Research Article

Computed Tomography Images under Deep Learning Algorithm in the Diagnosis of Perioperative Rehabilitation Nursing for Patients with Lung Cancer

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This study aimed to explore the application effect of computed tomography (CT) image segmentation based on deep learning algorithm in the diagnosis of lung cancer. In this study, a two-dimensional (2D) convolutional neural network (CNN) and three-dimensional (3D) CNN fusion model was constructed firstly. Subsequently, 60 patients with lung cancer were randomly divided into a control group and an intervention group to receive perioperative routine nursing and rehabilitation nursing, respectively. The results revealed that the Dice value (0.876), sensitivity (0.849), and positive predictive value (PPV) (0.875) of the hybrid feature fusion model (HFFM) constructed in this study for lung cancer CT image segmentation were higher than those of other models, and the accuracy rate for lung cancer diagnosis was 96.7%. After nursing intervention, the partial arterial oxygen pressure (PaO2) and partial arterial carbon dioxide pressure (PaCO2) in the control group were 80.54 mmHg and 39.81 mmHg, respectively, while those in the intervention group were 83.09 mmHg and 36.75 mmHg, respectively. After intervention, the maximal voluntary ventilation (MVV) %, forced vital capacity (FVC) %, and forced expiratory volume in 1 sec (FEV1) % in the intervention group were 76.03%, 82.14%, and 89.76%, respectively. It suggested that compared with the control group, the pulmonary function indexes of the intervention group improved significantly after nursing intervention (P < 0.05). In summary, the HFFM constructed in this study can be used for segmentation and classification of CT images of lung cancer patients, which can improve the accuracy of diagnosis and help improve the lung function and quality of life of patients.

1. Introduction

Lung cancer is the most common malignant tumor (i.e., the main malignant tumor) that causes human deaths, and its incidence is increasing year by year [1–3]. Screening for lung nodules is an effective way to prevent lung cancer [4].

In the diagnosis and treatment of clinical diseases, imaging examinations can provide the main reference materials for the diagnosis of lung diseases. In the examination of lung diseases using imaging techniques, CT images occupy an important and local position [5, 6]. The era of artificial intelligence has come, and the development of deep learning technology has given birth to various developments. In this context, some scholars have proposed imaging omics to extract high-throughput omics features from cancer medical images. The features that doctors can see from the image data with naked eyes, such as shape features, tumor size, and wavelet transform, can have a good predictive effect through deep learning technology modeling. Imaging is achieved by combining image features with clinical information to mine data to determine image markers [7, 8]. With the increase in the incidence of lung cancer, the CT image information of patients also shows an exponential growth trend, so it is very important to accurately identify lung nodules from CT images [9, 10]. Deep learning can realize image translation and other operations through weight sharing and other methods, optimize the complex operations of image pre-processing, and realize target detection and image classification [11]. Medical image analysis is greatly affected by subjective experience. The use of computer technology (CT)
for auxiliary diagnosis of diseases can quickly and accurately realize disease judgments and reduce the missed diagnosis rate and misdiagnosis rate of clinical diagnosis [12].

In order to improve the diagnosis rate of clinical lung cancer and improve the quality of life of patients after surgery, a deep learning model for lung cancer CT image segmentation was proposed and applied to the clinical diagnosis of lung cancer. Then, the impacts of nursing intervention during the perioperative period on the pulmonary function and quality of life of patients after lobectomy were analyzed. The results of this study were intended to provide a reference for improving the clinical diagnosis and treatment of lung cancer.

2. Methods

2.1. CT Segmentation of Lung Cancer Based on Deep Learning. The current methods used for medical image segmentation processing are mainly divided into techniques based on manual features and depth features [13]. The convolutional neural network (CNN) model has been widely used in image classification and segmentation and it is mainly based on the image block training model to classify the central pixel [14]. However, the CNN model has certain limitations. The features in the model are only limited to image blocks, while ignoring the global features. In the field of medical images such as CT, images have 3D data characteristics compared with natural images. Since the current learning effect for different slices is low, the correlation between each slice cannot be effectively obtained. Therefore, a hybrid segmentation network based on the CNN model was constructed for lung cancer segmentation of 3D CT images.

2.1.1. The Overall Structure of the Hybrid Segmentation Network. The basic structure of the hybrid segmentation network constructed in this study is shown in Figure 1. The model was mainly composed of a 3D CNN and a 2D CNN. Among them, 3D CNN can be used to learn 3D information, and 2D CNN was used to obtain detailed semantic information. Using the hybrid feature fusion model (HFFM), the features extracted by 3D CNN and 2D CNN can be effectively fused. The final loss value obtained by the model was also divided into 2D and 3D parts, which were used for network optimization training.

