

Research Article

Detection and Characterization of the Metabolites of Ciwujianoside B in Rats Based on UPLC-Fusion Lumos Orbitrap Mass Spectrometry

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We previously conducted a systematic study on the metabolic process and products of hederasaponin B in rats. We hypothesized that the sugar chain structures play a key role in the metabolism of triterpenoid saponins. To verify this hypothesis, we conducted metabolic research on ciwujianoside B ascribed to the same sugar chains and a distinct aglycone and compared it with hederasaponin B. Specifically, we collected feces, urine, and plasma of rats after gavage with ciwujianoside B and identified 42 metabolites by UPLC-Fusion Lumos Orbitrap mass spectrometry. Finally, ciwujianoside B metabolism and hederasaponin B metabolism were compared, reaching the following conclusions: (i) more than 40 metabolites were identified in both, with the majority of metabolites identified in feces; (ii) the corresponding metabolic pathways *in vivo* were basically similar, including deglycosylation, acetylation, hydroxylation, glucuronidation, oxidation, and glycosylation; and (iii) deglycosylation was considered the main metabolic reaction, and its metabolites accounted for approximately 50% of all metabolites. Overall, this study provides a foundation for further research on the metabolism of triterpenoid saponins.

1. Introduction

Acanthopanax senticosus is a small woody shrub that belongs to the *Araliaceae* family. It is mainly distributed in the northeastern region of China, Korea, and Japan. The rhizome and root of *A. senticosus*, also known as “Siberian ginseng,” have been widely used as a tonic and antifatigue agent for the treatment and prevention of various diseases including cancer, diabetes, ischemic stroke, rheumatism, depression, and Parkinson’s disease [1–3]. However, from the perspective of resource utilization, the resources of *A. senticosus* leaves have gradually received attention from the medical and pharmaceutical fields. Pharmacological studies have indicated that *A. senticosus* leaves have multiple bioactivities, e.g., glycosidase inhibition, antiaging, antioxidant, and antitumor effects [4–6]. It has been confirmed that the presence of saponins in the roots, stems, and leaves of *A. senticosus* is responsible for these major effects [7]. However, saponins generally have low

bioavailability due to the large chemical polarity and poor oral absorption, and their metabolism has been poorly studied [8, 9]. Therefore, it is essential to elucidate the metabolic fate of triterpene saponins in *A. senticosus* leaves for further exploitation and utilization of its leaf resources.

We previously conducted a systematic study on the metabolic process and products of hederasaponin B, a triterpenoid saponin obtained from *A. senticosus* leaves [10]. We proposed that the sugar chain structures play a key role in the metabolism of triterpenoid saponins. Ciwujianoside B is also a triterpenoid saponin isolated from *A. senticosus* leaves, which has been shown to be able to penetrate and work in the brain, enhance memory function, and confer radioprotective effects [11, 12]. Compared with hederasaponin B, ciwujianoside B is ascribed to the same sugar chains and a distinct aglycone. According to our hypothesis, the metabolism of both should have similar results and searchable rules.

Therefore, in this study, we profiled the *in vivo* metabolic fate of ciwujianoside B in rats based on the proposed strategy and compared it with that of hederasaponin B. Specifically, we established a UPLC-Fusion Lumos Orbitrap mass spectrometry method for the rapid identification of metabolites of ciwujianoside B in plasma, urine, and feces samples [13, 14]. The metabolite identification results were obtained by using Compound Discoverer 3.0 software combined with manual screening [15, 16]. Subsequently, the possible metabolic pathways of ciwujianoside B were analyzed. Additionally, we compared the results of ciwujianoside B with those of hederasaponin B to summarize the metabolic laws of both. These possible laws could provide valuable reference to further elucidate the metabolism of other similar triterpenoid saponins.

2. Materials and Methods

2.1. Chemicals and Reagents. *A. senticosus* leaves were collected at Muling County (Heilongjiang Province, China). Mass spectrometry-grade methanol and acetonitrile were obtained from Thermo Fisher (Geel, Belgium). HPLC-grade formic acid was obtained from Dikma (Lake Forest, USA). Purified water was obtained from Watsons (China). Other reagents were purchased from local sources and of analytical grade.

2.2. Preparation of Ciwujianoside B. The 3 kg of *A. senticosus* leaves were crushed and extracted with 30 L of 70% ethanol under reflux conditions for three hours. The ethanolic solution was filtered after standing, and extraction procedure was repeated three times. The filtrates were combined and then concentrated by a rotary evaporator. The extract was separated by an AB-8 macroporous resin column (9 cm i.d. \times 100 cm) and eluted with water (2.0 BV), 30% ethanol (4.0 BV), 60% ethanol (4.0 BV), and 95% ethanol (4.0 BV). Subsequently, the fraction obtained with 60% ethanol was subjected to silica gel column chromatography (dichloromethane-methanol-water (10:1:0.1) \rightarrow methanol) to obtain six fractions (A–F). Fraction B was subjected to reversed-phase silica gel chromatography (70% methanol-water \rightarrow methanol) to obtain three fractions (B₁–B₃). Then, fraction B₃ was purified on a SHIMADZU C18 column (20 \times 250 mm, 5 μ m) using preparative liquid chromatograph equipped with a refractive index detector. The mobile phase was acetonitrile/water (4:6), and the flow rate was 5 mL/min. The retention time of ciwujianoside B was 10.5–10.8 min. Finally, the collected preparation solution was concentrated and freeze-dried to obtain purified ciwujianoside B. Its purity was greater than 98% as determined by HPLC-ELSD.

2.3. Animal Experiments. Specific pathogen-free-grade Sprague Dawley male rats (200 \pm 20 g) were purchased from the Animal Experiment Center of Heilongjiang University of Chinese Medicine (SYXK (hei) 2021-010). Animals were raised in an environmentally controlled animal room with a temperature of 24 \pm 2 $^{\circ}$ C and a 12-h dark/12-h light

cycle for a week. And they had free access to water and food during the adaptation period. Then, the rats were randomly divided into three groups (three rats per group): administration group A (collect plasma), administration group B (collect urine and feces), and blank control group C. After fasting for 12 h, groups A and B were given ciwujianoside B dissolved in physiological saline (150 mg/kg) orally, and blank group C was given physiological saline orally. Rats drunk water freely during the experiment. The experimental procedures were approved by the Ethics Committee of Heilongjiang University of Chinese Medicine.

2.4. Collection and Preparation of Biosamples

2.4.1. Plasma Samples. Plasma samples were collected from administration groups A. Venous blood samples in the orbit were collected into heparinized tubes at different times (0.25, 0.5, 0.75, 1, 1.5, 2, 3, 4, 6, 8, 10, 12, and 24 h) after oral administration. The blood samples were centrifuged at 3000 rpm. The obtained plasma was transferred and stored at -80° C for further analysis. Before the preparation of biosamples, plasma samples were completely thawed. Each plasma sample (100 μ L) was mixed with 700 μ L of methanol, swirled for 1 min, and then centrifuged at 12000 rpm for 10 min (4 $^{\circ}$ C). Subsequently, a series of supernatants were merged and dried with nitrogen stream. The residue was redissolved with methanol (100 μ L) and centrifuged to obtain the supernatant for analysis. Blank plasma samples were collected and processed as described above.

2.4.2. Feces and Urine Samples. Each rat in groups B was housed in separate metabolic cages, and the feces and urine samples were collected at different time periods (0–4 h, 4–8 h, 8–12 h, 12–24 h, 24–36 h, and 36–48 h) after oral administration. Before the preparation of biosamples, the feces samples were freeze-dried and ground into fine powder. The serial fecal powder samples (0.5 g per serving) were extracted by ultrasound for 30 min using 3 mL of methanol and centrifuged at 12,000 rpm for 10 min (4 $^{\circ}$ C). Then, each supernatant sample (100 μ L) was mixed with 700 μ L of methanol to precipitate the protein. After centrifugation again, the supernatants were pooled and dried with nitrogen stream. The residue was redissolved with methanol (100 μ L) and centrifuged to obtain the supernatant for analysis.

Urine samples were completely thawed at room temperature and then purified by activated SPE cartridges [17]. The purified urine samples (1.0 mL) were combined and dried with nitrogen stream, and the residue was redissolved with methanol (100 μ L). After centrifugation and filtration, the supernatant was taken for analysis. Blank feces and urine samples were collected and processed as described above.

2.5. Instruments and Conditions. UPLC separation was performed using a Vanquish Flex UPLC system (Thermo Fisher Scientific, USA) on a ACQUITY HSS T3 column (2.1 \times 150 mm, 1.8 μ m) at a column temperature of 35 $^{\circ}$ C.

