Wideband, Multiband, Tunable, and Smart Antenna Systems for Mobile and UWB Wireless Applications

Guest Editors: Renato Cicchetti, Antonio Faraone, Diego Caratelli, and Massimiliano Simeoni
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Editorial

Wideband, Multiband, Tunable, and Smart Antenna Systems for Mobile and UWB Wireless Applications

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Received 6 August 2013; Accepted 6 August 2013

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1. Introduction

With the advent of high data rate 3G and 4G wireless communication systems and the app-based use paradigm, wireless connectivity through multiple air interfaces has become a common requirement in the RF architecture of new generation mobile communication devices. The modern wireless handset easily incorporates three or more antennas to enable cellular, Wi-Fi, and GPS connectivity, frequently over multiple bands. Multiple antenna systems are frequently designed to implement diversity or spatial multiplexing schemes, as in the case of WCDMA and LTE, to increase the resiliency and capacity of wireless links, and even to operate multiple voice/data links simultaneously. Concurrently, ultra-wideband (UWB) systems used in short range communications, remote sensing, and through-the-wall radar imaging have introduced a new paradigm in antenna design where the mitigation of pulse distortion is of the essence, thus requiring a shift in antenna design approach and the introduction of novel radiating systems.

This special issue is intended to reflect current R&D trends and novel approaches in the analysis and synthesis of antenna systems for the new generation of mobile communication devices, such as smartphones, tablets, and laptop computers as well as for UWB communication systems and radars. A particular emphasis has been paid to the analysis and design of broadband, multiband, and reconfigurable antennas for wireless and UWB applications, as well as to the identification of integration techniques with the host platform. Important efforts have been devoted to the characterization of the radio channel for MIMO systems.

The special issue is composed of 18 contributions that can be divided into the following 8 clusters.

2. Contributions to Reconfigurable and Multiband Antenna Technology

In “Recent developments in reconfigurable and multiband antenna technology” by N. Haider et al., the authors present a comparative analysis of various reconfigurable and multiband antenna concepts. In particular, three basic approaches, tunable/switchable antenna integration with radiofrequency switching devices, wideband or multiband antenna integration with tunable filters, and array architectures with the same aperture utilized for different operational modes, have been analyzed in detail showing inherent benefits and challenges.

In “A reconfigurable triple-Notch-Band antenna integrated with defected microstrip structure band-stop filter for ultra-wideband cognitive radio applications” by Y. Li et al., the authors describe a reconfigurable UWB monopole antenna for cognitive radio applications. Three narrow band-notched frequencies are obtained using a defected microstrip structure (DMS), a stop band filter (BSF) embedded in the microstrip feed line, and an inverted π-shaped slot etched in the rectangular radiant patch, respectively. Reconfigurable
characteristics of the proposed cognitive radio antenna are achieved by means of four ideal switches integrated on the DMS-BSF and the inverted $\pi$-shaped slot.

In “Planar ultrawideband antenna with photonically controlled notched bands” by D. Draskovic et al., the authors describe a planar microstrip-fed UWB printed circular monopole antenna with optically controlled notched bands. The proposed antenna is composed of a circular UWB patch, with an etched T-shaped slot controlled by an integrated optical switch. The slot modifies the frequency response of the antenna suppressing the 3.5–5 GHz band when the switch is in an open state. The optical switch is controlled by a low-power laser diode rendering the antenna remotely controlled by means of an optical fiber.

In “Compact, frequency reconfigurable, printed monopole antenna” by R. Gonçalves et al., the authors propose a compact reconfigurable printed monopole antenna, useful to operate in the UMTS and WLAN bands. To this purpose a chip inductor and PIN diode are employed to modify the electrical length of the monopole making the antenna able to operate in the mentioned frequency bands.

### 3. Contributions to Broad- and Multibandning Techniques

In “Analysis and design of a novel compact multiband printed monopole antenna” by J. Wang and X. He, the authors present a compact T-shaped multiband printed monopole antenna integrating some U-shaped band-notch structures. The proposed antenna operates at 2.25–2.7 GHz, 3.25–3.6 GHz, 4.95–6.2 GHz, and 7–8 GHz, covering the operation bands of Bluetooth, WiMAX, and WLAN and the downlink of the X-band satellite communication systems.

In “Dual-band integrated antennas for DVB-T receivers” by A. D’ Alessandro et al., the authors present an overview on compact Planar Inverted-F Antennas (PIFAs) that are suitable for monitor-equipped devices. High efficiency PIFAs with a percentage bandwidth greater than 59% (470–862 MHz DVB-T band) are shown. Finally, to show the extreme flexibility of the previous two configurations, a novel dual-band L-shape PIFA has been proposed. The L-shape PIFA prototype is obtained by properly cutting and folding a single metal sheet, thus resulting in a relatively low-cost and mechanically robust antenna configuration.

In “Planar printed shorted monopole antenna with coupled feed for LTE/WAN mobile handset applications” by D. Kang and Y. Sung, the authors present a shorted monopole antenna with coupled feed for LTE/WAN mobile handset applications. The basic resonance of the shorted monopole combines with the resonance caused by the interaction between the coupling strip and the feeding pad to cover the LTE700, GSM850, and GSM900 bands. Both the feeding pad and the coupling strip operate with the shorting strip as a loop antenna. The resonance of the loop antenna and the harmonics of the shorted monopole combine to cover the GSM1800, GSM1900, UMTS, and LTE2300 bands. A stable and omnidirectional radiation pattern with reasonable gain has been observed over the operating bandwidth.

In “Parasitic-element-loaded UWB antenna with band-stop function for mobile handset wireless USB” by Y. Lim et al., the authors present an antenna loaded by parasitic elements for the wireless USB of mobile handsets useful for UWB service in which a band-stop function of 5.725–5.825 GHz WLAN band is required. To this end, two kinds of parasitic elements are incorporated into a rectangular radiator to obtain enhanced impedance bandwidth and band-stop function. In this way, bandwidths of 3.15–4.75 GHz and of 7.2–10.2 GHz are achieved, while the frequency band 5.725–5.825 GHz is suppressed.

### 4. Contributions to Antennas for UWB Applications

In “A compact UWB antenna with a quarter-wavelength Strip in a Rectangular slot for 5.5 GHz band notch” by P. Moeikham et al., the authors present a monopole UWB antenna integrating a notch filter to reduce the electromagnetic interferences (EMIs) with WLAN/WiMAX communication systems operating in the frequency band located around 5.5 GHz. Consisting in a rectangular slot including a quarter-wavelength strip integrated on the lower inner edge of the UWB radiating patch, the filter proposed by the authors is capable of reducing the energy emission in the frequency range between 5.1 and 5.75 GHz resulting in lower EMIs with sensible electronic equipment working in this frequency band.

In “A modified vivaldi antenna for improved angular-dependent fidelity property” by Z. Zeng et al., the authors present a modified Vivaldi antenna optimized to radiate impulsive signals. To this end, a spatial filter consisting of two suitable dielectric slabs parallel to the antenna substrate is introduced. As a result, the fidelity factor indicating the quality of the radiated field is significantly improved. In fact, the experimental measurements show that the ranges with the fidelity factor better than the value of 0.9 are improved by 95% in H-plane and by 14% in E-plane, respectively, with respect to a conventional Vivaldi antenna.

In “High gain compact strip and slot UWB sinuous antennas” by E. Agastra et al., the authors analyze three ground-backed compact strip and slot sinuous antennas. The proposed configuration allows for a single lobe, polarization-versatile, high efficiency, and ultrawideband antenna not needing a cumbersome lossy back cavity typical of conventional single-lobe sinuous antennas.

### 5. Contributions to Special Materials, and Fabrication Techniques

In “Innovative radiating systems for train localization in interference conditions” by C. Vegni et al., the authors, firstly, propose an innovative radiating systems based on the metamaterial technology for global navigation satellite system (GNSS) applications in radio frequency interference conditions. Secondly, fixed radiation pattern antenna (FRPA), and controlled radiation pattern antenna (CRPA) phased array configurations of miniaturized patch antennas are studied.
Finally, the design of the phased array is applied to a GNSS user receiver in a realistic railway environment.

6. Contributions to Wireless Systems for Remote Control of Vital Parameters

In “A twin spiral planar antenna for UWB medical radars” by G. A. Zito et al., the authors propose a planar-spiral antenna useful to be employed in an UWB radar system for heart activity monitoring. The proposed antenna presents a reflection coefficient lower than $-8\,\text{dB}$ over the 3–12 GHz band, while the coupling between the two spiral dipoles is about $-20\,\text{dB}$. Numerical simulations indicate that the radiation impedance variation, caused by the thorax vibrations associated with heart activity, is the most likely explanation of the UWB radar operation.

In “Wireless sensing for the respiratory activity of human beings: measurements and wide-band numerical analysis” by L. Scalise et al., the authors propose an RF sensing system for the remote control of the respiratory activity. The proposed sensing system is based on the measurement of the phase variation of the reflection coefficient caused by the respiratory activity. The phase signal compared with the thorax displacement measured by a reference instrument shows a high correlation with different subject postures (sitting, standing, and lying), and a reduction of the signal amplitude with the distance $-0.11\,\text{dB/cm}$ is reported. The proposed system makes it possible to operate at distances up to 2.5 m.

In “Safety aspects of people exposed to ultra wideband radar fields” by M. Cavagnaro et al., the authors analyze the safety aspects of people exposed to a field emitted by UWB radar for breath activity monitoring, operating both in the spatial environment and on ground. The basic restrictions and reference levels reported in the ICNIRP safety guideline are considered, and the compliance of electromagnetic fields radiated by a UWB radar with these limits has been evaluated. The authors show that if the field emitted by the UWB radar is compliant with spatial and/or ground emission masks, then both reference levels and basic restrictions are largely satisfied.

7. Contributions to Numerical and Analytical Techniques for Antenna Modeling and Design

In “Structure-based evolutionary programming design of broadband wire antennas” by G. A. Casula et al., the authors present a designed technique for wideband wire antennas. The technique, based on the structure-based evolutionary programming, is used to design a broadband antenna, operating in the 3–16 GHz frequency band, with an end-fire radiation pattern, high gain, good impedance matching, and robustness with respect to realization tolerances.

8. Contributions to Passive Devices per UWB Applications

In “Optimized ultrawideband and uniplanar minkowski fractal branch line coupler” by M. Jahanbakht and M. T. Aghmyoni, the authors present a directional coupler, based on a non-Euclidean Minkowski fractal geometry able to operate with excellent isolation and low insertion losses over the UWB frequency range. The proposed device presents good integration features that make it suitable to be employed as a power divider in electronic circuitry or in the array of broadband or UWB antennas.

9. Contributions to MIMO Antenna Systems and Channel Modeling

In “Sparse channel estimation for MIMO-OFDM two-way relay network with compressed sensing” by A. Zhang et al., the authors propose a sparse channel estimation scheme at end users under the relay channel to enable us to exploit sparsity. First, they formulate the sparse channel estimation problem as a compressed sensing problem by using the sparse decomposition theory. Second, the CIR is reconstructed by CoSaMP and OMP algorithms. The numerical results confirm the superiority of the proposed methods over the traditional linear channel estimation methods.

Acknowledgments

The editors would like to express their gratitude to the authors and the anonymous reviewers for their contributions to this special issue.

Renato Cicchetti
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Research Article

Innovative Radiating Systems for Train Localization in Interference Conditions

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Received 5 December 2012; Revised 21 February 2013; Accepted 3 June 2013

1. Introduction

Concern about GPS (Global Positioning System) vulnerability has received a great deal of attention recently [1, 2]. GNSS receivers are highly susceptible to interference caused by jamming and spoofing. Historically, signal jamming and the design have been primarily considered as a military problem. Now, signal interference threatens all the GNSS receivers, military and civilian.

GPS signal typical level on Earth surface is around −163 dB W, that is, below the noise floor of the receiver (i.e., \( N = K \cdot T_{SYS} \cdot B \), e.g., −228.6 + 27 + 63 dB-Hz = −138 dB for 20 MHz bandwidth L band signal).

The reason why GPS signals can survive to degradation effects like interference is due to the spread-spectrum nature of the transmission, allowing receivers to correlate the satellite signal out from below the background noise [2, 3]. However, each receiver exhibits a limitation to the amount of non-GNSS interference it can cope with, whilst still acquiring or tracking the desired signals. In other words, each receiver has a maximum Jammer-to-Signal ratio (i.e., J/S) that is able to tolerate.

Recent studies [1, 2] demonstrated that a 10 mW jammer at a distance less than 10 km can seriously disturb the acquisition process of a GPS receiver. Jamming is not the only form of GNSS interference; spoofing is a more recent one. Spoofing (i.e., data level interference) can be considered as a more dangerous form of interference than jamming, because it is not obvious that the GNSS receiver is being spoofed, while jamming constitutes a denial of service and it is easily detectable.

In this paper a band-limited white noise interference is considered. When the interference has flat spectrum centred in \( f \) frequency and extending in the range \( (f_i - \beta_i/2) \leq f \leq (f_i + \beta_i/2) \), its spectrum is expressed as follows [2]:

\[
S_i(f) = \begin{cases} \frac{1}{\beta_i^2}, & (f_i - \frac{\beta_i}{2}) \leq f \leq (f_i + \frac{\beta_i}{2}), \\ 0, & \text{elsewhere.} \end{cases} \quad (1)
\]
RF interference and multipath effects can be mitigated or eliminated by an appropriate GNSS antenna and receiver design [1]. In particular, we focus on antenna solutions as adaptive arrays. They are considered the single most powerful anti-jamming tool in the GNSS systems engineer’s toolkit. They provide jamming rejection from 15 to 90 dB depending on the specific architecture used. Their main drawback is that they require an array of antenna elements, each spaced about ten centimetres (center-to-center) in S band, and thus their physical envelope cannot meet the antenna room constraints.

Therefore, the paper will be organized according to three following steps.

1. Adaptive array typology trade-off: two typical techniques (i) nulling and (ii) beam-forming are discussed and compared in Section 2.

2. Adaptive array antenna design: in Section 3 the RF design of a phased array antenna is presented in terms of array geometric layout and single radiator element in metamaterial technology.

3. GNSS study case: a realistic navigation case is investigated in Section 4. Specifically, the train localization problem by GPS satellites is studied in conditions of RF interfering satellites.

FRPA and CRPA solutions are considered, and for each one GPS service performances (i.e., train accuracy and service availability) are computed. In other words, the RF design is validated in terms of GNSS system performances in a realistic scenario. Conclusions are finally drawn.

2. Adaptive Array Typology Trade-Off

Two types of adaptive array antenna are used with GNSS receivers, that is, (i) single-output nulling (Figure 1) antennas, and (ii) multiple-output beam-steering (Figure 2) antennas [4].

Most of deployed systems are single-output adaptive nulling antennas that operate as an anti-jamming appliqué. In this way the GNSS receiver does not need to know what type of antenna is connected to, that is, FRPA or CRPA.

Some development systems [6] tend to emphasize multiple-output beam-steering antennas because of their better performance. However, in order to handle the multiple-output channels, a new receiver is required too. The trend is to integrate the array processing with the GNSS receiver in a single unit.

On the other side, a single-output nulling antenna uses a common set of weights for all GNSS signals. The objective is to minimize the output power subject to the constraint that one element is turned on. Remaining channels have their output phase and amplitude dynamically adjusted, so as to cancel out jammers in the summation process. The result consists in very sharp spatial nulls in the directions of the jammers but, because the GNSS signal direction of arrival is not taken into account, a significant possibility arises for low gain in some signal directions.

However, in GNSS applications, the antenna has to receive navigation signal from as many satellites as possible. On the other side, GNSS antenna is requested to reject as many interfering satellites as possible along single or multiple directions.

In principle, an N-element array can independently steer N – 1 spatial nulls in the direction of jammers. Moreover, in the multiple-output beam-forming array configuration, a unique set of weights is generated and optimized for each signal. The weight information process takes into account the desired signal direction of arrival, and, in absence of jamming, it will phase the input channels so they coherently add together to create a beam in the direction of the satellite.
In addition, to enable an adaptive antenna array to steer minimal antenna gain towards jammers, beam-forming simultaneously ensures that the antenna steers maximum gain towards GNSS satellites.

In other words, instead of minimizing the interference-to-noise ratio (INR), the aim is to maximize the signal-to-interference-plus-noise ratio (SINR).

Like the nul ler, the beam-former can independently steer \( N - 1 \) spatial nulls.

Both the nul ler and the beam-former perform much better (i.e., >20 dB) against narrow-band jammers.

The advantages of nulling and beam-forming antennas can be reported as follows.

(i) Nulling solution appears less complex than beam-former one.

(ii) Nullers synthesize sympathetic nulls in directions other than those of jammers. Sometimes, this happens in the direction of a desired signal and the signal is lost. It corresponds to a decrease of the number of visible satellites and consequently to a degradation of GNSS performance parameters (e.g., accuracy, continuity).

(iii) Beam-formers provide a broad-beam in the direction of the desired signal and lower gain in other directions. Multipath arriving from low gain directions is more strongly attenuated and has less ability to corrupt code and carrier phase observables.

(iv) Nullers do not provide this performance gain as they do not seek to generate directional beam.

In general, adaptive arrays improve signal-to-noise ratio in presence of jamming and thus permit signal tracking in environments that otherwise would lack code and carrier phase observables (lack of pseudorange measurement). However, this benefit is not without cost: adaptive arrays can bias code and carrier phase observables. The array antenna is a spatial filter, and its distortion effects are also direction dependent. The distortion is unique for each desired signal and does not necessarily common-mode out in subsequent processing.

In absence of jamming, the biases are fairly benign, while in jamming conditions the biases can become large and sustained.

Beam-formers can show 100-degree carrier phase biases and upwards of 1-meter code phase biases.

Nullers do even worse. For high precision systems, these errors can be a significant component of the overall error budget. Table 1 summarizes the previous considerations.

In this paper, the synthesis algorithm MVDR (Minimum Variance Distortionless Response) is applied [4, 6]. It falls into the category of beam-forming adaptive array. This algorithm allows the synthesis of up to \( N - 1 \) nulls and the pointing of the main beam along one single direction. The considered direction is the broad-side one (\( \theta = 90^\circ \) with respect to horizon).

In case interfering direction is close to or coincides with the broad-side one, the algorithm shall show convergence problems.

However, this satellite geometric configuration is highly unlikely. In that case the antenna beam shall point to a direction computed as the mean value among all the interfering directions.

3. Adaptive Array Antenna Design

In this section, firstly, we show the basic concepts to be followed to design a GNSS antenna. Secondly, the phased array element innovative design is illustrated by VSWR, axial ratio (AR), and radiation pattern curves. Finally, the adaptive beam-forming phased array design is shown, in terms of array layout and radiation patterns.

3.1. GNSS Antenna Guidelines. The guidelines consider four typical specific antenna parameters, that is, (i) pattern, (ii) roll-off, (iii) polarization purity, and (iv) phase centre.

(i) Antenna pattern: the GNSS antenna has to receive all the navigation signals transmitted by the GNSS satellites in visibility. Ideally, it should show an omnidirectional radiation pattern. The GPS receiver operates best with only a small difference in power among the signals from the various satellites, and, ideally, the antenna covers the entire hemisphere with no variation in gain. This has to do with potential cross-correlation problems in the receiver and the fact that excessive gain roll-off may cause signals from satellites at low elevations to drop well below the noise floor of the receiver. On the other hand, optimization for multipath rejection and antenna noise temperature require some gain roll-off.

(ii) Antenna roll-off: antenna should show perfect hemispherical radiation pattern. However, such an antenna cannot be practically built, and real-world GNSS antennas experience a gain roll-off of 10 to 20 dB from broad-side to the horizon.
### Table 2: GNSS antenna design guidelines.

<table>
<thead>
<tr>
<th>Antenna parameter</th>
<th>Guidelines for GNSS applications</th>
</tr>
</thead>
<tbody>
<tr>
<td>Radiation pattern</td>
<td>Hemisphere</td>
</tr>
<tr>
<td>Roll-off</td>
<td>11–13 dB (from broad-side to 10° elevation direction)</td>
</tr>
<tr>
<td>Polarization purity</td>
<td>(i) 1 dB at broad-side</td>
</tr>
<tr>
<td></td>
<td>(ii) &lt; 6 dB at 10° elevation</td>
</tr>
<tr>
<td>Phase centre</td>
<td>(i) Stable versus frequency</td>
</tr>
<tr>
<td></td>
<td>(ii) Stable versus Az, El angles</td>
</tr>
</tbody>
</table>

(iii) Antenna polarization purity: a right hand circular polarization (RHCP) antenna will pick up some left hand circular polarization (LHCP) energy. For high-end (geodetic/choke ring) GNSS antennas, the typical AR in broad-side should be around 1 dB. AR increases toward the lower elevations (less than 3 to 6 dB at 10° elevation for a high-performance antenna). Maintaining a good AR (i.e., 1-2 dB) over the entire hemisphere and at all the frequencies is a challenge for the antenna RF designer. Good polarization purity represents a valid rejection to multipath/interference effect. In fact, reflected signals are LHCP (single reflection). Consequently, multipath signals from reflections against vertical objects such as buildings can be deeply attenuated or even suppressed.

(iv) Antenna phase centre: in GNSS applications, the user position is relative to the phase centre of the GNSS receiving antenna. The phase centre is the point in space from which all the rays appear to emanate (or converge on) the antenna. Put in another way, it is the point where the fields from all the incident rays appear to add up in phase. Determining the phase centre is important in GNSS systems, particularly when millimetre positioning resolution is desired. Ideally, the phase centre is a single point in space for all directions at all frequencies. A real-world antenna often will possess multiple phase centre points or a phase centre that appears “smeared out” as frequency and viewing angle vary. For well-designed high-end (geodetic/choke ring) GNSS antennas, phase centre variations in azimuth are small and in the order of a couple of millimetres. The vertical phase offsets are typically 10 mm or less.

The above-discussed guidelines can be summarized in Table 2.

#### 3.2. Element Design.

The single radiator configuration is shown in the top view (Figure 3), in the cross-view (Figure 4), and in 3D view (Figure 5). This is a dual probe miniaturized monolayer patch in L1 band, at 1.55 GHz central frequency. The circular polarization is obtained by two inputs (probes). Each probe is electromagnetically coupled to the radiating patch by a parasitic disk. Moreover, four mushrooms (depicted in yellow in Figure 3) are introduced to reduce the envelope of the squared ring. In particular, mushrooms are folded (dotted lines) in order to improve capacitive effects.

Balanced feeds tend to have superior scanning performance as the higher order modes are naturally suppressed by the symmetrical feeding arrangement. Moreover, polarization purity is improved using two inputs instead of a single port. A dual-probe interconnect is chosen as a result of these performance advantages.

The miniaturized monolayer patch can be easily obtained by using the metamaterial technology. It is well known that this technology allows several advantages in the realization of antennas, namely, the printed ones. One of these advantages (miniaturization) is obtained by using “metamaterial-based” antennas or “metamaterial-inspired” ones.

The difference among “metamaterial-based” antennas and “metamaterial-inspired” ones stands either using unconventional dielectric slabs (for “metamaterial-based”
antennas) or parasitic elements/cuts nearby/inside the radiating patch (for “metamaterial-inspired” antennas) [7–12].

This means that major dimension of metamaterial antenna elements used in array configuration is smaller than usual ones (from $\lambda_g/2$ to $\lambda_g/20$ or more, corresponding to an area reduction of 90% or more). Consequently, the dimensions of the whole antenna (e.g., the array) can be drastically reduced [13, 14].

The patch ground-plane separation is about 5 mm, and the underlying substrate permittivity is 2.2. The envelope area is $3.38 \text{cm}^2$ (i.e., $1.84 \times 1.84 \approx 3.38$). It is noted that, at the same working frequency (1.55 GHz) in case of standard monolayer (i.e., $\varepsilon_r = 2.2$) patch ($\lambda_g/2$), the single element envelope would be $6.41 \times 6.41 = 41.08 \text{cm}^2$. Metamaterial radiator technology area is the $3.38/41.08 = 8.22\%$ of a standard monolayer patch.

A Cartesian reference system adopted to define the field quantities is introduced in Figure 3. Its origin is coincident to the left-side angle of the squared ring as shown in the figure.

Table 3 reports the single element physical parameters (distances expressed in mm).

Finally, the $-15 \text{dB}$ return loss (Figure 6) bandwidth is 25.2 MHz (1.6%).

On the other side, the reduction of the antenna aperture generally corresponds to a decrease of the single element antenna gain. This effect has been taken into account in the design of the phased array antenna. The radiation pattern is shown in Figure 7, where it can be noted the peak gain around 5.7 dBi.

The axial ratio value is about 2 dB and shows a flat trend (Figure 8). It is in line with the guidelines described in the previous paragraph which are low AR values for low elevation angles.

3.3. Array Layout Optimization. The antenna aperture is a design driver. The layout definition process is addressed considering the following aspects.

(i) The envelope diameter shall be compatible to train roof accommodation, that is, 80 cm (goal) and 30 cm (nice-to-have).

(ii) The guidelines are those described in Section 3.1.

Two layouts have been identified, that is, (i) the 13 elements, and (ii) the 7 elements configuration, as depicted in Figures 9 and 10, respectively. The first configuration is compliant to the 80 cm envelope constraint, while the second one to the nice-to-have constraint (i.e., 30 cm). The geometry proposed in the 7 elements configuration has been already studied in the frame of GNSS studies [15]. Both layouts show physical symmetry along three symmetry axes, as depicted in Figures 9 and 10. As a consequence, a symmetrical pattern shall derive. It will optimize the GNSS satellites visibility.
In both layouts the radiating elements are $0.73\lambda_g$ spaced. This value derives from a trade-off between accommodation issues ($d/\lambda_g > 0.5$) and grating lobes effect ($d/\lambda_g < 1$).

Assuming $0.73\lambda_g$, for the 7 elements configuration and radiator in metamaterial technology, the antenna diameter is $20.57\text{ cm}$. The total envelope is obtained by adding the $25\%$ of antenna diameter value. The value is compliant to the accommodation constraint ($<30\text{ cm}$).

It is noted that considering standard antenna technology the overall envelope of the antenna would have exceeded the above-mentioned constraint.

The excitation coefficients for elements of the configurations at 13 and at 7 elements have been optimized by MVDR algorithm in order to synthesize nulls (up to 6) keeping the main lobe pointing $\theta = 0^\circ$ (zenith direction).

Figure 11 shows an example of synthesis of two nulls for 7 elements antenna, along $\theta_1 = 60^\circ$, $\Phi_1 = 60^\circ$ and $\theta_2 = 70^\circ$, $\Phi_2 = 180^\circ$ directions. They are marked in white. On the other side, main beam-steering direction is set to
Figure 12: 13 elements array adaptive beam-forming antenna pattern—two nulls synthesis.

Figure 13: 7 elements array: adaptive beam-forming antenna pattern—single null synthesis.

Table 4: Excitation synthesized coefficients of pattern shown in Figure 13.

<table>
<thead>
<tr>
<th>Element Id.</th>
<th>Amplitude [dB]</th>
<th>Phase [deg]</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>2</td>
<td>0</td>
<td>+60</td>
</tr>
<tr>
<td>3</td>
<td>0</td>
<td>+120</td>
</tr>
<tr>
<td>4</td>
<td>0</td>
<td>+180</td>
</tr>
<tr>
<td>5</td>
<td>0</td>
<td>+240</td>
</tr>
<tr>
<td>6</td>
<td>0</td>
<td>+300</td>
</tr>
<tr>
<td>7</td>
<td>−30</td>
<td>0</td>
</tr>
</tbody>
</table>

\( \theta_0 = 0^\circ \) (zenith direction, \( \Phi_0 = 0^\circ \)). (Note that \( \theta \) angle defined in antenna reference system (par. 3) and \( \theta \) elevation angle defined in GNSS user reference system (par. 4) are 90° offsets: zenith direction is \( \theta = 0^\circ \) at par. 3, it is \( \theta = 90^\circ \) at par. 4.) It is noted that antenna diagram shows nulls also in noninterfering directions (e.g., at \( \theta_1 = 70^\circ, \Phi_1 = 300^\circ \), marked in red). This can limit the visibility of GNSS (useful) satellites. The decrease of the number of tracked satellites can

Table 5: 7 elements array: cases considered in the navigation realistic scenario.

<table>
<thead>
<tr>
<th>Case</th>
<th>Meaning</th>
</tr>
</thead>
<tbody>
<tr>
<td>FRPA cosine-like</td>
<td>The radiation pattern of the user antenna is a fixed beam approximated by a ( \cos^p ) function (( p ): integer). No interfering satellite is considered in the analysis.</td>
</tr>
<tr>
<td>FRPA simulated</td>
<td>The radiation pattern of the user antenna is a fixed beam (Figure 15) designed and simulated by electromagnetic commercial tool (i.e., “CST studio suite”). No interfering satellite is considered in the analysis.</td>
</tr>
<tr>
<td>FRPA cosine-like with IF</td>
<td>The radiation pattern of the user antenna is a fixed beam approximated by a ( \cos^p ) function (( p ): integer). Interfering satellite is considered in the analysis.</td>
</tr>
<tr>
<td>FRPA simulated with IF</td>
<td>The radiation pattern of the user antenna is a fixed beam (Figure 15) designed and simulated by electromagnetic commercial tool. Interfering satellite is considered in the analysis.</td>
</tr>
<tr>
<td>CRPA</td>
<td>The radiation pattern of the user antenna is synthesised by MVDR algorithm (beam-forming) implemented by “MatLab” software tool. In other words, the antenna dynamically synthesizes null/s along direction of interferer/s. Interfering satellite is considered in the analysis.</td>
</tr>
</tbody>
</table>
lead to a reduction of the service accuracy/time availability. This impact shall be evaluated in the next paragraph in the frame of the study of the navigation realistic scenario.

The 13 elements configuration design does not meet the 30 cm constraint. It is considered as a back-up design. However, as a title of example, Figure 12 shows a radiation pattern for a 13 elements array configuration in case of two nulls synthesis.

Phased array electromagnetic analysis has been addressed by electromagnetic commercial tool (i.e., CST Studio Suite) in order to take into account RF mutual coupling effects: in Figure 13, another example of radiation pattern optimization is provided. It represents a null synthesis along broad-side (zenith) direction. The diagram appears balanced, symmetrical with respect to zenith direction. The antenna RF design allows the rejection to the interference signal (supposed along zenith direction in this case) and, on the other side, the maximization of the gain in order to receive the maximum number of GNSS useful signals with a signal-to-noise ratio adequate to ensure the tracking of the GNSS receiver [16].

It is important to note that the symmetry of the radiation pattern and the depth of the null (about −30 dB in Figures 11 and 13) demonstrate that degradation effects like RF coupling among elements and beam-forming network effects (i.e., excitation coefficients truncation) are well taken into account in the antenna RF design.

In the current paper, focus is given to the innovative radiating part of the antenna. Contribution of the antenna feeding network (i.e., typical values of excitation coefficients stability over frequency/temperature, truncation of excitation coefficients) is taken into account in the design.

The excitation synthesized coefficients are shown in the following Table 4 (see also Figure 10).

Finally, it is worth to note that antenna centre of phase has not been considered due to negligible contribution to accuracy error (order of millimetres).

4. GNSS Study Case

In the current paragraph, the design of the phased array shown in the previous part is applied to a GNSS user receiver.
antenna in a navigation realistic environment consisting of
(i) GNSS satellite constellation (e.g. GPS, Galileo, GLONASS, and Compass);
(ii) SBAS satellite constellation (e.g., QZSS for Japan and Australia, EGNOS for Europe, and WAAS for U.S.);
(iii) GNSS user receiver antenna accommodated on the train roof. The train is travelling along a more than 200 km long route from a mines area to "Port Headland" (and back) in Western Australia region, rural rail environment at an average speed of 80 km/h (Figure 14);
(iv) Satellite constellation of interfering satellites (from 1 to 6, randomly selected) transmitting 20 dBW over the GPS EIRP nominal value on L1 bandwidth;
(v) Train running in adverse conditions (totally disconnected scenario, no ground infrastructures).

In particular, the GNSS antenna (7 elements array discussed at par. 3.1, 3.2) is supposed to work in FRPA or CRPA modes. Consequently, five cases are taken into account (Table 5).

Figure 15 shows the FRPA simulated pattern (three \( \Phi \) cuts) and the FRPA “cosine-like” pattern (pink dotted line).

The assumptions followed in the realistic scenario simulation are the following.

(i) The observation period is 10 days, 5 minutes sampling: the train is running from mines area point to "Port Headland" and back; the total number of points described by the trajectory is 2881;
(ii) the accuracy value is computed with 95% confidence level;
(iii) GPS signal on-ground power level as defined in [16];
(iv) the attenuation by atmospheric gases is computed by ITU-R P.676-2 model [17];
(v) the rainfall attenuation is modelled as described in [17];
(vi) masked areas as those pertaining to a tunnel and bridges are neglected;
(vii) no GNSS satellite failure (i.e., on-board clocks) is assumed;
(viii) GNSS receiver mask angle \( >10^\circ \) with respect to horizon (as shown in Figure 15);
(ix) GPS receiver acquisition threshold: 30 dB-Hz (typical value);
(x) GNSS user receiver antenna given by a 7 elements phased array working in FRPA mode (cosine-like pattern or simulated in Figure 15) or CRPA mode;
(xi) user equivalent ranging error (UERE) figure is considered common to each GPS satellite. The value is equal to 4.87 meters (at 1σ) computed at θ = 15° (conservative approach). Source error typical standard deviations in L1 band only are reported in Table 6.

The UERE budget driver is the ionosphere residual error.

For each case of the described navigation scenario, user location 2D accuracy versus time and service availability figures are computed, and the results are compared in order to have evidence of the impact of user antenna pattern on the GNSS service performance.

In particular, a constellation of 24/24 GPS satellites disposed over 6 orbital planes (4 satellites per plane) is studied. RF interferers are gradually introduced (from 1 to 6) in the scenario. Figures 16–24 show the horizontal accuracy cumulative distribution function (CDF) for the cases described in Table 5.

In Figure 16, in absence of interference, the horizontal accuracy at a time availability of 95% is about 12 meters both for FRPA cosine and simulated pattern antenna. In interference conditions, the GPS receiver "sees" a useful link with the GPS satellite, whose $C/N_0$ is between 35 and 50 dB-Hz (according to user elevation angle) and noise contribution $I_0$ due to RF interference.

Consequently, total GPS satellite $C/(N_0 + I_0)$ figure is degraded; the signal-to-noise ratio starts to decrease as soon as the interfering satellite is in visibility of the GPS user receiver. If the GPS satellite signal-to-noise ratio is less than the receiver acquisition threshold, satellite signal cannot be acquired and satellite cannot be tracked by the receiver, so the number of useful (necessary to compute user position) satellites starts to decrease.

This concept is illustrated in Figure 17. It represents the number of GNSS satellites geometrically visible (in light blue), electrically visible (in red) to the train along its route (versus observation time). In absence of interference, satellites that are visible geometrically are also electrically (even with a 0 dBi gain antenna) visible. In case of interference, as mentioned before, the useful signal power shall be below the noise (thermal and interference nature) more than 30 dB-Hz leading to the loss of satellite track. In addition, the DOC4 figure (Depth of Coverage 4: time percentage to have at least four satellites in visibility to the GPS receiver) shall pass from 100% to 70.53% as shown in Figure 16. (Note that 4 is the minimum number of GNSS satellite to compute the user 3D location.) The threshold of 4 satellites (minimum number to compute GNSS user position) is highlighted in Figure 17 by dotted green line.

Consequently, the user accuracy is computed by a reduced number of satellites. It is degraded (about 18 meters) with a reduced availability (about 70%) both for cosine and simulated FRPA antennas. Adopting the CRPA solution,
a null is synthesized along interfering direction and the antenna main beam points the broad-side direction. It mitigates the effects of the interference; however, the synthesized radiation pattern can show undesired nulls that can limit the GPS satellite visibility (Figure 11). Consequently, the service can be provided with a maximum 2D accuracy of 30 meters with a time availability of about 75%.

In Figure 18 two interfering satellites are considered. The 2D accuracy figure is reduced to 18 m with 52% time availability both for FRPA cosine and FRPA simulated. CRPA antenna solution mitigates the interference effect (30 meters accuracy with about 74% time availability). This value is very similar to the one obtained for one single interfering satellite case. It is noted that CRPA provides robustness to interference without affecting the GPS satellite visibility.

For the 3 interfering satellites option (Figure 19), the horizontal accuracy of the train is degraded to 18 meters at 52% of the time for FRPA patterns. Adopting CRPA solution it is 30 meters at 68% of the time (10 days).

On each curve, a reference value of 5 meters has been considered (green dotted line). An horizontal accuracy of 5 meters represents a typical value for train applications (this is why user antenna phase centre error contribution is not taken into account). This value can be even lower when additional capabilities, like parallel track discrimination is required [18].

The multiconstellation capabilities relying on GPS, GLONASS, and in perspective Galileo and Compass offer a higher degree of flexibility to reach better performance.

For the 4 interfering satellites option (Figures 20 and 21), the horizontal accuracy is degraded to 18 meters at about 15% of the observation time for FRPA patterns. Adopting CRPA solution it is 30 meters at 55% of the time.

More specifically, it means that, in conditions of interference, the train position can be computed by the GPS receiver in 15% of the total time (in other words, for the 15% of the
and 13, it is noted that the points (user positions computed by the receiver—128) do not encompass the whole rail path (2881 points). It is due to the lack of GPS visible satellites (caused by RF interference) to the receiver. If the number of GPS satellites visible is less than 4, the receiver cannot compute the user position; consequently, the marker is, respectively, blank in Figures 21 and 24.

For the 5 interfering satellites option (Figure 22), the horizontal accuracy is degraded to 18 meters at 5% of the time for FRPA patterns. Adopting CRPA solution it is 30 meters at 68% of the time (10 days).

For the 6 interfering satellites option (Figures 23 and 24), the horizontal accuracy is degraded to 18 meters at 5% of the time for FRPA patterns. It is noted that CRPA antenna solution strongly mitigates the interference effects. In other words, the train position can be located along the route with a 2D accuracy of 30 meters at 60% of the time (10 days).

By adopting an FRPA antenna, the 2D position of the train is known with an accuracy of 18.3 meters (Figure 23) at about the 5% of the train route (Figure 14). Comparing Figures 24 and 13, it is noted that the points (user positions computed by the receiver—128) do not encompass the whole rail path (2881 points). It is due to the lack of GPS visible satellites (caused by RF interference) to the receiver. If the number of GPS satellites visible is less than 4, the receiver cannot compute the user position; consequently, the marker is, respectively, blank in Figures 21 and 24.

5. Conclusions

In this paper an innovative radiating system for train localization in interference conditions is presented. This system consists of a beam-forming adaptive antenna, a phased array of miniaturized (metamaterial technology) patch radiators. The design of the beam-forming antenna is presented (working in FRPA or CRPA mode).

Phased array antenna is embedded into a navigation realistic scenario in interference conditions, and the problem of localization-by-GNSS-satellite of a train travelling along a route in Australia is approached.

