

Research Article Embodied Energy and Cost Optimization of RC Beam under Blast Load

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Reinforced concrete (RC) structures not only consume a lot of resources but also cause continuing pollution. However, sustainable design could make RC structures more environmental-friendly. One important index for environmental impact assessment is embodied energy. The aim of the present study is to optimize the embodied energy and the cost of RC beam subjected to the blast loads. First, a general optimization procedure was described. Then, the optimization procedure was used to optimize the embodied energy and the cost of RC beams. Optimization results of the cost and the embodied energy were compared. It was found that the optimization results were influenced by the cost ratio n_C (ratio of price of steel to price of concrete per unit volume) and the embodied energy ratio n_E (ratio of embodied energy of steel to embodied energy of concrete per unit volume). An optimal design that minimized both embodied energy and cost simultaneously was obtained if values of n_C and n_E were very close.

1. Introduction

Worldwide, RC structures consume a lot of energy [1] and give off large amounts of greenhouse gases [2]. In addition, the maintenance, repair, and refurbishment during the life of buildings also consume a lot of energy. Even when the building is abandoned, quantities of solid construction waste are difficult to recycle. All of those burden the environment.

In order to make RC structures more friendly to environment, a lot of efforts have been made to reduce the influence of RC buildings on environment during the service life [3]. Recently, many researchers focused on the optimization of RC structures considering environment factors [4–7]. Paya-Zaforteza et al. [4] minimized the carbon dioxide (CO2) emissions and the cost using simulated annealing. Their research showed that the CO2 emissions optimization and the cost optimization were highly related. Yeo and Gabbai [5] explored the implications of using the embodied energy as the objective function to be minimized from the point of view of cost. Their results showed that a reduction of 10% in the embodied energy leads to an increase of 10% in the cost. In their study, certain values of the embodied energy were used, which was not true in practice because the exact value of embodied energy was not known [8, 9]. Medeiros and Kripka [6] proposed an optimal method to minimize the monetary and environmental costs of RC column. In their study, four environmental impact assessment indices-CO2, global warming potential (GWP), energy consumption, and Eco-indicator-were taken into consideration, but the cost was not considered. Yepes et al. [7] suggested a design method to optimize the cost and the CO2 emission of precastprestressed concrete U-beam road bridges. Their analysis showed that a reduction of costs by 1 Euro can save up to 1.75 kg in CO2 emissions. Park et al. [10] provided structural design guidelines that reduced the CO2 emission and the cost of RC columns. Parametric study was conducted to investigate the influences of design factors on the CO2 emission and the cost.

In conclusion, those researches optimized RC structures in normal operation condition considering environment factors. Extreme loading conditions, such as explosion, earthquake, and hurricane, were not considered. In the last century, the design that used to resist the extreme loads was not common. With the rapid development of economy, the design to resist the extreme loads was widely accepted by engineering field. An increasing number of buildings were designed considering the extreme loading conditions. Therefore, studies on the sustainable design of RC structures in extreme loading conditions are necessary.

In this study, a sustainable design of RC beam under blast loads was discussed through minimizing the embodied energy. Meanwhile, the cost was used as objective function for comparison. First, a general optimal design procedure was presented. Then, parametric studies were conducted to analyze the influences of the material strength and sectional geometry on the optimal design. The cost and embodied energy of particular building materials (reinforcements and concrete) were taken as variables and their influences on the optimal design were presented. The optimization results of cost and the embodied energy were compared and the correlation between them was discussed, which may be helpful for sustainable deign of RC structural members against blast.

2. Methodology

2.1. Problem Description. In this study, an interior beam subjected to air blast load was considered. This problem was an illustrative example of UFC 3-340-02 [11]. Both ends of the beam were fixed. The beam was assumed to deform in a flexural shape. The cross section is shown in Figure 1. A uniform blast load is applied on the upper surface of the beam. The beam was designed according to the restrictions and guidelines found in the UFC 3-340-02 code.