The mobile phase was water (0.1% formic acid, A) and acetonitrile (0.1% formic acid, B). The UPLC system was eluted with a gradient program as follows: 10–90% B at 0–25 min, 90–10% B at 25–25.1 min, 10% B at 25.1–30 min. The flow rate was 0.3 mL/min.

MS analysis was performed using an Orbitrap Fusion Lumos tribrid mass spectrometer equipped with a heating electrospray ionization source (ESI). The following ESI source parameters were used: an ion spray voltage of 3.2 kV, a capillary temperature of 350°C, an ion transfer tube temperature of 320°C, a sheath gas (N₂) flow rate of 42 arb, a sweep gas (N₂) flow rate of 1 arb, and an auxiliary gas (N₂) flow rate of 12 arb. MS spectra were acquired at the mass range of 350–2000 *m/z*. High collision-induced dissociation (HCD) was adopted with normalized collision energy setting of 40 eV in ESI[−] mode and 20 eV in the ESI⁺ mode. MS² spectra were acquired by the data-dependent acquisition (DDA) scan mode, and the primary ions with ionic strength greater than 2.5e4 were broken into secondary fragments. Dynamic exclusion was set to 6.00 s.

2.6. Data Analysis. The data were recorded in RAW file (.raw) and could be processed using Thermo Scientific Xcalibur 4.2 workstation software. The peaks with intensities above 50,000 were selected for analysis. The Xcalibur files of the blank and administration groups were added into Thermo Scientific Compound Discoverer 3.0 to identify the metabolites of ciwujianoside B, and all data files were analyzed with the same parameter settings. Workflow selected “known compound detection” mode under processing, and the results were exported to a Microsoft Excel spreadsheet. The parameters were set as follows: the degree of unsaturation was 0–15; the maximum tolerance of mass error was 5 ppm; the elements’ composition was C, H, O, N, S, etc.; and other parameters were default values.

3. Results and Discussion

3.1. Structural Characterization of Ciwujianoside B by NMR. The ¹H-NMR (C₅D₅N, 600 MHz) spectrum of ciwujianoside B showed signals for five angular methyls at 1.20, 1.29, 0.85, 1.06, and 1.15 (each, 3H, s), two olefinic signals at δ_H = 5.41 (1H, t, H-12) and 4.66, 4.72 (2H, br.s), and five anomeric proton signals suggesting the presence of five sugars (δ_H = 4.89 (1H, d, J 4.2 Hz), 5.41 (1H, d, J 7.0 Hz), 6.19 (1H, d, J 7.2 Hz), 4.89 (1H, d, J 7.1 Hz), and 5.84 (1H, br.s)). The presence of five sugars in ciwujianoside B was also evident from the five characteristic anomeric carbon signals at δ_C = 104.6, 101.5, 95.5, 104.6, and 102.4 in the ¹³C-NMR (C₅D₅N, 150 MHz) spectrum. In addition, the following data provide information on aglycone: two double-bond carbon signals at δ_C = 122.9 and 143.2 (due to C-12 and C-13), a double-bond carbon signal at δ_C = 107.1 (due to C-29), and a carboxyl carbon signal at δ_C = 175.5 (due to C-28) were observed. Based on the above data, relevant literature [18], and mass spectrometry, we determined that the compound was ciwujianoside B (Figure 1). Table S1 provides the ¹³C-NMR data and literature comparison for ciwujianoside B.

3.2. Structural Characterization of Ciwujianoside B by UPLC-MS² (M₀). M₀ (C₅₈H₉₂O₂₅, retention time (t_R) = 9.86 min) was detected in urine, plasma, and feces samples. Its [M − H][−], [M + HCOOH − H][−], [M + H]⁺, and [M + NH₄]⁺ ions were detected at *m/z* 1187.5889, 1233.5948, 1189.6097, and 1206.6362, respectively. In the negative ion mode, the fragment ion sequences *m/z* 717.4 → 571.3 → 553.4 → 439.3 (Δ*m* = 146, 18, and 114 Da, respectively) were observed in the ESI[−]-MS² spectrum, and [Y_{0α} − H][−], [Y_{0α} − Rha − H][−], [Y_{0α} − Rha − H₂OH][−], and [A − H][−] ions were generated in sequence (A, aglycone). It was speculated that fragmentation of the ester bond was produced at the C-28 position of [M − H][−] at *m/z* 1187.6, and then, [Y_{0α} − H][−] at *m/z* 717.4 continued to break the C-3 glycan chain, thereby showing the above ion peaks. In the positive ion mode, an ion fragment was observed at *m/z* 423.3, which could be attributed to [A − H₂O + H]⁺, and the aglycone was assumed to be akebonoic acid [19]. According to the above evidences, it can be inferred that the main structure of M₀ was Rha → Ara-A-Glc ← Glc ← Rha. The main cleavage characteristics are shown in Figure 2, which helped to identify other metabolites in vivo.

3.3. Structural Characterization of Ciwujianoside B Metabolites. By analyzing the mass detection results of the treated biological samples and the corresponding blank samples, 42 metabolites (M₀–M₄₁) were preliminarily identified (Figure 3). The corresponding metabolic pathways were proposed, including deglycosylation, acetylation, hydroxylation, oxidation, glycosylation, and glucuronidation reactions. Table 1 provides the detailed UPLC-MS² data of ciwujianoside B metabolites. In the following text, typical examples of different metabolic pathways are discussed in detail.

3.3.1. Deglycosylated Metabolites (M₁₂, M₁₄, M₁₅, M₁₈, M₁₉, M₂₁, M₂₆, M₂₈, M₃₀, M₂₉, M₃₃, M₃₄, and M₃₆). Deglycosylation is the main metabolic pathway of ciwujianoside B. A total of 13 single deglycosylated metabolites were identified (M₁₂, M₁₄, M₁₅, M₁₈, M₁₉, M₂₁, M₂₆, M₂₈, M₃₀, M₂₉, M₃₃, M₃₄, M₃₆), four of which (M₁₂, M₁₈, M₂₈, and M₃₀) are important products of single deglycosylation reaction, and they are discussed below as typical examples.

M₁₂, M₁₈, M₂₈, and M₃₀ (t_R = 9.86, 11.76, 15.90, and 16.25 min, respectively) are isomers produced through rearrangements of the sugar chain and glycosyl isomerization. Their molecular formula is C₄₀H₆₂O₁₁, and their molecular weight is 718 Da, which is 470 Da less than that of M₀. The oligosaccharide chains of the prototype drug are prone to break from the outside to the inside, resulting in the metabolites that lose different glycosyls. This can manifest as a difference in the molecular weight—132, 146, and 162 Da—corresponding to the loss of arabinose (Ara), rhamnose (Rha), and glucose (Glc). Thus, it could be speculated that M₁₂, M₁₈, M₂₈, and M₃₀ are generated through the removal of the C-28 sugar chain (Glc ← Glc ← Rha) during the metabolic process of the prototype drug. M₁₂ produced

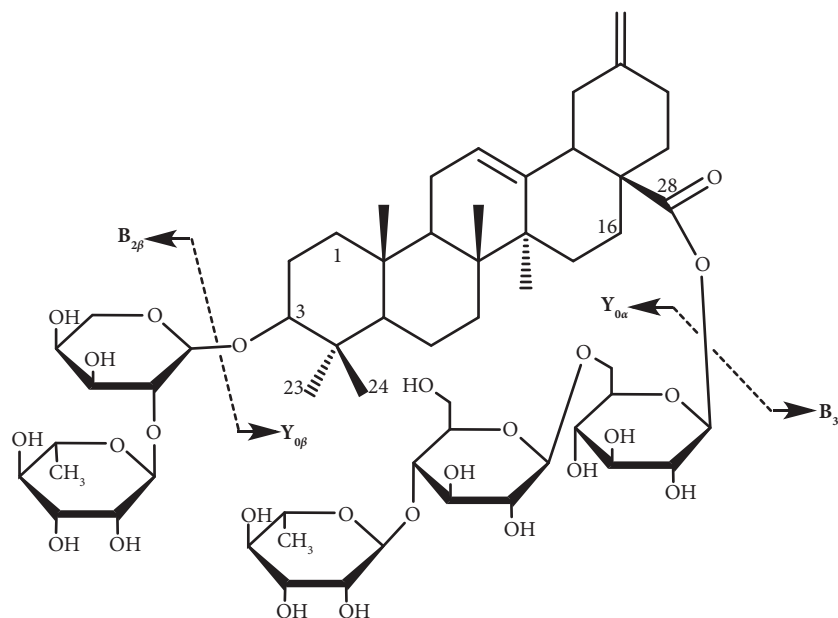


FIGURE 1: Chemical structure of ciwujianoside B.