2.1.2. Design of 3D CNN Model. The basic structure of the 3D CNN model designed in this study is shown in Figure 2. The model structure was very similar to the 3D U-Net structure, in which the encoder can be used to extract image features and perform image segmentation. Some improvements were made on the basis of 3D U-Net. Firstly, the $3 \times 3 \times 3$ convolution in the original model was replaced with the multiscale separable convolution (MSC) module [15]. Secondly, a separable spatial/temporal 3D (S3D) [16] was adopted to replace the pooling operation to reduce the size of the feature map. Finally, the upsampling feature map was cascaded with the feature map generated by the encoder, and the MSC module was used to adjust the number of feature maps. Through the above improvements, the parameter setting and calculation cost of the original 3D U-Net can be reduced.

2.1.3. Design of 2D CNN. In the classic CNN model, the resolution of feature maps can be greatly reduced through continuous convolution operations or stride convolution operations. Feature maps with abstract features and low resolution can improve the performance of model classification but cannot effectively perform the semantic segmentation. Therefore, the 2D CNN designed in this study adopted the dilated convolution structure, replacing part of the convolution structure with a dilated unit block (DUB) structure containing two residual convolutions connected by holes. The basic structure of the model is shown in Figure 3.

In the empty convolution operation, it had to specify a value $x[i]$ and a convolution kernel $w[k]$, and based on the corresponding empty rate $r$, the final calculation formula of the empty convolution feature map $y[i]$ could be expressed as follows:
Figure 2: The basic structure of the 3D CNN model.

Figure 3: The basic structure of the designed 2D CNN model.
The size of the input image of the model was 512 × 512, and the image was decomposed into 16 feature maps using a convolutional layer of 3 × 3 × 3 structure; and features in the feature map were extracted using DUB and stride convolution until the size of the feature map was 32 × 32. The feature maps were upsampled to expand the image size to 256 × 256 for cascading. After the cascading operation, the squeeze-and-excitation (SE) and extrusion operations were adopted to build the dependency between the feature maps; and the 7 × 7 convolution kernel was used to replace the original 3 × 3 convolution kernel to increase the image segmentation effect of the model.

\[
y[i] = \sum_k x[i + rk]w[k]. \tag{1}
\]

2.3. CT Scan. The dual-source CT was adopted to scan the patient’s chest. The scan parameters were set as follows: voltage of 100 kv, current of 120 mA, pitch of 0.75, layer thickness of 5 mm, and the layer thickness of the diseased area of 1.00 mm. CT scan was required for all cases, and the width of the chest plain scan window was 1500~1600 HU. The window level was −700~600 HU, the window width of the mediastinal window was 350~400 HU, and the window level was 40 HU. The CT images obtained by scanning were transmitted to the workstation, and the lesions and signs of the images were analyzed.

2.4. Nursing Methods of Different Groups. For patients in control group, they were advised to quit smoking before surgery, breathing training was performed 2 days before surgery, enema cleaning was performed 1 day before surgery, and patients were given appropriate psychological nursing. Routine oxygen inhalation should be given after the surgery, and the changes of the patient’s physiological indicators should be observed. The self-controlled epidural analgesics was adopted for pain control, and aerosol inhalation was given to prevent atelectasis. The patients were encouraged to get out of bed to help gastrointestinal peristalsis.

For patients in the intervention group, they were given regular nursing similar to that for patients in the control group; they received preoperative psychological nursing to stabilize their emotions and explain the knowledge related to surgery to patients; they were performed the preoperative respiratory function training after admission to 2 days before the surgery (the training content included abdominal breathing, lip-reducing breathing, and effective cough training); and they received the following postoperative rehabilitation intervention: rehabilitation intervention was performed after the patient is awake; the intervention content included posture guidance, respiratory function training intervention, limb function training, and getting out of bed.

2.5. Observation Indicators

2.5.1. Evaluation of CT Image Segmentation Performance. The Dice, sensitivity, and positive predictive value were selected to evaluate the effect of CT image segmentation.
Dice was used to evaluate the degree of coincidence between the segmented image and the gold standard [17]. Sensitivity value was used to evaluate how many positive patients in the segmented sample were correctly classified. The positive predictive value was used to evaluate the true positive cases in the segmentation classification as positive cases. The calculation equations for different indicators were given as follows:

\[
\text{Dice} = \frac{2TP}{2TP + FP + FN}
\]

\[
\text{Sensitivity} = \frac{TP}{TP + FN}
\]

\[
\text{PPV} = \frac{TP}{TP + FP}
\]

In the above equations, TP was the number of true positives, FP referred to the number of false positives, and FN represented the number of false negatives.