Service performance figures (i.e., accuracy, time availability) are evaluated, and emphasis is given to the capability of the GNSS-designed array to mitigate RF interference effects (reduction of service availability, increase of location accuracy).

References


Application Article

Analysis and Design of a Novel Compact Multiband Printed Monopole Antenna

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Received 7 December 2012; Revised 2 May 2013; Accepted 29 May 2013

Academic Editor: Renato Cicchetti

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A compact multiband printed monopole antenna is presented. The proposed antenna, composed of a modified broadband T-shaped monopole antenna integrating some band-notch structures in the metallic patch, is excited by means of a microstrip line. To calculate the bandwidth starting frequency (BSF) of the T-shaped broadband antenna, an improved formula is proposed and discussed. The multiband operation is achieved by etching three inverted U-shaped slots on the radiant patch. By changing the length of the notch slots, operation bands of the multiband antenna can be adjusted conveniently. The antenna is simulated in Ansoft HFSS and then fabricated and measured. The measurement results show that the proposed antenna operates at 2.25–2.7 GHz, 3.25–3.6 GHz, 4.95–6.2 GHz, and 7–8 GHz, covering the operation bands of Bluetooth, WiMAX, WLAN, and downlink of X-band satellite communication system and thus making it a proper candidate for the multiband devices.

1. Introduction

With the rapid development of the communication technology, there is a great demand for antennas suitable to operate with dual- or multibands characteristics in wireless communication devices, such as mobile phones and laptops. Printed antennas have been paid great attention in recent years because of their compact size, low profile, light weight, and low cost. A great quantities of printed antennas for dual- or multibands operations have been reported in the literature [1–12]. In [1–7], the authors have presented several kinds of printed monopole or dipole antennas for dual-band operation. In [8–12], slot antennas have been utilized. Antennas mentioned above achieve dual- or multibands operation; however, they usually have complicated structures or narrow bandwidth, and their operation bands cannot be adjusted easily either.

Recently, a lot of wideband antennas have been proposed because of the wide operation band and high date rate [13–15]. To avoid the interference between UWB (ultrawideband) antennas and narrow bandwidth communication systems, antenna designers have proposed several UWB antennas with band-notch characteristics [16–19]. The above-mentioned design solutions provide us a different way to achieve the multiband operation.

In this paper, we present a novel compact multiband monopole antenna based on the broadband antenna theory and employing band-notch technique. A T-shaped monopole antenna is designed to achieve a broad impedance bandwidth. Using the techniques suitable to widening of the operative frequency band, three inverted U-shaped slots are etched on the metallic patch to reject the undesired bands; in this way the multiband operation is achieved. The operation bands of the proposed antenna can be adjusted conveniently by changing the length of each band-notch slot.

The organization of the paper is as follows. In Section 2, the configuration of the proposed antenna is introduced. An improved formula for computing the bandwidth starting frequency (BSF) with higher accuracy is proposed and discussed. Then the broadband characteristic of the T-shaped monopole antenna is analyzed. Finally, the frequency behaviour of the band-notch structures consisting of three inverted U-shaped slots etched on the metallic patch is investigated. Results of the proposed antenna (return loss, normalized radiation pattern, and peak gain) are presented and discussed in Section 3, while some conclusions are drawn in Section 4.
Table 1: Optimized geometrical parameters of the proposed multiband antenna.

<table>
<thead>
<tr>
<th>Parameters</th>
<th>$W$</th>
<th>$w_1$</th>
<th>$w_2$</th>
<th>$w_f$</th>
<th>$L$</th>
<th>$l_1$</th>
<th>$l_2$</th>
<th>$l_g$</th>
<th>$l_{n1}$</th>
<th>$l_{n2}$</th>
<th>$l_{n3}$</th>
<th>$w_{n1}$</th>
<th>$w_{n2}$</th>
<th>$w_{n3}$</th>
<th>$d_1$</th>
<th>$d_2$</th>
<th>$d_3$</th>
<th>$g$</th>
</tr>
</thead>
<tbody>
<tr>
<td>Values (mm)</td>
<td>30</td>
<td>11.5</td>
<td>21.5</td>
<td>1.5</td>
<td>40</td>
<td>10</td>
<td>19</td>
<td>5</td>
<td>32</td>
<td>23</td>
<td>16</td>
<td>18</td>
<td>12</td>
<td>6</td>
<td>26.5</td>
<td>20.5</td>
<td>14.5</td>
<td>2</td>
</tr>
</tbody>
</table>

Figure 1: Geometry of the proposed multiband antenna.

2. Antenna Analysis and Design

Figure 1 shows the geometry of the proposed multiband antenna. The proposed antenna is printed on a low-cost FR4 substrate with relative permittivity of 4.4, dielectric loss tangent of 0.02, and thickness of 1 mm. A T-shaped patch is printed on one side of the substrate and a truncated ground plane on the other. The T-shaped patch is realized by removing two symmetric metal notches at the bottom of a rectangular patch in order to improve significantly the impedance matching of the monopole antenna at high frequency. Three inverted U-shaped slots with different sizes are etched on the T-shaped patch to reject the undesired frequency bands of the proposed multiband antenna. The commercial software Ansoft HFSS has been adopted for the analysis and design of the proposed antenna. The optimized geometrical parameters describing the antenna are reported in Table 1.

An improved formula useful to calculate the BSF in terms of the antenna parameters is proposed and discussed firstly. Then the effects of the antenna parameters are investigated. Finally, the inverted U-shaped band-notch structures are studied.

2.1. Improved Formula for BSF of the Broadband Antenna.

For a broadband antenna, the BSF and bandwidth are two important factors to evaluate its frequency performance. An accurate formula to calculate BSF of a broadband antenna is quite necessary for antenna designers to save simulation time and accelerate the design process. In this paper, an improved formula is presented to provide a much more accurate prediction of BSF of the T-shaped monopole.

Kumar and Ray have proposed a formula to calculate the BSF of the planar monopole [19]. Thomas and Sreenivasan improved the formula by considering the effect of the substrate [20]. Equation (1) is the formula proposed by Thomas and Sreenivasan:

$$\text{BSF} = \frac{72}{l + r + g} \text{GHz},$$  \hspace{1cm} (1)

where $l$ denotes the length of the monopole (both the planar monopole and the equivalent cylinder monopole), $g$ denotes the gap between the ground plane and the monopole, and $r$ denotes the radius of the equivalent cylinder monopole. The equivalent radius $r$ is expressed as

$$r = \frac{A}{2\pi l\sqrt{\varepsilon_e}},$$  \hspace{1cm} (2)

where $A$ denotes the area of the radiant patch and the area of the side face of the equivalent cylinder monopole, $\varepsilon_e$ is the effective dielectric constant of the air-substrate composite dielectric and can be calculated by $\varepsilon_e = (1 + \varepsilon_r)/2$, and $\varepsilon_r$ denotes the relative constant of substrate. The parameters $l$, $r$, and $g$ appearing in (1) and (2) are expressed in millimeters.

However, (1) is not accurate enough to calculate the BSF of the T-shaped monopole antenna because the parameter $g$ does not take into account the effect of the two bevel cuts on the feeding gap. Therefore, we propose to replace it by an effective parameter $g_e$ defined as follows:

$$g_e = g + l - \frac{A}{w_2}.$$  \hspace{1cm} (3)

Here $w_2$ denotes the width of the higher edge of the radiant patch, and $g$, $l$, and $A$ have the same meanings as in (1), while in this paper, $l = l_1 + l_2$ and $A = w_1 l_1 + w_2 l_2$. Then (3) can be rewritten as

$$g_e = g + l_1 - \frac{w_1 l_1}{w_2}.$$  \hspace{1cm} (4)

The modified formula to calculate BSF of the T-shaped monopole is

$$\text{BSF} = \frac{72 \left(2l_1 + l_2 - (w_1 l_1/w_2) + g + \left((w_1 l_1 + w_2 l_2)/l_1 + l_2 \sqrt{2\varepsilon_e + 2}\right)^{-1}\right)}{(l_1 + l_2) \sqrt{2\varepsilon_e + 2}} \text{GHz}.$$  \hspace{1cm} (5)

After performing some numerical simulations it is found that the values of the BSF calculated by (5) are smaller than
the simulated ones. So a calibration factor $F_c$ with its value of 1.145 is introduced. Then (5) can be modified as

$$\text{BSF} = 72F_c \left( 2l_1 + l_2 - (w_1 l_1 / w_2) + g 
+ \left( (w_1 l_1 + w_2 l_2) / \pi (l_1 + l_2) \sqrt{2\varepsilon + 2} \right)^{-1} \right) \text{GHz}. $$

(6)

Figure 2 shows the calculated and simulated BSF of the T-shaped monopole with different $l_1$, $l_2$, $w_1$, $w_2$, respectively, while the other parameters of the broadband antenna stay unchanged. From Figures 2(a) and 2(b) it can be observed that, for $l_1$, $l_2$, the values of BSF calculated by (1) and (6) almost have the same accuracy. For $w_1$, $w_2$, however, the values of BSF calculated by (6) are obviously much more accurate than those calculated by (1) compared to the simulated ones as shown in Figures 2(c) and 2(d), validating the accuracy of (6). The relative error of the proposed BSF formula comparing with the simulation is calculated; the maximum and mean values are 11.07% and 4.06%, respectively.

2.2. Broadband Antenna Design. In this section, the parameters of the broadband antenna are analyzed and discussed in detail. Figure 3 shows the frequency behavior of the scattering parameter $S_{11}$ for the different dimensions of the T-shaped structure. From Figures 3(a) and 3(b), it can be observed that the two cuts at the lower edge of the radiant patch have a significant effect on the impedance matching at higher frequency. Correspondently, the impedance match at higher frequency is improved. It is also seen in Figures 3(a) and 3(b)
that the BSF of the broadband antenna decreases when $w_1$ decreases or $l_1$ increases. The reason is that the effective gap between the ground plane and the radiant patch increases while the width or length of the cuts increases. Because of the same reason, the BSF decreases when $w_2$ increases as shown in Figure 3(c) and when $l_2$ increases as shown in Figure 3(d), and we can see that with the increase of $l_2$, the BSF of the monopole antenna decreases and the impedance matching at higher frequency degrades. Because longer $l_2$ provides a longer current path at lower frequency, thus a lower BSF.

2.3. Multiband Antenna Design. Based on the broadband antenna design, three inverted U-shaped slots are etched on the T-shaped radiant patch to reject the undesired frequency bands, thus achieving the multiband operation. The resonant frequency of each inverted U-shaped slot can be approximately calculated by (7) reported in [21]:

$$f_{ni} = \frac{150}{l_{ni} \sqrt{\varepsilon_r}} \text{GHz},$$

where $f_{ni}$ denotes the resonant frequency of the $i$th band-notch structure and $l_{ni}$ denotes the length, expressed in millimeters, of the $i$th band-notch structure with $i = 1, 2, 3$. Equation (7) predicts a decrement of the resonant frequency $f_{ni}$ as the parameter $l_{ni}$ is increased.

Figure 4 shows the frequency behavior of the scattering parameter $S_{11}$ for different values of the geometrical parameters $l_{n1}$, $l_{n2}$, and $l_{n3}$. It can be seen that with the increase of the length of the band-notch structures, the resonant frequency decreases and the bandwidth also changes, verifying the behavior predicted by (7). It is also found that the
width \( w_n \) and the position \( d_{ni} \) of the inverted U-slots also have effects on the frequency performance of the band-notch structures, with \( i = 1, 2, 3 \).

Figure 5 shows the frequency behavior of the scattering parameter \( S_{11} \) of the broadband antenna with only one inverted U-shaped slot and with all the three slots (the proposed multiband antenna). It can be seen that each band-notch structure can work independently and has little effect on the frequency performance of the other band-notch structures.

The maps of the surface current distributions, excited on the monopole antenna at each one of the operative frequency bands, are shown in Figure 6.

### 3. Results and Discussion

The proposed antenna has been fabricated and then measured using Agilent Vector Network Analyzer E5071C. Figure 7 shows the simulated and measured \( S_{11} \) of the proposed multiband antenna. It can be seen that reasonable agreement has been achieved between the simulated and measured results. Because of the fabrication tolerances and of the perturbation effect caused by the SMA connector, there are some discrepancies between the two results. The fluctuation of relative permittivity and loss tangent of the FR4 substrate at high frequency also contributes to the disagreement.

The radiated electric field has a linear polarization for the proposed antenna. Figure 8 shows the computed radiation patterns of the proposed antenna at the working frequency of 2.4, 3.5, 5.5, and 7.5 GHz. It can be seen that the proposed antenna, similar to the typical monopole antennas, has nearly omnidirectional radiation pattern on \( H \)-plane except at 7.5 GHz. The degradation at 7.5 GHz can be explained as the following: with the increasing frequency the electrical length of the antenna is more than the half wavelength; then the surface current distributed on the radiant patch will be destructive, thus degradation of the radiation pattern at this frequency is observed.
Figure 6: Maps of the surface current distributions at the frequency of (a) 2.4 GHz, (b) 3.5 GHz, (c) 5.5 GHz, and (d) 7.5 GHz.

Figure 7: Frequency behavior of the simulated and measured $S_{11}$ parameter of the proposed multiband antenna.

Figure 9 shows the simulated peak gain of the multiband antenna at the proposed frequency band. From the figure it appears that the peak gain increases as the frequency increases. The deviation between the maximum and minimum peak gain in each operation band is less than 1.5 dBi.

4. Conclusion

A multiband antenna based on a broadband antenna and the band-notch structures has been presented. A compact T-shaped monopole antenna with three inverted U-shaped slots has been adopted to achieve a multiband frequency behavior. After simulation and optimization in Ansoft HFSS, the proposed antenna is fabricated and measured. The measured results have shown that the frequency range of the proposed antenna can cover the operation bands of Bluetooth (2.4–2.484 GHz), WiMax (3.3–3.69 GHz), WLAN (5.15–5.875 GHz), and downlink of X-band satellite communication system (7.25–7.75 GHz). An improved formula useful to calculate the BSF of a general the T-shaped monopole
Figure 8: Simulated gain patterns in the E-plane (phi = 90 degree) and H-plane for the proposed antenna at the frequency of (a) 2.4 GHz, (b) 3.5 GHz, (c) 5.5 GHz, and (d) 7.5 GHz.
antenna has been proposed and discussed. Comparison between the simulated and calculated BSF with different parameters of the T-shaped monopole has shown the good accuracy of the modified formula presented in this work.

Conflict of Interests

The authors declare that they have no conflict of interests with software Ansoft HFSS, in this paper.

References


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Received 28 November 2012; Revised 23 May 2013; Accepted 27 May 2013

Academic Editor: Antonio Faraone

A printed reconfigurable ultra-wideband (UWB) monopole antenna with triple narrow band-notched characteristics is proposed for cognitive radio applications in this paper. The triple narrow band-notched frequencies are obtained using a defected microstrip structure (DMS) band stop filter (BSF) embedded in the microstrip feed line and an inverted \( \pi \)-shaped slot etched in the rectangular radiation patch, respectively. Reconfigurable characteristics of the proposed cognitive radio antenna (CRA) are achieved by means of four ideal switches integrated on the DMS-BSF and the inverted \( \pi \)-shaped slot. The proposed UWB CRA can work at eight modes by controlling switches ON and OFF. Moreover, impedance bandwidth, design procedures, and radiation patterns are presented for analysis and explanation of this antenna. The designed antenna operates over the frequency band between 3.1 GHz and 14 GHz (bandwidth of 127.5%), with three notched bands from 4.2 GHz to 6.2 GHz (38.5%), 6.6 GHz to 7.0 GHz (6%), and 12.2 GHz to 14 GHz (13.7%). The antenna is successfully simulated, fabricated, and measured. The results show that it has wide impedance bandwidth, multimodes characteristics, stable gain, and omnidirectional radiation patterns.

1. Introduction

Recently, the increasing demands for antennas with multi-band and multimode operation in modern wireless communication applications have attracted much attention in academia and industry. In particular, UWB systems covering wide bandwidth ranging from 3.1 GHz to 10.6 GHz have been released by Federal Communications Commission (FCC) in 2002 for indoor wireless communications [1]. Since then, the UWB systems have drawn the attention of researchers worldwide because of their low cost, high data rate, and good resistance for multipath and jamming.

A UWB antenna is one of the most important components in the system, and a lot of UWB antennas have been proposed and investigated [2–4], such as microstrip line feed antennas and coplanar waveguide feed antennas. However, the UWB communication systems cover such a wide bandwidth that overlaps with existing narrow band communications applications, such as wireless local area network (WLAN), C-band, X-band, and worldwide interoperability for microwave access (WiMAX). For the sake of reducing the potential interference between UWB systems and narrow band systems, narrow BSFs are added to the end of antennas or equipment to reject the unexpected signals [5], which will certainly increase the cost of the UWB systems. A number of UWB antennas with one or two notched bands have been achieved by using various technologies [5–15], such as slots, stubs, and resonators. Widely used methods are etching various slots on radiation patches and the ground plane, such as C-shaped slots [6, 15] and \( \pi \)-shaped slots [7]. One effective method is to insert stubs into designed antennas [8]. The inserted stub will generate a notched band without deteriorating radiation patterns. Another effective method is to integrate filters into a UWB antenna which can resist narrow band interference [9]. However, the antennas reported above just work in UWB mode or UWB mode with notched bands, which cannot meet explosive demand on radio spectrum resulted from
the low cost systems, various communication protocols, and high data rate wireless communication systems [16, 17]. The current spectrum is scarce. In particular, there are many systems working below 10 GHz, such as WLAN, C-band, radio frequency identification (RFID), and X-band. Antennas are required to change operating modes to meet multimode wireless communication and cognitive radio applications. A more intelligent method is based on dynamic control, where UWB systems will need an algorithm that can detect the presence of interference from narrow band systems and then avoid it upon detection of its presence. One way to perform dynamic control is based on cognitive radio or software defined radio. In order to meet this requirement, several UWB CRAs with complex single- and dual-port structure have been studied and investigated [16–20]. For single UWB CRAs, the previous design cannot be designed flexibly. Most of the proposed single port CRAs are designed with split-ring resonators (SRR) in the radiation patch [19], which will leak electromagnetic wave that deteriorates the radiation patterns.

In this paper, a flexible triple band-notched UWB antenna with reconfigurable characteristics for cognitive radio applications has been studied numerically and experimentally. The triple notched bands are realized using a DMS-BSF embedded in the microstrip feed line and the inverted $\pi$-shaped slot etched on the rectangular radiation patch. The reconfigurable characteristics of cognitive radio applications can be controlled by turning switches at ON state or OFF state. The notched bands can be designed by adjusting the dimensions of DMS-BSF and the inverted $\pi$-shaped slot. The proposed CRA can work on eighth modes which is suitable for multimode, multiband, and UWB cognitive radio communications.

2. Antenna Design

In this section, the proposed UWB band-notched antenna integrated with DMS-BSF and the inverted $\pi$-shaped slot for cognitive radio applications is illustrated in detail. Design procedures are divided into four parts. Firstly, we will introduce the DMS-BSF which will be integrated into the UWB CRA. Secondly, the band-notched UWB antenna integrated with the switchable DMS-BSF will be investigated. Thirdly, the band-notched UWB antenna with the inverted $\pi$-shaped slot on the radiation patch will be studied. Finally, we will study the UWB CRA integrated with DMS-BSF and the inverted $\pi$-shaped slot. In this study, the ideal switches for reconfigurability are metal bridges. The presence of the metal bridge represents that the switch status is ON; in contrast, the absence of the metal bridge represents that the switch status is OFF [10, 18, 21, 22]. The simulated results are obtained by using Computer Simulation Technology (CST) Microwave Studio based on finite integration technique (FIT).

2.1. Characteristics of the Proposed DMS-BSF.

Currently, there has been a growing interest for research on planar filters using defected ground structures (DGS), photonic band gap (PBG), and electromagnetic band gap (EBG) [23]. Both DGS and PBG have been used for designing and improving the performances of various components, such as filters, antennas, and power amplifiers. However, DGSs etched on ground planes have problems such as radiation from ground plane
Figure 2: Continued.
which will produce interference to other microwave elements [24]. PBGs and EBGs have many parameters which make them difficult to design. In addition, PBG/EBG parameters also affect the band gap characteristic [23]. On the other hand, the defected microstrip structure (DMS) is of great advantages in design due to its reduced size and the feature of electromagnetic interference (EMI) noise immunity [24–29]. Furthermore, DMS has higher effective inductance compared to DGS [26], PBG, and EBG. Therefore, DMS has been used for designing filters, reducing antenna size, and suppressing the crosstalk of parallel microstrip lines [23, 24, 29]. In this paper, a meander line DMS is employed to design a multimode band-notched UWB antenna. The configuration of DMS-BSF is designed and illustrated in Figure 1, and its performance is investigated using CST.

From Figure 1, we can see that the DMS-BSF consists of a 50 Ω microstrip line with width $W$ and a meander slot with parameters $L_1$, $g$, $g_1$, and $g_2$. Detailed meander slot parameters are shown in Figure 1(b). In order to design a switchable DMS-BSF, three ideal switches are incorporated into the meander slot. The three switches are described as SW1, SW2, and SW3 and shown in Figure 1(c). In general, horizontal slots of the meander slot provide inductance effects, while vertical slots exhibit capacitive characteristics [25]. Thus, the resonant frequency can be adjusted by controlling dimensions of the meander slot. To investigate the characteristics of DMS-BSF, various parameters are analyzed using CST. DMS-BSF is printed on a substrate with a dielectric constant of 2.65, a loss tangent of 0.002, and a thickness of $h = 1.6$ mm, and the dimensions are $L_1 = 6.6$ mm, gap = $g = 0.5$ mm, and $g_1 = 0.4$ mm. In the simulation, one parameter is varied, while others remain fixed. The reflection coefficient ($S_{11}$) and transmission coefficient ($S_{21}$) of DMS-BSF are illustrated in Figure 2. Figures 2(a) and 2(b) show effects of varying $L_1$, and we can see that the DMS-BSF exhibits dual-band band stop characteristics in frequency response. As $L_1$ increases, the first resonance shifts down slowly to the lower frequencies, while the second resonance moves fast toward lower frequencies. This is because the DMS increases the electric length of the microstrip line and hence changes its current distribution and the effective capacitance and inductance. The increased horizontal length of the meander slot affects the structure inductively [25]. The first resonant frequency has a wide tuning stop band which ranges from 3.5 GHz to 6 GHz, while the second one can adjust from 7.4 GHz to 12.9 GHz. Figures 2(c) and 2(d) demonstrate $S_{11}$ and $S_{21}$ in terms of varying $g$. By changing $g$ from 0.4 mm to 0.6 mm, the center frequency of the first resonance moves to lower band, while the second resonant frequency keeps constant. The characteristics of $S_{11}$ and $S_{21}$ when varying $g_1$ are shown in Figures 2(e) and 2(f). With the increase of $g_1$, the center frequency of the first resonance moves to higher band. On the contrary, the center frequency of the second resonance slightly shifts toward lower frequencies. In addition, the pass band characteristics are also deteriorated with the increase of $g_1$. The switching characteristics are shown in Figures 2(g) and 2(h). In this simulation, the ideal switches are replaced with three metal strips with length 0.5 mm and width 0.4 mm. It is obvious that DMS-BSF has two stop bands with all switches OFF. The center frequency of the two stop bands can be controlled by adjusting the dimensions of the meander slot. When SW1 is ON and SW2 and SW3 are OFF, the DMS-BSF has only one stop band which is near 8 GHz. For SW1 OFF and SW2 and SW3 ON, the DMS-BSF also has one stop band. However, the stop band characteristics are different for these two situations. The DMS-BSF with SW1 ON and both SW2 and SW3 OFF has wider stop band than the DMS-BSF with SW1 OFF and both SW2 and SW3 ON. When all the
switches are ON, the proposed structure is an all-pass filter which passes all frequency. As can be seen from Figure 2, the meander slot DMS-BSF has dual resonant frequency, while conventional structure has only one resonance [24]. The switchable meander slot DMS-BSF also has tunable functions which can work in all-pass mode, a stop band mode, and dual stop band mode.

2.2. Design of Cognitive Radio Antenna A (CRA_A). A CRA should have reconfigurable characteristics for meeting the cognitive radio requirement. In cognitive radio (CR) communication systems, unlicensed users (secondary users) can access spectrum bands licensed to primary users at spectrum underlay mode or spectrum overlay mode. In the underlay mode, the secondary users are limited under a very low transmission power which is less than $-41.3 \text{ dBM/MHz}$ for UWB users [1, 19]. This approach can be realized by using impulse radio (IR) based UWB (IR-UWB) technology. For the overlay mode, the secondary users detect the existing narrow band (NB) signals, such as those from WLAN and RFID, and provide immunity to the NB systems. This can be implemented by turning off the corresponding subcarriers in orthogonal frequency division multiplexing (OFDM) UWB (OFDM-UWB), depending on whether any primary users exist or not in a particular band. In other words, the transmission spectrum of UWB radios can be sculpted according to the presence of the primary users in the respective frequency bands in the environment [30]. Therefore, in CR-UWB systems, CRA should cover the entire UWB band from 3.1 GHz to 10.6 GHz with no notch bands for underlay applications and for detecting the licensed primary users and providing immunity to these users using band-notched technologies [19].

![Figure 3: Cognitive radio antenna A.](image)

![Figure 4: Return loss of CRA_A with all switches OFF with/without DMS-BSF.](image)

![Figure 5: Tunable band-notched characteristics of CRA_A with all switches OFF.](image)

Based on the investigation of meander slot DMS-BSF and the requirements for CRAs, a CRA integrated with the meander slot DMS-BSF has been proposed and shown in Figure 3. The configuration of CRA_A is printed on a substrate with a dielectric constant of 2.65, a loss tangent of 0.002, and a thickness of $h = 1.6$ mm. CRA_A consists of a rectangular radiation patch, two square tapers at the bottom of the patch with dimensions $L_4$ and $W_1$, a DMS-BSF etched in microstrip feed line, a partial ground plane, and a 50Ω microstrip line. The radiation patch and the microstrip feed line are printed on top of the substrate, while the ground plane is printed on the bottom of the substrate. The dimensions of the antenna are optimized and listed as follows: $L = 15$ mm, $W = 16$ mm, $W_1 = 2$ mm, $W_2 = 30$ mm, $W_3 = 4.7$ mm, $L_2 = 16.2$ mm, $L_3 = 3.7$ mm, $L_4 = 2.2$ mm, and $g_2 = 0.8$ mm.
The dimensions of DMS-BSF of CRA_A are \( L_1 = 6.6 \) mm, \( g = g = 0.5 \) mm, and \( g_1 = 0.4 \) mm.

In order to investigate the performance of CRA_A, it is evaluated and analyzed using CST. The return losses of CRA_A with and without DMS-BSF are simulated and illustrated in Figure 4. It can be seen that CRA_A without DMS-BSF is a UWB antenna having bandwidth ranging from 3.1 GHz to 14 GHz. CRA_A with DMS-BSF has two stop bands near 5.5 GHz and 11.5 GHz, respectively. The two notched bands are generated by DMS-BSF which changes the distributive inductance and capacitance of the microstrip feed line. This also alters the current path on the microstrip feed line. For comparison, the tuning band-notched characteristics of CRA_A with all switches OFF are analyzed and shown in Figure 5. We can see that both of the notched bands move to lower frequencies by increasing \( L_1 \). The lower notched band near 5 GHz shifts slowly, while the higher notched band near 10.5 GHz shifts faster. In addition, the CRA_A works as a tunable band-notched antenna by altering the parameters of DMS-BSF. It is also a UWB antenna with two stop bands which can reduce or avoid EMI between broadband wireless systems and narrow band
communication systems. This antenna can also be used for tri-band wireless communication applications.

To meet the requirement of CR communication applications, the switchable characteristics of CRA_A have been studied, and the simulated results are illustrated in Figure 6. We can see that CRA_A has two notched bands near 5.5 GHz and 11.5 GHz with all switches OFF. In order to balance the feed line, SW2 and SW3 turn on or off simultaneously. When SW1 is ON and SW2 and SW3 are OFF, CRA_A has a notch near 8.8 GHz and the bandwidth covers 6.2 GHz to 9.5 GHz. When SW1 is OFF and SW2 and SW3 are ON, CRA_A also has a notch near 8.8 GHz, but the bandwidth is narrower with only about 0.5 GHz. The notched bands help to prevent the potential interference to a primary user or the services operated in these bands. When all the switches are ON, CRA_A is a UWB antenna for underlay CR operation and for channel sensing in overlay CR scenario.

2.3. Design of Cognitive Radio Antenna B (CRA_B). To make the proposed CRA more useful for practical applications, CRA_B is designed by etching an inverted π-shaped slot in the radiation patch. The structure of CRA_B is illustrated in Figure 7. CRA_B is printed on a substrate with a dielectric constant of 2.65, a loss tangent of 0.002, and a thickness of \( h = 1.6 \) mm. CRA_B consists of a rectangular radiation patch, two square tapers at the bottom of the patch with dimensions \( L_4 \) and \( W_1 \), an inverted π-shaped slot embedded in the rectangular radiation patch, a partial ground plane, and a 50 Ω microstrip line. The radiation patch and the microstrip feed line are printed on top of the substrate, while the ground plane is printed on the bottom of the substrate. The dimensions of CRA_B are optimized and listed as follows:

- \( L = 15 \) mm, \( W = 16 \) mm, \( W_1 = 2 \) mm, \( W_2 = 30 \) mm, \( W_3 = 4.7 \) mm, \( W_4 = 9 \) mm, \( W_5 = 3.2 \) mm, \( L_2 = 16.2 \) mm, \( L_4 = 2.2 \) mm, \( L_5 = 4.1 \) mm, \( L_6 = 6.2 \) mm, and \( g_2 = 0.8 \) mm. The width of the inverted π-shaped slot is \( s = 0.4 \) mm. In the simulation of CRA_B, the switch 4 (SW4) is a metal strip with length of 0.6 mm and width 0.4 mm. This piece of metal strip is approximated as an ideal switch which has been used in the design of most of reconfigurable antennas.

The effects of \( L_6 \) of the inverted π-shaped slot with switch 4 OFF are shown in Figure 8. It can be seen that the CRA_B has a notched band near 6.8 GHz which is used for RFID devices. The center frequency of the notched band is tunable by adjusting the dimensions of the inverted π-shaped slot. The notched band moves to lower frequencies with the increase of \( L_6 \). In order to reduce the potential interference from RFID systems, the length is set as 6.2 mm. Other parameters that have little effect on the notched band are not analyzed. In order to make the CRA_B reconfigurable,
2.4. Design of Cognitive Radio Antenna C (CRA_C). Based on the studies of CRA_A and CRA_B, CRA_C is integrated with DMS-BSF in CRA_A and the inverted \( \pi \)-shaped slot used in CRA_B has been proposed numerically and experimentally. Design procedures of CRA_C are shown in Figure 10. Firstly, a UWB antenna is designed. Secondly, a DMS-BSF is embedded in the microstrip feed line of the proposed UWB antenna to generate two notched bands for reducing or avoiding potential EMI from WLAN, WiMAX, and X-band, which is CRA_A. Thirdly, an inverted \( \pi \)-shaped slot is etched in the radiation patch of the UWB antenna to produce another notched bands for preventing the potential EMI from RFID systems, which is CRA_B. Finally, DMS-BSF and the inverted \( \pi \)-shaped slot are incorporated into the UWB antenna to form CRA_C which is shown in Figure 11. CRA_C is the combination of CRA_A and CRA_B.

The dimensions of CRA_C are optimized and listed as follows: \( L = 15 \) mm, \( W = 16 \) mm, \( W_1 = 2 \) mm, \( W_2 = 30 \) mm, \( W_3 = 4.7 \) mm, \( W_4 = 9 \) mm, \( W_5 = 3.2 \) mm, \( L_2 = 16.2 \) mm, \( L_3 = 3.7 \) mm, \( L_4 = 2.2 \) mm, \( L_5 = 4.1 \) mm, \( L_6 = 6.2 \) mm, \( g_2 = 0.8 \) mm, and \( s = 0.4 \) mm. The dimensions of DMS-BSF of CRA_A are \( L_1 = 6 \) mm, gap = \( g = 0.5 \) mm, and \( g_1 = 0.4 \) mm. For comparison, return losses of the UWB antenna, CRA_A, CRA_B, and CRA_C are plotted and shown in Figure 12, where all the switches are OFF. It can be seen that the UWB antenna can work in a wide bandwidth ranging from 3.1 GHz to 14 GHz. The proposed CRA_C has three notched bands which are the combined results of CRA_A and CRA_B. The center frequencies of the three notched bands agree well with CRA_A and CRA_B. In addition, the notched band at 6.8 GHz and the other notched bands can be adjusted by changing the dimensions of the inverted \( \pi \)-shaped slot and DMS-BSF, respectively.

As a CRA, CRA_C should be reconfigurable so that it can work in cognitive radio environment. Therefore, CRA_C is investigated for eight possible operation modes which are listed in Table 1. Return losses of these eight cases are
demonstrated in Figure 13. For case 1, CRA_C is a UWB antenna with triple notched bands which can prevent the interference from licensed primary users. In case 1, CRA_C can be used as a CRA in overlay mode. CRA_C in case 1 can also be used as a multiband antenna which works at 3.1 GHz–4.2 GHz, 6.2 GHz–6.6 GHz, 7.0 GHz–10 GHz, and 12.2 GHz–14 GHz. When CRA_C works in case 2, case 5, and case 6 modes, it can provide two notched bands. For case 2, the two notched bands are 5.5 GHz for reducing the interference from WLAN, WiMAX, and C-band and 11.5 GHz for preventing the interference from X-band. As for case 5 and case 6, the two notched bands work at 6.8 GHz and 8.7 GHz. In these cases, CRA_C can avoid the interference from RFID and X-band, respectively. Furthermore, case 6 has a narrower notched band than case 5. This has the similar characteristics as DMS-BSF discussed in 2.1. When CRA_C works in case 3, case 4, and case 7, it has a notched band which works at 8.7 GHz, 8.7 GHz, and 6.8 GHz, respectively. However, the bandwidth of the notched band is different. Case 3 has a wider notched band bandwidth than those of case 4 and case 7. The band-notched characteristics of case 3 and case 4 are determined by DMS-BSF, and those of case 7 is mainly determined by the inverted \( \pi \)-shaped slot. In these cases, CRA_C can work in overlay mode. For case 8, CRA_C is a UWB antenna, which can be used in underlay mode.

3. Results and Discussions

To verify the above design and compare with measurement, CRA_C in case 1 and case 8 are fabricated and measured. For comparison, the four ideal switches, switch 1 (SW1), switch 2 (SW2), switch 3 (SW3), and switch 4 (SW4) are also metal bridges which are replaced by a metal strip in fabrication. In simulation and fabrication, the metal bridges with dimensions of 0.5 mm × 0.4 mm are used to approximate SW1, SW2, and SW3. SW4 is replaced with a metal strip with a length 0.6 mm and width 0.4 mm. For reducing the cost of fabrication and measurement, CRA_C with all switches ON and OFF is fabricated and tested to verify the accuracy of CST simulations. CRA_C with all switches ON and OFF is optimized, and the optimal parameters are as follows: 

\[ L = 15 \text{ mm}, \quad W = 16 \text{ mm}, \quad W_1 = 2 \text{ mm}, \quad W_2 = 30 \text{ mm}, \quad W_3 = 4.7 \text{ mm}, \quad W_4 = 9 \text{ mm}, \quad W_5 = 3.2 \text{ mm}, \quad L_2 = 16.2 \text{ mm}, \quad L_3 = 3.7 \text{ mm}, \quad L_4 = 2.2 \text{ mm}, \quad L_5 = 4.1 \text{ mm}, \quad L_6 = 6.2 \text{ mm}, \quad g_2 = 0.8 \text{ mm}. \]

The dimensions of DMS-BSF are again \( L_1 = 6 \text{ mm}, \quad g = 0.5 \text{ mm}, \quad g_1 = 0.4 \text{ mm}. \) The optimized antennas, as shown in Figure 14, are also fabricated and measured using Anritsu 37347D vector network analyzer. Measured and simulated results of return losses are compared in Figure 15.

It can be seen from Figure 15 that CRA_C with all switches ON is a UWB antenna which has a wide bandwidth ranging from 3.1 GHz to 14 GHz. In this case, CRA_C can be used in underlay mode. As for CRA_C with all switches OFF, it is a UWB antenna with triple notched bands which can prevent the interference from C-band, WLAN, WiMAX, RFID, and X-band. In case 1, CRA_C can be used for overlay mode. In addition, CRA_C in case 1 is also a four band antenna which can operate in multiband wireless communication systems. The measured results agree well with the simulated ones, which help to verify the accuracy of the simulation. The discrepancy between simulated and measured curves may be due to the errors of manufactured antennas. Thereby, we can control the switches ON and OFF to allow the proposed antenna to work in underlay and overlay modes for cognitive radio communications. The proposed antennas can also be used for multiband communication systems and multimode wireless communication systems by controlling the switches ON and OFF. Measured radiation patterns at 3.5 GHz, 6.4 GHz, and 9.0 GHz of case 1 and case 8 are shown in Figure 16.
It is worth noting that the radiation patterns of CRA_C are omnidirectional in the H-plane (xz-plane) and dipole like in the E-plane (yz-plane) when all the switches are turned on or off, respectively. The E-plane radiation patterns of CRA_C with all switches OFF have a little distortion, which is caused by the power leaking of the inverted π-shaped slot. It is found that the measured results of CRA_C using the DMS-BSF, the inverted π-shaped slot, and the ideal switches well satisfy the requirement of UWB cognitive radio communication applications. The peak gains of CRA_C with all switches ON or OFF are obtained by comparing with a double ridged horn antenna in the operation bands. In measuring of the gains of the fabricated antennas, only the key points in the operation bands are measured. As for CRA_C with all switches OFF, addition points are also measured in the notched bands. The measured and simulated peak gains of the fabricated antennas are illustrated in Figure 17. It is found that the stable gains of the fabricated antennas have been obtained with fluctuation less than 2.2 dBi throughout the operation band except the three notched frequencies. As expected, CRA_C with all switches OFF has three sharp gains, which decrease in the vicinity of 5.5 GHz, 6.8 GHz, and 11.5 GHz, namely, the gains drop deeply to $-2$ dBi, $-0.9$ dBi, and $-0.7$ dBi, respectively. However, CRA_C with all switches ON has stable gains over the UWB band. The measured gains are little lower than the simulated ones, which may be caused by the space loss of the environment for measuring the proposed low power antenna.

4. Conclusion

In this paper, a cognitive radio antenna integrated with DMS-BSF and the inverted π-shaped slot has been investigated...
numerically and experimentally. DMS-BSF is analyzed and discussed before CRAs design. The design procedures of proposed CRA_C are illustrated in detail through analyzing CRA_A and CRA_B separately and then combining them together. The reconfigurable functions are obtained using four ideal switches on DMS-BSF and the inverted π-shaped slot. The switchable functions and band-notched characteristics are numerically investigated. By switching ON and OFF status of the four switches, CRA_C can work in eight cases for underlay mode and overlay mode CR applications. CRA_C with all switches ON and OFF is fabricated and measured. However, the ideal switches cannot be adjusted online. In the future, we will investigate the real switches, such as PIN diodes or switch circuit networks. The impedance bandwidth, radiation patterns, and peak gains of the fabricated CRA_Cs are given and discussed. The proposed CRAs can also be used as multiband or multimode antennas. As a result, they can well meet the UWB cognitive radio communication requirement and effectively change the modes to prevent potential interference between secondary users and primary users.