$[M - H]^-$ ions at m/z 717.4255 and $[M + \text{HCOOH} - H]^-$ ions at m/z 763.4311 in the ESI⁻-MS spectrum. As shown in Figure S1, rhamnose (162 Da) was first lost in the C-3 sugar chain of $[M - H]^-$, which resulted in a group of fragment ions $[M - \text{Rha} - H]^-$ at m/z 571.4, $[M - \text{Rha} - \text{H}_2\text{O} - H]^-$ at m/z 553.4, and $[A - H]^-$ at m/z 439.3. The structure of M_{12} , M_{18} , M_{28} , and M_{30} was preliminarily identified as Rha \rightarrow Ara-A. The specific mass spectrum and cleavage pathways are shown in Figure S1.

3.3.2. Deglycosylated and Hydroxylated Metabolites (M_2 , M_5 , M_{10} , M_{20} , M_{22} , M_{24} , M_{25} , M_{27} , M_{32} , M_{35} , M_{38} , and M_{39}). M_5 , M_{10} , and M_{39} ($t_R = 8.01$, 9.56, 11.31 min, respectively) are analyzed below as representative metabolites. Their molecular formula is $\text{C}_{52}\text{H}_{82}\text{O}_{22}$, and their molecular weight is 1058 Da. In the negative ion mode, $[M - H]^-$ at m/z 1057.5264 and $[M + \text{HCOOH} - H]^-$ at m/z 1103.5308 of M_5 were observed in the MS spectrum. When the collision energy HCD was 40 eV, the ion fragmentation sequence of M_5 was m/z 733.3 \rightarrow 587.3 \rightarrow 569.3 \rightarrow 455.3 ($\Delta m = 146$, 18, and 114 Da in the sequence), and $[Y_{0\alpha} - H]^-$, $[Y_{0\alpha} - \text{Rha} - H]^-$, $[Y_{0\alpha} - \text{Rha} - \text{H}_2\text{O} - H]^-$, and $[A - H]^-$ ion fragments were generated in turn. This shows that the hydroxylation of M_5 occurs on aglycone. The fragment ion information of M_{39} was similar to that of M_5 . Another metabolite M_{10} showed the ion fragmentation sequence m/z 733.4 \rightarrow 571.3 \rightarrow 553.2 \rightarrow 439.2 ($\Delta m = 162$, 18, and 114 Da in the sequence), and $[Y_{0\alpha} - H]^-$, $[Y_{0\alpha} - \text{Rha}(\text{OH}) - H]^-$, $[Y_{0\alpha} - \text{Rha}(\text{OH}) - \text{H}_2\text{O} - H]^-$, and $[A - H]^-$ ion fragments were generated in turn. This indicates that the hydroxylation of M_{10} occurs at the C-3 position sugar chain. According to the above evidences, M_5 , M_{10} , and M_{39} were preliminarily identified as Rha \rightarrow Ara-A (OH)-Glc \leftarrow Glc or Rha(OH) \rightarrow Ara-A-Glc \leftarrow Glc. The specific mass spectrum and cleavage pathways are shown in Figure 4.

3.3.3. Deglycosylated and Acetylated Metabolites (M_{17} , M_{23} , and M_{31}). M_{17} , M_{23} , and M_{31} are generated through the acetylation and deglycosylation of M_0 . Here, M_{23} ($t_R = 13.66$ min) is taken as an example. Its molecular structural formula is $\text{C}_{49}\text{H}_{77}\text{O}_{18}$, and the molecular weight is 952 Da, which is 236 Da less than that of M_0 . It could be speculated that M_{23} was generated through the removal of Rha \rightarrow Ara at the C-3 position and the addition of an acetyl group during the metabolic process of the prototype drug. The ESI⁻-MS spectrum of M_{23} showed the fragment ions of $[M - H]^-$ at m/z 951.4993 and $[M - \text{HCOOH} - H]^-$ at m/z 997.5049. The MS² spectrum of M_{23} showed the fragment ions at m/z 439.4 ($[A - H]^-$), which reflected aglycone information. These data indicate that M_{23} is produced by acetylation at a certain location in the C-28 sugar chain after the removal of the C-3 sugar chain (Rha \rightarrow Ara) of the prototype drug, or by the acetylation of the metabolite M_{21} . Therefore, M_{23} was preliminarily identified as A-Glc \leftarrow Glc \leftarrow Rha (Ac) (Figure S2).

3.3.4. Oxidated and Deglycosylated Metabolite (M_{37}). The molecular formula of M_{37} ($t_R = 23.65$ min) is $\text{C}_{29}\text{H}_{42}\text{O}_5$. The ESI⁺-MS² spectrum showed the fragment ion of $[A - \text{H}_2\text{O} + H]^+$ located at m/z 453.2, which provided aglycone information. Therefore, it could be speculated that M_{37} is produced by both hydroxylation and oxidation on the aglycone, as shown in Figure S3.

3.3.5. Hydroxylated Metabolites (M_1 , M_3 , M_4 , M_6 , and M_{41}). M_1 , M_3 , M_4 , M_6 , and M_{41} are hydroxylation products of M_0 . Among them, M_1 and M_3 are isomers of each other, and they have the same molecular formula ($\text{C}_{58}\text{H}_{92}\text{O}_{27}$). The molecular weight of M_1 and M_3 is 32 Da higher than that of M_0 , so it can be speculated that M_0 undergoes two hydroxylation

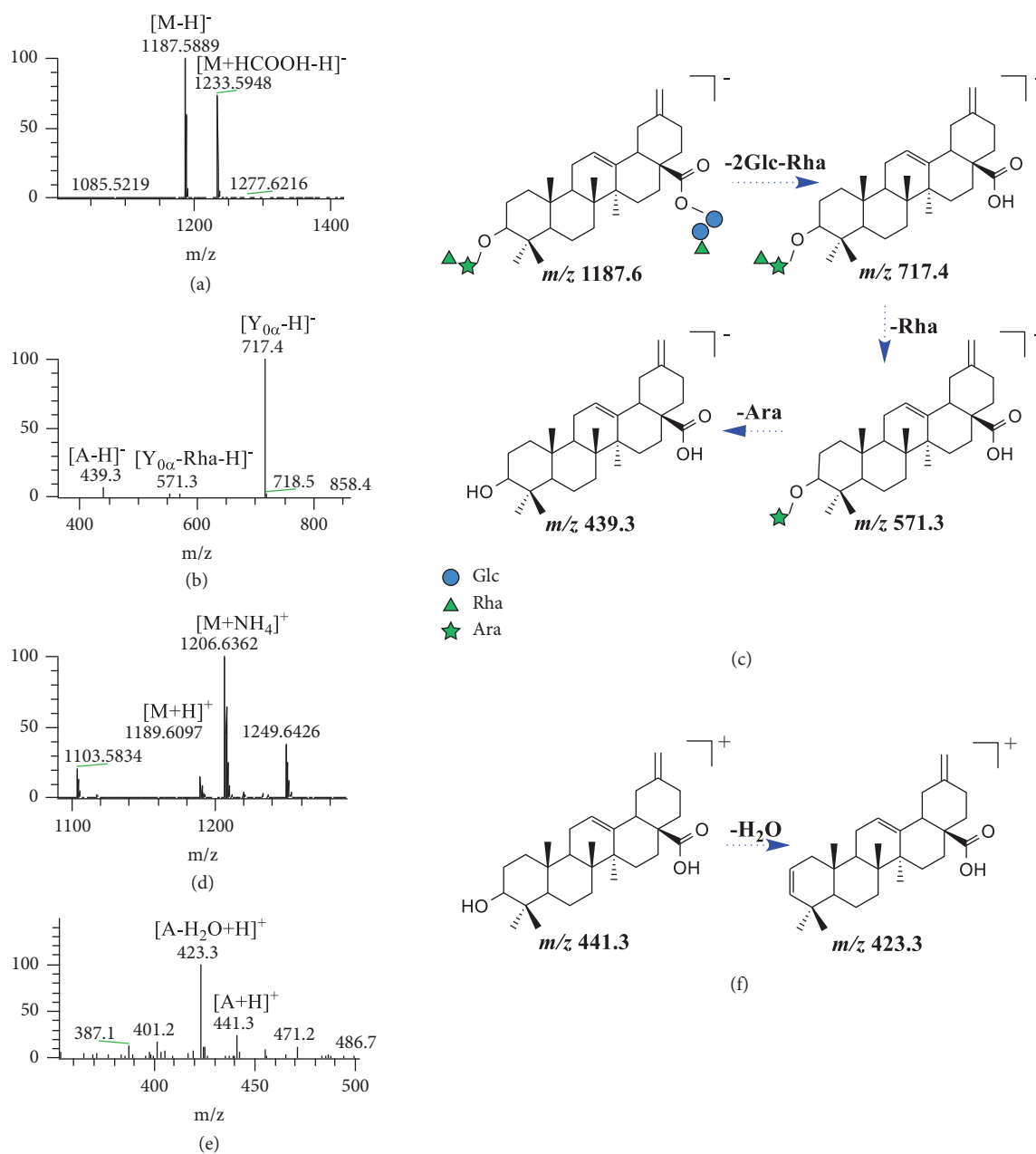


FIGURE 2: The ESI⁻-MS spectrum (a), ESI⁻-MS/MS spectrum (b), ESI⁺-MS spectrum (d), and ESI⁺-MS² spectrum (e) of **M**₀ and proposed fragmentation pathways in negative (c) and positive (f) ion modes.

reactions to produce **M**₁ and **M**₃. According to the detailed MS² data of **M**₁ and **M**₃ (Table 1), it can be assumed that the two hydroxylation reactions of **M**₁ occur one on aglycone and one on rhamnose at C-3, while both reactions of **M**₃ occur on aglycone.

