

## Supplementary legends

### **Table S1. Myokine presence in conditioned media from human myotubes.**

Protein expression normalized to internal positive control.

Non-detectable: protein expression below 3-fold negative control.

Treated-/non-treated ratio corresponds to protein expression for non-insulin-treated relative to insulin-treated myotubes. Ratios  $\leq 0.8$  and  $\geq 1.2$  where considered as an insulin induced change.

n=2

### **Figure S1. Cytokines/chemokines antibody array**

Cytokine/Chemokine array layout (A). Array membranes from non-insulin treated and insulin-treated myotubes conditioned media (B) of one representative experiment.

Supplementary data

Table S1

	Expression in conditioned media from		Treated-/non-treated ratio
	Non-treated-myotubes (mean ± SD)	Insulin-treated myotubes (mean ± SD)	
GCP2	0.21 ± 0.05	Non-detectable	
MIP3alpha	0.23 ± 0.06	Non-detectable	
MIF	0.25 ± 0.01	0.16 ± 0.09	0.62
CCL23	0.15 ± 0.04	Non-detectable	
ENA-78/CXCL5	0.32 ± 0.16	0.21 ± 0.19	0.64
NT3	0.29 ± 0.08	0.19 ± 0.06	0.66
MCP1/CCL2	0.87 ± 0.47	0.58 ± 0.53	0.66
PLGF	0.19 ± 0.01	Non-detectable	
GDNF	0.29 ± 0.06	0.20 ± 0.13	0.68
IL6	0.15 ± 0.07	Non-detectable	
IL16	0.16 ± 0.04	Non-detectable	
IP10	0.15 ± 0.07	Non-detectable	

HGF	$0.23 \pm 0.06$	$0.17 \pm 0.11$	0.74
TGFbeta2	$0.28 \pm 0.01$	$0.21 \pm 0.09$	0.75
FGF9	$0.16 \pm 0.00$	Non-detectable	
IL8/CXCL8	$0.87 \pm 0.57$	$0.66 \pm 0.40$	0.75
TIMP2	$0.54 \pm 0.05$	$0.42 \pm 0.11$	0.79
M-CSF	$0.17 \pm 0.08$	Non-detectable	
RANTES/C	$0.28 \pm 0.05$	$0.23 \pm 0.08$	0.84
CL5			
IGFBP1	$0.22 \pm 0.08$	$0.18 \pm 0.11$	0.84
IL1alpha	$0.21 \pm 0.01$	$0.18 \pm 0.02$	0.85
NAP2/CXC	$0.43 \pm 0.02$	$0.37 \pm 0.13$	0.86
L7			
IL1beta	$0.18 \pm 0.03$	$0.16 \pm 0.00$	0.89
TIMP1	$0.57 \pm 0.06$	$0.52 \pm 0.20$	0.91
OSM	$0.18 \pm 0.04$	$0.16 \pm 0.07$	0.91
GRO/	$1.00 \pm 0.52$	$0.92 \pm 0.35$	0.92
CXCL1,2&3			
IL3	$0.16 \pm 0.05$	Non-detectable	

IGFBP2	$0.24 \pm 0.04$	$0.24 \pm 0.09$	0.98
LIF	$0.18 \pm 0.00$	$0.18 \pm 0.06$	1.00
EOTAXIN2	$0.16 \pm 0.07$	$0.18 \pm 0.11$	1.09
IL10	$0.16 \pm 0.08$	$0.20 \pm 0.05$	1.22
ANG	Non-detectable	$0.20 \pm 0.08$	
MIP-1	$0.19 \pm 0.06$	$0.50 \pm 0.40$	2.63

Figure S1

A

	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>	<b>F</b>	<b>G</b>	<b>H</b>	<b>I</b>	<b>J</b>	<b>K</b>
<b>1</b>	POS	POS	POS	POS	NEG	NEG	ENA-78/ CXCL5	G-CSF	GM-CSF	GRO	GRO $\alpha$
<b>2</b>	I-309	IL1 $\alpha$	IL1 $\beta$	IL2	IL3	IL4	IL5	IL6	IL7	IL8/ CXCL8	IL10
<b>3</b>	IL12p40/ p70	IL13	IL15	IFN $\gamma$	MCP1/ CCL2	MCP2/ CCL8	MCP3/ CCL7	M-CSF	MDC	MIG	MIP-1
<b>4</b>	MIP-1 $\delta$	RANTES/ CCL5	SCF	SDF1	TARC	TGF $\beta$ 1	TNF $\alpha$	TNF $\beta$	EFG	IGF-1	ANG
<b>5</b>	OSM	THPO	VEGF	PDGF BB	LEPTIN	BDNF	BLC	CCL23	Eotaxin 1	Eotaxin 2	Eotaxin 3
<b>6</b>	FGF4	FGF6	FGF7	FGF9	Flt3 Ligand	Fractalkine/ CX3CL1	GCP2	GDNF	HGF	IGFBP1	IGFBP2
<b>7</b>	IGFBP3	IGFBP4	IL16	IP10	LIF	LIGHT	MCP4/ CCL13	MIF	MIP3 $\alpha$	NAP2/ CXCL7	NT3
<b>8</b>	NT4	OPN	OPG	PARC	PLGF	TGF $\beta$ 2	TGF $\beta$ 3	TIMP1	TIMP2	POS	POS

B

Conditioned media from

Non-insulin-treated myotubes

Insulin-treated myotubes

