

## Research Article

# Preparation of Fe<sub>3</sub>O<sub>4</sub>/Reduced Graphene Oxide Nanocomposites with Good Dispersibility for Delivery of Paclitaxel

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The Fe<sub>3</sub>O<sub>4</sub>/reduced graphene oxide (Fe<sub>3</sub>O<sub>4</sub>/RGO) nanocomposites with good dispersibility were synthesized for targeted delivery of paclitaxel (PTX). Firstly, the superparamagnetic Fe<sub>3</sub>O<sub>4</sub>/functional GO nanocomposites were prepared via hydrothermal method in which GO sheets were modified by surfactant wrapping. The Fe<sub>3</sub>O<sub>4</sub>/RGO nanocomposites were successively prepared through the reduction of graphene oxide. The products were investigated by Fourier-transform infrared spectrum, X-ray diffraction, scanning electron microscopy, transmission electron microscopy, thermogravimetric analysis, and vibration sample magnetometry. It was found that spherical Fe<sub>3</sub>O<sub>4</sub> nanoparticles were uniformly anchored over the RGO matrix and the nanocomposites were superparamagnetic with saturation magnetization (*M<sub>s</sub>*) of 9.39 emu/g. Then PTX was loaded onto Fe<sub>3</sub>O<sub>4</sub>/RGO nanocomposites, and the drug loading capacity was 67.9%. Cell viability experiments performed on MCF-7 demonstrated that the Fe<sub>3</sub>O<sub>4</sub>/RGO-loaded PTX (Fe<sub>3</sub>O<sub>4</sub>/RGO/PTX) showed cytotoxicity to MCF-7, whereas the Fe<sub>3</sub>O<sub>4</sub>/RGO displayed no obvious cytotoxicity. The above results indicated that Fe<sub>3</sub>O<sub>4</sub>/RGO/PTX nanocomposites had potential application in tumor-targeted chemotherapy.

## 1. Introduction

Paclitaxel (PTX) is used for the first-line chemotherapeutics in breast cancer, lung cancer, and so on [1]. For improving the bioavailability of PTX, some groups made different carriers to load PTX such as hydrogels [2, 3], gel system [4], implantable chitosan film [5], nanogel [6], nanoparticles [7, 8], and nanostructured lipid carrier [9].

The graphene nanocomposites were studied for drug loading and delivery, since the hydrophobic drugs can be loaded on to graphene sheets by  $\pi$ - $\pi$  stacking. For example, Angelopoulou et al. developed GO/PLA-PEG nanocomposites loading with PTX, which showed satisfactory high loading capacity, controlled release, and cytotoxicity against A549 cancer cells [10]. Zhang et al. synthesized PEG modified nano graphene oxide for delivering PTX and indocyanine green (ICG), which had good fluorescence labeling and therapy effect [11].

Moreover, graphene is used as nanoscale building blocks for new nanocomposites because of its unique properties [12–14]. Recent research showed that magnetic nanoparticles

(MNPs) could be attached to graphene, which can be applied in magnetic resonance imaging [15], targeted drug delivery [16, 17], biocompatible adsorbent [18], magnetic solid phase extraction [19], microwave electromagnetic [20], Schottky diode applications [21], and biomolecule immobilization [22]. Thus, the bifunctional graphene drug delivery system for magnetic targeting and drug loading was developed in this paper.

In this paper, the magnetic graphene oxide (Fe<sub>3</sub>O<sub>4</sub>/GO) for delivering PTX was prepared by hydrothermal method, and Fe<sub>3</sub>O<sub>4</sub>/GO was subsequently reduced to Fe<sub>3</sub>O<sub>4</sub>/RGO with good dispersibility. The Fe<sub>3</sub>O<sub>4</sub>/RGO nanocomposites were characterized, and the drug loading and release of PTX were also investigated. Furthermore, the inhibitory effect of Fe<sub>3</sub>O<sub>4</sub>/RGO-loaded PTX (Fe<sub>3</sub>O<sub>4</sub>/RGO/PTX) on MCF-7 cells was conducted.

## 2. Experimental

**2.1. Materials.** Iron(III) chloride hexahydrate (FeCl<sub>3</sub>·6H<sub>2</sub>O), Hexadecyl trimethyl ammonium bromide (CTAB), and

