Research Article

Effect and Mechanism of Lidocaine Pretreatment Combined with Dexmedetomidine on Oxidative Stress in Patients with Intracranial Aneurysm Clipping

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This study aimed to explore the effect and mechanism of lidocaine pretreatment combined with dexmedetomidine on oxidative stress in patients with intracranial aneurysm clipping. A total of 80 patients with intracranial aneurysm clipping surgery were randomly divided into 4 groups: the single lidocaine group, single dexmedetomidine group, lidocaine combined with dexmedetomidine group, and control group. The thread embolism method was used to establish a stable intracranial aneurysm model of Hashimoto rats. Fifty adult rats were randomly divided into a sham operation group, ligation of the left common carotid artery and bilateral posterior branch of renal artery, lidocaine group, dexmedetomidine group, and lidocaine combined with dexmedetomidine group. The colorimetric method was used to determine the oxidative stress indicators in brain tissue: MDA content, SOD activity, and T-AOC content. The western blot method characterized the protein levels related to oxidative stress: nNOS, iNOS, and NADPH oxidase subunits p22phox, gp91phox, and p47phox. The differences in each index between the groups were statistically significant \( (P < 0.05) \). Animal experiment results revealed that the content of MDA in the brain tissue of rats in the LD group was significantly lower than that in the single-drug group and sham group. The T-AOC and SOD concentrations in the LD group were significantly higher than those in the single-drug group and sham group, and the differences between the groups were statistically significant \( (P < 0.05) \). The protein expression of the LD group was significantly lower than that of the drug-alone group and model group, and the difference between groups was statistically significant \( (P < 0.05) \). To sum up, lidocaine pretreatment combined with dexmedetomidine can effectively maintain the hemodynamic stability of patients with intracranial aneurysm clipping and reduce postoperative oxidative stress response. Its mechanism of action may be related to the inhibition of oxidative stress damage mediated by nNOS, iNOS, and p22phox, gp91phox, and p47phox in the hippocampus. Our study has significant and applicable medical aspects in lidocaine pretreatment combined with dexmedetomidine on oxidative stress in patients.

1. Introduction

Intracranial aneurysm clipping is one of the common surgical procedures for the treatment of cerebral aneurysms. Several clinical studies have proved that the serial processes of neurosurgery and anesthesia can cause oxidative stress in the body [1–3]. Brain tissue is sensitive to oxidative stress. Oxidative stress injury is an important cause of cerebral ischemia injury [4] and plays a vital role in each link in the acute stage of ischemic cerebrovascular disease. Therefore, it is crucial to select pharmacologically effective cerebral protective drugs during craniocerebral surgery to improve the stability of intraoperative cerebral blood supply dynamics and oxidative stress levels in patients and to reduce the damage caused by cerebral ischemia.

According to the research report, lidocaine is an aminoamide anesthetic. As an anesthetic drug in clinic, it can reduce the intracellular Na\(^+\) and Ca\(^{2+}\) concentration and suppress the outflow of k\(^+\), inhibit the release of oxygen free radicals by neutrophils, and increase the survival number of CA\(_1\) pyramidal neurons [5, 6]. Therefore, it inhibits oxidative stress induced by brain injury and stimulation, and endotoxin plays a protective role in brain tissue and nerve cells [7, 8]. Intravenous lidocaine can also effectively alleviate...
blood flow fluctuations during surgical anesthesia, especially during anesthesia induction intubation and recovery period. It reduces stress response, significantly improves neurological deficits after ischemia, and reduces brain histomorphology damage after ischemia.

