

## Supplementary Appendix 1: Search Strategy

Database: *EBSCOhost (MEDLINE, CINAHL, and PsychINFO)*

S1: nurse\* OR nursing

S2: “behavio\* therapy” OR “cognitive therapy” OR “cognitive behavior\* therapy”

S3: Japan\*

S4: S1 AND S2 AND S3

Database: *Ichushi Web*

#1: kango/TA

#2: koudou-ryouhou/TA or ninchi-ryouhou/TA or ninchi-koudou-ryouhou/TA

#3: #1 and #2

Database: *CiNii*

SERACH: kango AND (koudou-ryouhou OR ninchi-ryouhou OR  
ninchikoudou-ryouhou)

## Supplementary Appendix 2: Case Study References

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