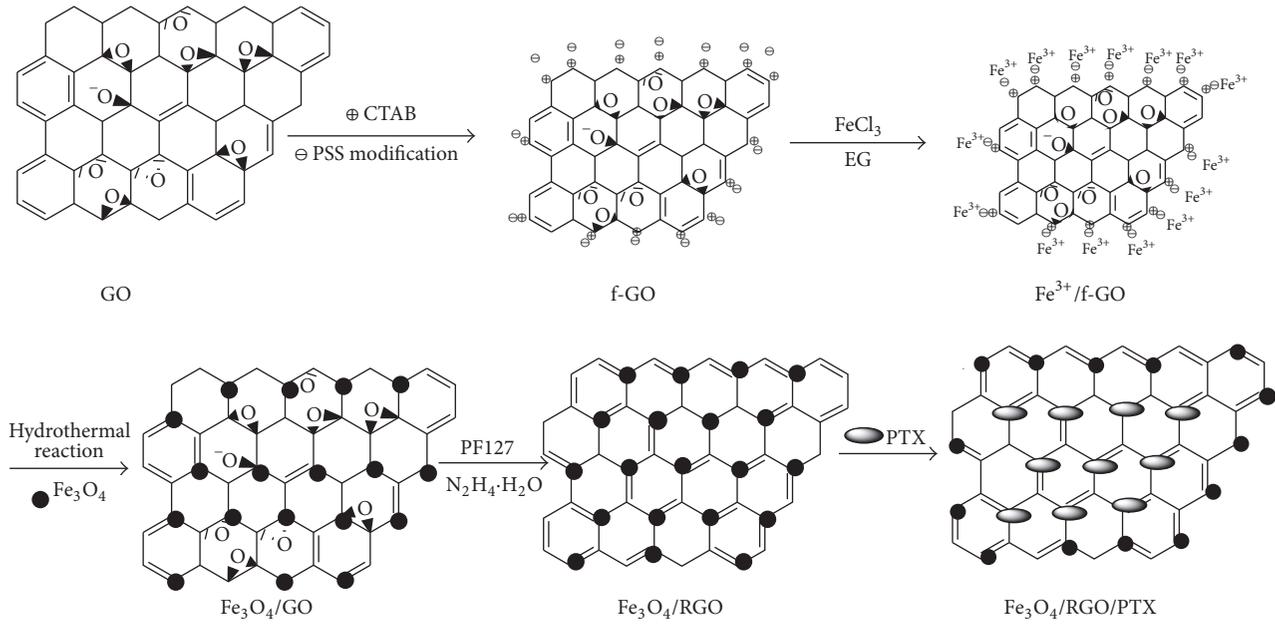


FIGURE 1: Schematic diagram of the formation processes of PF127/Fe<sub>3</sub>O<sub>4</sub>/RGO nanocomposites.

Poly(sodium 4-styrenesulfonate) (PSS) were of analytical grade. 3-(4,5-Dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT), PTX, and Triblock copolymers (PEO<sub>99</sub>-PPO<sub>67</sub>-PEO<sub>99</sub>) PF127 were purchased from Sigma. The graphene oxide (GO) was purchased by Xianfeng Nanotechnologies Co. Ltd., China.

**2.2. Synthesis and Application of Fe<sub>3</sub>O<sub>4</sub>/RGO/PTX Nanocomposites.** The Fe<sub>3</sub>O<sub>4</sub>/RGO/PTX nanocomposites synthesis was shown in Figure 1.

**2.2.1. Synthesis of Fe<sub>3</sub>O<sub>4</sub>/RGO/PTX Nanocomposites.** To control the particle size of Fe<sub>3</sub>O<sub>4</sub> nanoparticles, the GO was modified by the polymer wrapping technique, in which cationic CTAB (1 g) was adsorbed firstly on GO to create a charged template and anionic PSS (0.24 g) was subsequently grafted onto the surfaces of GO (as shown in Figure 1). The mixture of GO modified by CTAB and PSS was obtained, named functional GO (f-GO). The assembly of Fe<sub>3</sub>O<sub>4</sub> nanoparticles on f-GO (Fe<sub>3</sub>O<sub>4</sub>/f-GO) was self-prepared using hydrothermal reaction [23]. For comparison, we synthesized Fe<sub>3</sub>O<sub>4</sub>/GO without modifying GO.

Secondly, PF127 (400 mg) was dropped to Fe<sub>3</sub>O<sub>4</sub>/f-GO solution (15 mL, 1.0 mg/mL) and hydrazine monohydrate (400  $\mu$ L) was then added to reduce the GO [24]. After reaction, Fe<sub>3</sub>O<sub>4</sub>/RGO nanocomposites were obtained by pressure filtration. Lastly, the PTX was loaded by adding 0.01 g Fe<sub>3</sub>O<sub>4</sub>/RGO to PBS buffer solution containing PTX (1 mg/mL, 30 mL) at 25 °C for 16 h in dark. The suspension was centrifuged and freeze-dried, and Fe<sub>3</sub>O<sub>4</sub>/RGO/PTX was obtained.

**2.2.2. Drug Release of Fe<sub>3</sub>O<sub>4</sub>/RGO/PTX.** The release of Fe<sub>3</sub>O<sub>4</sub>/RGO/PTX was tested in different buffer (7.4 and 5.0).

10 mg Fe<sub>3</sub>O<sub>4</sub>/RGO/PTX were suspended in 50 mL buffer at 37 °C. The incubated solution (3 mL) was taken out and changed with equal volume buffer. The PTX release was characterized by UV-visible spectrophotometer (UV1101M054) (at 230 nm). The loading efficiency could be calculated by

$$\text{PTX loading efficiency} = \frac{m_d}{m_t} \times 100\%, \quad (1)$$

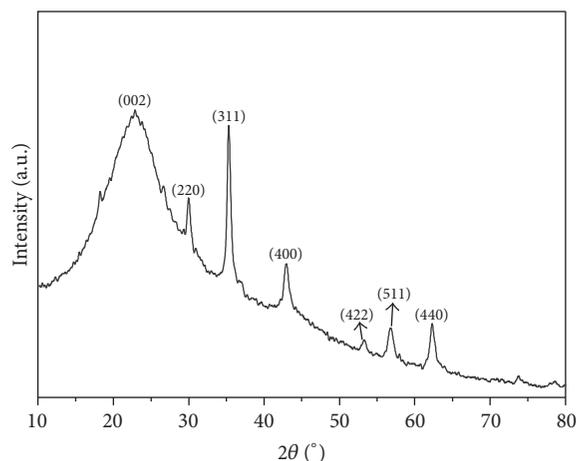
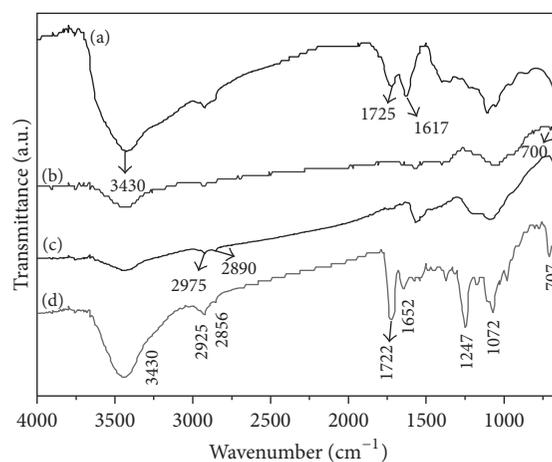
where  $m_d$  is the weight of PTX in the Fe<sub>3</sub>O<sub>4</sub>/RGO/PTX and  $m_t$  is the total weight of Fe<sub>3</sub>O<sub>4</sub>/RGO/PTX.

