

Research Article

Prevalence and Associated Risk Factors of Intestinal Parasites among Children under Five Years of Age Attended at Bachuma Primary Hospital, West Omo Zone, Southwest Ethiopia: A Cross-Sectional Study

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Background. In regions of the world with low resources, such as Ethiopia, intestinal parasite diseases are still highly prevalent, especially in children. Poor personal and environmental hygiene, as well as unsafe and low-quality drinking water, are the main causes of this. This investigation aimed to determine the frequency of intestinal parasites and risk factors among children under 5 years age at Bachuma Primary Hospital in 2022. Materials and Methods: A cross-sectional study was carried out from October 2022 to December 2022 at Bachuma Primary Hospital, West Omo Zone, Southwest Ethiopia. Stool sample was collected from randomly selected children who were ordered to have their stool examined at the hospital laboratory and wet mount was prepared using normal saline to detect the different stage of intestinal parasites microscopically. Moreover, data related to the sociodemographic and associated risk factors was collected using a structured questionnaire. Descriptive statistics were computed to describe the characteristics of the study participants and determine the prevalence of intestinal parasites. Data were entered into Epi-data manager and analysed using statistical packages for social sciences (SPSS) version 25.0, respectively. Bivariate and multivariate logistic regression analyses were performed, with variables with a p value of <0.05 considered statistically significant. Result: Infection with at least one intestinal parasite among children was 29.4% (95% CI: 24.5-34.7). Ascaris lumbricoide and Giardia lamblia were responsible for 8% (26/323) and 4% (13/323) of the prevalence of helminth and protozoans, respectively. A multivariate logistic regression analysis revealed that children whose residence was rural had an adjusted odds ratio (AOR) of 5.048 (p = 0.001), those who did not wash their hands before meals had an AOR of 7.749 (p = 0.001), a child with not trimmed fingernails had an AOR of 2.752 (p = 0.010), a child who frequently experienced stomach pain and whose source of water was pond had an AOR of 2.415 (p = 0.028) and 3.796 (p = 0.040), respectively. Conclusion. In this study, the prevalence of intestinal parasites recorded was low. Rural residency, absence of child hand washing practice before meal, and not trimming fingernail were among factors significantly associated with intestinal parasite infection.

1. Introduction

1.1. Background. Infections with helminths and protozoa of intestinal parasites are very common worldwide, particularly in developing nations. According to estimates by the World Health Organization (WHO), 3.5 billion people are

impacted and 200,000 deaths are reported annually [1]. Intestinal parasites are frequently transmitted by contaminated food or drinking water, but may also be spread from person to person through fecal-oral contact. The prevalence of these parasitic infections varies in different parts of the world [1]. However, in developing nations, the issue is exacerbated by geographic, economic, and unpredictable factors such as natural disasters. The socioeconomic and health of populations with limited resources are significantly affected by intestinal parasites, which are among the most widespread human parasites [2]. Due to many circumstances, the microgeographical distribution of these illnesses may greatly range from one location to another [3].

Today, parasitic infection is a more prevalent and widespread problem due to poor sanitary and affects all people according to conditions, shoe-wearing habits, lack of proper latrines, and other socioeconomic and geographic factors in most regions of the world. Studies conducted in different countries showed that there is a gap in the evaluation of the prevalence of intestinal parasites for children at the primary hospital level. Although intestinal parasite infection is a common public health problem all over the world, it is a more concerning issue in Ethiopia. Wet mount stool examination technique was used to identify parasite species and their prevalence in children under five years at a local primary hospital since wet mount stool examination is the method of choice across health facilities in the country because of its simplicity and affordability.

This study was conducted in West Omo zone, Southwest Ethiopia which is one of the remote/far to reach areas of the country with low coverage of infrastructure and with scanty health facilities where information related to the prevalence of intestinal parasites among vulnerable groups such as children under five year was not sufficiently addressed. So, this study could bring important information on the prevalence of intestinal parasites in these risky population and serve as baseline data for an effective intervention in the study area.

2. Materials and Methods

2.1. Study Design. A health facility-based cross-sectional study was employed among children under five years who came to Bachuma primary hospital seeking medical services.