**Acknowledgments**

This work was supported by a grant from the National Defense “973” Basic Research Development Program of
Figure 17: Gains of fabricated CRA_C in case 1 and case 8.

China (no. 613138001). This paper is also supported by the National Nature Science Fund of China (no. 6090204), Nature Science Fund of Heilongjiang (QC2009C66), and the Fundamental Research Funds for the Central Universities (HEUCF1208). The authors are also thankful to Hebei VSTE Science and Technology Co. Ltd. for providing the measurement facility.

References


Research Article

A Modified Vivaldi Antenna for Improved Angular-Dependent Fidelity Property

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Received 23 December 2012; Revised 10 April 2013; Accepted 4 May 2013

Academic Editor: Renato Cicchetti

The analysis, design, and realization of a modified Vivaldi antenna optimized for time domain fidelity factor in the half-space located in the direction of the antenna main beam are presented. The proposed antenna shows improved angular-dependent fidelity property, with respect to the signal transmitted in the main beam direction. A substantial increase in the fidelity factor is achieved by utilizing spatial filter effect introduced by adding two dielectric slabs parallel to the antenna substrate. By choosing optimal dimensions and location of the slabs, the signal waveforms in the mentioned half-space are equalized so as to improve the quality of the radiated signal waveform in the main beam direction. As a result, the fidelity property in the half-space is improved greatly. The simulated and measured fidelity factor in the angular operational region is studied and compared with experimental measurements. The ranges with the fidelity factor better than the value of 0.9 are improved by 95% in H-plane and by 14% in E-plane, respectively.

1. Introduction

Since Federal Communication Commission (FCC) of USA opened up the frequency range 3.1–10.6 GHz for ultrawideband (UWB) communication in 2002, UWB has attracted a lot of attention in the wireless communications field from both academia and industries [1]. UWB system has many advantages, such as high data rate, high spatial resolution, low-cost transceiver, low transmit power, and low interference, which are quite suited to short-range high-rate communication, real-time localization, and see-through-the-wall and ground penetrating radar [2, 3]. There have been lots of investigations about these UWB applications; some of them have already been commercially used.

UWB antenna is one of the key parts in UWB system. A well-designed UWB antenna should have a wide bandwidth, a stable gain pattern that ensures a flat magnitude of the transfer function, and a linear phase response, characteristics useful to minimize the distortion of the transmitted/received pulses [4]. In [5], a nondirective UWB printed antenna for wireless applications, characterized by a low group delay, excellent integration capability with the active/passive components forming the receiver/transmitter front end, and good radiative performances when arranged in arrays, has been presented. In [6], an UWB antenna that rejects extremely sharply the two narrow and closely spaced US WLAN 802.11a bands is presented, while in [7], a compact, low dispersive UWB antenna with sectorial radiation pattern and high front to back ratio has been proposed.

Vivaldi antenna is a kind of tapered slot UWB antenna. The first tapered slot antenna was presented by Lewis et al. in 1974 [8] and named Vivaldi antenna by Gibson in 1979 [9]. Vivaldi antennas are widely used in UWB system for its wide bandwidth, high directivity, low cross-polarization, and easy fabrication. During the past decades, many investigators studied Vivaldi antennas. The miniaturization and the bandwidth performances are key requirements in the design of modern wideband antennas. In this context, Hood presented a compact Vivaldi antenna fabricated with a 39.4 × 34.6 mm substrate, which operates in the frequency band 3.3–10.6 GHz [10]. In [11], a slot loaded Vivaldi antenna with bandwidth over 25:1 is presented. In addition, the pulse
radiation characteristics are quite important for antennas used in the impulse UWB system. In [12], the authors studied the transient distortion, reflection coefficient, and cross-polarization level of Vivaldi antenna. Vivaldi antenna is quite fitting for UWB antenna array due to its wide bandwidth, high directivity, low cross-polarization, and low profile. In the past decades, especially after the computer is getting powerful enough to analyze antenna arrays, many investigations were carried out to improve the performance of Vivaldi antenna arrays. As of this time, no competing array technology can match the wide bandwidth and wide scanning
impedance performance of Vivaldi antenna arrays, which are widely used in modern electronic warfare system and radar system [13, 14].

It is quite important for an antenna array element to keep good performance in a wide spatial region while the main beam is scanning. In practice, all the antennas radiate different signals in different spatial directions. So it is quite important to study the correlation between the signal radiated and spatial directions, both in frequency and in time domains. In [15], the angular distortion of the signal radiated with respect to that emitted in the main beam direction of UWB antennas has been investigated. The correlation properties of the pulse signals are determined by the so-called fidelity factor. It can be quantified through the analysis of the correlation between the signal in an arbitrary angular direction and the signal in the main beam direction. Usually, a fidelity factor which is greater than the value of 0.9 could be considered to be acceptable. In [16], Quintero et al. introduced system fidelity factor (SFF) to compare UWB antennas. In [3], the half-spherical fidelity factor pattern measurement results of Bowtie and Vivaldi antenna are presented. The fidelity factor pattern describes how does the signal vary in the different angular directions with respect to the signal in the main beam direction. In [17], Pancera and Wiesbeck introduced an optimization method based on the fidelity factor criterion to improve the radiation properties of Bowtie antennas for medical applications.

In this paper, a method to improve the fidelity factor of Vivaldi antenna in spatial range is presented. The original Vivaldi antenna operates in the frequency band 3.1–10.6 GHz. The modified antenna has two dielectric slabs that are parallel to the antenna substrate. These dielectric slabs are located at a distance $d$ from the upper and bottom faces of the antenna. The dielectric slabs act as a spatial filter to reform the signal waveform. Using the GA algorithm, the parameters of the dielectric slabs have been optimized producing an increment of the fidelity factor in a larger angular range. The simulations of both original antenna and improved antenna are performed using the commercial electromagnetic simulation software CST MWS. The available ranges with the fidelity factor greater than the value of 0.9 in H-plane and in E-plane are improved by 95% and 14%, respectively. The prototypes of both original antenna and improved antenna were fabricated and measured. The numerical results concerning the antenna parameters are found to be in good agreement with the experimental measurements.

2. Improvement of the Vivaldi Antenna Fidelity Factor

2.1. Original Vivaldi Antenna. Vivaldi antenna is one kind of classic end-fired directive travelling wave antennas, which has a tapered slot characterized by a bell-shaped exponential on it. The slot curve on the substrate board becomes wider gradually from the narrow end to the wide end, and it radiates the electromagnetic waves using the corresponding part of the slot as constant electric size at the relevant frequency. So theoretically, Vivaldi antenna has an infinite wide frequency band [5]. In practice, Vivaldi antenna has a band width better than 10:1 and has the features of low cross-polarization and highly directive radiation patterns over the whole frequency band. In this paper, a Vivaldi antenna operating in the frequency band 3.1–10.6 GHz is investigated. The antenna is fabricated on a two-layer substrate with dielectric constant of 3.5, size of 85 mm*70 mm, and each layer thickness of 0.8 mm. The geometry of the original Vivaldi antenna is shown in Figure 1, with the $xz$-plane and $yz$-plane referred to as the E-plane and H-plane, respectively. The reference frame adopted to express the field quantities is shown in Figure 2. The tapers of the antennas are defined as

$$x = \pm c_a \cdot \exp\left[ q_s \left( y - 10 \right) \right].$$

(1)

The values of the antenna geometrical parameters are shown in Table 1.

A commercial Finite Integration Technique (FIT) electromagnetic simulation software CST MWS is used to analyze the radiative performances of the Vivaldi antenna. The antenna is excited by a UWB signal in the frequency band 3.1–10.6 GHz, which is a Gaussian pulse in the frequency band 0–3.75 GHz modulated by a cosine wave carrier at the frequency
6.85 GHz. The waveform of excitation signal is shown in Figure 3. A set of probes have been placed at a distance of 1000 mm from the antenna on a plane around the antenna and spaced by 5 degrees to detect the time-domain signal radiated by the antenna. Since the Vivaldi antenna has quite good cross-polar property, only the copolar radiation signals are considered. The normalized signal waveforms at the main beam direction and other directions computed in the E- and H-planes are shown in Figures 4 and 5, respectively.

The fidelity factor between the signal at the main beam direction $S_1(t)$ and the signal in an arbitrary angular direction $S_2(t)$ is defined as the normalized cross-correlation between them and can be calculated by [3]

$$\text{fidelity} = \max_j \frac{\int_{-\infty}^{\infty} S_1(t - \tau) S_2(t) \ dt}{\sqrt{\int_{-\infty}^{\infty} \|S_1(t)\|^2 \ dt \int_{-\infty}^{\infty} \|S_1(t)\|^2 \ dt}}.$$  \hspace{2cm} (2)

The fidelity factor results computed in E- and H-planes are listed in Table 2. From Table 2, it appears that the fidelity factor in H-plane degrades quickly as the angle between the antenna’s main beam and the observation point is larger than 35 degrees.
Table 1: Geometrical parameters of the original Vivaldi antenna.

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Value</th>
<th>Unit</th>
</tr>
</thead>
<tbody>
<tr>
<td>$W$</td>
<td>70</td>
<td>mm</td>
</tr>
<tr>
<td>$L$</td>
<td>85</td>
<td>mm</td>
</tr>
<tr>
<td>$L_1$</td>
<td>10</td>
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<tr>
<td>$L_2$</td>
<td>12.25</td>
<td>mm</td>
</tr>
<tr>
<td>$W_f$</td>
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</tr>
<tr>
<td>$R_1$</td>
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<td>mm</td>
</tr>
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<td>$R_2$</td>
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<td>$C_a$</td>
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</tr>
<tr>
<td>$C_b$</td>
<td>0.0559</td>
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</tbody>
</table>

Table 2: Computed fidelity factor of the original antenna in H-plane and E-plane.

<table>
<thead>
<tr>
<th>H-plane ($\varphi = 90$)</th>
<th>E-plane ($\varphi = 0$)</th>
</tr>
</thead>
<tbody>
<tr>
<td>$\theta$ (degree)</td>
<td>Fidelity factor</td>
</tr>
<tr>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>5</td>
<td>0.99998</td>
</tr>
<tr>
<td>10</td>
<td>0.99157</td>
</tr>
<tr>
<td>15</td>
<td>0.99012</td>
</tr>
<tr>
<td>20</td>
<td>0.98533</td>
</tr>
<tr>
<td>25</td>
<td>0.97260</td>
</tr>
<tr>
<td>30</td>
<td>0.94303</td>
</tr>
<tr>
<td>35</td>
<td>0.88816</td>
</tr>
<tr>
<td>40</td>
<td>0.77987</td>
</tr>
<tr>
<td>45</td>
<td>0.62700</td>
</tr>
<tr>
<td>50</td>
<td>0.46411</td>
</tr>
<tr>
<td>55</td>
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<td>60</td>
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<td>65</td>
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</tr>
<tr>
<td>70</td>
<td>0.34619</td>
</tr>
<tr>
<td>75</td>
<td>0.33003</td>
</tr>
<tr>
<td>80</td>
<td>0.35294</td>
</tr>
<tr>
<td>85</td>
<td>0.35444</td>
</tr>
</tbody>
</table>

And this distortion will cause poor performance degradation while the beam is scanning out of this range.

To improve the signal fidelity factor in a larger angular region, two dielectric slabs with relative dielectric constant $\varepsilon_r$ and thickness $t$, which parallel the antenna substrate, are added to the original Vivaldi antenna. The distance between the slabs and antenna substrate is $d$. The structure of the proposed antenna is shown in Figure 6.

The dielectric slabs play a role as a spatial filter, which have the angular-dependant effect on the incident wave. So, by proper tuning of $\varepsilon_r$, $t$, and $d$, the quality of the radiated wave can be restored. This effect can be used to optimize the antenna fidelity factor in the angular operational region. Besides the parameters above, the length of the slabs $L_s$ and the position of the slabs along the $y$-axis $L_3$ also can be considered as optimization parameters because they decide the angular range covered by the slabs.

Figure 10: (a) Fidelity factor test results of the original antenna and (b) fidelity factor test results of the improved antenna.

3. Antenna Simulation and Measurement

The polyformaldehyde, having a relative dielectric constant $\varepsilon_r = 3.8$, is chosen for the realization of the two dielectric slabs thanks to its intrinsic characteristics, consisting in the easy machining and good temperature characteristics. The structure of the Vivaldi antenna is optimized with the goal of the better fidelity factor in H-plane and in E-plane using Genetic Algorithms optimizer in CST MWS. The criterion of the fidelity factor is set to 0.9. The optimal parameters of the dielectric slabs are listed in Table 3.

The fidelity factor of improved antenna computed in E-plane and H-plane is listed in Table 4 and compared with the results of the original antenna as shown in Figure 7.

The fidelity factor in H-plane has been improved significantly. The available range of the original antenna in H-plane is 70 degrees, and the improved antenna has an available range wider than 135 degrees, which has been improved by about 97%. Besides that, the available range in E-plane has been improved from 136 degrees to 156 degrees, which is not such remarkable as that in H-plane.
Improved antenna
Original antenna

(a)

Fidelity factor in H-plane

(b)

Fidelity factor in E-plane

Original antenna
Improved antenna

Figure 11: (a) Measurement results of fidelity factor in H-plane and (b) measurement results of fidelity factor in E-plane.

Table 3: The geometrical parameters of the dielectric slabs.

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Value</th>
<th>Unit</th>
</tr>
</thead>
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</tr>
<tr>
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<td>mm</td>
</tr>
<tr>
<td>$L_3$</td>
<td>43</td>
<td>mm</td>
</tr>
<tr>
<td>$d$</td>
<td>9.15</td>
<td>mm</td>
</tr>
<tr>
<td>$L_s$</td>
<td>70</td>
<td>mm</td>
</tr>
</tbody>
</table>

Table 4: Fidelity factor of the improved antenna computed in E-plane and H-plane.

<table>
<thead>
<tr>
<th>$\theta$ (degree)</th>
<th>Fidelity factor</th>
<th>$\theta$ (degree)</th>
<th>Fidelity factor</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>1</td>
<td>0</td>
<td>1</td>
</tr>
<tr>
<td>5</td>
<td>0.99995</td>
<td>5</td>
<td>0.99995</td>
</tr>
<tr>
<td>10</td>
<td>0.98976</td>
<td>10</td>
<td>0.99973</td>
</tr>
<tr>
<td>15</td>
<td>0.98881</td>
<td>15</td>
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</tr>
<tr>
<td>20</td>
<td>0.98655</td>
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<tr>
<td>25</td>
<td>0.98285</td>
<td>25</td>
<td>0.99421</td>
</tr>
<tr>
<td>30</td>
<td>0.97808</td>
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<td>35</td>
<td>0.97300</td>
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<td>0.96478</td>
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<td>85</td>
<td>0.27054</td>
<td>85</td>
<td>0.74927</td>
</tr>
</tbody>
</table>

The prototypes of the two considered antennas are shown in Figure 8, while the numerical and measurement results concerning the frequency behavior of the parameter $|S_{11}|$ of the new antenna are reported in Figure 9.

The measurement of fidelity factor was carried out in an enclosed anechoic chamber. The measured antenna is installed on a rotating platform. A wideband probe is used to receive the transient signal radiated by the antenna under test when changing the azimuth and the elevation angle of the antenna. The fidelity factors, calculated in the upper half-plane are plotted in Figure 10. The measurement results of the fidelity factor in E-plane and H-plane are shown in Figure 11.

The original Vivaldi antenna shows its good fidelity factor characteristics in a side-ways H-shape area with azimuth angle scanning less than 35 degrees in H-plane and elevation angle less than 65 degrees in E-plane, respectively. The improved Vivaldi antenna shows its good fidelity factor characteristics in a cross-shape area with azimuth angle scanning better than 65 degrees in H-plane and elevation angle better than 70 degrees in E-plane, respectively, which is extended in horizontal direction significantly.

4. Conclusion

In this paper, a new method to improve the fidelity factor of a planar Vivaldi UWB antenna has been proposed. Two dielectric slabs, which play the role of a spatial filter suitable to restore the signal waveform in time domain, are added to the original Vivaldi antenna. By tuning the dimensions and the relative position of the dielectric slabs, the fidelity factor in the half space is optimized. The angular available range in H-plane with the fidelity factor greater than the value of 0.9 has been improved by 95% and the available angular range in E-plane has been improved by 14%.

Acknowledgments

The authors would like to express their sincere gratitude to CST Ltd., Germany, for providing a free package of CST MWS.
software. This work was supported in part by the key program of the National Natural Science Foundation of China under Grant 61032003 and the National Basic Research Program of China under Grant 2009CB320402.

References


Dual-Band Integrated Antennas for DVB-T Receivers

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Received 6 December 2012; Accepted 30 March 2013

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An overview on compact Planar Inverted-F Antennas (PIFAs) that are suitable for monitor-equipped devices is presented. In particular, high efficiency PIFAs (without any dielectric layer) with a percentage bandwidth (%BW) greater than 59% (470–862 MHz DVB-T band) are considered. In this context, two PIFA configurations are reviewed, where a dual-band feature has been obtained, in the 3300–3800 MHz (14% percentage bandwidth) WiMAX and 2400–2484 MHz (2.7% percentage bandwidth) WLAN IEEE 802.11b,g frequency bands, respectively, to also guarantee web access to on-demand services. The two PIFAs fill an overall volume of $225 \times 31 \times 20$ mm$^3$ and $207 \times 12 \times 8$ mm$^3$, respectively. They are composed of a series of branches, properly dimensioned and separated to generate the required resonances. Finally, to show the extreme flexibility of the previous two configurations, a novel dual-band L-shape PIFA has been designed. A reflection coefficient less than $−6\,\text{dB}$ and $−10\,\text{dB}$ and an antenna gain of around $2\,\text{dBi}$ and $6.3\,\text{dBi}$ have been obtained in the 470–862 MHz DVB-T band and the 2400–2484 MHz WLAN band, respectively. The L-shape PIFA prototype can be obtained by properly cutting and folding a single metal sheet, thus resulting in a relatively low-cost and mechanically robust antenna configuration.

1. Introduction

Many countries already switched their terrestrial television broadcasting from analog to Digital Video Broadcasting-Terrestrial (DVB-T) [1]; besides, the demand for digital television reception is increasing also for mobile terminals, such as smart phones and notebooks, which include web access through Wireless Local Area Networks (WLANs) as well. Due to the severe space limitations of typical monitor-equipped devices, dual-band compact integrated antennas for DVB-T and WLAN applications are more attractive than a couple of distinct single-band antennas. Several wide-band antennas suitable for DVB-T applications (percentage bandwidth greater than 59%) have been recently presented [2–16]. Among them, PIFAs are those more suitable for integration into multifunctions devices with a high density of electronic circuits; indeed, their own ground plane acts as an electromagnetic shield and the 3D structure helps in enlarging impedance bandwidth. Also, multiple frequency bands can be achieved by adding more resonating paths [17]. A linear-shape PIFA working in the DVB-T and WIMAX frequency bands has been presented in [18]. Moreover, an alternative layout for a dual-band linear-shape PIFA has been more recently proposed in [19], for an antenna operating in the DVB-T and WLAN frequency bands. Since the PIFAs in [18,19] cannot be made shorter than 20 cm, while still getting an acceptable input impedance matching at the DVB-T frequency band, some other layout modifications are needed for integration into those devices with a length of the monitor sides not greater than 13–15 cm, or when part of the space along the monitor border is occupied by a webcam or a microphone. In such cases, a possible modification of the antenna layout with respect to that in [18, 19] is based on conforming the antenna to the shape of one of the device corners (a few preliminary simulation results were presented in [20]). In this paper, both numerical simulations and experimental results for an L-shape PIFA layout derived from that in [19] are presented, to show that the modified layout can be a valuable solution for monitor-equipped devices with an extent smaller than 15 cm × 15 cm. Simulation results have been derived by using CST Microwave Studio commercial tool.
2. Overview on Wideband and High Efficiency Compact Planar Inverted-F Antennas

In Figure 1, a typical TV chassis is shown, where possible spaces available to locate an antenna are also highlighted. A number of DTV wideband antennas have been recently presented [2–11], which are mainly low-cost, low-profile, and easy-fabrication printed monopoles and patch-alike antennas. Printed monopoles require a careful positioning inside devices with high circuitry density, as they are quite sensitive to the presence of nearby metal parts. On the other hand, patch-alike antennas and PIFAs are suitable for integration because their ground plane also acts as a shield.

In this section, a review of some high efficiency (without any dielectric layer) PIFAs will be presented. In particular, antennas with a percentage bandwidth greater than 59% (i.e., the DVB-T %BW) have been taken into account. These antennas are suitable to be integrated into devices, such as a monitor or a TV chassis, where relatively large volumes are often available along their borders.

In [12], a PIFA with a percentage bandwidth of 65% and operating in the 1.6–3 GHz band for mobile applications (GSM, PCS, DCS, UMTS, WLAN, WiMax, and Bluetooth) has been presented. A so large impedance bandwidth can be obtained by using a capacitive feeding [14].

Figure 2: A PIFA where bandwidth enlargement can be achieved by optimizing the widths of the feeding and shorting plates [12].

Figure 3: A PIFA consisting of a planar rectangular monopole top-loaded with a rectangular patch attached to two rectangular plates, one is shorted to the ground and the other is suspended [13].

Figure 4: A PIFA where a large impedance bandwidth has been obtained by using a capacitive feeding [14].

Figure 5: The inclusion of a T-shaped slot as well as a folded patch results in a wide impedance bandwidth in the PIFA presented in [15].

Figure 6: A PIFA characterized by a driven (fed) radiating element separated by a small gap from a parasitic branch [16].
achieved by optimizing the widths of the feeding and shorting plates (Figure 2).

In [13], a PIFA configuration has been presented (Figure 3) which is made of a planar rectangular monopole top-loaded with a rectangular patch attached to two rectangular plates, one shorted to the ground and the other suspended. The fabricated antenna prototype has a measured impedance bandwidth of 125% (reflection coefficient lower than $-10\,\text{dB}$ in the 3–13 GHz band). The radiator size is $20 \times 10 \times 7.5\,\text{mm}^3$, making the antenna electrically small over most of the band and suitable for integration in mobile devices.

In [14], a capacitive feed is used to improve impedance characteristics (Figure 4). By changing three parameters (the area of the feed plate, the separation from the radiating top plate, and probe placement on the feed plate), antenna resonances can be controlled. The proposed design exhibits an impedance bandwidth ranging from 1.18 GHz to 2.24 GHz (61.92%).

In [15], a modified PIFA (Figure 5) with a compact size of $34\,\text{mm} \times 8.0\,\text{mm} \times 8.0\,\text{mm}$ has been proposed. The uniqueness of this design is the inclusion of both a T-shaped slot and a folded patch. The compact PIFA has a very wide 77% 10-dB impedance bandwidth (a larger bandwidth up to 81.3% has been measured on the prototype).

A UWB PIFA for the 2.4–6.2 GHz band (88.4% relative bandwidth), which is characterized by a driven (fed) radiating element separated by a small gap from a parasitic branch (Figure 6), has been presented in [16].

Figure 7 shows the layout, the antenna prototype, and the main parameters of the PIFA proposed in [18] (named as Conf. A as shown in Figure 7). Conf. A antenna (Figure 7) is composed of a series of branches, properly dimensioned and separated to generate the required resonances. The antenna exhibits a multiband functionality between 470 MHz and 862 MHz (59% percentage bandwidth) and between 3300 MHz and 3800 MHz (14% percentage bandwidth) for DVB-T and WiMAX applications, respectively. The final layout resulted from an optimization process focused to reduce the overall antenna dimensions as much as possible. The prototypes were fabricated with
a 0.4 mm thick aluminum foil, properly cut and folded. This simplifies the antenna fabrication and avoids any soldering, except for that at the antenna connector.

The extent of the antenna proposed in [16] was also reduced in terms of wavelength in [19, 20], for the DVB-T and WLANs bands (named as Conf. B as shown in Figure 8).

The driven PIFA element acts as the primary element, governing the lowest resonant frequency, while the upper resonant frequency close to the DVB-T band is controlled by the parasitic element. Moreover, the separating gap helps in controlling a third resonance around 2.45 GHz in the IEEE 802.11b, g bands for WLANs. Thus, as an improvement of the solution in [16], the proposed PIFA exhibits a dual band functionality. Moreover, if compared with [16], a significant reduction of 63% and 87% was achieved for the electrical thickness \( H \) and width \( W \), respectively (the electrical size is referred to the wavelength at the DVB-T band center frequency, where \( \lambda = 448 \text{ mm} \)) at the cost of only 9% length \( L \) increase.

The 50 Ω impedance matching was met for the two configurations (Conf. A and Conf. B) by optimizing the feeding plate shapes (the triangular plates connecting the feeding cables to the radiating elements in Figures 7 and 8) and the position of the shorting strip. The two PIFAs occupy an overall volume of 225 × 31 × 20 mm³ and 207 × 12 × 8 mm³, respectively. These radiating elements are relatively large with respect to antennas printed or mounted on high permittivity substrates, but, at the same time, they can guarantee higher gains and radiation efficiencies.

As shown in Figures 9 and 10, the measured reflection coefficients for Conf. A and Conf. B PIFAs are below −6 dB in the whole DVB-T band for both configurations and less than −10 dB in the WiMAX and IEEE 802.11b, g bands, respectively. The previous values are typical thresholds for integrated antennas for such communication standards.

The resonances in the DVB-T band for the two antenna configurations are mainly due to the plates of length \( L \) and the branches of length \( A \) and \( B \). The PIFA height \( H \) is a critical parameter for obtaining the antenna impedance matching. For the Conf. A antenna, gain lies between 2.8 and 3.3 dBi in the lower band and between 3.2 dBi and 4.0 dBi in the WiMAX band.

The gain for the Conf. B is between 2.4 dBi and 3.3 dBi in the DVB-T band and between 4.4 dBi and 4.8 dBi in the WLAN band. The relatively high values obtained for the gain are due to the absence of a lossy dielectric under the radiating plate. A further analysis consisted in measuring the reflection coefficient variations when a metallic obstacle is located close to the antenna [19]. In particular, a large metallic plate (300 mm × 400 mm) was positioned in the vicinity of the antenna, at distances of 1 cm, 2 cm, and 3 cm. The numerical results demonstrated that the reflection coefficient variations are minimal. The robustness of the solution in terms of reflection coefficient variations with respect to the presence of near metal parts has been analyzed and checked through measurements too.

### 3. A Novel Dual-Band L-Shape Planar Inverted-F Antenna (PIFA)

Starting from the dual-band linear-shape PIFA described in [19], a modified layout suitable to be integrated along the corner of a compact monitor-equipped device (as shown in Figure 11) is here presented.
Figure 14: Simulated radiation patterns ($E_\theta$ and $E_\phi$ components normalized to the electric field amplitude at $\theta = 0$) for the proposed dual-band L-shape PIFA: (a) 670 MHz (central frequency for the DVB-T band); (b) 2440 MHz (central frequency for the IEEE 802.11b,g band).

In [18–20], it has been verified that the total length $L$ of a linear PIFA is a key parameter to achieve impedance matching at DVB-T band, and it should be greater than 20 cm to get satisfactory VSWR performance in the whole DVB-T frequency range.

It is worth noting that the new L-shape antenna configuration cannot be obtained by simply bending the antenna in [19], since all the basic antenna geometrical parameters need to be modified to optimize antenna performance (Figure 12).
Table 1 shows the values of all geometrical parameters of the optimized L-shape PIFA.

In particular, the driven and parasitic elements jointly contribute to determine the two resonances at the DVB-T band. They can be controlled by varying the following parameters: \( W, H, L1 \) and \( L2 \). Also, the sum of the arm lengths, \( L1 \) and \( L2 \), must be retained greater than 20 cm. The width and the height of the radiating element have been set at 13 mm and 8 mm, respectively, as in [19]. Furthermore, the gap \( S \) between the two elements mainly affects the antenna reflection coefficient at the IEEE 802.11b,g band. The distance between the two radiating elements, \( S \), and the distance of the feeding point from the edge, \( D \), represent the most effective design parameters for antenna tuning. \( M \) and \( N \) variations cause the resonant frequency to shift in the IEEE 802.11b,g band; also, the reflection coefficient values increase at the DVB-T frequencies. As for the PIFAs in [18–20], the L-shape PIFA can be made out of a cut and bent single metal sheet.

3.1. Numerical Results for the Dual-Band L-Shape PIFA. Simulation results have been derived by using CST Microwave Studio commercial tool. The simulated reflection coefficient is below \(-6 \text{ dB} \) and \(-10 \text{ dB} \) in the DVB-T and WLAN bands, respectively. The simulated antenna gain (Figure 13) is between 1.8 dBi and 2.2 dBi in the DVB-T band and between 6.2 dBi and 6.4 dBi in the WLAN band; a radiation efficiency greater than 95% has been obtained at both frequency bands due to the absence of dielectric substrates.

The radiation pattern modifications have been analyzed and compared to those of the linear-shape PIFA in [19]. The simulated radiation patterns in the principal planes, \( XZ \), \( YZ \), and \( XY \), are shown in Figure 14 (\( E_\theta \) and \( E_\phi \) components, with all of them normalized to the electric field amplitude at \( \theta = 0 \)), when evaluated at the center frequency of the bands of interest. In the DVB-T band, the L-shape geometry causes a 45\(^\circ\) rotation of the radiation pattern in the \( XY \) plane, as also apparent from the antenna gain 3D plots shown in Figures 15 and 16. In the other two principal planes (\( XZ \) and \( YZ \)), a 10\(^\circ\) displacement from broadside of the \( E_\theta \) component maximum occurs; the \( E_\phi \) component exhibits an almost omnidirectional radiation pattern.

The radiation patterns in Figure 17 show that L-shape PIFA radiates a linearly polarized field in the \( \phi = +45^\circ \) plane. Also, it radiates as a combination of two orthogonal linear radiators that are fed in-phase. At higher frequency, in the WLAN band, a larger number of lobes is present, as expected since the antenna is electrically long at 2.4 GHz (see Figures 14 and 16).

3.2. Experimental Results for the Dual-Band L-Shape PIFA. A prototype was realized with a 0.4 mm thick adhesive copper tape, cut and folded around a polystyrene block to obtain the final 3D structure. Results in terms of simulated and measured reflection coefficient are shown in Figure 18. The measured reflection coefficient is below \(-6 \text{ dB} \) and \(-10 \text{ dB} \) in the DVB-T and WLAN bands, respectively. Measurements on the radiation patterns have been performed at the anechoic chamber of the Department of Electrical Engineering of the University of Oviedo. The antenna prototype is shown in Figure 19 when it is mounted on the rotating platform for radiation pattern measurement.

The measured radiation patterns for the \( XZ \) and \( YZ \) planes, at 670 MHz and 2440 MHz, are compared with numerical simulations in Figures 20 and 21. Discrepancies between simulations and measurements are probably due to
Figure 17: Simulated radiation patterns ($E_\theta$ and $E_\phi$ components normalized to the electric field amplitude at $\theta = 0$) for the proposed dual-band L-shape PIFA at 670 MHz: (a) $\phi = 45^\circ$ plane; (b) $\phi = -45^\circ$ plane.

Figure 18: Simulated and measured reflection coefficient for the proposed dual-band L-shape PIFA.

Figure 19: Antenna prototype mounted on the rotating platform for radiation pattern measurements.

WLAN IEEE 802.11b,g band (2400–2484 MHz) has been presented. It has been designed to meet space requirements typically required for integration along the corner of display-equipped devices. A prototype was realized and characterized. The L-shape PIFA can be obtained by properly cutting and folding a single metal sheet, thus resulting in a relatively low-cost and mechanically robust antenna configuration.

Although the final design here shown has been obtained by assuming specific requirements on the maximum length of the two arms of the L-shape PIFA (less than 15 cm for both arms), it has been numerically and experimentally verified that VSWR performance at the extremely large DVB-T frequency band can be still met by properly tuning antenna geometrical parameters, when the arm length requirements change less than 10% with respect to the lengths in Table 1.

4. Conclusions

Starting from an overview on compact Planar Inverted-F Antennas, a dual-band L-shape Planar Inverted-F Antenna operating in both the DVB-T band (470–862 MHz) and the
This confirms the robustness of the proposed L-shape PIFA design, which can be well optimized also when specific and demanding aesthetic/mechanical requirements must be met.

References


Research Article

Wireless Sensing for the Respiratory Activity of Human Beings: Measurements and Wide-band Numerical Analysis

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Received 5 December 2012; Revised 11 March 2013; Accepted 20 March 2013

Academic Editor: Renato Cicchetti

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An electromagnetic sensing system for the measurement of the respiratory activity is presented. The aims are to demonstrate the feasibility of the proposed approach and in particular to evaluate the effect on the measured signal of the distance between the subject and the sensing apparatus. Moreover, an electromagnetic model of the system, including the monitored subject, is proposed as a tool to solve the problem of selecting working parameters for system design. The sensing system is based on the measurement of the phase variation of the reflection coefficient caused by the respiratory activity. The phase signal compared with the thorax displacement measured by a reference instrument shows a high correlation \( R = 0.97 \) for different subject postures (sitting, standing, and lying) and a reduction of the signal amplitude with the distance \( -0.11 \) dB/cm is reported. The numerical simulations performed on a wide-band highlight the frequencies where the method exhibits the highest sensitivity to thorax movements. The sensitivity can be further improved by reducing the antenna beamwidth. Despite the signal amplitude reduction, the proposed system makes it possible to correctly operate at distances up to 2.5 m.

1. Introduction

Daily clinical practice often requires the monitoring of important physiological parameters of the patient (respiratory and heart rates, arterial pressure, oxygen saturation, etc.) and commonly known as vital signs. From home recovery to intensive care monitoring, vital signs need to be continuously measured and presented to patient carers or used to activate alarms or therapeutic procedures [1]. In order to measure these quantities, the use of invasive procedures based on contact transducers or electrodes [1] is typically required. However, these procedures can limit the duration of monitoring, restrict the patient’s movements, cause signal artifacts, and, in some cases, represent a risk for the patient (burns, microshocks, infections, etc.). It is therefore of great interest to explore the possibility to use wireless technologies for the measurement of vital signs that can avoid a direct contact with the patient’s body. Some interesting wireless applications have recently been proposed for heart rate monitoring, based on optical methods that enable to precisely assess heart rate variability [2–5] or on electromagnetic waves [6].

Among vital signs, monitoring of respiratory activity and its rate is of particular importance since the cessation of the respiratory function can be a life-threat, especially for patients in critical conditions. This event can build up gradually and, in this case, the continuous monitoring of respiratory acts is fundamental for identifying and/or predicting such a dangerous event [7]. As far as noncontact respiratory rate monitoring is concerned, different approaches have been proposed [8–12]. Such minimally-invasive methods, mainly used for remote monitoring purposes and diagnosis of sleep disorders, are resistive, piezoelectric or inductive thoracic
belts [8, 9], transthoracic impedance transducers [11] or under-mattress pressure mats [12]. The main limitations of such methods are due to movement artifacts and the subject’s position (i.e., for pressure mats the subject has to lie on the bed); in particular, the use of chest belts is strongly limited in the case of patients with reduced expired/inspired air exchange and is not applicable for long and medium-term monitoring purposes [8].

As a consequence, the possibility to monitor the respiratory activity with a noncontact method has been an object of numerous recent investigations [13–19]. Laser Doppler vibrometry has demonstrated to be valid and reliable during in-vivo tests [13–15], whereas a second alternative approach is electromagnetic (EM) sensing [16–23]. The first EM approaches proposed [16, 17] were not adopted because of the bulky, complex, and rather expensive hardware. With a progressive reduction of dimensions and costs of radiofrequency components and systems, the interest in this sensing technique has rapidly increased. At present, there are two main categories of noncontact vital sign electromagnetic detection systems: ultra-wideband (UWB) pulse radar and continuous wave (CW) Doppler radar. Recent examples of pulsed UWB radar [18–20] were adopted to precisely measure respiration and heartbeat. Echo signals using mono [22] and double antenna [23] CW systems are measured at different working frequencies aiming to detect vital signs. These recent works are of extreme interest in view of a future transfer of this approach to wireless, market-ready monitoring systems. In [24], a novel, wireless, low-cost, and wearable Doppler radar system composed of textile materials and capable of detecting moving objects behind a barrier is presented; the on-body system is capable of detecting multiple moving subjects in indoor environments, including through-wall scenarios.

The majority of these papers demonstrate the possibility to measure a time signal synchronous to the respiratory rhythm and proportional to the variation of the thorax volume caused by inspiration/expiration acts. The great interest on the EM sensing of the respiratory activity is due to the wireless feature of the technique, realized with small antennas illuminating from a distance. Moreover, it is important to underline that, in order to operate, the antenna does not need to be accurately pointed toward a specific part of the subject’s body (as for laser-based methods), but it can generally illuminate the region where the monitored subject is positioned [22–25]. Finally, it is worth noting that EM sensing makes it possible to measure through clothes or fabric (bed sheets, blankets, clothes, etc.) without signal disturbances [19]; such a characteristic is a valuable aspect especially in the case of patients who are forced to stay in bed or noncollaborative or unconscious subjects (neonates in incubators, burn-injured, or postoperative patients).

The aim of this paper is therefore to propose an electromagnetic (EM) method for the detection of the respiratory activity and the measurement of the respiratory rate, based on the measurement of the EM signal backscattered by the monitored subject. In particular, the phase variation of the input reflection coefficient of an antenna illuminating the subject during its normal respiratory activity is analyzed in the frequency domain. This approach makes it possible to investigate the backscattered signal over a wide frequency range. The availability of a wide band characterization will make it possible to optimally choose the operating frequency if a continuous wave (CW) system is sought or to properly choose the frequency content to build up an optimal pulse if an UWB technology is used. Many parameters contribute to the system performance, and for a good system design, the quantitative assessment of the received signal in dependence on the distance and on the subject posture (standing, sitting, or laying in front of the measurement apparatus) is essential. This is particularly important for the definition of the parameters at the design stage of the system. Such dependences have been investigated using a dedicated experimental set-up able to operate in frequency domain. The EM model was developed and tested to provide the voltage at the input/output port of the transmitting/receiving antenna as a function of the antenna characteristics and of the interaction between the radiated field and the monitored body. In particular, the model made it possible to perform a wide frequency band analysis of the system sensitivity, and a parametric study with respect to the antenna radiating characteristic. The design of an “ad hoc” antenna (i.e., printed antennas [26, 27]) and systems, characterized by reduced costs and increased sensitivity and portability (i.e., market available system [28]) based on the results obtained in this paper, is left to a future step.

