

Research Article

Quantitative NMR Interpretation without Reference

Priscila Ivo Rubim de Santana ^{1,2}, **Joyce Sobreiro Francisco Diz de Almeida** ¹,
Tanos Celmar Costa França ^{1,3} and **Jochen Junker** ²

¹Laboratory of Molecular Modeling Applied to Chemical em Biological Defense (LMCBD), Military Institute of Engineering, Rio de Janeiro 22290-270, Brazil

²Oswaldo Cruz Foundation, CDTS, Av. Brasil 4365, Rio de Janeiro 21040-900, Brazil

³Department of Chemistry, Faculty of Science, University of Hradec Kralove, Rokitanskeho 62, 500 03 Hradec Kralove, Czech Republic

Correspondence should be addressed to Joyce Sobreiro Francisco Diz de Almeida; joycediz@ime.eb.br and Jochen Junker; jochen.junker@fiocruz.br

Received 19 July 2022; Revised 12 October 2022; Accepted 18 October 2022; Published 10 November 2022

Academic Editor: Serban C. Moldoveanu

Copyright © 2022 Priscila Ivo Rubim de Santana et al. This is an open access article distributed under the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

As has been documented numerous times over the years, nuclear magnetic resonance (NMR) experiments are intrinsically quantitative. Still, quantitative NMR methods have not been widely adopted or largely introduced into pharmacopoeias. Here, we describe the quantitative interpretation of the 1D proton NMR experiment using only absolute signal intensities with the variation of common experimental parameters and their application.

1. Introduction

Since its inception, NMR has always been considered inherently quantitative [1–6] and it has been used in teaching [7]. As opposed to all other spectroscopic methods, the intensity of an NMR signal is directly proportional to the abundance of the nuclei causing it [6–8], which could even be in multiple molecules [9, 10]. In the case of simple mixtures, NMR allows for simultaneous quantification of the constituents based on one sole reference standard. The standard does not have to share its identity with any of the analytes of interest. This key feature makes quantitative NMR an extremely versatile technique, and numerous applications for the quantitative analysis of pharmaceutical compounds have been proposed over the decades [6, 11–23]. The majority of the described experiments are 1D liquid state, but 2D and CPMAS experiments have also been proposed. Also, most of the proposed quantitative methods are based on proton NMR experiments, but other nuclei have been used since the beginning: ³¹P [24, 25], ²H [26], and ¹³C [19, 27, 28]. In recent years, ²³Na [29], ¹⁹F [30, 31], ³⁵Cl

[32, 33], ¹¹B [34], ⁷Li [35], and quadrupolar nuclei like ²⁷Al [36, 37] and ¹⁴N [38, 39] were added to the list. While some of the proposed methods are 2D experiments or CPMAS, mostly 1D liquid state experiments have been described.

Whichever method is chosen, the quantification by NMR is always based on the comparison of the signal intensity of reference material with the signal intensity of the analyte(s), as the intensities are proportional to the molar concentrations and the number of protons contributing to the signal. The reference signal can be provided by a reference material mixed with the analyte in one solution, internal referencing (IR) [18, 25, 29, 30, 32, 40–44], or by a separate solution, external reference (ER). Two methods for ER have been described; most commonly, two identical experiments are carried out, one time with the analyte and the other time with the reference material [6, 45, 46]. Alternatively, a solution with the reference is sealed into a capillary that is then added to the solution of the analyte [47]. Hybrid methods like ERETIC [48–50] and PULCON [46, 51–56] have also been implemented, which combine ER and IR by an intermediate step. All these methods work with the best reliability when the

TABLE 1: Flexibility of the parameters that influence an NMR spectrum for quantitative applications.

Parameter	Influence on spectrum	IR	ER	FAINT-NMR
Temperature (T)	Signal position and intensity	Not recommended	No	Not recommended
Delay between scans (D1)	Signal intensity	No	No	No
Number of scans (NS)	Signal intensity and SN	Yes	No	Yes
Receiver gain (RG)	Signal intensity	Yes	No	Yes

IR, internal referencing; ER, external referencing; SN, signal-to-noise relation.