**2.2.3. Cytotoxicity Assays.** Cytotoxicity of free Fe<sub>3</sub>O<sub>4</sub>/RGO and Fe<sub>3</sub>O<sub>4</sub>/RGO/PTX was tested on MCF-7 cells. The MTT cell toxicity [25] was measured at 490 nm by enzyme-labeled Instrument (Multiskan FC, Thermo Scientific). Fe<sub>3</sub>O<sub>4</sub>/RGO and Fe<sub>3</sub>O<sub>4</sub>/RGO/PTX with different concentrations were added to cells group (six wells) for 24 h, respectively. The fluorescence microscopy of viable cells was characterized by Olympus CKX41.

**2.3. Characterization.** The structure was characterized by X-ray diffraction (Bruker D8, XRD). Bruker VECTOR 22 spectrometer was used to measure infrared spectrum (IR). The morphology was measured by scanning electron microscopy (Model S-4800, SEM) and transmission electron microscopy (Tecnai 12, TEM). Thermogravimetric analysis was characterized by thermal analyzer (TA2100, America TA). And vibration sample magnetometry (Lake Shore 7410, VSM) was used to detect the magnetic properties.

### 3. Results and Discussion

**3.1. XRD Analysis.** As exhibited in Figure 2, the diffraction peak of f-GO appeared at 22.9° which originated from the

FIGURE 2: XRD patterns of  $\text{Fe}_3\text{O}_4/\text{f-GO}$ .FIGURE 3: FT-IR spectra of (a) GO, (b)  $\text{Fe}_3\text{O}_4/\text{f-GO}$ , (c)  $\text{Fe}_3\text{O}_4/\text{RGO}$ , and (d)  $\text{Fe}_3\text{O}_4/\text{RGO}/\text{PTX}$ .

diffraction on its (002) layer planes [26]. The reflection peaks at  $30.1^\circ$ ,  $35.4^\circ$ ,  $43.1^\circ$ ,  $53.5^\circ$ ,  $56.9^\circ$ , and  $62.5^\circ$  can be assigned to (220), (311), (400), (422), (511), and (440) crystal planes of cubic magnetite [27]. It can be concluded that the magnetite-GO heterostructure was formed.

**3.2. FT-IR Analysis.** The FT-IR spectra for (a) GO, (b)  $\text{Fe}_3\text{O}_4/\text{f-GO}$ , (c)  $\text{Fe}_3\text{O}_4/\text{RGO}$ , and (d)  $\text{Fe}_3\text{O}_4/\text{RGO}/\text{PTX}$  were exhibited in Figure 3. In Figure 3(a), the C=O stretching vibration peaks appeared at  $1725\text{ cm}^{-1}$ . The peak at  $3430\text{ cm}^{-1}$  was assigned to -OH bond, and the C=C bond was exhibited at  $1617\text{ cm}^{-1}$ . In Figure 3(b), the Fe-O [28, 29] characteristic band appeared at  $700\text{ cm}^{-1}$ . In addition, the bands at  $2975\text{ cm}^{-1}$  and  $2890\text{ cm}^{-1}$  (Figure 3(c)) could be ascribed to -CH<sub>3</sub> and -CH<sub>2</sub>, which exhibited that  $\text{Fe}_3\text{O}_4/\text{RGO}$  was successfully modified by PF127. In Figure 3(d), the peaks at  $1072$ ,  $1247$ ,  $707$ ,  $1652$ , and  $1722\text{ cm}^{-1}$  could be ascribed to the C-O ester, -COO, C-H aromatic, C=O amide, and C=O ester [30]. It can be concluded that PTX was loaded on  $\text{Fe}_3\text{O}_4/\text{RGO}/\text{PTX}$ .

**3.3. SEM Analysis.** Figure 4(a) showed that the GO had flake structure. After surfactant modification, the f-GO (Figure 4(b)) had good dispersibility. From Figure 4(c), before GO modification, few  $\text{Fe}_3\text{O}_4$  nanoparticles were supported on the GO nanosheets. After GO modification, Figure 4(d) exhibited that spherical  $\text{Fe}_3\text{O}_4$  nanoparticles were homogeneously distributed over the GO nanosheets, because the modified GO were covered with a negatively charged polyelectrolyte which can insure homogenous, high-density coverage of positively charged  $\text{Fe}^{3+}$  by electrostatic attraction. In Figure 4(e), after PF127 modification and reduction,  $\text{Fe}_3\text{O}_4$  nanoparticles of 100 nm were loaded on the surface of RGO nanosheets. In addition, no free  $\text{Fe}_3\text{O}_4$  nanoparticles were observed outside of RGO, indicating a strong interaction between  $\text{Fe}_3\text{O}_4$  nanoparticles and RGO by modification by PF127. In Figure 4(f), it was observed that the  $\text{Fe}_3\text{O}_4/\text{RGO}/\text{PTX}$  had good morphology and dispersability, which could be applied in subsequent experiments.