There are two response indices that are usually used to define the damage levels of blast-loaded structural components in a flexural response regime: the support rotation angle (θ) and the ductility ratio (μ) [12]. In the present study, both of the two indices were used as design constraints.

Four design parameters were considered in this study. The four parameters were the height of the beam *h*, the width *b*, the ratio of longitudinal reinforcement ρ_1 , and the ratio of stirrup ρ_2 .

2.2. Objective Functions. The total cost and the total embodied energy were taken as objective function to be minimized. The total cost is defined as [13]

$$C' = C_C V_C + C_S \left(V_{S1} + V_{S2} \right), \tag{1}$$

where C' is the total cost of beam, C_C is the cost of concrete per unit volume, V_C is the volume of concrete, C_S is the cost of reinforcing steel per unit volume, and V_{S1} and V_{S2} are the volume of longitudinal reinforcement and shear reinforcement, respectively.

It should be noted that the optimal values were affected by the relative values of the objective function only. Equation (1) divided by C_S is

$$C'' = \frac{V_C}{n_C} + (V_{S1} + V_{S2}), \qquad (2)$$

where $n_{\rm C} = C_s / C_c$, $C'' = C' / C_s$.



FIGURE 1: Cross section.

The value of n_C varies from country to country; thus, (2) was more convenient to study the minimum cost of RC beam than (1) [13].

Similarly to the cost objective function, the embodied energy objective function is written as follows:

$$E'' = \frac{V_C}{n_E} + (V_{S1} + V_{S2}), \qquad (3)$$

where $E'' = E'/E_S$, E' is the total energy, E_S is the embodied energy of steel per unit volume, $n_E = E_S/E_C$ is the energy ratio, and E_C is the embodied energy of concrete per unit volume.

Comparing (2) with (3), a similarity can be found. The form of the energy objective function and the cost objective function is very similar. Thus, the cost objective function and the energy objective function are represented by (4) for the convenience of optimization calculation.

$$W = \frac{V_C}{n} + (V_{S1} + V_{S2}), \qquad (4)$$

where *n* denotes n_C and n_E and *W* denotes C'' and E''.

In the following analysis, the optimal designs for the cost C'' and the embodied energy E'' were unified to the optimal design for W.

2.3. Design Constraints. The RC beam under blast load is simplified to SDOF system (see Figure 2). The design constraints were given in mathematical expressions and the optimal design was transform into a constrained optimization problem.

The design constraints were defined in accordance with the UFC 3-340-02 code [11]. The constraints for RC rectangular section beam under blast load were expressed.

(1) Performance limits are as follows:

$$\theta \le \theta_a,$$

$$\mu \le \mu_a.$$
(5)



FIGURE 2: The simplified SDOF model of RC beam under blast load.

 (2) Constraints of the ratio of longitudinal reinforcement ρ₁ and the ratio of stirrup ρ₂ are as follows:

$$0.75\left(\frac{0.85K_1f'_{dc}}{f_{dy}}\right)\left(\frac{87000}{87000+f_{dy}}\right) \ge \rho_1$$
$$\ge \max\left(\frac{3\sqrt{f'_c}}{f_y}, \frac{200}{f_y}\right), \tag{6}$$

 $\rho_2 \ge 0.0015.$

(3) Limit of the direct shear stress is as follows:

$$0.18f'_{\rm dc}bd \le \frac{R_m}{2}l.\tag{7}$$

(4) Limit of the diagonal tension stress is as follows:

$$\frac{(l/2-d) R_m}{bd} \le 10 \left(f_{\rm dc}'\right)^{0.5}.$$
 (8)

(5) Limit of the unreinforced web shear capacity is as follows:

$$1.9 \left(f_{\rm dc}'\right)^{0.5} + 2500 \rho_1 \le 3.5 \left(f_{\rm dc}'\right)^{0.5},\tag{9}$$

where θ_a is the allowable support rotation angle, μ_a is the allowable ductility ratio, f'_c is the concrete compressive strength, f'_{dc} is the dynamic concrete compressive strength, f_y is the yield stress of steel, f_{dy} is the dynamic yield stress of steel, K_1 is a coefficient associated with f'_c , *b* is the width of beam, *d* is the distance from the extreme compression fiber to the centroid of the longitudinal tension reinforcement, R_m is the bending resistance of RC beam, and *l* is the span length.