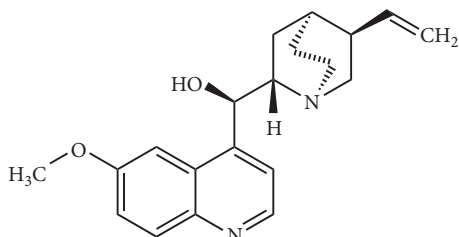


FIGURE 1: Quinine (1, $C_{20}H_{24}N_2O_2$, MW 324.42 g/mol), used for the qNMR application.

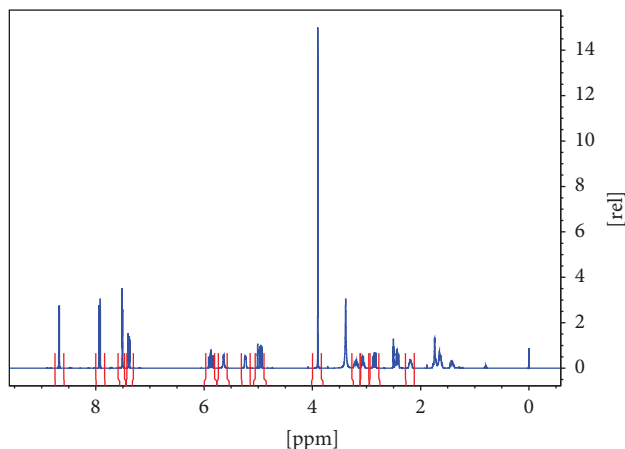


FIGURE 2: 1H NMR spectrum of Quinine (1), the used integration limits are delimited. Further signals were not used due to overlap and complex coupling patterns.

reference used has a molar concentration that is close to the analyte's concentration, thus requiring some previous knowledge about the analyte. The analysis of mixtures can also be restricted, as the quantification reliability might vary with the concentrations involved.

Several experimental parameters shown in Table 1 have influence on the NMR spectrum, and some of them are flexible depending on the chosen method. Here, we demonstrate a new hybrid method, flexible absolute intensity-based quantification by NMR (FAINT-NMR), which can be applied to the quantification of compounds, even with largely varying concentrations, without previous knowledge. The work presented demonstrates that the restrictions described for external referencing methods [46] are not necessary. The normalization of the absolute signal intensity by a receiver gain and the number of scans results in an

Intensity Gain (IG) factor, based on which the quantification of every sample becomes possible, independent of the experimental parameters. As amplifiers are notoriously non-linear, a manual linearization of the receiver gain values was performed, in order to verify if this would improve the quantification quality further.

2. Experimental

The usability of FAINT-NMR was verified on a Bruker equipment AVANCE III 400 MHz equipped with a 5 mm BBO Prodigy probe and a sample changer, which was used with as much automation as possible for experiment acquisition, followed by partially automated interpretation. As the methods target small molecules, protons were chosen as the observed nucleus due to higher sensitivity and sufficient signal separation.

Samples were weighted on a calibrated Mettler Toledo AG245 balance and diluted with 0.6 ml of DMSO- d_6 into 5 mm NMR tubes. After determining values for the fixed parameter (D1), the influence of the flexible parameters (NS, RG) was determined. The longest T_1 of the reference material was determined as 2.06 s by our own measurements in DMSO- d_6 , as 1.86 s in $CDCl_3$ [57] and 2.7 s in D_2O [58]; thus, the inter-scan delay D1 was fixed as 16 s for all experiments.

Simple proton experiments with a 90° pulse and 16 k observe points were obtained at $25^\circ C$, varying the number of scans and receiver gain. Experiments with 2 to 64 scans (NS) and receiver gain (RG) from 25.4 to the highest RG value determined by the function automatic receiver gain (RGA) for the sample were carried out in duplicates. The RG values available on the equipment usually reach values above 4 K, which we could not observe for our samples for proton experiments. For proton experiments, we observe that the maximum RG value for low analyte concentrations is actually defined by the solvent "concentration" in the sample. When the analyte is in high concentration, it can decrease the RG value, as seen. Thus, the experiments use only a small slice of the possible RG values. All experiments were processed automatically (Fourier transformation and phase correction), followed by integration using intervals defined on one reference experiment. With this data set a constant IG (Intensity Gain, $I * NS^{-1} * RG^{-1} * [mMol]^{-1}$) factor was determined, that allows the calculation of the concentration directly from the absolute intensity of a signal. Finally, a linearization of the RG values was carried out, and the improvement of the back-calculated values was verified.

TABLE 2: Samples of prepared quinine and the count of possible RG values and the highest RG value for each sample.