**3.4. TEM Analysis.** Figure 5(a) showed TEM images of f-GO, which exhibited a typical wrinkled morphology and

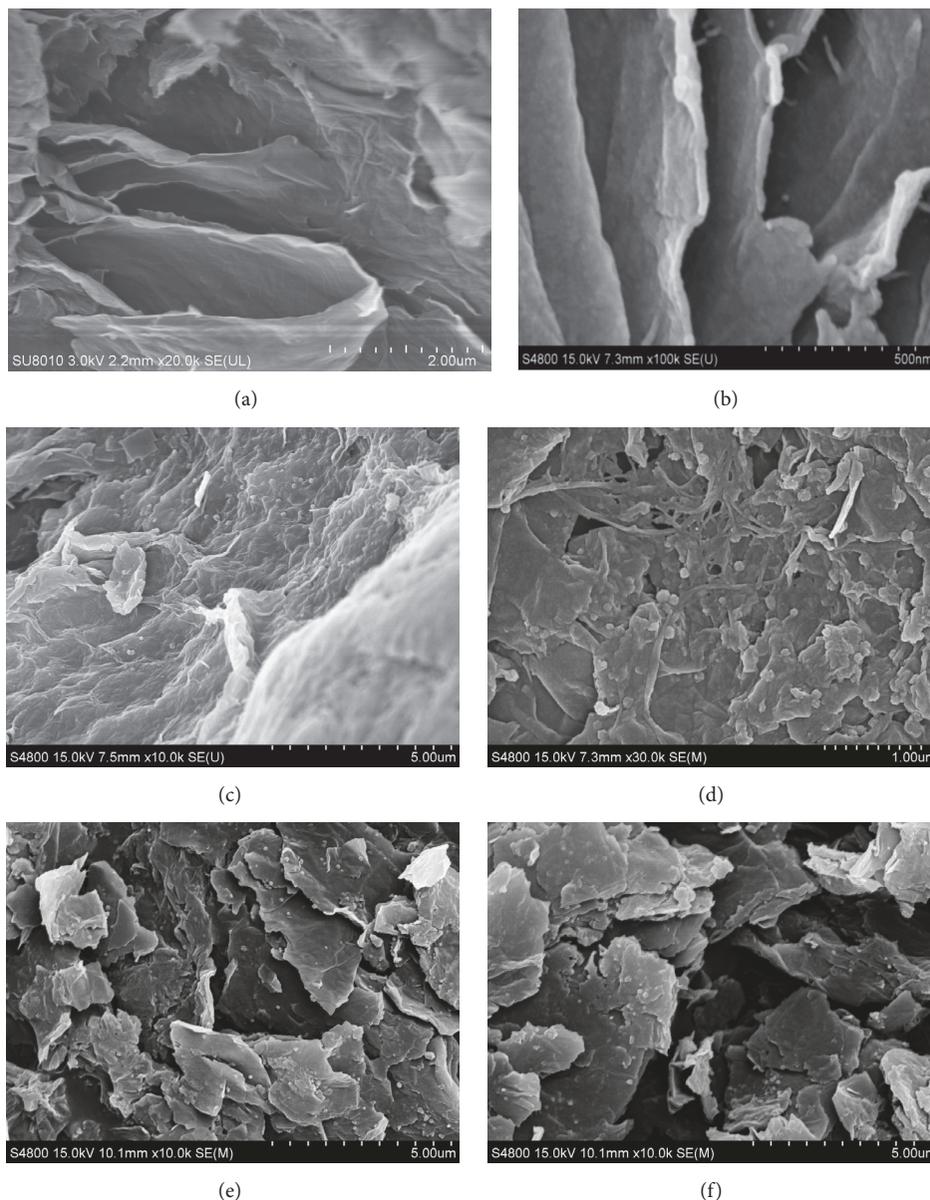


FIGURE 4: SEM images for (a) GO, (b) f-GO, (c)  $\text{Fe}_3\text{O}_4/\text{GO}$ , (d)  $\text{Fe}_3\text{O}_4/\text{f-GO}$ , (e)  $\text{Fe}_3\text{O}_4/\text{RGO}$ , and (f)  $\text{Fe}_3\text{O}_4/\text{RGO}/\text{PTX}$ .

good dispersibility. In Figure 5(b), it was found that the GO carbon sheets were decorated by  $\text{Fe}_3\text{O}_4$  nanoparticles with diameters from 50 nm to 100 nm. From the TEM of  $\text{Fe}_3\text{O}_4/\text{f-GO}$  nanocomposites with high resolution (Figure 5(c)), it was exhibited that  $\text{Fe}_3\text{O}_4$  nanoparticles supported on GO nanosheets had good dispersibility and sphericity. After being modified by PF127 (Figure 5(c)), the  $\text{Fe}_3\text{O}_4/\text{RGO}$  nanocomposites had good dispersibility, from which it can be concluded that good dispersibility may be ascribed to the PF127 immobilization. After loading with PTX (Figure 5(d)),  $\text{Fe}_3\text{O}_4$  nanoparticles were still firmly anchored on the surface of RGO.

**3.5. TG Analysis.** From Figure 6(a), 40.4% mass loss before 200°C was due to desorption of  $\text{H}_2\text{O}$  and pyrolysis of

oxygen-containing group [24]. The pyrolysis of carbon skeleton was exhibited at 50.3% mass loss between 200 and 550°C. Figure 6(b) showed that 17.4% weight loss before 300°C was the removal of labile groups. A further 32.2% weight loss at 400°C (Figure 6(b)) was due to the decomposition of carboxyl group. From Figure 6(c), 3.6% weight loss below 200°C was corresponding to labile oxygen-containing functional groups. A further 32.3% weight loss was observed at around 400°C (Figure 6(c)), which was due to the decomposition of PF127. Finally, 43.1% at around 500°C was ascribed to the carbon skeleton pyrolysis.