Some explanations of design constraints are presented here. Equations (5) are the deformation requirements. The value of θ_a and μ_a can be found in many literatures [11, 14, 15]. Equations (7)~(9) are the requirements that ensure shear failure does not occur.

It should be noticed the parameters shown in $(5)\sim(9)$ were interrelated. This interrelated relationship was reflected in the

calculation of ρ_2 , θ , R_m , and μ . Calculations of ρ_2 , θ , R_m , and μ were present.

(1) ρ_2 . ρ_2 was computed by

$$\rho_2 = \frac{\max(v_u - v_c, v_c)}{0.85 f_{\rm dy}},\tag{10}$$

where v_c and v_{μ} are calculated by (11) and (12), respectively.

$$v_c = 1.9 \left(f'_c \right)^{0.5} + 2500 \rho_1,$$
 (11)

$$v_u = \frac{(l/2 - d) R_m}{bd}.$$
 (12)

(2) θ . θ is defined in

$$\theta = \arctan\left(2\frac{y_m}{l}\right),\tag{13}$$

where $y_m = \mu y_e$, y_m is the maximum midspan displacement, and y_e is the elastic midspan displacement.

 y_e is calculated by

$$y_e = \frac{R_m}{K},\tag{14}$$

where *K* is the equivalent elastic stiffness.

K is given by (15) considering clamped boundary.

$$K = \frac{307E_C I_a}{l^4},$$
 (15)

where $E_{\rm C}$ is the concrete modulus of elasticity and I_a is the average moment of inertia of the beams.

 I_a is given by

$$I_a = 0.5 \left(\frac{bh^3}{12} + Gbd^3 \right).$$
 (16)

The coefficient G in (16) is evaluated by [16]

$$G = \left(3320.3\rho_1^3 - 181.98\rho_1^2 + 5.8624\rho_1\right) \left(\frac{E_S}{7E_C}\right)^{0.7}, \quad (17)$$

where $E_{\rm S}$ is the steel modulus of elasticity.

(3) R_m . The resistance R_m is given by [11]

$$R_m = \frac{8\left(M_N + M_P\right)}{l^2},\tag{18}$$

where M_N is ultimate negative moment capacity at the support and M_P is ultimate positive moment capacity at the midspan.

Values of M_N and M_P are calculated by (19) considering symmetrical reinforced concrete beam.

$$M_N = M_P = \rho_1 f_{\rm dy} b d^2 \left(1 - \frac{\rho_1 f_{\rm dy}}{1.7 \rho_1 f_c'} \right).$$
(19)

(4) μ . μ is calculated by [17]

$$\frac{2}{\omega t_d} \sqrt{2\mu - 1} + \frac{2\mu - 1}{2\mu \left(1 + \left(1.4\pi/\omega t_d\right)\right)} = \frac{P_0}{R_m}, \qquad (20)$$

where ω is the natural frequency, t_d is the duration time, and P_0 is the peak pressure.

 ω is calculated by

$$\omega = \sqrt{\frac{K}{(K_{\rm LM}m)}},\tag{21}$$

where *m* is the mass of the beam plus 20% of the slabs span perpendicular to the beam and K_{LM} is the load-mass factor.

2.4. Optimization Technique and Verification. Many methods were used successfully in optimal design of RC structures, such as Generalized Reduced Gradient (GRG) method [13], heuristic optimization methods [18, 19], discretized continuum-type optimality criteria (DCOC) [20], and Lagrange multiplier method [21]. In this study, the sequential quadratic programing (SQP) method was used since SQP was efficient proved by an extensive comparative study done by Schittkowski [22]. Besides, SQP was easy to realize by the constrained nonlinear optimization solver "fmincon" in MATLAB.