M₄, **M**₆, and **M**₄₁ have the same molecular formula (C₅₈H₉₂O₂₆). According to Table 1, the ion fragmentation sequence of **M**₄ and **M**₄₁ was m/z 1203.6 \rightarrow 733.4 \rightarrow 587.2 \rightarrow 455.3 ($\Delta m = 470, 146,$ and 132 Da), and [M-H]⁻, [Y_{0α}-H]⁻, [Y_{0α}-Rha-H]⁻, and [A-H]⁻ ion fragments were generated in turn. It indicates that the hydroxylation of **M**₄ and **M**₄₁ occurs on aglycones. As for **M**₆, the fragment sequence was m/z 1203.6 \rightarrow 733.3 \rightarrow 571.3 \rightarrow 439.4

($\Delta m = 470, 162,$ and 132 Da), and [M-H]⁻, [Y_{0α}-H]⁻, [Y_{0α}-Rha(OH)-H]⁻, and [A-H]⁻ ion fragments were generated in turn. It could be speculated that the hydroxylation of **M**₆ occurs on rhamnose at C-3. Based on the above data, the structures of **M**₄, **M**₄₁, and **M**₆ were speculated to be Rha \rightarrow Ara-A(OH)-Glc \leftarrow Glc \leftarrow Rha and Rha(OH) \rightarrow Ara-A-Glc \leftarrow Glc \leftarrow Rha (Figure S4).

3.3.6. Acetylated Metabolite (M₁₆). [M-H]⁻ ions of **M**₁₆ ($t_R = 10.56$ min, C₆₀H₉₄O₂₆) were detected at m/z 1229.6066. According to [M-H]⁻ \rightarrow [Y_{0α}-H]⁻ ($\Delta m = 470$), it could be speculated that [Y_{0α}-H]⁻ is formed by the loss of

TABLE 1: Metabolites identified in rat biological samples by UPLC-Fusion Lumos Orbitrap mass spectrometer.