**3.6. VSM Analysis.** In Figure 7(a), the products showed superparamagnetism without any hysteresis [31]. The saturation magnetization ( $M_s$ ) of  $\text{Fe}_3\text{O}_4/\text{f-GO}$  was

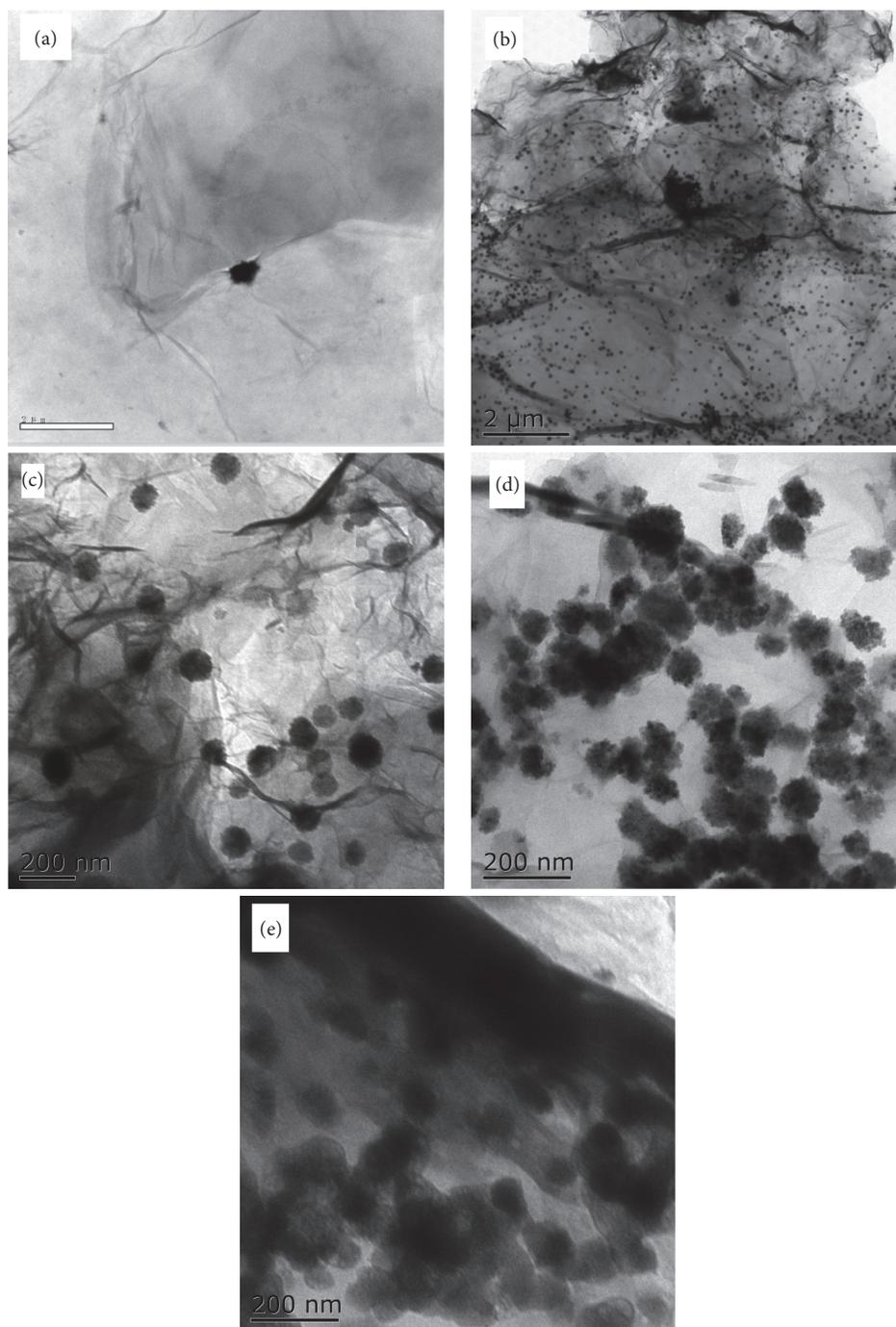


FIGURE 5: TEM images of (a) f-GO, (b) (c)  $\text{Fe}_3\text{O}_4/\text{f-GO}$ , (d)  $\text{Fe}_3\text{O}_4/\text{RGO}$ , and (e)  $\text{Fe}_3\text{O}_4/\text{RGO}/\text{PTX}$ .

9.39 emu/g. Before GO modification, the  $M_s$  of as-obtained  $\text{Fe}_3\text{O}_4/\text{GO}$  nanocomposites decrease to 6.50 emu/g; it was due to the fewer  $\text{Fe}_3\text{O}_4$  nanoparticles supported on the GO nanosheets. After drug loading, the  $M_s$  of  $\text{Fe}_3\text{O}_4/\text{RGO}/\text{PTX}$  was 5.23 emu/g (Figure 7(c)). It could be seen that  $\text{Fe}_3\text{O}_4/\text{RGO}/\text{PTX}$  maintained good saturation magnetization, which was critical for further application.

**3.7. UV Analysis.** The release profiles of PTX from  $\text{Fe}_3\text{O}_4/\text{RGO}/\text{PTX}$  were shown in Figure 8. The standard curve of PTX was (2), and the drug loading efficiency of  $\text{Fe}_3\text{O}_4/\text{RGO}/\text{PTX}$  was 67.9%.