Studies have revealed that catecholamine level increases in patients with craniocerebral injury after operation, and it is of great significance to regulate sympathetic nerve cells to maintain stable hemodynamics [9]. Dexmedetomidine is an effective and highly selective adrenergic receptor a2 receptor agonist in locus coeruleus that modulates norepinephrine levels to achieve good sedative and hypnotic effects. It can produce effects in the posterior horn of the spinal cord to achieve anti-injurious effects and produce effects in the periphery and center to achieve antisympathetic activity [10]. Studies have shown that dexmedetomidine can alleviate the harmful stimulation caused by surgery, maintain cardiovascular stability, and reduce cerebral blood flow during the operation of craniocerebral patients [11]. Furthermore, dexmedetomidine can reduce the level of inflammatory factors in patients with craniocerebral injury. It improves cerebral oxygen metabolism, reduces oxidative stress reaction, and effectively improves the stability of central blood vessels in craniocerebral operation. It also reduces brain edema caused by craniocerebral injury [12], thus improving the ischemic and hypoxic injury of brain tissue with effect [13]. However, there are few studies on the effects of dexmedetomidine combined with lidocaine on oxidative stress response of patients undergoing intracranial aneurysm clipping. It is not clear whether the combination of dexmedetomidine and lidocaine has a synergistic effect. Therefore, in this study, dexmedetomidine combined with lidocaine-assisted anesthesia was given to patients with craniocerebral injury who were undergoing emergency surgery in our hospital for a certain period. Its effect on oxidative stress reaction of patients was studied. On this basis, the mechanism of lidocaine and dexmedetomidine affecting oxidative stress response is the key issue of this paper.

2. Materials and Methods

2.1. Materials. Total superoxide dismutase (SOD test kit), the T-AOC kit, and the MDA detection kit were from Oubei Biotechnology Co., Ltd., Beijing. The BCA protein concentration determination kit and cell lysate were from Beyotime Biotechnology Co., Ltd., Beijing. Lactic acid (L-A) was purchased from BBIBiotech, USA. α2 receptor agonist af2 receptor agonist af in locus coeruleus that modulates norepinephrine levels to achieve good sedative and hypnotic effects. It can produce effects in the posterior horn of the spinal cord to achieve anti-injurious effects and produce effects in the periphery and center to achieve antisympathetic activity [10]. Studies have shown that dexmedetomidine can alleviate the harmful stimulation caused by surgery, maintain cardiovascular stability, and reduce cerebral blood flow during the operation of craniocerebral patients [11]. Furthermore, dexmedetomidine can reduce the level of inflammatory factors in patients with craniocerebral injury. It improves cerebral oxygen metabolism, reduces oxidative stress reaction, and effectively improves the stability of central blood vessels in craniocerebral operation. It also reduces brain edema caused by craniocerebral injury [12], thus improving the ischemic and hypoxic injury of brain tissue with effect [13]. However, there are few studies on the effects of dexmedetomidine combined with lidocaine on oxidative stress response of patients undergoing intracranial aneurysm clipping. It is not clear whether the combination of dexmedetomidine and lidocaine has a synergistic effect. Therefore, in this study, dexmedetomidine combined with lidocaine-assisted anesthesia was given to patients with craniocerebral injury who were undergoing emergency surgery in our hospital for a certain period. Its effect on oxidative stress reaction of patients was studied. On this basis, the mechanism of lidocaine and dexmedetomidine affecting oxidative stress response is the key issue of this paper.

2.2. Methods

2.2.1. Clinical Sample Collection and Data. From June 2018 to December 2019, a total of 80 patients undergoing intracranial aneurysm clipping in the Third Affiliated Hospital of Qiqihar Medical College were recruited for clinical study. There was no statistical difference in general data such as gender, age, weight, or ASA classification in patients, nor were there patients with a history of hepatic or renal insufficiency or allergy to narcotic drugs. All included patients met the diagnostic criteria of intracranial aneurysms and American Society of Anesthesiologists (ASA) grade I-II. Patients with severe cardiopulmonary, liver or kidney injury, abnormal coagulation function, respiratory or circulatory diseases, or with allergy to drugs applied in this study were excluded. In this study, all patients and their families were informed and signed informed consent forms. This study was approved by the Ethics Committee. The abovementioned patients were randomly divided into the following groups (20 cases in each group): the lidocaine group (L group), dexmedetomidine group (D group), lidocaine combined with dexmedetomidine group (LD group), and control group (A group). Patients in the D group were infused with dexmedetomidine 1 μg/kg × 15 min during operation and then pumped at the rate of 0.55 μg/kg • h -1 until the end of operation. Patients in the L group were given intravenous injection of 2% lidocaine 1.5 mg/kg at the rate of 2 mg/kg • h -1 during operation. The drug usage in the LD group was the same as that in the L group and D group. Patients in group A were given 0.9% saline equal to the abovementioned groups. See Table 1 for details.