No	Formula	[M-H] ⁻	t _R	Fragmentation ions (intensity %) of [M-H] ⁻ /[M+H] ⁺	Transformation
M ₀	C ₅₈ H ₉₂ O ₂₅	1187.5889	9.86	717.4 (100%) [Y _{0α} -H] ⁻ , 571.3 (8%) [Y _{0α} -Rha-H] ⁻ , 553.4 (7%) [Y _{0α} -Rha-H ₂ O-H] ⁻ , 439.3 (12%) [A-H] ⁻ 423.3 (50%) [A-H ₂ O + H] ⁺	P
M ₁	C ₅₈ H ₉₂ O ₂₇	1219.5820	7.40	749.5 (20%) [Y _{0α} -H] ⁻ , 587.4 (5%) [Y _{0α} -Rha (OH)-H] ⁻ , 455.3 (50%) [A-H] ⁻ 439.4 (20%) [A-H ₂ O + H] ⁺	H
M ₂	C ₄₆ H ₇₂ O ₁₇	895.4731	7.50	733.4 (60%) [Y _{0α} -H] ⁻ , 587.3 (60%) [Y _{0α} -Rha-H] ⁻ , 455.3 (100%) [A-H] ⁻	D + H
M ₃	C ₅₈ H ₉₂ O ₂₇	1219.5809	7.68	749.4 (100%) [Y _{0α} -H] ⁻ , 603.3 (10%) [Y _{0α} -Rha-H] ⁻ , 585.3 (10%) [Y _{0α} -Rha-H ₂ O-H] ⁻ , 471.2 (2%) [A-H] ⁻	H
M ₄	C ₅₈ H ₉₂ O ₂₆	1203.5853	7.71	733.4 (50%) [Y _{0α} -H] ⁻ , 587.2 (10%) [Y _{0α} -Rha-H] ⁻ , 569.3 (12%) [Y _{0α} -Rha-H ₂ O-H] ⁻ , 455.3 (10%) [A-H] ⁻ 439.3 (60%) [A-H ₂ O + H] ⁺	H
M ₅	C ₅₂ H ₈₂ O ₂₂	1057.5264	8.01	733.3 (2%) [Y _{0α} -H] ⁻ , 587.3 (20%) [Y _{0α} -Rha-H] ⁻ , 569.3 (100%) [Y _{0α} -Rha-H ₂ O-H] ⁻ , 455.3 (2%) [A-H] ⁻ 439.2 (30%) [A-H ₂ O + H] ⁺	D + H
M ₆	C ₅₈ H ₉₂ O ₂₆	1203.5839	9.01	733.3 (20%) [Y _{0α} -H] ⁻ , 571.3 (70%) [Y _{0α} -Rha (OH)-H] ⁻ , 553.3 (40%) [Y _{0α} -Rha (OH)-H ₂ O-H] ⁻ , 439.4 (90%) [A-H] ⁻ 423.3 (100%) [A-H ₂ O + H] ⁺	H
M ₇	C ₆₄ H ₁₀₀ O ₃₁	1363.6216	9.16	893.5 (100%) [Y _{0α} -H] ⁻ , 717.4 (60%) [Y _{0α} -GlcA-H] ⁻ , 571.3 (50%) [Y _{0α} -GlcA-Rha-H] ⁻ , 553.3 (30%) [Y _{0α} -GlcA-Rha-H ₂ O-H] ⁻ , 439.3 (30%) [A-H] ⁻ 423.3 (85%) [A-H ₂ O + H] ⁺	Gu
M ₈	C ₆₄ H ₁₀₀ O ₃₁	1363.6271	9.46	893.5 (100%) [Y _{0α} -H] ⁻ , 717.4 (70%) [Y _{0α} -GlcA-H] ⁻ , 571.4 (40%) [Y _{0α} -GlcA-Rha-H] ⁻ , 553.3 (30%) [Y _{0α} -GlcA-Rha-H ₂ O-H] ⁻ , 439.3 (50%) [A-H] ⁻	Gu
M ₉	C ₆₄ H ₁₀₂ O ₃₀	1349.6433	9.51	879.5 (5%) [Y _{0α} -H] ⁻ , 717.4 (100%) [Y _{0α} -Glc-H] ⁻ , 571.3 (30%) [Y _{0α} -Glc-Rha-H] ⁻ , 553.4 (20%) [Y _{0α} -Glc-Rha-H ₂ O-H] ⁻ , 439.3 (60%) [A-H] ⁻ 423.4 (80%) [A-H ₂ O + H] ⁺	G
M ₁₀	C ₅₂ H ₈₂ O ₂₂	1057.5255	9.56	733.4 (80%) [Y _{0α} -H] ⁻ , 717.3 (15%) [Y _{0α} -H ₂ O-H] ⁻ , 571.3 (100%) [Y _{0α} -Glc-H] ⁻ , 553.2 (90%) [Y _{0α} -Glc-H ₂ O-H] ⁻ , 439.2 (20%) [A-H] ⁻	D + H
M ₁₁	C ₆₃ H ₁₀₀ O ₂₉	1319.6329	9.66	849.4 (10%) [Y _{0α} -H] ⁻ , 717.4 (80%) [Y _{0α} -Ara-H] ⁻ , 571.3 (60%) [Y _{0α} -Ara-Rha-H] ⁻ , 553.3 (40%) [Y _{0α} -Ara-Rha-H ₂ O-H] ⁻ , 439.3 (100%) [A-H] ⁻	G
M ₁₂	C ₄₀ H ₆₂ O ₁₁	717.4255	9.86	571.4 (10%) [M-Rha-H] ⁻ , 553.4 (10%) [M-Rha-H ₂ O-H] ⁻ , 439.3 (20%) [A-H] ⁻ 423.3 (100%) [A-H ₂ O + H] ⁺	D
M ₁₃	C ₆₀ H ₉₄ O ₂₇	1245.5961	10.06	775.5 (30%) [Y _{0α} -H] ⁻ , 733.4 (80%) [Y _{0α} -Ac-H] ⁻ , 571.3 (100%) [Y _{0α} -Glc-Ac-H] ⁻ , 553.3 (40%) [Y _{0α} -Glc-Ac-H ₂ O-H] ⁻ , 439.3 (25%) [A-H] ⁻ 423.4 (80%) [A-H ₂ O + H] ⁺	H + Ac
M ₁₄	C ₅₂ H ₈₂ O ₂₁	1041.5306	10.11	717.4 (100%) [Y _{0α} -H] ⁻ , 571.4 (5%) [Y _{0α} -Rha-H] ⁻ , 553.4 (5%) [Y _{0α} -Rha-H ₂ O-H] ⁻ , 439.4 (10%) [A-H] ⁻ 423.3 (100%) [A-H ₂ O + H] ⁺	D
M ₁₅	C ₅₂ H ₈₂ O ₂₁	1041.5350	10.31	717.4 (10%) [Y _{0α} -H] ⁻ , 571.3 (100%) [Y _{0α} -Rha-H] ⁻ , 553.3 (1%) [Y _{0α} -Rha-H ₂ O-H] ⁻ , 439.2 (2%) [A-H] ⁻ 423.3 (100%) [A-H ₂ O + H] ⁺	D
M ₁₆	C ₆₀ H ₉₄ O ₂₆	1229.6066	10.56	759.4 (100%) [Y _{0α} -H] ⁻ , 717.4 (35%) [Y _{0α} -Ac-H] ⁻ , 571.4 (6%) [Y _{0α} -Rha-Ac-H] ⁻ , 553.4 (5%) [Y _{0α} -Rha-Ac-H ₂ O-H] ⁻ , 439.3 (6%) [A-H] ⁻ 423.3 (40%) [A-H ₂ O + H] ⁺	Ac
M ₁₇	C ₅₄ H ₈₄ O ₂₂	1083.5410	11.11	759.4 (10%) [Y _{0α} -H] ⁻ , 717.4 (50%) [Y _{0α} -Ac-H] ⁻ , 571.3 (100%) [Y _{0α} -Rha-Ac-H] ⁻ , 439.3 (10%) [A-H] ⁻ 423.3 (60%) [A-H ₂ O + H] ⁺	D + Ac
M ₁₈	C ₄₀ H ₆₂ O ₁₁	717.4254	11.76	571.4 (10%) [M-Rha-H] ⁻ , 553.3 (10%) [M-Rha-H ₂ O-H] ⁻ , 439.3 (20%) [A-H] ⁻	D
M ₁₉	C ₄₆ H ₇₂ O ₁₆	879.4787	11.81	717.4 (100%) [Y _{0α} -H] ⁻ , 571.3 (5%) [Y _{0α} -Rha-H] ⁻ , 553.3 (5%) [Y _{0α} -Rha-H ₂ O-H] ⁻ , 439.3 (8%) [A-H] ⁻ 423.3 (15%) [A-H ₂ O + H] ⁺	D
M ₂₀	C ₄₀ H ₆₂ O ₁₂	733.4202	12.11	587.3 (100%) [M-Rha-H] ⁻ , 569.3 (20%) [M-Rha-H ₂ O-H] ⁻ , 455.3 (40%) [A-H] ⁻	D + H
M ₂₁	C ₄₇ H ₇₄ O ₁₇	909.4930	12.61	439.3 (100%) [A-H] ⁻ 423.3 (100%) [A-H ₂ O + H] ⁺	D
M ₂₂	C ₄₀ H ₆₂ O ₁₂	733.4217	13.16	717.3 (2%) [M-OH-H] ⁻ , 587.3 (20%) [M-Rha-H] ⁻ , 569.3 (20%) [M-Rha-H ₂ O-H] ⁻ , 455.3 (30%) [A-H] ⁻	D + H
M ₂₃	C ₄₉ H ₇₆ O ₁₈	951.4993	13.66	439.4 (100%) [A-H] ⁻ 423.4 (40%) [A-H ₂ O + H] ⁺	D + Ac
M ₂₄	C ₅₂ H ₈₂ O ₂₃	1073.5267	14.81	749.5 (20%) [Y _{0α} -H] ⁻ , 587.4 (40%) [Y _{0α} -Rha (OH)-H] ⁻ , 569.3 (20%) [Y _{0α} -Glc-H ₂ O-H] ⁻ , 455.2 (50%) [A-H] ⁻	D + H
M ₂₅	C ₄₀ H ₆₂ O ₁₂	733.4213	14.96	571.4 (100%) [M-Rha (OH)-H] ⁻ , 553.4 (30%) [M-Rha (OH)-H ₂ O-H] ⁻ , 439.3 (50%) [A-H] ⁻ , 421.3 (25%) [A-H ₂ O-H] ⁻ 423.3 (30%) [A-H ₂ O + H] ⁺	D + H
M ₂₆	C ₄₆ H ₇₂ O ₁₆	879.4810	15.01	717.5 (100%) [Y _{0α} -H] ⁻ , 571.4 (80%) [Y _{0α} -Rha-H] ⁻ , 553.4 (30%) [Y _{0α} -Rha-H ₂ O-H] ⁻ , 439.5 (90%) [A-H] ⁻ 423.3 (100%) [A-H ₂ O + H] ⁺	D
M ₂₇	C ₄₆ H ₇₂ O ₁₇	895.4766	15.41	733.2 (5%) [Y _{0α} -H] ⁻ , 571.4 (60%) [Y _{0α} -Rha (OH)-H] ⁻ , 553.3 (30%) [Y _{0α} -Rha (OH)-H ₂ O-H] ⁻ , 439.3 (100%) [A-H] ⁻	D + H
M ₂₈	C ₄₀ H ₆₂ O ₁₁	717.4270	15.90	571.4 (10%) [M-Rha-H] ⁻ , 553.4 (10%) [M-Rha-H ₂ O-H] ⁻ , 439.4 (30%) [A-H] ⁻ 423.4 (100%) [A-H ₂ O + H] ⁺	D
M ₂₉	C ₃₄ H ₅₂ O ₇	571.3714	15.95	553.3 (10%) [M-Rha-H ₂ O-H] ⁻ , 439.3 (60%) [A-H] ⁻	D
M ₃₀	C ₄₀ H ₆₂ O ₁₁	717.4259	16.25	571.4 (10%) [M-Rha-H] ⁻ , 553.4 (10%) [M-Rha-H ₂ O-H] ⁻ , 439.3 (30%) [A-H] ⁻ 423.3 (20%) [A-H ₂ O + H] ⁺	D

TABLE 1: Continued.

No	Formula	$[M-H]^-$	t_R	Fragmentation ions (intensity %) of $[M-H]^-/[M+H]^+$	Transformation
M_{31}	$C_{42}H_{64}O_{13}$	759.4363	16.66	717.5 (25%) $[M-Ac-H]^-$, 571.5 (10%) $[M-Rha-Ac-H]^-$, 553.2 (20%) $[M-Rha-Ac-H_2O-H]^-$, 439.0 (10%) $[A-H]^-$, 423.4 (75%) $[A-H_2O+H]^+$	D + Ac
M_{32}	$C_{29}H_{44}O_4$	455.3258	16.91	455.3 (100%) $[M-H]^-$, 439.4 (70%) $[A-H_2O+H]^+$	D + H
M_{33}	$C_{34}H_{52}O_7$	571.3691	17.15	553.2 (20%) $[M-H_2O-H]^-$, 439.3 (40%) $[A-H]^-$	D
M_{34}	$C_{34}H_{52}O_7$	571.3728	18.61	553.3 (20%) $[M-H_2O-H]^-$, 439.3 (20%) $[A-H]^-$	D
M_{35}	$C_{30}H_{48}O_4$	471.3524	20.31	471.4 (100%) $[M-H]^-$, 455.3 (30%) $[A-H_2O+H]^+$, 437.7 (10%) $[A-2H_2O+H]^+$	D + H
M_{36}	$C_{29}H_{44}O_3$	439.3252	21.35	439.3 (100%) $[M-H]^-$, 423.3 (100%) $[A-H_2O+H]^+$	D
M_{37}	$C_{29}H_{42}O_5$	469.3080	23.65	469.3 (100%) $[M-H]^-$, 453.2 (20%) $[A-H_2O+H]^+$, 435.3 (10%) $[A-2H_2O+H]^+$	D + O
M_{38}	$C_{40}H_{62}O_{12}$	733.4206	9.73	571.4 (100%) $[M-Rha(OH)-H]^-$, 553.4 (20%) $[M-Rha(OH)-H_2O-H]^-$, 439.3 (30%) $[A-H]^-$	D + H
M_{39}	$C_{52}H_{82}O_{22}$	1057.5275	11.31	733.6 (10%) $[Y_{0\alpha}-H]^-$, 587.4 (100%) $[Y_{0\alpha}-Rha-H]^-$	D + H
M_{40}	$C_{60}H_{94}O_{27}$	1245.5917	11.45	733.6 (100%) $[Y_{0\alpha}-Ac-H]^-$, 587.4 (20%) $[Y_{0\alpha}-Rha-Ac-H]^-$, 569.4 (10%) $[Y_{0\alpha}-Rha-H_2O-H]^-$, 455.3 (15%) $[A-H]^-$	H + Ac
M_{41}	$C_{58}H_{92}O_{26}$	1203.5824	10.11	733.4 (100%) $[Y_{0\alpha}-H]^-$, 587.2 (5%) $[Y_{0\alpha}-Rha-H]^-$, 569.3 (7%) $[Y_{0\alpha}-Rha-H_2O-H]^-$, 455.2 (10%) $[A-H]^-$, 439.4 (100%) $[A-H_2O+H]^+$	H