2. Experimental Set-Up and Testing Conditions

2.1. Experimental Set-Up. The measurement method used for the detection of the respiratory activity is schematically reported in Figure 1 [22]. A vectorial network analyzer (VNA) (HP 8753D) is used to generate the output signal at 6 GHz (1 mW) to feed the antenna. The VNA measures the reflection coefficient of the antenna \( S_{11} \) which depends on the antenna itself and on the reflected signal backscattered from the body.

The reflection coefficient is a complex quantity, so it is possible to use both amplitude and phase time variations to gain information about the respiratory activity of the subject positioned in front of the antenna. In order to have a sufficiently sensitive system, phase variations were used. In fact, being the thorax displacement \( \Delta D \) due to the respiratory activity a small percentage of the total distance, the amplitude variation is small. On the other hand, \( \Delta D \) is a significant fraction of the wavelength used (\( \lambda = 5 \) cm), therefore the variation of the phase of the reflected signal \( \Delta \phi \) is easily detectable.

VNA performs a continuous measurement of the reflection coefficient \( S_{11} \) (modulus and phase) of the antenna, after a proper calibration procedure, over a time interval that can be chosen by the user (Sweep time). Thanks to this continuous wave (CW) operating modality, the output frequency remains the same during the instrument sweep and therefore the reflection coefficient variations can be ascribed only to the subject’s respiratory activity.
The subject is positioned inside a space delimited by pyramidal absorbers (Emerson & Cuming Eccosorb VHP-18-NRL) to avoid unwanted reflections; the distance between the subject and the absorbers is about 1.5 m, while the distance from the antenna and the chest of the subject (\(D\) in Figure 1) can be varied as well as the position of the subject with respect to the main lobe. The presence of absorbing material is not essential for the final application of the technique, but it is here used to reproduce a well controllable electromagnetic environment and to isolate the set-up area from other coexisting laboratory activities. A broadband, double ridge, horn antenna (model AH System SAS 571) has been used to transmit/receive the electromagnetic waves. The antenna, which is well matched on the frequency range 0.7–18 GHz, exhibits a half power beam of about \(41^\circ\) in H plane and \(66^\circ\) in the E plane, at 6 GHz.

A laser Doppler vibrometer (LDVi) was used for the measurement of the respiratory acts, as a reference instrument. LDVi was proved [13–15] to accurately provide the oscillations of the skin surface in correspondence to the respiratory acts.

The phase of the \(S_{11}\) signal was sampled at 26 Hz (maximum available data sampling), while the velocity signal from the LDVi was initially sampled at 1 kHz. On both signals, the phase of \(S_{11}\) measured by the proposed system and the LDVi signal, a wavelet filter (dB8, 5th order for the \(S_{11}\) signal and 10th level for the LDVi) was applied in order to reject the disturbances caused by motion artifacts, high frequency noise, and heartbeats [22]. The LDVi velocity signal was integrated to obtain the surface displacement time history. As a final step, the LDVi displacement signal was down-sampled to the same sampling frequency of the \(S_{11}\) signal (26 Hz). Examples of the \(S_{11}\) phase and LDVi displacement signals simultaneously measured are reported in Figures 2 and 3, respectively.

In this case, the subject was sitting and normally breathing; the antenna was placed at a distance \(D = 50\) cm. The variation of the displacement due to the respiratory activity is reported on Figure 3, and it is evident how such variation of the displacement produces a variation in the phase of the reflection coefficient simultaneously recorded by the measurement system proposed (Figure 2). It is also possible to note how the operating frequency (6 GHz) exhibits a sufficiently small wavelength (5 cm) to make thorax excursions (Figure 3) detectable.

2.2 Testing Conditions. We operated our tests on a single male volunteer, aged 22, with a body index mass (BMI, [1]) of 19.59 [kg/m\(^2\)].

The measurement apparatus and the subject were held at 5 measurement distances: 50, 100, 150, 200, and 250 cm. The subject assumed three postures: standing, sitting and lying (on a semirigid bed). While for the standing and sitting postures; the antenna was kept in front of the subject for the laying posture, the subject was asked to assume three positions: supine, prone, and lateral. Each test had a duration of 60 s and, for each distance and position, it was repeated 3 times. A total of 2880 s of acquisition time were recorded. During measurement, the subject was asked to breathe normally.

In order to correlate the amplitude of the signal measured by the e.m. system and the distance \(D\), we have measured the peak-to-peak phase variation \(\Delta P\), mean of the \(\Delta P\) values measured on all the 3 tests repeated for each distance in correspondence with the respiratory acts (in Figure 2, the \(\Delta P\) value is reported for the first respiratory act).
As a second parameter describing the quality of the measurement condition, we have defined [22] the quantity signal-to-noise ratio (SNR), according to the following formula:

$$\text{SNR}_{\text{dB}} = 20 \log_{10} \left( \frac{\Delta P}{V_n} \right),$$

where $\Delta P$ is the mean of the $\Delta P$ values measured from the phase of the $S_{11}$ signal (filtered) and $V_n$ is the RMS (root mean Square) of the phase of the $S_{11}$ signal (noise), measured without the presence of the subject.

The mean respiratory frequency ($f_R$) for each test has been calculated for both systems (Figure 4) from the power spectrum of the measured signals (after removal of the DC component).

### 3. Results

The possibility to use the proposed experimental set-up for the detection of the respiratory activity is proved by the trace shown in Figure 5, where a time sequence of 37 s of the $S_{11}$ phase signal is reported for the case of the subject sitting in front of the system at the distance $D$ of 20 cm (Figure 5). For this demonstrative test, the tidal volume of the subject was simultaneously measured using a reference instrument (spirometer, MLT 1000L ADI), and this is also reported in Figure 5. For this test, the volunteer was asked to follow a specific respiratory rhythm (about 10 s of high respiration rate, followed by 10 s of apnea, and finally slow/normal respiratory rhythm).

From Figure 5, it is evident how the $S_{11}$ phase signal is highly correlated with the instantaneous value of the tidal volume simultaneously measured by the spirometer. The $\Delta P$ value (mean and standard deviation) measured for each distance $D$ tested is illustrated in Figure 6 for the three postures: sitting, standing, and supine (only at $D = 100$ cm and $D = 150$ cm). Some signal spikes, due to rapid movement artifacts, are visible on the first part of $S_{11}$ phase signal; the same phenomena are not detected by the spirometer measuring the subject air flow.

From the results obtained, it is possible to observe that, for both the postures, there is a reduction of $\Delta P$ as the distance $D$ is increased.

The system exhibits the maximum phase variation for the closest distances ($19^\circ$ at 50 cm, standing) while, even still detectable, a minimum phase variation is reported for the longer distances tested ($1^\circ$ at 250 cm). It is also possible to note how, for all the distances $D$, the measured data are all compatible, highlighting the absence of the dependence of $\Delta P$ on the posture. The only exception is reported for the supine posture at 100 cm where $\Delta P$ reaches the highest value measured ($21^\circ$); this is probably due to the fact that the supine posture (the subject was lying on a semi-rigid
bed) accentuated the thorax excursion during the normal respiratory acts.

From Figure 6, it is also possible to observe the $\Delta P$ reduction of 74\% and 63\% between the data measured at 50 cm and the data measured at 100 cm, for sitting and standing postures, respectively. This signal reduction is due to the fact that the radiated beam for $D > 80$ cm, according to the radiating antenna pattern characteristics, is no longer focused exclusively on the subject thorax, but some of the incident power is also transmitted to the background, and it does not contribute to the generation of the reflected signal.

The SNRs of the signals measured, calculated according to (1), are shown in Figure 7 for the tested postures.

As for $\Delta P$, it is evident how the greater $D$, the lower SNR, and this is confirmed for all the postures. The highest value (39 dB) is obtained at the distance of 50 cm for the standing posture, while the lowest (18 dB) is reported when the subject is sitting at 250 cm. It is also possible to note how the SNRs values are compatible for all the distances, confirming that posture is not a significant parameter.

From the data measured, it is possible to estimate an SNR loss of $-0.11$ dB/cm when the subject is standing in front of the antenna and of $-0.9$ dB/cm when the subject is sitting. Such values make it possible to estimate an SNR reduction of more than 27 dB for distances $>3$ m, independently from the subject's posture (sitting or standing).

In Figure 8, the scatter plot of the mean respiratory frequencies ($f_R$) measured by the LDV and the proposed system, together with the fitting line (mean square), is shown for standing, sitting, and supine postures. In this case, the correlation coefficient calculated between the two systems is 0.97.

Finally in Figure 9, we illustrate the case of the subject lying ($D = 100$ cm) and assuming 3 positions: supine, prone and lateral. Also in this case, a good value for the correlation coefficients calculated between the two systems is verified: 0.94, 0.93, and 0.98 for supine, prone, and lateral positions, respectively.

4. Electromagnetic Model for Wide Band Analysis

An electromagnetic model of the interaction between the monitored subject and the electromagnetic system is proposed. The aim is to provide a characterization of the field scattered by the thorax of a subject during its normal
respiratory activity and to evaluate variations of the received signal (S₁₁) in a wide frequency band (2–12 GHz).

More in general, the model proposed can be used to analyze the influence of some important parameters (working frequency, antenna field pattern, etc.) on amplitude and phase variations of the measured signal ΔP (sensitivity) with the goal of optimizing the future design of e.m. systems using the same working principle.

Figure 10 illustrates the geometry of the scenario of interest which is composed by an antenna radiating toward a target placed at a distance D. The target is a simplified representation of a human thorax, where a subarea of the target (colored region in Figure 10) may change its relative position along the z direction with respect to the remaining part of the target (the white region in the figure). In particular, to highlight the effect on the phase variation of the complex movement of an actual thorax, two different areas have been introduced to characterize larger and smaller amplitude of displacement (red and gray areas in Figure 10, resp.). The antenna is an equivalent ideal aperture antenna, having a radiation pattern with the same beamwidth of the actual antenna. The aperture has a uniform y-directed field distribution E₀, and its dimensions (a × b) are chosen so to provide the desired half power beamwidth Δθ and Δφ in the E and H planes, respectively (as reported later).

The dominant y-component of the incident electric field, radiated by the aperture in the direction r (referred to a spherical system associated to the Cartesian system x, y, z) and assuming far field conditions is given by [25]

\[ E_y = \frac{\Delta x \Delta y E_0 e^{-j(2\pi r/\lambda)}}{\lambda r} \sin(\theta_i) \sin(\phi_i) \cos(\phi), \]

where:

\[ X_i = \frac{\pi a}{\lambda} \sin(\theta_i) \cos(\phi_i), \]

\[ Y_i = \frac{\pi b}{\lambda} \sin(\theta_i) \sin(\phi_i). \]

r, \( \theta_i, \phi_i \) are the coordinates of the observation point in the spherical system centered on the aperture.

The field radiated by the aperture impinges on the body’s surface from the incident direction r, and it is partially reflected in the direction \( \hat{r} \), as shown in Figure 10. The received signal (S₁₁) is calculated evaluating the electric field coupled back with the antenna.

In this simplified model, to account for the amplitude and phase variations of the incident field, the body surface facing the antenna is subdivided in n subareas (n = 134), and each subarea is considered as a radiating aperture with a uniform field distribution. The reflected electric field is calculated considering the oblique incidence of a plane wave on a dielectric interface, and its value is

\[ E_y = \rho_T e^{i\phi} \sin(\theta - \rho_T e^{i\phi} \cos(\phi), \]

where \( \theta' \), \( \phi' \) define the direction of the reflected wave in the local coordinate system (x', y', z') centered in the nth subarea, \( \rho_{TM} \), \( \rho_{TE} \) are the reflection coefficients of the transverse components of the electric field on the incidence plane [25] and depend on the incidence angle and on the dielectric properties of the body; \( E_y \) and \( E_y' \) are the incident electric field components in spherical coordinate system.

Similarly to physical optic approach, the interaction among the fields of adjacent subareas is assumed to be negligible. The subarea dimensions \( \Delta x \) and \( \Delta y \) are chosen so that the transmitting aperture antenna can be considered in the far field zone of the radiating nth element; the \( E_y \) field component radiated by this element is

\[ E_{ny} = \frac{\Delta x \Delta y E_0 e^{-j(2\pi r/\lambda)}}{\lambda r} \sin(\theta') \sin(\phi') \frac{\sin(X_n)}{X_n} \frac{\sin(Y_n)}{Y_n}, \]

where

\[ X_n = \frac{\pi \Delta x}{\lambda} [\sin(\theta') \cos(\phi') - \sin(\theta') \cos(\phi')], \]

\[ Y_n = \frac{\pi \Delta y}{\lambda} [\sin(\theta') \sin(\phi') - \sin(\theta') \sin(\phi')], \]

being \( r', \theta', \phi' \) the spherical coordinates of the observation point expressed in a local coordinate system (x', y', z') centred in the nth subarea, and \( \theta', \phi' \) the direction of the reflected wave. The total field scattered by the body and received by the antenna is

\[ E_y = \sum_{n=1}^{N} E_{ny}. \]

The knowledge of the signal received by the antenna makes it possible to evaluate the S₁₁ scattering parameters of the antenna:

\[ S_{11} = \frac{E_{sc}}{E_0} = \frac{(1 - |\Gamma_{ant}|^2)}{Z_0 ab \eta} \Gamma_{eff} \frac{Z_0}{Z_{ant} + Z_0}, \]
The model results were applied using the same testing conditions used for the measurements of Figure 6. The antenna used for the measurements has $\Gamma_{\text{ant}} = 0.062 + 0.19i$ at the working frequency $f = 6$ GHz. The data implemented for the model are $\Delta x = \Delta y = 5$ cm; conductivity of the body $\sigma_{\text{body}} = 1$; relative permittivity of the body $\varepsilon_{\text{body}} = 70$; half power beamwidth: $\Delta \theta = 66^\circ$, $\Delta \varphi = 41^\circ$ (from which the aperture dimensions are derived: $a = \lambda/0.79$, $b = \lambda/1.229$). The distance between the aperture antenna and the colored subareas of Figure 10 was changed in a few steps as: $D - k \Delta d$, where $\Delta d = 1$ mm for the gray area and $\Delta d = 2$ mm for the red area of Figure 10, and $k = 0.10$. The chest displacement chosen is typical for human breathing (see e.g., Figure 3). In Figure 11, the results obtained with the model and the measurement of Figure 6 (standing) are reported. In the same figure, it is possible to see the model results obtained changing the breathing behavior of the subject. In particular, for case 1, 2, 3, and 5 the grey zones and the red zones have, respectively, a maximum displacement of 1 cm and 2 cm, whereas for case 4 the grey and the red zones have respectively a maximum displacement of 1 cm and 1.8 cm.

Figure 11 shows how the complexity of the mechanism involved in the respiration acts affects the electromagnetic results. The phase variation depends strongly on the way of breathing, that is, on the position variations of the points on the thorax surface. Moreover, these variations are differently detected by the antenna because it weights the surface movements with its radiation pattern. From the same figure it is possible to see that the model is very sensitive to the different thorax movements, and it predicts correctly the order of magnitude of the phase variations due to breathing. A direct comparison of the measurements and the model results would require a precise knowledge of the displacement of each point of the thorax of the subject under measurement.

The proposed model allows to investigate the influence of the frequency, and the radiation beamwidth of the antenna has been carried out.

Considering the subject placed at a distance $D$ of 150 cm, with the numerical model (using case 1), it is possible to infer the phase variations due to the respiratory acts at different working frequencies in the interval 2–12 GHz, maintaining the other experimental parameters as described previously. In Figure 12, we report the phase variation at a target distance $D$ of 150 cm in function of the emitted frequency and for two antenna matching conditions:

$$
\Gamma_{\text{ant1}} = 0.13, \quad \Gamma_{\text{ant2}} = 0.062 + 0.19i.
$$

The maximum phase variation exhibits an oscillating behavior with a period that depends on the distance between the antenna and the target. This behavior depends on how the reflected signal and the antenna reflection coefficient combine at different frequencies. Figure 13 shows the $S_{11}$ on the complex plane during a respiratory act for 5 different frequencies. These frequencies are chosen in the range of the highest variations. It is clearly evident that the two components in (8) combine differently and that, in particular, there are two frequencies (2.72 and 2.78 GHz) that have a larger phase variation then the others.

Figure 12 also shows that the phase $\Delta P$ depends on the frequency and that there are some frequencies where it can reach a maximum value; therefore, these frequencies can be chosen to obtain a more sensitive system. The same figure also shows the phase variation for two different antenna reflection coefficients. It is interesting to note that the matching of the antenna plays an important role in the value of the phase variation amplitude $\Delta P$ and that the higher the impedance matching, the greater is the phase variation. This behavior is due to the signal backscattered by the antenna itself, which combines together with the signal coming from the target masking the information on respiratory movements.

A similar analysis can be conducted modifying the directivity of the antenna (beamwidth). We have kept all the test parameters equal to the ones used for case 1 of Figure 11, but three different half power beamwidths are considered:
Figure 13: $S_{11}$ at the input port of the antenna in the complex plane for 5 different frequencies.

Figure 14: Effect of the half power beamwidth ($\Delta \theta \Delta \phi$) on the phase variation for increasing distances $D$.

(1) $\Delta \theta = 66^\circ$, $\Delta \phi = 41^\circ$ (2) $\Delta \theta = 33^\circ$, $\Delta \phi = 20^\circ$ (3) $\Delta \theta = 132^\circ$, and $\Delta \phi = 82^\circ$.

In Figure 14, the phase variation of the received signal for the three cases is illustrated, when the target is placed at different distances.

It can be seen that the beamwidth greatly affects the sensitivity of the system, in particular when the target is placed near the antenna. This result is due to the focalization effect of the incident monochromatic wave and the moving part of the target.

It is also possible to observe that, with the target placed at a distance of 150 cm from the antenna, the phase variation of the reflected signal for $\Delta \theta = 33^\circ$ is considerably greater with respect to the case of $\Delta \theta = 66^\circ$. This effect is not so evident away from the antenna, where the free space attenuation of the signal is increased and where, for all the three cases, the target is partially radiated by the incident power.

As a consequence, it is possible to note that while an increase in frequency does not significantly influence the value of the detected phase variations caused by respiratory activity, the reduction of the antenna beamwidth appears to positively influence the phase of the signal detected ($S_{11}$) during respiration.

5. Discussion and Conclusions

A wireless noncontact approach to the problem of the measuring of the respiratory activity of human subjects has been proposed, using an electromagnetic sensing system. This method is based on the measurement of the phase variations of the reflection coefficient $S_{11}$ caused by the displacement of the thorax surface, and an electromagnetic model has been proposed to reproduce the system response. The model is based on a frequency domain approach, and it is an useful tool for investigating the influence of the parameters on the system performances.

The proposed method is not only limited to a CW monitoring, as it has been demonstrated by the wideband frequency domain analysis carried out with the electromagnetic model. In fact, useful information about the design of an UWB pulse monitoring system can be also easily achieved from the obtained results. For example, from the results shown in the previous section, it can be inferred that the most suitable pulse for a pulse monitoring system should have the significant part of its spectrum in the range 2–4 GHz to maximize sensitivity or the range 4–6 GHz for a flat response.

The solution proposed is feasible for brief as well as for prolonged observation time which is the main limitation of the systems available for respiration monitoring [8, 20]. Change of the respiration frequencies as well as apneas can be clearly detected (Figure 5). Good correlations ($R = 0.97$) with the gold standards are also reported for the measured mean respiration frequencies.

The measurement system proposed presents also a reduced sensitivity to the subject posture. Standing, sitting, and laying postures have been investigated and they guarantee good correlations ($R = 0.94$, 0.93, and 0.98) also for different laying positions (supine, prone, and lateral), meaning that, when lying, the subject observed is free to assume any position during the test, while this is not possible for currently available measurement systems [8, 20] which have, in fact, this strong limitation.

In detail, the experimental investigations have highlighted the dependence of the signal amplitude (phase variation in $^\circ$) on target distance. The 74% of signal reduction has been reported when the subject was measured at 1 m, with respect to the case of the subject standing at 0.5 m. While for longer distances the signal amplitude is always $<5^\circ$. More in detail, we have explored the dependence of the quality of the measured (in particular the signal SNR) on the distance between antenna and subject, $D$. A reduction in the SNR with distance $D$ has been reported (in the order of $-0.11$ dB/cm). From our tests, it is shown that despite the fact
that at 2.5 m the SNR is reduced (about the 50%) in respect to the signal measured at 25 cm, it is still sufficiently high to allow a correct detection of the respiratory activity. In the case where a minimum operating SNR is requested, a possible solution could be to improve the emitted power (1 mW in our case) or to use a narrower radiating beam for the antenna. Although the quality of the signal can be reduced in some conditions (longer distances), the SNR is still sufficiently high (>18 dB) to provide reliable data. 

The possible implementation of the proposed measurement approach could make use of market ready technologies which are not designed for laboratory use and are available at lower costs [28]. In general such devices are not optimized for the scopes considered in this paper (i.e., measurement of respiratory rate), and therefore they could be improved by the results reported.

Testing in “neutral” laboratory conditions (presence of e.m. absorbers), surrounding the subject under test, is a limitation of our study, and in this preliminary work it has been decided to better focus on the phenomenon, reducing the effect of interfering inputs such as the clutter due to environmental conditions. For future applications, the electromagnetic scattering of the surroundings and in general the clutter received at the antenna need to be analyzed. Moreover, for longer time exposure (some hours), automatic recalibration of the system could be introduced to reduce the effect of electronic circuit drift. In practice, in the case of an hospitalized patient, most of the received signal can be considered as static clutter, and signals variations are only due to the respiratory activity. In more complex situations a dedicated postprocessing will be needed to discriminate between patient’s respiration from other nonstatic reflections. This aspect will be taken into account under consideration in our future research activity as well as the need for specifically designed antenna providing precisely shaped radiation patterns.

The method proposed in this paper has been tested only on one motionless person; if two or more subjects will be simultaneously illuminated by the antenna, the sensor will detect a composition of their signals. This can be a limitation of the method investigated, and attempts to resolve this problem have been recently proposed by placing more than one sensor and therefore using spatial diversity [27].

A possible future aspect to be investigated is related to the fact that, from a clinical point of view, “respiratory activity” also includes other aspects such as the depth (flow, volume) of the single air acts. The possibility to calibrate the thorax displacement measured by a laser Doppler vibrometer to the flow or volume exchanged during respiration has been demonstrated [14]. This possibility has been recently explored also for microwave sensors [29]. Such possibility could be studied also for the here proposed em approach.

Different applications of electromagnetic noncontact sensing of human beings can also be considered in the fields of security, rescue in emergency situations, elderly remote care, and so forth. Such perspective has aroused the attention of the scientific community on the potentiality of these kinds of sensors.

Acknowledgments

The authors would like to thank Dr. Paolo Marchionni and Dr. Ilaria Ercoli for their help in the laboratory sessions.

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A comparative analysis of various reconfigurable and multiband antenna concepts is presented. In order to satisfy the requirements for the advanced systems used in modern wireless and radar applications, different multiband and reconfigurable antennas have been proposed and investigated in the past years. In this paper, these design concepts have been classified into three basic approaches: tunable/switchable antenna integration with radio-frequency switching devices, wideband or multiband antenna integration with tunable filters, and array architectures with the same aperture utilized for different operational modes. Examples of each design approach are discussed along with their inherent benefits and challenges.

1. Introduction

Traditionally wireless systems are designed for single pre-defined mission. Therefore, the antennas of these systems also possess some fixed parameters such as frequency band, radiation pattern, polarization, and gain. Recently reconfigurable antennas (RAs) have gained tremendous research interest for many different applications, for example, cellular radio system, radar system, satellite communication, airplane, and unmanned airborne vehicle (UAV) radar, smart weapon protection. In mobile and satellite communications, reconfigurable antennas are useful to support a large number of standards (e.g., UMTS, Bluetooth, WiFi, WiMAX, DSRC) to mitigate strong interference signal and to cope with the changing environmental condition. On the other hand, in radar applications, reconfigurability at antenna level is often needed for multifunctional operation. This feature is achieved by utilizing antenna array systems that can be quickly adapted according to the mission. Therefore, a control over operating frequency, beam pointing direction, polarization, antenna gain, and so forth is required. A single RA can replace a number of single-function antennas. Thereby overall size, cost, and complexity of a system can be reduced while improving performance such as radar cross-section (RCS). This paper gives a comparative analysis of various concepts that has been utilized to design reconfigurable antennas.

2. Design Concepts for Reconfigurable Antennas

In recent time, many interesting and novel concepts have been developed to achieve adaptable antenna properties. Key aspects of some outstanding concepts will be addressed in the following sections. In our discussion, we mainly focus on antenna design with frequency agility. Some examples of antenna structures with polarization, bandwidth, and pattern reconfigurable property will be addressed as well.

There are basically three design approaches for achieving antenna frequency agility which are as follows:

(a) antennas integrated with electronic switches, mechanical actuators, tunable materials for reconfigurability in terms of circuitual characteristics and/or radiation properties;
(b) ultrawideband (UWB) or multiband antennas integrated with tunable filters;
(c) reconfigurable/multiband arrays where the same aperture is utilized for different operational modes.
3. Tunable/Switchable Antenna Technology

Frequency reconfiguration has become important for many modern communication systems. Therefore, there has been a notable advancement in adaptable antenna technology. Among them utilizing the same antenna aperture for different frequencies will provide the most compact solution. Relatively narrowband antennas with tunable or switchable properties are the best solution when the size and efficiency are important issues. This approach reduces the requirements of the front-end filter compared to a UWB or multiband antenna.

Frequency reconfigurable antennas are often realized by employing radio frequency (RF) microelectromechanical systems (MEMS), varactors, or PIN diodes. A comparison of these components is provided in Table 1. The MEMS components have some advantages over PIN or varactor diodes, such as reduced insertion loss, low noise figure, high quality factor, extremely high linearity, low power losses, and negligible direct-current (DC) power consumption. Recent advancements in MEMS technology enable the realization of MEMS with high switching speed and compact size. In [1], a switching time of 225 ns has been reported, and in [2] MEMS dimensions as small as few μm have been shown. However, integrating a large number of lumped components (e.g., MEMS, varactor) in the radiating element might increase the power loss, noise, and complexity of the biasing circuitry. Furthermore, the power handling capability and the lifetime of these components are also important issues to take into account during the design stage.

In the following sections, some examples of reconfigurable antennas, operating mostly at the lower portion of the microwave spectrum, have been discussed. In this paper, the references are selected based on the applied technologies and design concepts.

### Table 1: Comparison of tunable components.

<table>
<thead>
<tr>
<th>Tunable component</th>
<th>Advantages</th>
<th>Disadvantages</th>
</tr>
</thead>
<tbody>
<tr>
<td>MEMS</td>
<td>Reduced insertion loss, good isolation, extremely high linearity, low power losses, consumes little or almost no DC power, wide bandwidth</td>
<td>Need high-control voltage (50–100 V), poor reliability due to mechanical movement within the switch (0.2–100 μs), slow switching speed, discrete tuning, limited lifetime</td>
</tr>
<tr>
<td>PIN Diode</td>
<td>Needs very low driving voltage, high tuning speed (1–100 ns), high power handling capability, very reliable since there are no moving part, extremely low cost</td>
<td>Needs high DC bias current in their on state which consumes a significant amount of DC power, nonlinear behavior, poor quality factor, discrete tuning</td>
</tr>
<tr>
<td>Varactor</td>
<td>The current flow through the varactor is small compared to PIN diode or MEMS, continuous tuning</td>
<td>Varactors are nonlinear and have low dynamic range, and complex bias circuitry are required</td>
</tr>
</tbody>
</table>

Figure 1: Slot-ring antenna loaded with MEMS [3].
Therefore, this antenna has potential to be fabricated as an integrated antenna system on the chip (SoC). The results presented in [7] confirmed that the operational band of the antenna can be switched between 5.25 GHz and 5.6 GHz. However, due to the high ohmic losses in the aluminum, this antenna structure is characterized by poor radiation efficiency.

The antenna proposed in [8] provides frequency and polarization reconfigurability. By properly selecting the ON/OFF state of different RF-MEMS (Figure 5), the antenna can be configured into right-handed circular polarization (RHCP), left-handed circular polarization (LHCP), or linear polarization. Furthermore, the resonance frequency for linear polarization shifts depending if all the MEMS are in ON state or OFF state. The proposed design provides impedance bandwidth of 9% relative to 10 dB return loss level when configured for linear polarization. For circular polarization, the fractional bandwidth is 11% although, it is to be noticed, the −3 dB axial ratio bandwidth is only 1.6%.

3.2. Frequency Tuning with Varactors. Integrating varactors in an antenna structure is a common way for achieving frequency agility [13–18]. In [13], a new and simple antenna topology for frequency and polarization diversity is presented (Figure 6). In this design, the resonating microstrip radiator consists of several smaller patches which are interconnected by varactors. These varactors are independently biased to change the electrical lengths of the corresponding patches and thereby change the resonant frequency of the corresponding modes. In addition, unbalanced biasing of varactor sets electrically shifts the feed point out of the antenna center. In this way, the real part of the feed-point impedance has been modified to obtain the desired optimal impedance matching. The angular position of the feed point defines the antenna polarization state. So, the whole microstrip structure can be adjusted in terms of electrical size, shape, and feed-point location, while maintaining its well-known characteristics.

A differentially fed microstrip antenna with frequency tuning capability has been presented in [14] where varactor diodes have been utilized to tune the operational band (see Figure 7). In [17], adjustable high impedance surface (HIS) using varactor diodes has been utilized in an active reflectarray (Figure 8). The reflection phase coefficient of these unit cells can be controlled by changing the capacitance
Figure 6: Varactor-loaded patch antenna [13].

Figure 7: Frequency tunable differentially fed patch antenna [14].

values of these varactors. This ability to change the phase of the reflection coefficient of the unit cell gives the possibility to reconfigure the radiation pattern of the array.

3.3. Frequency Tuning with PIN Diodes. Many antenna engineers use PIN diode as the switching component [18–29]. In [18], a reconfigurable meander radiator is proposed which is composed of three PIN diodes and one varactor diode (see Figure 9). In this respect, the varactor diode is useful to adjust the resonant frequency in a fine way. It has been demonstrated that, by properly selecting the state of the diodes, the resonant frequency can be tuned from 470 MHz to 1080 MHz.

In the study presented in [19], a switchable Vivaldi antenna has been demonstrated to provide either a narrow- or wideband frequency response. As it can be noticed in Figure 10, ring slots bridged by PIN diode switches have been inserted in the radiating element to obtain a narrowband resonating behavior at different frequencies. On the other hand, the PIN diodes are deactivated wherein a wideband operation is desired.

A frequency reconfigurable L/S band phased-array antenna has been studied in [20, 21]. As illustrated in Figure 11, square-ring loaded probe-fed reconfigurable patch elements were arranged in such a way that half wavelength element spacing has been maintained at both frequency bands and hence provides wide angle scanning at both bands.

In [22], a polarization reconfigurable slot antenna is proposed. Here the antenna polarization can be switched between vertical and horizontal polarization by changing the feeding structure between CPW feed and slotline feed. The geometry of the antenna is presented in Figure 12. The operating modes of the CPW-to-slotline transition are shown in Figure 13. When PIN 1 is ON and PIN 2 is OFF, the structure operates in the CPW mode. The slotline mode is activated when PIN 2 is ON and PIN 1 is OFF. In this case, the right slotline is used to feed the horizontal polarization. The electric field distribution of this design for two orthogonal polarizations is presented in Figure 14.

The proposed method provides polarization agility with single feed line. The test result of this structure indicates a wideband operation (>25%). However, the reduced polarization purity is a limiting factor. Furthermore, the implementation of the PIN diode in the CPW line might degrade the antenna performance.

3.4. Mechanically Reconfigurable Antennas. The antenna topologies discussed above utilized lumped tunable components. More recently for applications where RF switches are not desired due to the additional power losses in the switches and complexity of the bias lines, mechanically reconfigurable antennas are being investigated [30–32]. Mechanically reconfigurable antennas are promising devices which can provide reduced RF loss, higher isolation, and better linearity with respect to antenna structures integrated with electronic switches. Nevertheless, practical issues, such as the total size and overall complexity of the system, need to be considered. In [30], a rotatable antenna has been designed for cognitive radio to tune the operational band from 2 to 10 GHz.

Mechanically reconfigurable antennas have also been used to achieve pattern diversity with a single radiating element. For systems which do not require fast pattern reconfiguration, this approach is attractive to replace the need of expensive phased array. In [31], a square ring antenna with a bendable parasitic plate has been used for machine-to-machine (M2M) communications (see Figure 15).

3.5. Frequency Reconfigurability by Tunable Materials. Reconfigurability with tunable material is a very new research area and still facing challenges such as reliability, efficiency, and proper modeling. However, in recent times many researches are carried out in this region and notable achievements have been reported [33–38]. Ferroelectric dielectric materials can be used for reconfigurable antennas as their permittivity changes with the applied DC bias voltage (see Figure 16) [33]. Disadvantage of this type of material is the large bias voltage required to change the dielectric constant and high losses of the material. However, some results indicated that this type of antenna can provide higher directivity, narrow main lobe, and lower side lobes level than conventional phased array.
In [34], a waveguide slot antenna with reconfigurable aperture is presented (see Figure 17). The reconfigurable aperture consists of a number of surface PIN diodes (SPIN). The conductivity of SPIN changes proportionally to the plasma density. These SPIN diodes can be activated or deactivated to produce the desired radiation pattern. Therefore, additional flexibility can be achieved compared to conventional waveguide slot antennas. In this design, plasma regions which have relatively high electrical conductivity can be temporarily created inside a silicon substrate. This way a different antenna configuration can be created. For this, a semiconductor chip has been used which contains the PIN structures. The chip acts as a planar dielectric waveguide and electromagnetic waves can propagate in it. It has been claimed in [34] that the plasma of carriers created by forward biased PIN structures locally affects the wave propagation velocity and helps to steer the beam within a wide steering angle.

Another example of reconfigure antenna with tunable material property is the plasma antenna. Metal-like conductive plasma channels in high-resistivity silicon can be activated by the injection of a suitable DC current [35]. The proposed structure is illustrated in Figures 18 and 19. One metal on alumina and three identical plasma islands constitute the monopole antenna. The plasma channels are
realized by using high-resolution silicon fabrication technology. It has been pointed out in [35] that these reconfigurable antennas enable frequency hopping, beam shaping, and steering without the complexity of RF feed structures. The approach presented in [35] can provide high resolution due to the advancements in semiconductor technology.

A new approach which has recently gained a lot of research interest is the liquid crystal tunable antennas. The permittivity of a liquid crystal can be varied with DC bias voltage. Liquid crystals (LCs) are substances whose phase of matter has properties of both a conventional liquid and a solid crystal. The dielectric permittivity of an LC can be varied by orienting its molecules with an electrostatic or magnetostatic field or by surface interaction with a mechanically rubbed polyamide film. Researches of Sheffield University have demonstrated an LC tunable microstrip patch antenna at 5 GHz [36] with a tuning range of 4–8% (see Figure 20). However, due to the high losses in the LC material, the antenna suffered from poor efficiency (20–40%).

It is, however, to be noticed that, while the electromagnetic behavior of LCs is well understood at optical frequencies, the use of LCs at microwave and millimeter-wave frequencies requires first their electromagnetic characterization in terms of dielectric properties at these frequencies. The available literature on this topic is limited to a few LC mixtures. Overall it appears that a careful design of the mixture is of crucial importance for the applicability of this type of material in reconfigurable devices. Besides the above-mentioned reconfigurable concepts, other promising research areas are emerging, such as the exploitation of microfluidics [39, 40], optical controls [41, 42], and graphene [43, 44] in reconfigurable antennas.

4. Wideband Antenna Integration with Tunable Filters

In Section 4, some examples of reconfigurable antenna with tunable or switchable components have been provided. Another approach is to use ultrawideband or multiband antenna elements [45–60]. In this approach, one needs antenna solutions which feature good performance (good impedance matching, radiation pattern, gain, etc.) for the whole bandwidth of interest and a tunable filter will be used to select the operational frequency band. Furthermore, for phased-array application, unidirectional radiation is required.
There has been a lot of broadband antenna design for different applications. For instance, transversal electromagnetic (TEM) horn or dielectric filled waveguide antenna can provide extremely wide bandwidth with directive radiation pattern. End fire wideband antennas, such as antipodal Vivaldi antennas and linear tapered slot antenna (LTSA) can also be used for phased array. Dual polarized Vivaldi antenna arrays (see Figure 21), can be designed for more than 10:1 bandwidths while scanning 45° or more. But to date, the high cross-polarization and high mutual coupling
Other potential candidates of UWB phased-array element are the 3D monopole antenna (fat monopole, tab monopole, cylindrical monopole) and dielectric resonator or dielectric lens antenna. Nevertheless, there are some challenges when UWB antenna element is utilized in multifrequency radar system. Firstly, antenna performance should be good and consistent over a very wide frequency band. Furthermore, this approach requires filters with very high out-of-band noise rejection capability.

An alternative solution is to place the filter in the radiating element itself. This will relax the preselect filter requirements. An example of this design approach is provided by the reconfigurable Vivaldi antenna presented in [16], where a bandpass filter is integrated in the feeding line of the radiating structure resulting in a frequency switchable filtenna. As shown in Figure 22, a varactor diode is inserted within the filter structure in order to provide frequency reconfiguration capability. This concept is attractive since it does not require the insertion of switching component directly in the radiating element.

In [47], a directive UWB antenna with large fractional bandwidth has been designed for full-polarimetric array. As depicted in Figure 23 in this study linearly polarized antennas are grouped together and fed in such a way that they can radiate fields in two orthogonal planes while maintaining their wideband properties. A nondispersive wideband antenna has been used as the radiating element. The antenna concept is based on the combination of the electromagnetic characteristics of a loop and a planar monopole [48, 49].

5. Reconfigurable Array Structures

In the two approaches detailed in the previous sections, the same radiating element is used for different frequency
bands. An alternative solution is to employ different radiating elements for different antenna performances. Advantages of this approach are the simple configuration and frequency jumps that can be extremely large. However, for this approach separate antenna arrays and feeding networks are required which will increase the total size.

5.1. Shared Aperture Antennas. The shared aperture antenna is one example of the mentioned design concept. In this approach, the idea is to share the physical area of the antenna aperture between different subarrays. The concept is illustrated in Figure 24. Here interleaved matrix of radiators is used [61]. This concept can be utilized for multifrequency, multifunction, and multipolarization applications. The advantage of shared aperture antenna is possibility to perform multiple tasks, achieve narrow beam width, avoid amplitude tapering, and so forth. The main challenges related to shared aperture antenna is to design subarrays which satisfies their requirements and placing the elements on the same aperture while avoiding any physical overlapping.

Another notable example of multiband array is presented in [62]. Here an interleaved phased array is utilized with waveguide element and wideband tapered element (see Figure 25). The array operates in triband and C, X and Ku band. The waveguide element operates at Ku band and the wideband “bunny ear” element operates at C to X band. In this design, the two types of elements are orthogonally polarized and therefore isolation between them is very high. However, the coupling between two adjacent wideband elements is very high, this being the major limiting factor for the array performance.

