The Coronary Angiography-Derived Index of Microcirculatory Resistance Predicts Left Ventricular Performance Recovery in Patients with ST-Segment Elevation Myocardial Infarction

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Objectives. The present study is designed to investigate the impact of coronary angiography-derived index of microcirculatory resistance (caIMR) on left ventricular performance recovery. Background. IMR has been established as a gold standard for coronary microvascular assessment and a predictor of left ventricular recovery after ST-segment elevation myocardial infarction (STEMI). CaIMR is a novel and accurate alternative of IMR. Methods. The present study retrospectively included 80 patients with STEMI who underwent primary percutaneous coronary intervention (PCI). We offline performed the post-PCI caIMR analysis of the culprit vessel. Echocardiography was performed within the first 24 hours and at 3 months after the index procedure. Left ventricular recovery was defined as the change in left ventricular ejection fraction (LVEF) more than zero. Results. The mean age of the patients was 58.0 years with 80.0% male. The average post-PCI caIMR was 43.2. Overall left ventricular recovery was seen in 41 patients. Post-PCI caIMR (OR: 0.948, 95% CI: 0.916–0.981, \( p < 0.002 \)), left anterior descending as the culprit vessel (OR: 3.605, 95% CI: 1.23–10.567, \( p < 0.019 \)), and male (OR: 0.254, 95% CI: 0.066–0.979, \( p < 0.047 \)) were independent predictors of left ventricular recovery at 3 months follow-up. A predictive model was established with the best cutoff value for the prediction of left ventricular recovery 2.33 (sensitivity 0.610, specificity 0.897, and area under the curve 0.765). In patients with a predictive model score less than 2.33, the LVEF increased significantly at 3 months. Conclusions. The post-PCI caIMR can accurately predict left ventricular functional recovery at 3 months follow-up in patients with STEMI treated by primary PCI, supporting its use in clinical practice.

1. Introduction

Although primary percutaneous coronary intervention (PCI) can restore the blood flow of the epicardial coronary artery, coronary microvascular dysfunction (CMD) still exists in patients with ST-segment elevation myocardial infarction (STEMI) [1]. The post-PCI hyperemic index of microcirculatory resistance (IMR) obtained by pressure wire is a useful tool for the assessment of CMD and can effectively predict left ventricular recovery at 3 months post-STEMI [2–4]. However, the clinical adoption of IMR remains limited mainly due to additional cost and procedural complexity.

Coronary angiography-derived IMR (caIMR) is an emerging computed index to evaluate coronary microcirculation without physiology wire and adenosine [5], which shows accurate diagnostic performance for CMD and great long-term prognostic value in previous studies [6–15]. However, the impact of post-PCI caIMR on left ventricular performance recovery at 3 months in patients with STEMI remains unknown. The aim of the present study is to examine whether caIMR can predict left...
ventricular recovery at 3 months after the index procedure.

2. Materials and Methods

2.1. Study Population. The present study consecutively enrolled 134 patients with STEMI who underwent primary PCI at Peking University People’s Hospital (Beijing, China) between July 2016 and December 2021. STEMI was defined using the fourth universal definition of myocardial infarction [16]. The exclusion criteria were as follows: merely coronary angiography without stent implantation, coronary artery bypass graft rather than PCI, lack of echocardiography within the first 24 hours and after 3 months, and poor angiographic image quality precluding the contour detection and calMR calculation.

2.2. Study Design. This was a retrospective study to evaluate the predictive ability of post-PCI calMR on left ventricular performance recovery at 3 months in patients with STEMI. We searched and reviewed medical records, coronary angiography, and echocardiography images of the eligible patients. The patient's demographic information, cardiovascular risk factors, hemodynamic parameters, laboratory examinations, discharge medications, lesion, and procedural characteristics were recorded.

2.2.1. PCI Procedure and Coronary Microcirculation Assessment. Coronary angiography and stent implantation were performed according to the standard protocol. An image acquisition speed of 30 frames per second was used. The thrombolysis in myocardial infarction (TIMI) flow grade was assessed in all patients. Corrected TIMI frame count (cTFC) was calculated as previously described [17]. The calMR analysis of infarction-related artery (IRA) after PCI was achieved offline by using commercialized software (FlashAngio, Rainmed Ltd., Suzhou, China) as described in literature [8]. In brief, a three-dimensional reconstruction was first conducted for the interrogated vessel; then coronary angiography-derived fractional flow reserve (caFFR) was estimated by computational pressure-flow dynamics with a validated method; and the hyperemic Pa (Pa hyp) was assumed by mean arterial pressure during the index procedure. Thus, calMR was calculated as follows:

\[ \text{calMR} = \frac{P_{\text{h,g}} \cdot L}{K \cdot V_{\text{diastole}}} \]

where \( L \) represents the length from the inlet to the distal position; \( P_{\text{h,g}} \) is the mean pressure at the distal position at the maximal hyperemia, which is computed by the software as the product of Pa hyp and caFFR; \( V_{\text{diastole}} \) is the mean flow velocity at the distal position at diastole, which is derived using the cTFC method, and selection of the diastolic period is based on the movement of the tip of the guiding catheter; [12] and \( K \) is a constant (\( K = 2.1 \)).

Two independently trained cardiologists who were blinded to clinical data and echocardiography results performed the analysis. Any contradictions were resolved by consensus.

2.3. Echocardiography Measurement and Analysis. Echocardiography was performed within the first 24 hours and at 3 months after PCI by two experienced cardiologists who were blinded to the clinical and coronary physiological information using an available ultrasound system (Vivid 7, GE Medical Systems, NY, USA). Left ventricular ejection fraction (LVEF) was measured from the four and two-chamber areas using the modified Simpson’s rule. Wall motion score index (WMSI) was calculated according to the European society of echocardiography recommendations, using the 17-segment model on a 1–5 scale (1) normal, (2) hypokinesia, (3) akinesia, (4) dyskinesia, and (5) aneurysmal [18]. Global longitudinal strain (GLS) was assessed using speckle-tracking analysis and obtained from two-dimensional gray scale images of three standard apical views with optimal frame rate. Peak longitudinal strain was defined as the percent change in length of the myocardium from end-diastole to end-systole. The mean of the peak systolic longitudinal strain values from the 17 segments was calculated to determine GLS [19]. The change in LVEF, WMSI, and GLS was calculated by subtracting the baseline results from the follow-up ones. The definition of left ventricular recovery was an improvement in LVEF (i.e., the change in LVEF is more than zero) at 3 months.

2.4. Statistical Analysis. Statistical analysis was performed using the SPSS software (version 24.0, IBM Corp., NY, USA). Categorical variables were presented as frequency (%) and compared using the \( \chi^2 \) or Fisher’s exact test, as appropriate. Continuous variables with normal distribution were presented as mean ± standard deviation, otherwise presented as median and interquartile range, which were compared using Student’s \( t \)-test or Mann–Whitney \( U \) test, as appropriate. Bivariate correlation analysis was performed to assess the relationships between variables. The univariate logistic regression model was built and variables with \( p < 0.10 \) entered in the multivariate analysis. The factors that were deemed to be clinically relevant (age, sex, current smoking, and diabetes) were also incorporated. Then, we investigated the independent determinants of left ventricular recovery with a stepwise algorithm in the multivariate logistic regression analysis, and significant variables were included in the final predictive model. Similar to the method of risk score establishment proposed in Framingham’ study [20], a model was developed by assigning weighted points for each variable, and a total score was calculated for each patient. Receiver operating characteristic (ROC) curve analysis was used to determine the best cutoff value and area under the curve (AUC) for the predictive model. The interobserver agreements for calMR analysis were evaluated by calculating the intraclass correlation coefficients (ICC). A two-sided \( p \) value < 0.05 was considered to indicate a statistically significant difference.

3. Results

A total of 134 patients with STEMI who underwent primary PCI were screened for the present study. Of the 54 patients
excluded, 2 required surgical revascularization, 4 received only coronary angiography, 47 lacked echocardiography within the first 24 hours or after 3 months, and in 1 patient, the angiographic image was unable to analyze due to poor quality. Thus, 80 patients were finally included (Figure 1).

The mean age of the patients was 58.0 ± 12.7 years. More than half of the patients had the coexisting risk factors of hypertension and smoking. The IRA was left anterior descending (LAD) in 51 patients, left circumflex in 8 patients, and right coronary in 21 patients. The time from symptom onset to balloon dilation was 7 (3.5–21.875) hours. Procedural success with TIMI flow grade 3 was achieved in 74 patients. Mean post-PCI cFFR and calMR were 0.93 and 43.2, respectively. At discharge, all patients without contraindication were on therapy with aspirin, P2Y₁₂ inhibitors, and statins, and most of the patients used β-blockers, angiotensin converting enzyme inhibitors, or angiotensin receptor blockers (Table 1).

