No	Question	Saa k(2 020)[2 3]	Raj a(2 020)[2 4]	liu(202 0) [25]	Es ma eili (20 20) [26]	Rh o (20 20) [13]	Kaj i(2 019) [27]	Mü ller (20 19) [28]	van de wie le(2 018) [29]	Liu (20 18) [30]	El- Sap pag h(2 018) [31]	Tol one n(2 018) [32]	Bill iet(201 8) [33]	Ker ma ny(201 8) [34]	Tsa o (20 17) [35]	Ga w(2 017) [36]	Mc Rae (20 16) [37]	Jab ez (20 15) [38]	Wag holik ar(20 12) [39]	Esp osit 0 (20 11) [40]	Ku o(2 011) [12]
1	Was there a clear statement of the aims of the research?	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
2	Is a qualitative methodology appropriate?	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
3	Was the research design appropriate to address the aims of the research?	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
4	Was the recruitment strategy appropriate to the aims of the research?	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
5	Was the data collected in a way that addressed the research issue?	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1

Multimedia Appendix 1: CASP(Critical Appraisal Skills Program) quality assessment for qualitative studies

6	Have ethical issues been taken into consideration?	0	0	0	0	1	0	0	1	0	0	0	0	0	0	0	0	0	1	0	0
7	Was the data analysis sufficiently rigorous?	1	1	1	1	0	1	0	1	1	1	0	0	0	1	1	1	1	0	1	1
8	Is there a clear statement of findings?	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Out	Outcomes of the research																				
9	Researcher(s) have discussed the contribution of the study to the existing knowledge or understanding:	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
9	Researcher(s) have identified new areas where research is necessary:	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
9	Paper has addressed whether or how the findings can be transferred to other populations or considered other ways the research may be used:	1	1	1	1	0	0	1	1	1	1	1	1	1	1	1	1	0	1	1	1
	Quality score	0.9 1	0.9 1	0.9 1	0.9 1	0.8 2	0.8 2	0.8 2	1.0 0	0.9 1	0.9 1	0.8 2	0.8 2	0.8 2	0.9 1	0.9 1	0.9 2	0.8 2	0.91	0.9 1	0.9 1