Sample	Tc (mMol)	W (mg)	RC (mMol)	possible RG values	highest RG value
1	5	1.03	5.29	17	161
2	30	5.73	29.44	12	90.5
3	50	9.38	48.19	12	90.5
4	80	15.14	77.78	5	40.3
5	110	21.09	108.35	4	36

Tc, target concentration; W, real weight used; RC, real concentration; RG, receiver gain.

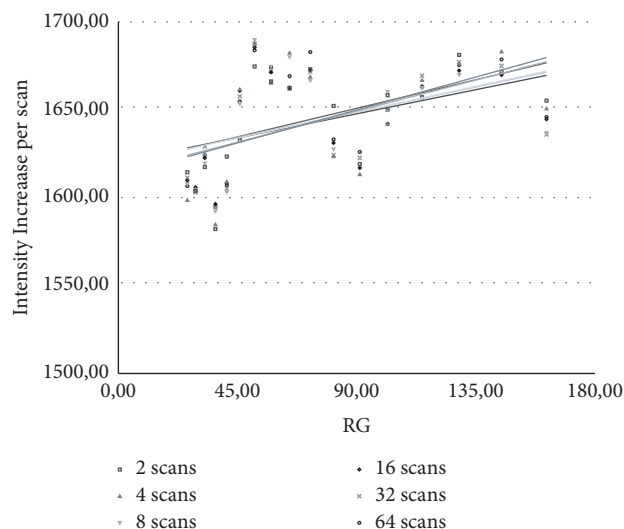


FIGURE 3: The average signal intensity increment was observed in dependence on sample concentration, the number of protons, and scans, separated for different RG values.

TABLE 3: Original RG values and linearized RG values.

Original	Linearized
25.4	23.58
28.5	26.35
32	29.99
36	33.07
40.3	37.35
45.2	43.15
50.8	49.45
57	55.05
64	62.05
71.8	69.60
80.6	76.10
90.5	85.10
101	96.80
114	109.80
128	124.00
144	140.00
161	153.00

3. Results

FAINT-NMR was applied to a series of quinine samples, Figure 1, which was chosen due to its high molecular weight. Figure 2 shows the proton NMR spectrum of quinine in DMSO- d_6 and the signals that were used for the quantification. Further signals were not used because they overlap or

TABLE 4: Back-calculated sample concentrations using not linearized RG values (BC) and manually linearized RG values (BC-I).

Sample	RC (mMol)	BC (mMol)	σ	BC-I (mMol)	σ
1	5.29	5.35	0.10	5.63	0.02
2	29.44	28.43	0.58	30.05	0.05
3	48.19	48.10	0.98	50.84	0.06
4	77.78	75.14	0.53	81.05	0.13
5	108.35	100.42	0.75	108.30	0.15

RC, real concentration; BC, back-calculated concentration; BC-I, back-calculated concentration with linearized RG; σ , Standard deviation.

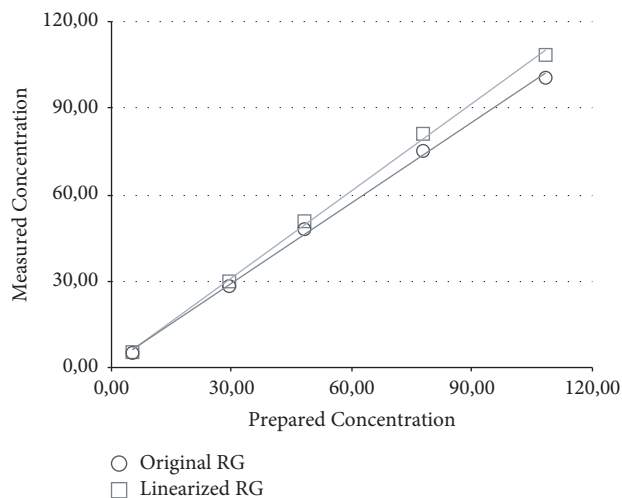


FIGURE 4: Back-calculated sample concentrations using not linearized RG values (original RG) and manually linearized RG values (linearized RG) plotted against the prepared concentrations.

TABLE 5: Linear regression equations for Table 4 and correlation factors.