$$A = 16.032 \cdot C + 0.0766, \quad (2)$$

$$R^2 = 0.981.$$

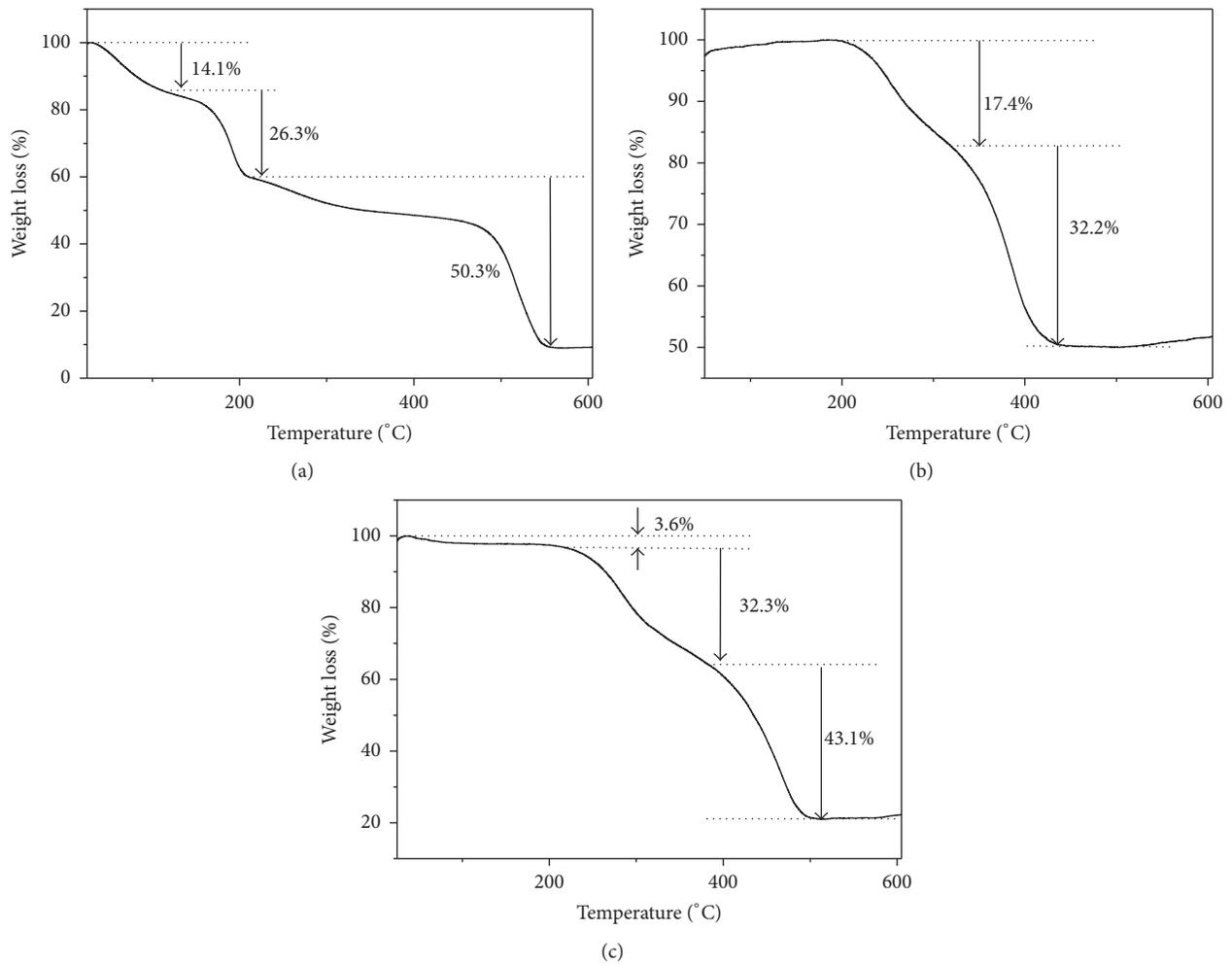


FIGURE 6: TG curves of (a) GO, (b) Fe<sub>3</sub>O<sub>4</sub>/f-GO, and (c) PF127/Fe<sub>3</sub>O<sub>4</sub>/RGO.

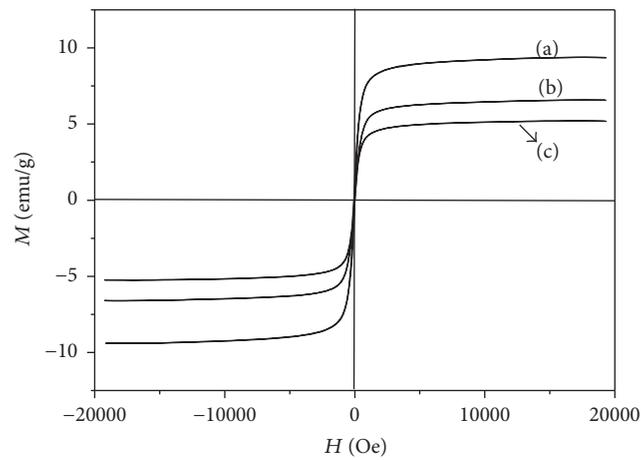


FIGURE 7: Magnetization curves of (a) Fe<sub>3</sub>O<sub>4</sub>/f-GO, (b) Fe<sub>3</sub>O<sub>4</sub>/GO, and (c) Fe<sub>3</sub>O<sub>4</sub>/RGO/PTX.

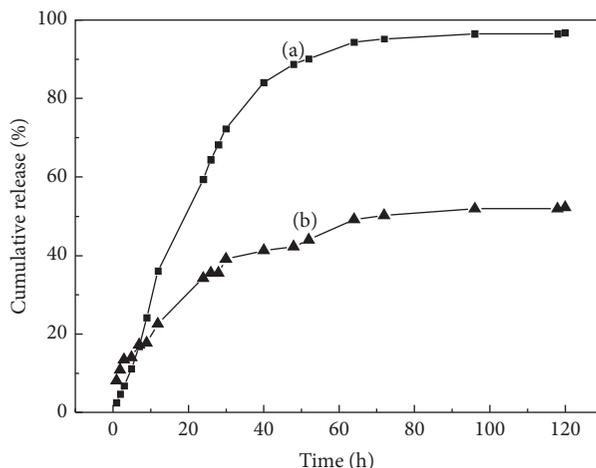


FIGURE 8: Release behavior of PTX from  $\text{Fe}_3\text{O}_4/\text{RGO}/\text{PTX}$  at (a) pH = 5.5 and (b) pH = 7.4.