2.5.2. Evaluation of Patient Rehabilitation Effect. The clinical data of all patients were collected. The preoperative data included the patient's age, gender, and smoking history. Postoperative data included postoperative 24 h thoracic drainage, total drainage, extubation time, complication rate, and total hospital stay.

The pulmonary function indexes were measured. The MVV, FVC, and FEV1 of patients were evaluated by pulmonary function test at the time of admission and 7 days after surgery, respectively. MVV was the maximum volume of air inhaled or exhaled per minute after deep breathing, which can feed back the total volume of ventilation per unit time. When the MVV% was greater than 80%, it meant that the patient's ventilatory function was normal; there was a slight decrease in ventilatory function when MVV% was 60–79%, there was a decrease in ventilatory function when MVV% was 40–59%, and there was severely decreased ventilatory function when MVV% was less than 39%.

The patient's blood gas index (partial arterial oxygen pressure (PaO2) and partial arterial carbon dioxide pressure (PaCO2)) were detected on admission and 7 days after surgery. When the PaO2 value was less than 55 mmHg, respiratory failure was considered, and the normal range of PaCO2 was 35–45 mmHg.

The SF-36 scale was used to evaluate the quality of life of patients. The scale included 8 dimensions: physiological function, physiological intelligence, trunk pain, health status, energy, social function, emotional function, and mental health. The total score of the scale was 100 points. The higher the patient’s score, the better the health status, and the higher the quality of life.

2.6. Statistical Analysis. The SPSS19.0 statistical software package was adopted for statistical processing and analysis of experimental data. The count data was expressed as frequency [n(%)], and the chi-square test was used for comparison. The measurement data was expressed in the form of mean ± standard deviation (X ± s), and the independent sample t-test and repeated measures analysis of variance were used for comparison. P < 0.05 indicated that the difference was statistically significant.

3. Results and Analysis

3.1. Test of CT Image Segmentation Model. The CT images of 60 patients were collected, and the sample size was expanded through rotation, resolution adjustment, and other methods, and finally 150 sample data were obtained. The data samples were randomly divided into a training set and a testing set, including 20 and 130 sample data in each set, respectively. The PyTorch deep learning framework was selected to write the code, the Adam function was adopted to optimize the training, the initial learning rate was set to 0.0001, the loss function was the GDL function, and the activation function was the LeakyReLU function.

Firstly, Dice, sensitivity, and PPV were selected to perform quantitative evaluation of 2D CNN [18], 3D CNN [19], U-Net [20], and the model proposed in this paper. The results is shown in Figure 4. The accuracy of 2D CNN, 3D CNN, and U-Net was 80.0%, 85.0%, and 91.7%, respectively. It can be seen that the segmentation performance of the 2D CNN model was relatively poor, followed by the U-Net model; and the HFFM proposed in this study for CT image segmentation showed the highest Dice value (0.876), sensitivity (0.849), and PPV (0.875). In addition, after CT image segmentation based on the model proposed, it was used for the auxiliary diagnosis of lung cancer, and the diagnosis rate was as high as 96.7%.

The manual segmentation results were undertaken as the gold standard to subjectively evaluate the differences in the effect of different models on patient CT image tumor segmentation, and the results is shown in Figure 5. It illustrated that the image segmented by the method proposed was closer to the gold standard. The segmentation results of the 2D CNN model differed the most from the gold standard. In addition, the segmentation effect of the U-Net model was better, but the segmentation effect for early inconspicuous lesions was poor. The red and blue circles in the figure were marks for feature extraction.

3.2. Basic Data of Patients. The differences in the clinical data of patients in the control group and the intervention group were compared, and the results are shown in Table 1. There was no statistical difference in the average age, body mass index (BMI), smoking history, gender ratio, cancer stage, and histological type of patients in the two groups (P > 0.05).

It showed that the general information of the two groups of patients was relatively balanced, and the results were comparable.

3.3. The Effect of Perioperative Nursing Intervention on Pulmonary Function of Patients. The changes in the respiratory function of patients after lung resection were the most obvious, especially the decrease in lung volume and MVV, in addition to the increase in residual air volume and the
decrease in oxygen utilization coefficient, which increased the probability of patients with hypoxia. In this comparison, the differences in the MVV%, FVC%, and FEV1% of the patients’ pulmonary function indexes before and after treatment were analyzed and compared, and the results is shown in Figure 6. The MVV%, FVC%, and FEV1% of the intervention group after the intervention were 76.03%, 82.14%, and 89.76%, respectively, while those in the control group were 68.62%, 78.87%, and 76.36%, respectively.