RG	Linear Regression	R^2
Native	$y = 0.9275x + 1.5808$	0.9983
Linearized	$y = 1.0046x + 1.1181$	0.9987

have complex multiplet patterns. In total, five samples diluted in 0.6 ml of DMSO- d_6 were used, as shown in Table 2.

In Figure 3, the absolute signal intensities of 13 signals of quinine were averaged, normalized against their concentration, number of protons and scans, and scatter-plotted according to their respective RG. These signals were chosen because of their lack of overlap and the small number of observed couplings. The signal-to-noise ratio of all signals was always above 200:1.

The results from Figure 3 show that the per-scan signal intensity increment scatters around an average of 1650. Based on this, an IG factor of 1650 was defined for all intensity-based quantifications shown here. Furthermore, these results were used to carry out a manual linearization of the RG values, to further improve the results. The original and linearized RG values are shown in Table 3.

In Table 4, the 5 actual sample concentrations are compared to the back-calculated values (BC) and values back-calculated using a linearized RG (BC-l). Figure 4 shows the linear regression graph of the values in Table 4. The linear regression equations in Table 5 clearly show that the linearization of the RG improves the results, as the slope for the equation is very close to the optimum value of 1.0.

4. Conclusions

So far, a large-scale application of qNMR has been restricted by experimental conditions. In the case of internal reference methods, difficulties might arise because of signal overlap or interaction of the reference with the sample. In the case of external referencing, the fixed experimental conditions usually restrict the working range of the method. The results presented here show that some experimental parameters, like RG and NS, can be varied largely without affecting the quality of the quantification result. The linearization of the RG values further improves the accuracy of the method. By lifting these restrictions, FAINT-NMR can facilitate the quantification by NMR in general, including trace amounts in samples, as long as well-isolated signals are observed. One possibility to achieve these isolated signals would be to combine Bayesian data analysis with FAINT-NMR, which would provide isolated signals and turn integration limits unnecessary.

Data Availability

All data (NMR data as raw, processed, and integrated; Spreadsheet with data interpretation) are available at <https://doi.org/10.5281/zenodo.7221753>.

Conflicts of Interest

The authors declare that there are no conflicts of interest.

Acknowledgments

This research was funded by the Fiocruz INOVA project and the Brazilian Agency Fundação de Amparo a Pesquisa do Estado do Rio de Janeiro (FAPERJ), (Grant no. E-26/201.470/2022(273626)).

