

<b>Characteristic</b>	<b>N</b>	<b>Overall, N = 454<sup>1</sup></b>	<b>CD, N = 293<sup>1</sup></b>	<b>UC, N = 161<sup>1</sup></b>	<b>p-value<sup>2</sup></b>
Gender	441				0.3
Female		229 (52%)	154 (54%)	75 (49%)	
Male		212 (48%)	133 (46%)	79 (51%)	
Highest educational qualification	421				0.8
Currently attending school		8 (1.9%)	5 (1.8%)	3 (2.1%)	
Secondary		184 (44%)	122 (44%)	62 (42%)	
Bachelor		135 (32%)	89 (32%)	46 (32%)	
Master		93 (22%)	59 (21%)	34 (23%)	
PhD		1 (0.2%)	0 (0%)	1 (0.7%)	
Disease duration	385	12 (5, 23)	13 (5, 25)	10 (3, 18)	0.004
Number of treatments	419				<0.001
Five		1 (0.2%)	1 (0.4%)	0 (0%)	
Four		1 (0.2%)	0 (0%)	1 (0.7%)	
Three		10 (2.4%)	1 (0.4%)	9 (6.1%)	
Two		39 (9.3%)	11 (4.1%)	28 (19%)	
One		368 (88%)	258 (95%)	110 (74%)	
Alcohol intake	382				0.7
More than 1 to 2 drinks per day		22 (5.8%)	14 (5.8%)	8 (5.7%)	
1 to 2 drinks per day		81 (21%)	48 (20%)	33 (23%)	
Less than 1 drink per day		233 (61%)	152 (63%)	81 (57%)	
Not a drinker		46 (12%)	27 (11%)	19 (13%)	
Smoking status	410				0.009
Ex-smoker		239 (58%)	140 (54%)	99 (66%)	
Non-smoker		115 (28%)	75 (29%)	40 (27%)	
Smoker		56 (14%)	45 (17%)	11 (7.3%)	
CAM use	454				0.14
CAM_user		185 (41%)	112 (38%)	73 (45%)	
Non-CAM_user		269 (59%)	181 (62%)	88 (55%)	