It indicated that there was no statistically obvious difference in the MVV%, FVC%, and FEV1% for patients between the control group and intervention group before treatment ($P > 0.05$). After treatment, the pulmonary function indexes of the two groups of patients had changed to different degrees. Compared with the control group, the MVV%, FVC%, and FEV1% values of the pulmonary function indexes of the intervention group patients were dramatically increased, and the differences were statistically significant ($P < 0.05$).
The improvement of pulmonary function was due to rehabilitation nursing interventions such as patient’s breathing training, limb activity training, and postoperative walking ability exercise during the perioperative period. The above operation can effectively improve the patient’s pulmonary ventilation function, promote the absorption rate of oxygen by the alveolar capillaries, and then enhance the recovery effect of the pulmonary function [21].

3.4. The Influence of Perioperative Nursing Intervention on Blood Gas Indexes of Patients. The differences in blood gas index $\text{PaO}_2$ and $\text{PaCO}_2$ of patients before and after treatment were compared, and the results are shown in Figure 7. Pursed-lip breathing training can reduce the patient’s exhalation speed, increase the pressure inside the airway, and facilitate the emptying of air inside the alveoli [22]. The decrease in respiratory rate can increase the exchange rate

<table>
<thead>
<tr>
<th>Item</th>
<th>Control group ($n = 30$)</th>
<th>Intervention group ($n = 30$)</th>
<th>Value ($t/\chi^2$)</th>
<th>$P$</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age (years old)</td>
<td>61.05 ± 5.06</td>
<td>60.28 ± 2.11</td>
<td>0.663</td>
<td>0.512</td>
</tr>
<tr>
<td>Males (n/%)</td>
<td>21/70.0</td>
<td>20/66.7</td>
<td>0.698</td>
<td>0.716</td>
</tr>
<tr>
<td>BMI (kg/m²)</td>
<td>22.37 ± 1.29</td>
<td>22.18 ± 1.97</td>
<td>0.670</td>
<td>0.583</td>
</tr>
<tr>
<td>Smoking history (years)</td>
<td>12.65 ± 4.23</td>
<td>11.39 ± 5.27</td>
<td>0.639</td>
<td>0.845</td>
</tr>
<tr>
<td>Cancer stage (n/%)</td>
<td></td>
<td></td>
<td>0.617</td>
<td>0.926</td>
</tr>
<tr>
<td>Stage I</td>
<td>6/20.0</td>
<td>5/16.7</td>
<td>0.533</td>
<td>0.518</td>
</tr>
<tr>
<td>Stage II</td>
<td>18/60.0</td>
<td>19/63.3</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Stage III</td>
<td>6/20.0</td>
<td>6/20.0</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Histological type (n/%)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Squamous cell carcinoma</td>
<td>20/66.7</td>
<td>19/63.3</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Adenocarcinoma</td>
<td>9/30.0</td>
<td>9/30.0</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Small cell carcinoma</td>
<td>1/3.3</td>
<td>2/6.7</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Note: BMI refers to body mass index.
and diffusion of gas, increase the absorption rate of oxygen by the alveoli, and effectively avoid postoperative hypoxemia [23]. The results of this study showed that there was no visible difference in blood gas indexes PaO₂ and PaCO₂ between the control group and intervention group patients before treatment (P > 0.05). After nursing intervention, the partial arterial oxygen pressure (PaO₂) and partial arterial carbon dioxide pressure (PaCO₂) in the control group were 80.54 mmHg and 39.81 mmHg, respectively, while those in the intervention group were 83.09 mmHg and 36.75 mmHg, respectively.

The blood gas index of the two groups of patients also changed after treatment. Among them, compared with the control group, the PaO₂ value of intervention group patients increased greatly, and the PaCO₂ value decreased dramatically, showing statistically obvious differences (P < 0.05).

3.5. The Impacts of Perioperative Nursing Intervention on Operation-Related Indexes of Patients. The differences in 24 h drainage, total drainage, chest tube extraction time, hospital stay, and complication rates of surgical-related indicators after intervention between the two groups of patients were compared. As shown in Figure 8, compared with the control group, the 24 h drainage, total drainage, chest tube extraction time, hospital stay, and complication rates for patients in the intervention group were greatly reduced, and the differences were statistically observable (P < 0.05).

