


Appendix

Quality criteria to assess mammographers' competence to deliver the intervention

		
PEP Intervention Quality Criteria Please note that items in <i>italics</i> cannot be rated on interventions that are only audio recorded E = Essential criteria D = Desirable criteria		
Name of mammographer:	Date of intervention:	
Name of assessor:	Date of assessment:	
Informing and motivating: Introducing and explaining the purpose of the intervention		
1. Mammographer mentions that the woman may access further screening and how she may do this	<input type="checkbox"/> Yes	<input type="checkbox"/> No
2. Mammographer delivers the key message about the benefits of early presentation	<input checked="" type="checkbox"/> Yes (E)	<input type="checkbox"/> No
3. Mammographer asks an open question to elicit concerns from the woman and responds appropriately	<input checked="" type="checkbox"/> Yes (E)	<input type="checkbox"/> No
4. Mammographer explains that the booklet contains all the information that the mammographer will cover during the intervention	<input type="checkbox"/> Yes	<input type="checkbox"/> No
5. Mammographer consistently adheres to the order of the schedule in this section	<input checked="" type="checkbox"/> Yes (D)	<input type="checkbox"/> No
Comments:		
Informing: Risk of developing breast cancer		
6. Mammographer explains that risk of the woman developing breast cancer is increasing with age	<input checked="" type="checkbox"/> Yes (E)	<input type="checkbox"/> No
7. Mammographer consistently adheres to the order of the schedule in this section	<input checked="" type="checkbox"/> Yes (D)	<input type="checkbox"/> No
Comments:		
Informing: Describing the 10 symptoms of breast cancer in their 5 groups		
Mammographer mentions the following symptoms of breast cancer:		
Lump		
8. Lump or thickening in breast	<input type="checkbox"/> Yes	<input type="checkbox"/> No
9. Lump or thickening in armpit	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Changes to the nipple		
10. Size, shape and position of the nipple	<input type="checkbox"/> Yes	<input type="checkbox"/> No
11. Nipple inversion	<input type="checkbox"/> Yes	<input type="checkbox"/> No
12. Rash around the nipple	<input type="checkbox"/> Yes	<input type="checkbox"/> No
13. Nipple discharge or bleeding	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Changes to the skin		
14. Puckering/dimpling of the breast skin	<input type="checkbox"/> Yes	<input type="checkbox"/> No
15. Redness of the breast skin	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Changes to the whole breast		
16. Change in size/shape of the breast	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Pain		
17. Pain/discomfort	<input type="checkbox"/> Yes	<input type="checkbox"/> No
18. Mammographer clearly clusters the symptoms into 5 groups: lump, nipple changes, skin changes, changes to the whole breast and pain	<input checked="" type="checkbox"/> Yes (E)	<input type="checkbox"/> No
19. Mammographer consistently adheres to the order of the schedule in this section	<input checked="" type="checkbox"/> Yes (D)	<input type="checkbox"/> No
Comments:		

Behavioural skills: Demonstrating breast cancer awareness			
20. Mammographer explains that it is important to be aware of how breasts normally look and feel so that the woman is more likely to notice changes	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
21. Mammographers suggests that the woman make breast checking part of routine	<input checked="" type="checkbox"/> Yes (E)	<input type="checkbox"/> No	
22. Mammographer describes and <i>demonstrates</i> how to look at breasts in the mirror	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
23. Mammographer describes and <i>demonstrates</i> how to feel breasts	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
24. Mammographer consistently adheres to the order of the schedule in this section	<input checked="" type="checkbox"/> Yes (D)	<input type="checkbox"/> No	
Comments:			
Motivating: Delivering the key message to see GP on discovering a breast change			
25. Mammographer delivers the key message to see the GP straightaway when discovering a breast change	<input checked="" type="checkbox"/> Yes (E)	<input type="checkbox"/> No	
26. Mammographers explains that the woman should ask for the earliest possible appointment/within a week	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
27. Mammographer delivers the key message about the benefits of early presentation and that it will give reassurance if it is not cancer	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
28. Mammographer consistently adheres to the order of the schedule in this section	<input checked="" type="checkbox"/> Yes (D)	<input type="checkbox"/> No	
Comments:			
Behavioural skills: Action planning			
29. Mammographer explains that the action plan will help the woman plan where and when she will check her breasts and to get an appointment to see the GP on discovering a breast change	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
30. Mammographer recommends that the woman fills in the action plan at home	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
31. Mammographer gives the booklet to the woman	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Comments			
Debrief and final queries			
32. Mammographer enquires if there are any questions or comments	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
33. Mammographer consistently adheres to the order of the schedule in this section	<input type="checkbox"/> Yes	<input type="checkbox"/> No	
Comments:			

Style		
1. Mammographer uses motivational verbal and non-verbal behaviour (e.g. is enthusiastic, energised and encouraging, uses eye contact, smiles, is confident and uses posture and tone to emphasise key points)	Insufficient	0
	Sufficient	1 (E)
	Very Good	2
2. Mammographer frames her responses to questions in a positive way (e.g. emphasises the benefits of breast checking rather than the negative consequences of not breast checking)	Insufficient	0
	Sufficient	1 (E)
	Very Good	2
3. Mammographer delivers the intervention in a collaborative manner with good reference to and 'sharing' of booklet throughout. Acknowledges and responds to client's comments or questions. Uses inclusive language (e.g. 'we' or 'us')	Insufficient	0
	Sufficient	1 (E)
	Very Good	2
Comments:		
Time to complete Intervention (minutes and seconds):		
CONTENT Total (out of 33)		
STYLE Total (out of 6)		
Summary comments:		

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