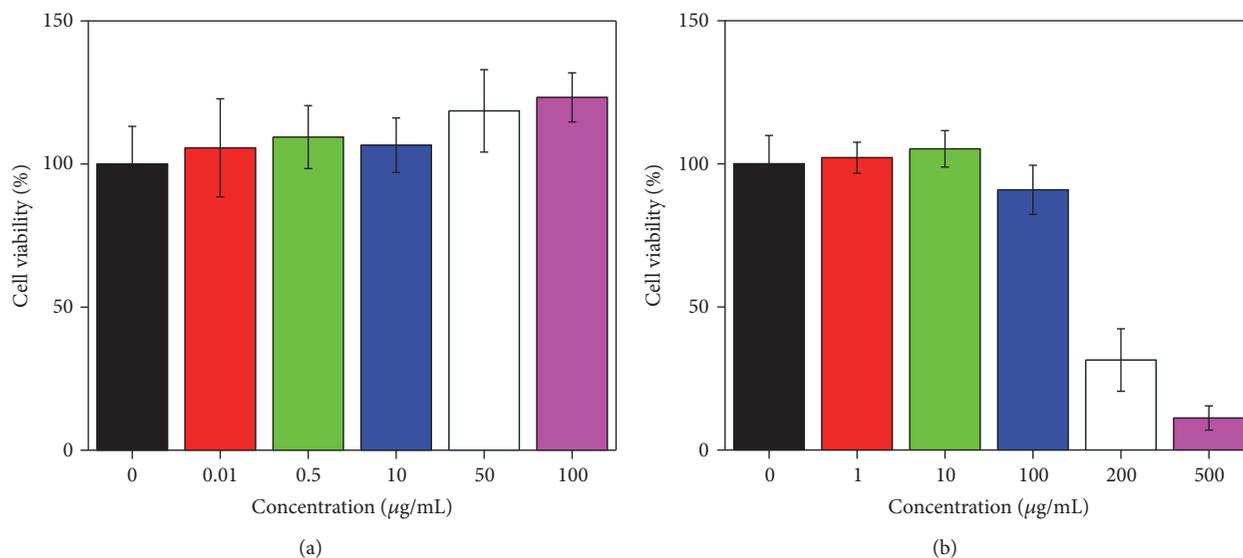


FIGURE 9: Histogram of cell viability is a function of (a)  $\text{Fe}_3\text{O}_4/\text{RGO}$  concentration and (b)  $\text{Fe}_3\text{O}_4/\text{RGO}/\text{PTX}$  concentration in culture media.

In Figure 8, a sustained PTX release at different pH values was observed from the  $\text{Fe}_3\text{O}_4/\text{RGO}/\text{PTX}$ . About 96.6% (Figure 8(a)) and 52.1% (Figure 8(b)) of PTX were released at pH = 5.5 and pH = 7.4 after 120 h. Moreover, the decreasing  $\pi$ - $\pi$  stacking was the reason for rapid PTX release at pH = 5.5.

**3.8. In Vitro Cytotoxicity Assay.** In Figure 9(a), the free  $\text{Fe}_3\text{O}_4/\text{RGO}$  had no considerable cytotoxicity to MCF-7 cells. In Figure 9(b), with adding the  $\text{Fe}_3\text{O}_4/\text{RGO}/\text{PTX}$ , an obvious decrease in cell viability was observed. When the concentration of  $\text{Fe}_3\text{O}_4/\text{RGO}/\text{PTX}$  was 200  $\mu\text{g/mL}$ , the cell viability was reduced to 31%. With adding the 500  $\mu\text{g/mL}$   $\text{Fe}_3\text{O}_4/\text{RGO}/\text{PTX}$ , the cell viability was rapidly reduced to 11%. It can be concluded that with increasing  $\text{Fe}_3\text{O}_4/\text{RGO}/\text{PTX}$  concentration the cell viability of MCF-7 decreased.

The cell viability results of products were also confirmed by fluorescence microscopy. The largest number of viable cells was exhibited in the control group (Figure 10(a)). With adding  $\text{Fe}_3\text{O}_4/\text{RGO}$  with different concentration (Figure 10(b), 1  $\mu\text{g/mL}$ ; Figure 10(c), 10  $\mu\text{g/mL}$ ; and Figure 10(d), 100  $\mu\text{g/mL}$ ), MCF-7 cells had no obvious morphological change.

The maximum viable cells were shown in the control group (Figure 11(a)). In Figure 11(b), with adding 100  $\mu\text{g/mL}$  of  $\text{Fe}_3\text{O}_4/\text{RGO}/\text{PTX}$ , the number of viable MCF-7 cells reduced rapidly. When the concentration of PF127/ $\text{Fe}_3\text{O}_4/\text{RGO}/\text{PTX}$  increased to 200 and 500  $\mu\text{g/mL}$ , few cells were observed (Figures 11(c) and 11(d)). It was confirmed that  $\text{Fe}_3\text{O}_4/\text{RGO}/\text{PTX}$  showed high antitumor activity for MCF-7 cells, which was ideal materials for tumor-targeted chemotherapy.