2.2. Study Area and Period. The study was conducted at Bachuma Primary Hospital from October to December 2022. The study site is found in Bachuma town, which has one public and four private health facilities. The town is in the West Omo Zone, southwest part of Ethiopia, 565 km away from Addis Ababa, the capital city of Ethiopia. Bachuma has high land climate conditions, heavy rainfall, warm temperatures, and a long-wet period. Based on the 2010 census conducted by the CSA, the total population of the town is 3894, of whom 881 are men and 2013 are women. But the hospital health service deliveries covered a larger population and different catchment areas (an estimated population of more than 300,000 from hospital information).

2.3. Source Population. Children under five years of age attended at Bachuma Primary Hospital from October to December 2022.

2.4. Study Population. Children under five years of age who seek laboratory investigations for intestinal parasites during the study period.

2.5. Inclusion and Exclusion Criteria. Children under five years of age who experienced diarrhea during their visit of the hospital laboratory and those without diarrhea but with other related symptoms sent to the laboratory with prescriptions of stool examination during the study period were included whereas, those who had taken antiparasitic drugs in one month period before examination and whose parents/guardians refuse to give sociodemographic and other related data were excluded.

2.6. Sample Size and Sampling Technique

2.6.1. Sample Size. The sample size was calculated by using the following formula:

$$n = \frac{\left(Z\alpha/2\right)p(1-p)}{d^2},\tag{1}$$

where n is the minimum sample size required, z is the critical value for a given confidence interval, and p is the expected intestinal prevalence at Bachuma Primary Hospital.

$$n = \frac{(Z\alpha/2) p(1-p)}{d^2}$$

$$\cdot \frac{1.96^2 \times 0.266 \times (1-0.266)}{0.05^2} n \approx 300,$$
(2)

where *n* represents minimum sample size, *p* represents prevalence rate (26.6%) [4] taken from a study conducted on intestinal parasites among children under five years at public health facilities in Hawassa, ($Z\alpha/2$) represents standards normal variable (1.96), and *d* represents margin of sampling error (5%).

Adding a 10% nonresponse rate, the final sample size was (n) 300 + 30.0 = 330.

2.6.2. Sampling Technique. A systematic random sampling technique was employed to select the children to participate in the study from those sent to the laboratory department of the hospital for stool examination. The sampling frame was obtained from the registered information by the different health facilities in the catchment of the area where this study was conducted and accordingly there were about 1286 children under the age of five years who got services such as immunization/ vaccination at different health facilities in the catchment. The K^{th} interval calculated from the population and the sample size was $(3.89 \approx 4)$. Hence, the study participants (only children under five years) who met the inclusion criteria were picked every fourth after randomly selecting the first child by lottery system until the desired sample size was reached. Finally, 323 children who fulfil the inclusion criteria were included in the study.

3. Data Collection and Analysis

3.1. Data Collection. One gram (1 gm) of stool sample was collected from each child whose parents or guardians signed an informed written consent form and expressed a desire to participate in the study. A pretested structured question-naire was used to collect data related to sociodemographic characteristics and other independent variables. The data generated from the laboratory results and questionnaires were summarized for the final analysis.

3.2. Stool Wet Mount Technique. Wet mount stool sample examination is the most used method of intestinal parasite detection in almost all the health facilities in Ethiopia. This method is simple and easy to perform with little financial investment compared to other techniques such as concentration technique and molecular level tests but with low sensitivity. The wet mount slide was prepared taking 2 milligrams of either diarrheic or nondiarrheic stool sample from the children and the slides were examined microscopically under both 10x and 40x objectives of light microscope by two laboratory technicians to identify the different stages of protozoans and helminths. To prepare the wet mount, a microscope slide, cover slip, and a drop or two drop of normal saline were used. Thickness of the wet mount was made to the standard to enable detection of all the possible stages of intestinal parasites.

3.3. Data Analysis. Epi data was used to enter data and analysed using SPSS version 25. Descriptive statistics were used to show the prevalence of intestinal parasites. Tables and figures were used to present the data. Binary logistic analysis was performed first, and variables with a p value <0.25 were considered candidates for multivariable logistic regression for the final analysis. An adjusted odds ratio (AOR) with a 95% confidence interval (CI) was reported. In the multivariable logistic regression analysis, variables with a p value of less than 0.05 were significantly associated with intestinal parasites infection.