2.2.2. Clinical Outcome Measures. The levels of heart rate (HR) and mean arterial pressure (MAP) were monitored and recorded before operation (T0), at the beginning of tumor-bearing artery occlusion (T1), at the end of tumor-bearing artery occlusion (T2), at the end of operation (T3), and 24 h after operation (T4). Besides, the elbow venous blood was collected from the four groups of patients at the above-mentioned time points, and the superoxide dismutase (SOD) activity, malondialdehyde (MDA) level, serum S-100β protein content, and neuron-specific enolase (NSE) level were determined.

2.2.3. Experimental Animals and Grouping. The rat model of intracranial aneurysm was established by the thread embolism method: 50 adult SD rats weighing (200 ± 20) g were ligated in the left common carotid artery and the posterior branches of bilateral renal arteries. They were randomly divided into 5 groups (n = 10): the sham operation group ( sham group, rats were given the same amount of normal saline), ligation of left common carotid artery and posterior branches of bilateral renal arteries (model group, rats were injected with 2% lidocaine 1.5 mg/kg intravenously during operation), lidocaine group (L group, rats were injected with 2% lidocaine 1.5 mg/kg intravenously during operation), dexmedetomidine group (D group, rats were
given dexmedetomidine 1 μg/kg), and the two drugs combined group (LD group, the same as L group and D group).

2.2.4. Collection and Treatment of Specimens. The rats were fasted for 12 h after operation, then anesthetized, and decapitated. Six rats were taken from each group, and 1 g of aneurysm and surrounding tissues were homogenized and centrifuged (4000 r/min) × 10 min to obtain the supernatant for later use. The left hippocampus was preserved at −80°C for western blot experiment.

2.2.5. Determination of MDA, T-AOC Content, and SOD Activity in Rat Brain Tissue. The MDA content and SOD activity were detected with MDA and SOD kits. The spectrophotometric method was used to determine the oxidative stress indicators in brain tissues of MDA content, SOD activity, and T-AOC content. The activity of SOD was determined by the WST method, the content of MDA by the TBA method, and the activity of T-AOC by the Fe3+ reduction method.

2.2.6. Western Blot Method in Detecting Protein Expression. The expression of oxidative stress-related proteins in each group was detected by western blot, including nNOS, iNOS, and NADPH oxidase subunits p22phox, gp91phox, and p47phox, and internal reference GAPDH. The frozen tissue proteins mentioned above were extracted by lysis on ice, and the protein concentration was determined by the BCA method. The sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE) was applied for western blot experiment. The immune reaction of polyclonal antibodies GAPDH (1:1000), p22phox and p47phox (1:500), and monoclonal antibodies nNOS and iNOS (1:200) were determined with highly sensitive enhanced chemiluminescence.

2.3. Statistical Treatment. All data were statistically processed using SPSS 17.0 software and expressed as X ± s. Comparisons between sample means were performed by the t-test, and P < 0.05 or P < 0.01 was statistically significant.

3. Results

3.1. Hemodynamic indexes. There was no significant difference in HR and MAP levels between the four groups at T0 (P > 0.05). At T1, T2, T3, and T4, the HR and MAP levels in each group were listed as follows: A group > D group > L group > LD group (P < 0.05), as shown in Figures 1 and 2.

3.2. Evaluation of Oxidative Stress Level. There were differences in the concentrations of S-100β protein, NSE, SOD, and MDA at different time points in each group. All the four groups showed elevated concentrations at T2 than T1 (P < 0.05) and decreased concentrations at T3 than T2, with significant differences among the four groups (P < 0.05).