In order to get the global optimum, many random starting points were used. The random starting points were generated by Latin hypercube sampling (LHS) [23]. LHS was a matrix of $i \times j$ order. i was the number of sampling points to be examined. j was the number of design parameters. Each of j columns of matrix that contained sampling points 1, 2, ..., i was coupled to form the Latin hypercube. This generated random sample points, which ensured that all portions of design space were represented.

The flowchart of optimum design method is shown in Figure 3.

3. Numerical Examples and Discussions

3.1. Example 1: Verify the Effectiveness of Optimum Design Method. Values of design parameters in this example are listed in Table 1, where ρ is density of concrete.



FIGURE 3: Flowchart of optimization technique.

TABLE 1: Values of design parameters.

Design parameters	Values
<i>L</i> (in)	240
$f_c'/(\text{psi})$	4,000
$E_C/(\text{psi})$	3.8×10^{6}
ρ (lbs/ft ³)	150
f_{dy} (psi)	66,000
E_{s} (psi)	29×10^{6}
P_0 (psi)	7.2
t_d (ms)	60.7
θ_a	1°
μ_a	15
n	50

The ranges of *b* and *h* are given as follows in this example:

$$2.0 \le \frac{h}{b} \le 3.5,\tag{22}$$

$$h \le 40$$
 in.

	Standard solution	Optimal solution	
<i>b</i> (in)	18	12.5	
<i>h</i> (in)	30	40.0	
ρ_1	0.0045	0.00318	
ρ_2	0.00235	0.00228	
μ	9.0	15.0	
ω	0.248	0.322	
M_u (in·lbs)	4.45×106	4.29×106	
W	4127.3	3429.7	

TABLE 2: Optimal design solution.

Table	3:	Energy	ratio.
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Reference	[24]	[25]	[26]
Concrete	1.11 MJ/kg	3180 MJ/m3	1.3 MJ/kg
Reinforcing bar	35.3 MJ/kg	8.9 MJ/kg	11.1 MJ/kg
n_E	101	21.8	27.2

IABLE 4: Cost ratio.					
Reference	[27]	[28]	[6]		
Concrete	55 £/m3	43.93 EUR/m3	65.65 USD/m3		
Reinforcing bar	0.5 £/kg	534.53 EUR/ton	5826.30 USD/m3		
n _C	70.9	94.9	88.9		

The design variables obtained from the standard design approach solution and the optimal design solution are shown in Table 2.

From Table 2, it is found that h and μ are larger after optimization. This is explained that an increase of h and μ increases the bending resistance capacity of RC beam. By optimal design, W is smaller by 16.9%. If W is taken as the cost, it will save 16.9% of the cost after optimal design, which is very economical. The optimal design result is shown in Table 2, which proves the effectiveness of the optimal design method mentioned before.

3.2. Example 2: Effect of Section Size (b, h) on the Optimal Design. Energy ratio and cost ratio vary from country to country. Then, ranges of the energy ratio n_E and the cost ratio n_C should be gotten before parameter analysis. Considering the uncertainties of energy ratio and cost ratio, it is reasonable to extend the ranges that are shown in Tables 3 and 4. Therefore, $60 \le n_C \le 200$ and $10 \le n_E \le 150$ were used in this study.

Set $\theta = 2^{\circ}$ and $\mu_m \leq 10$ and other design parameters are the same as presented in Example 1. When analyzing the effect of *b* on optimal design, set h = 20 in and 10 in $\leq b \leq 20$ in (Example 2(a)). When analyzing the effect of *h* on optimal design, set b = 15 in and 18 in $\leq h \leq 25$ in (Example 2(b)).

In order to compare the optimal results expediently, optimal design results for b = 10 and h = 10 were selected as the reference results. Then, optimal results were normalized by (23), where W_R represents the reference results. Thus, the



FIGURE 4: Effect of *b* on ΔW (Example 2(a): h = 20 in, 10 in $\leq b \leq 20$ in).



