Supplementary file: Demographics of both the exercise and handwriting group at baseline

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| --- | --- | --- |
|  | Exercise | Handwriting |
| Disease duration (years) | 4.82 ± 4.05 | 5.50 ± 4.20 |
| Disease severity UPDRS-NMS  | 8.59 ± 4.45 | 7.36 ± 4.77 |
| UPDRS-III | 15.10 ± 10.04 | 18.97 ± 10.70 |

UPDRS: Unified Parkinson’s Disease Rating Scale; NMS: non motor symptoms, values are means +/- standard deviations.