3.4. Data Quality Control. The standard operating procedure (SOP) was strictly followed for the stool sample examination process. To avoid a technical error that encountered the quality of normal saline was checked during sample collection and microscopic examination, that is, internal quality control was conducted. The data collection format of each data was checked daily for completeness of missed or other relevant data during data collection, as well as by the principal investigators. Special emphasis was given to diarrhea stool samples. The consistency and completeness were checked by the investigators and the questionnaire was pretested at the Mizan-Tepi Teaching Hospital.

To ensure the quality of the investigation, two laboratory technicians examine the slides independently and their readings were compared. Discordant results were immediately resolved with a discussion among them and in consultation with an experienced laboratory expert.

4. Result

4.1. Sociodemographic Characteristics. A total of 323 children with an age range of 6 months to 59 months and each child's parents or caregivers participated in this study. More than half of the children were female, representing a higher proportion of intestinal parasite infections than their male counterparts. Intestinal parasite infection was relatively higher in the age category of 12–36 months compared to those under 1 year and over 3 years. Out of 323 parents/guardians who participated in this study, 43.7% of them earn 500–1000 Ethiopian Birrs monthly. Of the total study participants, 28.2% were illiterate and among daily laborers, a relatively high number of parents/caregivers participated in the study (Table 1).

4.2. Intestinal Parasite Prevalence. The prevalence of intestinal parasites in children under five years of age in the study was recorded as 29.4% (95/323). A total of 9.9% (32/323) coinfections were recorded in this study. The coinfection showed Ascaris lumbricoide with Trichuris trichiura (3.4%), T. trichiura with Schistosoma mansoni (2.8%), Hookworm and A. lumbricoide (1.5%), Schistosoma mansoni and E. histolytica/ dispar (1.2%), and E. histolytica/dispar and Hookworm (0.9%). Seven species of intestinal parasites were identified, and of them, Ascaris lumbricoide was the most common intestinal parasite detected, followed by Trichuris trichiura, Giardia lamblia, Schistosoma mansoni, H. nana spp., E. histolytica/ dispar, and Hookworm, respectively (Figure 1).

In this study, two-thirds of the houses were found to be uncemented, and more than two-thirds of caregivers/ mothers did not wash their hands with soap and clean water before feeding their child, but more than half of them did so after using the toilet. More than one-third of the children in this study use water from a stream, and more than half of them have trimmed fingernails. More than three-fourths of the children ate vegetables and fruits that were not washed (Table 2).

4.3. Intestinal Parasite Infections-Related Factors. All variables with a p value of <0.25 were taken to the multivariate logistic regression model accordingly. Some of the associated factors showed a significant association with the infection of intestinal parasites in a child: children whose residence was in rural AOR (5.048; 95% CI: 2.166-11.764) were more likely to be infected with intestinal parasites than those from urban, those who did not wash their hands before meal AOR (7.749; 95% CI: 2.684-22.373) were 7.749 times more likely to contract intestinal parasite infection compared to their counterparts. Moreover, children whose fingernails were not trimmed and who experienced stomach pain frequently were more than twofold more susceptible to intestinal parasitic infection with AOR (2.752; 95% CI: 1.280-5.917) and (2.415; 95% CI: 1.100-5.302), respectively. The source of drinking water appeared to play a significant role in increasing the risk of intestinal parasite infection, with those who used water from a pond have AOR of (3.796; 95% CI: 1.060-13.591) (Table 3).

Variable	Category	Frequency	Percent
	6–11	79	24.5
Age (months)	12-36	155	48
	37-59	89	27
	Male	144	44.6
Sex	Female	179	55.4
Desidemen	Urban	175	54.2
Residence	Rural	148	45.8
	Illiterate	91	28.2
	1-4	39	12.1
Educational status of the guardians (grade)	5-8	67	20.7
	9–12	77	23.8
	Diploma and above	49	15.2
	Farmer	71	22
	Housewives	81	25.1
Occurrentianal status of the guardiana	Daily laborer	88	27.2
Occupational status of the guardians	Merchant	44	13.6
	Employed	33	10.2
	Other	48	14.9
	<500	88	27.2
Monthly income of the nerente/corregivers (Ethionian hirr)	500-1000	141	43.7
Monuny meome of the parents/caregivers (Europian Dirr)	1001-2000	56	17.3
	>2000	38	11.8

TABLE 1: Characteristics of children under five years and caretakers/guardians in terms of sociodemographic variables in Bachuma primary hospital, Southwest Ethiopia, 2022 (n = 323).