A: aglycone; P: prototype; D: deglycosylation; H: hydroxylation; Ac: acetylation; Gu: glucuronidation; G: glycosylation; O: oxidation. Feces: M_0 – M_{37} ; urine: M_0 , M_4 , M_{7-9} , M_{11-13} , M_{15} , M_{17} , M_{20} , M_{28} , M_{32} , and M_{37} – M_{40} ; plasma: M_0 , M_{21} , M_{25} , M_{28} , M_{29} , M_{32} – M_{36} , and M_{41} .

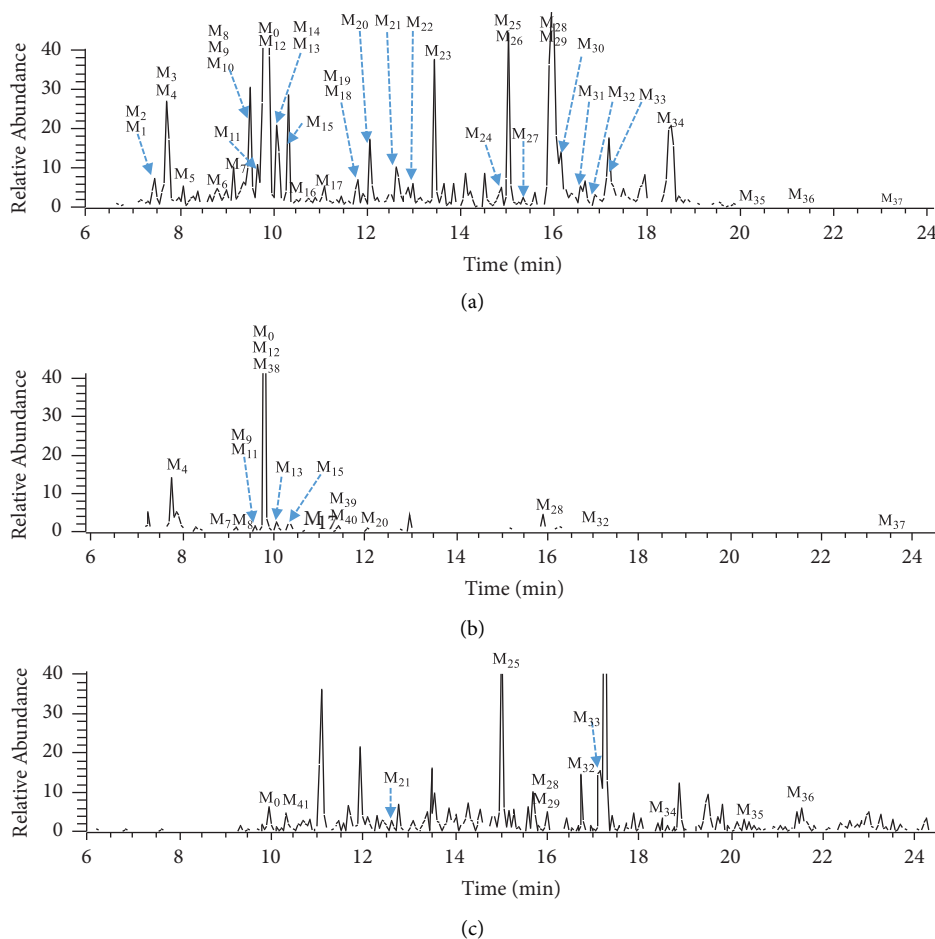


FIGURE 3: UPLC-MS extracted ion chromatograms (EICs) of the metabolites in rat feces (a), urine (b), and plasma (c) of ciwujianside B in the negative ion mode.

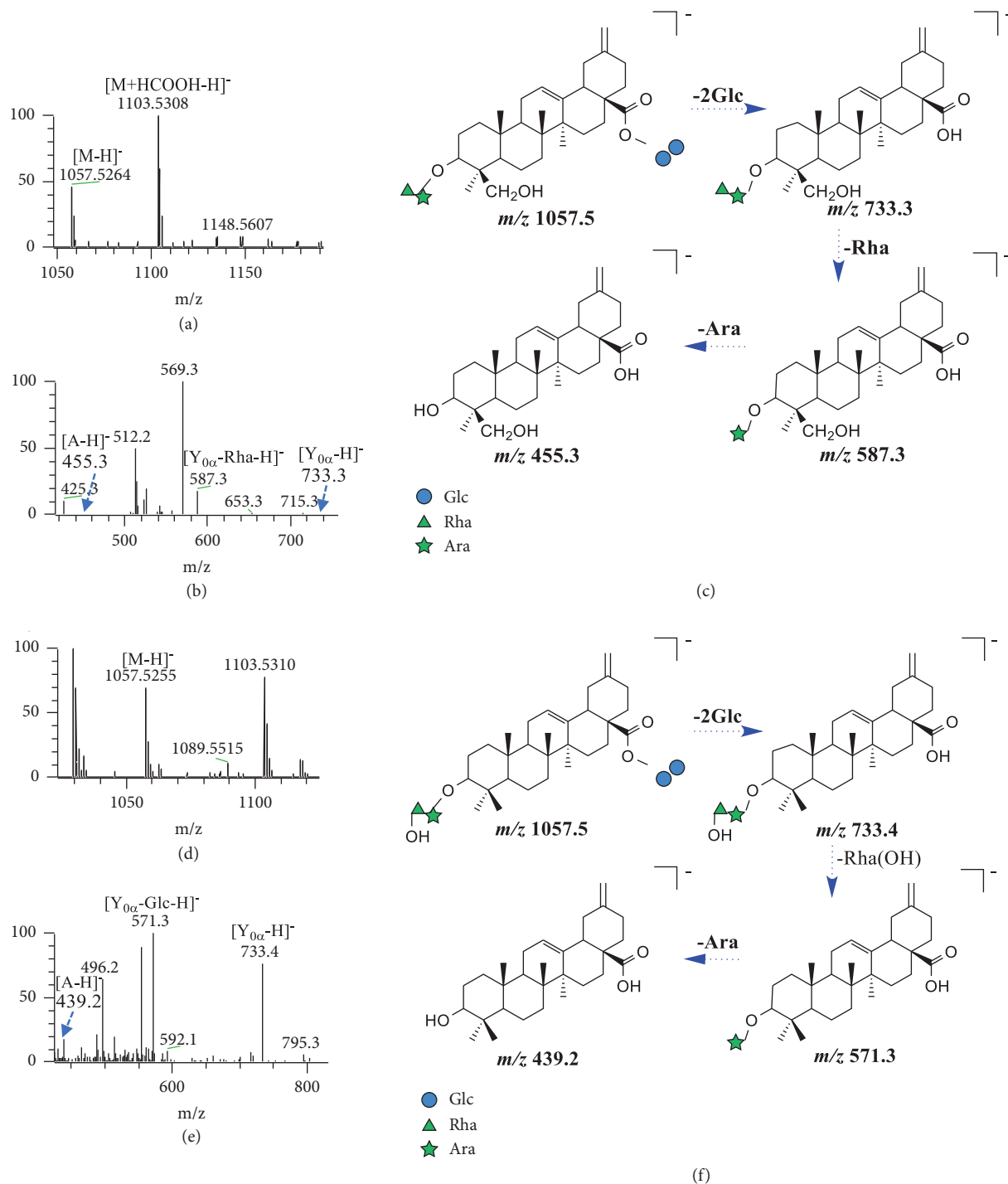


FIGURE 4: The ESI⁻-MS spectrum (a) and ESI⁻-MS/MS spectrum (b) of **M**₅ and proposed fragmentation pathway (c). The ESI⁻-MS spectrum (d) and ESI⁻-MS/MS spectrum (e) of **M**₁₀ and proposed fragmentation pathway (f).