References

- [1] T. M. Shaw and R. H. Elsken, "Techniques for nuclear magnetic resonance measurements on granular hygroscopic materials," *Journal of Applied Physics*, vol. 26, no. 3, pp. 313–317, 1955.
- [2] N. Muller and J. Goldenson, "Rapid analysis of reaction mixtures by nuclear magnetic resonance spectroscopy," *Journal of the American Chemical Society*, vol. 78, no. 20, pp. 5182–5183, 1956.
- [3] L. W. Reeves, "Nuclear magnetic resonance measurements in solutions of acetylacetone: the effect of solvent interactions on the tautomeric equilibrium," *Canadian Journal of Chemistry*, vol. 35, pp. 1351–1365, 1957.
- [4] C. A. Reilly, "Nuclear magnetic resonance spectrometry," *Analytical Chemistry*, vol. 30, pp. 839–848, 1958.
- [5] R. B. Williams, "Quantitative determination of organic structures by nuclear magnetic resonance: intensity measurements," *Annals of the New York Academy of Sciences*, vol. 70, no. 4, pp. 890–899, 1958.
- [6] D. P. Hollis, "Quantitative analysis of aspirin, phenacetin, and caffeine mixtures by nuclear magnetic resonance spectrometry," *Analytical Chemistry*, vol. 35, no. 11, pp. 1682–1684, 1963.
- [7] W. B. Smith, "Quantitative analysis using NMR," *Journal of Chemical Education*, vol. 41, p. 97, 1964.
- [8] J. L. Jungnickel and J. W. Forbes, "Quantitative measurement of hydrogen types by intergrated nuclear magnetic resonance intensities," *Analytical Chemistry*, vol. 35, no. 8, pp. 938–942, 1963.
- [9] P. J. Paulsen and W. D. Cooke, "Quantitative determination of hydrogen and fluorine in organic compounds by nuclear magnetic resonance spectrometry," *Analytical Chemistry*, vol. 36, no. 9, pp. 1713–1721, 1964.
- [10] W. Storek, "Quantitative NMR-spektroskopische simultananalyse von mehrkomponentengemischen unter einatz eines rechners im on-line-betrieb," *Talanta*, vol. 23, pp. 649–654, 1976.
- [11] G. Rücker, "Über die quantitative Bestimmung von Barbituraten durch Kernresonanzspektroskopie," *Fresenius' Zeitschrift für Analytische Chemie*, vol. 229, no. 5, pp. 340–343, 1967.
- [12] K. Rehse, "Arzneimittelanalyse durch Kernmagnetische Resonanz," *Fresenius' Zeitschrift für Analytische Chemie*, vol. 246, no. 1, pp. 22–26, 1969.
- [13] D. Rackham, "Quantitative analysis in pharmacy and pharmaceutical chemistry by nuclear magnetic resonance spectroscopy," *Talanta*, vol. 17, pp. 895–906, 1970.
- [14] J. W. Turczan, B. A. Goldwitz, and J. J. Nelson, "Nuclear magnetic resonance analysis of pharmaceuticals I—VII: determination of aminophylline in tablets," *Talanta*, vol. 19, pp. 1549–1554, 1972.
- [15] R. Kaplan and S. F. Laczynski, "NMR-A new instrumental tool for the analysis of cosmetic ingredients," *Journal of the Society of Cosmetic Chemists*, vol. 25, pp. 507–514, 1974.
- [16] D. Rackham, "Recent applications of quantitative nuclear magnetic resonance spectroscopy in pharmaceutical research," *Talanta*, vol. 23, pp. 269–274, 1976.
- [17] J. K. Kwakye, "Use of nmr for quantitative-analysis of pharmaceuticals," *Talanta*, vol. 32, pp. 1069–1071, 1985.
- [18] S. T. Eberhart, A. Hatzis, and R. Rothchild, "Quantitative NMR assay for aspirin, phenacetin, and caffeine mixtures with 1,3,5-trioxane as internal standard," *Journal of Pharmaceutical and Biomedical Analysis*, vol. 4, no. 2, pp. 147–154, 1986.
- [19] L. A. C. Pieters and A. J. Vlietinck, "Applications of quantitative ¹H- and ¹³C-NMR spectroscopy in drug analysis," *Journal of Pharmaceutical and Biomedical Analysis*, vol. 7, no. 12, pp. 1405–1417, 1989.