The LVEF increased numerically at 3 months after the index procedure without significant difference compared to baseline. However, both WMSI (1.50 (1.24–1.88) vs 1.31 (1.08–1.63), p < 0.001) and GLS (−12.2 ± 4.0 vs −14.1 ± 4.0, p = 0.001) improved significantly at 3 months follow-up (Table 2). 41 of all patients showed left ventricular recovery. The mean post-PCI calMR and cTFC were significantly lower in the patients with left ventricular recovery at 3 months (38.3 ± 15.5 vs. 48.4 ± 15.2, p = 0.004 and 20.2 ± 11.7 vs. 26.0 ± 13.7, p = 0.045, respectively). There was no significant difference in other physiological indices between the recovery and no recovery groups (Table 3).

The post-PCI calMR did not correlate with baseline and 3-month LVEF (r = 0.074, p = 0.512 and r = −0.169, p = 0.135, respectively). However, there was a significant inverse correlation between post-PCI calMR and the change in LVEF (r = −0.330, p = 0.003, Figure 2). The change in LVEF, WMSI, and GLS all did not correlate with other measures of microvascular function.

In the univariate analysis, the peak CK-MB, post-PCI cTFC, and calMR were significant predictors of left ventricular recovery at 3 months. The variables of age, sex, current smoking, hypertension, diabetes, hyperlipidemia, peak CK-MB, LAD as the culprit vessel, post-PCI cTFC, and calMR were included for multivariate analysis. Then, the post-PCI calMR (OR: 0.948, 95% CI: 0.916–0.981, p = 0.002), LAD as the culprit vessel (OR: 3.605, 95% CI: 1.23–10.567, p = 0.019), and male (OR: 0.254, 95% CI: 0.066–0.979, p = 0.047) were found to be independent predictors of left ventricular recovery in the multivariate logistic regression model (Table 4). The points were assigned based on regression coefficients, and we established a final predictive model as 0.054 × calMR − 1.282 × LAD as the culprit vessel + 1.372 × male.

We then identified the optimal threshold for the prediction of left ventricular recovery by ROC curve analysis.
The best cutoff value of the predictive model was 2.33 (sensitivity 0.610, specificity 0.897, AUC 0.765, 95% CI: 0.660–0.871, and \( p < 0.001 \)) (Figure 3). The best cutoff value of the post-PCI caIMR alone was 40.9 with an AUC of 0.705. Using 2.33 as the optimal cutoff value, 29 patients had a predictive model score less than 2.33. In patients with a predictive model score less than 2.33, the peak CK-MB, post-PCI cTFC, and caFFR were significantly lower. The proportion of multivessel disease was also significantly lower in these patients. There was no significant difference in the mean age, cardiovascular risk factors, blood pressure level, discharge medications, and ischemia time between the two groups (Table 5).
The LVEF increased significantly in patients with a score more than or equal to 2.33 (13.5 ± 6.6 vs. 9.8 ± 4.3, p < 0.001), whereas it decreased significantly in the other group (14.4 ± 9.1 vs. 58.2 ± 9.8, p = 0.009). The WMSI was significantly lower at 3-month follow-up compared to baseline only in patients with a score more than or equal to 2.33 (1.31 (1.06–1.60) vs. 1.47 (1.21–1.94), p < 0.001). The GLS improved significantly in both the groups (−13.5 ± 4.3 vs. −11.5 ± 3.3, p = 0.015 and −14.4 ± 3.9 vs. −12.6 ± 4.3, p = 0.026, respectively) (Table 6). A significant difference was observed for the change in LVEF between the two groups (5.5 ± 6.6 vs. −2.5 ± 6.6, p < 0.001), while there was no difference for the change in WMSI and GLS (Table 5).

There was a good concordance between two cardiologists for the measurement of post-PCI caIMR of the culprit vessels (ICC = 0.889, p < 0.001).

4. Discussion

The present study examines the predictive value of post-procedural caIMR for left ventricular functional recovery in patients with STEMI who undergo primary PCI. The key findings of the present study are as follows: (i) the post-PCI caIMR of the IRA is an independent predictor of left ventricular functional recovery at 3 months after the index procedure and (ii) the female patients with lower post-PCI caIMR, in whom the culprit vessel is LAD, show a more significant improvement in left ventricular functional indices including LVEF and GLS.

Despite the success of primary PCI in IRA recanalization, approximately half of patients with STEMI show failure of myocardial reperfusion and CMD in the culprit vessel territory, which is a key determinant of adverse ventricular remodeling and clinical outcome [1]. Although many noninvasive imaging modalities are optimal for CMD assessment, they are not available at the cardiac catheterization laboratory during PCI [21]. The pressure wire-derived IMR measured immediately after PCI is a quantitative, reproducible index not affected by epicardial coronary artery stenosis under various hemodynamic perturbations and has been considered as a “gold standard” for CMD [2].

