

## Supplementary Material 1

### Metformin improved beta cell function independent of weight and insulin resistance

In order to further explain the effect of metformin on islet beta-cell function, we used covariance analysis to control the effects of weight and insulin resistance, and we analyzed the effect of metformin on islet  $\beta$  cells function. As shown in Table 1, after controlling weight and insulin resistance, the AUC of IPGTT, AUC of ITT and the popnosis of pancreatic cell in the MF+HFD group were lower than those of the HFD group, while the HOMA- $\beta$  was elevated ( $P < 0.05$ ).

**Table 1 - Effect of metformin on high fat diet induced islet dysfunction in obese rats**

	NC	MF	HFD	MF+HFD	P value
<b>Fasting blood-glucose (mmol/L)</b>	8.0 $\pm$ 2.2	7.9 $\pm$ 3	11.98 $\pm$ 2.1	8.1 $\pm$ 1.6	
<b>Fasting blood-insulin (<math>\mu</math>IU/ml)</b>	4.94 $\pm$ 0.81	4.70 $\pm$ 1.0	6.18 $\pm$ 0.83	4.84 $\pm$ 1.1	
<b>AUC of IPGTT</b>	1056 $\pm$ 38.38	936 $\pm$ 38.21	1707 $\pm$ 37.56 <sup>a</sup>	1349 $\pm$ 33.07 <sup>ab</sup>	<0.05
<b>AUC of ITT</b>	738.6 $\pm$ 27.92	684 $\pm$ 30.86	1110 $\pm$ 47.36 <sup>a</sup>	870 $\pm$ 27.5 <sup>ab</sup>	<0.05
<b>HOMA-<math>\beta</math></b>	0.26 $\pm$ 0.05	0.29 $\pm$ 0.046	0.12 $\pm$ 0.049 <sup>a</sup>	0.22 $\pm$ 0.059 <sup>ab</sup>	<0.05
<b>Apoptosis (%)</b>	9.8 $\pm$ 0.8	8.8 $\pm$ 0.7	28 $\pm$ 0.9 <sup>a</sup>	12.5 $\pm$ 1 <sup>ab</sup>	<0.05

<sup>a</sup>p < 0.05 vs.NC group , <sup>b</sup>P < 0.05 vs. HFD group.