- [20] U. Holzgrabe, "Quantitative NMR spectroscopy—principles and applications," *Journal of Pharmaceutical and Biomedical Analysis*, vol. 38, no. 5, p. 797, 2005.
- [21] U. Holzgrabe, R. Deubner, C. Schollmayer, and B. Waibel, "Quantitative NMR spectroscopy—applications in drug analysis," *Journal of Pharmaceutical and Biomedical Analysis*, vol. 38, no. 5, pp. 806–812, 2005.
- [22] U. Holzgrabe, B. Diehl, and I. E. Wawer, *NMR Spectroscopy in Pharmaceutical Analysis*, Elsevier, Amsterdam, Netherlands, 2008, <https://www.sciencedirect.com/science/article/pii/B9780444531735000056>.
- [23] U. Holzgrabe, "Quantitative NMR spectroscopy in pharmaceutical applications," *Progress in Nuclear Magnetic Resonance Spectroscopy*, vol. 57, no. 2, pp. 229–240, 2010.
- [24] R. Woodruff, B. R. Culver, D. Shrader, and A. B. Super, "Quantitative analysis by phosphorus-31 nuclear magnetic resonance spectrometry," *Analytical Chemistry*, vol. 45, pp. 370–371, 1973.
- [25] Y. Miyata and H. Ando, "Examination of an internal standard substance for the quantitative analysis of sarin using 31P-NMR," *Journal of Health Science*, vol. 47, no. 1, pp. 75–77, 2001.
- [26] G. J. Martin, M. L. Martin, and F. Mabon, "A new method for the identification of the origin of natural products. Quantitative deuterium NMR at the natural abundance level applied to the characterization of anetholes," *Journal of the American Chemical Society*, vol. 104, pp. 2658–2659, 1982.
- [27] J. N. Shoolery, "Some quantitative applications of 13C NMR spectroscopy," *Progress in Nuclear Magnetic Resonance Spectroscopy*, vol. 11, no. 2, pp. 79–93, 1977.
- [28] T. H. Mareci and K. N. Scott, "Quantitative analysis of mixtures by carbon-13 nuclear magnetic resonance spectrometry," *Analytical Chemistry*, vol. 49, no. 14, pp. 2130–2136, 1977.
- [29] H. S. Lim, G. C. Han, and S. G. Lee, "Quantitative elemental analysis of sodium (23Na) by NMR spectroscopy," *Bulletin of the Korean Chemical Society*, vol. 23, pp. 1507–1508, 2002.
- [30] W. He, F. Du, Y. Wu et al., "Quantitative 19F NMR method validation and application to the quantitative analysis of a fluoro-polyphosphates mixture," *Journal of Fluorine Chemistry*, vol. 127, no. 6, pp. 809–815, 2006.
- [31] S. Michaleas and E. Antoniadou-Vyza, "A new approach to quantitative NMR: fluoroquinolones analysis by evaluating the chemical shift displacements," *Journal of Pharmaceutical and Biomedical Analysis*, vol. 42, no. 4, pp. 405–410, 2006.
- [32] H. S. Lim and S. G. Lee, "Quantitative analysis of chloride by chlorine-35 NMR spectroscopy," *Bulletin of the Korean Chemical Society*, vol. 27, pp. 972–973, 2006.
- [33] S. A. Watson, A. J. Edwards, and J. A. Parkinson, "Standardless, automated determination of chlorine-35 by 35 Cl nuclear magnetic resonance," *Analytical Letters*, vol. 50, pp. 161–172, 2017.
- [34] L. M. Aguilera-Sáez, J. R. Belmonte-Sánchez, R. Romero-González et al., "Pushing the frontiers: boron-11 NMR as a method for quantitative boron analysis and its application to determine boric acid in commercial biocides," *Analyst*, vol. 143, no. 19, pp. 4707–4714, 2018.
- [35] J. F. Araneda, P. Hui, G. M. Leskowitz, S. D. Riegel, R. Mercado, and C. Green, "Lithium-7 qNMR as a method to quantify lithium content in brines using benchtop NMR," *Analyst*, vol. 146, no. 3, pp. 882–888, 2021.
- [36] H. Maki, G. Sakata, and M. Mizuhata, "Quantitative NMR of quadrupolar nucleus as a novel analytical method: hydrolysis behaviour analysis of aluminum ion," *The Analyst*, vol. 142, no. 10, pp. 1790–1799, 2017.
- [37] R. Khatun, H. N. Hunter, Y. Sheng, B. W. Carpick, and M. D. Kirkitadze, "27Al and 31P NMR spectroscopy method development to quantify aluminum phosphate in adjuvanted vaccine formulations," *Journal of Pharmaceutical and Biomedical Analysis*, vol. 159, pp. 166–172, 2018.
- [38] L. M. Ravaglia, D. D. S. Freitas, T. G. Ricci, C. E. D. Nazario, and G. B. Alcantara, "Sodium quantitation in soft drinks: a rapid methodology by qNMR," *Magnetic Resonance in Chemistry*, vol. 58, pp. 186–190, 2020.
- [39] A. B. Ruiz-Muelle, P. G. Moreno, and I. Fernández, "Quantitative quadrupolar NMR (qQNM) using nitrogen-14 for the determination of choline in complex matrixes," *Talanta*, vol. 230, Article ID 122344, 2021.
- [40] R. Wells, J. Cheung, and J. Hook, "Dimethylsulfoxide as a universal standard for analysis of organics by QNMR," *Accreditation and Quality Assurance*, vol. 9, no. 8, pp. 450–456, 2004.
- [41] A. Zoppi, M. Linares, and M. Longhi, "Quantitative analysis of enalapril by 1H NMR spectroscopy in tablets," *Journal of Pharmaceutical and Biomedical Analysis*, vol. 37, no. 3, pp. 627–630, 2005.
- [42] G. S. Remaud, V. Silvestre, and S. Akoka, "Traceability in quantitative NMR using an electronic signal as working standard," *Accreditation and Quality Assurance*, vol. 10, no. 8, pp. 415–420, 2005.
- [43] J. S. Salsbury and P. K. Isbester, "Quantitative 1H NMR method for the routine spectroscopic determination of enantiomeric purity of active pharmaceutical ingredients fenfluramine, sertraline, and paroxetine," *Magnetic Resonance in Chemistry*, vol. 43, pp. 910–917, 2005.
- [44] D. S. Argyropoulos, H. Li, A. R. Gaspar, K. Smith, L. A. Lucia, and O. J. Rojas, "Quantitative 31P NMR detection of oxygen-centered and carbon-centered radical species," *Bioorganic & Medicinal Chemistry*, vol. 14, no. 12, pp. 4017–4028, 2006.
- [45] I. W. Burton, M. A. Quilliam, and J. A. Walter, "Quantitative 1H NMR with external standards: use in preparation of calibration solutions for algal toxins and other natural products," *Analytical Chemistry*, vol. 77, no. 10, pp. 3123–3131, 2005.
- [46] C. Sterling, R. Crouch, D. J. Russell, and A. I. Calderón, "1H-NMR quantification of major saccharides in açai raw materials: a comparison of the internal standard methodology with the absolute intensity qNMR method," *Phytochemical Analysis*, vol. 24, no. 6, pp. 631–637, 2013.
- [47] L. Chi, M. Huang, A. R. Pfaff, J. Huang, R. E. Gerald, and K. Woelk, "Capillary-tube package devices for the quantitative performance evaluation of nuclear magnetic resonance spectrometers and pulse sequences," *Review of Scientific Instruments*, vol. 89, Article ID 123115, 2018.
- [48] F. Franconi, C. Chapon, L. Lemaire, V. Lehmann, L. Barantin, and S. Akoka, "Quantitative MR renography using a calibrated internal signal (ERETIC)," *Magnetic Resonance Imaging*, vol. 20, no. 8, pp. 587–592, 2002.
- [49] I. Billault, R. Robins, and S. Akoka, "Determination of deuterium isotope ratios by quantitative 2H NMR spectroscopy: the ERETIC method as a generic reference signal," *Analytical Chemistry*, vol. 74, no. 22, pp. 5902–5906, 2002.
- [50] N. Michel and S. Akoka, "The application of the ERETIC method to 2D-NMR," *Journal of Magnetic Resonance*, vol. 168, no. 1, pp. 118–123, 2004.
- [51] Y. B. Monakhova, M. Kohl-Himmelseher, T. Kuballa, and D. W. Lachenmeier, "Determination of the purity of pharmaceutical reference materials by 1H NMR using the standardless PULCON methodology," *Journal of*

