

## Supplementary material

**Table S1** Ratio of essential fatty acids in commercial and golden flaxseed flour/sunflower oil supplemented diet.

| Fatty acids  | Treatment (% of total lipids) |              |
|--------------|-------------------------------|--------------|
|              | Com-diet                      | Flax-diet    |
| 14:0         | 0.10 ± 0.00                   | 0.25 ± 0.23  |
| 16:0         | 13.70 ± 0.06                  | 6.15 ± 0.07  |
| 18:0         | 3.27 ± 0.02                   | 4.15 ± 0.02  |
| 18:1 (n-9)   | 26.15 ± 0.23                  | 26.19 ± 0.05 |
| 18:2 (n-6)   | 49.97 ± 0.24                  | 33.85 ± 0.05 |
| 18:3 (n-3)   | 4.67 ± 0.15                   | 28.11 ± 0.64 |
| 20:0         | 0.39 ± 0.03                   | 0.19 ± 0.01  |
| 20:1 (n-9)   | 0.33 ± 0.01                   | 0.18 ± 0.01  |
| 22:0         | 0.36 ± 0.02                   | 0.40 ± 0.01  |
| 24:0         | 0.27 ± 0.01                   | 0.17 ± 0.01  |
| n-6/n-3 rate | 10.70 ± 1.60                  | 1.20 ± 0.08  |

Data are expressed as mean ± SEM of three replicates. Com-diet, commercial diet; Flax-diet, diet containing sunflower oil supplemented with flaxseed powder.

**Table S2** Polyunsaturated fatty acids concentration in the brain tissue from mice at 21-day-old.

| PUFAs ( $\mu\text{g mg}^{-1}$ ) | Treatment   |                |             |                |
|---------------------------------|-------------|----------------|-------------|----------------|
|                                 | Control-Com | Control-Flax   | MSG-Com     | MSG-Flax       |
| LA, 18:2 (n-6)                  | 0.18 ± 0.05 | 0.25 ± 0.02    | 0.21 ± 0.02 | 0.32 ± 0.05    |
| LNA, 18:3 (n-3)                 | 0.04 ± 0.01 | 0.10 ± 0.01 *  | 0.05 ± 0.01 | 0.08 ± 0.01 *  |
| EDA, 20:2 (n-6)                 | 0.05 ± 0.01 | 0.08 ± 0.00 *  | 0.06 ± 0.01 | 0.06 ± 0.01    |
| DGLA, 20:3 (n-6)                | 0.10 ± 0.02 | 0.26 ± 0.04 *§ | 0.12 ± 0.01 | 0.20 ± 0.03 *§ |
| AA, 20:4 (n-6)                  | 1.62 ± 0.24 | 2.39 ± 0.15    | 2.08 ± 0.15 | 2.37 ± 0.24    |
| EPA, 20:5 (n-3)                 | nq          | 0.02 ± 0.00    | nq          | 0.03 ± 0.01    |
| DPA, 22:5 (n-3)                 | 0.02 ± 0.00 | 0.07 ± 0.00 *§ | 0.02 ± 0.00 | 0.09 ± 0.01 *§ |
| DHA, 22:6 (n-3)                 | 1.99 ± 0.32 | 3.38 ± 0.30 *  | 2.54 ± 0.18 | 3.41 ± 0.31 *  |

Data mean ± SEM for three replicate for each experimental group. Superscript symbols in the same line means statistical difference between the groups by one-way ANOVA, where

\* depicts statistical difference with  $P < 0.05$  compared to Control-Com group and § depicts statistical difference with  $P < 0.05$  compared to MSG-Com group. AA, arachidonic acid; LNA, alpha-linolenic acid; DGLA, dihomo-gamma-linolenic acid; DHA, docosahexaenoic acid; DPA, docosapentaenoic acid; EPA, eicosapentaenoic acid; EDA, eicosadienoic acid; LA, linoleic acid; . nq, no quantified (values  $< 0.01 \mu\text{g mg}^{-1}$  of tissue).

**Table S3** Polyunsaturated fatty acids concentration in the pancreatic tissues from mice at 21-day-old.

| PUFAs ( $\mu\text{g mg}^{-1}$ ) | Treatment       |                    |                   |                    |
|---------------------------------|-----------------|--------------------|-------------------|--------------------|
|                                 | Control-Com     | Control-Flax       | MSG-Com           | MSG-Flax           |
| LA, 18:2 (n-6)                  | 5.45 $\pm$ 0.32 | 3.15 $\pm$ 0.87 *§ | 5.72 $\pm$ 0.56   | 3.78 $\pm$ 0.16 *§ |
| LNA, 18:3 (n-3)                 | 0.05 $\pm$ 0.01 | 0.21 $\pm$ 0.04 *  | 0.15 $\pm$ 0.04 * | 0.80 $\pm$ 0.12 *§ |
| EDA, 20:2 (n-6)                 | 0.16 $\pm$ 0.02 | 0.11 $\pm$ 0.02 §  | 0.36 $\pm$ 0.04 * | 0.12 $\pm$ 0.01 §  |
| DGLA, 20:3 (n-6)                | 0.31 $\pm$ 0.03 | 0.45 $\pm$ 0.06 §  | 0.28 $\pm$ 0.03   | 0.21 $\pm$ 0.03    |
| AA, 20:4 (n-6)                  | 3.03 $\pm$ 0.41 | 2.75 $\pm$ 0.42 §  | 5.29 $\pm$ 0.23 * | 1.53 $\pm$ 0.14 *§ |
| EPA, 20:5 (n-3)                 | 0.31 $\pm$ 0.03 | 1.02 $\pm$ 0.16 *§ | 0.13 $\pm$ 0.02 * | 0.88 $\pm$ 0.07 *§ |
| DPA, 22:5 (n-3)                 | 0.24 $\pm$ 0.03 | 0.70 $\pm$ 0.08 *§ | 0.28 $\pm$ 0.02   | 0.50 $\pm$ 0.05 *§ |
| DHA 22:6 (n-3)                  | 0.44 $\pm$ 0.05 | 0.92 $\pm$ 0.09 *§ | 0.61 $\pm$ 0.05   | 0.63 $\pm$ 0.06    |

Data mean  $\pm$  SEM for three replicate for each experimental group. Superscript symbols in the same line means statistical difference between the groups by one-way ANOVA, where \* depicts statistical difference with  $P < 0.05$  compared to Control-Com group and § depicts statistical difference with  $P < 0.05$  compared to MSG-Com group. AA, arachidonic acid; LNA, alpha-linolenic acid; DGLA, dihomo-gamma-linolenic acid; DHA, docosahexaenoic acid; DPA, docosapentaenoic acid; EPA, eicosapentaenoic acid; EDA, eicosadienoic acid; LA, linoleic acid.