5.2. Multilayer Antennas. An alternative solution of shared aperture antenna is multilayer antenna array. In [63], a dual-frequency dual-polarized array antenna is presented (see Figure 26). Two planar arrays are incorporated for simultaneous S- and X-band operation. Rectangular ring resonator and circular patches are used as the radiating elements at S and X bands, respectively. These circular patches are combined to form the array using a series-fed structure to save the space of the feeding line network. The S-band elements are placed on the top substrate, and a foam layer is used to separate the array. One of the important design considerations for any multilayer array is that the antennas operating at different bands should be nearly transparent to each other to avoid performance degradation.

For reflector antennas frequency agility can be achieved by mounting several feed horns about the focus (with some degradation of pattern characteristics). Reflector type antenna has very high efficiency but requires mechanical movement to steer its beam. Furthermore, it is not flat and not easy to integrate on a host platform, and is significantly bulkier than planar antennas. As a result reflectarray antennas are often used. These are low cost, low profile, and high gain antennas with the beam scanning capability of a phased-array antenna. However, the disadvantage of reflectarray is the limited bandwidth caused by the narrow bandwidth of the elements and the different phase lengths needed at each frequency for beam steering. Dual frequency reflectarray can be designed by using dual layers of radiating elements [64]. An example of dual frequency reflectarray is presented in Figure 27.

Another notable example of multiband array is presented in [65]. As the S-band elements, dipoles are used while square patches are used as the X-band element (see Figure 28). The dual frequency ratio is here 1:3. The measured bandwidth of VSWR < 2 are 8.9% for S band and 17% for X band. The disadvantage of this approach is the complex fabrication process due to the five substrate layers. Furthermore, every
dual-polarized antenna element of both bands has two coaxial connectors beneath the substrates of the antenna. Therefore, a large number of connectors is required for the array structure. As stated in [65], a dual-polarized $2 \times 1$ S-band or $7 \times 4$ X-band array will need 60 coaxial connectors.

6. Conclusions

Reconfigurable antennas have their applications in numerous areas such as communications and surveillance. They possess the properties to modify the relevant circuitual characteristics and/or radiation properties in real time. The implementation of several functionalities on the same antenna requires topological reconfigurability to achieve radiation pattern and frequency agility. In particular, parameters such as the shape and size of the array and the grid spacing should be changed to adapt to the requirements set by the considered functionality. Moreover, digital beam forming in transmit and receive would offer great flexibility in the definition of the field of view and coverage. This requires both the possibility to choose the most suited beam-forming algorithm and corresponding calibration procedure. The antenna element can be reconfigured to obtain frequency, polarization, and/or radiation pattern agility. Frequency agility can be intended either as the ability to switch between different operating frequency bands (linked to the sensor application), for example, in a multifunctional system, or to tune the centre frequency of the instantaneous bandwidth within the total operating bandwidth of a specific communication or sensing functionality. The first case requires reconfigurability not only at antenna element level, with switching components such to obtain proper antenna operation within the aimed frequency bands, but also at array topology level, to correspondingly adapt the array spacing. The second case considers narrow-band elements whose centre frequency is tuned with tunable components or substrates. Polarization agility refers to the ability to change the polarization of the transmitted/received electromagnetic field, for example, between two orthogonal
linear polarizations or between linear and circular polarization. Polarization agility is an asset to implement on the same hardware platform functionalities with different polarization requirements, such as communication (typically circular) and surveillance (typically linear). Enabling technologies for antenna reconfigurability are switches, variable capacitances, and tunable substrates. These technologies are especially suitable for antennas realized in printed technology. A radiating element in printed technology consists of a metallic surface to which an electric signal is coupled through a guiding line. Switches such as PIN diodes and RF MEMS are typically used to electrically connect/disconnect metallic parts in order to introduce (discretized) changes in the geometry of the total radiating surface. The power handling capability and the lifetime of the switches are important issues. MEMS switches have some advantages over PIN diodes, such as lower insertion loss, lower noise figure, higher quality factor, higher linearity, lower power losses, and very little DC power consumption. However, they show higher actuation voltage and longer switching time. Recent advances in MEMS technology enable the realization of MEMS with improved switching speed and compact size. Varactor diodes provide a capacitance that can be continuously tuned by acting on the diode bias voltage. In view of this, they are typically used as a load to tune the resonance frequency of the antenna element. MEMS with capacitance variable in a given range represent a topic of research but currently available prototypes are not yet sufficiently reliable. Tunable materials, such as ferrite, ferroelectric materials, and liquid crystals are materials whose dielectric properties can be changed by applying an electric or magnetic field. Therefore, they can be used as antenna substrates to uniformly vary the size of the radiating surface therewith obtaining, for example, a change in the resonant frequency or beam steering. At least three approaches can be identified to obtain an antenna able to cover different frequency bands, for example, corresponding to different functionalities: by using very wideband technology, by considering frequency tunable antenna elements, or by implementing dual (multi-) layered arrays. Moreover, if frequency agility is required also filtering of out-of-band signals should be reconfigurable.

Tunable/Switchable Antenna Technology. Among different radiators, an adaptive element will provide the most compact solution and therefore can be easily realized in a dense array. Tunable or switchable narrowband antennas are the best solution when the size and efficiency are important issues. This approach reduces the requirements of the front-end filter compared to a UWB or multiband approach. An adaptive antenna can be realized by changing the physical structure of the radiator, for example, through switches or varactor diodes. However, integrating large number of lumped components (e.g., MEMS, diodes) in the radiating element might increase the power loss, noise, and complexity of the biasing circuitry. For this reason, an alternative approach consists in implementing the switch at the level of the matching network, which is typically located under the ground plane (for antenna in printed circuit board) between the antenna element and the TR module. More recently, antennas which are tuned by varying substrate properties have gained some research interest. Ferrite, ferroelectric material, and liquid crystal are used for these tunable antennas. However, these researches are still at a preliminary state and are facing challenges like reliability, efficiency, accurate control of the material property, and proper modeling.

Wideband Antenna Integration with Tunable Filters. An UWB or multiband antenna makes it possible to cover a very wide bandwidth which can encompass all desired frequencies of operation. Most of the proposed radiating elements are evolutions of the tapered slot antenna and have a three-dimensional geometry. Consequently, the main design challenges include feeding network, mutual coupling, and the need of filters for multifunctional operations. An alternative solution is to place the filter in the radiating element itself. This will relax the preselect filter requirements.

Reconfigurable Arrays. This approach involves fully populated individual arrays placed together in a manner as to minimize the interference of one (array) over the other. Elements for both arrays can be combined into individual modules. For the dual layer approach to minimize performance degradation the top array should be nearly transparent to the bottom
layer. Therefore, the structure of the radiating element should be carefully considered. Moreover, if these arrays have to be made reconfigurable, the corresponding bias lines at different layers would affect the performance of the other layers.

Acknowledgment

This study is conducted as part of the Sensor Technology Applied in Reconfigurable Systems for Sustainable Security (STARS) project. For further information: http://www.starsproject.nl/.

References


Research Article

Sparse Channel Estimation for MIMO-OFDM Two-Way Relay Network with Compressed Sensing

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Received 30 September 2012; Revised 7 February 2013; Accepted 12 February 2013

Abstract

Accurate channel impulse response (CIR) is required for equalization and can help improve communication service quality in next-generation wireless communication systems. An example of an advanced system is amplify-and-forward multiple-input multiple-output two-way relay network, which is modulated by orthogonal frequency-division multiplexing. Linear channel estimation methods, for example, least squares and expectation conditional maximization, have been proposed previously for the system. However, these methods do not take advantage of channel sparsity, and they decrease estimation performance. We propose a sparse channel estimation scheme, which is different from linear methods, at end users under the relay channel to enable us to exploit sparsity. First, we formulate the sparse channel estimation problem as a compressed sensing problem by using sparse decomposition theory. Second, the CIR is reconstructed by CoSaMP and OMP algorithms. Finally, computer simulations are conducted to confirm the superiority of the proposed methods over traditional linear channel estimation methods.

1. Introduction

Two-way relay network (TWRN) has attracted great attention because it can improve spectral efficiency unlike a one-way relay network [1]. In a typical TWRN, two terminals, $T_1$ and $T_2$, exchange information through the assistance of an intermediate relay $R$ via amplify-and-forward (AF). The TWRN requires two time slots to exchange their information. At the first time slot, both terminals send their data to the relay simultaneously, and then $R$ amplifies the superimposed signal and broadcasts it to the end terminals during the second time slot. After receiving the signal from $R$, the end nodes remove their own interference and perform a coherent detection process to recover the data transmitted from the other node. Compared with the basic single-antenna relay channel, the multiple-input multiple-output (MIMO) relay channel provides the high capacity of MIMO communication with the coverage extension capability of relay nodes. MIMO relay channel is one of the most promising solutions as it increases channel capacity and network reliability and effectively combats multipath fading. Furthermore, the orthogonal frequency-division multiplexing (OFDM) modulation technique provides efficient bandwidth utilization and robustness against time-dispersive channels. Therefore, the MIMO-OFDM-TWRN is a promising technique for next-generation wireless communication systems.

The MIMO-OFDM-TWRN system faces more challenges because channel estimation is required not only for data detection but also for self-data cancellation at the two terminals. Linear channel estimation methods have been proposed for MIMO-OFDM-TWRN. In [2], channel estimation by using least squares (LS) was proposed, and the block-based training design method was considered to achieve the optimal linear channel estimator. In addition, channel information estimation which uses the expectation conditional maximization (ECM) algorithm was proposed in [3]. However, both proposed methods do not take advantage of channel sparsity, and they result in performance loss of MIMO-OFDM-TWRN. In the development of channel modeling, numerous measurements demonstrated that multipath wireless channels tended to exhibit a cluster or sparse structure in which majority of the channel taps end up...
being either zero or below the noise floor, especially when operating at large bandwidths and signaling durations and/or with numbers of antenna elements [4–6]. In addition, with the theoretical development of compressed sensing (CS) [7], numerous researchers have proposed sparse channel estimation methods for point-to-point (P2P) communication systems, including single-antenna [8] or multiple-antenna [9] systems. Sparse channel estimation methods on cooperative networks have also been investigated. All channel estimation methods are limited to either single-antenna or multiple-antenna systems for traditional P2P transmission and single-antenna relay channel. To the best of our knowledge, corresponding work has not been conducted for MIMO-OFDM-TWRN.

In this study, we focus on the TWRN with multiple antennas at relay $R$ and both end nodes, which is modulated by OFDM. We introduce the MIMO-OFDM-TWRN channel model and formulate composite channels estimation as a compressed sensing problem by using sparse decomposition theory. Then, the composite channel is reconstructed by CoSaMP [12] and OMP [13] algorithms. Finally, we verify the proposed methods via computer simulations. This study contributes to the field by introducing a sparse channel estimation technique with compressed sensing for MIMO-OFDM-TWRN and the use of the sparse structure information in the CIR by the end users.

The remainder of this paper is organized as follows. Section 2 describes the system model. Section 3 provides details on the proposed algorithm. The simulation results are reported in Section 4, and the conclusions are provided in Section 5.

2. System Model

2.1. Relay Transmission Model. Figure 1 shows a typical TWRN with two source nodes, $T_1$ and $T_2$, and one relay node, $R$. The two terminal users exchange information with the assistance of the relay node. $T_1$ and $T_2$ each have $N_r$ antennas, and $R$ has $N_R$ antennas. The bidirectional communication is performed in two phases, as shown in Figure 1. In phase I, $T_1$ and $T_2$ send their signal simultaneously to the relay node $R$. Then, the relay amplifies the received signals and broadcasts them to the source nodes $T_1$ and $T_2$ in phase II.

The channel between the $r$th antenna of $T_j$ and the $r$th antenna of $R$ is assumed to be a quasi-static frequency-selective fading channel with an impulse response denoted by $h_{r,m} = [h_{r,m}^1(0), h_{r,m}^1(1), \ldots, h_{r,m}^1(L-1)]^T \in \mathbb{C}^{L \times 1}$, where $i = 1, 2$ and $L$ is the channel length. All channels $h_{r,m}^i (i = 1, 2; m = 1, \ldots, N_T; r = 1, \ldots, N_R)$ are assumed zero-mean complex Gaussian random variables with variance $(\sigma_r^2)^2$ and are independent of each other. The average transmission powers of $T_1$, $T_2$, and $R$ are $P_1$, $P_2$, and $P_R$, respectively. For the time being, we assume perfect synchronization among three terminals.

2.2. Received Signals at the Relay Node and the End Users. The training signal vectors transmitted from the $m$th antenna of $T_1$ and $T_2$ are denoted by $s_m^1$ and $s_m^2$. We assume that $E[|s_m^1|^2] = P_1$. In phase I, the signal vectors $s_m^1$ and $s_m^2$ are processed by an inverse fast Fourier transform as $\tilde{s}_m^1 = F^H s_m^1 = [s_m^1(0), s_m^1(1), \ldots, s_m^1(N-1)]$, where $F$ is the discrete Fourier transform (DFT) matrix with the $(m,n)$th entity given by $F = 1/\sqrt{N_\text{T}} e^{-j 2 \pi m n / N_\text{T}}$. To avoid inter-block interference, $\tilde{s}_m$ is the cyclic prefix (CP) of length $L_p$ added before being transmitted, and $L_p$ should satisfy $L_p \geq L - 1$. The received signal vector at the node $R$ after removing CP can be written as

$$y_R = H^1 s^1 + H^2 s^2 + w,$$

where

$$s^1 = \left[ (s_1^1)^T, (s_2^1)^T, \ldots, (s_{N_T}^1)^T \right]^T,$$

$$s^2 = \left[ (s_1^2)^T, (s_2^2)^T, \ldots, (s_{N_T}^2)^T \right]^T,$$

$$H^1 = \begin{bmatrix}
H_{1,1} & H_{1,2} & \cdots & H_{1,N_T} \\
H_{2,1} & H_{2,2} & \cdots & H_{2,N_T} \\
\vdots & \vdots & \ddots & \vdots \\
H_{N_T,1} & H_{N_T,2} & \cdots & H_{N_T,N_T}
\end{bmatrix},$$

$$H^2 = \begin{bmatrix}
H_{1,1}^2 & H_{1,2}^2 & \cdots & H_{1,N_T}^2 \\
H_{2,1}^2 & H_{2,2}^2 & \cdots & H_{2,N_T}^2 \\
\vdots & \vdots & \ddots & \vdots \\
H_{N_T,1}^2 & H_{N_T,2}^2 & \cdots & H_{N_T,N_T}^2
\end{bmatrix},$$

$$w = \left[ w_1^T \ w_2^T \ \cdots \ \ w_{N_T}^T \right]^T.$$
The vector $\beta y_T$ is CP-added before being transmitted back to $T_1$ and $T_2$. Only the channel estimation problem at $T_1$ is considered in this study. A similar procedure can be applied at $T_2$. The received signal at $T_1$, which is from relay $R$ after removing CP, can be written as [3]

$$y_{T_1} = \beta G \left( H^1 s^1 + H^2 s^2 \right) + n_{T_1}, \quad (4)$$

where

$$G = \begin{bmatrix}
H_{1,1} & H_{1,2} & \cdots & H_{1,N_2,1} \\
H_{1,2} & H_{1,2} & \cdots & H_{1,N_2,2} \\
\vdots & \vdots & \ddots & \vdots \\
H_{1,N_1,1} & H_{1,N_1,2} & \cdots & H_{1,N_1,N_T}
\end{bmatrix} \quad (5)$$

and $n_{T_1} = \beta G w + n$, $n = [n_1^T n_2^T \cdots n_{N_T}^T]^T$.

According to the matrix theory, matrices $H_{r,m}$ can be decomposed as $H_{r,m} = F^H \Lambda_{r,m} F$ [14], where $\Lambda_{r,m} = \text{diag}(H_{r,m}^T(0), H_{r,m}^T(1), \ldots, H_{r,m}^T(N-1))$ and $H_{r,m}(c) = \sum_{l=0}^{L-1} h_{r,m}(l) e^{-j2\pi lc/N}$, $(c = 0, 1, \ldots, N-1)$

$$\beta H_{r,1}^1 H_{r,2}^2 = F^H \beta \Lambda_{r,1,1} \Lambda_{r,2,2}^2 F, \quad (6)$$

where $r_1$ and $r_2 = 1, 2, \ldots, N_R$, and $m_1$ and $m_2 = 1, 2, \ldots, N_T$.

Equations (6) are two circulant matrices that have the first columns of $[\beta(h_{r,m}^1 \ast h_{r,m}^2) \ast 0_{1 \times (N-2L+i)}]^T$ and $[\beta(h_{r,m}^1 \ast h_{r,m}^2) \ast 0_{1 \times (N-2L+i)}]^T$. Thus, by normalizing DFT of $y_{T_1}$, system model (4) can be rewritten as

$$y_1 = (I \otimes F) y_{T_1},$$

$$y_1 = \sum_{r=1}^{N_R} \sum_{m=1}^{N_T} \beta \Lambda_{r,1,1} \Lambda_{r,2,2}^2 + F_n y_{T_1}. \quad (7)$$

From (7), we define composite channels $g$ and $q$, which are given, respectively, as

$$g = \beta (h_{r,m}^1 \ast h_{r,m}^1),$$

$$\beta \Lambda_{r,1,1} \Lambda_{r,2,2}^2 = \text{diag}(W g), \quad (8)$$

$$q = \beta (h_{r,m}^1 \ast h_{r,m}^2),$$

$$\beta \Lambda_{r,1,1} \Lambda_{r,2,2}^2 = \text{diag}(W q).$$

Then, (7) can be expressed as

$$y_1 = S k + F_n y_{T_1}, \quad (9)$$

where $S = [s^1 s^2]$, $k = [g^T q^T]$, and $W$ is a matrix which takes the first $(2L - 1)$ columns of $\sqrt{N}F$.

### 3. Sparse Channel Estimation

#### 3.1. Overview of Compressed Sensing

Compressed sensing (CS) describes a new signal acquisition theory in which sparse high dimensional vectors can be accurately recovered from a small number of linear observations. CS has been applied in various areas, such as imaging, radar, speech recognition, and data acquisition. In communications, an immediate application of CS is wireless sparse multipath channel estimation. Detailed descriptions can be found in [7].

In this paper, we consider the linear model as (9). According to the CS, if an unknown signal vector satisfies the sparse or approximate sparse requirements, the conditions under which CS succeeds depends on the structure of the measurement matrix $S$. Thus, these kinds of unknown signals can be robustly reconstructed from observation signal $y_1$. However, the sparsest solution is always a nondeterministic polynomial-time hard (NP-hard) problem. According to recent theoretical results, the observation signal can be used to efficiently recover any “sparse enough” signal provided that the matrix $S$ satisfies the so-called restricted isometric property (RIP) [15, 16]. We suppose that $S$ is a $n \times p$ complex-valued measurement matrix that has unit $\ell_2$-norm columns. The $S$ satisfies the RIP of order $d$ with parameter $\delta_d \in (0, 1)$, which can satisfy the inequality

$$(1 - \delta_d) \| k \|_2^2 \leq \| S k \|_2^2 \leq (1 + \delta_d) \| k \|_2^2, \quad (10)$$

where $\| k \|_2^2$ denotes the $\ell_2$-norm, which is given by $\| k \|_2^2 = \sum_{i=1}^{n} |k_i|^2$. If (10) is satisfied, the training sequence is said to satisfy the RIP of order $d$, and the accurate channel estimator with high probability can be obtained by using CS methods. Although verifying whether a given matrix satisfies this condition is difficult, many matrices satisfy the restricted isometry property (RIP) with high probability and few measurements. In particular, it has been shown experientially with high probability that the random Gaussian, Bernoulli, and partial Fourier matrices satisfy the RIP with a number of measurements that are nearly linear in the sparsity level.

#### 3.2. Compressed Channel Estimation (CCE)

Since the channel impulse responses $h_{r,m}$ are sparse enough, their cooperation convoluted channel $g$ and $q$ have been verified to be sparse or approximate sparse [17]. In this case, we use two greedy algorithms, that is, orthogonal matching pursuit (OMP) [13] and compressive sampling matching pursuit (CoSaMP) [12], which select each dominant coefficient in channel through iteration. We also present the LS channel estimator for comparison. The LS estimator (known position) is given by numerous practical algorithms for channel estimation. The LS estimator is expressed as

$$k = \begin{bmatrix} S_T^* y_1, & T \subseteq \text{supp}(k), \end{bmatrix}, \quad (11)$$

where $\text{supp}(k)$ denotes the nonzero taps that support the channel vector $k$, $S_T$ is the submatrix constructed from the columns of $S$, and $T$ denotes the selected subcolumns which correspond to the nonzero index set of the convoluted
channel vector $h$. The mean square error (MSE) of the LS estimator $\hat{k}$ is given by

$$\hat{k} \triangleq S^H y_1 = k + S^H F_{\mathbf{r}}^T,$$

where $S^H$ is the pseudo-inverse of $S$ and is given by $S^H = (S^H S)^{-1} S^H$. The MSE of the LS channel estimate is given by $\text{MSE} = E[\|\hat{k} - k\|^2] = E[\|S^H F_{\mathbf{r}}^T\|^2]$, which can also be written as

$$\text{MSE}(\hat{k}) = \sigma_n^2 \text{tr}\left((S^H S)^{-1}\right).$$

By utilizing CS recovery algorithms for compressive channel estimation, we propose CCE-OMP and CCE-CoSaMP. The two estimation methods for convoluted channels are described as follows.

### 3.2.1. CoSaMP Estimator $\hat{k}_{\text{CoSaMP}}$

Given $y_1$, $F$ and $W$, and training signal matrix $S = \text{diag}(F s') W$, the maximum number of dominant channel coefficients is assumed as $d$. The CCE-CoSaMP is performed as follows.

**Initialization.** We set the nonzero coefficient index as $k_{0} = \emptyset$, the residual estimation error $r_0 = y_1$, and the initialize iteration counter as $l = 1$.

**Identification.** We select a column index $n_l$ of $S$ that is most correlated with the residual

$$n_l = |\langle r_{l-1}, S_i \rangle|,$$

$$T_l = T_{l-1} \cup n_l.$$

(14)

We use the LS method to calculate a channel estimator as $T_{lS} = \arg \min \|y_1 - S \hat{k}\|$ and select a maximum of $T$ dominant taps denoted by $k_{lS}$. The positions of the selected dominant taps in this substep are denoted by $T_{lS}$.

**Merge.** The positions of the dominant taps are merged by $T_l = T_{lS} \cup T_{l}.$

**Estimation.** We compute the best coefficient for approximating the channel vector with chosen columns

$$\hat{k}_l = \arg \min_k \|y - S_{T_l} \hat{k}\|_2, \quad (15)$$

**Pruning.** We select the $T_l$ largest channel coefficients

$$k_l = \{k_i \}_{i \in T_l}, \quad (16)$$

and replace the left taps $T \setminus T_l$ by zero.

**Iteration.** We update the estimation error

$$r_l = y_1 - S_{T_{l}} \hat{k}_l.$$ 

(17)

We increase the iteration counter $k$. We repeat (14) to (17) until the stopping criterion holds, and then set $\hat{k}_{\text{CoSaMP}} = \hat{k}_l$.

### 3.2.2. OMP Estimator $\hat{k}_{\text{OMP}}$

Given the received signal $y_1$, $W$, $F$, and $s'$, the CCE-OMP estimator runs as follows.

**Initialization.** We set the nonzero coefficient index as $T_0 = \emptyset$, the residual estimation error $r_0 = y_1$, and the initialize iteration counter as $l = 1$.

**Identification.** We select a column index $n_l$ of $s'$ that is most correlated with the residual

$$n_l = |\langle r_{l-1}, s_i \rangle|,$$

$$T_l = T_{l-1} \cup n_l,$$

(18)

**Estimation.** We compute the best coefficient for approximating the channel vector with chosen columns

$$k_l = \arg \min_k \|y_1 - S_{T_l} k \|_2.$$ 

(19)

**Iteration.** We update the estimation error

$$r_l = y_1 - S_{T_{l}} k_l.$$ 

(20)

We increase the iteration counter $l$. We repeat (18) to (20) until the stopping criterion holds, and then set $\hat{k}_{\text{OMP}} = \hat{k}_l$.

### 4. Simulation Results

In this section, we present the simulation results and analyze the performance of compressive channel estimation in a MIMO-OFDM two-way relay network. We compare the performance of the proposed estimators with that of an LS-based linear estimator and adopt 10,000 independent Monte Carlo runs for averaging. We consider the MIMO relay network with $N_T = N_R = 2$ antennas; the number of carriers is 128. All channels have the same length ($P = 32$), and the positions of the nonzero channel taps are randomly generated. QPSK modulation is used. Transmit power is set as $P_1 = P_2 = P$, and AF relay power is set as $P_R = P$. The signal-to-noise ratio is defined as $\frac{10 \log(P/\sigma_n^2)}{\text{dB}}$. When the number of nonzero taps in cooperation channels $h_{r,m}^i (i = 1, 2; r = 1, 2, \ldots, N_R; m = 1, 2, \ldots, N_T)$ is changed, the simulation results are shown in Figures 2 to 5.

The channel estimators are evaluated via the average MSE, which is defined by

$$\text{average MSE} (\Delta k) = \frac{\|k - \hat{k}\|_2^2}{M(2L - 1)},$$

(21)

where $k$ and $\hat{k}$ denote the channel vector and its estimator, respectively, $M$ is the number of Monte Carlo runs, and $(2L - 1)$ is the overall length of channel vector $k$. In Figure 2, the number of nonzero taps of h_{r,m}^i (i = 1, 2) is set to 2, and the cooperation convoluted channel also has sparsity. Figure 2 shows that the performance of the proposed CCE methods is significantly better than that of the LS estimator and is close to the ideal LS estimator by using the known position of the channel. In Figure 3, the number of nonzero taps of h_{r,m}^i (i = 1, 2) is set as 4.
A comparison between the simulation results in the two figures (Figures 2 and 3) shows that the proposed estimators can exploit the channel sparseness. Notably, if channels are dense rather than sparse, all proposed estimators will have the same performance as the LS estimator.

We also compare the performance of the proposed CCE-CoSaMP estimator with that of the ECM estimator algorithm in this section. Figures 4 and 5 show that when channel impulse responses $\mathbf{h}_{i,m}$ are sparse enough, the proposed CCE estimator performs significantly better than the ECM algorithm. However, as the number of nonzero taps of all the channels increases, the performance of CCE-CoSaMP is closer to that of the ECM algorithm.

5. Conclusion

This paper investigated the channel estimation problem in sparse multipath MIMO two-way relay networks that adopt the OFDM technique. To address the shortcomings of conventional linear channel estimation methods, we proposed compressed channel estimation methods for MIMO-OFDM two-way relay networks under the AF protocol. The sparseness of convoluted sparse channels was demonstrated by a measure function. The proposed methods exploited the sparsity in the MIMO TWRN channel. The simulation results confirmed the superior performance of the proposed method.
compared with conventional linear methods, for example, LS and ECM.

Acknowledgment

This study is funded by the National Natural Science Foundation of China (Grant nos. 61071175, 61202499, 61271421, and 61152004).

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Research Article

Planar Ultrawideband Antenna with Photonically Controlled Notched Bands

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Received 7 December 2012; Accepted 29 January 2013

Academic Editor: Diego Caratelli

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A design of a planar microstrip-fed ultrawideband (UWB) printed circular monopole antenna with optically controlled notched bands is presented. The proposed antenna is composed of a circular ultrawideband patch, with an etched T-shaped slot controlled by an integrated silicon switch. The slot modifies the frequency response of the antenna suppressing 3.5–5 GHz band when the switch is in open state. The optical switch is controlled by a low-power near-infrared (808 nm) laser diode, which causes the change in the frequency response of the antenna generating a frequency notch. This solution could be expanded to include several notches in the antenna frequency response achieving a fully reconfigurable UWB antenna. The antenna could be remotely controlled at large distances using optical fiber. The prototype antenna has been fully characterized to verify these design concepts.

1. Introduction

Ultrawideband (UWB) antennas with filtering properties are demanded in many practical applications, owing to the coexistence of UWB systems with other wireless standards, such as WLAN (5.15–5.35 and 5.725–5.825 GHz), WiMAX (3.5 GHz), X-band downlink satellite communication systems (7.25–7.75 GHz), or ITU (8.025–8.4 GHz). The antenna with filtering properties is employed in order to mitigate the devastating interference as well as to remove the requirement of additional bandstop filters. Reconfigurable antennas can have reconfigurable frequency, radiation pattern, polarization, or a combination of these properties. Planar antennas with reconfigurable band notches have been proposed [1–3]. Notched bands were introduced using split ring resonators (SRRs) and complementary split ring resonators (CSRRs). Electronic switches were mounted across or along the resonators to activate the corresponding band notches. Optical switches were introduced in the designs of the frequency and beam reconfigurable antenna [4] and frequency reconfigurable antenna [1]. The ultrawideband planar antenna with photonically controlled notched bands using silicon switch is presented in this paper.

Photonic devices have been considered enabling technologies for future RF and microwave devices and subsystems. The research of optically controlled microstrip switches started in 1970s [5, 6] and is continuing throughout to today. References have reported devices fabricated from coplanar waveguides and microstrip transmission lines printed on silicon substrate [7, 8]. Simple microwave switches have been applied in designs of antennas, filters, phase shifters, and couplers [9–11]. The main advantage of optically controlled microwave circuits is high level of isolation between the controlling electronic circuit and the microwave circuit. Typically the highly resistive silicon wafer in these devices is illuminated by a near-infra-red laser or a light-emitting diode (LED), with the optical power of few milliwatts. Devices that have proved themselves ideal for implementation of silicon switches are reconfigurable antennas and cryogenic components [12]. The main advantage in reconfigurable antenna design is the elimination of biasing lines that can modify the radiation pattern of the antenna. Several notches controlled with optical switches can be easily included in one antenna to control the frequency response and radiation pattern.
2. Antenna Design

The design presented in this paper, shown in Figure 1, is based on the design of a monopole UWB antenna with an etched T-shaped slot and with a partial ground plane designed to be used for UWB from 3.1 to 10.6 GHz. The antenna is based on a Taconic substrate with the dielectric constant 3.5 and thickness of 1.524 mm. The radius of the circle is 18.3 mm, and the other dimensions are as follows: \( L = 50 \text{ mm}, W = 50 \text{ mm}, \) \( L_f = 7.5 \text{ mm}, L_{L1} = 11.7 \text{ mm}, \) and \( L_{L2} = 8.6 \text{ mm}. \)

The antenna includes a slot controlled with the optical switch. This slot can be designed to generate a notch at the desired frequency, and also the bandwidth of the notch can be controlled with the resistivity of the switch. It is also possible to introduce additional slots that would result in multiple notches.

The optical switch is made placing a silicon dice over the slot of the resonator. The dimensions of the dice of silicon wafer are 1 mm × 1 mm. When the switch is mounted, the slot resonator is causing the band notch in a frequency response of the antenna when the laser diode is turned off and the switch is in OFF state. When the laser diode is activated and the switch is in ON state, the additional resonance is cancelled.
Figure 3: Antenna measurement in the anechoic chamber.

Figure 4: Reflection coefficient magnitude versus frequency

Figure 5: Simulation and measurement of return loss of the antenna when the switch is ON, and the notch disappears. The antenna covers all UWB from 3.1 to 10 GHz.

Table 1: Gain versus frequency with and without notch.

<table>
<thead>
<tr>
<th>Frequency</th>
<th>Notch &quot;on&quot; gain</th>
<th>Notch &quot;off&quot; gain</th>
</tr>
</thead>
<tbody>
<tr>
<td>3.1 GHz</td>
<td>2.5 dB</td>
<td>2.7 dB</td>
</tr>
<tr>
<td>4 GHz</td>
<td>−3 dB</td>
<td>3.0 dB</td>
</tr>
<tr>
<td>6.85 GHz</td>
<td>3 dB</td>
<td>3.5 dB</td>
</tr>
<tr>
<td>10 GHz</td>
<td>2.1 dB</td>
<td>2.2 dB</td>
</tr>
</tbody>
</table>

Table 2: Polarization purity change in presence of T-slot.

<table>
<thead>
<tr>
<th>Frequency</th>
<th>Polarization purity change (dB)</th>
</tr>
</thead>
<tbody>
<tr>
<td>3.1 GHz</td>
<td>0.96 dB</td>
</tr>
<tr>
<td>5.66 GHz</td>
<td>3.28 dB</td>
</tr>
<tr>
<td>6.85 GHz</td>
<td>2.72 dB</td>
</tr>
</tbody>
</table>

and the notch disappears. In this case, antenna operates in full ultrawideband frequency range.

The dice is made of highly resistive silicon placed on the top of the microstrip gap and photoinduced with a near-infrared laser diode. The silicon wafer used in the design is highly resistive (around 6,000 Ω cm), type N, doped with Phosphorus, with III crystal orientation, 0.3 mm thick, single side polished. The light was focused using a 200 mW 808 nm near-infrared laser diode module attached to the back of the ground of the antenna. A 0.5 mm hole was drilled through the substrate, which allows laser light to reach silicon dice. A prototype shown in Figure 2 was fabricated to verify the performance.

3. Simulation and Experimental Results

Electromagnetic simulations of the ultrawideband antenna were performed using CST Studio Suite, and the switch was modelled with different material conductivities for OFF and ON states. Switch conductivities were 10 and 350 S/m, respectively. These values of switch conductivities were extracted from the measurements of the individual switch placed over a gap of a 50 Ω microstrip transmission line built on the same substrate. Measurements of the antenna were performed in the anechoic chamber as shown in Figure 3. Antenna return loss simulation and measurement results are shown in states when the switch is OFF and ON in Figures 4 and 5. It can be clearly seen in Figure 4 how the band from 3.5 to 5 GHz is rejected when the switch is ON and the antenna is working from 3.1 to 10.6 GHz with return losses better than 10 dB that fulfils the FCC criterion [13].

Gain, efficiency, and radiation pattern measurements of the antenna at different frequencies were performed in a large far field anechoic chamber. The results of the gain measured with and without notch are given in Table 1. Gain significantly reduces when the notch is activated. The average efficiency of the antenna is 70% and reduces to 60% when the switch is ON. We performed measurements of the influence of T-slot on polarization purity by measuring antenna polarization purity with slot and without it. The results are summed up in Table 2. We found that in both cases antenna exhibits good polarization purity.

The simulated and measured E-plane- and H-plane-normalized radiation patterns at 3.1 GHz and 6.85 GHz for
both switch states are plotted in Figures 6 and 7, respectively. Radiation pattern is quite omnidirectional and fits fairly well with CST simulations. There are some differences that can be caused by the feeding SMA connector and small parasitic capacitance (0.2 pF) of the silicon switch.

4. Conclusion

The design of a new ultrawideband monopole antenna with an etched T-shaped slot with integrated silicon switch and photonically controlled band notch has been presented. The photoconductive silicon switch was mounted across the T-shaped slot resonator and used to activate and deactivate the notch in the antenna response.

The main advantage of this ultrawideband antenna with filtering properties is the elimination of the undesired band. In our case a 3.5 to 5 GHz band has been chosen, and a controlled reduction of the antenna gain has been achieved. The band notch switching has been successfully demonstrated through simulation and measurements. The other advantage of this reconfigurable ultrawideband antenna is the elimination of biasing lines that could interfere with the operation of the antenna. Applications requiring sensing
and frequency band switching such as cognitive radio could benefit from the proposed reconfigurable antenna.

**References**


Research Article

Safety Aspects of People Exposed to Ultra Wideband Radar Fields

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Received 5 October 2012; Accepted 24 December 2012

Academic Editor: Renato Cicchetti

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The safety aspects of people exposed to the field emitted by ultra wideband (UWB) radar, operating both in the spatial environment and on ground, for breath activity monitoring are analyzed. The basic restrictions and reference levels reported in the ICNIRP safety guideline are considered, and the compliance of electromagnetic fields radiated by a UWB radar with these limits is evaluated. First, simplified analytical approaches are used; then, both a 3-dimensional multilayered body model and an anatomical model of the head have been used to better evaluate the electromagnetic absorption when a UWB antenna is placed in front of the head. The obtained results show that if the field emitted by the UWB radar is compliant with spatial and/or ground emission masks, then both reference levels and basic restrictions are largely satisfied.

1. Introduction

Ultra wideband radars have unique features suitable for a large variety of biomedical sensing applications, as for example, the continuous monitoring of breath activity, the monitoring of internal organ movements, the measurement of the heart rate variability, and the pregnancy monitoring.

The first UWB radar for remote sensing was patented in 1994 by McEwan at the Lawrence Livermore National Laboratory (LLNL) [1]. This kind of radar is constituted by a pulse generator, a UWB receiver, a timing circuitry, a signal processor, and UWB antennas. The pulse generator is based on a pulse repetition interval generator with a repetition rate in the range 1–10 MHz followed by a step-like generator producing a fast rise-time edge. Then, one or more impulse-shaping networks convert the fast edge in a signal whose time dependence is Gaussian-like or a higher derivative of the Gaussian pulse [2]. Subsequently, the signal is sent to the transmitting UWB antenna and it is radiated toward the target. Once reflected by the target, the impulse is received by the same or a different UWB antenna, detected by a suitable receiving section [3, 4], and processed to evaluate the distance between the antenna and the target.

In accordance with the previous description, the UWB radiated signal is a pulse train with a repetition rate in the 1–10 MHz range. Due to the particular applications of UWB radar in medicine, crucial points to investigate are the assessment of the UWB radar radiated field and the study of the compliance with safety guidelines. To this end, since the foreseen applications of the UWB radar are both on ground and inside a spatial environment, the maximum value of the radiated field used in this study will be settled considering the emission masks of the Federal Communications Commission (FCC) [5], defined on imaging systems, and of the space environment [6], referring to the electromagnetic compatibility of the electronic apparatuses [7].

The safety issue related to the exposure of humans to the electromagnetic field emitted by the UWB radar can be evaluated following the guidelines issued by ICNIRP (International Commission on Non-Ionizing Radiation Protection) [8] and referenced in the European regulations [9]. ICNIRP guideline was published in 1998 [8] and recently reconfirmed in the frequency range 100 kHz–300 GHz [10]. This guideline defines basic restrictions, which are restraining values directly linked to health effects, and reference levels, which are limits on the electromagnetic field impinging on
the subject. Moreover, a distinction between workers, that is, people who are exposed to the electromagnetic field due to their work, and the general population is done, with lower limits settled for this last category of people.

In this work, the safety assessment related to the exposure of people to UWB radar fields is tackled in several ways.

An analytical study is performed first to evaluate the compliance of the UWB radar with ICNIRP safety guidelines under the hypothesis that the maximum allowable levels, extrapolated by FCC and spatial emission masks, are used. Then, this analysis is refined simulating a realistic scenario in which a multilayered body model is placed in front of a UWB antenna. Finally, an anatomical model of the head is taken into account in the presence of the same UWB antenna.

The paper is organized as follows: in Section 2, the ICNIRP guideline is introduced. In Section 3, the compliance of the UWB radar with ICNIRP limits is examined, using a model of the radar for the estimation of the radiated field and using a worst case analytical approach to test compliance with basic restrictions. In Section 4, the electromagnetic absorption is evaluated considering a 3-dimensional multilayered body model and an anatomical model of the human head. Eventually, in Section 5, conclusions are drawn.