- Pharmaceutical and Biomedical Analysis*, vol. 100, pp. 381–386, 2014.
- [52] R. Watanabe, C. Sugai, T. Yamazaki et al., “Quantitative nuclear magnetic resonance spectroscopy based on PULCON methodology: application to quantification of invaluable marine toxin, okadaic acid,” *Toxins*, vol. 8, no. 10, p. 294, 2016.
- [53] O. Frank, J. K. Kreissl, A. Daschner, and T. Hofmann, “Accurate determination of reference materials and natural isolates by means of quantitative ^1H NMR spectroscopy,” *Journal of Agricultural and Food Chemistry*, vol. 62, no. 12, pp. 2506–2515, 2014.
- [54] R. D. Farrant, J. C. Hollerton, S. M. Lynn, S. Provera, P. J. Sidebottom, and R. J. Upton, “NMR quantification using an artificial signal,” *Magnetic Resonance in Chemistry*, vol. 48, no. 10, pp. 753–762, 2010.
- [55] Y. Lee, Y. Matviychuk, and D. J. Holland, “Quantitative analysis using external standards with a benchtop NMR spectrometer,” *Journal of Magnetic Resonance*, vol. 320, Article ID 106826, 2020.
- [56] B. C. Garrido and L. J. de Carvalho, “Nuclear magnetic resonance using electronic referencing: method validation and evaluation of the measurement uncertainties for the quantification of benzoic acid in orange juice,” *Magnetic Resonance in Chemistry*, vol. 53, no. 2, pp. 135–141, 2015.
- [57] X. Lin, H. Zhan, H. Li, Y. Huang, and Z. Chen, “NMR relaxation measurements on complex samples based on real-time pure shift techniques,” *Molecules*, vol. 25, no. 3, p. 473, 2020.
- [58] J. Wójcik, A. Ejchart, and M. Nowakowski, “Shape adaptation of quinine in cyclodextrin cavities: NMR studies,” *Physical Chemistry Chemical Physics*, vol. 21, no. 13, pp. 6925–6934, 2019.