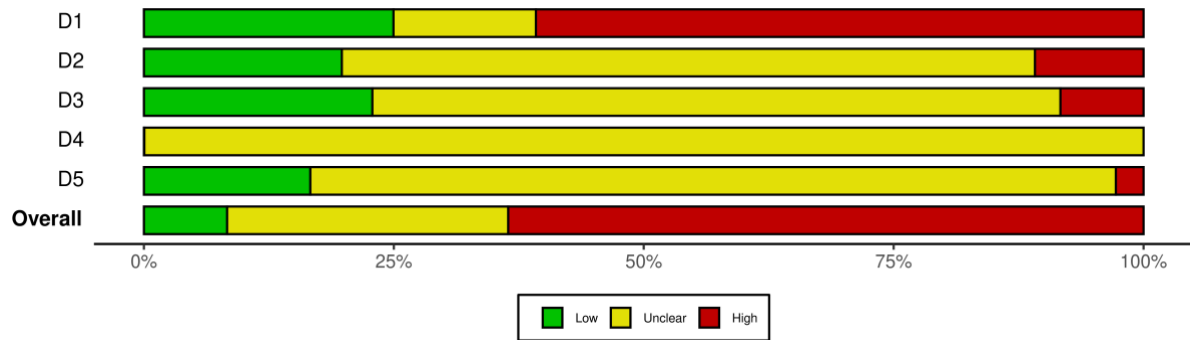


## Appendix 6

Weighted summary plot of the methodological quality assessment with RoB 2-tool

(The proportion of the performed risk-of-bias judgements within each bias domain, measured by the cumulative weight of available judgement levels)



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*Note.* D1, Risk of bias arising from the randomization process; D2, Risk of bias due to deviations from the intended interventions; D3, Missing outcome data; D4, Risk of bias in measurement of the outcome; and D5, Risk of bias in selection of the reported result