“Glc ← Glc ← Rha.” The fragment ion sequence was observed as follows: $[Y_{0\alpha} - H]^-$ (m/z 759.4) → $[Y_{0\alpha} - Ac - H]^-$ (m/z 717.4) → $[Y_{0\alpha} - Rha - Ac - H]^-$ (m/z 571.4) → $[A - H]^-$ (m/z 439.3). It was preliminarily determined that the structure of **M**₁₆ is (Ac) Rha → Ara - A - Glc ← Glc ← Rha (as shown in Figure 5).

3.3.7. *Hydroxylated and Acetylated Metabolites (M*₁₃ and **M**₄₀). **M**₁₃ (t_R = 10.06 min, C₆₀H₉₄O₂₇) and **M**₄₀ (t_R = 11.45 min, C₆₀H₉₄O₂₇) are the products of simultaneous acetylation and hydroxylation of the parent drug, which generated fragment ions of $[M - H]^-$ located at m/z 1245.5961. When the collision energy HCD was 40 eV, the

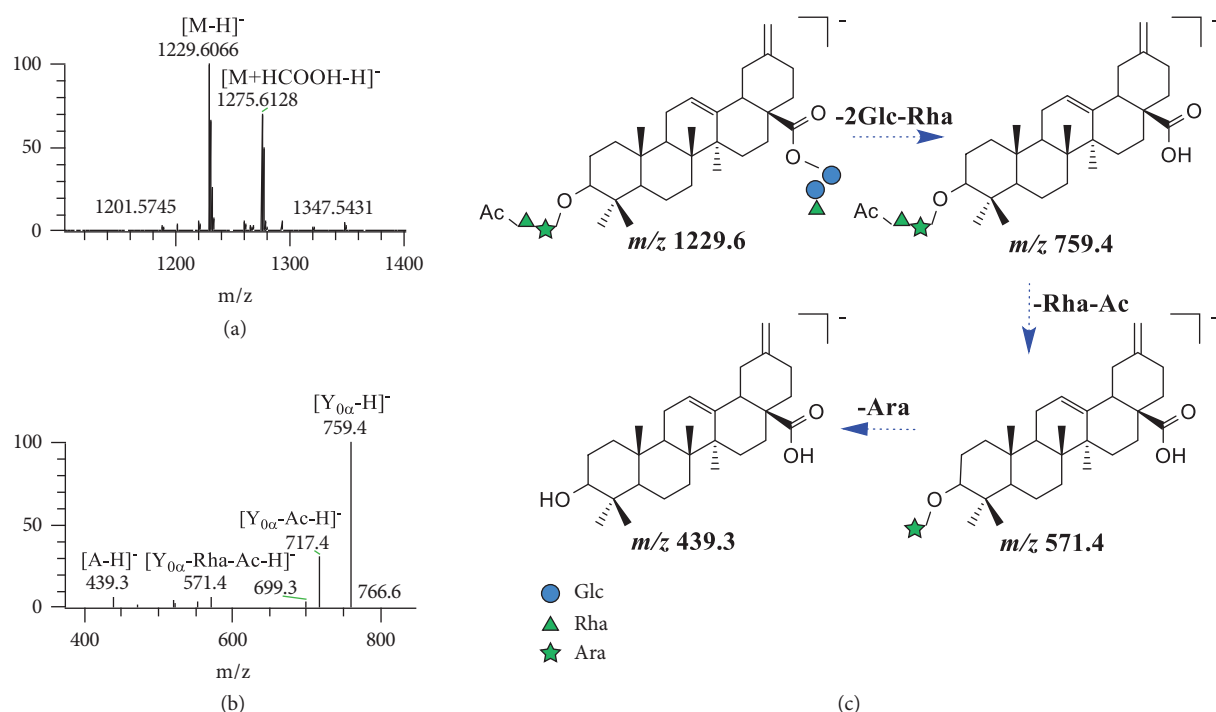


FIGURE 5: The ESI⁻-MS spectrum (a) and ESI⁻-MS/MS spectrum (b) of M_{16} and proposed fragmentation pathway (c).

characteristic fragment ion sequences m/z 775.5 \rightarrow 733.4 \rightarrow 571.3 \rightarrow 439.3 ($\Delta m = 42, 162,$ and 132 Da) were observed in the ESI⁻-MS² spectrum, and $[Y_{0\alpha}-H]^-$, $[Y_{0\alpha}-Ac-H]^-$, $[Y_{0\alpha}-Glc-Ac-H]^-$, and $[A-H]^-$ ions were generated in sequence. The ESI⁺-MS² spectrum showed an $[A-H_2O+H]^+$ ion, which provided aglycone information at m/z 423.4. Presumably, the acetyl group of M_{13} is added to the end of the oligosaccharide chain at C-3, while hydroxylation of rhamnose occurs at the C-3 position compared with M_0 . Therefore, the structure of M_{13} may be (Ac) Rha (OH) \rightarrow Ara-A-Glc \leftarrow Glc \leftarrow Rha. In addition, the MS² fragment of M_{40} occurred at m/z 733.6 \rightarrow 587.4 \rightarrow 455.3 ($\Delta m = 146$ and 132 Da), so it is uncertain whether the acetylation reaction occurs on the C-3 or the C-28 position sugar chain, but the hydroxylation reaction occurs on the aglycone. Thus, it could be speculated that the structure of M_{40} is (Ac) Rha \rightarrow Ara-A (OH) \leftarrow Glc \leftarrow Rha (Figure S5).

3.3.8. Glycosylated Metabolites (M_9, M_{11}). This section provides the data of the glycosylation metabolite M_9 . The formula of M_9 ($t_R = 9.51$ min) is $C_{64}H_{102}O_{30}$, and its molecular weight is 162 Da greater than that of M_0 . It may be speculated that M_9 has an additional glucose group. In the negative ion mode, the $[M-H]^-$ ion of M_9 was detected at m/z 1349.6433. In the ESI⁻-MS² spectrum, the characteristic fragmentation ions sequence was m/z 879.5 ($[Y_{0\alpha}-H]^-$) \rightarrow m/z 717.4 ($[Y_{0\alpha}-Glc-H]^-$) \rightarrow m/z 571.3 ($[Y_{0\alpha}-Glc-Rha-H]^-$) \rightarrow m/z 439.3 ($[A-H]^-$) ($\Delta m = 162, 146,$ and 132 Da in the sequence). This indicates that the sugar chain structure (C-3) of the metabolite is Glc \rightarrow Rha \rightarrow Ara. Based on these data, it was preliminarily determined that M_9 is

Glc \rightarrow Rha \rightarrow Ara-A-Glc \leftarrow Glc \leftarrow Rha (Figure S6). Similarly, the formula of M_{11} ($t_R = 10.03$ min) is $C_{63}H_{100}O_{29}$, and its molecular weight is 132 Da greater than that of M_0 . It may be speculated that M_9 has an additional arabinose group. In the negative ion mode, $[M-H]^-$ ion of M_{11} was detected at m/z 1319.6329. The MS² fragment of M_{11} occurred at m/z 849.4 ($[Y_{0\alpha}-H]^-$), 717.4 ($[Y_{0\alpha}-Ara-H]^-$), 571.3 ($[Y_{0\alpha}-Ara-Rha-H]^-$), 553.3 ($[Y_{0\alpha}-Ara-Rha-H_2O-H]^-$), and 439.3 ($[A-H]^-$). Accordingly, the structure of the C-3 sugar chain is inferred to be Ara \rightarrow Rha \rightarrow Ara. Based on the above evidences, M_{11} was preliminarily determined as Ara \rightarrow Rha \rightarrow Ara-A-Glc \leftarrow Glc \leftarrow Rha (Figure S6).

3.3.9. Glucuronidated Metabolites (M_7, M_8). The molecular weight of M_7 ($t_R = 9.16$ min) and M_8 ($t_R = 9.46$ min) is 1364 Da, which is 176 Da greater than that of the prototype drug. It may be speculated that M_7 and M_8 are the metabolites of glucuronidation of M_0 . The ESI⁻-MS² spectrum of M_7 and M_8 showed characteristic fragmentation ions sequence m/z 893.5 ($[Y_{0\alpha}-H]^-$) \rightarrow m/z 717.4 ($[Y_{0\alpha}-GlcA-H]^-$) \rightarrow m/z 571.3 ($[Y_{0\alpha}-GlcA-Rha-H]^-$) \rightarrow m/z 439.3 ($[A-H]^-$) ($\Delta m = 176, 146,$ and 114 Da in the sequence). Moreover, the $[Y_{0\alpha}-H]^-$ ion at m/z 893.5 strongly suggests that M_7 and M_8 have extra glucuronic acid groups in the C-3 position sugar chain. Therefore, it was preliminarily determined that the structure of M_7 is GlcA \rightarrow Rha \rightarrow Ara-A-Glc \leftarrow Glc \leftarrow Rha (Figure S7).