Overwhelming evidences suggest that IMR can accurately predict the size of myocardial infarction and remodeling of the left ventricle and microvascular obstruction in patients with STEMI treated by PCI [22–27]. Furthermore, IMR following PCI has the potential to predict left ventricular recovery at 3 months post-STEMI in patients managed with primary angioplasty and pharmacoinvasive strategies [3, 4]. It has also been found that the patients with a post-PCI mean IMR greater than 40 U have a higher rate of death or rehospitalization due to heart failure at 1 year in a multicenter study assessing 253 patients with STEMI [28].

However, due to the additional cost, extra procedural time, and risk associated with the manipulation of a pressure wire, patient discomfort caused by adenosine infusion, IMR has inevitable practical restrictions. Recently, some attempts have been made to calculate IMR based on coronary angiography without the need of a pressure wire and adenosine [5]. Tebaldi et al. proposed for the first time the formula of the angiography-based IMR, which shows a modest diagnostic performance for the prediction of IMR ≥ 25 [6]. Mejia–Renteria et al. developed a method applicable to functional angiography and demonstrated that estimation of IMR without physiological wires and adenosine is feasible [7]. Ai et al. confirmed the high diagnostic accuracy of caIMR using IMR as the reference standard in patients with ischemia and no obstructive coronary arteries [8]. Similarly, De Maria et al. validated that angiography-derived IMR is a promising alternative of invasive IMR to detect CMD in
Table 5: Clinical variables and echocardiographic parameters of patients according to the optimal cutoff value for the predictive model.

<table>
<thead>
<tr>
<th>Variable</th>
<th>The score &lt; 2.33 (n = 29)</th>
<th>The score ≥ 2.33 (n = 51)</th>
<th>P value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age (y)</td>
<td>60.3 ± 15.6</td>
<td>56.7 ± 10.7</td>
<td>0.274</td>
</tr>
<tr>
<td>Body mass index (kg/m²)</td>
<td>24.4 ± 3.9</td>
<td>24.9 ± 2.9</td>
<td>0.453</td>
</tr>
<tr>
<td>Hypertension</td>
<td>15 (51.7%)</td>
<td>35 (68.6%)</td>
<td>0.133</td>
</tr>
<tr>
<td>Diabetes</td>
<td>7 (24.1%)</td>
<td>19 (37.3%)</td>
<td>0.229</td>
</tr>
<tr>
<td>Hyperlipidemia</td>
<td>12 (41.4%)</td>
<td>27 (52.9%)</td>
<td>0.320</td>
</tr>
<tr>
<td>Current smoking</td>
<td>16 (55.2%)</td>
<td>31 (60.8%)</td>
<td>0.624</td>
</tr>
<tr>
<td>Systolic blood pressure (mmHg)</td>
<td>125.1 ± 19.6</td>
<td>125.8 ± 19.5</td>
<td>0.888</td>
</tr>
<tr>
<td>Diastolic blood pressure (mmHg)</td>
<td>69.8 ± 11.0</td>
<td>74.4 ± 9.8</td>
<td>0.058</td>
</tr>
<tr>
<td>Multivessel disease</td>
<td>18 (62.1%)</td>
<td>43 (84.3%)</td>
<td>0.025</td>
</tr>
<tr>
<td>Symptom onset-to-balloon time (h)</td>
<td>8.0 (4.5–24.5)</td>
<td>6.0 (3.5–16.2)</td>
<td>0.312</td>
</tr>
<tr>
<td>Thrombus aspiration</td>
<td>0 (0.0%)</td>
<td>7 (13.7%)</td>
<td>0.094</td>
</tr>
<tr>
<td>Glycoprotein IIb/IIIa inhibitor use</td>
<td>2 (6.9%)</td>
<td>6 (11.8%)</td>
<td>0.756</td>
</tr>
<tr>
<td>Post-PCI TIMI flow grade 3</td>
<td>27 (93.1%)</td>
<td>47 (92.2%)</td>
<td>0.877</td>
</tr>
<tr>
<td>cTFC</td>
<td>17.6 ± 9.0</td>
<td>26.0 ± 14.0</td>
<td>0.002</td>
</tr>
<tr>
<td>cFFR</td>
<td>0.905 (0.83–0.925)</td>
<td>0.93 (0.91–0.945)</td>
<td>0.001</td>
</tr>
<tr>
<td>Peak troponin I (ng/ml)</td>
<td>9313.0 (40.9–54035.55)</td>
<td>25682.9 (82.0–91652.2)</td>
<td>0.091</td>
</tr>
<tr>
<td>Peak CK-MB (ng/ml)</td>
<td>80.9 (31.36–226.65)</td>
<td>194.0 (104.3–243.4)</td>
<td>0.039</td>
</tr>
<tr>
<td>Beta-blocker</td>
<td>23 (79.3%)</td>
<td>43 (84.3%)</td>
<td>0.571</td>
</tr>
<tr>
<td>ACEI/ARB</td>
<td>23 (79.3%)</td>
<td>37 (72.5%)</td>
<td>0.502</td>
</tr>
<tr>
<td>Change in LVEF</td>
<td>5.5 ± 6.6</td>
<td>−2.5 ± 6.6</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>Change in WMSI</td>
<td>−0.05 (−0.25–0)</td>
<td>−0.16 (−0.47–0.03)</td>
<td>0.165</td>
</tr>
<tr>
<td>Change in GLS</td>
<td>−2.4 ± 3.4</td>
<td>−1.8 ± 3.8</td>
<td>0.610</td>
</tr>
</tbody>
</table>

