- Association between plasma glycosylated hemoglobin
- 2 A1c/high-density lipoprotein cholesterol ratio and carotid
- 3 atherosclerosis: a retrospective study
- 4 Supplemental Table 1. Baseline information according to quartiles of HbA1c/HDL-C
- 5 ratio in patients with DM (N=450)

Characteristics	HbA1c/HDL-C ratio						
Characteristics	Q1 (<5.18)	Q2 (5.18-6.77) Q3 (6.77-8.23)		Q4 (>10.73)	P value		
Number of patients	112	113	113	112			
Age, years	66.4 (9.6)	65.0 (9.4)	64.6 (10.2)	62.0 (11.4)	0.013		
HbA1c, %	6.6 (6.3–7.0)	6.8 (6.5–7.3)	7.4 (6.9–8.2)	8.9 (7.6–9.9)	< 0.001		
TG, mmol/L	1.5 (0.8)	1.9 (2.0)	1.8 (1.3)	2.1 (1.8)	0.015		
TC, mmol/L	4.9 (1.1)	4.5 (1.1)	4.3 (1.4)	3.9 (1.3)	< 0.001		
ApoA, mmol/L†	1.5 (0.3)	1.1 (0.2)	1.1 (0.2)	1.0 (0.2)	< 0.001		
ApoB, mmol/L†	0.8 (0.2)	0.8 (0.2)	0.8 (0.3)	0.7 (0.2)	0.032		
LDL-C, mmol/L	2.8 (1.0)	2.6 (0.9)	2.6 (1.1)	2.2 (0.9)	< 0.001		
HDL-C, mmol/L	1.3 (0.2)	1.0 (0.1)	0.9 (0.1)	0.8 (0.2)	< 0.001		
Creatinine, mmol/L	85.9 (46.8)	97.2 (59.9)	91.8 (64.2)	114.9 (121.9)	0.037		
Mean-cIMT, mm	1.0 (0.8–1.0)	1.0 (0.8–1.1)	1.0 (0.9–1.1)	1.0 (0.9–1.1)	0.001		
Maximum cIMT, mm	1.0 (0.8–1.1)	1.0 (0.9–1.2)	1.1 (1.0–1.2)	1.1 (1.0–1.2)	0.008		
Male sex	54 (48.2%)	81 (71.7%)	76 (67.3%)	88 (78.6%)	< 0.001		
Smoking	20 (17.9%)	42 (37.2%)	32 (28.3%)	43 (38.4%)	0.002		
Alcohol consumption	6 (5.4%)	8 (7.1%)	4 (3.5%)	4 (3.6%)	0.556		
Hypertension	76 (67.9%)	80 (70.8%)	74 (65.5%)	77 (68.8%)	0.860		
Carotid plaque score	3.4 (0.8–4.7)	3.9 (1.6–5.0)	3.9 (2.2–5.0)	3.7 (1.5–5.1)	0.239		
Carotid artery plaque	84 (75.0%)	91 (80.5%)	97 (85.8%)	88 (78.6%)	0.229		
WBC, ×109/L	7.3 (2.0)	7.9 (2.4)	7.8 (2.1)	7.9 (2.3)	0.156		
Fasting blood glucose	5.8 (5.2–6.7)	6.1 (5.3–7.3)	6.9 (5.8–8.6)	8.0 (6.3–10.2)	< 0.001		

Data were shown as mean \pm standard deviation or median (Q1–Q3) or n (%).

^{7 †}Missing data were interpolated using the mean value.

⁸ HbA1c: hemoglobin Alc, HDL-C: high-density lipoprotein cholesterol, TG: triglyceride, TC:

⁹ total cholesterol, ApoA: apolipoprotein A, ApoB: apolipoprotein B, LDL-C: low-density

¹⁰ lipoprotein cholesterol, cIMT: carotid intima-media thickness, WBC: white blood cells

Supplemental Table 2. Baseline information according to quartiles of HbA1c/HDL-C

ratio in patients without DM (N=854)