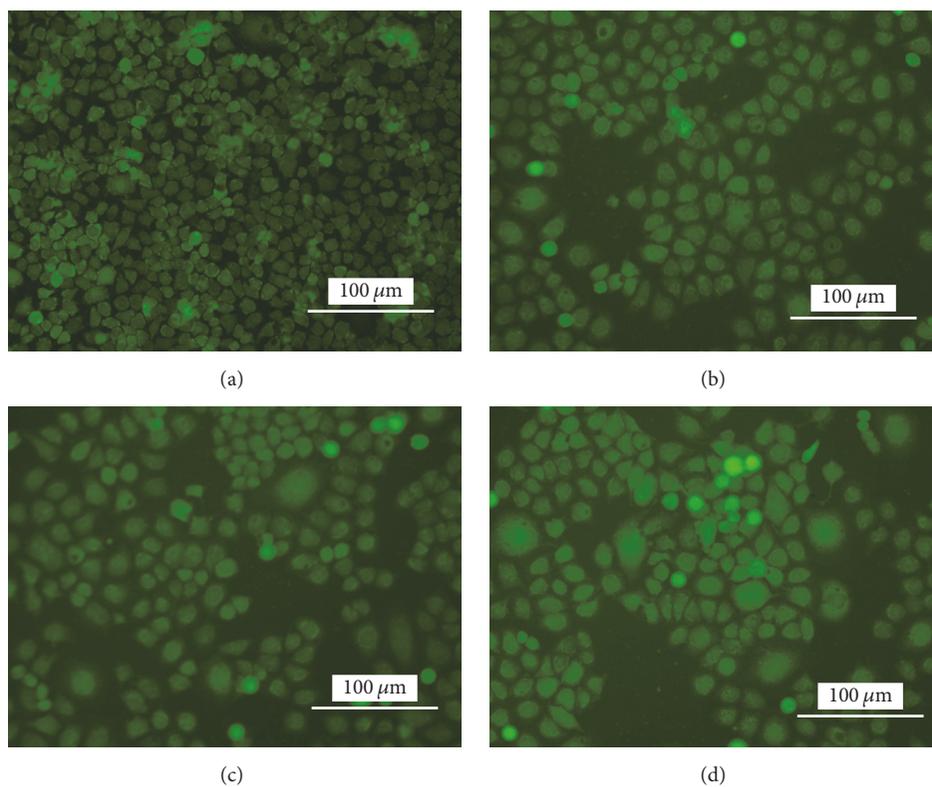


FIGURE 10: MCF-7 cells observed by fluorescence microscopy on (a) the control and (b–d) the Fe<sub>3</sub>O<sub>4</sub>/RGO of (b) 1 μg/mL, (c) 10 μg/mL, and (d) 100 μg/mL. Cell seeding density was  $1 \times 10^4$  per well.

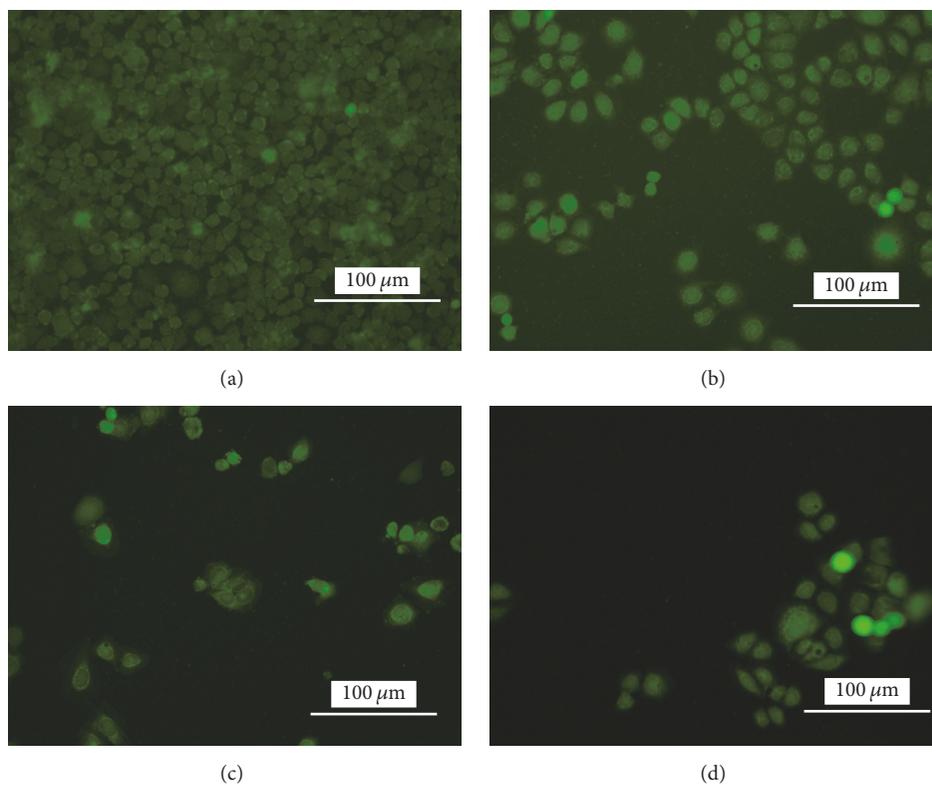


FIGURE 11: MCF-7 cells observed by fluorescence microscopy on (a) the control and (b–d) the Fe<sub>3</sub>O<sub>4</sub>/RGO/PTX of (b) 100 μg/mL, (c) 200 μg/mL, and (d) 500 μg/mL. Cell seeding density was  $1 \times 10^4$  per well.

## 4. Conclusions

In conclusion, Fe<sub>3</sub>O<sub>4</sub>/RGO nanocomposites loading with PTX were successfully prepared. The method could be used for preparing other graphene-based nanocomposites. Moreover, the Fe<sub>3</sub>O<sub>4</sub>/RGO nanocomposites exhibited high drug loading efficiency and pH-dependent release, which was because of the  $\pi$ - $\pi$  stacking and hydrophobic interactions between PTX and Fe<sub>3</sub>O<sub>4</sub>/RGO. With adding low concentration (200  $\mu$ g/mL), the Fe<sub>3</sub>O<sub>4</sub>/RGO/PTX exhibited controlled release and inhibition of the growth of MCF-7 cells. Therefore, Fe<sub>3</sub>O<sub>4</sub>/RGO/PTX nanocomposites had potential application in tumor magnetically targeted therapy.

## Conflicts of Interest

The authors declare that they have no conflicts of interest.

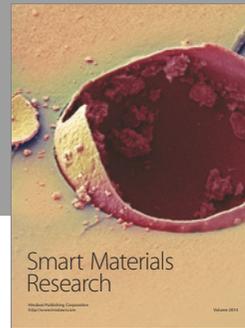
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