2. Limits and Exposure Levels

According to FCC [5], a UWB radar used for medical purposes should emit an electromagnetic field whose spectrum covers the 3.1–10.6 GHz band. In this frequency band, the main effect that the electromagnetic field can produce inside the human body is the temperature increase, related to the power absorption [8].

Into the safety guidelines, thermal effects of electromagnetic field are associated to the SAR, defined as the power absorbed per unit mass and measured in W/kg [8]. Accordingly, in the 100 kHz–10 GHz band, the ICNIRP guideline settles limits (named "basic restrictions") on the SAR considering both the SAR as averaged over the whole body (SARWB) and the SAR as averaged over 10 g in the head and trunk (SAR10gL) and in the limbs (SAR10gL), as reported in Table 1. These values are averaged over 6 min [8]. When near field exposures are considered, since the electromagnetic field distribution may be highly inhomogeneous, and there could be a direct coupling between the electromagnetic field source and the exposed humans, the SAR limits must be considered.

For far field exposure, ICNIRP gives reference levels in terms of electromagnetic field values derived from the basic restrictions through dosimetry considerations.

Reference levels are defined as unperturbed field values spatially averaged over the entire body of the exposed individual. The electric field, magnetic field, and power density reference levels for the general population in the frequency range from 2 GHz to 300 GHz are settled to 61 V/m, 0.16 A/m, and 10 W/m², respectively [8].

Moreover, since the field radiated by the UWB radar is constituted by a pulse train, exposure limits have to be considered for short-term effects, with particular reference to the microwave hearing effect [8]. These limits are settled in terms of specific energy absorption (SA) and temporal peak of the electric field. According to ICNIRP, “for pulsed exposures in the frequency range 0.3 to 10 GHz and for localized exposure of the head, in order to limit or avoid auditory effects caused by thermoelastic expansion, an additional basic restriction is recommended. This is that the SA [defined as the time integral of SAR] should not exceed 10 mJ/kg for workers and 2 mJ/kg for the general public, averaged over 10 g tissue.” (note no. 7, Table 4 in [8]). Furthermore, “although little information is available on the relation between biological effects and peak values of pulsed fields, it is suggested that, for frequencies exceeding 10 MHz, SREF [i.e., the power density] as averaged over the pulse width should not exceed 1,000 times the reference levels or that field strengths should not exceed 32 times the field strength reference levels”.

3. Compliance Evaluations

Since in the considered application (i.e., remote monitoring of the breath activity) the exposed subject is mainly in the antenna far field region, reference levels must be considered for safety purposes. On the other hand, because the subject under investigation could move during monitoring, it may happen that the subject could find himself close to the antenna thus taking up the reactive field. Consequently, also basic restrictions have been taken into account. Furthermore, for some particular body positions, the UWB signal could impinge on the subject head; therefore, also SA estimation has been considered [11–13].

To compare the radiated field, the SAR, and the SA values produced by the UWB radar with the limits reported in the ICNIRP standard, three safety factors have been defined as follows:

\[
\text{SE} = \left( \frac{E_{\text{REF}}}{E_{\text{COMP}}} \right)^2, \quad \text{SS} = \frac{\text{SAR}_{\text{REF}}}{\text{SAR}_{\text{COMP}}}, \quad \text{SW} = \frac{\text{SAR}_{\text{REF}}}{\text{SAR}_{\text{COMP}}},
\]

where \(E_{\text{REF}}\) is the electric field reference value reported in the ICNIRP standard, \(E_{\text{COMP}}\) is the computed radiated field, \(\text{SAR}_{\text{REF}}\) and \(\text{SAR}_{\text{COMP}}\) are the values of the SAR and SA settled in the ICNIRP guideline, and \(\text{SAR}_{\text{COMP}}\) and \(\text{SAR}_{\text{COMP}}\) are the computed SAR and SA, respectively. According to the definition, the higher the value of the safety factor, the lower the exposure of the subject.

3.1. Reference Levels in relation to FCC Emission Masks. In the FCC regulations, emission masks are based on EIRP

<table>
<thead>
<tr>
<th></th>
<th>SARWB (W/kg)</th>
<th>SAR10gL (W/kg)</th>
<th>SAR10gL (W/kg)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Workers</td>
<td>0.4</td>
<td>10</td>
<td>20</td>
</tr>
<tr>
<td>General population</td>
<td>0.08</td>
<td>2</td>
<td>4</td>
</tr>
</tbody>
</table>

Table 1: ICNIRP basic restrictions in the 100 kHz–10 GHz band [7].
measured on a specified bandwidth. According to FCC [5], for UWB medical imaging systems, the radiated emissions between 3.1 GHz and 10.6 GHz shall not exceed the EIRP value of $-41.3$ dBm, when measured using a resolution bandwidth of 1 MHz. Correspondingly, the value reported at a given frequency indicates the maximum allowed EIRP within a bandwidth of 1 MHz, centered on that frequency.

To evaluate the maximum amplitude of the source signal allowed by FCC emission mask, the UWB radar model presented in [14] has been used. Simulations have been performed by using the half-heart shaped UWB antenna introduced in [15], by considering a source with a repetition rate of 1 MHz and various time behaviors of the signal. In particular, the Gaussian pulse is given by

$$V_S(t) = V_0 e^{-\left((t-t_0)/\sigma\right)^2},$$

with $\sigma = 100$ ps, and it has been considered together with its first 4 derivatives. For each pulse, the maximum amplitude $V_0$ that gives rise to an EIRP in compliance with the FCC emission mask has been computed (see legend in Figure 1).

By considering the fourth derivative of the Gaussian pulse, whose maximum amplitude in compliance with FCC is equal to 1 V, the total EIRP ($\text{EIRP}_{\text{TOT}}$) value has been computed by the following formula:

$$\text{EIRP}_{\text{TOT}} = \frac{1}{1 \text{ MHz}} \int_{f_L}^{f_H} \text{EIRP}(f) \, df,$$

finding a value of $1.76 \mu$W. The electric field intensity value 1 m far from the antenna can be evaluated by

$$E_{\text{rms}} = \frac{\text{EIRP}_{\text{TOT}} 120\pi}{4\pi(1.0)^2}$$

and is equal to 0.007 V/m. This electric field value is well below the 61 V/m reference level defined by ICNIRP. In this case, the safety factor is $SE = 7.6 \cdot 10^7$.

Eventually, considering the electric field time behavior obtained at a distance of 1 m from the radar with the same excitation conditions (in particular considering the fourth derivative of the Gaussian pulse with an amplitude of 1 V), the computed electric field peak value is equal to 0.57 V/m. According to ICNIRP, this value should not exceed 32 times the field strength reference level (61 V/m) and hence 1952 V/m. The corresponding safety factor SE is about $1.2 \cdot 10^7$.

### 3.2. Reference Levels in relation to Space Environment Emission Masks

Regarding the electromagnetic compatibility masks of the spatial environment [6], the compliance with Columbus and NASA masks for narrowband emission has been verified for the same UWB radar model previously introduced [14]. Simulations have been performed by using the half-heart shaped antenna [15], a source with a repetition rate of 1 MHz having the time behaviors of a Gaussian pulse with $\sigma = 100$ ps and of its first 4 derivatives. Also in this case, for each pulse, the maximum amplitude, that gives rise to an electric field in compliance with both Columbus and NASA masks, has been computed. The values are reported in Figure 2.
In this case, by considering the fourth derivative of the Gaussian pulse, the maximum EIRP evaluated from (3) is $32.5 \, \mu W$. Correspondingly, the maximum electric field intensity value, evaluated from (4), is equal to 0.03 V/m. The safety factor value is $SE = 4.1 \cdot 10^6$. Finally, the electric field time behavior has a peak value equal to 2.48 V/m so that the SE is about $0.62 \cdot 10^6$.

From the values shown in Figures 1 and 2, it can be noted that the maximum voltage of the pulse generator that gives rise to an electric field that meets the space environment masks is higher than the one that complies with the FCC mask.

### 3.3. Whole Body SAR
Taking into account the radiated power when the fourth derivative of the Gaussian pulse is applied with its maximum allowable value (see Figures 1 and 2), the SAR$_{WB}$ have been computed, considering a worst case condition in which a man weighting 72.4 kg ($M$) absorbs all the radiated power. In this case, the whole body averaged SAR, namely, the power absorbed per unit mass, is

$$\text{SAR}_{WB} = \frac{P_{\text{RAD}}}{M} = \frac{1.76 \mu W}{72.4 \text{ kg}} = 2.43 \cdot 10^{-8} \text{ W/kg}, \quad (5)$$

in the case of FCC mask, and

$$\text{SAR}_{WB} = \frac{P_{\text{RAD}}}{M} = \frac{32.5 \mu W}{72.4 \text{ kg}} = 4.49 \cdot 10^{-7} \text{ W/kg}, \quad (6)$$

in the case of Columbus and NASA masks.

As it can be noted from (5) and (6), the computed SAR values are well below the 0.08W/kg limit provided by ICNIRP for general population. Regarding the SS safety factor, we obtain

$$SS = \frac{0.08}{2.43 \cdot 10^{-8}} = 3.3 \cdot 10^6,$$

$$SS = \frac{0.08}{4.49 \cdot 10^{-7}} = 0.18 \cdot 10^6,$$

for FCC and spatial masks, respectively.

### 3.4. SAR Averaged over 10g
By supposing that the same radiated power is all absorbed in 10g mass of the exposed subject, the SAR$_{10g}$, in the case of FCC mask fulfillment, is given by

$$\text{SAR}_{10g} = \frac{P_{\text{RAD}}}{M} = \frac{1.76 \mu W}{0.01 \text{ kg}} = 1.76 \cdot 10^{-4} \text{ W/kg}, \quad (8)$$

while for the spatial masks case, we obtain

$$\text{SAR}_{10g} = \frac{P_{\text{RAD}}}{M} = \frac{32.5 \mu W}{0.01 \text{ kg}} = 3.25 \cdot 10^{-3} \text{ W/kg}. \quad (9)$$

Also, in this case, the computed SAR value is well below the limit value established by ICNIRP for general population and for the SAR averaged over 10g mass, that is, 2 W/kg. In this case, the SS values are given by

$$SS = \frac{2}{1.76 \cdot 10^{-4}} = 1.1 \cdot 10^4,$$

$$SS = \frac{2}{3.25 \cdot 10^{-3}} = 6.1 \cdot 10^2,$$

for FCC and spatial masks, respectively.

### 3.5. SA Evaluations
In order to take into account the possibility that the exposed subject stands with the head in front of the radar antenna, the specific energy absorption has been calculated, starting from the SAR averaged over 10g mass. In particular, since the SA is defined as the time integral of SAR over a signal period $T$ [8], it can be obtained as

$$SA = \int_0^T \text{SAR} \, dt = \text{SAR} \cdot T. \quad (11)$$

For a period $T$ of $1 \mu$s (equivalent to a pulse repetition frequency of 1 MHz), we obtain

$$SA = 1.76 \cdot 10^{-4} \cdot 10^{-6} = 1.76 \cdot 10^{-10} \text{ J/kg}, \quad (12)$$

in the case the radar is used on ground, and:

$$SA = 3.25 \cdot 10^{-3} \cdot 10^{-6} = 3.25 \cdot 10^{-9} \text{ J/kg}, \quad (13)$$

if the radar operates in the spatial environment.

The computed SA values are well below the limit value established by ICNIRP for the general population that is equal to 2 mJ/kg. The safety factors (SW) values are

$$SW = \frac{2}{1.76 \cdot 10^{-7}} = 1.1 \cdot 10^7,$$

$$SW = \frac{2}{3.25 \cdot 10^{-6}} = 0.61 \cdot 10^6,$$

for FCC and spatial masks, respectively.

### 4. SA Evaluations in 3D Human Models
To better evaluate the specific energy absorption, both a multilayered planar model, similar to that studied in [16], and a 3D anatomical model of the head have been considered.

The model used in [16] was derived from the Visible Human (VH) data set [17]. However, other human body models are available for electromagnetic dosimetry studies. In particular, the so-called “Virtual population” comprises a man (Duke, 34-year-old), a woman (Ella, 26-year-old), and several children [18]. While the VH model represents a relatively big man (1.80 m tall and 103.0 kg weight), Duke, being 1.77 m tall and weighting 72.4 kg, is closer to the “standard man” dimensions.

Starting from the Duke model, a section passing through the head has been considered in order to build a multilayered body model whose tissues and corresponding thicknesses are shown in Table 2. Moreover, the whole Duke’s head has been taken into account.
Table 2: Tissues and corresponding thicknesses of a section of the head of the Duke model.

<table>
<thead>
<tr>
<th>Duke model</th>
<th>Tissue</th>
<th>Thickness (mm)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Skin</td>
<td>3</td>
</tr>
<tr>
<td>2</td>
<td>Fat</td>
<td>8</td>
</tr>
<tr>
<td>3</td>
<td>Muscle</td>
<td>10</td>
</tr>
<tr>
<td>4</td>
<td>Bone</td>
<td>6</td>
</tr>
<tr>
<td>5</td>
<td>Brain</td>
<td>50</td>
</tr>
</tbody>
</table>

4.1. **SA Evaluations in a 3D Multilayered Model.** Specific energy absorption (SA) has been computed by electromagnetic simulations exposing the multilayered model derived from the Duke to the field radiated by the half-heart shaped antenna [15]. The antenna has been excited with a voltage source whose time behavior is the fourth derivative of the Gaussian pulse with amplitude 1 V (Figure 3). The electric field as a function of the time has been computed in correspondence with 15 different positions within the layered model, as shown in Figure 3.

Starting from the field values, the SA has been computed according to the following relationship:

\[
SA = \int_{0}^{T} \frac{J(t) \cdot E(t)}{\rho} \cdot dt.
\]  

(15)

Figure 4 shows the calculated SA profile in the Duke skin layer (plane \(x-z\) of Figure 3), while Figure 5 shows the values of the SA computed in the various tissues as a function of the distance from the antenna (direction \(y\) of Figure 3). The figures show that the highest value of the SA is found in the skin, right in front of the antenna, and it is equal to 5.9 pJ/kg. By considering a worst case approach in which the 10 g averaged SA is supposed to be equal to the peak SA, a value well below the limit of 2 mJ/kg established by ICNIRP for the general public is obtained.

4.2. **SA Evaluations in the Duke Anatomical Model of the Head.** To study a more realistic condition, an electromagnetic analysis has been performed considering the anatomical Duke model of the head exposed to the heart-shaped UWB antenna. In particular, the UWB antenna has been placed 5 cm far from the head in correspondence with a Duke’s eye (see Figure 6).

Figure 7 shows the SA profile computed in the various tissues of the Duke head as a function of the distance from the antenna. As it can be noted from the figure, the highest value of the SA, in correspondence with the eye lens, is equal to 7.9 \(\cdot\) 10\(^{-2}\) pJ/kg that is well below the value of 2 mJ/kg for the general public established by ICNIRP.

As regarding the computation of the whole body SAR and the SAR as averaged over 10 g for the Duke’s model, the considerations reported in Sections 3.3 and 3.4 can be applied, respectively.

5. **Conclusions**

This paper addresses the safety aspects of people exposed to the field emitted by ultra wideband radar operating both in the spatial environment and on ground.

The compliance with ICNIRP SAR and SA limits and field exposure levels has been evaluated considering the emission mask issued by the FCC and those to be considered in space environment.

The comparison of the computed electric field values with reference levels issued by ICNIRP reveals that the peak values
give rise to lower safety factors with respect to RMS values. Moreover, the safety factor achieved satisfying FCC emission mask is higher than the one evaluated filling the spatial masks.

On the basis of the conducted analysis, the parameter that gives rise to the lower safety factor is the SAR averaged over 10 g of mass. However, in this case, it has been supposed that all the radiated power is absorbed in 10 g mass, which is quite an unrealistic hypothesis.

Furthermore, the SA evaluation conducted considering a 3D electromagnetic model of the Duke placed close a UWB antenna has shown that also, in this case, ICNIRP restrictions are largely satisfied.

In particular, numerical results concerning SA show that simulated values are two-order magnitude lower than the analytical ones evaluated in a worst case condition.

**Acknowledgment**

This research is funded by the Italian Space Agency (ASI), under Contract no. I/009/I1/0 (NIMURRA Project).

**References**


Research Article

Planar Printed Shorted Monopole Antenna with Coupled Feed for LTE/WWAN Mobile Handset Applications

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Received 28 June 2012; Accepted 6 December 2012

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A shorted monopole antenna with coupled feed for LTE/WWAN mobile handset applications is described. The basic resonance of the shorted monopole combines with the resonance formed by the coupling between the coupling strip and the feeding pad to cover the LTE700, GSM850, and GSM900 bands. Both the feeding pad and the coupling strip operate with the shorting strip as a loop antenna. The resonance of the loop antenna and the harmonics of the shorted monopole combine to cover the GSM1800, GSM1900, UMTS, and LTE2300 bands. A stable and omnidirectional radiation pattern with reasonable gain has been observed over the operating bandwidth.

1. Introduction

Technological advancements and the diversity of needs in wireless communication are leading to the development of antennas for smaller, lighter, and more multifunctional mobile handsets [1]. Consequently, planar monopoles [2–4] enabling pentaband WWAN (wireless wide area network) operation have been developed. The WWAN band covers the GSM850 (824–894 MHz), GSM900 (880–960 MHz), GSM1800 (1710–1880 MHz), GSM1900 (1850–1990 MHz), and UMTS (1920–2170 MHz) bands. These developed planar monopoles are, respectively, a monopole with coupled strips [2], a CPW-fed LI-shaped monopole [3], and a coupled-fed shorted monopole [4]. Recently, coupled-fed shorted monopoles covering not only the WWAN band but also the LTE band have been developed. The LTE band covers LTE700 (698–798 MHz), LTE2300 (2300–2400 MHz), and LTE2500 (2500–2690 MHz) [5, 6]. These monopoles operating in the WWAN/LTE bands are, respectively, a monopole with a tuning stub [5] and a monopole with a chip inductor-loaded shorted strip [6].

In this paper, a shorted monopole antenna with coupled feed for LTE/WWAN bands is proposed. The base resonance of the shorted monopole combines with the resonance formed by the coupling between the feeding pad and the coupling strip to include the LTE700, GSM850, and GSM900 bands. The loop antenna is formed by both the coupled feed structure and the shorting strip. The loop resonance and a harmonic element combine to cover the GSM1800, GSM1900, UMTS, and LTE2300 bands. Therefore, the proposed structure covers the LTE700, LTE2300, GSM850, GSM900, GSM1800, GSM1900, and UMTS bands.

2. Antenna Geometry

Figure 1 shows the proposed antenna which consists of a long radiator (AB), a coupling strip (BC), a feeding pad, and a shorting strip. \( l_1 \) denotes the total length of the long radiator. \( l_2 \) denotes the length of the part generating the coupled feed, and \( g \) denotes the gap between the feeding pad and the coupling strip; these are the two parameters that affect the coupled feed. \( l_3 \) denotes the length of the feeding pad. The antenna covers an area of 18 × 49 mm\(^2\) on the upper surface of an FR4 substrate with a 0.6 mm thick. The total area of the substrate is 118 × 49 mm\(^2\); the ground (GND) found on the lower surface of the substrate covers an area of 100 × 49 mm\(^2\).

3. Simulated and Measured Results

Figure 2 shows the simulated and measured reflection coefficients for the proposed antenna and reference 1. The
parameters for the proposed antenna were set to $l_1 = 78$ mm, $l_2 = 16.5$ mm, $g = 3$ mm, and $l_3 = 21.5$ mm. The prototype of the proposed antenna is based on the foregoing optimized parameters and is fabricated as shown in Figure 3. The simulation was carried out through HFSS. The simulated results were nearly identical to the measured results. The proposed antenna has four resonant frequencies ($f_1$, $f_2$, $f_3$, and $f_4$). The low band covers the LTE700, GSM850, and GSM900 bands, and the high band covers the GSM1800, GSM1900, UMTS, and LTE2300 bands. All the bands operated properly with a $-6$ dB bandwidth which is a widely used value for internal WWAN antennas in practical mobile phone application.

If the proposed antenna’s result is compared to reference 1’s (the proposed antenna with direct feed) result, the effect of the coupled feed can be observed. The matching characteristics of the base resonance were improved by the coupled feed that increases the electrical length. Therefore, the resonance frequency decreased. The resonance combined with the second resonance that was formed by the coupled feed. The two resonances form dual resonance. Therefore, the proposed antenna achieves a low wideband through the coupled feed.
Figure 4 shows the simulated reflection coefficients relative to the changes in the total length of the long radiator $l_1$.

The base resonance $f_1$ is formed by the long radiator's length which was a resonance length of $\lambda/4$ at $f_1$ (0.69 GHz). Further, $f_3$ decreased, which proves that $f_3$ is a harmonic of $f_1$. As $l_1$ increased, the lower edge of the high band decreased from 1.8 to 1.71 GHz. Thus, the antenna covers the GSM1800 band. Therefore, considering the high band, $l_1$ was selected as 78 mm.

Figure 5 shows the simulated reflection coefficients relative to the changes in length $l_2$ of the part generating the coupled feed $l_2$. Because $l_2$ affects the coupled feed, the

Figure 6 shows the simulated reflection coefficients relative to changes in the gap between feeding pad and coupling strip $g$.

Figure 7 shows the surface current distribution simulated on the proposed antenna's radiator and GND at $f_4 = 2.3$ GHz.

Figure 8 shows the simulated reflection coefficients relative to changes in the length of the feeding pad $l_3$. 
Figure 9: Simulated and measured 2D radiation patterns of proposed antenna: (a) $f_1 = 0.69$ GHz, (b) $f_2 = 0.9$ GHz.

Figure 10: Simulated and measured 2D radiation patterns of proposed antenna: (a) $f_3 = 1.82$ GHz, (b) $f_4 = 2.3$ GHz.
resonance formed by the coupled feed was affected as \( l_2 \) changed. The base resonance formed by the long radiator further combined with the resonance formed by the coupled feed as \( l_2 \) increased. \( l_2 \) was selected as 16.5 mm to allow the antenna to have low wideband characteristics.

Figure 6 shows the simulated reflection coefficients relative to the changes in gap \( g \) between the feeding pad and the coupling strip. As \( g \) decreased, the matching of \( f_2 \) improved in the state the matching between \( f_1 \) and \( f_2 \) improved. Thus, considering the low band, \( g \) was selected as 0.3 mm.

Figure 7 shows the surface current distribution simulated on the proposed antenna's radiator and GND at \( f_4 = 2.3 \) GHz. The red area indicates a strong field, whereas the blue area indicates a weak field. The maximum current is located at the beginning of the feeding pad, and the null of the current is located at the end. The coupled gap was electrically connected. The maximum current on the coupling strip generated the maximum current on the shorting strip's end. The null is located between the maximum current on the shorting strip's end and the maximum current on the shorting strip's beginning. Through these findings, the path from the feeding pad to the coupled gap was combined with the path from the coupling strip to the shorting strip, which was the path of the loop operating at the \( \lambda \) resonant length. Therefore, \( f_4 \) was the resonant frequency of the loop antenna.

Figure 8 shows the simulated reflection coefficients relative to the changes in length \( l_3 \) of the feeding pad. As \( l_3 \) increased, the matching characteristics between \( f_1 \) and \( f_3 \) improved with a decrease of \( f_2 \). Because \( l_3 \) affected the length of the coupled feed, its effect was analogous to the effect of \( l_2 \) and \( g \) in the low band. Further, the matching characteristics between \( f_2 \) and \( f_4 \) improved with a decrease of \( f_1 \). To take into consideration the effect of both the high band and low band, \( l_3 \) was set to 21.5 mm. When a parameter study of \( l_3 \) was compared with other parameter studies, it showed that \( f_1 \) was relatively more transferred by \( l_3 \). This is because \( l_3 \) resides in the loop path.

Figures 9 and 10 show the simulated and measured 2D radiation patterns of the proposed antenna at \( f_1 = 0.69 \) GHz, \( f_2 = 0.9 \) GHz, \( f_3 = 1.82 \) GHz, and \( f_4 = 2.3 \) GHz. The radiation pattern was measured on the \( x\)-\( y \), \( x\)-\( z \), and \( y\)-\( z \) planes, on the basis of the direction of the antenna placement shown in Figure 1(a). The measured co-pols closely matched the simulated co-pols; the measured cross-pols were higher than the simulated cross-pols. The reason for this is that the GND was extended by the cabling used to measure the radiation pattern. Dipole-like radiation patterns with omnidirectional radiation in the azimuthal plane \( (x\)-\( y \) plane) are observed at two resonances of the low band in Figure 9. Conversely, more nulls and changes occurred in the radiation pattern observed for the two high band resonances in Figure 10. The obtained radiation patterns were analogous to the radiation patterns of WWAN mobile phone antennas [7, 8]. In addition, stable radiation patterns were obtained in both the low band and the high band. Figure 11 shows the measured average gain and efficiency of the proposed antenna. At the LTE700/GSM850/GSM900 band, the average gain varies from \(-4.8\) to \(-3.6\) dBi. At the GSM1880/GSM1900/UMTS band, it varies from \(-3.2\) to \(-1.8\) dBi, while it varies from \(-2.6\) to \(-2.3\) dBi at the LTE2300 band.

4. Conclusions

In this work, a shorted monopole antenna with a coupled feed for LTE/WWAN mobile handset applications was proposed. The base resonance of the shorted monopole and the resonance formed by the coupled feed structure combine to form a low wideband. The coupled feed structure and the shorting strip generate the loop antenna. The loop resonance combines with the harmonic element, which forms a high wideband. Therefore, the proposed structure is suitable for seven-band mobile handset applications, covering the LTE700, GSM850, GSM900, GSM1800, GSM1900, UMTS, and LTE2300 bands. Good radiation characteristics for frequencies over the operating bands were observed.

Acknowledgment

This research was supported by Basic Science Research Program through the National Research Foundation of Korea (NRF) funded by the Ministry of Education, Science, and Technology (2010-0021222).

References


Research Article

A Twin Spiral Planar Antenna for UWB Medical Radars

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Received 1 October 2012; Accepted 19 November 2012

Academic Editor: Renato Cicchetti

A planar-spiral antenna to be used in an ultrawideband (UWB) radar system for heart activity monitoring is presented. The antenna, named “twin,” is constituted by two spiral dipoles in a compact structure. The reflection coefficient at the feed point of the dipoles is lower than $-8$ dB over the 3–12 GHz band, while the two-dipoles coupling is about $-20$ dB. The radiated beam is perpendicular to the plane of the spiral, so the antenna is wearable and it may be an optimal radiator for a medical UWB radar for heart rate detection. The designed antenna has been also used to check some hypotheses about the UWB radar heart activity detection mechanism. The radiation impedance variation, caused by the thorax vibrations associated with heart activity, seems to be the most likely explanation of the UWB radar operation.

1. Introduction

Ultrawideband radar systems transmit and receive ultrashort pulses having ultrawide bandwidth and very low power levels [1–5]. These properties make UWB radars safe for the exposed human being and compliant with other apparatuses in the environment, but at the same time increase the difficulty for the echo signal detection. For these reasons the radar antenna plays a crucial role in the UWB systems; in fact, it should combine the flat frequency response requirement on a wide band with directivity properties. Generally, a radiated beam directed towards the body is preferred for body-worn devices in order to minimize the “losses” towards the environment.

Some kinds of UWB antennas, as horn or Vivaldi antennas, have an high directivity [6–9]. However, for all these radiators the maximum directivity is in the same direction of the maximum size of the antenna. In order to realize a wearable radar system, a directivity in a direction perpendicular to the maximum size of the antenna is necessary. For this reason, other kinds of devices have to be investigated as, for example, spiral antennas. These antennas are constituted by two coplanar spirals that unwind with a given flare rate [10]. The main characteristic of spiral antennas is a radiated beam, very constant with the frequency, pointing in two opposite directions perpendicular to the spiral plan. An implementation of this antenna uses a perfect electric conducting (PEC) ground plane placed at a certain distance below the antenna to produce a unidirectional beam [11]. Finally, it is important to note that all the cited antennas can be used in a UWB radar to observe copolarized reflections. For the heart activity monitoring the use of cross-polarized antennas could be advantageous. In fact, with respect to copolarized radiators, cross-polarized antennas reduce the backscattering from planar surfaces, as the chest wall, and increase the backscattered field from asymmetric structures like the heart [12, 13].

Another open issue in UWB radar technique for heart activity monitoring is the physical rationale at the basis of the measured signals. After the first hypothesis, based on the far field operation, reported in the McEwan’s patent [14], a wide set of hypotheses has been tested in [15]. Among others,
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Figure 1: Geometry of the proposed twin spiral antenna. Frontal view (a) and lateral view (b). Antenna physical realization (c).

in [15] the blood perfusion in the skin layer and in all the thorax layers and the micromovements of the skin due to the heartbeat have been considered. However no definitive solution has been given to this problem.

In this paper a novel small-size directional twin cross-polarized planar spiral antenna for UWB systems is proposed. It is based on two twin spiral antennas rotated by 180° to each other on the same plane, one is used in transmission and the other in reception. Moreover, by using the designed antenna and a multilayer model of the human body, a theoretical study is performed for investigating the interaction mechanisms at the basis of the UWB radar operation.

2. Antenna Design

The main goal of the antenna design is to obtain, in the 3.1–10.6 GHz frequency range, issued by the federal communication commission (FCC) guidelines for medical applications [16], a reflection coefficient $S_{11}$ and a coupling coefficient $S_{21}$ lower than $-8\,\text{dB}$ and $-20\,\text{dB}$, respectively.

Figure 2 shows the return loss $S_{11}$ (a) and the isolation $S_{21}$ (b) as a function of the frequency obtained by means of CST simulations of the optimized antenna. The simulated results indicate that, according to the design goals, the antenna has a return loss lower than $-8\,\text{dB}$ and the $S_{21}$ is always less than $-20\,\text{dB}$ in the 3.1–10.6 GHz frequency band.

The designed antenna has been realized (see Figure 1(c)) and the $S_{11}$ and $S_{21}$ scattering parameters have been measured by means of a vector network analyzer (PNA E8363B). The

\begin{align}
\begin{align}
x(t) &= a^{t/b} \cos(t) \\
y(t) &= a^{t/b} \sin(t),
\end{align}
\end{align}

where “a” and “b” are parameters to be optimized to satisfy the design goals while “t” is the running variable. The final part of the lower line is closed with the higher part using a 4 point Spline. The other three arms of the antenna are obtained rotating the first arm of 90°, 180°, and 270° around z-axis.

The twin spiral geometry has been printed on a substrate having circular geometry, with a radius equal to 30 mm. The used substrate is a sheet of FR-4 having a relative permittivity $\varepsilon_r = 4.3$ and thickness $h = 0.4$ mm. In order to achieve an antenna pattern mainly in the direction of positive z-axis, an absorbing material and a reflecting plate have been placed behind the antenna. The absorbing material is ECCOSORB-FGM-40 with 1 mm thickness, the reflecting element is the copper plate of an FR-4 substrate. SMA connectors have been placed between point A in Figure 1 and the ground (port 1) and between point D and the ground (port 2) (see Figure 1(b)) while points B and C have been short circuited to the ground. In this manner a fully unbalanced structure is realized allowing an easy integration of this antenna in UWB radars with unbalanced TX/RX connections [17].

The antenna geometry has been optimized through parametric simulations using CST Microwave Studio software. In these simulations the antenna parameters (a and b in (1)) have been varied inside realistic ranges and magnitudes of the $S_{11}(f)$ and $S_{21}(f)$ scattering coefficients have been analyzed. Only geometries giving $S_{11}(f)$ magnitude lower than $-8\,\text{dB}$ ($\rho_{11} = 0.4$) and $S_{21}(f)$ magnitude lower than $-20\,\text{dB}$ ($\rho_{21} = 0.1$) between $f_1 = 3.1\,\text{GHz}$ and $f_2 = 10.6\,\text{GHz}$ have been considered and, among those selected, the one maximizing the cost function

\begin{equation}
C = \frac{1}{(f_2 - f_1)} \int_{f_1}^{f_2} \left( \frac{\rho_{11} - |S_{11}(f)|}{\rho_{11}} \right) \left( \frac{\rho_{21} - |S_{21}(f)|}{\rho_{21}} \right) \, df
\end{equation}

has been chosen. The best value of (2) has been obtained with “a” equal to 2.55 and 2.75 for the lower and the upper lines of the arm, respectively, and “b” equal to 4.

3. Numerical Simulations and Measured Results

The designed antenna has been realized (see Figure 1(c)) and the $S_{11}$ and $S_{21}$ scattering parameters have been measured by means of a vector network analyzer (PNA E8363B). The
obtained results are reported in Figures 2(a) and 2(b), respectively. The figures show that the $S_{11}$ frequency behaviors are in a quite good agreement with simulations, while some discrepancies, probably due to the SMA connectors, are present in the $S_{21}$ behavior.

Figure 3 shows the simulated antenna radiation pattern, on the $x$-$z$ plane (a) and on the $y$-$z$ plane (b) at 4, 6, 8, and 10 GHz. The plots highlight that the maximum radiation is on the $z$ direction with a $-3$ dB aperture of about 70°. Notice that in Figure 3(a) the main lobe direction is deviated with respect the $z$ axis of about 15°: this behavior was not present in simulations without SMA connectors.

An important parameter for characterizing a UWB antenna is the fidelity factor that is the peak value of the cross-correlation function between the signal $s_2(t)$ (electric field), at a given distance from the antenna, and the signal $s_1(t)$ (input voltage) [18]

$$F = \max_{\tau} \frac{\int_{-\infty}^{\infty} s_1(t) s_2(t + \tau) \, dt}{\sqrt{\int_{-\infty}^{\infty} s_1^2(t) \, dt} \sqrt{\int_{-\infty}^{\infty} s_2^2(t) \, dt}},$$

where $\tau$ is the delay that maximizes $F$ in (3).

The fidelity factor has been calculated in air at various distances from the antenna and for various directions. Results concerning the fidelity are summarized in Table 1. The values reported in the table highlight the very high fidelity factor of the proposed antenna.

4. Operating Principles

The first hypothesis on the UWB radar operating principle was proposed by McEwans [14] and was based on the far field detection of heart wall movements. In [15] the authors have evidenced that a UWB radar cannot detect the movements of the cardiac wall because of the strong attenuation of the UWB pulse in the thorax. A possible operating mechanism suggested in [15] is based on a near field interaction: the detected signal is not an echo, but the consequence of a change in the antenna radiation impedance at the same frequency of the heart rate.

To investigate this phenomenon, two possible mechanisms have been hypothesized, in particular the increase of the blood perfusion in the skin layer and in all the thorax layers, and the micromovements of the skin due to the heartbeat [15].

In order to study the influence of the blood perfusion on the antenna radiation impedance, first of all the alteration in the tissue dielectric properties due to the blood increase caused by heart activity has been quantified. For this purpose, a human body and lung volume of 70 and 5 liters, respectively, have been considered assuming a stroke volume of 80 mL flowing both in the lung and in the other tissues according to the big and small circulation concepts. Moreover, the whole blood content has been assumed equal to 5 liters uniformly distributed in the body. Notice that this is a rough
approximation because some organs as brain and muscles utilize more blood than fat and bones.

On the basis of these assumptions, the blood increase in the lungs and in all the other body tissues, between the end diastole and end systole, is about 20% and 2%, respectively. Finally, the tissues electrical parameters at the end of systole \((\varepsilon_s\) and \(\sigma_s\)) have been calculated as an average between the value of the tissues electrical parameters at the end diastole \((\varepsilon_d\) and \(\sigma_d\)) and the value of the blood \((\varepsilon_b = 53.95\) and \(\sigma_b = 5.39\,\text{S/m})\) weighted by the above reported percentages. The results are shown in Table 2.

In order to test the previously cited hypothesis on the radar operating principle a time domain simulation with the twin antenna in front of a model of the thorax has been performed (see Figure 4). In particular, the human body has been modeled by using a multilayer structure approximating the thorax of the visible human [19]. The considered geometry has been simulated by means of the CAD Microwave Studio by CST. The antenna was excited at one port by a Gaussian pulse with a 3–10 GHz bandwidth and the signal time behavior was recorded at the other port.

The comparison between the recorded signals, achieved by assigning to the various tissues the parameter values at the end diastole end at the end systole, shows signal differences of few microvolts, not detectable by a UWB radar.

Concerning the micromovements of the skin, according to [15], a displacement between the antenna and the skin of \(\pm 30\,\mu\text{m}\) has been supposed and the structure has been simulated by means of Microwave Studio. In particular a reference situation with the antenna placed at 0.5 mm far from the body has been considered. Then the distance between the antenna and the body has been varied in the \(\pm 30\,\mu\text{m}\) range. The signal received by the antenna at port 2, exciting at port 1 as in the previous study, is depicted in Figure 5. The figure shows that up to 1.5 ns all the signals are perfectly superimposed (the signal is inside the antenna) and then they split. The body micromovements are converted in delays that give rise to amplitude differences up to 20 mV (see Figure 5, absolute difference). In particular there is a direct correlation between the delays and the body micromovements.

It is worth noting that this effect is not directly connected to the spatial displacement, as in the classical radar analysis, but it is due to a modification of the complex antenna

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**Table 2: Tissues electrical parameters at the end of diastole \((\varepsilon_d\) and \(\sigma_d\)) and at the end of systole \((\varepsilon_s\) and \(\sigma_s\)).**

<table>
<thead>
<tr>
<th>Tissue</th>
<th>(\varepsilon_d)</th>
<th>(\varepsilon_s)</th>
<th>(\sigma_d) (S/m)</th>
<th>(\sigma_s) (S/m)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Skin</td>
<td>35.77</td>
<td>36.13</td>
<td>3.06</td>
<td>3.11</td>
</tr>
<tr>
<td>Muscle</td>
<td>49.54</td>
<td>49.63</td>
<td>4.04</td>
<td>4.07</td>
</tr>
<tr>
<td>Heart wall</td>
<td>50.27</td>
<td>50.34</td>
<td>4.86</td>
<td>4.87</td>
</tr>
<tr>
<td>Lung</td>
<td>44.86</td>
<td>46.68</td>
<td>3.94</td>
<td>4.23</td>
</tr>
</tbody>
</table>

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**Figure 3:** Antenna radiation pattern, on the \(x-z\) horizontal plane (a) and on the \(y-z\) vertical plane (b) at 4, 6, 8, and 10 GHz.

**Figure 4:** Twin antenna in front of a multilayer model of the thorax.
radiation impedance. Moreover, it is interesting to note that the absolute difference signal can be recovered in more than one time point between 2 and 8 ns.

5. Discussion

The performed study has evidenced the ability of the twin antenna to detect heart activity by exiting the twin antenna at one port and measuring the reflections at the other port. A question arises: is this antenna operation better than the one in which the antenna transmits and receives with the same arms?