Prevalence of intestinal parasite species



FIGURE 1: Intestinal parasites prevalence by species at Bachuma primary hospital, Southwest Ethiopia.

4.4. Prevalence of Intestinal Parasites in Relation to Certain Clinical Symptoms. More than one-third of the study participants/children experienced abdominal pain before stool sample collection, and more than one-fourth of the children also had diarrhea during the study period. Those with gastrointestinal tract urgency accounted for 16% of the participants (Figure 2).

5. Discussion

Successful preventive and therapeutic interventions towards intestinal parasitic infections emanates from understanding of the distribution and extent of intestinal parasitic infection in a given community. This study assessed the prevalence as well as the associated factors of intestinal parasite infection.

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TABLE 2: Intestina	al parasite infection	risk factors in childre	en under five year	s age attended at B	Bachuma primary I	hospital, Southwe	est Ethiopia
(<i>n</i> = 323), 2022.							

Variable	Category	Frequency	Percent
Flags of the large	Cemented	108	33.4
Floor of the house	Not cemented	215	66.6
Washing hand with clean water and seen hefere meet	Yes	105	32.5
washing hand with clean water and soap before mean	No	218	67.5
Washing hand after toilst	Yes	181	56
	No	142	44
Children infacted with ID hafere	Yes	147	45.5
	No	176	54.5
	<2 weeks	7	2.2
	>2 weeks	6	1.8
If yes how long	<1 month	52	16.1
	>1 month	74	22.9
	Not infected before	184	57
The define for some the test source of	Yes	172	53.3
The child's infgerhaus trimined	No	151	46.7
Manatahla (foreita ana da ad bafa manatina	Yes	74	22.9
vegetable/iruit washed before eating	No	249	77.1
Did your shild's ast treated for CIT infastion before?	Yes	168	52
Did your child's get treated for G11 linection before:	No	155	48
Did your shild has taken any mediation in the last 15 days	Yes	130	40.2
Did your child has taken any medication in the last 15 days	No	193	59.8
	Antihelminth	53	16.4
If was what time of drug	Antiprotozoal	45	13.9
If yes what type of drug	Antibiotics	32	9.9
	Medication not taken	193	59.8
	Stream	113	35
Courses sustan	Pond	70	21.7
Source water	Tap water	81	25.1
	Ōthers	59	18.2
Total		323	100

The overall prevalence of intestinal parasitic infections was 29.4%, of which children in the age category of 12-36 months takes relatively the highest share. The findings of this study were consistent with those of other studies conducted in Ethiopia; specifically, what was discovered in Bair Dar, northwest Ethiopia (24.4%) [5], Wonji Shoa Sugar Estate, Ethiopia (24.3%) [6] and Rural Dembiya Ethiopia (25.4%) [7] showed this consistency. The similarity in prevalence between the current study and those mentioned above could be because the study using similar inclusion criteria for the recruitment of study participants. But compared to several studies carried out in various parts of the world, the current study revealed a low prevalence of intestinal parasite infection at Yirgalem Hospital, Ethiopia (36.52%) [8], North Sumatera, Indonesia (34.4%) [9], Bale Zone, Ethiopia (38.5%) [10], Dera District, Boricha district, South Ethiopia (48.7%) [11], Tigray region, northern Ethiopia (58%) [12], Northwest Ethiopia (62.3%) [13], a tertiary care hospital in Karachi, Pakistan (68.8%) [14], and Wondo Genet, southern Ethiopia (85.1%) [15]. The low prevalence recorded in this study could be due to the method used for intestinal parasite detection. Only wet mount preparation was used as the main diagnostic technique, which may contribute to the low prevalence, while in some