3.4. Metabolic Pathways of Ciwujianoside B. A total of 42 metabolites were tentatively identified, including 38 metabolites in feces, 17 metabolites in urine, and 11 metabolites

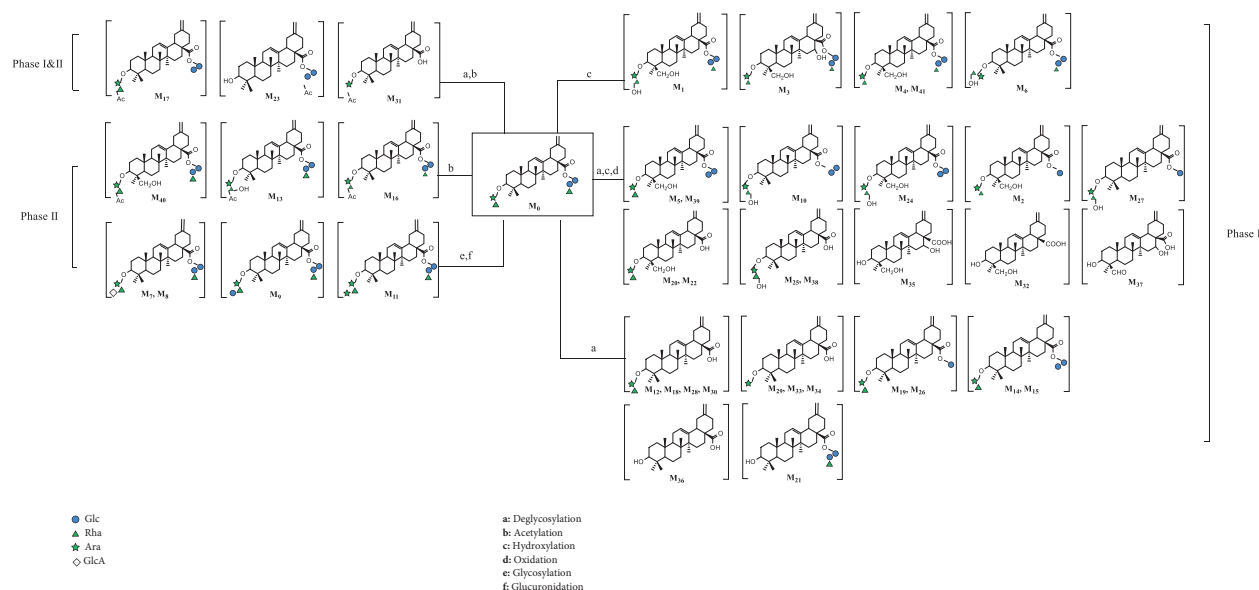


FIGURE 6: Proposed metabolic pathways of ciwujianoside B in rats.

in plasma. It is noticeable that M_0 , M_{28} , and M_{32} were simultaneously found in rat plasma, urine, and feces. A few metabolites were found only in urine (i.e., M_{38-40}) or plasma (i.e., M_{41}), and most of them were detected in fecal samples (i.e., M_{0-37}) (Figure S8). It may be speculated that the main excretion route of ciwujianoside B was through feces. Deglycosylation products M_{30} and M_{33} were the most abundant components found in rat feces and plasma, indicating that deglycosylation is an important metabolic reaction of ciwujianoside B. Other metabolic pathways were similar to those of hederasaponin B, including acetylation, hydroxylation, glucuronidation, oxidation, and glycosylation.

Due to the similar metabolic pathway, it may also be speculated that the deglycosylation of ciwujianoside B was likely to be influenced by the gut microbiota to produce a series of more easily absorbable secondary glycosides, and then further hydroxylation and redox reactions through CYP 450 to product more metabolites, which are eventually discharged out of the body. Among them, there are 31 metabolites of phase I, seven metabolites of phase II, and three metabolites involved in both phase I and phase II metabolism. The classification of all metabolites and possible metabolic pathways is shown in Figure 6.

On the basis of our previous research on the metabolism of hederasaponin B in vivo, some interesting points could be found by comparison. Firstly, more than 40 metabolites were found in both studies, with the majority found in feces. Secondly, as shown in Figure 7, the metabolic pathways of hederasaponin B and ciwujianoside B were basically similar, including phase I reactions such as deglycosylation, hydroxylation, demethylation, and oxidation, phase II reactions such as mainly acetylation, glycosylation, and glucuronidation, and

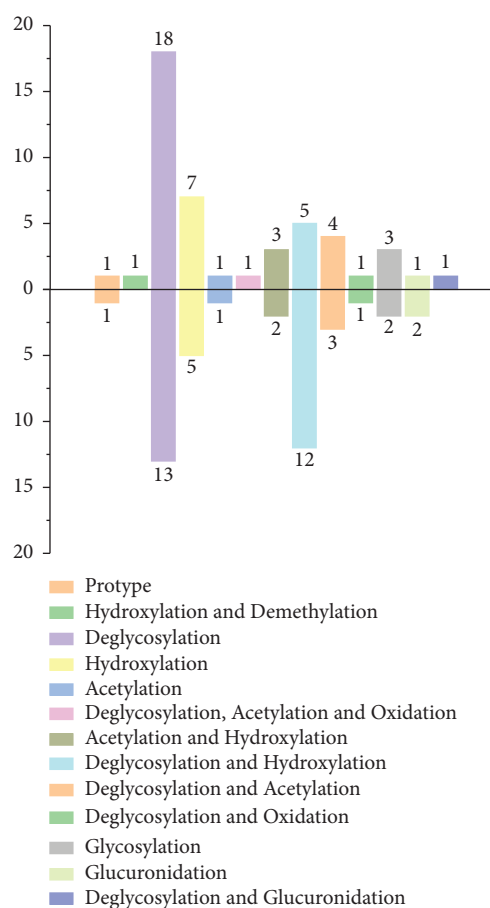


FIGURE 7: The numbers of metabolites of hederasaponin B (up direction) and ciwujianoside B (down direction) by different metabolic pathways.

the number of metabolites produced by different metabolic pathways was also basically the same. Thirdly, deglycosylated metabolites account for approximately 50% of all metabolites, which implies that deglycosylation was the main metabolic pathway of both. Presumably, due to the poor absorption of saponins after oral administration, they undergo deglycosylation in the gut microbiota to produce secondary glycosides for better absorption [20, 21]. Under the action of CYP 450, further reactions such as hydroxylation and redox occur. In addition, by analyzing the cleavage behaviors of products and different metabolic pathways, it was found that the deglycosylation reaction mainly removes the C-28 sugar chain. Glycosylation and glucuronidation mainly occurred at the C-3 sugar chain, while hydroxylation tended to occur on the rhamnosyl and aglycone.

4. Conclusion

The metabolism of ciwujianoside B in vivo was systematically studied for the first time, and the main research results are as follows. The metabolic pathways of ciwujianoside B involve deglycosylation, acetylation, hydroxylation, glucuronidation, oxidation, and glycosylation reactions. Deglycosylation was considered the main metabolic reaction. A total of 42 metabolites (M_0 – M_{41}) were preliminarily identified, and 38, 17, and 11 metabolites were found in feces, urine, and plasma. They include 31 phase I metabolites and seven phase II metabolites, and three products are involved in both phase I and phase II metabolism. In addition, ciwujianoside B metabolism and hederasaponin B metabolism were compared, which confirmed our hypothesis. In short, this study systematically explored the metabolic fate of ciwujianoside B and provided a valuable reference for elucidating the postadministration metabolism of other triterpene saponins.

Abbreviations

A:	Aglycone
Ara:	Arabinose
Glc:	Glucose
Rha:	Rhamnose
t_R :	Retention time
SPE:	Solid-phase extraction
UPLC:	Ultrapformance liquid chromatography
ELSD:	Evaporative light-scattering detector.

Data Availability

The data used to support the findings of this study are included within the article and the supplementary information files.

Conflicts of Interest

The authors declare that there are no conflicts of interest.

Authors' Contributions

W.-R. Dong reviewed and edited the manuscript. X. Gao reviewed and edited the manuscript, and processed the

data. C.-X. Li executed the experiments and processed the data. Y. Song was involved in animal experiments and isolations. J.-H. Cai contributed to NMR data analysis. J. Liang supervised and designed the study, and reviewed and edited the manuscript. W.-R. Dong, X. Gao, and C.-X. Li contributed equally to this work, and they are the co-first authors.

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Supplementary Materials

See Figures S1–S8 in the supplementary material for metabolic pathways and mass spectra of some typical metabolites. See Table S1 in the supplementary material for the ^{13}C -NMR data of ciwujianoside B. (*Supplementary Materials*)

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