TIMI, thrombolysis in myocardial infarction; cTFC, corrected thrombolysis in myocardial infarction frame count; caFFR, coronary angiography-derived fractional flow reserve; caIMR, coronary angiography-derived index of microcirculatory resistance; ACEI, angiotensin converting enzyme inhibitor; ARB, angiotensin receptor blocker; LVEF, left ventricular ejection fraction; WMSI, wall motion score index; GLS, global longitudinal strain.

Table 6: Baseline and 3-month echocardiographic parameters according to the optimal cutoff value for the predictive model.

<table>
<thead>
<tr>
<th>Parameter</th>
<th>The score &lt; 2.33</th>
<th>The score ≥ 2.33</th>
<th>P value</th>
<th>The score &lt; 2.33</th>
<th>The score ≥ 2.33</th>
<th>P value</th>
</tr>
</thead>
<tbody>
<tr>
<td>LVEF</td>
<td>53.0 ± 12.8</td>
<td>58.4 ± 11.3</td>
<td>&lt;0.001</td>
<td>58.2 ± 9.8</td>
<td>55.7 ± 9.1</td>
<td>0.009</td>
</tr>
<tr>
<td>WMSI</td>
<td>1.50 (1.31–1.78)</td>
<td>1.38 (1.13–1.63)</td>
<td>0.077</td>
<td>1.47 (1.21–1.94)</td>
<td>1.31 (1.06–1.60)</td>
<td>&lt;0.001</td>
</tr>
<tr>
<td>GLS</td>
<td>−11.5 ± 3.3</td>
<td>−13.5 ± 4.3</td>
<td>0.015</td>
<td>−12.6 ± 4.3</td>
<td>−14.4 ± 3.9</td>
<td>0.026</td>
</tr>
</tbody>
</table>

LVEF, left ventricular ejection fraction; WMSI, wall motion score index; GLS, global longitudinal strain.

Thus, the established predictive model is not a real prospective prediction rather than only an internal validation. Second, our included patients fail to receive IMR measurements as a reference. Third, CMD in the IRA territory can be a dynamic phenomenon; therefore, a single caIMR value immediately after PCI might not fully explain patient prognosis. Next, there is a lack of evaluation of the underlying CMD in the nonculprit vessel territory. Finally, the clinical prognostic implication of caIMR has not been assessed.

5. Conclusions

The novel calculated caIMR after primary PCI shows a great value for the prediction of left ventricular functional recovery reflected by LVEF improvement at 3 months after the index procedure in patients with STEMI.

Data Availability

The datasets used and/or analyzed during the current study are available from the corresponding author upon request.
**Ethical Approval**

This study was approved by the Ethics Committee of Peking University People’s Hospital and conducted according to the principles of the Declaration of Helsinki. Since this clinical study was a retrospective analysis of the information of previous cases, without direct contact with the subjects and subject privacy protection, the risk borne by the subjects was not greater than the minimum risk. The Ethics Committee of Peking University People’s Hospital agreed to exempt informed consent after review.

**Disclosure**

Chang Hou and Meng Guo are the co-first authors.

**Conflicts of Interest**

The authors declare that they have no conflicts of interest.

**Authors’ Contributions**

Chang Hou and Meng Guo contributed equally to this work.

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