This issue has been studied by placing the antenna in front of the multilayer body model (see Figure 4), exciting the antenna with a Gaussian pulse with a 3–10 GHz bandwidth and measuring the signal at the transmitting arms \( V_{11} \) before and after a distance variation of 30 \( \mu \)m. The obtained results are reported in Figure 6 together with the absolute differences between the two signals.

The maximum voltage difference on the \( V_{11} \) signals is about 40 mV as compared with the 20 mV on \( V_{21} \) (see Figure 5), but the percentage difference, normalized respect to the maximum of the whole signal, is 16\% for \( V_{11} \), and 30\% for \( V_{21} \). Hence the signal variation \( V_{21} \) can be better evaluated than \( V_{11} \) by the sampling circuit used in the UWB radar.

In conclusion, the use of two cross-polarized radiating structures for the transmission and the reception of the UWB signals makes the proposed antenna better than a similar one using a single radiator. Moreover, with respect to similar realizations using two bow-tie, horn, or Vivaldi radiators [3] the proposed structure is very compact with a beam propagation axis perpendicular to the substrate. This makes the twin antenna easy to integrate in the UWB radar electronics and it makes easier the realization of a wearable radar.

6. Conclusions

The proposed twin antenna is a variation of the famous Archimedean spiral antenna, with two arms used for transmission and other two arms used for capturing the received echo.

The reflection coefficient at the feed point of the antenna is lower than –8 dB over the 3–12 GHz band while the two-antennas coupling is about –20 dB.

If inserted in a range gating UWB radar the antenna can be used to detect the heart rate activity.

In a UWB radar for heart rate activity monitoring, the measured signal is not related to an echo coming from the heart wall, but seems to be related to a change in the antenna radiating impedance as a consequence of the microdisplacements of the thorax in front of the antenna produced by the heart movements.

References


Research Article

Structure-Based Evolutionary Programming Design of Broadband Wire Antennas

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Received 3 October 2012; Revised 10 December 2012; Accepted 21 December 2012

Academic Editor: Renato Cicchetti

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A design technique for wire antennas, based on the Structure-Based Evolutionary Programming, is used to design a broadband antenna with an end-fire radiation pattern and a very simple geometry, operating in the 3–16GHz frequency band, namely, from the S band to the Ku band. The antenna has been analyzed with NEC-2 during the evolutionary process, looking for high gain, good input match, and robustness with respect to realization tolerances. The outcome of our design procedure shows a very good performance.

1. Introduction

Antenna design has been a matter of intuition and brute-force computation from the beginning (see e.g., [1, 2]). In the past literature, this task has been faced at different levels, from simple formulas [3] to sophisticated synthesis techniques [4–11], heuristic models [12, 13], or one of the different random optimization procedures proposed so far [14–18].

The traditional approach to the design of wire antennas starts by choosing a well-defined structure, whose parameters need to be suitably optimized. This requires, as a prerequisite, the choice of an antenna model which has proven able to comply with the design specifications. Successful proposals of broadband antennas are self-similar, so for those antennas the chosen model must be a self-similar one, either continuous, like a conical antenna, or discrete. The latter can be implemented either as an array [12] or as a prefractal antenna [19]. Of course, the final antenna could not fulfill exactly the model [13], but also such differences must be chosen externally. As a matter of fact, the choice of the model heavily constraints the whole design process. As a consequence, a significant skilled human interaction is required in the initial choice of the structure. The model could also be fine-tuned as the design proceeds, but this requires a skilled human interaction, too. The traditional approach is quite expensive, and therefore design techniques without human interaction are of interest, as long as they provide equal, or better, results. This can be achieved only when no initial structure is assumed, since this choice (which in a fully automated procedure cannot be further modified) can constraint too strongly the final solution.

Up to now, such a general tool has been sought for among random search procedures. Some of them are inspired by natural processes, either looking for an effective cooperative scheme, like Particle Swarm Optimization (PSO) [20], or aiming at exploring very different solution sets, like Genetic Algorithms (GA) [21–23]. As a matter of fact, the latter could be a good candidate for a valuable general tool, being inspired by Darwinian natural selection, since the variety of all living forms is known to everyone. However, despite of their strong premises, GA cannot fulfill this purpose since they still assume a completely defined antenna structure, and only an handful of parameters remains to be optimized. Borrowing the biological language, we can say that GA works at the nucleotide (i.e., bit) level and this strongly limits its effectiveness as a design tool.

On the other hand, the full power of evolution-inspired methods in the antenna design has been highlighted only when Genetic Programming (GP) or, more precisely, Structure-based Evolutionary Design (SED) [24] approaches have been proposed for simple wire antennas [25, 26], arrays [24], and FSS [27]. Evolutionary programming does not
require any antenna model, neither asks for a structure locked from the beginning. Instead, it considers a (virtually) infinite solution space, defined only by very loose constraints. If we require a wire antenna, SED is able to look for the final design among all possible wire antennas. As a matter of fact, SED can be used to automatically, and effectively, search, in this very huge solution space, for novel antenna configurations, which can be significantly more performant than antennas developed using standard techniques.

The strength of the SED resides in its description of each element of the solution space as the set of instructions needed to realize it. This description can be translated in a highly effective tree description [25] for computer implementation and allows the standard genetic operators (crossover, mutation) to reach an unparallel power. As a matter of fact, SED works at the organ level, so that crossover is the exchange of whole working parts of the individuals, while mutation, working on a subtree root, affects the whole sub-tree (as happens in the true natural selection). SED requires also a suitable fitness function, tailored to the problem at hand, and a time-effective analysis procedure.

To assess SED as a viable tool for robust design of broadband antennas, we consider here the design of a wideband wire antenna with an end-fire radiation pattern and a very simple geometry, operating in a range from S to Ku frequency bands, namely, from 3 GHz to 16 GHz, and reasonably matched at the input port. Apart from these simple “constraints,” SED does not assume any other a priori information on the antenna structure. Rather, SED builds up the structure of the individual antennas as the procedure evolves. Therefore, SED solution space has the power of the continuum and allows exploring, and evaluating, general wire antenna configurations.

The solution space, namely, the set of admissible solutions in which the procedure looks for the optimum, is composed, in our case, of every broadband antenna with no limit on the number of wire segments, nor on the size or orientation, represented as real numbers. On the other hand, GA works on a given antenna model, so that its solution space is a discrete one and therefore is a very small subset of the SED solution space.

The most common broadband wire antennas are the log-periodic dipole arrays (LPDAs) [28–30], used in a wide range of applications due to their very wide bandwidth and their relatively narrow-beam characteristics. However, a wire LPDA operating in the bandwidth of the antenna proposed in this paper (namely, C, X, and Ku frequency bands) cannot be realized, because the corresponding dipoles would be too short at these frequencies. On the other hand, the broadband antenna designed here with SED can be easily scaled in order to work also at lower frequencies, keeping the same performances both in terms of input matching and of gain.

In order to compute the fitness, an analysis of each wire antenna generated by SED is needed. This has been performed using NEC-2 [31], a well-known, time-effective and well-assessed Method of Moments code. This software has been successfully used to model a wide range of wire antennas, with high accuracy (see, e.g., [32, 33]), and is now considered as one of the reference e.m. software (see, e.g., [26, 34]). For this reason, it has been used here. However, sometimes the SWR data of NEC-2 could have a reduced accuracy, therefore the final output of the design procedure has been validated, by testing it with HFSS [35], a commercial FEM code, since it has been shown that the results of this software are in very good agreement with experiment (see, e.g., [36]). As a matter of fact, although NEC is faster by orders of magnitude, NEC and HFSS results are in very good agreement, thus assessing our choice for the fitness evaluation.

2. Antenna Design and Fitness Function

The initial structure of each SED individual is depicted in Figure 1.

Each individual of the population (antenna) is composed by a principal vertical wire (the main dipole in Figure 1), connected to the feeding port on its bottom side, and by a number \( N \) (chosen by SED) of wires connected to the upper side of the main dipole with an arbitrary length and orientation in space. At the remote end of each of the \( N \) wires, we connect zero, one, or more further wires, still with arbitrary length and orientation, and so on, in an iterative manner. The structure is finally mirrored with respect to the horizontal plane, as indicated in Figure 1.

Each individual is built up using only four operations:

(a) add a wire according to the present directions and length;
(b) transform the end of the last added wire in a branching point;
(c) modify the present directions and length;
(d) stretch (or shrink) the last added wire.

In the first step of the evolutionary design, \( N \) individuals are randomly built. Then, an iterative procedure starts, where
the fitness of each individual is evaluated, and the next generation of the population is built assigning a larger probability of breeding to the individuals with the highest fitness. The iterative procedure ends when suitable stopping rules are met (i.e., when the individual antenna fulfills, within a predetermined tolerance, the specified requirements).

After each antenna has been generated, its geometrical coherency is verified, and incoherent antennas (e.g., an antenna with two elements too close, or even intersecting) are discarded. Then it is analysed by NEC-2 and its fitness is computed. The SED approach has been implemented in Java, while the analysis of each individual has been implemented in C++ (using the freeware source code Nec2cpp) and checked using the freeware tool 4nec2 [31].

The performance of each individual (antenna) of the population is evaluated by a proper fitness function, which is strongly dependent on the problem at hand, namely, by the electromagnetic behavior of the designed antenna, and must measure how closely the actual antenna meets the design specifications.

In the specific case of the broadband wire antenna of this paper, the fitness function has been selected in order to lead the evolution process toward a structure with a good input match in a frequency range as wide as possible (within S, C, X, and Ku bands), while keeping the highest end-fire gain and a reduced size.

Since improving one parameter usually results in worsening the other ones, the design technique has to handle a conflict among the parameters. The design process is therefore a critical point in the design procedure, since only an appropriate choice can lead the design process to performing results, while largely reducing the computation time.

The chosen fitness has been built from the desired antenna performances [24] as

$$\text{Fitness} = \left[ \left( 1 - \frac{\alpha_{\text{SWR}}}{\alpha_{\text{MAX}}} \right) \cdot \left( 1 + \frac{G_{\text{MAX}}}{G} \right) \cdot \alpha_{\text{GAIN}} \right] \cdot \left( 1 + K_{\text{SIZE}} \cdot \frac{D_{\text{MAX}}}{D_{\text{ANT}}} \right),$$

where $\alpha_{\text{SWR}}$ and $\alpha_{\text{GAIN}}$ are suitable weights (whose values depend also on the input impedance of the actual antenna), $\alpha_{\text{MAX}}$, $G$, and $D_{\text{ANT}}$ are, respectively, the mean values of the SWR and gain over the bandwidth of interest, $D_{\text{ANT}}$ represents the actual antenna size, and $D_{\text{MAX}}$ is the maximum allowed size for the antenna. Finally, $K_{\text{SIZE}}$ is an appropriate weight which takes into account the requirement of a small size of the antenna. The values for the fitness weights have been obtained after a suitable local tuning, following an approach similar to the one described in detail in [24].

The weight $\alpha_{\text{GAIN}}$ in the fitness function (1) has the following expression:

$$\alpha_{\text{GAIN}} = \left( 1 + \alpha_{\text{Back}} \cdot G_{\text{Back}} \right) \cdot \left( 1 + \alpha_{\text{Rear}} \cdot G_{\text{Rear}} \right) \cdot \left( 1 + \alpha_{\text{Front}} \cdot G_{\text{Front}} \right),$$

where $G_{\text{Back}}$ is the gain computed in the back direction ($\theta = 90^\circ$, $\varphi = 0^\circ$), $G_{\text{Front}}$ is the average gain computed in the front region ($\theta > 90^\circ + 2\Delta \theta$, $0^\circ + 2\Delta \varphi < \varphi < 90^\circ$, where $\Delta \theta$ and $\Delta \varphi$ indicate the main lobe amplitude), and $G_{\text{Rear}}$ is the average gain computed in the rear region ($0^\circ \leq |\theta| \leq 180^\circ$, $90^\circ \leq |\varphi| \leq 180^\circ$). The weights $\alpha_{\text{Back}}$, $\alpha_{\text{Front}}$, and $\alpha_{\text{Rear}}$ are chosen through a local tuning in order to get the maximum gain in the end-fire direction and an acceptable radiation pattern in the rest of the space. In the performed evolutionary process these parameters have the following values: $\alpha_{\text{Back}} = 0.12$, $\alpha_{\text{Front}} = 0.17$ and, $\alpha_{\text{Rear}} = 0.06$.

The weight $\alpha_{\text{SWR}}$ in the fitness function (1) is expressed using suitable parameters strictly related to the antenna input impedance, which are individually tuned. The resulting expression for $\alpha_{\text{SWR}}$ is

$$\alpha_{\text{SWR}} = \left( 1 + \alpha_{\text{IN}} \right) \cdot \left( 1 + \alpha_{\text{X}} \cdot |X_{\text{IN}}^A| \right) \cdot \left( 1 + \alpha_{\text{Q}} \cdot \frac{R_{\text{IN}}^A - |X_{\text{IN}}^A|}{R_{\text{IN}}^A} \right) \cdot \left( 1 + \alpha_{\text{Var} R} \cdot \sigma_R^2 \right) \cdot \left( 1 + \alpha_{\text{Var} X} \cdot \sigma_X^2 \right),$$

where

(i) $\alpha_{\text{IN}} = 50$ if $|X_{\text{IN}}^A| > R_{\text{IN}}^A$, and $\alpha_{\text{IN}} = 0$ otherwise (weight introduced in order to boost up structures with $R_{\text{IN}}^A > |X_{\text{IN}}^A|$);

(ii) $\alpha_{\text{X}} = 0.12$ (weight related to $|X_{\text{IN}}^A|$, introduced in order to force the evolution process to structures with an $|X_{\text{IN}}^A|$ as small as possible);

(iii) $\alpha_{\text{Q}} = 0.2$ (weight related to $R_{\text{IN}}^A - |X_{\text{IN}}^A|$, and introduced to advantage structures with a low Q factor);

(iv) $\alpha_{\text{Var} R} = \alpha_{\text{Var} X} = 0.03$ (weight related to the normalized mean square variation of $R_{\text{IN}}^A$ and $X_{\text{IN}}^A$ in the antenna required bandwidth, and introduced to advantage structures with a regular impedance behaviour);

and $R_{\text{IN}}^A$ and $X_{\text{IN}}^A$ are, respectively, the real part and the imaginary part of the antenna input impedance, while $\sigma_R^2$ and $\sigma_X^2$ are the normalized mean square variation of $R_{\text{IN}}^A$ and of $X_{\text{IN}}^A$ in the antenna required bandwidth. The two weights $\alpha_{\text{IN}}$ and $\alpha_{\text{Q}}$ are both connected to the Q factor of the antenna. However, $\alpha_{\text{IN}}$ gives a significant penalization to antennas with a large imaginary part of the input impedance, but it has a step-like behavior. Therefore, in order to get a further, smooth penalization to antennas with a large Q, we have added also the term with $\alpha_{\text{Q}}$. We have observed that a combination of the two terms is more effective than either one separately.

The inclusion of ohmic losses into the gain computation, as well as the requirement of a good input match over all the required bandwidth, prevents from selecting superdirective solutions.

On the other hand, the requirement of a robust solution is not taken into account in the fitness, since we have found a different approach more efficient. The individuals associated with the highest fitness values, or very close to the
best fitness value obtained so far, are perturbed (assigning random relocations to the elements) and analysed to assess their robustness with respect to random modifications of the structure. This random relocation allows to get robust structures with respect to both constructive errors and bad weather conditions (e.g., movements due to wind effect).

3. Results

In order to test the procedure, we have designed a broadband wire antenna, with equal wire diameter (0.665 mm) and conductivity ($\sigma = 4 \times 10^6$ S/m). We have required that the antenna has an input impedance of 200 $\Omega$ in the whole bandwidth, which is a typical characteristic impedance of bifilar lines [37]. The use of a bifilar line as a feeding network avoids the need of a balun to connect the balanced wire antenna to an unbalanced input, as provided for example by standard coaxial cables, having a typical input impedance of 50 $\Omega$. On the other hand, the designed antenna can also be connected to a standard coaxial line using a commercial balun with an impedance transformation ratio of 4:1. In this case, since a balun with such large bandwidth (3–16 GHz) cannot be obtained, the operating bandwidth must be divided into a number of subbands, and an appropriate balun must be used in each subband.

The antenna has been designed using a population size of 1000 individuals, with a crossover rate set to 60%, and a mutation rate set to 40%. Its convergence plot is shown in Figure 2, and it appears that 250 generations are enough to reach convergence. The best individual of the evolutionary process, obtained after several runs (e.g., a few tens) of the code, is shown in Figure 3, and the cartesian coordinates of each wire are reported in Table 1. This antenna is very easy to realize, consisting in only 12 metallic wires, and can be produced with a very low cost by the same technology used for Yagi and LPDA arrays.

In Figure 4 we show the input frequency response of the designed antenna using both NEC-2 and HFSS. It is clear that the antenna bandwidth (S11 < −10 dB) extends from 3 GHz up to well beyond 16 GHz. It is also clear that both NEC-2 and HFSS give essentially comparable results. This is also true for the radiation pattern. So, the use of NEC-2 in the design is fully assessed, and we will show only the NEC-2 results in the following.
In Figure 5 the end-fire Gain is reported. In the bandwidth 3–16 GHz, the mean Gain of the antenna is equal to 12.7 dB and the mean F/B ratio is about 11.6 dB.

In Table 2 the antenna gain, front-to-back ratio, and efficiency in the operating bandwidth are shown.

It is worth noting that the inclusion of ohmic losses into the gain computation is very important, since this prevents from selecting superdirective antennas during the evolution. As a matter of fact, the efficiency of the designed antenna is very good (greater than 97%, and with a mean value of 98.05%), despite of the relatively small electrical conductivity of the metal ($\sigma = 4 \times 10^6$ S/m). Besides, while the maximum directivity is almost constant with respect to $\sigma$, the efficiency rapidly decreases [38]. It is therefore required to take into account in SED the actual conductivity of the antenna material, in order to discard individuals with low efficiency, which can result in unusable antennas.

Finally, the NEC-2 Far-Field-pattern in the operating frequency bandwidth is plotted in Figure 6. For each frequency, the E-Plane and the H-Plane are shown. The reported
radiation patterns confirm that the useful bandwidth of the designed antenna is 3–16 GHz, where the input matching is very good and the far-field is essentially end fire, with a good Gain and F/B ratio.

In order to evaluate the performance improvement of the broadband antenna proposed in this paper over standard solutions, we can compare it with wire log-periodic dipole arrays (LPDAs), the most popular broadband wire antennas [28–30]. However, a wire LPDA in the C frequency band (and beyond) cannot be realized because the dipole lengths would be too small with increasing frequency. On the other hand, the proposed antenna can be easily scaled in order to work at low frequencies, without degrading its performances.

In Figures 7 and 8 we show, respectively, the return loss and the Gain, plotted with respect to the normalized frequency, of the antenna designed with SED within S, C, X, and Ku bands and of the same antenna scaled at the center frequency of 2 GHz. The simulations, performed with NEC-2, show a very similar behavior in the whole operating bandwidth, confirming that the proposed antenna can be easily scaled to work at any lower frequency.

Following [29,30], a wire LPDA with the same bandwidth of our broadband antenna scaled at 2 GHz (Figures 7 and 8) will require at least 20 elements to get an average gain of only 8.5 dB, with the log period ρ equal to 0.9. However, ρ should be kept lower than 0.85 in order to ensure a good behaviour of the LPDA [30], and this constraint limits the gain of a standard LPDA to a value below 8 dB. This comparison shows that the proposed antenna allows significantly better performances with respect to standard LPDAs, with a little bit more complicated structure, but without requiring the typical twisted-cable feeding network of the LPDAs.

4. Conclusion

A new design technique for a wideband wire antenna has been presented. It is based on the Structure-based Evolutionary Design (SED), which exploits the concept of the
Evolutionary Programming. Since no a priori structure is assumed, a suitable fitness function allows to reach significant electrical performances with a simple geometry. Extension to multiobjective fitness is under consideration, but the results reported here show that its use is not required, except perhaps for very complicate requirements.

Inclusion of the ohmic losses and of a suitable robustness test leads to a small antenna size, while preventing from super directive solutions. The proposed approach can therefore be effectively employed also for different sets of requirements.

Conflict of Interests

The authors declare that there is no conflict of interests.

References


Research Article

A Compact UWB Antenna with a Quarter-Wavelength Strip in a Rectangular Slot for 5.5 GHz Band Notch

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Received 9 September 2012; Revised 22 November 2012; Accepted 19 December 2012

Academic Editor: Renato Cicchetti

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The limitation of the electromagnetic interferences (EMIs) caused by UWB radiating sources into WLAN/WiMAX communication systems operating in the frequency band located around 5.5 GHz requires the adoption of appropriate design features. To this purpose, a notch filter integrated into an UWB antenna, which is able to ensure a better electrical insulation between the two mentioned communication systems with respect to that already presented by the authors Moeikham et al. (2011), is proposed in this paper. The proposed filter, consisting in a rectangular slot including a quarter-wavelength strip integrated on the lower inner edge of the UWB radiating patch, is capable of reducing the energy emission in the frequency range between 5.1 and 5.75 GHz resulting in lower EMIs with sensible electronic equipments working in this frequency band. The antenna structure has no need to be tuned after inserting the rectangle slot with a quarter-wavelength strip. The proposed antenna has potential to minimize the EMIs at a frequency range from 5.1 to 5.75 GHz. The radiation patterns are given nearly omnidirectional in $\hat{x}$ plane and likely bidirectional in $\hat{y}$ plane at all frequencies by the proposed antenna. Therefore, this antenna is suitable to apply for various UWB applications.

1. Introduction

The ultra-wideband (UWB) monopole antenna has attracted much attention to design on a printed planar structure due to the fact that it could be designed with various shapes. Many inherent advantages exhibit on printed planar structure such as low profile, low cost, compact size, and ease for manufacture. Therefore, the printed planar antennas are popular rapidly. The printed antenna is preferably utilized with microstrip line or coplanar waveguide (CPW) as a feeding element. It is apparent in many pieces of literature that the compact UWB antennas based on the printed planar structure have been presented. For examples, the paper [1] presented development of a triangular CPW-fed printed antenna with specific ground plane shape. The antenna in [2] was designed by using a rectangular monopole M-shaped notch at the bottom patch with taper and T-shaped CPW feed. A taper shape slot and rectangular tuning stub fed by microstrip line was presented in [3]. The microstrip antenna combining the Giusepe Peano and Sierpinski Carpet fractal geometries was proposed [4]. In [5], a gradual curvature technique of central line and ground planes of CPW attached to rectangle patch was used for achieving ultra-wide impedance bandwidth. The paper [6] proposed a low-profile 3D antenna structure consisting of a bevel edge feed structure and a metal plate with folded strip. In [7], the microstrip line with balun structures was used as the feeding part of a low profile printed drop-shaped dipole antenna, resulting in a very wide impedance bandwidth suitable for multistandard WLAN/WiMAX/UWB wireless communications. Obviously, the printed planar antennas with various shapes using either microstrip line or CPW for feeding signal capably achieve ultra-wide impedance bandwidth. To confine fabrication tolerance and avoid using of via holes for some MMICs integration, the antenna design using one metallic side on dielectric substrate is proper and the CPW feeding structure possesses these vantages. In this paper, the CPW feeding structure has been chosen.
The frequency range belonging to 5.15–5.85 GHz has been assigned to the narrow band services including wireless local area network (WLAN) with the IEEE802.11a, HIPERLAN/2 standards and worldwide interoperability for microwave access (WiMAX) with the IEEE802.16e standard. Clearly this frequency range falls within the UWB band resulting in EMIs between both systems. To reject the EMIs for UWB systems, extra band-stop filters should be added. However, these elements lead to a need of more space, higher cost, and more complicated structures. To remedy these problems, an UWB antenna structure, suitable to minimize the EMIs with the R.F. systems working in the frequency band located around 5.5 GHz, is strongly desirable. Obviously, the challenge of feasible design for UWB antennas with compact size and the proper electrical characteristics of both frequency and time domain responses would be required. Especially, the potential reduction of EMIs from coexisting WLAN/WiMAX systems is also a necessary characteristic for the UWB antenna design.

Many techniques were employed to design the printed UWB antennas with notched band function. For examples, the technique of embedded one or more narrow slits on the radiating patch for achieving notched band function was proposed in [8–13], the narrow slit embedded on ground plane was used in [14, 15], while the spiral stub attached at feed line for band notching was also employed [15]. Parasitic strips coupled with the antennas were also proposed to reject the undesired frequencies [16–18]. In [19–23], a resonator inserted on the patch was proposed for achieving band notching. Additionally, a slit embedded on the ground plane of a printed discone UWB antenna was adopted to reject the undesired frequency bands [22], whereas the resonators nearby feeding line were employed for more notched bands [23]. The embedded narrow slits on the patch and ground plane with resonator on the opposite side of the radiating patch were presented in [24]. The other UWB slot antennas with band notching were proposed in [25, 26]. The former antenna embeds only a narrow slit on the exciting stub, whereas both a C-shaped narrow slit on the feeding element and a microstrip resonator at the inner slot were employed in the latter antenna. It is clearly seen that the narrow slit with the length of \(\lambda_g/2\) or \(\lambda_g/4\), where \(\lambda_g\) is a guided wavelength, is designed by inserting it on either the patch or ground plane for band notching [8–15, 25]. The small coupling parasitic strips or resonators placed, either on the same side or opposite side of the patch, were employed in [16–23], whereas both the narrow slit on the patch and the resonator on the opposite side were used in [24, 26]. It is apparent that the extra element could be used to reject unwanted frequency, but this leads to more complicated structure. Also, using the narrow slits to control the rejected frequency results in many parameters needs to be considered. Besides, utilizing these techniques will be more complicated when applying with real antennas.

In this paper, an embedded filter consisting of a rectangular slot with a quarter-wavelength strip, useful to be employed in a compact UWB antenna to realize a single-band notch at 5.5 GHz, is proposed. By integrating the proposed filter in a previous UWB antenna, proposed by the authors in [5], it is easy to reduce the energy emission in the undesired frequency band. The details concerning the antenna design, the parametric study, and the experimental validation will be presented in the following sections.

2. Antenna Design

2.1. A Compact UWB Antenna. A compact UWB antenna designed in [5] is used as baseline antenna for this research. All details of the UWB antenna design are briefly described. Figure 1 shows the antenna geometry, the realized prototype, and the simulated and measured return losses of the baseline antenna, respectively. According to the structure in Figure 1(a), the antenna was designed with the height of 0.56\(\lambda_g\) and the width of 0.3\(\lambda_g\), where \(\lambda_g\) is a guided wavelength of the lowest operating frequency. The slot stubs were inserted at the central line of CPW to enhance the impedance matching. As shown in Figure 1(b), the baseline antenna prototype was fabricated on a single metallic side of FR4 substrate with thickness of 1.6 mm, relative permittivity of 4.4, and loss tangent of 0.019. The SMA connector was used for measurement purpose. The measured result shows the extremely large impedance bandwidth (\(S_{11} < -10\,\text{dB}\)) of over 123.23%, covering 2.85 GHz to exceed 12 GHz, as shown in Figure 1(c). Although the simulated and measured results show acceptable agreement with some discrepancies, the baseline antenna capably operates covering the entire UWB frequency range. The fabrication tolerances and the discontinuity introduced by the transition between the SMA and the CPW feeding line are responsible for the discrepancies observed in the experimental measurements.

The physical behavior of guided wave to radiated wave on gradual curvature transition was analyzed, resulting in the simulated surface current distribution results on the radiating patch of the baseline antenna at frequencies of 3.1, 5, 7, and 9 GHz, as shown in Figure 2. It is clearly seen that the surface current distributions are very strong nearby the edges of curvature parts at all frequencies, whereas low current distributions are found on other parts. It is revealed that the gradual curvatures are major parts to radiate wave responding for extremely wide frequency range. On the other hand, when the current distribution paths on gradual curvatures are changed or disturbed, more impact to electrical characteristics of the antenna occurs. To design the antenna with frequency rejection, the extra element with band notched function is introduced placing nearby the curvature part of radiating patch. In this work, a filter based on a quarter-wavelength strip in rectangular-shaped slot is integrated in the baseline antenna presented in [5] to reduce the energy emission in the frequency band located around 5.5 GHz. As it will be shown later, the proposed filter does not significantly affect the impedance bandwidth of the baseline antenna. Therefore, the conductor on patch is etched out with appropriate dimensions to form the rectangular-shaped slot.

2.2. Design of the Filter Integrated into the UWB Antenna. The mitigation of the EMIs in the frequency band centered around 5.5 GHz can be achieved by using a suitable filter integrated in the antenna structure. As mentioned, the notched band function could be applied to the baseline UWB
antenna structure. In this work, two designed steps for the notched band are applied. Firstly, the proper rectangular-shaped slot, with \( w_s \) of 2.25 mm and \( h_s \) of 8.11 mm, is formed on the patch, as shown in Figure 3(a). Secondly, a small strip is placed at the lower inner edge of a rectangle slot (see Figure 3(a)). The length of this strip, which is about a quarter-wavelength at the rejected frequency of 5.5 GHz, is calculated as follows:

\[
\text{\( f_{\text{reject}} \approx \frac{3 \times 10^8}{4 l_s \sqrt{\varepsilon_{\text{eff}}}} \) \ (1)}
\]

where

\[
\varepsilon_{\text{eff}} = \left( \frac{\varepsilon_r + 1}{2} \right). \quad (2)
\]

From (1), the relative permittivity of dielectric and the length of small strip are denoted by \( \varepsilon_r \) and \( l_s \), respectively.

As seen in Figure 3(a), the small strip is inserted into the rectangular slot for band notching. A comparison of simulated return loss results, when varying the small strip length \( l_s \), is given in Figure 3(b). The other parameters are fixed when the \( l_s \) parameter is varied. Whereas the length of small strip is extended, the rejected frequency is moved to lower frequencies and vice versa. The proposed antenna capably rejects the frequency of 5.5 GHz by setting the optimal small strip length to be 7.27 mm. It is obvious that the length of small strip corresponds to an approximate quarter-wavelength at the rejected frequency. It can be concluded that the rejected frequency is controlled by the length of the small strip. Apparently, the rejection of the undesired frequency can be achieved as in the previous work in [9]. However, the structure proposed to reject the undesired frequency is more simple and easy to design since it requires the optimization of only one parameter.
Figure 3(c) depicts the simulated return loss results when the $h_z$ parameter, indicating the position of rectangular slot with the quarter-wavelength strip on the radiating patch, is varied. The other parameters are fixed when the $h_z$ parameter is varied. It is seen that the notched bandwidth is slightly increased, whereas the $h_z$ parameter is decreased and vice versa. While the $h_z$ parameter is decreased, the rectangular slot with the quarter-wavelength strip is moved toward the gradual curvature parts. The electromagnetic coupling between the radiated parts and the quarter-wavelength strip is also increased. As a result, there is a significant change in input impedance of the antenna leading to mismatching and higher reflection coefficients. The characteristic impedance is significantly affected, resulting in a wider notched bandwidth. The optimal $h_z$ parameter of 17.4 mm capably provides the notched bandwidth of 5.2–5.8 GHz. It is concluded that the notched bandwidth is controlled by the position of rectangular slot with the quarter-wavelength strip on radiating patch. In addition, the widths of quarter-wavelength strip and rectangular slot are fixed due to limited area on the patch.

The physical mechanism governing the behavior of the filter integrated into the antenna can be clarified using the surface current map excited in the vicinity of the filter’s strip (see Figure 4). In particular, from Figure 4 it appears that at 5.5 GHz the surface current distribution is strongly concentrated in the lower part of the filter close the radiating part of the antenna. This feature is responsible for a strong reflection.

Figure 2: Simulated surface current distribution of the baseline antenna at frequencies of (a) 3.1 GHz, (b) 5 GHz, (c) 7 GHz, and (d) 9 GHz.
3. Implementation and Measurement Results

The proposed antenna has been realized using the optimized parameters obtained by means of the full-wave software Zeland IE3D. Photograph of the proposed antenna prototype is shown in Figure 5(a). The SMA connector is also employed to feed the signal for measurement purpose. A comparison of return losses between measured and simulated results is illustrated in Figure 5(b). From measured result, it is seen that the prototype antenna capably provides the operating frequency covering the entire UWB range and achieves the requirement of notched frequency range from 5.1 to 5.75 GHz. Besides, it is found that the center frequency of notched band slightly shifts to lower frequency. At lower band of 3.1–5 GHz, the lower edge frequency and the resonant frequency shift to higher; on the contrary, the resonant frequencies evidently shift to lower frequency at higher band of 6–10.6 GHz. The fabrication tolerances, the discontinuity introduced by transition between the SMA and CPW transmission line, and some inevitable nonuniformity of the substrate characteristics are the main causes of these unexpected behaviors.

The measured radiation pattern results of the proposed antenna at the frequencies of 3.1, 5, 7, and 9 GHz in xy and yz planes are illustrated in Figure 6. The measured copolarization is denoted by solid line with circle and star symbols, while the measured cross-polarization is denoted...
by dash line with cross on triangle and rhombus symbols. In $xy$ plane, radiation patterns of the proposed antenna show nearly to be omnidirectional at all frequencies, as shown in Figures 6(a) and 6(b). Additionally, the high level of cross-polarization occurring at the frequencies of 3.1 and 5 GHz is due to the strong deformation of the current paths caused by the presence of the quarter-wavelength strip and rectangular slot filter. The measured radiation patterns in $yz$ plane are shown in Figures 6(c) and 6(d). The radiation patterns at all frequencies show likely bi-directional with some distortions due to some spurious emissions. The proposed antenna capably affords linear polarization.

The transfer function ($S_{21}$) and group delay time are measured by setting up two identical antennas face to face
with distance of 0.35 m. Comparisons of measured transfer function and group delay time between the proposed antenna and the previous antenna (in [9]) are illustrated in Figures 7(a) and 7(b), respectively. It can be found that the transfer function of the proposed antenna prototype has been slightly improved with better frequency rejection. Both transfer function and group delay time obtained in this work are slightly more constant than the previous antenna due to the simple notched band structure.

Figure 8(a) depicts measured time domain characteristic results of the proposed antenna. It is seen that the transfer function is deeply sharp, which is $-53.18$ dB at the notched band center. The pass band across from 3.1 to 9 GHz affords the average $S_{21}$ levels higher than $-43.85$ dB. When the frequency is over 9.2 GHz, the $S_{21}$ gradually decreases and reaches minimum level of $-50$ dB at the frequency of 10.6 GHz. The constant group delay time of the proposed antenna presents an almost constant value within the working
frequency bands, while in the notched band it exhibits a peak value of about 3 ns. It is indicated that the proposed antenna capably operates with good linear transmission performances and may be used for impulse radio applications with a little distortion. The measured broadside gain result of the proposed antenna is given, as shown in Figure 8(b). It is found that the antenna gain fluctuates within the range of −0.6 to 1.6 dB at the lower band of 3.1–5 GHz, and the maximum value is occurred at frequency of 4.5 GHz. The antenna gain is deeply sharp, which is −7.6 dB at the notched band center. At the higher band of 6–10.6 GHz, the measured broadside gain shows more constant than the lower band, and the maximum value of 1.6 dB is given at frequency of 6.5 GHz.

4. Conclusion

A compact UWB antenna with band notching at 5.5 GHz is proposed. All the details concerning the antenna design and the frequency behavior of the band notch filter have been presented. The rectangular slot is embedded into the radiating patch of the previous UWB antenna. The small strip with its length approximately a quarter-wavelength of 5.5 GHz is attached to the lower inner edge of the rectangular slot for band notching. The strong current distribution concentrates on the quarter-wavelength strip and lower part rectangular slot leading to a drastic change into the input impedance of the antenna. The high reflection coefficients and mismatching

Figure 7: Comparison between the previous antenna and the proposed antenna (a) transfer function and (b) group delay time.

Figure 8: (a) Measured transfer function and group delay time and (b) measured broadside gain of the proposed antenna.
of the input impedance occurred. Consequently, the amplitude of the radiated field decreases since the level of the surface current excited in the radiating part of the antenna has reduced. The center rejected frequency is controlled by adjusting the length of the quarter-wavelength strip. The notched frequency bandwidth is depended on the position of rectangular slot with the quarter-wavelength strip on radiating patch. The proposed antenna operates covering the entire UWB band except the notched band of 5.1–5.75 GHz. Having the minimized EMIs potential at frequency band of 5.5 GHz and radiation patterns nearly omnidirectional at all frequencies in xy plane, the proposed antenna is appropriate to use for various UWB applications.

Conflict of Interests

This paper has supported the framework of a Ph.D. thesis. The authors declare that there is no conflict of interests with IE3D software.

References


Research Article

High Gain Compact Strip and Slot UWB Sinuous Antennas

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Received 5 October 2012; Accepted 17 October 2012

Academic Editor: Renato Cicchetti

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Three ground-backed compact strip-and slot-sinuous antennas are analyzed. Proposed configuration allows for a single lobe, polarization-versatile, high efficiency, and ultrawide band antenna not needing a cumbersome lossy back cavity typical of conventional single-lobe sinuous antennas. Simulations show attained performances as well as tuning possibilities.

1. Introduction

In the last two decades, the advances in communication technology, in particular mobile communications, have drastically changed the lifestyles of people. Antenna engineers have contributed to this wireless revolution by designing high performance antennas for fixed base-stations and mobile portable terminals. The demands placed on mobile communication systems have increased remarkably, so antenna designers face many challenges: small or tiny sizes, low- or ultra-low-profiles, wide- or ultra-wide-operating bandwidths, multiple operative modes, polarization agility, and, of course, simple fabrication and low cost. As a result, antenna research and development have become a hot topic in both academia and industry.

Indeed ultra-wideband antennas are needed in many engineering applications not only in telecommunications, for example, in radar and direction-finding systems, through wall imaging, anti-collision radars, radio astronomy, and biomedical systems.

Hot topics in ultra-wideband antenna are printed structures [1] as the small size and light weight are mandatory to the antenna success. Many researches are concentrated on increasing the bandwidth of the printed antenna [2, 3]. In any case, even if large bands are obtained, polarization purity and agility are not investigated [4–10]. Many of these researches have in common the development of a slot—rather than patch—structure.

Increasing the requirements for bandwidth, uniform antenna gain, and polarization agility, the antenna engineers need to consider the principles at the basis of frequency independent structures. Frequency-independent antennas exhibit some self-scaling property in their geometry where polarization, radiation pattern, and input impedance remain unchanged or vary with a limited, predictable, periodicity, over large bandwidths [11]. Spiral antennas are classified into different types: Archimedean spiral, logarithmic spiral, square spiral, star spiral, and so forth. Archimedean and logarithmic spirals are very popular configurations and among the most analyzed frequency independent antennas. Many research is concentrated on reducing spiral antenna size [12], but as the spiral antenna radiates two main lobes, one above and one below its plane, when a single radiation lobe is needed, an absorbing cavity is used to prevent radiation in one of the two half spaces [11].