of the above studies, better detection techniques such as concentration technique was used which could increase the prevalence. The finding of this study is higher than what is found at Dessie Referral Hospital (15.5%) [16], Debre Birhan referral hospital, North Shoa, Ethiopia (17.4%) [17], Debre Tabor Comprehensive Specialized Hospital, Northwest Ethiopia (17.44%) [18], Mekane Eyesus Primary Hospital, Northcentral Ethiopia (18.0%) [19], Woreta Health Center, Northwest Ethiopia (18.7%) [20], Bahir Dar and Han Health Centers, Northern Ethiopia (19%) [21], and South Ethiopian Hospital (21.2%) [22]. The reason for these variations may be attributed more to the difference in geographical locations of the study areas, that is, the current study was conducted in relatively less urbanized parts of the country with low coverage infrastructures such as health facilities. This study revealed that children from rural areas were more likely to have intestinal parasite infections than children from urban areas, and those who did not wash their hands before meals were 7.749 times more likely to contract an intestinal parasite infection compared to their counterparts. This might be due to the low coverage of deworming services in rural areas compared to urban dwellers. Moreover, children whose fingernails were not trimmed and who experienced stomach pain frequently were more than twice as susceptible to

Ethiopia $(n = 323), 2022.$			0	þ	2		
		Frequency n	Positive for	Ō	lds ratio (95%	CI)	
Variable	Category	(%)	IP n (%)	COR	p = value	AOR	<i>p</i> value
	6-11	79 (24.4)	16(5.0)	Ref		Ref	
Age (months)	12-36	155(48.0)	45 (13.9)	$0.621 \ (0.324, \ 1.188)$	0.150	1.162(0.393, 3.433)	0.786
	37-59	89 (27.6)	34 (10.5)	$0.411 \ (0.205, \ 0.824)$	0.012	$2.041 \ (0.894, 4.660)$	0.090
···· 0	Male	144 (44.6)	44 (13.6)	$1.072 \ (0.765, 1.504)$	0.686		
Jex	Female	179 (55.4)	51 (15.8)	Ref		Ref	
D	Urban	175 (54.2)	28 (8.7)	Ref		Ref	
Kesidence	Rural	148(45.8)	67 (20.7)	0.353 (0.241, 0.518)	0.001	5.048 (2.166, 11.764)*	0.001
5] of the house	Cemented	108(33.4)	26 (8.0)	Ref		Ref	
	Uncemented	215 (66.6)	69 (21.4)	0.750 (0.509, 1.105)	0.136	$1.445 \ (0.668, \ 3.127)$	0.350
Child word hand had	Yes	105 (32.5)	8 (2.5)	Ref		Ref	
	No	218 (67.5)	87 (26.9)	$0.191 \ (0.096, \ 0.379)$	0.001	7.749 (2.684, 22.373)*	0.001
C:11	Yes	172 (53.3)	40 (12.4)	Ref		Ref	
Chug wash hang alter lonel use	No	151 (46.7)	55 (17.0)	0.638 $(0.453, 0.900)$	0.010	1.926(0.913, 4.060)	0.085
Child infected with ID hefene	Yes	147 (45.5)	46 (14.2)	1.124(0.802, 1.575)	0.498		
	No	176 (54.5)	49 (15.2)	Ref		Ref	
	Yes	181 (56.0)	37 (11.5)	Ref		Ref	
Cond S imgernans trummed	No	142(44.0)	58 (18.0)	$0.500 \ (0.353, \ 0.709)$	0.001	$2.752 (1.280, 5.917)^{*}$	0.010
	Yes	74 (22.9)	19(5.9)	Ref		Ref	
v egetable/ Fruit washed belore eaung	No	249 (77.1)	76 (23.5)	$0.841 \ (0.547, \ 1.294)$	0.422		
Obild armonion of a main functional with	Yes	198 (61.3)	71 (22.1)	1.868 (1.246, 2.800)	0.001	$2.415 (1.100, 5.302)^{*}$	0.028
слиа ехрепенсеа ѕютаси рал пециениу	No	125 (38.7)	24 (7.4)	Ref		Ref	
	Yes	239 (74.0)	68 (21.1)	Ref		Ref	
	No	84(26.0)	27 (8.4)	$0.885 \ (0.611, \ 1.282)$	0.523		
Child's OTT infostion transford hafeers	Yes	168 (52.0)	50 (15.6)	1.025 (0.731, 1.438)	0.886		
	No	155(48.0)	45 (13.9)	Ref		Ref	
and the second	Yes	130 (40.2)	38 (11.8)	Ref		Ref	
Child has taken any incurcation in the last 10 days	No	193 (59.8)	57 (17.6)	0.990 (0.701, 1.398)	0.953		
	Stream	113 (35.0)	38 (11.8)	0.310 (0.133, 0.718)	0.006	2.786(0.823, 9.432)	0.100
Courses worker	Pond	70 (21.7)	26 (8.0)	0.265(0.109, 0.646)	0.003	$3.796 (1.060, 13.591)^{*}$	0.040
JOULTE WAIEL	Tap water	81 (25.1)	23 (7.1)	Ref		Ref	
	Others	59 (18.3)	8 (2.5)	2.396(0.163, 0.961)	0.041	2.460(0.653, 9.270)	0.184
Total		323 (100)	95 (29.4)				
Note: $p < 0.05$ was taken as significance, Ref stands for reference.	cence category.						

