Daily habit training</li> <li>and posture</li> <li>correction</li> <li>3. Exercise education</li> </ol>	<ol> <li>1. Explain treatment</li> <li>and prognosis</li> <li>2. Daily habit training</li> <li>and posture</li> <li>correction</li> <li>3. Exercise education</li> </ol>

# 4. Clinical pathway for collaborative treatment of lumbar intervertebral disc disorder

- Maru Korean Medicine Hospital



<Sports injry Treatment Plan>

	Day 1	Day 2~14	Day 15~30
	1. Past medical history,		
1. Evaluation & observation	treatment history 2. Evaluation of criticality of sports in patient's life 3. Acuity or chronicity of the sports injury Ordinary diet (no drinking	1. Evaluation of recovry from acute damage Ordinary diet (no	<ol> <li>Evaluation of possibility of return to sports</li> <li>Ordinary diet (no</li> </ol>
2. Diet			
3. Examination	or smoking) 1. X-ray, CT, MRI, EMG, etc 2. Diagnosis from ocular inspection, pulse, patient interview, thermographic imaging	drinking or smoking)	drinking or smoking)
		1. WM : steroids,	1. WM : steroids,
4. Prescription	<ol> <li>1. WM : steroids, antiphlogistic, analgesic</li> <li>2. KM : herbal medicine</li> </ol>	antiphlogistic, analgesic 2. KM : herbal medicine	antiphlogistic, analgesic 2. KM : herbal medicine
5. Treatment	<ol> <li>WM : physical therapy (electric stimulation), kinesitherapy</li> <li>KM : acupuncture, KM physiatrics</li> </ol>	<ol> <li>WM : physical therapy (electric stimulation), kinesitherapy</li> <li>KM : acupuncture, KM physiatrics</li> </ol>	<ol> <li>WM : physical therapy (electric stimulation), kinesitherapy</li> <li>KM : acupuncture, KM physiatrics</li> </ol>
6. Education and explanation	<ol> <li>Explain treatment and prognosis</li> <li>Education to recover damaged muscles, joints and tendons, and education to prevent recurrence</li> </ol>	<ol> <li>Explain treatment and prognosis</li> <li>Education to recover damaged muscles, joints and tendons, and education to prevent recurrence</li> </ol>	<ol> <li>Explain treatment and prognosis</li> <li>Education to recover damaged muscles, joints and tendons, and education to prevent recurrence</li> </ol>