3.6. The Impacts of Perioperative Nursing Intervention on the Quality of Life of Patients. The SF-36 scale is a questionnaire developed by the Boston Institute of Health to assess the health status of patients. The SF-36 scale has good reliability and validity, so it has been widely used in the evaluation of the quality of life of the general population and the evaluation of the effect of clinical trials [24]. Therefore, the SF-36 scale was applied to evaluate and compare the differences in the quality of life scores between the two groups of patients after treatment in this study. The results given in Figure 9 suggested that in contrast to the control group, the scores of all dimensions of the quality of life of the intervention group increased remarkably, and the differences were statistically obvious (P < 0.05).

4. Discussion

The incidence of lung cancer continues to increase, which is a serious threat to human health. Surgical treatment of lung
cancer bettersthe patient’s physical condition and improves the quality of life of the patient. The perioperative care of the patient after the operation is of great significance for the smooth completion of the operation and the guarantee of the treatment effect [25, 26]. CT examination plays an important role in the diagnosis of lung cancer, and the misdiagnosis phenomenon in it cannot be ignored. CT manifestations of lung cancer mainly include increased bronchial wall thickness in the lung, bronchial lumen stenosis or obstruction, and concurrent obstructive atelectasis, emphysema. Peripheral lung cancer is usually isolated masses, lobes, and spinoous processes. The signs of lobes are unbalanced growth and restriction of peripheral blood vessels and bronchi. The inflation sign of bronchioles is a thin strip with a diameter of about 1 mm, and the area density shadow is about dilated bronchioles. CT scan is also an important method in the diagnosis of lung cancer. CT scans produce a large amount of images. A large number of CT images increase the workload of physicians and therefore increase the probability of misdiagnosis. The combination of imaging computing and deep learning algorithms in image processing, pattern recognition, and artificial intelligence technology provides convenience for CT image denoising, segmentation, and feature extraction and classification [27]. With the rise of multislice spiral computed tomography (MSCT), noninvasive coronary artery imaging technology has been developed. MSCT can improve heart rate artifacts, better display the range of lesions, and identify the nature of plaques. Deep learning shows good results in CT images. Deep learning shows good results in CT images. Deep learning learns more useful features by constructing a machine learning model with hidden layers and a large amount of training data, thereby improving the accuracy of classification or prediction. Deep learning can portray data-rich internal information.

In this study, a 2D CNN and 3D CNN fusion model was constructed and applied to the segmentation processing of CT images of lung cancer patients to evaluate the segmentation effect and analyze the model qualitatively and quantitatively. The accuracy rate of lung cancer diagnosis was 96.7%. The Dice value (0.876), sensitivity (0.849), and PPV (0.875) of the constructed model for CT image segmentation were higher than those of other models. Yu et al. [28] found that CNN can obtain good accuracy in pre-processing, classification, and segmentation of lung cancer CT images. CT scanning is very important for lung cancer detection. Gayathri Devi and Radhakrishnan [29] proposed to adopt the adaptive threshold technology for air bag segmentation and used a cascaded feedforward neural network based on machine learning. This network enhances the boundary detection algorithm. The proposed neural network performs experiments on CT database images, with an accuracy rate of 98% and a minimum error rate. This research also shows that intelligent algorithms have a high accuracy rate.

5. Conclusion
On the basis of deep learning technology, a 2D CNN and 3D CNN fusion model was constructed and applied to the segmentation processing of CT images of lung cancer patients to evaluate the segmentation effect and analyze the model qualitatively and quantitatively in this study. The results suggested that the segmentation efficiency of the proposed model was obviously better in contrast to the 2D CNN, 3D CNN, and U-Net models. Its accuracy in lung cancer diagnosis can be as high as 96.7%. Afterwards, the impacts of perioperative nursing intervention on the patient’s postoperative treatment effect were analyzed, and it was found that the implementation of perioperative rehabilitation nursing intervention can effectively improve the pulmonary function, blood gas indexes, and quality of life of patients after surgery. In addition, it can reduce the incidence of postoperative complications and shorten the hospital stay. However, it only analyzed the deep learning model for segmentation processing of lung cancer CT images in this study, so it was necessary to compare and analyze the effect of this model on the effect of surgical treatment after CT image processing in the following studies. In short, the results of this study can provide a reference for improving the diagnostic rate and treatment effect of lung cancer patients.

Data Availability
The data used to support the findings of this study are available from the corresponding author upon request.

Conflicts of Interest
The authors declare that they have no conflicts of interest regarding the publication of this paper.

References


