

Supplementary 1: The relationship between respondents being hypertensive and various risk factors.

Factor	Respondent's Age group			P – Value
	18 – 39 years N=150	40 – 59 years N=309	≥60 years N=258	
	n (%)	n (%)	n (%)	
Being hypertensive and tobacco use				
Current smokers	0 (0.0)	10 (3.2)	4 (1.6)	0.053
Past tobacco users	5 (3.3)	22 (7.1)	34 (13.2)	0.001
Any smokeless tobacco users	3 (2.0)	2 (0.6)	1 (0.4)	0.201
Being hypertensive and alcohol use				
	18 – 39 years N=150	40 – 59 years N=309	≥60 years N=258	P – Value
Ever Consumed Alcohol	50 (33.3)	118 (38.2)	102 (39.5)	0.445
Consumed Alcohol in the past 12 months	33 (22.0)	66 (21.4)	56 (21.7)	0.987
Consumed Alcohol in the past 30 Days	28 (18.7)	57 (18.4)	48 (18.6)	0.998
Being hypertension and other factors				
	18 – 39 years N=150	40 – 59 years N=309	60 & Above years N=258	P – Value
Vigorous work	141 (94.0)	288 (93.2)	180 (69.8)	< 0.001
Active in Sports	52 (34.7)	68 (22.0)	34 (13.2)	<0.001
Diabetic	8 (5.3)	34 (11.0)	27 (10.5)	0.131
Pre – Diabetes	9 (6.0)	37 (12.0)	18 (7.0)	0.042
BMI				
Underweight	9 (6.0)	27 (8.7)	50 (19.4)	
Normal	84 (56.0)	166 (53.7)	150 (58.1)	<0.001
Overweight	40 (26.7)	69 (22.3)	32 (12.4)	

	Obese	17 (11.3)	47 (15.2)	26 (10.1)	
Fasting Blood Glucose					
	Normal	83 (55.3)	131 (42.4)	117 (45.3)	
	Hypoglycemia	4 (2.7)	11 (3.6)	3 (1.2)	0.038
	Hyperglycemia	63 (42.0)	167 (54.0)	138 (53.5)	
Blood Cholesterol					
	Normal	82 (55.0)	132 (43.8)	92 (37.2)	
	Hypocholesterolemia	3 (2.0)	4 (1.3)	7 (2.8)	0.010
	Hypercholesterolemia	64 (42.9)	165 (54.8)	148 (59.9)	
Triglycerides in Blood					
	Normal	82 (55.8)	146 (48.5)	112 (44.4)	
	Hypotriglyceridemia	1 (0.7)	1 (0.3)	1 (0.4)	0.267
	Hypertriglyceridemia	64 (43.5)	154 (51.2)	139 (55.2)	
Proteinuria (g/L)					
	Negative	94 (63.1)	219 (71.1)	164 (63.8)	
	Trace	49 (32.9)	83 (26.9)	80 (31.1)	
	0.3	4 (2.7)	2 (0.6)	7 (2.7)	0.088
	1.0	2 (1.3)	0 (0.0)	4 (1.6)	
	3.0	0 (0.0)	0 (0.0)	1 (0.4)	
	Greater or equal 20	0 (0.0)	4 (1.3)	1 (0.4)	