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FIGURE 2: Prevalence of intestinal parasites in relation to various clinical symptoms in children under five years.

intestinal parasitic infection. Those children whose fingernails were not shortened or trimmed were 2.752 times prone to intestinal parasite infection contributing 18% of the prevalence, which is supported by similar studies conducted in Ethiopia [23]. This could be attributed to the lack removal of accumulated dirt containing parasite eggs in fingernails which could serve as source infection [24]. The source of drinking water also appeared to play a great role in increasing the chance of getting an intestinal parasite infection, hence children who used water from pond accounted for a relatively high number of the positive cases. This might be due to contamination of water and food with human waste during open field defecation. In addition, lack of awareness about the importance of hand washing practices after defecation can lead to easy contamination of people through food. According to a study from Côte d'Ivoire; poor sanitation and hygiene practices are linked to intestinal protozoa and helminth infections that are transferred through the soil [25]. The distribution and prevalence of various species of intestinal parasites differ from region to region because of several environmental, social, and geographical and other factors. In this study, the wet mount microscopy method was used to determine the prevalence of intestinal parasites although molecular assays and concentration techniques could best estimate the burden of intestinal parasites.

5.1. Limitation of the Study. Molecular tests and other concentration techniques could best estimate the prevalence of intestinal parasites compared to the conventional microscopy method which has low sensitivity. Furthermore, differentiation between the morphologically identical species of *Entamoeba* was not within the scope of this study, as only wet mount microscopy was used.

6. Conclusion and Recommendation

A low prevalence of intestinal parasite infection was recorded among the children under five years of age who participated in this study. *Ascaris lumbricoide*, *Trichuris trichiura*, and *Giardia lamblia* were the most common parasites found in the study. Rural residency, not washing hands before meal, not trimming fingernails, and using unclean water (from streams and ponds) were some of the factors significantly associated with intestinal parasitic infection. Diagnostic techniques with better detection ability such as formol-ether concentration technique and molecular based tests could offer better result than what is found by wet mount in this study.

Abbreviations

- IP: Intestinal parasite
- IPIS: Intestinal parasitic infections
- NGO: Non-Governmental Organization
- WHO: World Health Organization
- BPH: Bachuma primary hospital
- SOP: Standard operating procedure
- LPF: Low-power field
- HPF: High-power field
- KAP: Knowledge, attitude, and practice.

Data Availability

The data related to this study are available from the corresponding author upon reasonable request.

Ethical Approval

Ethical approval was obtained from the institutional review board of the college of medicine and health science at Mizan-Tepi University with approval number CHS/000984/ 22. The Bachuma primary Hospital administrative body gave a legal permission letter for the study to proceed. The objective of the study was verbally explained to the laboratory personnel and the administrative body of the hospital. Written informed consent was obtained from the parents/ guardians of the study participants before data collection.

Conflicts of Interest

The authors declare that they have no conflicts of interest.

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Supplementary Materials

A structured questionnaire was prepared in English and translated to the local language spoken by the study participants prior to data collection. It aims to assess the knowledge status of parents/guardians of children under five years who attended at Bachuma primary hospital, from October to December, 2022. The main components of the questionnaire were variables related to the sociodemographic characteristics of the children such as age, sex, and resident; sociodemographic characteristics of the parents/guardians (age, sex, resident, educational status, occupational status, and family monthly income); and questions related to associated risk factors of intestinal parasitic infection and clinical manifestation of children under the age of five. (*Supplementary Materials*)

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