To the spiral antenna, the sinuous antenna is a good alternative. It shares many of its features: it is planar, broadband and presents two lobes. On the other hand, while spirals have a circular polarization, sinuous antennas exhibit a linear polarization in their two-arm version, and dual linear polarization in their four arms version [11, 13]. Indeed the two available orthogonal linear polarizations can be used for polarization diversity in transmit/receive as well as to produce simultaneously a Left Hand Circular Polarization (LHCP) and a Right Hand Circular Polarization (RHCP) [11–15]. The antenna lower and higher frequency operation limits are determined, respectively, by the outer and inner diameters of the structure.

As the theoretical sinuous antenna radiates both above and below its plane, a broadband absorbing cavity is typically used to eliminate the radiation in one direction as any reflections from a metallic bottom would couple back
to the antenna feed and radiate with the opposite sense of polarization, spoiling polarization purity. Typically, the absorber-filled cavity for this antenna has a depth on the order of the antenna radius. Although the lossy cavity drastically reduces antenna efficiency below 50% and makes the complete structure quite bulky, most commercial sinuous antenna are realized this way [16, 17].

Better results might be reached via a stepped or conical cavity, so as to keep the back wall at a quarter wavelength from the active region. This can be done more compact by properly loading with a high permittivity material the cavity or by exploiting metamaterials; some interesting results for this two configurations are presented in the following. If, on the other hand, a flat ground is preferred, then a stepped permittivity can be used in the substrate to vary the electrical distance of the planar ground. Both these possibilities will be addressed in the following. In any case these configuration still needs a backing, possibly lossy, cavity of nonnegligible thickness.

A sinuous antenna in slot configuration is not burdened with most of these issue. Additionally, while the slot spiral also radiates bidirectionally, a deep, absorbing cavity is not necessary to force unidirectional radiation. In fact, a very shallow reflecting cavity is sufficient and leads to an appreciable increase in gain. The resulting complete antenna is very thin, making mounting much easier. Notwithstanding its better behavior, little research has been carried out for slot-sinuous antennas [18–20].

This paper is focused on the design of three four-arm sinuous antennas, enabling polarization agility if backed by an appropriate feeding network, and with increased efficiency (with respect to the lossy cavity backed one). Two of the proposed configurations exhibit a strip sinuous over a properly design backing cavity, while the last is a slot-sinuous configuration with a closer ground. In this latter configuration, by varying the distance from the ground, some control over the half power beam width (HPBW) can be obtained.

2. Sinuous Antenna Description

The standard sinuous antenna is composed of at least two arms, where each is composed by cells. The description of printed sinuous antenna can be founded in the DuHamel patent [13].

The slot-sinuous antenna is essentially the complementary structure of a conventional sinuous antenna. The fundamental analytical expression that permits to realize the sinuous antenna geometry is reported in (1)

$$\phi = (-1)^p \alpha_p \sin \left[ \frac{180 \ln(r/R_p)}{\ln(r_p)} \right],$$

(1)

where $r$ and $\phi$ are polar coordinates of the points on the curve relative to the $p$th cell, whose domain is $R_{p+1} \leq r \leq R_p$. Cell-1 corresponds to the outermost cell, with radius $R_1$, and, as a recursive rule, $R_p = r_{p-1} R_{p-1}$. $\alpha_p$ and $r_p$ are appropriate constants, describing the angular width and the scale factor of the antenna, much alike a printed log-periodic antenna.

The curve obtained by (1) is then rotated by $\pm \delta$ around the $z$ axis to define the boundaries of one of the printed arms (Figure 1). As we are interested in the four arm structure, this arm is finally duplicated and rotated of 90°, 180°, and 270° about the origin creating the complete four arms antenna. For the slot antenna, the complementary structure is considered, where the above described surfaces are etched on a ground plane, rather than metalized over a substrate.

To validate the chosen layout, a FEM analysis of the proposed structure is performed via Ansoft HFSS, both in free space and with a backing cavity. The geometry parameters considered here for all configurations are: $R_1 = 14$ mm, $\alpha_p = \alpha = 45^\circ$, $r_p = r = 0.77$, $\delta_p = \delta = 22.5^\circ$, $P = 11$ (total number of cells). The $\alpha$ and $\delta$ chosen lead to a self-complementary structure. The chosen values for $R_1$ and $P$ lead to a theoretical band spanning from 6 GHz to 18 GHz (3 : 1 frequency band). It is worth noticing that the slot configuration needs an outer ground ring, so only for this case, while the radius of the antenna is still 14 mm the radius of the whole structure extends to 18 mm.

Both the strip- and slot-sinuous antennas inherently radiates bidirectionally.

3. Strip Sinuous with Compact Cavity

Classical sinuous antennas are strip ones; that is, gray area in Figure 1, representing one of the antenna arms, is a metal patch over a dielectric substrate, whereas in a slot-sinuous antenna, the gray area in Figure 1 represents a hole etched in on a metallic ground, possibly over a dielectric slab.

To attain unidirectional radiation, strip-sinuous antennas are usually backed with a cavity filled with an absorbing material [16, 21]. This causes an efficiency drop of at least 50% and a corresponding lowering in Gain.

Better results would be attained by backing the antenna with a conducting plane acting as a mirror. For the mirror to have its maximum effect the mutual distance between the antenna and the reflecting ground must be one quarter wavelength. If this is trivial in narrow-band applications it is a requirement impossible to meet in wide and ultra wide band applications.

In this particular case, being the antenna working in an active region mode, where just one or two of the bend in each arm of the sinuous strip do actually radiate, it is possible to devise some solution to obtain a reflecting mirror at a quarter wavelength from the active region.

Two solutions are presented here, in the first one several concentric cylindrical shells of dielectric materials are placed beneath the substrate on which the antenna is printed. All cylindrical shells share the same height $h$ and the reflecting ground plane is placed at the bottom. Eight cylindrical shells are considered; their inner and outer radius $r_p$ and $r_{p+1}$ ratio is still $r$ as for the sinuous antenna. Each shell permittivity and permeability is tuned so that the height $h$ is $\lambda/4$ at the frequency for which the bend of the sinuous strip immediately above the shell is actively radiating (Figure 2 and Table 1). High losses materials are exploited to attain a better frequency behavior. The corresponding gain diagrams are reported in Figure 3.
Figure 2: Sinuous antenna over a substrate comprising concentric dielectric cylinders of varying permittivity.

Table 1: Material parameters.

<table>
<thead>
<tr>
<th>Shell</th>
<th>0 (inner)</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>7 (outer)</th>
</tr>
</thead>
<tbody>
<tr>
<td>$\varepsilon_r$</td>
<td>1</td>
<td>1</td>
<td>1.3</td>
<td>2.3</td>
<td>3.8</td>
<td>6.5</td>
<td>10.9</td>
<td>18.36</td>
</tr>
<tr>
<td>tan$\delta$</td>
<td>0.5</td>
<td>0.5</td>
<td>0.5</td>
<td>0.5</td>
<td>0.5</td>
<td>0.5</td>
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</tr>
</tbody>
</table>

Figure 3 also reports the patterns for the corresponding—free space—sinuous antenna, whose gain is about 5.5 dB in circular polarization. This proposed design is generally better than the free space sinuous for what concerns polarization purity, being the cross-polar components lower, but losses introduced in the dielectric lower the gain, especially at lower frequencies, where fields fill a larger volume of dielectric. At best, at high frequencies, the gain is equal to that of the free space sinuous, since all the back lobe power is absorbed by the dielectric.

Finally, in Figure 4 the reflection coefficient of one of the four arms is presented. As it can be seen in Figure 2 the sinuous arms are fed via four via holes in the 200 $\mu$m substrate, the 3 mm thick cavity is crossed by four coaxial cables, whose inner conductor is connected to the sinuous arms, while the shields are mutually connected. A suitable modal expansion is hence enforced at the far end of the coaxial cables, beneath the ground plane, and $S_{11}$ computed there.

The second solution presents a conical ground plane, tailored so as to be at one quarter wavelength from the active region for each frequency in the band (Figure 5), and without any losses.

To reduce the cone height a dielectric of high permittivity might be used, but for the sake of easiness of construction and low costs a Rogers RT/duroid 5880 ($\varepsilon_r = 2.2$) has been employed. Results are reported in Figure 6; curves show a gain comparable with that of the free space sinuous, but much wider 3 dB beams, thanks to the defocusing properties of the conical reflector. Cross-polar is better than that in the free space sinuous at lower frequencies and comparable or slightly worse at higher frequencies.

Even more compact structures might be attained by resorting to a ground realized by a perfect magnetic conductor very close to the strip. This can be realized, in narrow band, by a periodic arrangement of metallic patches which realizes the metamaterials properties of a magnetic conductor. If patches’ dimensions are varied akin to what is done in the first setup for permittivities then the ground can be tuned to work at the frequency at which the arm of the sinuous above is active.
Figure 3: Simulated Gain diagrams of the structure backed with lossy concentric dielectric cylinders, at $\phi = 0$ compared to the free space sinuous.

Figure 4: $S_{11}$ at the feed port for any of the four sinuous arms.
4. Slim Slot Configuration

To overcome the aforementioned issues, nor a large lossy cavity nor an artificial metamaterials implementing a perfect magnetic conductor is necessary. Whereas radiating sources in a standard sinuous are electric currents, which does not radiate if placed in the vicinity of a ground plane, radiating sources in a slot-sinuous are the equivalent magnetic currents on the slots, hence a ground plane can be brought closer to the slots.

The presence of the ground plane close to the slots ideally will increase the current amplitude by a factor of two. Consequently the radiated electric field and maximum gain are expected to grow at most of 6 dB with respect to the free space sinuous antenna pattern.
Figure 7: 3D model of the analysed slot-sinuous structure and dimensions.

Figure 8: Simulated far-field patterns of the proposed slot structure at $\phi = 0$, compared to the free space sinuous antenna pattern.
to the standard sinuous antenna in free space, whose gain is about 5.5 dB in circular polarization. The slot-sinuous presented here, thanks to the ground plane, should hence present a maximum peak gain of about 11.5 dB.

In general, placing the ground plane at less than $\lambda/4$ at the highest frequency leads to a constructive sum of direct and reflected radiation in the upper space.

In this paper the ground plane to slot plane distance $h$ is varied from 200 $\mu$m to 1 mm to show the effect of the ground on the antenna parameters. Such distances are about 83 to 16 times smaller than the smallest wavelength in free space ($\approx 16.7$ mm @ 18 GHz). A dielectric of $\varepsilon_r = 1$ is chosen. Other relevant geometrical parameters are inserted in Figure 7.

In Figure 8 the gain of the proposed structure for the ground to slot distance $h = 200 \mu$m is plotted for four representative frequencies in the range 6–18 GHz, both for LHCP (copolar) and RHCP (cross-polar). Cuts are presented on the $\phi = 0$ plane for the sake of brevity, as antenna symmetry leads to substantially equal results on the orthogonal ($\phi = 90^\circ$) and any other plane. Similar results are obtained for $h = 600 \mu$m and $h = 1$ mm, again not presented here for brevity. To better compare the proposed structure to the standard one, Figure 8 presents also the gain for the free space, not ground backed, sinuous slot structure. This better gain and extreme thinness is in a trade-off with the antenna reflection coefficient, which is slightly worse than in the previous cases.
To evaluate the circular polarization purity, the axial ratio (AR) and the phase between the two orthogonal electric field components $E_\theta$ and $E_\phi$ are shown, at the same four frequencies, in Figure 9. The phase of $-90^\circ$ observed for back radiation indicates a reversal of polarization for back radiation. Anyway, the front to back ratio is less than $-20$ dB for this design. Both the axial ratio and the phase clearly indicate the transition from linear polarization (AR = 0, or AR = $\infty$ and phase = 0 or ±180°) to circular polarization (AR = 1 and phase = ±90°).

The presented structure shows a mean gain around 11 dB and a HPBW around 50–60 deg. Modifying the ground plane distance from the slot aperture, a limited control on the HPBW can be obtained as Figure 10 shows. The high variation visible around 17-18 GHz for the highest $h$ value is due to some direct radiation from the feeding pins, which are designed similar to those in [18, 19].

Finally Figure 11 shows a comparison between the peak realized gain of the three structures. The best being the slot configuration, followed by the strip sinuous with conical ground, where no losses are present but the conical reflector causes a widening of the beam. The worse being of course the strip sinuous backed by the lossy dielectrics.

5. Conclusion

In this paper three broadband low-profile cavity-backed sinuous antennas have been presented. The two cavity backed configurations present an overall diameter of 28 mm and a thickness of 3 mm or 12 mm; the slot configuration has an overall diameter of 36 mm and a smaller thickness, all configurations working from 6 to 18 GHz. The attained nominal gain of the best configuration, the slot one, is greater than 10 dB and excellent circular polarization properties are shown. Full wave analysis was carried out exploiting FEM. Structures with greater radius can allow for lower operational frequencies and hence larger bandwidths. Furthermore, a limited control on some antenna parameters (HPBW) has been shown to be possible by varying the ground distance.

References


Research Article

Compact, Frequency Reconfigurable, Printed Monopole Antenna

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Received 23 July 2012; Revised 29 September 2012; Accepted 19 October 2012

Academic Editor: Renato Cicchetti

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This paper proposes a possible implementation of a compact printed monopole antenna, useful to operate in UMTS and WLAN bands. In order to accomplish that, a miniaturization technique based on the application of chip inductors is used in conjunction with frequency reconfiguration capability. The chip inductors change the impedance response of the monopole, allowing to reduce the resonant frequency. In order to be able to operate the antenna in these two different frequencies, an antenna reconfiguration technique based on PIN diodes is applied. This procedure allows the change of the active form of the antenna leading to a shift in the resonant frequency. The prototype measurements show good agreement with the simulation results.

1. Introduction

Antenna miniaturization is the result of the continuous search for smaller and compact electronic equipment that can present the same or even better performance.

There are many examples of techniques used for antenna miniaturization for different applications. For printed antennas, an approach is presented in [1], where a metamaterial is used between the radiating element and the ground plane of a printed circular patch, in order to reduce its resonant frequency. Another example is presented in [2], where a Koch fractal printed monopole is used to resonate at 2.5 GHz, granting a 21% reduction in size. In [3, 4], chip inductors are used in order to reduce the resonant frequency of printed C-monopoles, without changing the size and radiation characteristics and with minor losses to the radiating efficiency and gain. This is an interesting approach, since it is quite simple to fabricate, and it is not expensive. However it leads to narrower bandwidths.

Due to the growth of the wireless technologies and the appearance of new systems associated to communication devices, the development of interoperable devices is of great interest, and since the antennas are indispensable to wireless communication equipments, there is a great scientific interest for antennas capable of working in different frequency bands.

To achieve this goal, multiband and UWB antennas have been proposed in literature [5]. Besides these types, another possible class of radiant structures consists of the so-called reconfigurable antennas.

Reconfigurable antennas have the ability to change one or more of its radiation characteristics in real time, such as the resonant frequency, the bandwidth, the radiation pattern, or even the polarization [6]. There are different ways to achieve these changes, and different techniques have been presented, but all those techniques are based on suitable modifications of the size or shape of the antenna in order to obtain specific radiation performances.

Reference [7] shows a possibility of creating reconfigurability, using a set of printed antennas on a circular area, which is changed using a motor and thus allows the change of the resonant frequency of the structure. This solution is not very feasible because it requires the design of several printed antennas very close to each other that end up suffering from coupling and subsequently distort the radiation pattern. Besides requiring assembly and operation of an engine, this makes the structure larger and heavier.
Another solution, smaller and more adaptable, is presented in [8–10], where MEMS (Microelectromechanical Switches), which can be activated or deactivated with a low voltage source, are employed to connect and disconnect specific elements of the antenna, so changing the overall antenna size and shape resulting in an effective change in the resonant frequency. This is a very attractive solution, given the characteristics of the MEMS; however, these are hard to fabricate and so this can be quite an expensive solution.

PIN diodes are usually inexpensive and exist in abundance on the market in various packages and configurations, which make them a versatile alternative for the implementation of reconfigurability in antennas. Nevertheless, there are few applications of PIN diodes adopted to achieve frequency reconfigurable printed antennas intended for mobile devices [11–13].

An approach to printed antenna’s polarization reconfigurability is presented in [14]. Other example is presented in [15], in which, an array of antennas for a MIMO system achieve frequency reconfigurability by using PIN diodes, allowing to change the operating frequency of the antenna. Some examples on the use of PIN diodes for frequency reconfigurability in WLAN applications are presented in [16, 17].

The aim of this paper is to present a compact reconfigurable monopole antenna suitable to operate in the WLAN (2.4 GHz) and UMTS (2.0 GHz) bands using chip inductors and PIN diodes. A particular emphasis is given to the miniaturization process whose details are reported in the next section. So far, to the authors’ knowledge, there are no examples published in the scientific literature adopting the mentioned devices for the proposed wireless applications.

2. Simulation Models

The antenna proposed in this paper is designed with two lumped components inserted in a printed monopole, in order to make it small and to allow the change in resonant frequency. To miniaturize the antenna structure, a chip inductor from Coilcraft was used. According to [3, 18], this element can be modeled with a series equivalent circuit composed of a series resistance $R$ and an inductor $L$, whose values depend on the frequency (see Figure 1).

Based on the expressions that describe the previous plot presented in [3] and the values presented in the inductor datasheet [18], the equivalent impedance and inductance can be calculated for the lower frequency which is where the inductor has more influence. At 2.0 GHz, this chip inductor can be modeled by an equivalent resistance ($R$) of 1.7 $\Omega$ and inductance ($L$) of 8.2 nH.

The PIN diode used to switch the elements of the antenna is a commercial device from Avago Technologies [19]. According to [20], in forward bias the PIN diode has an equivalent circuit corresponding to an inductor in series with a resistor, while in reverse bias it results equivalent to an inductor in series with a parallel resistor and a capacitor.

The equivalent resistance of the diode decreases as the bias current increases. According to [21], the resistance has a minimum value of about 3 $\Omega$ for bias currents above 10 mA, and it exceeds 1 k$\Omega$ for bias currents near zero (0.01 mA). The capacitance depends upon the reverse voltage and frequency; however, its value shows small variations from 0.2 pF, for frequencies above 1 GHz. These are the values considered in the numerical simulation.

3. Antenna Design

The antenna proposed in this paper is a C-monopole antenna, printed upon an Arlon CuClad 217 substrate, with a relative permittivity ($\varepsilon_r$) of 2.17, a loss tangent (tan $\delta$) of 0.0009 and 0.787 mm height. The antenna geometry is presented in Figure 2, while the corresponding dimensions are presented in Table 1.

The monopole and a feeding microstrip line, which also matches the input impedance of the antenna to 50 $\Omega$, are printed in the top face of the substrate and the ground plane is at the bottom face. The inductor is placed in the central arm of the monopole, while the diode is placed in the top arm as shown in Figure 2.

The area of the antenna is $20 \times 7.5$ mm$^2$, and the total area of the antenna plus the feeding line is $20 \times 28.5$ mm$^2$. The total length of the monopole, considering the diode in forward bias, is 20.95 mm, which would correspond to a resonant frequency of 3.596 GHz, while the total length considering the diode in reverse bias is of 9.85 mm, which would correspond to a resonant frequency of about 7.61 GHz. However, due to the introduction of the chip inductor and
the PIN diode, the resonant frequency in both antenna configurations turns to be smaller, resulting in a reduced volume occupation.

The prototyped antenna is slightly wider than the simulated model due to the introduction of the diode polarization circuit, as can be seen in Figure 3.

The polarization circuit of the PIN diode is a simple SPST (Single Pole Single Throw) switch configuration, as shown in Figure 4. The RF choke inductors are used to isolate the DC voltage source from the RF signal.

4. Simulation Results

For simulation purposes CST Microwave Studio 2011 [21] was used.

4.1. Return Loss. Figure 5 shows the simulated and measured return loss ($S_{11}$) for the proposed monopole antenna, considering the diode in both states of conduction.

The impedance matching is done with a $\lambda/4$ microstrip line, which is designed for the highest frequency of operation, resulting in a higher return loss for the lowest operation band. This line was adjusted based on the numerical simulation so that both frequencies could present satisfactory result.

The definition of a small antenna is presented in [22], according to which, an antenna is considered small if $ka < 0.5$, where $k$ is the free-space wavenumber and $a$ is the radius of the smallest sphere which encloses the antenna. The $ka$ factor for the proposed antenna is 0.49 at the lowest working frequency, which means that this is a small antenna; in that
sense, the bandwidth of the antenna was considered for $S_{11} < -5 \, \text{dB}$.

The diode is controlled with a voltage source; the “OFF” state is the default with no power source, while the “ON” state is obtained with 3 V and 35 mA.

The simulated results present a bandwidth from 1.93 to 2.17 GHz when the diode is “ON”, and from 2.4 to 2.6 GHz when the diode is “OFF”. This means that it can nearly support UMTS bands, since these are located between 1.92 to 2.17 GHz. In addition, it can support WLAN service since this band is defined between 2.4 to 2.5 GHz. The measured results present a difference to the simulated numerical results. In particular, the “OFF” band is fairly good, from 2.39 to 2.55 GHz, while the “ON” band is shifted, falling above the UMTS band.

4.2. Radiation Pattern. The measured radiation pattern for the realized prototype is presented in Figures 6 and 7, for the XZ and YZ planes (see Figure 2). The connections to the polarization circuit were present inside the anechoic chamber during the measurements, which is one source of the large number of lobes in the obtained pattern.

The gain is rather small, presenting values around 0.65 dB at 2.4 GHz, and 0.05 dB for the lower frequency. These values are slightly lower when compared to a normal printed monopole; however they do not represent such a great loss. The radiation efficiency is around 77.5% at 2.0 GHz, and 80.3% at 2.4 GHz. These are fairly good values, taken into consideration the small dimensions of the antenna and the presence of the PIN diode and chip inductor.

The measured polarization was linear for the highest frequency, and elliptical for the lowest frequency.

4.3. Lumped Element Effects. The measurements performed on the realized antenna prototype shows some deviations with respect to the performances predicted by the numerical simulation. However, this phenomenon is expected given the variations that can occur in the antenna behavior due to the PIN diode parasitic elements and to the dispersion of the inductor parameters.

Figure 8 shows the real and imaginary part of the antenna input impedance versus the inductance values of the chip inductor.

It is clear that for higher inductance values, the resonant frequency of the antenna is lower. Moreover, the bandwidth is also narrower.
Besides the inductor value, the diode capacitance also shows a large influence over the resonant frequency and bandwidth. Figure 9 shows the real and imaginary part of the antenna input impedance response as the capacitance value of the PIN diode increases.

The increased capacitance leads to a resonant frequency reduction and narrower bandwidth. Moreover, the effect of the capacitance on the impedance may lead to considerable mismatches, due to the increased value observed.

Besides the variations presented so far, the fact that the components are soldered to the radiating element of the antenna and also the diode polarization circuit, which may not present a perfect DC and RF signal isolation, might be possible causes for the antenna detuning.

5. Conclusion

In this paper a very small printed monopole antenna with frequency reconfiguration capability was presented, which uses PIN diodes as a key design strategy. It was shown that it is possible to use PIN diodes in conjunction with chip inductors, in order to obtain a very small antenna that can work in two different frequency bands. However, this results in a reduction of the gain and of the bandwidth of the considered antenna.

The design and sizing of this type of antenna are rather complex and all the parasitic characteristics of the different components must be known and taken into account, to make the best possible modeling of it. However this is not always possible. Little variations in the diode capacitance and inductance can change both of the resonant frequencies. Nevertheless, good agreements between the simulated and measured results were obtained, with a seemingly omnidirectional radiation pattern.

Acknowledgments

The authors acknowledge the Portuguese FCT/MCTES for financing the project PTDC/EEA-TEL/122681/2010—PROENERGY-WSN—Prototypes for Efficient Energy Self-Sustainable Wireless Sensor Networks.

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Research Article

Parasitic-Element-Loaded UWB Antenna with Band-Stop Function for Mobile Handset Wireless USB

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Received 7 August 2012; Revised 5 October 2012; Accepted 6 October 2012

1. Introduction

Ultra-wideband (UWB) antenna technology has been one of the most fascinating design areas in indoor communications, and it has been used with a variety of antennas [1–10]. It has the merits of high-speed transmission rate, low power consumption, and simple hardware configuration over conventional wireless communication systems. The main challenge for UWB antennas is to maintain high performance over a large bandwidth while having small dimensions. Another design concern is that a UWB antenna can allow a potential interference with a wireless local area network (WLAN) [11–13]. Recently, there have been attempts to include UWB systems in USB dongles [14–17]. However, previous UWB antennas for wireless USB devices are too large to be inserted into the terminals of mobile handsets, and interference with the WLAN was not considered in these designs.

In this paper, a UWB antenna for wireless USB for mobile handsets is proposed that has both small size and a band-stop function at the upper WLAN band of 5.725–5.825 GHz. Two parasitic elements are used to achieve wideband characteristics and the band-stop function. A tapered and folded feed line is also used to obtain an enhanced impedance matching characteristic [18]. All simulations in this work were carried out using CST Microwave Studio. A design example of the proposed antenna is demonstrated.

2. Antenna Structure

The three dimensional configuration of the proposed antenna with its planar figure is shown in Figure 1. A rectangular radiator and parasitic elements are fabricated on the FR4 substrate with a dielectric constant of 4.5 and a height of 1 mm and mounted in the top left-hand corner of a mobile handset board. The optimum design parameters are: $AW = 6.4$ mm, $AL = 6$ mm, $SL = 4.95$ mm, $GW = 8$ mm, $GL = 2.5$ mm, $BW = 2.6$ mm, $FL = 7$ mm, and $FW = 1.5$ mm. The size of the radiator is $6.4$ mm $\times$ $6$ mm $\times$ $3$ mm, and the antenna clearance is $14.4$ mm $\times$ $16$ mm. It has not only very compact size, but also low profile. The PCB size is $35$ mm $\times$ $80$ mm $\times$ $1$ mm, which is typical for mobile handsets. The proposed antenna is composed of a rectangular radiator, a folded and tapered feed line, a parasitic element (1) on each side of the folded feed line, and a parasitic element (2) on each side of the rectangular radiator. The rectangular radiator has similar characteristics to general planar monopoles [4]. The parasitic elements (1) and (2) are connected to each other, and each
element has a different role. The parasitic elements (1) can operate as additional radiators due to their coupling with the rectangular radiator, and these elements radiate at the higher end of the band. The gaps between the radiator and the parasitic elements (2) operate as lambda/4 short stubs, achieving a band-stop function at 5.725–5.825 GHz in the upper WLAN band by incorporating a parasitic element (2) into each side of the radiator [2, 3]. These also act as resonators that confine the energy formed by the fields around the 5.725–5.825 GHz bands, and the stop band can be made to correspond to the length (SL) of the parasitic element (2). A folded and tapered feed line is used for miniaturization of the proposed antenna and for enhanced impedance matching.

### 3. Simulated Results Analysis

Based on our simulations using CST Microwave Studio, the proposed antenna is designed and optimized to operate in all UWB bands of 3.15–4.75 GHz and 7.2–10.2 GHz for VSWR less than 2, including the band-stop function of 5.725–5.825 GHz in the upper WLAN. According to the return loss characteristics of the proposed antenna, the most strongly influencing factor is the gap (SW) between the folded feed element and a parasitic element (1).
The variations of design parameters due to SL are shown in Figure 3. It can be observed that the desired band-stop characteristic can be obtained from the gap formed by adding a parasitic element (2), and the center frequency for the band-stop function can be varied by adjusting the height (SL) of a parasitic element (2). The length of SL is determined to be 4.95 mm which is the lambda/4 at about 5.725–5.825 GHz for considering dielectric constant of 4.5 in the dielectric block. The return losses of the proposed antenna due to parameter GL and GW are also shown in Figures 4 and 5. It can be observed that their patterns are not largely influenced by those parameters. The current distribution around lambda/4 short stubs for the band-stop function at 3.15 GHz, compared with 5.8 GHz, is shown in Figure 6. Currents around the radiator and gaps have the same direction, and currents are distributed to the entire ground plane at 3.15 GHz, while opposite currents are strongly generated at gaps, and most of the currents are not delivered to the ground plane at 5.8 GHz.
4. Experimental Results

Photos of the proposed antenna on the PCB are provided in Figure 7, showing that the proposed antenna has a very compact size. The proposed antenna is located in the top left corner of the PCB. It is directly fed by coaxial cable on the reverse side of the PCB, and the feeding point is connected through a via. The tapered feed line of the antenna is directly printed on the PCB and dielectric block. The main radiator and parasitic the elements (1) and (2) are also attached to the dielectric block after each etched pattern is fabricated.

The proposed antenna was housed in three kinds of handset terminals of bar, slide, and clamshell type in order to conduct measurements, and those return losses are shown in Figure 8 compared with the return loss of a bare-board prototype type that does not consider handset terminals. That shows that the impedance bandwidths with VSWR less than 2 are 3.15–4.75 GHz and 7.2–10.2 GHz. These cover all UWB bands and reject the band at 5.725–5.825 GHz. The measured radiation patterns of the proposed antenna are compared with simulated results at 3.15 and 7.2 GHz, as shown in Figure 9. These radiation patterns are omnidirectional, and it is observed that the measurement and simulation results are in good agreement.

The radiation patterns of the proposed antenna housed variously with handset terminals of bar, slide, and clamshell types were also measured at 3.15, 5.8, and 7.2 GHz, as shown in Figure 10. The antenna housed with handset terminals is influenced by the terminals, distorting those patterns. Table 1 shows the measured maximum gain of the proposed antenna, which is the absolute gain considering the reflections from the antenna [19]. It varies from 1.07 dBi to 5.75 dBi on the XZ-plane except in the stop band of the proposed antenna which has maximum gain from −0.21 to 2.79 when the antenna is housed with a mobile terminal.

<table>
<thead>
<tr>
<th>Model</th>
<th>Maximum gain [dBi]</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>3.15 GHz</td>
</tr>
<tr>
<td>Bare-board prototype</td>
<td>5.75</td>
</tr>
<tr>
<td>Slide type</td>
<td>1.71</td>
</tr>
<tr>
<td>Clamshell type</td>
<td>2.79</td>
</tr>
<tr>
<td>Bar type</td>
<td>1.42</td>
</tr>
</tbody>
</table>

5. Conclusion

We proposed a UWB antenna loaded by parasitic elements for mobile handsets to operate over all UWB bands with a band-stop function. This design can have wide impedance matching due to the parasitic elements (1) that are incorporated into both sides of a folded feed line. Moreover, the proposed antenna can have band-stop characteristic that are created by adjusting the lengths of a pair of parasitic elements (2). This proposed method can cover all UWB bands of 3.15–4.75 GHz and 7.2–10.2 GHz for VSWR less than 2, while 5.725–5.825 GHz is notched. The proposed antenna has very compact size and it is very easy to implement by bending a simple metal plate into a compact structure. Ultimately, this design has strong potential for the next generation of convergence between UWB system and mobile handsets.
Figure 10: Measured XZ-plane pattern of the proposed antenna for the various mobile terminals, 10 dB per division. (a) Bare-board prototype, (b) slide type, (c) clamshell type, (d) bar type.

Acknowledgment
This research was supported by LG Electronics, Seoul, Korea.

References


Application Article

Optimized Ultrawideband and Uniplanar Minkowski Fractal Branch Line Coupler

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Received 17 May 2012; Accepted 27 July 2012

Academic Editor: Renato Cicchetti

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The non-Euclidean Minkowski fractal geometry is used in design, optimization, and fabrication of an ultrawideband (UWB) branch line coupler. Self-similarities of the fractal geometries make them act like an infinite length in a finite area. This property creates a smaller design with broader bandwidth. The designed 3 dB microstrip coupler has a single layer and uniplanar platform with quite easy fabrication process. This optimized 180° coupler also shows a perfect isolation and insertion loss over the UWB frequency range of 3.1–10.6 GHz.

1. Introduction

Recently, ultrawideband technology has been used in many branches of science and wide range of applications such as radars, navigation, telemetry, mobile satellite communications, biomedical systems, the direct broadcast systems, and remote sensing utilities. The design of an appropriate microwave device for these systems is one of the major challenging tasks.

Microstrip power divider and coupler designs and topologies which achieved compact size and broadband operation of the component could be categorized in some major methods including

(a) wideband stub matching,
(b) multistaging of the ordinary components,
(c) multilayer and multiwafer packaging technologies,
(d) deforming the shapes and using alternative geometries.

As an instance of the first category, a 3 dB power divider on microstrip line is analyzed and designed in [1] using UWB stub matching technique. This divider is formed by installing a pair of stepped-impedance, open-circuited stubs, and parallel-coupled lines to two symmetrical output ports.

Also in this class, an UWB microstrip power divider with good isolation and sharp roll-off skirt is proposed in [2]. By introducing a pair of quarter-wavelength short-circuited stubs and parallel-coupled lines to 2 symmetrical output ports, good performance in terms of equal power splitting is achieved. By virtue of direct-current choked and half-wavelength transmission zeros of short-circuited stubs, out-of-band roll-off skirt near the cutoff frequencies is sharpened.

Multistaging of the well-known Wilkinson power divider is used in [3] to achieve an UWB coplanar waveguide balun for operation over 800–5000 MHz. Another well-established example of the multistaging method is proposed in [4]. Thereby, an optimized microstrip 3-stage Wilkinson power divider based on lowpass filter is presented. The particle swarm optimization method and method of moment have been used to broaden the bandwidth to effectively cover 1–8 GHz which is equal to 155.6% fractional bandwidth.

Multistaging of the T-junctions in slot line topology has also been presented in [5]. This compact and out-of-phase uniplanar power divider operates over the ultra wideband frequency range.

The third alternative category is to use multilayer substrates. A multilayer in-phase power divider with ultrawideband behavior is presented in [6]. The proposed divider
between 3 dB couplers and power dividers.

## 1. Topology and widebanding techniques comparison

<table>
<thead>
<tr>
<th>Reference number</th>
<th>Transmission line</th>
<th>UWB technique</th>
</tr>
</thead>
<tbody>
<tr>
<td>[1]</td>
<td>Microstrip</td>
<td>Wideband stub matching</td>
</tr>
<tr>
<td>[3]</td>
<td>CPW</td>
<td>Multistage Wilkinson</td>
</tr>
<tr>
<td>[5]</td>
<td>Slot line</td>
<td>Multistage T-junctions</td>
</tr>
<tr>
<td>[7]</td>
<td>Parallel strip lines</td>
<td>Multilayer substrate</td>
</tr>
<tr>
<td>[8]</td>
<td>Slot line</td>
<td>Multilayer substrate</td>
</tr>
<tr>
<td>This work</td>
<td>Microstrip</td>
<td>Fractal deformation</td>
</tr>
</tbody>
</table>

Fractal deformation in design and fabrication of an UWB branch line coupler will be demonstrated in the next section. The Minkowski fractal is used in this paper to broaden the bandwidth and shrink the size of a branch line coupler. The UWB coupler profile is shown in Figure 1. This coupler possesses four ports where the input power at P1 splits equally between output ports P2 and P3. The 4th port is isolated and terminated using a matched load.

This coupler has 6 branches of parallel lines. Two of them are conventional straight lines and the remaining 4 branches have Minkowski fractals of 1st and 2nd orders. When fractal order approaches to infinity, the segment length approaches to zero and the circumference grows boundlessly. Meanwhile, the area still remains finite.

This coupler is mounted on TMM13 Rogers substrate with dielectric constant of 12.80, dielectric loss tangent of 0.002, and substrate thickness of 1.27 mm. Coupler dimensions are presented in Table 2. These dimensions are initially set to the values of a conventional branch line coupler and then tuned through a simple optimization procedure in ANSOFT HFSS 13.0.

The well-known quasi-Newton optimization method is selected with 500 iterations. Except for L, W, w, s, and a0; all other variables in Table 2 are defined as optimization variables. The goal is set to gain minimum inbound and maximum outbound return losses and also to achieve 3 dB insertion loss.

As can be seen in Figure 1, in two 2nd-order branch lines, each straight segment of the 1st order should be replaced with order one itself (to enforce self-similarity). This means that the central big square ought to have small squares protruding from each side, while it has not!

The reason is laid beneath optimization. After optimization process, the area and size of these outgrowths get smaller than realizable margins, and therefore omitted from the design.

According to the uniplanar and single-layer structure of the coupler, it has very easy fabrication process. Besides, based on the optimized fractal geometry of the coupler, it owns a compact size and broad bandwidth. These features of the coupler will be studied in the next section.

## 2. Coupler Design and Theory

Fractals are non-Euclidean geometries with some amazing behaviors and specifications. These geometries have been used in articles to achieve multiband radiation, band width broadening, and size reduction [9]. These benefits are actually resulting from curvature’s self-similarity, which means these geometries represent a certainly finite area which is bounded in a theoretically infinite line.

The Minkowski fractal is used in this paper to broaden the bandwidth and shrink the size of a branch line coupler. The UWB coupler profile is shown in Figure 1. This coupler possesses four ports where the input power at P1 splits equally between output ports P2 and P3. The 4th port is isolated and terminated using a matched load.

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### 3. Results and Discussion

Hereby some terms have to be suggested for easier understanding of the text. Similar to Figure 1, a conventional branchline coupler consists of 4 ports and 6 branches of straight lines. If someone replaces the 6 ordinary branches with first-order Minkowski fractals, a 1st-order fractal coupler will be achieved.
In Figure 2, scattering parameters of the conventional branch line coupler has been compared with 1st-order fractal. The operating 3 dB frequency range of the conventional coupler is 3.2–6.2 GHz. This bandwidth extended to 2.6–9.5 GHz by using 1st-order fractal.

As a consequence of Figure 2, one may think of adding extra orders of the same fractal lines to extend the bandwidth. As shown exactly in Figure 1, by adding two 2nd-order lines to the conventional and 1st-order fractal branches, the operating frequency range of the coupler would expand enough to cover the UWB necessity. This property is investigated in Figure 3 where the simulation and measurement results are compared and shown a good agreement.

According to Figure 4, the phase difference at the output ports P2 and P3 remains 180 degree over the entire frequency range. Adding extra orders of the fractals has no major effect on the results and could make the fabrication process more risky and challenging.

Electrical and mechanical size of some 3 dB couplers and power dividers are compared in Table 3. All these references cover the UWB frequency range and this work has the smallest size and area.

The fabricated uniplanar coupler profile is shown in Figure 5. This optimized coupler has the overall size of 30 × 45 mm² with 110% fractional bandwidth. The 4th port of this coupler has to be terminated to a matched load. This coupler shows 180° phase difference between output ports P2 and P3 with more than 10 dB isolation between them.

4. Conclusion

A 3 dB and 180° fractal branch line coupler is designed, optimized, and fabricated. The Minkowski fractal geometry is used to make a small and single-layer microstrip pattern with overall size of 30 × 45 mm². This branch line coupler covers the ultrawideband frequency range with 110% fractional bandwidth. This optimized UWB coupler is fabricated and its insertion loss, return loss, and the output phase difference
Figure 5: The fabricated profile of the UWB Minkowski branch line coupler.

have been measured, which showed a good agreement with the simulation results.

Acknowledgment

This work is published as a result of a research proposal named, “Design, Simulation, and Fabrication of a High Efficient LDMOS Power Amplifier”. This proposal is approved and sponsored by the Shahre-Qods Branch, Islamic Azad University.

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