FIGURE 5: Effect of *h* on ΔW (Example 2(b): b = 15 in, 18 in $\leq h \leq 25$ in).

smaller the value of ΔW , the more effective the optimization. Normalized optimal results are shown in Figures 4 and 5.

$$\Delta W = \frac{W - W_R}{W_R} \times 100\%. \tag{23}$$

From Figures 4 and 5, it is observed that the effect of cross section on optimization effectiveness ΔW varies with the value of *n*. When the value of *n* is small (n = 10), ΔW decreases with the increase of values of *b* and *h*. As the value of *n* increases, effects of *b* and *h* change. Ranges of n_E and n_C are also indicated in Figures 4 and 5. When the difference between the value of n_E and the value of n_C is big, an increase in costs results in a reduction in embodied energy. However, when the value of n_E is close to the value of n_C , the cost optimal results reduce the embodied energy simultaneously.

It shall be noticed that two parameters were used as deformation constraints: θ and μ . Only one parameter reached



FIGURE 6: Values of μ/μ_a and θ/θ_a .



FIGURE 7: Trends in different range.



FIGURE 8: Effect of f'_c on cost and embodied energy.



FIGURE 9: Effect of f_{y} on cost and embodied energy.

the allowed value in most cases. Take Example 2(a) as an example, the optimal values of μ/μ_a and θ/θ_a are shown in Figure 6. When the value of b is small, the allowed value θ_a is reached. As the value of b increases, the value of θ decreases while the value of μ increases until it reaches the allowed value μ_a . Two ranges were defined: θ_a range (in which $\theta = \theta_a$ and μ_a range (in which $\mu = \mu_a$). Trends are different in different ranges, shown in Figure 7. As the value of bincreases, the resistance changes from curve A to curve E. Curve A to curve C is θ_a range and curve C to curve E is μ_a range. In θ_a range, the value of R_m decreases as the value of b increases. In μ_a range, the value of R_m increases as the value of *b* increases. Those show that the optimal results are quite different if different deformation constraints are adopted. In order to obtain a safe design, constraints of θ and μ should be considered simultaneously.

3.3. Example 3: Effect of Material Strength on the Optimal Design. Values of design parameters were the same as those of Example 2(a). Optimal design results when n = 10 were chosen as the reference results. Then, optimal design results were normalized by (23). First, an investigation was performed to study the effect of concrete compression strength f'_c on optimal effectiveness ΔW (see Figure 8). It is clear to find that the optimal effectiveness closely relates to n. However, the relationship between f'_c and optimal effectiveness is not clear, which is different from the conclusion under conventional load [29].

Then, an investigation was performed to investigate the effects of the yield stress of steel f_y on optimal effectiveness ΔW (see Figure 9). As the yield stress of steel increases, ΔW decreases regardless of *n*, which means that the optimal design is very effective if the yield stress of steel is small.

4. Conclusions

The sustainable design and the blast-resistance design were combined in this paper. A general optimization procedure to minimize the cost and the embodied energy of RC rectangular cross-section beam was present. The optimal design was turned into a nonlinearly constrained optimization. The optimal design was conducted using Latin hypercube sampling and the sequential quadratic programing (SQP) method. Several examples were present to investigate the optimization effectiveness. Several major conclusions are drawn as follows:

- The optimal results are different if different deformation constraints are adopted. In order to obtain a safe design, constraints of θ and μ should be considered simultaneously.
- (2) The optimization results are closely related to the cost ratio n_C and the embodied energy ratio n_E. When the value of n_E is close to the value of n_C, the cost optimal results reduce the embodied energy simultaneously.
- (3) The optimal design is more effective if the yield stress of steel is small. In the present study, when the yield stress of steel is decreased (from 70000 psi to 60000 psi), the efficiency of optimal design will significantly increase for both cost (from 5.6% to 11.5%) and embodied energy (from 4.2% to 9.8%).

Competing Interests

The authors declare that there is no conflict of interests regarding the publication of this paper.

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