Characteristics	HbA1c/HDL-C ratio				
Characteristics	Q1 (<4.41)	Q2 (4.41–5.23) Q3 (5.23–6.38)	Q4 (>6.38)	
Number of patients	213	214	214	213	
Age, years	64.1 (10.2)	62.9 (10.7)	60.4 (10.8)	61.9 (11.1)	0.003
HbA1c, %	5.6 (5.4–5.9)	5.7 (5.4–6.0)	5.8 (5.6–6.1)	5.9 (5.7–6.1)	< 0.001
TG, mmol/L	1.2 (0.8)	1.4 (0.7)	1.6 (0.9)	1.8 (1.4)	< 0.001
TC, mmol/L	5.0 (1.3)	4.7 (1.1)	4.5 (1.3)	4.0 (1.1)	< 0.001
ApoA, mmol/L†	1.6 (0.3)	1.3 (0.2)	1.1 (0.2)	0.9 (0.2)	< 0.001
ApoB, mmol/L†	0.8 (0.3)	0.8 (0.2)	0.8 (0.3)	0.8 (0.2)	0.102
LDL-C, mmol/L	2.8 (1.1)	2.8 (1.0)	2.7 (1.2)	2.4 (0.9)	< 0.001
HDL-C, mmol/L	1.5 (0.2)	1.2 (0.1)	1.0 (0.1)	0.8 (0.1)	< 0.001
Creatinine, mmol/L	77.5 (22.6)	83.3 (25.2)	87.1 (35.3)	102.0 (61.1)	< 0.001
Mean-cIMT, mm	0.9 (0.8–1.0)	0.9 (0.8–1.0)	0.9 (0.8–1.0)	1.0 (0.8–1.1)	0.026
Maximum cIMT, mm	1.0 (0.8–1.1)	1.0 (0.8–1.1)	1.0 (0.8–1.1)	1.0 (0.9–1.1)	0.025
Male sex	107 (50.2%)	148 (69.2%)	156 (72.9%)	187 (87.8%)	< 0.001
Smoking	58 (27.2%)	66 (30.8%)	81 (37.9%)	94 (44.1%)	0.001
Alcohol consumption	9 (4.2%)	19 (8.9%)	14 (6.5%)	17 (8.0%)	0.251
Hypertension	101 (47.4%)	116 (54.2%)	119 (55.6%)	124 (58.2%)	0.141
Carotid plaque score	2.3 (0.0-4.4)	3.2 (0.2–4.5)	3.0 (0.0-4.3)	3.6 (1.6–4.8)	0.004
Carotid artery plaque	144 (67.6%)	160 (74.8%)	147 (68.7%)	172 (80.8%)	0.007
WBC, ×10 ⁹ /L	7.0 (2.2)	7.1 (1.9)	7.5 (2.3)	7.7 (2.3)	0.004
Fasting blood glucose	4.9 (4.6–5.3)	5.0 (4.6–5.5)	5.0 (4.7–5.6)	5.0 (4.7–5.6)	0.021

Data were shown as mean \pm standard deviation or median (Q1–Q3) or n (%).

Supplemental Table 3. Subgroup analysis of abnormal cIMT or carotid artery plaque

in prespecified and exploratory subgroups

Abnormal m	nean cIMT				
Subgroups	HbA1c/HDL-C ratio				P for interaction
	Q1 (<4.78)	Q2 (4.78–5.85)	Q3 (5.85–7.30)	Q4 (>7.30)	
Age \geq 65	Age ≥ 65 years				
Yes	Ref.	1.1 (0.7–1.8)	1.7 (1.1–2.7)	2.6 (1.6-4.2)	
No	Ref.	1.2 (0.8–1.8)	1.4 (0.9–2.1)	2.7 (1.7-4.2)	

[†]Missing data were interpolated using the mean value.