At T0, there was no significant difference in serum SOD, MDA, S-100β protein, and NSE among the four groups (P > 0.05). From T1 to T4, the concentration of S-100β protein, MDA, and NSE in serum was listed as follows: A

### Table 1: Comparison of general data of the four groups of patients (n = 20, X ± s).

<table>
<thead>
<tr>
<th>Group</th>
<th>Age (years)</th>
<th>Weight (kg)</th>
<th>ASA classification</th>
<th>Operation time (min)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Group A</td>
<td>57 ± 4</td>
<td>63 ± 2</td>
<td>6/13</td>
<td>302 ± 15</td>
</tr>
<tr>
<td>Group D</td>
<td>56 ± 5</td>
<td>62 ± 3</td>
<td>5/11</td>
<td>306 ± 17</td>
</tr>
<tr>
<td>Group L</td>
<td>59 ± 7</td>
<td>62 ± 3</td>
<td>6/12</td>
<td>303 ± 20</td>
</tr>
<tr>
<td>Group LD</td>
<td>57 ± 6</td>
<td>64 ± 2</td>
<td>7/12</td>
<td>304 ± 14</td>
</tr>
</tbody>
</table>

![Figure 1: Comparison of HR at each time point in the four groups of patients. There are significant differences between groups, *P < 0.05.](image1)

![Figure 2: Comparison of MAP at each time point in the four groups of patients. There are significant differences between groups, *P < 0.05.](image2)
group > D group > L group > LD group, and the concentration of SOD was as follows: A group < D group < L group < LD group, with significant differences among groups ($P < 0.05$). The details are shown in Figure 3. It can be seen that lidocaine and dexmedetomidine can reduce the concentrations of serum S-100β, NSE, and MDA and enhance SOD activity, and the combined application of the two drugs can significantly alleviate the level of oxidative stress.

3.3. Effects of MDA, T-AOC Content, and SOD Activity in Rat Brain Tissue. Compared with the Sham group, MDA content in brain tissue of rats in the L group, D group, and LD group significantly increased ($P < 0.05$), while T-AOC content and SOD activity significantly decreased ($P < 0.05$). Compared with the model group, MDA content in brain tissue of rats in L, D, and LD groups significantly decreased ($P < 0.05$), while T-AOC content and SOD activity significantly increased ($P < 0.05$). Compared with the LD group, the content of MDS in the L group and D group was markedly higher ($P < 0.05$), and the activities of T-AOC and SOD were markedly lower ($P < 0.05$). MDA content: sham group > D group > L group > LD group > model group; T-AOC and SOD concentrations: sham group < D group < L group < LD group < model group. More details are shown in Figure 4. According to the abovementioned animal experiment results, both lidocaine and dexmedetomidine can improve the oxidative stress level of rats, and the synergistic effect of the two drugs can significantly enhance the effect.

3.4. Analysis of Western Blot Results. Compared with the sham group, the expression levels of nNOS, iNOS, and p22phox, p91phox, and p47phox in brain tissue of rats in other groups were significantly higher ($P < 0.05$), showing a relatively high level of oxidative stress. Compared with the A group, the expression of nNOS, iNOS, p22phox, p91phox, and p47phox protein in the rat brain was reduced to varying degrees in the L group, D group, and LD group ($P < 0.05$), and LD group shows stronger inhibitory effect, as shown in Figure 5. This conclusion is consistent with the previous research results, suggesting that lidocaine and poly-metamidine have a synergistic effect, which can inhibit the oxidative stress injury mediated by nNOS, iNOS, and p22phox, p91phox, and p47phox proteins, and then play a protective role in the process of intracranial aneurysm clipping.

4. Discussion

The surgical procedure of aneurysm clipping is prone to cause brain tissue and nerve cell damage in patients, so perioperative brain protection has become a research concern [14–16]. Studies [17, 18] have shown that lidocaine is an effective brain protection drug in clinic, which can inhibit the release of oxygen free radicals and reduce the risk of cerebral ischemia-oxygen injury during operation. Dexmedetomidine is used in surgery for anesthesia to effectively maintain the smoothness of perioperative hemodynamic parameters, thereby reducing neurological damage to the patient’s brain tissue [19–21]. Both of the abovementioned drugs show a certain brain protection effect, but whether the two drugs are used together has synergistic effect and synergistic effect of brain protection, and the related mechanism of action is rarely reported.