¹⁵ HbA1c: hemoglobin Alc, HDL-C: high-density lipoprotein cholesterol, TG: triglyceride, TC:

total cholesterol, ApoA: apolipoprotein A, ApoB: apolipoprotein B, LDL-C: low-density

¹⁷ lipoprotein cholesterol, cIMT: carotid intima-media thickness, WBC: white blood cells

Sex					0.983
Male	Ref.	1.1 (0.8–1.7)	1.4 (0.9–2.0)	2.4 (1.6–3.6)	
Female	Ref.	0.9 (0.6–1.6)	1.3 (0.8–2.3)	1.3 (0.8–2.3)	
Smoking					0.210
Yes	Ref.	1.1 (0.6–1.9)	1.2 (0.7–2.0)	2.0 (1.1–3.4)	
No	Ref.	1.1 (0.8–1.6)	1.5 (1.0–2.2)	2.8 (1.9-4.2)	
Alcohol con	sumption				0.941
Yes	Ref.	1.9 (0.5–6.4)	1.2 (0.4–4.2)	3.9 (0.9–17.6)	
No	Ref.	1.1 (0.8–1.5)	1.4 (1.0–2.0)	2.5 (1.8–3.5)	
Hypertensio	on				0.683
Yes	Ref.	0.9 (0.6–1.4)	1.3 (0.9–2.0)	2.1 (1.4–3.3)	
No	Ref.	1.3 (0.8–2.1)	1.3 (0.8–2.2)	2.7 (1.7-4.5)	
Abnormal n	naximum cIMT				
Age ≥ 65	years				0.654
Yes	Ref.	1.1 (0.7–1.8)	1.9 (1.1–3.1)	2.9 (1.7–4.9)	
No	Ref.	1.3 (0.8–2.0)	1.4 (0.9–2.2)	3.7 (2.3–5.9)	
Sex		•	•	. ,	0.713
Male	Ref.	1.1 (0.7–1.6)	1.4 (0.9–2.0)	2.9 (1.9–4.4)	
Female	Ref.	1.2 (0.7–2.0)	1.4 (0.8–2.5)	3.5 (1.8–6.6)	
Smoking					0.713
Yes	Ref.	1.1 (0.6–2.0)	1.3 (0.8–2.4)	2.9 (1.6–5.3)	
No	Ref.	1.2 (0.8–1.7)	1.5 (1.0–2.2)	3.3 (2.2–5.0)	
Alcohol con	sumption				0.981
Yes	Ref.	1.8 (0.5–6.0)	1.9 (0.5–6.4)	3.1 (0.7–13.8)	
No	Ref.	1.1 (0.8–1.6)	1.5 (1.1–2.0)	3.2 (2.3–4.6)	
Hypertensic	on				0.766
Yes	Ref.	1.1 (0.7–1.7)	1.6 (1.0–2.5)	2.9 (1.9–4.7)	
No	Ref.	1.1 (0.7–1.8)	1.2 (0.7–1.8)	3.1 (1.8–5.2)	
Carotid arte	ry plaque				
Age ≥ 65	years				0.206
Yes	Ref.	1.1 (0.6–2.0)	1.8 (0.9–3.4)	1.7 (0.9–3.1)	
No	Ref.	1.5 (1.0–2.3)	1.7 (1.1–2.6)	3.4 (2.1–5.5)	
Sex		, ,	, ,	` ,	0.510
Male	Ref.	1.1 (0.7–1.7)	1.4 (0.9–2.2)	2.1 (1.3–3.4)	
Female	Ref.	1.4 (0.8–2.4)	1.6 (0.9–2.9)	2.9 (1.4–6.0)	
Smoking		,	,	,	0.476
Yes	Ref.	1.1 (0.6–2.1)	1.5 (0.8–3.0)	1.8 (0.9–3.6)	
No	Ref.	1.3 (0.9–1.9)	1.5 (1.0–2.2)	2.7 (1.7–4.4)	
Alcohol consumption					0.336
Yes	Ref.	0.1 (0.0–1.3)	0.2 (0.0–2.2)	0.8 (0.0–13.4)	
No	Ref.	1.3 (1.0–1.9)	1.6 (1.1–2.3)	2.6 (1.8–3.8)	
Hypertensio			- /	·/	0.921
Yes	Ref.	1.1 (0.7–1.9)	1.4 (0.8–2.3)	2.2 (1.3–3.7)	
No	Ref.	1.2 (0.8–1.9)	1.4 (0.9–2.4)	2.3 (1.3–4.0)	

- 20 Data were shown as OR (95%CI).
- 21 cIMT: carotid intima-media thickness, HbA1c: hemoglobin Alc, HDL-C: high-density
- 22 lipoprotein cholesterol