According to this study, compared with those receiving normal saline, patients who received lidocaine or dexmedetomidine alone during the operation had lower HR and MAP levels from T1 to T4, showing a relatively stable trend. The group adopting lidocaine combined with dexmedetomidine showed more obvious advantages. Studies have shown that the combination of the two drugs can effectively reduce the adverse effects of surgery on patients’ respiratory system and body circulation and improve perioperative hemodynamic stability.

S-100β protein and NSE are marker proteins of brain tissue injury. Increased content of S100β protein in serum indicates a serious trend of nerve injury [22–24]. NSE is the marker enzyme of neuron injury [25], and the concentration of NSE in blood reflects the degree of brain injury in patients [26, 27]. When craniocerebral injury occurs, a large number of oxygen free radicals are produced in the body, which increases the content of MDA and impairs cell function [28, 29]. SOD is a powerful antioxidant enzyme in the body, which can remove free radicals and effectively relieve lipid peroxidation damage during cerebral ischemia [30, 31]. Therefore, in this study, the abovementioned four indexes were observed at each time point of clamping operation, and the effects of combined application of lidocaine and dexmedetomidine on the oxidative stress level of patients were evaluated. It was found that the serum S-100β protein, NSE level, and MDA concentration of patients in the L group, D group, and LD group were significantly lower than those in the A group, and the SOD content was significantly higher than that in the A group. More importantly, the LD group showed the most significant regulatory effect, indicating superior ability to improve oxidative stress level. To sum up, lidocaine combined with dexmedetomidine can effectively reduce the oxidative stress reaction of perioperative patients, reduce the degree of brain injury, and play a more effective role in brain protection.

In order to verify the reaction mechanism of the abovementioned research, rat intracranial aneurysm models were established, and the levels of SOD, T-AOC, and MDA in the brain tissue of experimental rats, as well as the changing trend of nNOS, iNOS, and p22phox, p91phox, and p47phox protein expression levels, were detected for verification. The contents of SOD, T-AOC, and MDA in the body reflect the metabolic level of oxygen free radicals in the body. The animal experiment of this study indirectly reflects the oxidative stress state of model rats by measuring the changes of the contents of the three. The results showed that lidocaine and dexmedetomidine can improve the oxidative stress level of rats by inducing the changes of SOD activity, T-AOC, and MDA content, and the two drugs have a synergistic effect, which can more strongly improve the oxidative stress state. This further confirms the conclusion of previous research.
Then, we assessed the expression of oxidative stress indicators of nNOS, iNOS, and NADPH oxidase subunits p22phox, p91phox, and p47phox in rat brain tissue and then discussed the possible mechanism of lidocaine combined with dexmedetomidine in inhibiting oxidative stress. The animal experiments showed that the expressions of nNOS, iNOS, and p22phox, p91phox, and p47phox in the L group, D group, and LD group were decreased, and these levels in the LD group were significantly lower than those in the L group and D group. The abovementioned results indicated that lidocaine pretreatment combined with dexmedetomidine can effectively improve the oxidative stress injury induced by NADPH oxidase, nNOS, and iNOS via decreasing the expression of related proteins.
5. Conclusions

However, there are still some limitations in our study, and we need to conduct a deeper study about lidocaine and dexmedetomidine in future work. In our research work, we found that lidocaine and dexmedetomidine have a synergistic effect, which can improve the perioperative hemodynamic stability of patients with intracranial aneurysm clipping. The inhibitory effect of the combination of the two drugs on the oxidative stress level of the body was further verified in rat models. Besides, the drugs can improve the level of oxidative stress by regulating the expression of oxidative stress-related proteins, so as to achieve the purpose of perioperative protection of craniocerebral injury.

Data Availability

The datasets used and/or analyzed during the present study are available from the corresponding author on reasonable request.

Ethical Approval

The study was approved by the Ethics Committee of The Third Affiliated Hospital of Qiqihar Medical College.

Consent

Signed written informed consent was obtained from the patients and/or guardians.

Conflicts of Interest

The authors declare no conflicts of interest.

Authors’ Contributions

JZ and HZ conceived and designed the study and drafted the manuscript. JZ, LZ, ZZ, and YL collected, analyzed, and interpreted the experimental data. JZ, HZ, and LZ revised the manuscript for important intellectual content. All authors read and approved the final manuscript.

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